

## THE CONCISE PICTURE OF VIOLA ODORATA

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The concise picture of *Viola odorata* in the 3rd potency. A descending scale based on numerical repetition.

1. Cough dry in the daytime but loose at night, with thick and yellow expectoration. Expectoration often white. The cough is always worse on lying down, and with frequent nasal stoppage. Morning painless hoarseness and tickling in the throat may be consensual.

2. Dyspnoea often left-sided. Only at night and in the morning. Often knife-like. Worse when breathing, in warm weather, from pressure, and when belly is bloated. Lung soreness betters after the cough, and fresh air ameliorates the dyspnoea and pain.

3. Uncontrollably fidgety sleeplessness after midnight. Lung pain, constant cough, or thirst prevent sleeping. Confused and frightening dreams. Unrefreshing sleep. Laughing in sleep. Drowsy.

4. Headache right-sided. Hot head, headache and earache. Headache is frontal and dull but either constant or intermittent. It may be sharp, may be occipital. It is better from coffee or the application of cold water. The earache is worse on the left side, sticking and sharp or dull. Deafness is worse when the nose is stopped. Worse swallowing. The ache often intermits. Hears better at times, then worse.

5. In the morning, upper belly distension. Morning nausea. Nausea followed by slimy vomiting.

Worse after eating as regards soreness, weight, bloat and belching. Relief from belching. Worse from hot coffee. Worse from milk (crampy diarrhoea). Marked hunger for breakfast and lunch. Worse from sugary grape juice.

6. Dry mouth with thirst in the morning. Dry throat often with no thirst in daytime. Dry tongue (it is hardly moveable, so affected), better after breakfast. Dry lips and constantly wetting them. Dry gums (also a constant wetting). Nightly thirst.

7. Constant backache, right-sided, dull or sharp. It is worse at night, and by walking and by sitting. It is better by rubbing, by lying down, by standing, and by heat. Numb legs. Legs tired and heavy.

8. Cold face sweat worse in the morning. Sweat is bad in the back but not cold there. Worse after exercise. At night, when covered, the sweating ameliorates the lung pain. Sweats one minute, chills the next. Chills generalized, worse at night, especially 1 to 2 a.m. Worse on motion. Better from urination. Nocturia. Shaking chills and goose-flesh.

9. Giddy with weakness in morning. Joints of lower members give way. Heaviness of the body with drowsiness. Latter in daytime, worse on any bodily motion, with blue nails and face and palpitation. Vomiting precedent.

10. Burning states. (a) Burning under the nose. (b) Burning micturition. Nightly burning before the act, which is long in coming. This at night. (c) Burning raw throat. (d) Burning in the back. (e) Burning about the epigastrium. (f) Burning in the

stomach. (g) Eyes burn. (h) Burning rectum with painful diarrhoea. (i) Both feet burn. (j) Burning low down in the throat like a lump there. Sixty-five per cent of the symptoms are left-sided.

#### DISCUSSION

DR. HUTCHINSON: Dr. Macfarlan's proving of *Viola odorata* I had occasion to utilize some time ago, and its service then prompts me to welcome his transcript of its full text. Being in my way the crank to which eminence anyone may aspire as his inalienable right in a land of liberty, I would make one radical suggestion, as, however, perhaps I should not—

If the striking symptoms of a remedy could be identified with the age (and sex) of the prover, would it not be a great help to the prescriber? My own conviction is that the different decades of life hold in themselves important susceptibilities of their own not to be completely exchanged. The age of a patient is all-important. Years do not always tell it, but they provide a starting point or one of departure.

DR. STANTON: Appreciation without discussion.

DR. SLOAN: I have used *Viola odorata* only once. That was for a severe and persistent pain in the right wrist of a young girl. It cured. Apparently this particular symptom was not brought out in Dr. Macfarlan's proving.

DR. HAYES: Recently I prescribed for a little girl who was reputed to have had "a cold all winter."

Cough; loose at night, dry in the daytime; aggravated evening and morning in bed.

Copious supply of mucus in the nose.

Hoarseness. Anorexia.

Fretty; tosses at night.

On the strength of this proving, with these meagre symptoms I gave *Viola odorata* 500. The little girl's bronchitis was gone in two days and no return to date.

The proving is much appreciated. I have never pres-

cribed the remedy before, but I have cured subacute sore throats with *Viola tricolor*.

I use both Skinner and Fincke potencies. The Skinner seems more prompt to act, but I am not sure that they have more finality.

MISS SUGDEN: Dr. Hutchinson's reference to a patient's age recalls Dr. Wm. P. Wesselhoeft's experience with *Causticum*, which from his earliest youth to old age was always needed for him to recover from any physical disability.

DR. LEONARD: This is an excellent addition to our occasional drugs, and indicative of the constructive work any of us still can do, with help from others, as Dr. Macfarlan evidently had. Hahnemann lived to eighty-eight after many provings, and Hering to eighty.

I cannot recall any use by myself of *Viola*, but miss the urinary symptoms, as shown in Clarence Bartlett's original proving and italicized in Boericke, viz.: milky urine, strong smelling, like the urine of cats.

DR. ALFRED PULFORD: I was glad to have had the privilege and opportunity of reading Dr. Macfarlan's proving of *Viola odorata*. It is an excellent effort, and I think by far the best proving of the drug that we have. However, I have never been sufficiently acquainted with the drug to have been able to prescribe it.

Dr. Hutchinson brought out some good points which will bear remembering.

Peculiar things happen in the prescribing of drugs. I was consulted by a married man of thirty years of age for an annoying sense of moisture on the genitals. No other symptoms. After much study and more disappointments, for he was very patient with me, he had a severe attack of *Colocynthis* colic. For the colic I gave him a single dose of *Coloc. 1M*. Since then he has had no return of the sense of moisture. He finally remembered that whenever he had had the pain there was no sense of moisture. Colic alternating with a

sense of moisture on the genitals is something I do not readily find in the books. Perhaps I have not looked far enough.

Dr. Macfarlan's efforts are the kind that tend to enlarge the scope of homœopathy's usefulness.

DR. MACFARLAN: Of course I have had good results with the remedy as I have its disease-producing powers well soaked into my cerebral cortex. It works admirably in high potency.

—*The Homœopathic Recorder, February, 1946.*

### CASE OF THE MONTH FROM ONE OF OUR HOMŒOPATHIC HOSPITALS.

*When reading these notes it must always be remembered that Homœopathy is essentially an individualistic treatment. It therefore never makes use of nor seeks for specifics for disease. So it must not be thought that any remedy mentioned in these notes will necessarily be the remedy for other cases of the same illness.*

THE REMEDY DEPENDS UPON THE INDIVIDUAL PATIENT'S REACTIONS AND NOT ON THE NAME OF THE DISEASE.

The DRUG was PSORINUM. The Disease' MIGRAINE.

E. B. æt 35.

Carbuncles. One just healed now another coming up.

Never before. Skin usually heals well.

Felt down and seedy for a long time. Subject to migraines for many years. Getting worse. Not a week free and sometimes several in a week.

Chilly mortal. Feels the heat. Likes fat bacon.

Highly strung, easily depressed, better with people.