

A HOMŒOPATH'S ANSWER TO A PUZZLING HEADACHE

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On May 18, 1956, Mr. Thomas L. of West Hartford, Connecticut, entered my office with the following complaints as copied verbatim from his record card :

Headache—wakes out of a sound sleep from about 12:15 A.M. to 2:15 A.M. Then at 5:00 A.M. to 5:40 A.M. Tried aspirin with no > .

Corner of left eye as if someone digging it out. When over, eye and nostril will run water. Next day whole side of head sore, can hardly comb hair.

<by heat.

> pressure on supraorbital nerve=temple then touches both sides.

Comes on fast. Gets burning feeling in left nostril.

Can't talk. 2 to 5 times nauseated and vomiting.

Patient given remedy. Told to fill out American Foundation for Homœopathy's *How to Report by Mail* and return. Below is report filled out :

Have been to Pratt's Clinic in Boston a year ago last October, and spent from Monday through Saturday going through all sorts of tests. They even had me up before 125 doctors one day while I was there and they came to the conclusion that I had a pinched nerve over the left eye and they recommended that I stay there and have an operation. They wanted to cut me alongside of the temple and go in up over the left eye and cut this pinched nerve ; then tie it, and naturally sew me back up again. But I insisted on coming home and they sent my history back to my doctor in Hartford, and after they checked my history and me, they informed me that I must have an allergy. So they instructed me to go up and see this allergy specialist, which I did. He gave me a series of tests for allergies and he informed me that I was very allergic to caffeine, such as

coffee, Coca-Cola, etc. Also I had a slight allergy around dogs and a slight sinus condition over my left eye. So to date, I have eliminated anything that contains caffeine, but I still return to the doctor once a month for two shots. I started doctoring with this allergy specialist a year ago last October. After I started going to him I only had two slight headaches, then the headaches disappeared, but they reoccurred again just as bad as they previously were, so I have been having headaches now for the past five or six weeks, practically every night, from one to three headaches. Once in a great while I will have a good night's sleep without being bothered with any headache at all. When I get these headaches, my left eye will run water to beat the band and also my left nostril will drip water. When the headache disappears my left eye becomes very itchy.

1. Have had headaches for a period of five years on left side of face and over left eye.
2. Get several colds during winter and the only injury was an abscess of the lung from an old football injury that happened over thirty years ago. Have had lungs X-rayed several times since but they were found to be in perfect shape.
3. Have been taking shots for headaches.
4. I like people, like to talk with people, and I am not nervous.
5. I do not have a craving for anything. I drink a lot of water and a few cocktails.
6. Always have headache over left eye and over left side of face.
7. Nostril on left side starts to burn before the final headache starts over the left eyeball. It continues from left eyeball to temple and the whole left side of the face aches. The aching will last from fifteen minutes to two hours, then it disappears faster than it starts, but then leaves the whole left side of my head very sore and numb for the next five or six hours.
8. Headaches always start after I am in bed an hour to an hour and a half. They wake me up out of a sound

sleep and I definitely have to get up and sit in a chair and just sweat it out until it leaves. Once in a great while I will get a headache in the evening an hour to three hours before I go to bed. Furthermore, these headaches come on any time during the year regardless of weather conditions. As far as getting relief, once they start all I ever take is three aspirins and just sit there hoping for relief.

9. All sorts of weather bring on my headaches.
10. Rarely get them in daytime; always at night time after retirement. Sometimes as many as three in one night.
11. Do not have any warts; but have quite a few small moles.
12. None.
13. None.
14. Very good and regular. [bowels?]
15. Have never had any diseases and have always been in good health.
16. Perspire very rapidly in the heat, and cold weather never bothers me. Even though I perspire quite rapidly in hot weather, it never weakens me.

On May 21, 1956, the following symptoms were elicited: headache < by least motion; by talking. Must sit quiet. Doesn't want to be bothered.

Was given placebo, two pills every two hours, while I let the CM potency ride. To this day, October 8, 1956, he has had no recurrence.

His remedy: *Spigelia* CM. The high potencies are a fact. After this, who can deny their beneficent action?

Prior to homœopathic treatment he paid out around \$4,000.00 for studies and treatment. His cure by Homœopathy cost him \$9.00.

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