

MATERIA MEDICA AND THERAPEUTIC NOTES*

HAY FEVER REMEDIES: Ars., Aralia, Arum tri., EUPHRASIA, Kali iod., Naphthal. Nat. mur., Sabadilla, Sanguinaria nit., Sticta.

ILL-EFFECTS OF EXTREME HEAT OR HOT WEATHER: Bella-donna, Gelsemium, Nat. carb.

SUNSTROKE: Bell. Glonoin, Lachesis, Nat. carb.

X-RAY BURNS: "Fluoric acid is practically a specific." (Farrington).

"Let us think of Aconite and Bryonia from exposure to dry cold; Colchicum and Dulcamara from exposure to cool damp air; Rhododendron aggravated from the approach of, or, during a thunderstorm; Hepar sulphur, Psorinum and Tuberculinum from cold, whether it be dry or damp." H. A. Roberts "Remedies which are relieved by cool or cold applications: Puls., Ledum, Thuja." H. A. Roberts, M.D. "Remedies which the Old School call 'Vaccines.' homœopathists call 'Nosodes'." John H. Clarke, M.D. "In rheumatic or arthritic conditions where Rhus seems indicated but fails to entirely clear up the condition, and the symptoms drag along, think of Calcarea carbonica, for it is the chronic type of Rhus patient, and has many symptoms that at first glance we attribute to Rhus; but a closer analysis will show symptoms that Rhus does not have. (H. A. Roberts, M.D.)

SOME REMEDIES USED IN BACKACHE:

Backache due to gynecological conditions: Natrum mur., Sepia.

Backache due to G. U. conditions: Berberis v., Canth., Cyclamen, Cuprum. Nux v., Sars. Verb.

Backache due to general abdominal conditions:

Acute inflammatory: Acon., Bell., Rhus t.

Liver disease: Chel., Lyc., Mag. mur., Nat. c., Tarax.

Gastritis: Cina, Cocc.

Rectal disease: Nux v., Phos.

* From the Announcement Circular of the 100th Anniversary Meeting of The Ohio State Homeopathic Medical Society held on May 21, 1964.

Backache associated with heart disease: Arn., Aspar., Kalina,
Lachesis, Prunus spin.

Backache associated with Lung and Pleural disease: Carbo an.,
Phos., Stan. i.

Backache associated with constitutional disease:

Neuralgias: Dulc., Grat., Tong.

Myalgias: Mag. carb.

Backache associated with Spinal Disease: Mez., Hepar, Nat. mur.,
Dros., Alum. Ang., Asaf., Cann. i., Con., Mag. c., Oxal. ac.,
Phos., Stan. i., Zincum.

EARLY MORNING DIARRHOEA:

Aloe: Stools HURRIED; involuntary, mucus, gelatinous masses,
much rumbling.

Bryonia: As patient begins to move about. After vegetables,
stoned fruits or overheating in hot weather.

Dioscorea: With griping, colicky pains that radiate to other parts
of body, better bending forward.

Kali bich. : Sudden urging, then gushing, watery stool, then burn-
ing and tenesmus. Can hardly reach the closet (Aloe).

Lilium tigrinum: When coupled with prolapsus uteri, ovarian or
cardiac symptoms.

Nux vomica: After breakfast.

Natrum sulph. : After being up and about, or after breakfast;
forcible and noisy; small stools expelled with much flatus, which
does not relieve. As soon as he gets on his feet.

Podophyllum: Hurried, early, water gushing; continuing all day,
worse at noon. Very foul.

Rumex: Violent urging like Sulphur, but after catarrh or charac-
teristic cough.

Sulphur: Hurrying out of bed in early A.M.; barely time to reach
the closet. Changeable stools (C. M. Boger, M.D.)

SULPHUR:

Sulphur comes from volcanoes and causes eruptions. It is cen-
trifugal in action with affinity for the skin. When Sulphur is the
"acute remedy", Aconite is the "chronic". Must sleep with feet
uncovered (Cham., Med., Puls.) Reddened orifices; craves fat.

hungry at 11 A.M. (Compare Psorinum), Kreosote, Acon., Nux. (Margaret Tyler).

Use Sulphur in complaints that relapse. When beginning treatment of chronic cases and on ending acute conditions. Use it also when the eruption of measles dries up to prevent after ill-effects. Use it WHEN CAREFULLY SELECTED REMEDIES FAIL TO ACT, especially in acute conditions. It is often useful to arouse slumbering vitality. (Boericke).—Contributed by Dr. Lucy Scanton Clark; (Bedford).

THUJA softens hard tissue. Think of it in cases of hypertrophied, horny toe nail.—G. E. Dunham.

MENOPAUSE:

Some remedies useful in treating this condition: Sabina, Secale, Millefolium, Ipecac, Chamomilla, China, Carbo veg, Lachesis, Cimicifuga, Ignatia.

For mental disturbances during menopause: Hyoscyamus, Calcarea carbonica, Lachesis, Stramonium.

For vasomotor disturbances during menopause: Sulphur, Sulphuric acid, Amyl nitrate Lachesis, Jaborandi, Sanguinaria, Belladonna, Glonoin, Calcarea carbonica, Sepia.

CRAMPS IN THE CALVES OF THE LEGS. (NOCTURNAL): Chamomilla, Veratrum album, Colocynth, Sulphur.

GLAUCOMA: Phosphorus possibly the most frequently indicated. Praised by Jahr, Dewey, Boger. Others: Lycopodium, Silicea, Physostigma.

FREQUENT COLDS: Bacillinum 200 one dose a week for a month, then one dose every month throughout the winter will immunize against frequent colds and coughs.

CORYZA REMEDIES: Aconite, Arsenicum, Allium cepa, Euphrasia, Arum triphyllum, Gelsemium, Pulsatilla, Hydrastis.

CHRONIC SINUSITIS: Hydrastis heads the list. Cupressus (Bach).

GALL BLADDER REMEDIES: The three C's Chelidonium, Carduus, Chionanthus in tincture (5 to 10 drops t.i.d.). Other remedies frequently indicated: Iris, Lycopodium, Phos., Nux vom. These are also indicated in liver affections.

Remember Chamomilla for your cross, ugly and irritable

children who are never satisfied. Remember Bryonia for your pleural pneumonia.

ACONITE: It is of Aconite that Hughes says "If Homœopathy had done nothing for therapeutics but reveal the virtues of Aconite it might die content. It is impossible to begin to speak of Aconite without a thrill of gratification and pride".

NAJA AND KENT. Kent says "Always prescribe Naja in heart cases, where symptoms are scarce, unless guided away from it by some specific symptom".

TABACUM and BOGER. Someone asked the late Dr. C. M. Boger "What is the most frequently indicated remedy in angina?" His answer was "Tabacum." Other remedies quickly come to mind such as: Arsenicum, Spigelia, Veratrum alb., Glonoin, Cactus and *Latroectus mactans*.

ANTIMONIUM TART. Corresponds to more cases of lumbago than any other remedy. (A. Pulford).

CACTUS: Great sense of constriction especially about chest. A grand heart remedy especially for Coronary heart disease, and angina pectoris.

Boenninghausen's Famous Treatment for CROUP: He treated this condition almost exclusively with three remedies. He gave five powders. First one powder of Aconite followed in two hours by another powder of Aconite. This was followed in two hours by a powder of Spongia. Next two hours another powder of Spongia. Powder number five though seldom necessary was one of Hepar. Not one in a hundred needed all doses and he is credited with curing over 400 cases without a single loss.

In false croup Hepar is given as soon as child begins hoarse cough.

"The principal remedies complementary to Sulphur are *Calcarea carbonica* and *Lycopodium*, following one another in the order in which they are named. This trio has done more curing of disease than any other three of the twelve hundred or more remedies of the homœopathic materia medica."—Farrington.

CALCAREA FLUORICA: Its special field of usefulness when homœopathically applied is in conditions of dilated blood vessels; arterial and venous blood tumors; hemorrhoids; varicose veins and in indurated glands which are marked by stony hardness.

Specifically it is to employed in indurated knots in the female breast, not yet malignant but if neglected are likely to become so. Malnutrition of the bones, exostoses and indurations, find in it a valuable remedy. Another valuable indication is a backache simulating spinal irritation in the lumbosacral region; a sort of chronic lumbago, with aggravation on beginning to move and amelioration by continued motion. Anal fissures and fistulous ulcers which secrete thick yellow pus.

ARNICA: Arnica's virtues were known for 200 years before Hahnemann's time. Hahnemann simply corroborated these findings. Everything on which he lies seems too hard. Body feels as if beaten. Great fear of being touched or person getting near him. For bad effects of old or new injuries—bodily as well as mental. Excellent after cerebral hemorrhage or coronary occlusion.

LACHESIS: Climacteric ailments, hot flushes, great sensitiveness to touch, marked aggravation after sleep, great loquacity and talks incessantly. "Never felt well since change of life."

HEPAR SULPHUR: Cannot bear to be uncovered—coughs when exposed to cool air. Oversensitive physically as well as mentally. Wounds suppurate easily. Splinter-like sensation in throat or other orifices. (Quinsy).

Dr. Thomas E. Reed practiced in Middleton, Ohio for about fifty years. He excelled in the treatment of three very common clinical conditions. Many came to him from California and New York. His failures were almost nil for he lost an insignificant small number of patients from thousands whom he treated.

The three conditions and the most frequently used remedies were:

For Appendicitis: Most prominent remedies: Aconite, Bryonia, Rhus tox, Colocynth, Colchicum, Merc. corr. or viv., Ferrum phos., Kali mur., Calcarea and Sulphur as indicated.

For Gall Stones: Nux vomica, China, Sulphur, Hydrastis, Calcarea phos., Chionanthus (jaundiced), Arsenicum (stomach complications) and Bryonia.

For Renal Calculi: Lycopodium, Pulsatilla, Sarsaparilla, Bryonia, Ferrum phos., Natrum Phos.

The above remedies are given from the tincture to the sixth
(Continued on page 458)

3. Old injury, hypertension.
4. Cerebral vascular accident, hypertension, old coronary, old injury, bursitis.
5. Old injury, hypertension.

These cases indicate that *Strontium carbonate* does affect the skeletal and vascular systems to a large extent (and also the neuromuscular system). Dr. A. H. Grimmer has found that the remedy can prove dangerous because it can increase the blood pressure markedly before it lowers it. This is particularly true in the higher potencies and especially when given to people with hypertension. It was observed that one patient died of apoplexy ten days after receiving the 200th.

I want to take this opportunity to thank Dr. Grimmer for his gracious and inspiring help. As one of my patients so aptly puts it, "Praise the Lord for that. Amen." In conclusion let me express my sincere thanks for the opportunity to present this paper. Relating the drug picture in the patient to that given by proving the remedy is the essence of homœopathy.

—*Jourl. of the Am. Inst. of Homœopathy, Sept.-Oct., '59*

MATERIA MEDICA AND THERAPEUTIC NOTES

(Continued from page 463)

potency. He often commenced a case with one dose of the cm potency then followed with lower potencies. For severe pain he gave an opiate which was seldom.

"We have a good basis for prescribing *Bacillinum* somewhere in the course of every pleurisy (especially with effusion) and it is my practice to use this remedy very early. Also in cases of cough where no remedy is clearly indicated resulting from neglected colds. *Bacillinum* is also of great value in lung infections resulting from influenza."—Dr. E. Wallace MacAdam (New York).
