

of man, that it finally succeeded in practically wiping out (especially in the U.S.) the chance of the only real curative medicine known, and instead promoting commercial drugging more deadly and costly than hitherto known. Should any man or group of men be allowed to raise a hand to prevent the universal use of this great Law of Nature which cures all curable diseases of man or beast, gently, safely, surely ?

Should not every man be proud to do all in his power to speed the day when all sick people will and can share the blessings of this wonderful Law of Nature—God's Law ?

If the story of this little girl's sickness and death should be instrumental in rolling back the prevailing iron curtain of orthodox medicine to let in the blessings of true, scientific, curative medicine—Homœopathy—then her life will not have been sacrificed in vain.

—*The Layman Speaks, Feb., '57*

NUX VOMICA

DR. W. L. BALFOUR

I think St. Paul, that wonderful little man, was obviously NUX VOMICA. Proud, full of burning zeal, impatient and capable of flaring up even in his latter years, how he would have responded to this remedy. If it is true that he suffered with a painful Trachoma which disfigured his appearance he might have been cured by NUX VOMICA. The constitutional remedy can cure almost anything in the patient.

I remember a doctor in hospital, small and pugnacious, who needed NUX VOMICA very badly, but I only knew it then as a species of tonic. He always carried a chip on his shoulder and woe betide the outpatient who ventured to argue. The saliva would gather on his lips like foam.

A number of textbooks say that NUX VOMICA is a tremendous worker, which is certainly often true. They also say that he can seek relief from strain and worry in alcohol and tobacco, loves rich feeding and places like night clubs full of glamorous damsels. One American homœopathic journal called NUX the chartered accountant's remedy. I have a number of accountants and financial experts as patients and they are all devout men who neither smoke nor drink! NUX may well help the worry of some business men but there are far better remedies than it for the anxieties of today.

A Typical Case

A patient of mine, who had a hotel, was NUX right down to his toes. When well over 80, he would bound out of his bed each morning at 5 o'clock and not return there till midnight. His energy was inexhaustible, which the elastic coats of his arteries were not, but a dose of NUX VOMICA once a month did wonders for him. He was not irritable, which NUX is said to be.

Two other patients did perfectly on NUX. One was a business man whose sight was going through atrophy of the Optic nerve. His family were all adherents of homœopathy and his understandably anxious wife 'phoned me immediately after the oculist's verdict, asking if anything could be done. Three months of homœopathy arrested and then improved his sight which returned to normal. He was an even, placid man, the opposite of the textbook NUX. The cure has held good for four years.

I remember a fragile little woman, with dove's eyes, gentle of voice and demeanour, who seemed to be the very antithesis of NUX. I have no doubt she was chilled steel inside as her laugh had not a vestige of mirth in it. I am sure she could have taken the chair at any meeting and kept absolute order. Her raised blood pressure and giddiness always responded to NUX. Incidentally, NUX can be as tidy as ARSENICUM, and not a thing was out of place in her house.

Use as an Antidote

NUX VOMICA will benefit a good number of people once, because it antidotes a lot of the medicines which they have been

getting, but it won't continue to help them unless it is their remedy. An asthma patient may think he is cured because for ten days after leading off with NUX he is free from all difficulty in breathing. Unless he is NUX, he hasn't begun to be cured. How often we are begged to "give me the medicine which helped me so much", and how difficult it is to get the patient to believe that it will not work again, because its use is strictly limited.

Although NUX is often a good general antidote, there is no use in giving it wholesale to each new patient, because it may upset some. The Americans say it is a good medicine to give "when you have balled up your case", which is the phrase used by the writer of the article I read.

A man came to me for severe and chronic sciatica. He appeared to be a SULPHUR patient, but I determined to clear the ground of previous remedies. I gave him three powders of NUX VOMICA 200. Immediately after taking the first one, he rolled about on his study floor for twenty minutes groaning with the severity of the pain, which then fled away and has stayed away for years, as far as I know. The powders were credited with such ferocity that he had a frightened respect for homœopathy ever after. I need hardly say that he never touched the other two powders.

I have said that NUX will benefit a number of people once. My father was a lifetime martyr to constipation, which his constitutional remedy LYCOPODIUM could not cure. It is my experience that when an old person is LYCOPODIUM, it does not work too well. It may be that people in their eighties do not have sufficient vitality, but that is my experience. I gave him six doses of NUX VOMICA 3, and a miracle happened and continued to astonish and delight us for the next six months. Then the miracle stopped and NUX never again helped him.

Digestive Upsets

NUX of course, cures many digestive and bowel upsets and I often give some to patients who are going abroad for their holidays, where the food differs so much from what they are accustomed to in this country. I believe that there was a

chemist in London who did a thriving trade in his own special mixture for "the morning after". I need hardly say that NUX was one of the main ingredients. How I wish I had known of the virtues of homœopathic NUX VOMICA, when I was in a ship where the Captain, long since dead, suffered from a "head".

An Irish terrier, aristocratic in appearance and manners, had only two faults. He *would* roll on dead seagulls and drink bog water. One day, when he had drunk heartily of his favourite brew, he lay half comatose, his bowels sounding like a harp. One dose of NUX made him bestir himself and eat his neglected dinner. Thinking to gild the lily, I gave him a second dose and he promptly ate the other dog's dinner, an unheard of procedure.

NUX VOMICA is a very chilly medicine and ought to be useful in certain colds. It certainly helps some cases of influenza. I know it is a chilly remedy, because an arctic coldness spreads over me when I take it.

The books all say that NUX is very useful when the patient wants to vomit, but cannot. I grieve to say that this statement has let me down badly each time I have given NUX on the strength of it. I remember one lady whose attempts to be sick used to frighten the neighbours. She told me that her unsuccessful efforts could be heard at the end of their road, and it was true.

NUX will cure that type of constipation wherein the bowel makes feeble attempts, but it is useless in the lifeless variety, where the colon is completely inactive. It will also cure one type of diarrhœa, where there is internal peace for a time after a bowel movement. Of course, it will cure many things if the patient's constitutional remedy is NUX, e.g., migraine, duodenal ulcer, etc.

Advice by Professor Kent

One American homœopath had given LYCOPODIUM to a "prover", a patient who was exceedingly sensitive to the action of homœopathic medicines. The unfortunate lady—provers are often, but by no means always women—went on developing symptom after symptom of LYCOPODIUM, so in alarm he wrote to the famous Professor Kent, one of the greatest homœopaths

who ever lived since Hahnemann. Kent wired to give NUX 30 every ten days. I have a number of very sensitive patients who react violently to potencies above 3x, and I remember thinking that not one of these would have taken a second dose of the 30th !

One patient, a prover of the provers, got a dose of NUX very low. At the next meal, she ate everything in sight and then looked round for more. The moral is that if any lady is unduly sensitive to homœopathic medicines, she should keep clear of NUX VOMICA if she values her waistline !

—*Homœopathy, Dec., '56*

HOMŒOPATHY AND HER LIMITATIONS IN THE TREATMENT OF DISEASES

BHUMANANDA, SRI AUROBINDO ASHRAM, PONDICHERRY

Introduction

This is a move in the right direction ; knowledge of limitations leads to rectification. Homœopathic treatment must be free from all possible defects so that it may be universally accepted and the dream of Hahnemann may be realised : "A day will come when the world will accept Homœopathy as a boon from God and derive benefit from it, but I shall not be here to see that day"—(Hahnemann).

The principle of homœopathy existed eternally. There were unconscious homœopathic cures. "The same substances which cause painful urination, cough.....will cure these diseases." —(Hippocrates). Hahnemann rediscovered, systematised and developed Homœopathy.

Fully conscious of his own efficiency, which was in no way inferior to that of others, Hahnemann had been disgusted with