These three said they had "rheumatism" but I would say John had the *Natrum muriaticum* disease, Elizabeth had the *Calcarea carbonica* disease and Jane had the *Pulsatilla* disease—what is your opinion?

-Health & You, Jan., '58

## CLINICAL VERIFICATIONS OF LESS WELL KNOWN REMEDIES

DR. EDWARD C. WHITMONT, M.D.

Mrs. E. G., aged 43. Pain, right side of chest, lower part. It occurs upon deep breathing and in a certain stooping posture of the chest. Some uncharacteristic cough with expectoration. Temperature subfebrile. Heart rate very irregular and rapid; an old rheumatic heart condition seems aggravated. After failure of the routinely prescribed medicines, an X-ray examination of the chest revealed extensive thickening of the bronchial branches as well as of the interstitial markings of both bases. Diagnosis: virus pneumonitis. *Beryllium* 200. cleared the condition in a few days.

Beryllium has been known to cause pulmonary fibrositis and acute pneumonitis in industrial workers exposed to it. In the absence of distinguishing modalities the drug was given in this case with satisfactory results on the basis of the clinical diagnosis.

Mrs. D. S., aged 47. Bronchial asthma for 25 years. Some amount of wheezing every morning. Severe attacks usually in the winter. Worse morning upon waking, worse winter, motion, snowy air, rain or fog. Concomitants: itching, oozing eczema of hands, worse washing. Patient is constipated, impatient,

irritable, with excessive perspiration, and tends to uncover feet. Apparently a typical *Sulfur* case. Yet *Sulfur* elicited no response. *Hedera helix* 200. to 1m, over a period of nine months, cleared her condition including the eczema.

Mr. L. R. was seen after having received Achromycin by his local physician for an acute feverish condition. Now he is jaundiced with an orange tint, feels exhausted, weak, thirsty, irritable, lack of appetite, better from eating. Evidently we have an acute liver damage from the antibiotic. *Phosphorus* 30. unavailing. *Hedera helix* 200. and, two weeks later, lm brought about a complete cure.

Hedera helix, common ivy, contains a relatively high amount of iodine and is comparable in its pathogenesis to Iodum, Kali Iodatum or Spongia. Its main directions are upon the mucous membranes, particularly of the respiratory tract, the biliary system as well as the function of the thyroid gland, heart and the joints. Its modalities are worse warmth, better coldness and cold bathing, better open air, better eating (particularly in respect to the digestive complaints), direction from left to right (like Lachesis), general weakness and tiredness, better open air.

Its main indications are the scrophulous constitutional states (swellings of glands, inflammations, catarrhs, colds), bronchial asthma, cardiac conditions (coronary diseases, myocarditis similar to *Spongia*), hyper- as well as hypothyroidism, chronic arthritis, to arthritis, liver and gallbladder diseases whenever indicated by the above modalities.

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