

homeopathic prescribing. We also have provings by homeopathic physicians, and their own preparations of which Bennett's bacillinum was the first, and before Koch.

Urtica urens: (Diluted tincture externally for burns; internally low potencies.) Burns limited to the skin. Urticaria with burning heat, severe itching. Erythema. This remedy aids elimination, also in gout and rheumatism. Deficient lactation during puerperal period. Pruritus vulvae.

Ustilago maydis: (Tincture to 30c.) Relaxed condition of uterus, profuse hemorrhage after abortion or delivery; profuse lochia.

Variolinum: (6c. to 30c.) "Internal vaccination" in America. Preventive without customary vaccination.

Veratrum album: Abdominal symptoms with vomiting and diarrhea; sudden exhaustion with cold perspiration. Shock remedy.

Vipera berus: (12c. to 30c.) Like all snake poisons: Swelling of affected parts. Inflammation of veins and lymph vessels. In this remedy we find especially painful varices of legs, not tolerating hanging down which produces severe cramps, bursting pains and phlebotic symptoms. Bursting pains in affected parts and in carbuncles. Nerve paralysis in lower extremities extending upward. The skin is shed in large pieces.

—A. I. H. Journal, January, 1949.

THUJA

NOEL PUDDPHATT

I remember the late Dr. J. H. Clarke, M.D., saying to me a good many years ago—"You know my boy, in my early days as a homeopath, I used to prescribe *Sulphur* in cases where there were no definite symptoms on which one

could prescribe, hoping that *Sulphur* would either clear-up the case, or simplify it sufficiently, so that there was no mistaking the remedy that was required; but now *Thuja* has taken the place of *Sulphur*."

The late Dr. James Compton Burnett, M.D., wrote a brilliant little work entitled "Vaccinosis and its cure by *Thuja*". With *Thuja* alone Burnett accomplished some marvellous cures; and if anyone knew it inside out, and when and how to use it, it was Burnett.

This work which is worth its weight in gold, is unfortunately out of print.

As a very humble disciple of Burnett, and a great lover of *Thuja*, I should like to record three of my cases, where *Thuja* proved to be the trump card.

CASE No. I.

A married lady, aged 74, wrote to me from the Midlands and stated:

"I am awakened from sleep three to four times in the night by palpitation, always accompanied by flushed face, and sometimes headache coming up the back, also always accompanied by one or other of the following symptoms:

1. Coldness round the back ribs extending up to the armpits.
2. A feeling of tension over the whole body, particularly felt in the hands.
3. A coldness of both arms from finger-tips to elbows.
4. Sometimes as though a strain down the legs.
5. Sometimes a kind of internal trembling or shaking."

"Symptoms Nos. 1 and 2 are the most frequent. Within half-an-hour the symptoms have all passed off generally."

"The first awakening generally is after sleeping one to one-and-a-half hours. I have tested this as to whether digestion may be the cause, but it is not so, as my last meal at 6 P.M. is very light. During the day none of these symptoms appear. They definitely wake me from sleep."

"An increase of pulse rate during the day, only occur after a meal or exertion. One other symptom which only

occurred last week for the first time I must mention. At midnight I was awakened with very irregular and severe intermittency which lasted twenty-four hours, and has been followed by a quicker pulse rate during rest. This attack has not recurred; the only other time I get it, is after meals."

On receiving this information, I sent her my questionnaire, which I wanted her to answer. This was done, and a whole host of other symptoms, general, particular, and modalities were given; amongst which I ascertained, that she had been twice vaccinated many years ago, and also that she had a number of warts, mostly on the top of her back, and round her lower neck. She stated that some were, round, flat, black, and others on stems—as she put it.

Well, my friend, what is your verdict?

I sent her four weekly doses of *Thuja* 30, hoping it would clear the decks. It exceeded my expectations; for after taking the said four doses, this lady wrote and stated:

"In brief—the first dose produced an aggravation at first, but I was better and stronger during the week. The second dose produced much less aggravation and a steadier nerve power during the week. Since then all symptoms have disappeared, and I am feeling stronger physically and in nerve power. Thanking you very much, etc."

CASE NO. II.

A married lady, aged 68, called and saw me, and stated her case as follows:

1. Has a constant hissing noise in her head, worse right side, which she has had for about two years.
2. About a month ago had a sudden pain in her right knee, which shot upwards into her abdomen, went round the abdomen and ended in her chest.
3. Three months ago she was bitten in her right calf by a dog.
4. Suffers dull heavy headaches with pain shooting from temple to temple, for which she has taken much M. & B.

5. When 21 years old had diphtheria and typhoid.
6. Suffers from rheumatism, worse left knee—hands swell—better resting—worse movement—always worse in cold wet weather—better hot weather, hot applications.
7. Dry skin, does not perspire.
8. Tires easily and wants to lie down.
9. Vaccinated as a baby and again in 1900.
10. Had a crop of warts on the left side of her neck, which have all disappeared, except one very small one, which could be just seen.
11. Since taking M. & B., cannot touch eggs.
12. Very thirsty—desires cold drinks, which must be very cold.
13. Very fond of salt—uses a lot.
14. Dislikes fat.
15. Prefers to live in the country, but on high ground.
16. Gets out of breath in a wind.
17. Dislikes heights—gives her vertigo.
18. Can't stand tight clothes.
19. Recently her left eye has watered a good deal.
20. Very nervous—causes a sinking sensation in her stomach, and also constant desire to pass water.
21. Easily irritated.

I sent four weekly doses of *Thuja* 30.

After the four doses had been taken, she wrote and said she was much better, but she still suffered somewhat from the hissing in her head.

A further four doses of *Thuja* 30 were sent. One dose once a week.

After she had taken the last four doses, her husband wrote to me and said, she was well, and that she would let me know should she suffer a re-occurrence of her trouble.

I have not heard any further from this lady, so presume she is keeping quite well.

CASE No. III.

A lady, aged 62 (spinster), living in London, wrote to me and said:

"She had been recommended to write to me by a friend whom I had helped. I am supposed to have osteo-arthritis. I had some physiotherapy treatment and it improved, but they say they can't do any more, and that it will come and go. It has been rather coming recently. It is worse in my right knee, which is swollen and hurts on the inside, especially when I bend it. My left knee has a little as well, also my left thumb joint hurts. We are I'm afraid a 'rheumaticy' family."

I then wrote to this lady in order to ascertain further particulars. Her reply was gloriously vague, in fact, so vague, that I could not button her down to any definite symptoms or modalities; and her hand-writing was appalling; all I could find out was:

1. That her pains were definitely localized in her knees and left thumb joint.

2. She could not stand heat.

On this I sent her *Sulphur 6*, to be taken three times a day between meals. I thought, that if it did not do any good, it would not do any harm!

After taking the *Sulphur 6*, she wrote and said, her right knee was better; less pain, and that it had been better these last two to three weeks than for months.

The left knee and left thumb joint stayed put. On the whole the *Sulphur 6* was a flop.

I then wrote and asked if she had been vaccinated, and if so how many times.

When I received her reply, I said to myself: "My boy, you're an idiot—why on earth didn't you find this out at the beginning?"

She stated in her reply that she had been vaccinated six times, and the details she gave were:

1. Vaccinated as a baby.

2. Again when 16. Took well. Arm swollen. High temperature. Bed.

3. In the 1914-18 war.

4. In 1944 (England). Just took.

5. 1945 (Egypt). Just took.

6. 1948 (England). Took well.

On the strength of this further information, which through my negligence, I failed to obtain at first, I sent her four weekly doses of *Thuja* 30.

After she had taken four doses, she stated in her letter: "I have finished the last lot of pellets (3 a week) and at the moment both my knees and thumb are better; but I have had pain in the thumb, and in both knees twinges still happen; but these last four days, I have quite forgotten I have either knees or thumb."

I sent a further four doses of *Thuja* 30, three pills once a week. In due course I received a further report which said: "I have taken your last lot of pellets, three once a week at bedtime. I waited until I had finished the lot before writing. I think you are a wonder. I hardly ever feel my knees or thumb, so now I consider I can count myself cured."

Whatever labels we care to attach to these cases, the fact remains that *Thuja* cured the lot, and I think we can justly conclude, that the underlying cause in each case was Chronic Vaccinosis.

Make a friend of *Thuja*, dear reader.

Without "The Tree of Life" we would be helpless in a very large number of cases, both chronic and acute, which sometimes by their superficial symptoms would appear to indicate other remedies, which when given would have no result, until *Thuja* roots-out the deep vaccinal taint.

In these days, when it is practically impossible to leave this country, especially by air, without being vaccinated and inoculated against everything under the sun, *Thuja* should be in very great demand.

—Heal Thyself, September, 1949.