

uinaria nitrate proved itself a most valuable remedy. These patients had severe burning pain extending from the larynx and trachea to the bronchial tubes and lung tissue and the cough was wheezing in character. Phosphorus was another remedy that was of service in the catarrhal types of bronchitis and broncho-pneumonia as was tartar emetic and senega. In a few cases the gastrointestinal tract was involved and nausea and vomiting was present and here ipecac and cuprum arsenicosum were needed. In several cases there was a most excruciating headache which was wholly or partially relieved by nosebleed and in these cases melilotus alba did not disappoint me.

Following the attack, when there was pronounced prostration with depression and loss of mental vigor, especially in those who were brain workers, kali phosphoricum gave great relief as did zinc phosphide where, with much the same group of symptoms, the temperature remained sub-normal.

REMEDIES FREQUENTLY INDICATED IN THE RECENT EPIDEMICS OF SPANISH INFLUENZA AND PNEUMONIA.

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When we are able to collect and arrange in proper order the cases of influenza and pneumonia treated by homeopaths from the various parts of the country it will make pleasant and instructive reading, especially for our less fortunate brethren of the dominant school though these reports will not be flattering to them by way of comparison with their own treatment. Rather the contrast will be so striking that it must really set them thinking, and perchance from this cogitation a few useful ideas may be born that shall mitigate sickness and avert premature death in the future. We may even see some of their arrogance toward forms of treatment other than their own done away with and possibly they may be induced to try to learn something more about homeopathic practice than that relative to the attenuated dose. As the baneful results of large doses of aspirin, the salicylates and the opium preparations are forced home on them by the appalling death rate resulting from their practice it will surely scatter some of the fog of prejudice that in the past obscured the sun of homeopathic truth ever shining

for their use as well as for our own.

We trust the medical "powers that be" will refrain from the threat of wholesale inoculation with the products of disease for immunizing and curative purposes. Such loathsome methods can only tend to undermine health by lessening the body resistance, because of the added burden put upon the system in eradicating these poisons from the blood stream.

If one attack of influenza or pneumonia gave immunity to its victim against subsequent attacks, there would be a scientific basis for this procedure.

However it is well known that the reverse of immunity takes place after a pneumonia or influenza infection; that is, a predisposition or susceptibility to subsequent attacks is established and such people are more apt to come down a second or third time with the disease. In the light of this fact how could any sane being, physician or laymen, expect anything from the serums or vaccines except positive harm?

Not long since the United States Government published an article which was printed in the Chicago Tribune warning the public against putting too much trust in any of the vaccines, stating that at best they were only experimental in scope. Also, more recent yet, a learned body of specialists met in a great scientific **powwow** here in Chicago and admitted that the vaccines had proven disappointing as curative agents. One of the visiting officials at this convention frankly admitted that the over zealous treatment of pneumonia had undoubtedly killed many patients and advised less or no medicine, stating that the role of the physician should rather be that of an entertainer to divert the patient's mind from his illness and give old Mother Nature a chance to do the curing.

These things are mentioned to show the weakness and folly of a supercilious and arrogant system of medicine which seeks to inflict its false and perverted methods on all and which would, through control of the public press and legislative bodies compel all those who teaching and methods differ from theirs to submit without question to their dictum. Such procedure must drive all other methods of treating the sick from the field and thus stifle competition and progress.

The testimony from the homeopathic side presents an amaz-

ing contrast in the positive curative results obtained, in the infinitesimal death rate and shortened time of illness.

Out of reports gathered from various sections of the country from a goodly number of our prescribers a list of about forty of our proven remedies is noted which pretty nearly completely covers the epidemic. Out of this group of forty, a smaller group of seven remedies is named which covered about ninety percent of the straight influenza cases—not the pneumonias. It is a rare thing for a pneumonia to develop if a good homeopathic physician is called during the first twenty four hours of an attack of influenza.

The larger list of remedies mentioned above is as follows; aconite, allium cepa, antimonium tartaricum, arnica, arsenicum album, arum triphyllum, belladonna, bryonia, calcarea sulphurica, carbo vegetabilis, causticum, cina, china officinalis, chininum arsenicosum, chininum sulphuricum, dulcamara, euphrasia, eupatorium perfoliatum, ferrum phosphoricum, gelsemium, hepar sulphur, ipecac, kali carbonicum, lachesis, lac caninum, lycopodium, mercurius, natrum sulphuricum, nux vomica, pulsatilla, pyrogenium, phosphorus, rhus toxicodendron, sabadilla, sanguinaria, senega, spongia, sulphur, tuberculinum, veratrum album, veratrum viride.

The smaller list, called from the above, comprises the following; arsenicum album, bryonia, causticum, phosphorus, rhus toxicodendron, sulphur and veratrum album, the latter being more used in the east than by us in the west. From my own experience here in Chicago I would add to the above two remedies which I have found very useful this winter namely, pyrogenium and senega.

I believe senega has been too much neglected in our influenza and pneumonia cases. It stands midway between bryonia and rhus tox. and shows symptoms of each. The tough, glaucous expectoration—either white or yellow—is a reliable indication for this remedy though I have given it with success in those dry, hacking coughs with sticking pains where bryonia has failed. Dr. Mary I. Senseman reports forty severe cases, some with very high temperature and even complicating pneumonias, cured by this remedy alone.

Pyrogen and the snake poisons stand at the head of our remedies for septic states, but pyrogen seems to cover a wider range than even the snake poisons.

It has all the muscular soreness of arnica, all the physical restlessness of rhus tox. and the severe bone pains of eupatorium perf.

It also has the exhaustion, weakness, fear and chilliness of arsenicum alb. together with the peculiar thirst of phosphorus for ice cold water that is frequently vomited as soon as it becomes warm in the stomach. But the most guiding and reliable symptom indicating its use is any marked divergence of pulse and temperature, showing its strong action on the nervous mechanism of the heart. Any separation of pulse and temperature, especially in any septic condition, should make one think strongly of pyrogen.

Could pyrogen, lachesis and sulphur have been administered in a routine way in the 30th or higher potencies, a dose of each in the order given twenty-four hours apart, I am certain that thousands of the nation's defenders in our concentration camps would have been saved. These remedies are antidotal to the baneful effects of vaccines of the various kinds as well as being homeopathic to the most malignant type of the influenza and pneumonia infections.

I now give a more general study of the remedies needed during the epidemic.

For the cases presenting the catarrhal symptoms most marked one should study allium cepa, arsenicum alb., euphrasia, dulcamara, gelsemium, merc sol., nat. sulph., nux vomica, pulsatilla and sabadilla. It will be a rare thing to find any other medicine needed outside this group for catarrhal states not complicated by other conditions.

For those cases presenting severe pains in head and body with high temperature it will rarely be necessary to look beyond the following remedies for the similinum; arsenicum-alb, arnica, belladonna, bryonia, causticum, eupatorium perf., gelsemium, lachesis, lac can., merc sol., pyrogen, phosphorus, rhus tox. and sanguinaria.

For those where the respiratory symptoms predominate, study arsenicum alb., arum triph, bryonia, causticum, hepar sul., ipecac, kal carb., lachesis, lycopodium, pyrogen, phosphorus, rhus tox., senaga, sang., sulphur and tuberculinum.

The things just treated of are among the common ones in every case of influenza and are not of particular value in the selection of the needed remedy for the individual case, the uncommon symptoms met with being of far greater value to the homeopath in the selection of the **remedy**.

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Thirstless with fever is uncommon and unexpected and, when found in a given case, one will be able to find his remedy in the following group: antimonium tart., arsenicum alb., carbo veg., causticum, ferrum phos., gelsemium, ipecac, kali carb., lycopodium, pulsatilla, rhus tox. and sulphur.

Chill with the fever is an unusual combination of symptoms and calls for these remedies; arnica, arsenicum, bryonia, belladonna, causticum, china, china sulph., ferrum phos., mercurius, kali carb., natrum sulph., nux vomica, pulsatilla, pyrogenium, rhus tox., sanguinaria, sulphur and veratrum album.

Thirst for small amounts of water is found under antimonium tart., arsenicum, arum tri., belladonna, china, lac can., lachesis, lycopodium, phosphorus, rhus tox. and sulphur. Thirst for small amounts at frequent intervals is most prominent under arsenicum, belladonna, china, eupatorium, lac can., pulsatilla, rhus tox., sulphur and veratrum album.

Where free perspiration affords little or no relief of the fever and other symptoms we have the following group called for; antimonium tart., arsenicum, causticum, china, hepar sulph., ipecac, mercurius, nux vomica, phosphorus, pulsatilla, rhus tox., sabadilla, sulphur, veratrum album and viride. Perspiration accompanying a high fever is rather an unusual symptom and is found under belladonna, ipecac, mercurius, natrum sulph., nux vomica, phosphorus, pulsatilla, pyrogen, rhus tox., sabadilla, sulphur, tuberculinum and veratrum album.

The following remedies have shivering with the fever; belladonna, bryonia, causticum, china sulph. eupatorium, gelsemium, hepar, lachesis, nux vomica, rhus tox. and sulphur. Chill alternating with fever is found under antimonium tart., arsenicum, belladonna, bryonia, causticum, china, phosphorus, hepar, ipecac, lachesis, lycopodium, mercurius, nux vomica, rhus tox., sanguinaria, sulphur, sabadilla and veratrum album.

Shivering with heat and perspiration is noted only under nux vomica, rhus tox. and sulphur. Fever with shivering while drinking is found only under belladonna, eupatorium and nux vomica. Chill with fever, aggravated from motion calls for antimonium, arnica, belladonna, bryonia, hepar, kali carb., nux vomica, rhus and sulphur. Perspiration with chill is found, in high degree, only under arsenicum, eupatorium, gelsemium, pulsatilla, pyrogen, rhus

tox., sabadilla, sulphur and veratrum.

Aversion to uncovering during the fever is characteristic of arsenicum, belladonna, china sulph., gelsemium, hepar, mercurius, nux vomica, pulsatilla, pyrogen, rhus tox. and tuberculinum.

In this brief repertory study of the symptoms which were most often present in patients during this epidemic I have confined myself to the original list of forty remedies which experience taught covered the epidemic with which we are dealing.

If, now, one will use two or three of these repertory groups in combination he can readily and quickly run his case down to a very small group of remedies and then, with a little further study or from his general knowledge of the materia medica, can easily individualize the particular remedy called for in the particular case.

Illustrative of the "modus operandi" let us consider a case which shows the unusual combination of high fever, no thirst, much sweat, extreme restlessness and chilliness with the fever. The remedies given above having fever without thirst are antimonium tart. arsenic, carbo veg., causticum, ferrum phos., gelsemium, ipecac, kali carb., lycopodium, pulsatilla, rhus tox. and sulphur. Now run over the list of remedies showing sweat with fever, namely, belladonna, ipecac, mercurius, natrum sulph. nux vomica, phosphorus, pulsatilla, pyrogen, rhus, sabadilla, sulphur, tuberculinum and veratrum album. Finally, list the remedies which have chill with the fever—arnica, arsenicum, bryonia, belladonna, causticum, china, ferrum, mercurius, kali carb., natrum sulph., nux vomica, pulsatilla, pyrogen, rhus, sanguinaria, sulphur and veratrum. Eliminate now all remedies not found in all three lists and your case narrows down at once to three only, namely, pulsatilla, rhus tox. and sulphur. It should be an easy matter to differentiate between these three remedies.

This method takes a little time but amply repays in the rapid, permanent and gentle cures resulting in every case.

In closing this study I would again call your attention to the little list of nine remedies—arsenicum, bryonia, causticum, lachesis, phosphorus, pyrogenium, rhus toxicodendron, senega and sulphur—and suggest that a thorough mastery of these few remedies will enable you handle your influenza cases in a manner that will make a reputation for yourself and reflect credit upon the homeopathic profession.