

## Clinical Verification

### **Achyranthes aspera**

(Clinically verified symptoms)

**Botanical Name** *Achyranthes aspera* Linn.<sup>1</sup>

**Family** Amarantaceae<sup>1</sup>

#### **Common Name**

Hindi	- Latjira <sup>1</sup>
English	- Prickly chaff-flower <sup>1</sup>
Sanskrit	- Apamarga <sup>3</sup>
French	- Cedelari <sup>3</sup>
Bengali	- Apang <sup>3</sup>

#### **Introduction**

This drug was introduced by Dr Sarat Chandra Ghose of West Bengal who conducted a short proving on few provers and mentioned in 'Drugs of Hindoosthan'.<sup>3</sup> The CCRH has not proved this drug. The symptoms, which are given in the Homoeopathic literature, were put to clinical verification.

#### **Habitat**

It is a small herb very commonly found all over India.

#### **Uses**

Traditionally, it had been used successfully on all sorts of boils, carbuncles, foul and poisonous ulcers, diarrhea and dysentery.

#### **Part used for preparation of homoeopathic medicine**

Whole plant excluding roots.<sup>1</sup>

#### **Description**

It is a herb up to 1 m in height; leaves opposite, stem 12.5 cm, extremely variable, generally thick,

pubescent, tomentose, velvety, rarely glabrate, petiole short. Spikes are usually with a robust rachis that rapidly lengthens, some times to 30 cm long. Flowers 4 mm to 8 mm longer than the bracteoles, sepals subequal. Stamens 5, staminodes fimbriate; ovary oblong, sub-compressed, style filiform, stigma capitate, ovule -1, pendulous from a long basal funicle. Utricle oblong or ovoid, indehiscent, top areolate or rounded. Seeds brown oblong, testa coriaceous; embryo annular.<sup>1</sup>

#### **Source of drug**

Hahnemann Publishing Company Pvt. Ltd.,  
Kolkata

**Period of study:** April 1984- March 2003

**Potencies used:** Q, 6, 30, 200

**Number of cases studied:** 3832

#### **Clinical Verification conducted at**

- Regional Research Institute (H), New Delhi
- Homoeopathic Research Institute, Lucknow (U.P.)
- Homoeopathic Research Institute, Jaipur (Rajasthan)
- Clinical Research Unit, Jammu (J&K)
- Clinical Verification Unit, Ghaziabad (U.P.)
- Clinical Verification Unit, Patna (Bihar)
- Clinical Verification Unit, Vrindavan (U.P.)

### Clinically verified Symptoms observed during the study

Location	Symptom	No. of patients	
		prescribed	relieved
Head	Vertigo on rising from sitting position <sup>N</sup>	37	37
	Eruptions on scalp – small red with oozing of watery discharge <sup>2</sup>	4	4
	Headache <sup>N</sup>	12	12
	Dull frontal headache <sup>3,4</sup>	49	34
Eye	Swelling of eye lids <sup>N</sup>	11	11
	Blepharitis with itching <sup>N</sup>	1	1
Nose	Coryza with thin nasal discharge <sup>2,4</sup>	659	522
	with sneezing <sup>4</sup>	73	54
	with dry cough agg. night <sup>4</sup>	419	347
	with fever <sup>4</sup>	21	18
	with itching & burning in nose <sup>4</sup>	3	3
	with burning in throat <sup>N</sup>	2	2
	agg. morning <sup>4</sup>	112	88
	Coryza- thick white nasal discharge <sup>N</sup>	5	2
Mouth	Grinding of teeth <sup>N</sup>	1	1
	Aphthae on tongue – burning pain while eating spicy food <sup>2,3</sup>	341	197
	Pain agg. hot drink <sup>2</sup>	3	3
	with dryness of tongue <sup>2</sup>	3	3
	Excessive salivation <sup>N</sup>	5	5
Stomach	Craving for indigestible articles <sup>N</sup>	1	1
	Anorexia <sup>N</sup>	156	96
	Pain in stomach agg. after eating & drinking <sup>2</sup>	61	40
	Pain in stomach with nausea & vomiting <sup>2</sup>	42	37
	Vomiting after drinking any thing <sup>2</sup>	27	16
	Excessive thirst for cold water with dryness of mouth <sup>2</sup>	100	72
	Nausea, frequent vomiting, vomitus watery with mucus <sup>3,4</sup>	142	128
	Epigastrium- burning pain <sup>3</sup>	114	105
	Acidity with sour eructation <sup>3</sup>	79	48
	Cutting pain in abdomen agg. eating after, morning <sup>4</sup>	110	59
Abdomen	agg. before stool <sup>N</sup>	4	4
	Pain in abdomen with nausea & vomiting <sup>2</sup>	95	61
	Flatulence with heaviness of abdomen <sup>N</sup>	12	12
	Loose watery stool <sup>2,3,4</sup>	733	504
Rectum	frequent <sup>3,4</sup>	229	202
	yellow color <sup>2,4</sup>	92	74
	mixed with mucus <sup>2,3,4</sup>	601	416
	with burning in abdomen <sup>4</sup>	19	15
	with pain in abdomen <sup>4</sup>	4	4
	with vomiting <sup>4</sup>	8	6
	with profuse thirst <sup>4</sup>	8	8
	with thirstlessness <sup>4</sup>	1	1
	with burning in anus <sup>4</sup>	8	6
	greenish color <sup>4</sup>	26	24
	with fever <sup>4</sup>	65	38
	with offensive smell <sup>4</sup>	2	2

Patients  
relieved

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*Achrantes aspera*

Location	Symptom	No. of patients	
		prescribed	relieved
	with weakness after stool <sup>4</sup>	1	1
	with acidity <sup>N</sup>	1	1
	with burning pain in anus <sup>4</sup>	2	2
	recurrent <sup>2,3</sup>	4	4
	rice water like <sup>N</sup>	13	13
	Constipation – dry hard stool <sup>3</sup>	127	69
	Fistula with pain & pus like discharge <sup>N</sup>	2	2
	Stools are semisolid mixed with mucus & blood, agg. eating <sup>2</sup>	23	10
Skin	Abscess with burning pain <sup>3,4</sup>	105	62
	with itching <sup>N</sup>	5	5
	with pus formation <sup>N</sup>	2	2
	Painful boils <sup>3,4</sup>	64	35
	with burning pain <sup>3,4</sup>	35	22
	agg.summer <sup>N</sup>	4	4
	over face with redness amel. by cold application <sup>N</sup>	3	3
	with pus like discharge & sensation of heat <sup>2</sup>	2	2
	recurrent, red, painful to touch <sup>2</sup>	3	3
	Pustular eruptions with itching & burning <sup>3,4</sup>	157	127
	with thin yellowish non-offensive pus like discharge <sup>N</sup>	1	1
	Scabies like eruptions <sup>N</sup>	8	8
	Bad effects of Insect bite, poisonous wound <sup>3</sup>	69	64
	Wound followed by dog bite <sup>N</sup>	1	1
	Wound followed by monkey bite with fever & pain <sup>N</sup>	2	2
	Bad effect of burn <sup>N</sup>	1	1
	Pimples over face with itching <sup>2</sup>	3	3
	Boils like eruptions over whole body <sup>2,4</sup>	159	116
	Red spots on skin <sup>2</sup>	40	28
	Boils with foul smelling <sup>2,4</sup> discharge	28	21
	Boils -over face, arms, head, hand, in & around nostrils, legs and hips. Small red with itching, with oozing ,mixed with blood <sup>2,3</sup>	14	13
	with pain agg.morning, touch and movement <sup>N</sup>	4	4
	Eruptions with itching & burning & bleeding <sup>2</sup>	3	3
on legs, arms, back, red margins with sticky discharge <sup>N</sup>	3	3	
Herpes zoster with burning pain <sup>4</sup>	239	150	
Vesicular eruptions with tendency to suppuration <sup>3,4</sup>	239	150	
Fever	Multiple boils over hands hips, legs, red & sensitive to touch <sup>4</sup>	359	175
	with cough & cold <sup>4</sup>	48	31
	with flushes of heat & profuse thirst <sup>N</sup>	1	1
	with bodyache at night <sup>4</sup>	93	70
	with cough, bodyache, cold & frontal headache, agg.morning <sup>4</sup>	77	48
	with frontal headache, bitter taste, weakness, bodyache agg. night <sup>4</sup>	31	19
	with bodyache & vomiting <sup>4</sup>	165	146
	with chill agg.at night <sup>3,4</sup>	80	5
	Feverish feeling <sup>N</sup>	9	6

Location	Symptom	No. of patients	
		prescribed	relieved
		1	1
<b>Female genitalia</b>	Leucorrhoea - thick white discharge <sup>N</sup>	2	2
<b>Urine</b>	Yellowish urine <sup>N</sup>	9	9
<b>Back</b>	Backache right sided, before urination <sup>N</sup>	1	1
<b>Chest</b>	Palpitation of heart with giddiness <sup>N</sup>	2	2
<b>Respiration</b>	Cough & cold following change of weather <sup>N</sup>	2	2
	Cough with rattling of mucus, with vomiting and feverish feeling, agg. during stool <sup>N</sup>	96	63
	Dry cough, agg. morning, evening & night <sup>4</sup>	35	35
	Cough with whitish expectoration agg. morning <sup>N</sup>	3	3
<b>Extremities</b>	Flushes of heat from palms & soles amel. by cold application <sup>N</sup>	66	59
	Aching in limbs <sup>4</sup>	34	34
	Pain in calf muscles, agg. movement <sup>N</sup>	3	3
<b>Sleep</b>	Sleeplessness <sup>N</sup>	149	129
<b>Generalities</b>	Extreme weakness after stool <sup>3</sup>	244	221
	Burning sensation over the whole body <sup>3</sup>	3	3
	Chilly patient, & decreased sweating <sup>N</sup>		

### Observation

Note:

- i) The symptoms super scribed with a number particular (1,2,3,4,) are found in the literature, as well as clinically verified by CCRH.
- ii) New symptoms super scribed (N) observed only during the course of clinical verification study, but not found in the literature.
- iii) The figure 1,2,3 & 4 stand for the source literature refered.

The picture, given below is drawn from the data obtained during the course of clinical verification study. To make the data more reliable, those symptoms found relieved in more than 30 patients, after the use of the medicine, are only incorporated in the following drug picture.

- ◆ Vertigo on rising from sitting position<sup>N</sup>
- ◆ Dull frontal headache<sup>3,4</sup>
- ◆ Coryza ; thin nasal discharge<sup>2,4</sup>, sneezing<sup>4</sup>, with dry cough agg. night<sup>4</sup>, morning<sup>4</sup>
- ◆ Pain in stomach, agg. after eating and drinking<sup>2</sup>
- ◆ Pain in stomach with nausea vomiting<sup>2</sup>

- ◆ Excessive thirst for cold water with dryness of mouth<sup>2</sup>
- ◆ Aphthae on tongue – burning pain while eating spicy food<sup>2,3</sup>
- ◆ Nausea; frequent Vomiting, watery containing mucus<sup>3,4</sup>
- ◆ Epigastrium- burning pain<sup>3</sup>
- ◆ Acidity with sour eructation<sup>3</sup>
- ◆ Cutting pain in abdomen, agg. after eating morning<sup>4</sup>
- ◆ Pain in abdomen with nausea and vomiting<sup>2</sup>
- ◆ Stool loose watery<sup>2,3,4</sup>, frequent<sup>3,4</sup>, mixed with mucus<sup>2,3,4</sup>, yellow colour<sup>2,4</sup>
- ◆ Constipation –dry, hard stool<sup>3</sup>
- ◆ Abscess with burning pain<sup>3,4</sup>
- ◆ Painful boils with burning pain<sup>3,4</sup>
- ◆ Pustular eruptions with itching & burning<sup>3,4</sup>
- ◆ Bad effects of Insect bite, poisonous wound<sup>3,4</sup>
- ◆ Boils like eruptions over whole body<sup>2,4</sup>
- ◆ Red spots on skin<sup>2</sup>
- ◆ Herpes zoster with burning pain<sup>4</sup>
- ◆ Vesicular eruptions with tendency to suppuration<sup>3,4</sup>

**Patients  
relieved**

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- ✦ Multiple boils over hands, hips, legs; red & sensitive to touch<sup>4</sup>
- ✦ Fever with bodyache at night<sup>4</sup>
- ✦ Fever with cough, bodyache, coryza and frontal headache agg. morning<sup>4</sup>
- ✦ Fever with bodyache & vomiting<sup>4</sup>
- ✦ Fever with chill, agg. night<sup>3,4</sup>
- ✦ Dry cough, agg. morning, evening & night<sup>4</sup>
- ✦ Aching in limbs<sup>4</sup>
- ✦ Extreme weakness after stool<sup>3</sup>
- ✦ Burning sensation over the whole body<sup>3</sup>
- ✦ Anorexia<sup>N</sup>
- ✦ Cough with whitish expectoration, agg. morning<sup>N</sup>
- ✦ Pain in calf muscles, agg. movement<sup>N</sup>

- ✦ Coryza, thin nasal discharge with sneezing dry cough, agg. night, morning
- ✦ Nausea & frequent vomiting, watery & with mucus
- ✦ Epigastrium- burning pain
- ✦ Pain in stomach with nausea & vomiting
- ✦ Stool : Loose, watery, frequent, mixed with mucus, yellow coloured
- ✦ Pustular eruptions with itching & burning
- ✦ Bad effects of Insect bite, poisonous wound
- ✦ Fever with vomiting and bodyache, agg. night
- ✦ Cough with whitish expectoration, agg. morning
- ✦ Pain in calf muscles, agg. movement
- ✦ Extreme weakness after stool
- ✦ Burning sensation all over body

**Conclusion**

**Clinical conditions**

Vertigo, Anorexia, Coryza, Diarrhoea, Dysentery, Boils, Fever, Cough, Bad effects of insect bite, poisonous wound.

**Prescribing Symptoms**

- ✦ Vertigo on rising from sitting position

**References**

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