

ARNICA MONTANA : TWO UNUSUAL CASES

MR. BERNICE JOHNSON, Illinois

(1)

Our family marvels at the way Arnica works and has never been disappointed in its action, but recently we were all surprised because it did much more than we expected.

Our widowed sister, Doris, lives alone, and she had been awakening every night for at least a month with difficulty in breathing. Tests were taken at the hospital, and we saw on the monitor that the heart beat was irregular and laboured. It was decided that she would undergo heart surgery, but first she went home to finish some work on a small printing press. Apparently she worked too hard, pulling the lever on the press, making her arm ache. That night, three days before her scheduled open-heart surgery, she took Arnica 3x tablets to ease the pain. To her surprise, she slept soundly all night! So she repeated it and slept all night, waking rested and well.

Back at the hospital, the surgeon and her family doctor both checked her carefully that evening.

"I can't understand it, but your heart action is much improved," said the surgeon, and the other doctor agreed. She showed them her bottle of Arnica, the only medicine she had taken, but they said it could not possibly make any difference. The next morning she underwent an examination, a heart catheterization, and then they dismissed her.

She has been well ever since with no more nights of pain and worry, of breathlessness or weakness. Since that time, a little over a year ago, she has visited Florida, flown to Oregon and Florida to visit relatives, in good health the whole time.

(2)

Dolores comes from a large family with a history of heart trouble. Her mother died of it many years ago, and two of her brothers succumbed to it during the past year. Twelve years ago Dolores had heart surgery during which her heart stopped three times while on the table, and shock treatment was used to restore it. She said her suffering was dreadful; she has never felt well until recently.

Last Spring she was told by her doctor, a heart surgeon, that she would have to undergo heart surgery again, that in August they would set the date. It was such discouraging news. In all those years she had been unable to do any hard work, being restricted in many ways.

When Dolores learned about my sister Doris' case, she tried a few doses

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vital force or life force. This indicates that the vital force itself is diseased. That means there are no other forces affecting the vital force within the organism. *It is but derangement.* Now the question of miasms, I feel they are not a kind of force, it is the vital force that bring them out in the form of diseases. Miasms may be compared only with a running bogie of a running train.

I am not a qualified homoeopath, but I do read books on the subject. What I wrote may not be correct. It is for the learned Editor to decide.

C. Haridasan Nair, Poona 3

Editorial comments: It is true that diseases are nothing but a derangement of the vital force. What sets the vital force in derangement? As a force, which is invisible and can only be perceived through its effects, it can only be affected by another force and not by material substances. Such forces that are inimical to it, but are stronger, cause its derangement while forces that are similar in effects to those that have set the derangement act curatively relieving the vital force free from the clutches of the disease.

(3)

Sir,

I am requesting you for publishing an article as case analysis based on entrance test paper of homoeo. medicine in Dip. N.I.H. 1978. I think it will be quite helpful for the homoeopathic students and professionals both.

Khemchand Gupta, Modinagar

Editorial comment: The need felt by the writer is a genuine need of many others like him. THE HAHNEMANNIAN GLEANINGS urges upon the Director, N.I.H. and the Director, I.C.R. to consider the request sympathetically and publish at least one model case worked out on the basis of the objective test paper.

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of Arnica. I was sure it would do no harm, but I did not expect to see improvement. She took six doses on Friday and Saturday and on Sunday she felt much better.

"I feel strong and healthy, the best I have felt in many years," she reported. Now she is able to do her housework without trouble.

I must confess I did not expect such results in either case, but they indicate both hearts were helped naturally and quickly. It makes me wonder if we should think of Arnica more often.

—The Layman Speaks, May 1977