

ADDITIONAL SYMPTOMS FOUND RELIEVED DURING CLINICAL VERIFICATION*

In Homoeopathy, there are literally hundreds of remedies derived from minerals, plants and diseased tissues whose characteristics have been fully delineated through carefully conducted provings, and thousands more which have been at least partially proven. Nevertheless as homoeopathy continues to advance, it is necessary to perform provings on new remedies so that the therapeutic armamentarium can be further expanded in a way that

- symptoms be recorded from provings on healthy individuals using toxic (as recorded from accidental poisonings), hypotoxic (i.e. low potency) and highly potentized doses.
- symptoms be drawn from all three levels of the organism – mental, emotional and physical.
- symptoms be included which have been cured in the process of treatment of whole organism after administration of the remedy to a sick person.

Pathogenesis of the drug thus compiled needs to be repeatedly verified clinically in order to qualify as valid and reliable for subsequent therapeutic use. Thus, clinical verification not only provides help in confirmation of available pathogenesis but also helps in providing additional data in the form of other clinical symptoms/signs found relieved during verification trials.

The Council has undertaken the Clinical Verification programme as a long term project and three units have been established at Ghaziabad (UP), Vrindaban (UP) and Patna (Bihar) dealing exclusively in clinical verification research. Apart from these, this programme is also being undertaken at HDRI, Lucknow (UP); RRI, New Delhi and HRI, Jaipur.

In this compilation such additional data as received from the above mentioned Institutes/Units, found during Clinical Verification of various drugs is given. These symptoms are found relieved in more than eight number of cases. This, on reconfirmation by the profession with reference to the verification of these findings will further enrich the drug pathogenesis of each drug mentioned below:

Symptoms

	No. of Patients Relieved
1. ABROMA AUGUSTA	
1. Indigestion with sour eructations	12
2. Pain in whole body < by movement > by lying	21
3. Difficulty in breathing worse from exertion	12
4. Coryza, thin watery	56
2. BARYTA IODATUM	
1. Dry cough < at night	23
2. Fever with chill worse in evening and at night	20
3. Susceptibility to take cold	12
4. Inflammation of inguinal glands	10
3. CASSIA SOPHERA	
1. Burning in palms and soles > by cold	16
2. Dyspnoea	36
3. Cough with expectoration, thin watery	9
4. CYNODON DACTYLON	
1. Appetite lost	14
2. Vomiting after taking milk	13
3. Menses profuse and excessive	13
5. ACALYPHA INDICA	
1. Fever < at night	11
6. ACHYRANTHES ASPERA	
1. Pain in abdomen worse in morning and evening	17
2. Loss of appetite	60
3. Dry cough worse at night	29
4. Stomatitis	15
5. Flatulence with heaviness of abdomen	36
6. Vertigo worse on standing	17
7. Urine-yellowish with burning	31
8. Dry reddish eruptions with itching	23
9. Pain in throat < on swallowing	12
10. Cough-dry	12
	19

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7.	AEGLE FOLIA					
1.	Desire for warm and salty food	10		3.	Dry cough worse in morning	42
2.	Acidity with heart burn	9		4.	Backache	9
8.	AEGLE MARMELOS			5.	Stool—dry hard, constipated	16
1.	Cough with thick, whitish expectoration	48		18.	BOERHAAVIA DIFFUSA	
2.	Indigestion with sour eructations	48		1.	Vertigo worse in morning and on standing	27
3.	Difficulty in breathing	164		19.	CAESALPENIA BONDUCELLA	
4.	Angular stomatitis	83		1.	Coryza	19
5.	Blind piles	69		20.	CARICA PAPAYA	
6.	Blockage of nose	33		1.	Acidity with sour eructations and burning in chest	10
7.	Alternate constipation and diarrhoea	28		21.	CALOTROPIS GIGANTEA	
8.	Dry cough < in evening	9		1.	Dry blackish eruptions with itching	14
9.	ALSTONIA CONSTRICTA			2.	Cracks in palms and soles	48
1.	Headache frontal associated with fever	10		22.	CUPRUM ACETICUM	
2.	Cough dry agg. evening	9		1.	Cough agg. night	10
10.	ANTHRAKOKALI			23.	DAMIANA	
1.	Stool—dry hard, constipated	44		1.	Backache worse by movement better by rest	11
2.	Headache with vertigo	10		2.	Stool—dry hard, constipated	13
3.	Pruritus on whole body	15		24.	EMBELIA RIBES	
4.	Flatulence with heaviness of abdomen	24		1.	Loss of appetite	24
5.	Ring worm like eruption with itching	18		2.	Profuse salivation during sleep	48
11.	AMOORA ROHITUKA			3.	Dry cough < at night	11
1.	Flatulence with heaviness of abdomen	12		4.	Bad taste in mouth in morning	9
12.	ARSENICUM SULPH FLAVUM			5.	Whitish spots on face	26
1.	Stool—dry hard, constipated	12		6.	Stool—unsatisfactory, constipated	33
13.	BACILLINUM			7.	Desire for undigested things	34
1.	Eruption on hands with soreness	14		8.	Nocturnal enuresis	12
2.	Flatulence with heaviness of abdomen better by passing flatus	19		25.	EPHEDRA VULGARIS	
3.	Tonsillitis	14		1.	Pain in eyes with lachrymation agg. from reading, straining the eyes > pressure	23
4.	Dry cough < morning	16		26.	FAGOPYRUM ESCULENTUM	
14.	BARYTA MURIATICUM			1.	Fever with headache	26
1.	Nocturnal enuresis	10		2.	Pimple like eruption on face with itching	42
2.	Discharge agg. in morning and evening	23		3.	Stool, dry, hard, constipated	28
3.	Pain in throat	13		4.	Small reddish eruption with itching	11
15.	BENZOICUM ACIDUM			5.	Cough with thick whitish expectoration < at night	24
1.	Stool hard-dry, constipated	9		27.	GLYCOSMIS PENTAPHYLLA (ATISTA INDICA)	
2.	Oedematous swelling of joints	15		1.	Dull aching pain with weakness in legs	10
3.	Backache, amel. by bending forward	17		2.	Grinding of teeth	118
16.	BERBERIS VULGARIS			3.	Dry cough worse at night	325
1.	Flatulence with distension of abdomen	18		4.	Pimples on face	10
17.	BLATTA ORIENTALIS			5.	Profuse salivation	23
1.	Pain in chest agg. on coughing	13		6.	Stomatitis	57
2.	Coryza with thin nasal discharge and sneezing	25				
20.						

7.	Indigestion with sour eructations	32	6.	Pain in heel < on movement	19
8.	Desire for salty food	115	7.	Pain in wrist joint	16
9.	Desire for undigested things	29	8.	Dry cough worse at night	16
10.	Difficulty in breathing	17	9.	Disturbed sleep	24
11.	Nocturnal enuresis	85	33.	MENTHA PIPERATA	
12.	Mentally, short tempered and irritable	19	1.	Coryza with thin nasal discharge	9
13.	Small grey eruptions with itching	34	2.	Hoarseness of voice	10
14.	Susceptibility to cold	14	34.	NYCTANTHES ARBORTRISTIS	
15.	External piles	17	1.	Bitter taste in mouth	14
28.	GYMNEMA SYLVESTRE		2.	Pain in abdomen worse after eating	11
1.	Itching around vagina without eruptions	16	3.	Pain in legs specially in calf muscles < on movement	10
29.	HYDROCOTYLE ASIATICA		4.	Dry cough agg. night	15
1.	Dry cough with sore throat worse in morning and at night	36	5.	Cough and cold with white mucoid expectoration	10
2.	Loose stool 3-4 times in a day	29	35.	SARACA INDICA	
4.	Dull aching pain in head	10	1.	Stomatitis	13
4.	Profuse perspiration on whole body	9	2.	Dry cough with hoarseness of voice	21
30.	JABORANDI		3.	Burning micturition	15
1.	Inflammation of cervical glands	66	4.	Pain in joints worse by movement	16
2.	Flatulence with heaviness and distension in abdomen	78	5.	Pain in abdomen > by lying down	27
3.	Small reddish eruptions on whole body agg. at night	29	6.	Loose stool	11
31.	JUSTICIA ADHATODA		36.	SARSAPARILLA	
1.	Tonsillitis worse on swallowing	12	1.	Flatulence with heaviness of abdomen > by passing flatus	9
2.	Vertigo worse in evening	22	2.	Corns on soles	10
3.	Pain in chest worse after coughing	17	37.	TERMINALIA CHEBULA	
4.	Flatulence with heaviness of abdomen	33	1.	Indigestion with sour eructations	20
5.	Small reddish eruptions with itching worse at night	9	2.	Loss of appetite	15
6.	Post nasal catarrh		3.	Pain in hypochondrium worse at night	22
32.	LAC CANINUM		4.	Stool soon after eating	15
1.	Vertigo	35	38.	VISCUM ALBUM	
2.	Flatulence	11	1.	Pain in abdomen around navel worse when empty stomach	15
3.	Stomatitis	19	2.	Leucorrhoea, thin, watery worse on movement	15
4.	Trembling of extremities	23			
5.	Flatulence with distension and heaviness of abdomen	71			