

## EXPERIENCES WITH HAHNEMANN'S 50,000th DILUTIONS

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Until the summer of 1949 I have treated about 250 cases with these "magic" dilutions.

In the 6th edition of the *Organon* found by Dr. Haele, of Stuttgart, Hahnemann writes in paragraphs 245, 248 and 270, that treatment with single doses of the centesimal potency is too slow for curative results and he recommends a new method of preparing the dilutions and their administration for better results. Dr. Flury, of Berne, the President of the Swiss Society, has translated the German text for me, of which the following is résumé.

*For soluble substances take the 2c, and for insoluble take the 3c trituration. Dissolve a grain (0.063 grammes) in 25 grammes of 30 per cent. alcohol. This now constitutes "The Mother Tincture". Add one drop of Mother Tincture to 500 globules of sac. lac. Use No. 1 globules, weighing 0.5 mgm. each. Shake the globules in a mortar till dry. To a bottle of convenient size add one of these globules and one drop of distilled water; allow the globule to dissolve (in about two minutes); then add 99 drops of 90 per cent. alcohol. Give the bottle 100 succussions. Now take one drop of this potency and add to 500 fresh globules. Shake these in a mortar till dry and place in a small vial. This is dilution No. 1. Proceed in the above manner until you arrive at dilution No. XXX.*

As one globule represents 1/500th of a drop of the centesimal dilution we arrive at  $500 \times 100 = 50,000$ .

*Procedure for treatment:—Take 1 globule of the chosen dilution and add it to 10 gms. of 30 per cent. alcohol. Give the bottle to the patient and instruct him to take 5 to 8 drops each morning on waking, in a little water. The patient has to shake the bottle 10 to 20 times in the following manner. Hold the bottle in the right hand and beat*

this closed fist against the open palm of the left hand. "It is necessary," says Hühnemann, "that each dose should be a different potency."

Case 1. Madame Ch., age 46.

Menopausal disturbance for 4 years. Headaches every day, with vomiting. Sensitive to heat and cold. Sun aggravates. Many hot flushes. Standing. Desire for moving about in the open air. Appetite good, desire for sweet food. Appetite increases between meals sometimes. Pasty stools. Very sensitive. Emotional. Weeps easily. Tongue white with red tip. Acne on face.

Treatment: Sulphur XII, 8 drops on waking.

Fifteen days later: Stools less pasty. Distinctly less headaches. Less acne but more hot flushes. She has now more of the pains in the legs which she had two years ago.

Treatment: Sulphur XVIII, 8 drops on waking.

Twenty-one days later: Reports that she had much itching all over the body and much diarrhoea for the first week, the feet were burning and headaches had been worse. After that, a distinct improvement set in and for the past week she has been free of headaches.

Treatment: Continue with Sulphur XVIII.

One month later: She is completely free of symptoms. To consolidate the cure I gave Sulphur XXIV every other day and I did not see her again.

Six months later: I heard that she had remained quite well.

MIGRAINE—4 years duration—cured in 2 months.

Case 2. Madame Mag., age 48 years.

Chronic sinusitis of 6 years duration. Discharge from the posterior nares, sticky muco-pus with pain in the forehead. Nose stopped up, especially on walking. If she can blow some mucus from the nose she feels better. Heat applied locally aggravates. I first gave her a dose of *Lachesis cm* followed by 5 or 6 days improvement, but the nose becomes stopped up again.

Treatment: *Lachesis XII* (50,000), 5 drops on waking.

Report: Can blow nose. Forehead is clearing. Discharge is sticky, viscid and sometimes with small pieces like leather. Cold air inhaled is very uncomfortable.

Treatment: *Kali bichrom. XII*, for 2 weeks.

Report: Great improvement. Discharge much easier from the first week. No pain, but she is becoming much more sensitive to cold air and is tired.

Treatment: *Silicea 1m*, 2 doses 10 days apart.

21 days later: Is quite well. Cured.

SINUSITIS—6 years duration—cured in 10 weeks.

Case 3. Monsieur C., age 53 years.

Hepatic colic for 3 years. Had many unsuccessful treatments. Pain from colic worse before meals. Causes him to bend double. Eating relieves. Stools pasty, unsatisfactory. Eructation of wind with colic. Always worse at 5 p.m. Appetite increased, even during the night. Sleepy after meals. Bitter taste. Coated tongue. Headache when bowels disturbed. Irritable, worse from contradiction. Impatient. Timid. Loss of self confidence. Worse when alone. Tongue white. Bilious-nervous type.

Without going into details, I gave him successive doses *Nux vom.* 30 and 200; *Lyc.* 30 and 200. For the pains, *Coloc.* 30 and 200, which relieved. Soon after commencing treatment he ceased to respond to *Lyc.* 200. He improved in regard to his pains but there was much flatulent disturbance and he remained very nervous.

Treatment: *Lyc. XV* (50,000).

Following this he made rapid improvement, and after giving *Lyc. XVIII, XXI* and *XXIV* he was cured and remained free of colic since 1946.

HEPATIC COLIC—3 years duration—cured in 4 months.

Case 4. Mme. G., age 77 years.

Since she was 30 years old had eczema of both thighs, lichenoid in type, with patchy dermatitis. The skin is like elephant hide. Oozes yellow serum. Itching at night.

Better in fresh air. Suffered from migraine headaches until she was 50 years old. Commenced treatment January 1946.

General conditions: Any heat aggravates. Warm room aggravates. Desires fresh air. Appetite, digestion and stool normal. Sleeps well if not itching. Jovial, gay, smiling.

Treatment: *Sulphur* 30; (3 doses), later *Sulphur* 200, then 1m, with no result. Then *Sulphur* and *Graph.* 1m. together; result, some improvement—less redness and less itching. Ten days later, *Graph.* 1m alone; result, no change. Then *Graph. X (50,000)*. Result, no aggravation, but after 3 weeks improvement is certain; itching practically gone. (She is astonished—and so am I !)

Treatment: *Graph. XIII*, for 4 weeks.

Result: the eruption is going away. Skin becoming normal. It is only a little darker and harder than a normal skin. The patient says, "It is a miracle !"

Treatment: *Graph. XIII* once daily for 2 months, then twice a week for a further 2 months, and in September, 1946, the skin is healed !

ECZEMA—47 years duration—cured in 9 months.

Case 5. Mlle. P., age 37 years.

Since childhood, periodic headaches, aggravated by strong wind, heat or standing. Better in the open air and by pressure. Appetite normal. During headaches cannot digest fat or cabbage. Recurrent pyrosis and stomach pains.

General conditions: Heat aggravates. Desire for open air. Desire for walking and moving about. Difficulty in falling to sleep. Wakes frequently. Nervous. Irritable. Weeps easily. Timid. Type—Phosphorique, bilious-sanguine.

Treatment: *Puls. 20c* (correct Hahnemann preparation made by myself): 5 pills on alternate days at 6 p.m. Three weeks later: little improvement. Wakes feeling hot generally and itching all over.

Treatment: *Sulph.* 30c. Two doses a week apart. Three weeks later: Has been well for 2 weeks then the symptoms returned.

Treatment: *Sulph.* 200. Two doses 10 days apart. Two weeks later: Has had flu (? effect of *Sulph.*) and diarrhoea. Headaches persistent but less severe. She now has vertigo when walking, and feels too hot when in bed. Since these *Sulphur* symptoms are so persistent I proceeded to:

Treatment: *Sulph X (50,000)*. Eight drops each morning. Three weeks later: no more headaches. After taking *Sulph.* 5 for 2 months she remains quite cured.

HEADACHES—about 30 years duration—cured in 3 months.

Case 6. Monsieur J.P.C., age 26 years.

First seen May 26th, 1947. Complaint—Hay fever since 8 years old. January, 1946, had broncho-pneumonia, then enteritis. September, 1946, complained of vertigo with weakness on walking. The stools remain loose, foetid and painful. Has 2 or 3 motions on waking and after breakfast, and no more till next day. Itching of anus. Acid eructations. Much flatulence.

General condition: Is worse from both heat and cold, from the sun and from hot winds, and open air. Frequent headaches extending from the occiput to the forehead. Vertigo worse from walking, from being in a crowd and when he has many stools. Coffee aggravates. Weight, 54 kgs. Sleeps heavily. Many nightmares. Very sensitive. Timid, and loss of self-confidence. Type; Bilious-nervous. Tongue white with red tip.

Many doses of *Sulph.* 30 and 200, and *Nux vom.* 30 and 200 gave some improvement. By September 1st weight was 55.5 kgs., but after a further dose of *Sulph.* 200 there was no further improvement.

Further treatment: *Sulph. VI.* Once daily for 1 month. Report: During the first 2 weeks the diarrhoea and vertigo were worse, but he felt stronger and could work better.

The next 2 weeks bowels distinctly better, stools almost normal. Continue with the treatment.

October 15th: Is becoming nervous and impatient. Sleep bad. Stools normal (one good motion on waking). Stop Sulph. VI.

Treatment: *Nux vom.* 12c for 2 weeks, daily at mid-day. Report: Nerves rapidly improved, but after 10 days diarrhoea returns.

November 1st. Treatment: Sulph. VII daily.

November 14th. Report: The stools quickly become normal. No more itching of anus. No longer irritable.

Treatment: Continue with same.

December 5th. Report: Now constipated. Sleep difficult. Work very effective. Mood normal. Weight, 55.8 kgs.

Treatment: Sulph. VIII once each alternate morning.

January 21st, 1948. Report: An excellent period. Weight, 56.6 kgs.

Treatment: Continue with same.

March 20th. Report: Has had 3 months of excellent health but is becoming nervous again and sleepless. Heartburn at times.

Treatment: Sulph. XII once every third day.

Report: This dilution is unsuitable. Diarrhoea, vertigo and weakness are returning. After each dose he is worse. Lost 1 kg. Note: *Nux vom.* 20c clears these discomforts. His dilution is Sulph. VIII. After each dose he has a very good and durable result. Seen a week ago for check-up, when he tends to be tired he takes (at intervals of not less than once a fortnight) a dose of Sulph. VIII with prompt benefit. Hay fever is cured.

Case 7. Mme. E., age 48 years.

Rheumatism of both knees. Pains worse at night, worse on beginning to move after rest; worse during wet weather. Began 2 years ago. Type, sulphur, with congestion to head and desire for open air. Sun aggravates. Tachycardia on exertion.

I had treated her a few years ago for a milky discharge from the breasts, worse at menstruation which was cured with a few doses of *Pulsatilla 1m*. Her rheumatism improved with *Rhus tox. 30c* and *200c*. It was then that I was beginning to use the 50,000 dilutions. I gave her *Rhus Tox. VI* and warned her of a possible aggravation. The pains became worse and the swelling of knees increased. Ten days later she phoned to say that it was impossible to go on with the medicine. It had wakened all her bad pains again! The unlucky effect of the dilution was certain! I returned to *Rhus tox. 30c*, once each alternate day with prompt disappearance of her troubles! These famous and magic dilutions were too strong! But it was an incontrovertible proof....they work!

Case 8. Monsieur I., age 19 years.

March 6th, 1946. Ethmoidal and frontal sinusitis since 1942. No improvement after specialist's treatment. Pain at root of nose. Viscid thick yellow-green discharge (also from posterior nares). Nasal obstruction, breathing difficult. Worse in cold weather. Appetite normal. Sleepy in the early evening. Breathless on ascending stairs. Chilblains. Head congested when going from cold to warm room. Catches colds easily. Hands and ankles discoloured a violet hue.

Treatment: *Kali bichrom. cm* once daily for 3 days.  
July 1946. Report: "Has been on military service for four months. Sinusitis was worse. Symptoms and signs unchanged.

Treatment: *Kali bichrom. XII (50,000)*.

July 27th. Report: Discharge easier and more copious for a fortnight. Forehead is clearer.

Treatment: Continue same.

August 10th. Report: Discharge much less, but the dose seems to aggravate by stopping up the nose. Complains of more headaches.

Treatment: *Lachesis cm*, 2 doses. (Stop *Kali bichrom.*)  
August 14th. Report: Has had discharge of a few yellow plugs from nose with great improvement. Nose is more free and can bear the sun without headache.

Treatment: *Lachesis cm*, 1 dose.  
October 19th. Report: Nose normal. No discharge beyond some mucus from posterior nares, but he is more sensitive to the cold and feels breathless. Taking the generals:  
1. Sensitive to cold. 2. Breathless ascending stairs.  
3. Sleepy in early evening. 4. Chilblains. 5. Chronic nasal catarrh. I gave:

Treatment: *Calc. Carb. XVIII*, 8 drops each morning.  
November 10th. Report: Very satisfied. After 10 days with much discharge of thick yellow mucus general improvement set in. More energy. No chilblains in spite of cold weather. More internal warmth.

Treatment: *Calc. Carb. XXIV* daily for 6 weeks.  
January 18th, 1947. Report: Very well. Has had no cold this winter for the first time on record. Thinks he is cured (I too!). In July, 1948, I heard from patients of his village that he had remained in good health.

I will not continue with further cases. The foregoing have shown the extraordinary action of these mysterious dilutions—dilutions which are even much more immaterial than the original centesimal potencies! What acts in such preparations? It is impossible for me to say.

It is astonishing to see that Hahnemann, at the end of his life, changing his method by giving *every day*, in chronic diseases, antipsorics, having taught for so long the necessity to give one dose and wait for the result. In a note to the 6th Edition of the *Organon* Hahnemann writes:—"I know that I have taught other ways of healing in my 5th Edition, but I did not then know of the improved method which I have found during the last four or five years of my life. Frequent doses were permitted when using remedies with a short duration of action. Now, it is per-



missible for antipsorics too. These may be given for months at a time without danger or trouble. Towards the end of recovery it is better to stop giving the daily dose and to give it every third or fourth day."

Perhaps some real physical theory will arrive to explain this state of affairs, but never mind! The important thing is the result. With these marvellous dilutions one can obtain marvellous cures too, and in shorter time than with the usual centesimal potencies.

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