

PEOPLE OF THE MATERIA MEDICA WORLD CALCAREA-PHOSPHORICA

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Adapted and Arranged by Mollie Ray Carroll

You remember the wedding of Mr. Phosphorus and Miss Calcarea, and you know that a little child came to bless their home. Now grown tall and slim, like his father, Calcarea-Phosphorica has the light brown hair and the fair complexion of both his parents.

His mother's own child in most respects, he rather outdid her, as a baby, in his slowness to develop. His large open fontanelles were like hers, but unlike hers, they reopened after closing. The bones of his skull were soft and thin. Although he was small and emaciated as an infant, he had bowed legs like his mother's; but she had been a big, fat baby. Like her, he had a decided curvature of the spine.

Although they would bend easily, Calcarea-Phosphorica's bones would also break and it seemed as though the fractures would never heal. He was slow in teething and his teeth had difficulty in coming through. Nevertheless, they decayed rapidly, just as his mother's and his father's had.

As a youngster, he was peevish, fretful, stupid, forgetful—just like his mother. He never could endure trouble, disappointment or vexation. They actually made him sick. In this trait he resembled his crusty old bachelor uncle, Phos.-Acid., who had been lazy and good for nothing ever since he had been disappointed in love in his youth. Like his uncle, Calcarea-Phosphorica is indolent and never wants to do what he should do. Perhaps, however, he takes after his mother in this, for she is fat and lazy, too.

One would suppose that a stupid fellow like Calcarea-Phosphorica never would have brain-fag; but he does. Perhaps he inherits this characteristic from his brilliant father, who is clever, from long schooling in the pressures of city life.

Calcarea-Phosphorica tends to be hungry at four o'clock in the afternoon, when he usually craves salt meat or potatoes. Dainties, like fruit or ice-cream, give him colic or induce vomiting or diarrhoea. Yet both his parents dislike meat, while they are fond of ice cream and experience no ill effects from it.

Calcarea-Phosphorica, again like his mother, has pressing pains in his forehead, but they are not as severe nor as stupefying as hers. Unlike his parents, he finds relief from headache through mental activity, unless he gets to thinking about his headache and so makes it worse.

Calcarea-Phosphorica's tongue feels numb. His abdominal wall, his sacrum, his arms, his buttocks, his back and his lower limbs, all feel so numb, that he complains of their going to sleep. This discomfort he inherits from his father, whose particular form of paralysis makes him feel numb. Received from both sides of the house, but especially from his mother, are Calcarea-Phosphorica's burning pains, in his stomach, his abdomen and his anus; also in his urethra, during and after urination. Like his mother, he is scrofulous and gouty. Even his childhood rachitis was handed down from her. From her, too, he inherits his corneal ulcers, his chronic catarrh and his eczema; while he gets his readily bleeding polypi from both parents.

Calcarea-Phosphorica is full of rheumatism. His neck is stiff from rheumatic pains. His lumbago is worse when he moves about. He suffers from rheumatic pains in his upper arm, his nates, his lower limbs and his joints. All this pain is aggravated if he gets wet or if the weather is cold and stormy. Perhaps it is the changeableness of the weather that brings on his rheumatism in the fall, to last until spring. At any rate, like his mother, he doesn't like melting snows and east wind. But then, how could he possibly escape having rheumatism, born, as he was, of such sycotic parents?

The rheumatism is usually accompanied by a fistula in the anus. His sore, protruding piles ache and itch. They ooze yellow fluid and they bleed. In this, too, he is like his parents, for both his father and his mother are troubled with protruding, freely bleeding hemorrhoids.

Calcarea-Phosphorica is sleepy during the daytime; but,

before midnight, vivid dreams disturb his sleep. He starts up in fright, or he cries out in his sleep. Then he can't wake up in the morning, and his mother can't understand why he sleeps so late. Yet she, herself, gets sleepy during the day for she can't sleep after three o'clock in the morning. His father does understand, however, for his own vivid dreams make his sleep so restless that he feels sleepy all day long.

—*The Layman Speaks, Feb., '59*

SIMILIA SIMILIBUS

The American monthly magazine, *Nutrition Reviews*, dealt in its numbers of May and June, 1958, with the experiments which were carried out to determine the nature of a so far unknown substance, called "factor 3". A substance which is able to prevent or to restore the pathological changes which are caused by the lack of Vitamin E.

In the course of these investigations it became evident that factor 3 appears to be identical with the element selenium. Previous experiments revealed that chronic selenium poisoning in rats leads to severe anæmia and the liver becomes atrophic, necrotic and cirrhotic to a varying degree. This change also occurs through lack of factor 3 and the reviewer, puzzled by these findings, cries out and says: "One is left wondering about an element that can be at one time cause and at another prevention of the same lesion."

Never heard of that guy Hahnemann, eh?

These experiments will make it necessary to start anew with extensive provings of *Selenium*, a great remedy, much too seldom remembered.

K.K.

—*The British Homœopathic Journal, April, '59*