

NASH TRIOS

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ACONITE is restless with anxiety and pain,
ARSENIC is restless with agony and prostration,
RHUS feels restless with soreness and pain,
Make a *trio of restless* to relieve frustration.

When tossing about in agony and intolerable pain,
In toothache of coffee addicts and earache of a child,
In nervous women when head 'feels as if nailed',
Think of ACONITE, CHAMOMILLA and COFFEA *leaders for pain*.

Burning, burning, all over burning,
Hot application ameliorates ARSENIC burning,
PHOSPHORUS feels a 'sensation of intense burning',
And SULPHUR leads the other two in *burning*.

BELL with eyes red, imagines a ghost,
HYOS stupid, muttering will not boast,
And singing, screaming, loquacious STRAMONIUM,
Vie with each other to lead in *delirium*.

LYCO suffers from rumbling and belchings,
CHINA rolls with a bloated abdomen,
CARBO VEG joins on relief from belchings,
Forming a *forum of flatulent* fellow men.

In cholera epidemic Homoeo is a boon,
CAMPHOR prevents and cures collapse soon,
Vomiting and purging in VERATRUM met,
While cramps in *cholera* CUPRUM MET.

In faint like weakness and *drooping eyelids*,
CAUSTICUM like GELSEMIUM trembling bids,
The Telltale face of SEPIA hides,
Weakness and misery in her eyelids.

KALI CARB bloats in upper eyelids,
APIS swells more in lower eyelids,
PHOSPHORUS bloats all round the eyes,
And form a *trio of oedema* of the eyes.

Fear or fright cause disease in life,
Dread of a trifle is IGNATIA's life,
Fear or fright remaining long is OPIUM,
And ACONITE leads the *trio of fright* medium.

When sinking with anxiety and gasping for breath,
Moaning and prostration, leading towards death,
Keep CARBO VEG; ARSENIC or MURIATIC at bedside,
Sheet anchors of *corpse reviver* for timely aid.

In 'sensation as of a stone in the stomach',
With bad taste in the mouth and thirst,
BRY stands alongside of PULS and NUX,
And relieve *disorders of alimentation* from crux.

Disease suppressed or latent is psoric,
Disease exposed from inside out is antipsoric,
CALCAREA, LYCO and SULPHUR form *trio of antipsorics*
And SULPHUR is Hahnemann's king of antipsorics.

Homoeco offers an excellent *trio of emetics*,
IPECAC leads by persistent nausea and no relief,
Nausea relieved by vomiting is TARTAREMETIC
IRIS has great nausea, sour vomiting and no relief.

The bilious, intelligent LYCO is weak and funky,
The fair, obese temperament of CALCAREA is weary,
The quick, eruptive tendency of SULPHUR is dirty
Find each their counterpart the world over, plenty.
