

M & B 693 PROVING*

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GENERALITIES

There is a feeling of general tiredness; aching all over the body with no desire to move. Desire to lie down quietly with eyes closed. One of the provers felt so tired that he went to sleep earlier than usual in the evening. Listlessness and laziness. Aversion to any movement. Headache is better lying down. Aggravated by mental exertion. Symptoms are better while lying down quietly. Tiredness and lassitude are a marked symptom. Symptoms are worse in the evening. The right side seems to be more affected than the left.

MIND

Aversion to any work, mental or physical. Becomes irritable. Aversion to her usual light reading. Aversion to company and noise. Lazy; indolent with no desire for work. Irritability with mental depression. Dullness. Very irritable and quarrels with everybody on the least pretext. Would not obey and do the opposite things.

HEAD

Heaviness of the head from 1 to 2 p.m.; usually on left side of the head. Heaviness of forehead. Headache is better lying down. Heaviness of head is aggravated by mental exertion at times.

EYES

Heaviness of eyelids; they tend to close even without sleep. Transient sticking pain in the eye ball when studying. There was a small pustular eruption, the beginning of a sty.

EARS

Painful small pimple in the left external ear sensation as if a boil will erupt. A large pimple on the lobes of the right ear. It was very slow in maturation and bursting with some pus like discharge with practically no pain.

FACE

Stiffness of the sides of the neck. The face looks bloated. Swelling of parotid glands of both sides, more on the right side (There was no discomfort or pain; only slight pain on pressure on the right side. He had mumps 8 years ago).

Next day the swelling of the left parotid was more pronounced compared to the right. But in the evening the swelling again shifted more to the right

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side. He developed severe chill and fever with aching all over. The swelling and fever disappeared in two or three days.

Small ache like pimples appeared on the forehead.

MOUTH

Burning sensation on the tip of the tongue. Dryness of mouth and lips with thirst for large quantity of cold water. Had to get up at night thrice for drinking water.

Dryness persisted for whole day but without thirst.

Another prover felt a feeling of being burnt and scalded in the inside of the mouth, sides of tongue, pharynx with a feeling of soreness. Could not take salt or spices. Swallowing anything hurts. Physical examination showed small reddish spots on the soft palate; left edge of the tongue looks more reddish; pharynx is congested. Inside of cheeks look glazed. Bitter taste.

STOMACH : APPETITE ETC.

Hunger increased than normal: feels like eating soon after his meal (he never had this feeling before). Desires spicy food and extra salt.

Thirst for large quantity of water at long intervals. No desire for cold water. *Thirst increased* and had to get up at night three times for drinking water.

Faint gone feeling in the stomach and unusual *hunger* in the evening between 7 and 7-30 p.m. although she had her normal tea etc. earlier.

Felt more hungry than usual at lunch time (1 p.m.) and could hardly wait for his lunch.

URINARY ORGANS

Urination frequent. The provers passed frequent and large quantity of urine. *There was urgent desire for urination; must pass immediately.* Frequent urine at night.

Urine concentrated and caused burning on contact with surrounding parts (female).

One of the provers had such an *urgency for urination that he could hardly go to closet but passed it involuntarily; could not control it.* (It happened awakened at night by urge for urination at night twice).

STOOLS

Semisolid stools. Urge to stools *in the morning on waking.*

Urge to stools very strong and it was difficult to control, just like his inability to stop urge to urination. The stools were evacuated in a gush. Frequent loose motions with thirst after stools. The stools were loose, (yellowish) preceded by rumbling in the abdomen.

GENITALIA (MALE)

Seminal emissions at night at 1 p.m. without any dreams. Could not

sleep for three or four hours. No headache or weakness after that.

GENITALIA (FEMALE)

Leucorrhoeal discharge; white mucoid.

EXTREMITIES

Aching and restlessness in the lower extremities on lying down.

Weakness in legs. *Desire to lie down; better by lying down.*

Pain in legs better by pressure and lying down quietly.

Weakness and aching in calf muscles with desire to lie down with legs crossed which gave relief in aching.

Aching in legs after having walked.

Aching in thighs with desire to sit or rest; standing was the worst position; not so bad while walking but sitting gave him most relief.

Aching in the lower legs; great tiredness and lassitude.

Heaviness in left arm.

Pain in finger joints of both the hands; also both the wrist joints.

SKIN

Slight itching on the right forearm near the wrist. After scratching, small urticarial rash appeared.

Itching on the right lower extremity.

Slight itching with urticarial eruptions on upper arms and legs.

Violent itching in the lower extremities at night, worse on the right leg. Itching without eruption, worse in bed.

Urticaria, red rash with itching, all over the body after 4 p.m. worse in a room.

Itching changes place rapidly.

One of the provers did not suffer from chilblains which he was suffering before the proving although it was very cold and he should have suffered from it.

FEVER AND CHILL

Chill at 9-30 p.m. till 12-30 a.m. There was fever with chill and temperature was 103°F at 11.30 p.m. Thirst for cold water during chill and heat.

At 7 a.m. next day, the temperature was 100°F. No fever during the day.

7 p.m. slight chilliness which lasted one hour. At 8 p.m. the temperature was 101°F. Next day the temperature was 99.2°F till 12 noon.

DISCUSSION

This short proving has demonstrated that this drug has important possibilities. There is a lot of tiredness, aching and exhaustion with desire to rest or lie down. This weakness indicates that this drug could be applied in some of the exhausting diseases like diabetes, diabetes mellitus or insipidus. It has frequent thirst for large quantity and frequent and copious urination.

It could be used for post-influenzal prostration or for mental exhaustion as there is marked aversion to mental and physical exertion. There is headache from mental exertion.

One prover showed decided action on the parotid glands. Hence it would be used for mumps. It has produced a clinical picture very similar to mumps.

The sudden rise and fall of temperature with chilliness shows its indications for septic type of fevers.

It has produced papules and pustular eruption hence could be used in similar eruptions; in the secondary infection of the skin; in impetigo contagiosa. It would likewise, be one of our important antipsorics for urticaria.

It has striking action on the urinary organs as more than two provers brought it out in the provings. It should be an excellent drug in enuresis nocturna.

It requires further and extensive provings to bring out other possibilities.

CONFIRMATIONS

I have prescribed this drug in 8th potency (centesimal) in a number of cases of bed-wetting in children. In about a dozen cases it has done the trick. In such cases, other usually indicated remedies failed to make any impression. Urgency of urination and poor sphincter control are well-marked in the pathogenesis and are the guiding symptoms in such cases.
