

PROFUSE MENSTRUATION

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When menstrual flow is too profuse it is called menorrhagia. It occurs chiefly in early or middle life. In rare cases it is caused by a fibroid growth interfering with muscular efforts of the wall of the womb to get rid of this growth. Later, about the Change of Life, this abnormality is often more than "profuse", springing from causes more varied and more deeply seated. In all forms homœopathic medicines have great powers of cure. So try medicine before the knife or curette. The "profuse periods" may be due to lack of nerve force, or due to miscarriages or abortions, of some years prior. Miscarriages are either due to accidents, or a weak constitution, refusing to carry the foetus to full term. When due to wilfully induced interruption of conception, it is plain abortion.

When a woman has a tendency to miscarry from weakness, it starts with a hæmorrhage. This trouble occurs in pregnancy, most frequently about the third month. Homœopathy has its wonderful helpful remedies to prevent such happenings. The confessional of the consulting room discloses that many such are not thus accidental.

A case came to me years ago, the patient confessed to seventeen curettings to make sure she was not pregnant. If she was 5 to 7 weeks late with any period, she simply took steps to make sure she was not going to have a baby. I don't say she had seventeen abortions, but seventeen curettings. When consulted I found the woman was a mass of ulcerations, etc., which had been diagnosed as malignant. Learning her history I refused the case. That poor flooding woman was paying the price demanded by outraged Nature.

I have known another case where the woman followed the hounds with utter recklessness, to produce a miscarriage.

She was not successful, the child of that conception grew up feeble-minded, with homicidal brain storms, and with a desire to destroy any and all animal life brutally. So you can see that the Profession is able, now and again, to trace some of these hæmorrhages to wilful misbehaviour, for which every woman must pay the price, eventually.

Profuse menses is a quagmire of orthodox practice. Their ignorance of medical help results in such cases being handed over at once to the surgeon, for his opinion, who "cuts the womb out; then it can't bleed". This is not the finality, nor a cure, as Homœopathy well understands.

Most patients will find after gynæcological violence, their menstrual epoch will go to pieces, making the rest of their lives hideous to themselves, and often to some of their relatives as well.

Against all such hæmorrhagias I want to place in your hands the value of homœopathic medical procedure, which we assert is worth your serious study. I am not decrying legitimate surgery one iota, but I implore your consideration long enough to master the homœopathic alternatives, which leave the patient sounder in body and mind. Think a moment! Is it not possible that you have these abnormal bleedings because *your health is not in balance*? We know it is so, because of our countless cures. Try Homœopathy for once!

Up to now, for profuse flows, the average woman has taken pints of orthodox styptics (blood coagulators), such as various forms of iron, adrenalin, tannin, ergot, etc. These nearly always fail, besides injuring the body in other directions. She has taken compound tonics galore, and as for nerve sedatives, pain-killers, sleep-inducers, taken or suggested, their names are legion. Many of these induce drug vices, and still leave the patient uncured of her bleedings. You don't have to study orthodox medical works to learn about such things. Unworthy medical firms advertise so as to scare poor women into taking their nostrums, and if you cannot credit my warning study the daily press. In the

Daily Telegraph for February 1st, 1934, are recounted thefts from doctors' motor cars, doctors who admitted carrying such things as Opium, Morphia, Morphine, Digitalis, Corrosive Sublimate, Strychnine, Atrophine, Arecoline, Malleine, etc. You cannot think that these drugs were carried on the daily professional rounds as samples, or for a lark! They were in those doctors' bags for immediate use! You will never find such drugs in homœopathic medicine cases, but you will find instead other and better remedies, not one of them with any danger in the dosage suggested.

These I will outline clearly. We have begged the orthodox profession to try all this for over 150 years, only to receive epithets.

I know of many fibroids which have been dissipated by Homœopathy, leaving the patient in better health than formerly, but fibroids cause only a tithe of these "floodings".

The basic truth of Homœopathy is a LAW OF NATURE! It has existed from the beginning, and is constant. Whether Homœopathy always cures depends on the human equation. *The Law is there!* If we fail, it is because the patients have not been exact enough in disclosing all of their *particular symptoms*, or the essential facts. This hinders many a cure, which is not all the doctor's fault. One thing you may rely on: No homœopathic medicine will create a drug vice, drug disease, or death risk.

Club together with several friends, and discuss Homœopathy. You might thus form a nucleus for a Homœopathic Laymen's League in your own district, on the lines of hundreds of such Societies they have in Germany and Great Britain. Such little conferences or chats are more vital than bridge, canasta, golf or even gardening!

Now for some of our remedies.

Calcarea ostrearum carbonica. Usually called *Calc. carb.* Hahnemann proved this, with his co-workers, and he recognized and said that it was an "impure" carbonate of lime from the first, obtained from the white inner layers of oyster shells. Hering's *Guiding Symptoms* requires 73 pages

to list all about this remedy. This type has, as a rule, blond hair, fair thin skin, complexion shell-pink, and pale blue eyes. These women are prone to run to flabby fat before or at puberty, unless they are cured of their hidden and inner weakness before that time. These subjects lay on fat too easily; they take cold easily, they as young girls, are fleshy, grow too fast, and whilst in the nursery they were accustomed to burst out in profuse sweats; especially about head and neck, wetting the pillows. Moreover, if any child has a large head, and protruding abdomen, it will most likely develop the true *Calc. ost. carb.* bleeder later on. It is wise to take such an infant to see a homœopathic doctor early in its life. At puberty this type of menstrual trouble develops a great acidity of the digestive tract, sour mouth, sour eructations, even to sour vomiting, sour smelling stools, and perhaps a sour odour of the body.

This constitutional type will generally run to an abnormal, profuse menstruation, too early, too profuse and too long lasting with fingers, hands, toes and feet "going dead" (waxy-white); feet are very damp, always icy cold; sometimes these cases have only five to eight days clear intervals between periods. A leucorrhœa may accompany this profuse flow. Little or no pain at periods is a general rule. The least excitement causes flow to start again; often with burning and itching of vaginal orific before and after menses; but this irritation is oftenest met with at the beginning of epoch; the breasts become tender and hot and swell before menses; much sweat about genitals. My dear orthodox colleague, will you tell me how you can expect a curetting to reach a constitutional weakness which brings about such symptoms? I warrant you fly to the curette because you have not mastered the first rudiments of curative medicines!

Hahnemann said of this remedy, "If the menses are regular, and in time, *Calc. ost. carb.* will do no good." These *Calc. ost. carb.* cases are prone eventually to deve-

lop some T.B. weakness, or profound anæmias if left uncured.

Ipecacuanha. Provings made first by Hahnemann and his co-workers (what a busy man he was!). This plant is a native of Brazil. Here is quite a different "picture"; here the menses are also too early and too profuse, the flow is bright red, sometimes clotted, but there is also colic, with its grand "keynote"—*great and persistent nausea*, without which symptom, *Ipec.* is not the remedy. In the mental sphere, the patient is peevish and irritable, not her normal self; breathing is heavy, rather forced, and oppressed during the flow, with stitches from navel to womb. If she vomits, it will be mucus like white of egg in great quantities, all of which does not afford relief from the nauseated feeling; and if she has accompanying diarrhœa, it is always a grassy-green, as if fermented spinach, with colic; often the body from head to feet will be covered with cold sweat.

Belladonna. Proven by Hahnemann and his co-workers. This remedy is often called for in the painful type, but it has some value in the cases which are too early and too profuse, the flow being of *gushing bright red blood*, which the patient will insist *always feels very hot to her*. Such cases may be an echo of a successfully (?) dried up (not cured) leucorrhœa. The *Belladonna* cases will have some cramps in the back and strangely enough nearly always cramps in the arms. The patients say that "their bearing-down sensations are worse lying down, relieved when standing or sitting upright"; arteries throb perceptibly; sensations of a rush of blood to the face and head, throbbing headaches, generally; pressing down sensations *as if the contents of abdomen would issue from vagina*; with abdomen very tender and distended, all pains made worse by the least jar, even of the bed; some cases have fever, and all *Belladonna* cases are congestive.

Chamomilla matricaria. Hahnemann proved this in his earliest days, and he classed *Chamomilla* with his

"polychrests" of Homœopathy. For this remedy to be most useful the patient's *emotions* must be marked. She becomes nervous, excitable, over-sensitive to pain. Hahnemann said that this *Chamomilla* is not applicable to persons who are *patient under influence of pain*. The woman is driven to despair by her pains; snappish, cannot return a civil answer; nerves ajar. This *mental* element makes this remedy useful in many diseases; it is not simply the baby or nursery remedy, as so often it is carelessly stated. The abnormal menstruation corrected by *Chamomilla* is early, very profuse, with pain, but it must have the indication that even *slight pain is very badly endured*. These "floodings" alternate with amenorrhœa and chlorosis. The floodings are generally black and very clotted; the colic is declared to have the *sensation as of pressure from below—upwards*; which peculiarly helps homœopaths to select *Chamomilla* quickly and exactly. Such patients complain of many little shivers alternating with some heat, and as children in the nursery they generally have one cheek red, the other very pale. The *mental* troubles must predominate, the patient declaring "*I cannot bear this any longer*", an expression so often heard. If there is a leucorrhœa it will be yellow and acrid; feet habitually cold, very damp; longing for fresh air.

Chamomilla has been called the "opium" of Homœopathy, as it is so successful in calming these *nerve storms*, but without the danger of opium.

Hamamelis virginica. Proven first by Constantine Hering in 1850. The excessive flow cured by this remedy is dark, more of a venous bleeding than artificial. Passive bleedings appear between normal times of periods; always with complaints of extreme soreness, bruised sensations in lower abdomen, with bearing down pain in the back; ovaries, womb, and vagina feel tender and very sore. *Bruised soreness, with passive dark profuse flow* are the "keynotes" of this remedy, which has been called the "Aconite of the veins". Leucorrhœa with profuse *fluor*.

albus. which constitutes a drain on the system, as severe as a bleeding.

Platinum (Platina). Introduced by Stapf, proved by Hahnemann, Gross, and Mustis. This remedy could never have been available if Hahnemann had not thoroughly believed that medicines could be derived from inert substances, hence Hahnemann, by his method of *potentization* discovered its value. *Platinum* exhibits some of the most extraordinary mental symptoms ever noted. It has sensations as if everything about the patient were *very small*, and that *all about her were persons physically and mentally inferior*; she herself being physically large and superior; she has arrogant proud feelings, contemptuous looking-down on people usually venerated, with a kind of *casting them off*; a great dread of death, which she believes near at hand; morose, arrogant, reserved, cold, haughty, weeping moods, sadness, worse in the house, better in the open air; fault finding; her own family do not belong to her; mania, with great pride; unchaste talk and sensations; self exaltations, with great genital irritation; melancholic, with desire to kill someone, but not herself (see *Aurum met.* for suicidal tendencies); characteristic delusions; sex irritation, hysteria (remember the word "hysteria" is taken from the Greek word for "womb"). All the above *mental symptoms* are foreign to the woman when she is well.

Without our homœopathic special medical aid some of these unfortunate sufferers would be doomed to Mental Houses, or certainly to unending restraint. To sum up these cases *Platinum* cures profuse bleedings, with self-exaltation, great genital irritation. Menses too early, too frequent, too long lasting, dark, clotted, offensive, with bearing down spasms, with much sensitiveness about the genital organs, internally and externally, even going on, in extreme cases, to symptoms of nymphomania. Continual pressure in the groin and back. *Platinum* is also useful in ovaritis, with burning and numbness of the limbs. Where chronic induration of ovaries is suspected, *Platinum*

is the remedy. I have not found *Platinum* mentioned in any orthodox books on medicine, because the remedy is "inert" until potentized in the homœopathic way.

Cinchona officinalis (*China officinalis*). It was first proved by Hahnemann in 1790. He said that the first hint of the homœopathic *law of cure* dawned on his mind during his provings of this drug, when he induced great aggravations whilst taking it in the usual heavy dose of his time, so he tried so to reduce his dosage as to cure instead of getting merely these gross aggravations. Our remedy is obtained from the dried South American bark by *alcoholic extraction*, which embraces all the known and unknown alkaloids fully as elaborated by Nature.

The long-continued hæmorrhagic floodings which this remedy will cure are dark, sometimes with clots. The flooding is so great that the patient becomes bloodless with faintings, loss of sight, ringing in the ears, general coldness of the body. Here is a very strange *guiding symptom* for sure cures; the patient *wants to be fanned*. Thousands of people, in extremis, have murmured—"Fan me; Fan me" and perhaps you may once or twice have heard this homœopathic "key-note". Trust a "most peculiar" homœopathic symptom for indicating a truly correct remedy! Although the patient is icy-cold, *she wants to be fanned*. Her face is ghastly pale, pinched, shrunken, ringing in the ears, eyes sunken in the head; the eyes have dark blue circles surrounding them. Just try *Cinchona* (*China*) in these cases.

Nothing is more characteristic of this remedy than its extreme *sensitiveness to touch*. Even the hair feels sore, yet, in addition to this, one peculiar thing is that *hard pressure of the part, actually relieves*. This seems impossible, but it is true nevertheless. Headaches as if the skull would burst, intense throbbing of the head and carotids, face flushed, alternating with pallor. Longing for sour (acid) things; one hand is icy-cold the other warm.

Allopaths always use the alkaloid—*Quinine*—(one out of known Alkaloids) instead of the alcoholic extract of the whole bark, as we homœopaths do, but there is some danger in an alkaloid, as Sir (later, Lord) Leonard Rogers, the late Head of the British Indian Army Medical Corps, showed, when he tried to get the British Government to use the *whole plant extract*. He said that there were four good reasons, for the whole plant extract being used, viz. : (1) That the alcoholic extract was far more efficacious ; (2) That the alcoholic extract was far quicker ; (3) The extract was far cheaper ; (4) That this extract had no after ill effects as found in its *single salt—Quinine* ; but the British Government had its allopathic backers, who distrusted anything that smelled of Homœopathy.

Here is a little side testimony about the alkaloid—*Quinine*. In Dr. Charette's book, *What is Homœopathy*, page 28, you read that in Professor Gubler's Journal appears the following ; "for certain kinds of metrorrhagia (excessive womb bleedings) the use of Sulphate of *Quinine* is incontestable", and conclusive observations are there reported. Now, a short time later, Dr. Delthil, gave in the same Journal (*Revue Therapeutique*) the explanations of those healings, thus : "Women who put quinic alkaloids in bottles, and who thus inhale the finely divided dust, particles of such salts, become metrorrhagic, and lose the power to carry pregnancy to its final state." What a pity the allopaths do not learn their drugs aright.

Sabina. This was proved by Hahnemann, Gross, Herman, Hartmann and Stapf, in 1827 on both sexes. It is an evergreen shrub native of Southern Europe. It cures uterine hæmorrhage, with pain from sacrum to pubes ; menses too early, too profuse, too protracted, partly fluid, partly clotted ; in persons who menstruated very early in life ; pain in paroxysms, with colic and labourlike pains ; discharge of blood between periods, with some sexual excitement. Inflammation of ovaries, or uterus, after abortion, or premature labour. Leucorrhœa, consistency

of starch ; copious, milky, causing itching ; ropy and glairy from cervical canal ; with drawing pains in broad of back, through to pubes. MUSIC IS INTOLERABLE to these patients. Produces nervousness, which is cured thereby.

This remedy given to cows threatened with miscarriage at third month will generally stop the trouble if given in time. Give this to cows in the 3x or 6x, in a little water, and shoot it under the tongue, using a small syringe. This is most important to cattle men, who will otherwise have lost a whole year in producing a calf, not to name the loss in milk. I have used this myself on cows.

Sepia. This is the excretory liquid of the cuttle-fish (Mediterranean). Medicine made from the pure dry, genuine *Sepia*, and not from the artificial India Ink.

This was introduced by Hahnemann, thoroughly proved by him and his co-workers, on both sexes. Hering's *Guiding Symptoms* gives 68 pages to this important remedy, which we homœopaths could hardly practice without. It is most important. It cures cases presenting bearing down in the pelvic region, with dragging pains from the sacrum ; feelings of bearing down of all pelvic organs ; must cross her legs and "sit close" to keep something from coming out through the vagina, sense of fullness in pelvic organs, pressure down into anus ; weakness and want of tone in whole system ; yellow complexion ; with yellow saddle over the nose at menses ; sunken dark ringed eyes ; with relief from violent motion ; the menses are almost any combination, late and scanty, or early and scanty, or early and PROFUSE ; discoloration of the skin attending menses, are characteristic ; flow dark, menses preceded by aching in abdomen, and by colicky pains. Leucorrhœa is yellowish, turning green as it dries ; somewhat offensive ; may be milky ; patient always worse before menses and is accompanied by bearing down. Uterus itself is found to be enlarged and cervix indurated. Thus *Sepia* becomes a useful remedy in displacements, especially prolapsus and retroversion. Irritability of bladder and leucorrhœa, which

causes great itching. Sensation as if womb were clutched and suddenly released. Severe lumbo-sacral backaché. Epigastric goneness and heaviness. Chronic ovaritis, with dull, heavy pains; urine deposits a reddish clay sediment, which adheres to the vessel; urine is foetid, offensive, so strong it must be removed from the room. Flashes of heat, often seen with *Sepia*, start in the pelvic organs, from them spread over the body. Hands and feet are hot and cold alternately. Becomes indifferent to her occupation, her house, her family, or their comfort, even to those whom she loves best. This is a symptom peculiar to *Sepia* and a genuine "keynote". Remember, she is not well; she is an ill woman!

Thlaspi bursa pastoris (Shepherd's Purse). This has come to us from the old herbalists of England. The tincture is made from the *fresh* flowering plants (never at all from any wilted specimens, as the medicinal effect is lost in any wilted plant). This remedy was proved by Mac Farland, and McGeorge, with observations by Boenninghausen, Lippe and Hale, all very famous men, with references to Dr. Lange (see *British Journal of Homœopathy*, Vol. III, London, 1845). This article of Lange's is taken from a German journal dated 1844, which gives it a respectable date of usage, but this remedy has a history of many generations in the hands of herbalists.

Its menstruations are too frequent and too copious in a person of a relaxed constitution. I have used it frequently and successfully in severe uterine hæmorrhages, with colic and clots, debility, strength not recovered between periods. Of value in chlorosis after abortion, labour or miscarriage, and at the climacteric; and in cancer of the uterus. Menses protracted (8, 10 or 15 days); tardy in starting first day merely a "show", second day colic, vomiting, hæmorrhaging with large clots; each alternate period more profuse; hæmorrhage from uterine inertia; exhausting, scarcely recovers from one period before another begins. Leucorrhœa, bloody, dark, offensive, some days before, and after

menses. The old herbalists called this plant "St. James Wort". In France it was called "Fleur de St. Jacques". This remedy is said by Count Mattei, who told Lady Paget, to be the base of his "blue electricity", which was his choice for controlling all sorts of hæmorrhages, borne out by the testimony of my old German barber in London, who told me that his "boss" in Germany, who used to send him for medicinal botanical specimens, used to gather this plant for his "consumptive cases" to stop their spitting blood. So altogether we have the testimony of old English herbalists, and French and German, who all certify this plant as an anti-hæmorrhagic of old and great value for bleeding from anywhere in body.

—*Heal Thyself*, Aug. and Sept. 1951

THE HOMŒOPATHIC STATE FACULTY WEST BENGAL

At a meeting of the General Council held on 1-5-52 the following important **resolutions** regarding the recent decision of the Medical Council of India were passed :

1. This Council views with great disappointment the decision of the M. C. I. to the effect that there should exist only one system of medicine, in India, namely the modern system, with a minimum uniform standard as prescribed by M. C. I.
2. This Council strongly reiterates its demand for teaching Homœopathy during the undergraduate course either as a bicameral system in a common medical institution (as suggested by the President M. C. I.) or preferably in a completely separate Homœopathic medical institution.
3. This Council is strongly of opinion that Homœopathy is not a subject for post-graduate study for graduates in modern medicine. Homœopathy is not an extension of modern medicine but a supplantation of it.