

## OUR EXPANDING HOMŒOPATHIC PHILOSOPHY

DR. A. H. GRIMMER, M.D., CHICAGO

As new truths are discovered and new concepts of disease causation are evolved from a new array of proven facts, we turn to the cardinal principles of homœopathics to note what consistency exists between the new found claims and the often proved doctrine, for all facets of the truth are consistent and complementary. Homœopathics deal with man and his parts in sickness and in health, his nature, his attributes and his reactions to the stimulants of environment.

It seeks to know the causes of his ailments and the remedies that can prevent or cure them. Homœopathy teaches that man has an internal force or vehicle that activates his external body and that he lives on planes expressed by his emotional, rational and spiritual drives, coincidental with his physical existence.

We have learned that man is born into the world with weaknesses and a predisposition to certain types of constitutional sickness transmitted from his progenitors who transgressed the laws of creation and left a heritage of imperfection and weakness to be expressed in sin and suffering in the children. Holy writ tells us that the sins of the fathers are visited upon the children unto the third and fourth generation. Thus, one of the cardinal features of homœopathic philosophy is verified by the Word itself.

Late advances in the science of physics explain why and how the homœopathic potencies (small doses) can produce the astounding results in cure noted by so many able prescribers. We are told by the savants of physics that matter and energy are interchangeable under varying conditions and that both are characterized by their specific rates of vibration; in fine all matter from its crudest to its finest form and expression is vibratory in nature.

Energy or force of all kinds is matter transformed to higher rates of vibration.

Homœopathic potencies consist of matter raised to extremely high rates of vibration simulating the quality and vibratory rate of the life force that animates the human body. These forces are not only vibratory but they have directional flow or polarity also.

Polarity is the determining factor or cause of all the affinities and repulsions in the whole realm of nature. The cohesive properties of matter, chemical affinities, and the gravitational pull between the heavenly bodies are all expressions of polarity.

Thus we see that the finest grain of sand made up primarily of tiny electrons and the mightiest sun whirling in space are both governed by the same mysterious but mighty inexorable force, that force emanating from God whose guiding omnipotent intelligence holds and binds the fabric of the cosmos in perfect unity and order.

This universal law of electromagnetic polarity performs an important role in homœopathics. The remedies of our *Materia Medica* are classified into four groups according to their polarity, viz. ; negative, positive, neutral and bi-polar, and the blood of all patients will come in one of these four groups.

An individual whose blood test is negative with an intensity measuring .12 ohm in electrical resistance will be found to be at least in approximately good health, or one under the influence of the similimum will give the normal negative polarity reading as long as the remedy continues to act.

The similimum will restore all abnormal polarities to the normal with an abatement of all adverse symptoms and improved health in the whole clinical picture as long as the remedy holds and acts.

The selection of remedies for the sick with the aid of the Polarimeter has been verified by a number of good prescribers.

When the polarity of the patient is known, the search for the similimum is then reduced to one fourth of the

remedies of the *Materia Medica*, because the similimum can only be found in that polarity group demanded by the polarity of the patient's blood.

The observations herein stated have been confirmed in many thousands of cases over a period of more than thirty years and substantiated by a number of homœopathic physicians.

When the patient has been on the indicated remedy for some time and symptoms are changing, old ones returning and new states and symptoms coming up, with perhaps some sharp aggravations annoying both to the patient and doctor, it is most assuring to the doctor and his patient to ascertain by a quick, simple test of the patient's polarity to know whether or not the remedy is still working curatively.

If the polarity registers .12 ohms negative, the remedy is holding and working and must not be interfered with. If the polarity has gone back to what it was when the last remedy was given, then the same remedy or one of its analogues will come in over the patient's blood. The remedy that restores the polarity again to normal reading, negative .12 ohms of electrical resistance is the similimum. If the polarity has changed, then a remedy belonging to the changed polarity group must be selected and given. In this way the best complementary remedy can be found in any given case.

In these times of constant drug abuses and of food, air and water contamination with chemical poisoning and processing, remedies are frequently antidoted and the curative rhythm in the patient's vital processes broken and changed, requiring a suitable remedy to meet the changed polarity and changed body chemistry. The ever changing blood chemistry of the patient is directly under the influence of the patient's polarity state. As long as the blood registers .12 ohms of electrical resistance negative, the blood chemistry will perform its many important functions normally and efficiently.

This new aspect of the blood, synchronizing so perfectly with our special philosophy of homœopathics, lends an added bit of power and certainty to the great realm of healing. From the statements made concerning the importance of the polarity of the blood, I trust it will not be construed that I advocate the substitution of this relatively new method of remedy finding for the tried and true concepts and principles established by Hahnemann and so richly expanded by the many master prescribers and teachers of our glorious science and art that followed him so staunchly and well.

Because I wish to stress the fact that, unless one is deeply and completely versed and indoctrinated in the homœopathic philosophy and assiduously and unremittingly studies the great, constantly expanding *Materia Medica*, he will attain but little satisfaction in terms of cure.

To make a success in prescribing with this new adjunct one must be so completely trained in homœopathic philosophy that he may never lose sight of the patient as the one, all-important objective in every case of illness.

First and foremost, the careful, painstaking work of taking the case history is the most essential factor in successful prescribing. Dr. H. C. Allen once remarked that a case well taken constitutes three-fourths of the work in finding the indicated remedy. In the eyes of the master homœopath, it does more than aid in the selection of the needed remedy; it is a constant and reliable index of the patient's progress toward health in the unfoldment and evolution of the symptoms as they appear and leave, because the complete story of a successful homœopathic prescription is recorded in the recovery process.

As the title of this paper implies, homœopathic philosophy is an expanding philosophy and capable of receiving new additions of truth as long as they are compatible with and complementary to the basic principles of the doctrine.

Because the law of magnetic polarity is consistent with the law of cure and its working confirms so much of known

homœopathic philosophy is the reason for bringing to the attention of the homœopathic profession this treatise on facts for their consideration and constructive criticism. Whatever your decision, singly or as a group, this important subject is with us to accept or reject as our reason may direct.

Personally, I feel it is a great asset for the success of our cause because vast experience has proved it to be of inestimable value in finding the needed remedy, especially in different cases presenting a paucity of therapeutic symptoms or those cases burdened with pathologic tissue changes and with only common and diagnostic symptoms to prescribe on. The late and illustrious Dr. Guy Beckley Stearns was an enthusiastic advocate of this concept of prescribing, which he described in a masterly scientific paper entitled *The Approach to Reality*.

No matter how much of worth we possess in our wondrous homœopathic methods and principles of cure, we still should be receptive to all additional aids for the purpose of cure as long as these new adjuncts do not conflict with our proven laws and procedures, and as long as they prove valuable with the test of time and by the results in cure that are achieved.

The question often occurs to many: How can the homœopathic remedy eradicate the inherited toxins of disease? The answer is simple when we consider the mode by which all traits and characteristics, including chronic miasms, are transmitted from generation to generation.

The microscopic groups of molecules known as genes are one of the marvels of creation, for in those tiny bundles are packed the individualized characteristics and traits and the physical appearance of the species, race, and individual that are transmitted through time and eternity unchanged and incapable of being changed, except by powerful radiant energy forces affecting the genes and bringing about a state of mutation which breaks the fixed chain and pattern

of inheritance and produces individuals differing from their species and progenitors.

The homœopathic potency is the only force adaptable enough to the nature and smallness of these microscopic bodies to influence their action by eradicating the inherited toxins that tend to inhibit their harmonious activity. In other words, the homœopathic potency produces a mild form of mutation which dissipates the toxins of inherited disease, resulting in the production of a more perfected individual.

Because the homœopathic potency can harmonize all vital processes, including the activity and function of the genes, is reason enough to conclude that this same subtle but potent force does eradicate inherited constitutional diseases from the individual and the race when intelligently applied.

From the days of Hahnemann to the present time, master prescribers have stressed the importance of mental and emotional symptoms as being most valuable for the selection of the needed remedy to effect the cure.

Today psychosomatic medicine tells us how frustrations and fears, anger and hatred form the etiological background for most of the chronic disease such as cancer and crippling arthritis now affecting the race.

When an individual becomes normalized by the homœopathic cure, the deeper side of his being, the will and the understanding or the rational mind, is balanced ; then the man begins to control his desires and emotions and becomes more the master of his destiny and his environment.

With the change in the mental and moral sphere, his physical health improves with a high degree of resistance to acute maladies of all kinds. He regulates his life habits and appetites, avoids deleterious foods and drink, becomes temperate in all things, takes adequate exercise and sufficient rest, supplies his blood stream with abundance of fresh air. Finally, he cultivates an atmosphere of cheerfulness and a sense of humor, all of which enables him to

meet every challenge besetting life's highways wherever we turn in these fate-packed times. Such is the transition from constitutional weakness and suffering to homœopathic health and comfort.

Much concern is expressed in the world today over the atomic explosions now being produced for experimental purposes by the United States and Russia and great fears are engendered by the possible prospects of an atomic war.

The wide-spread devastating destruction such a war would bring might well be surpassed by a universal annihilating radiation completely destroying all animal life on the planet.

No remedy of proven value has been given the world for radiation sickness by our old school-colleagues. It is well to remind our homœopathic doctors that our potencies of *Phosphorus* provide the best antidote for radiation sickness yet discovered.

We are told that though Geiger counters all through the midwest, even around the neighbourhood of Chicago, continue to register increasing amounts of radiation dust, we need have no fears as the amounts are far too light to affect one anymore than a radium dial watch could. Some of us saw some very sick patients whose illnesses were caused from wearing radium dial watches when they were more popular than they are now. By discarding the watches and taking a potency of *Phosphorus* their health was restored. Here is a situation where homœopathic science could easily prove its superior worth.

Perhaps the most outstanding feature of homœopathic therapeutics is its efficacy in the realm of disease prevention. Not only acute epidemic diseases like polio but all types of chronic sicknesses are inhibited and prevented by careful and really scientific homœopathic prescribing.

The application of the homœopathic remedy to the ills and needs of the growing child has most far-reaching and beneficial results in the child's growth and development, enabling it to attain a normal, healthy and happy maturity

with an unusual power of resistance to all sick-making forces in its environment. More wonderful still, the magic impact of the similimum will dissipate the inherited toxins of disharmony that affect all mankind everywhere, even as the sunshine dissipates the frozen waste of snow and leaves a verdant garden growing in its place.

A life force freed of the toxins engendered by inherited ills can and does build into the human economy only normal blood chemistry and normal tissue cells. Into such a constitution and body there is no room for the pathologic changes and end results of cancer, arthritis, diabetes, organic kidney and heart disease to develop. Morbid fears, frustrations, complexes and emotional instability can be greatly modified, if not entirely eradicated by this potent gift of Divine Power, the similimum.

We need but the faith, the energy and the intelligence to find and properly apply it; then all ills are curable under God.

—*Journal of the Am. Inst. of Homœopathy, Sept. '55*

### MASTERKEY TO HOMŒOPATHIC MATERIA MEDICA

By DR. K. C. BHANJA, B.A., H.M.D.

It is a lively piece of writing graphically and gracefully depicting drug-pictures of the leading remedies in an entirely novel plan. Its value to all prescribers as a book for artful study and constant reference is something undreamt of in the world of Homœopathy, where it has already made a noise. A Tamil edition of the work has recently been published by the *Homœopathy House*, Madras. The book is also selling in Great Britain, wherefrom many unsolicited testimonials have poured in.

Lino-printing with variegated types. Cloth-bound; excellent get-up. Price: Rs. 12/- only.

To be had of all the principal Homœ. book-sellers in Calcutta.