

SOME OF DR. J. T. KENT'S CASES

The following cases are extracted from "NEW REMEDIES" by J. T. Kent, A.M., M.D., a most valuable work which should be studied by all Homœopaths but, unfortunately, it is now out of print. We hope to give further extracts during the next few months.

SUNSTROKE

Natrum sulph. Mrs. A. A. B., aged 48. Gnawing pain in back of head, extending down spine, brought on by grief and protracted anxiety. Thin, sallow. General mental sluggishness. Throbbing in back of the neck. Has had much trouble with back of head and neck since an attack of sunstroke many years ago. Bowels constipated, no stool for days, no urging, but the head symptoms are improved after a stool. Dreadful bitter taste in the mouth. The headache is mostly in the morning and gets better after moving about a while. The other symptoms have been better and worse for years. Coming in wave-like attacks, but never well. Cathartics once gave relief, but nothing seems to give her any comfort now. She was given a few powders of *Natrum sulph.* 500 with instructions to dissolve one and take of it frequently at the beginning of every spell of growing "bilious" as she called it, and to hold the rest of them. She has never taken but the first, she is holding the others.

All the symptoms that remained through the interim of the more severe attacks have departed, and she is perfectly well.

DEAFNESS

Pulsatilla. Miss E. B., aged 35. Deafness. Cannot understand except when watching the motion of the lips. Can only speak in a whisper. Deafness and Aphonia of many years standing, but has been whispering for four years. Accumulation of yellow thick phlegm in throat, especially in the morning. Burning feet and ankles. Warm room suffocates and flushes face. Fast walking causes nausea, faintness and flushes the face. All kinds of bodily exertion heats her up and suffoca-

tion follows, with purplish red face. Fast motion is quite impossible. Brown spots on the face. Constant swallowing.

May 9th. *Pulsatilla* 15m.

July 15th. Voice mostly recovered; hearing only slightly improved. Can take active exercise without flushing. Ankles become very weak, they turn when walking, otherwise steadily improving. No medicine.

September 13th. The only symptoms left are deafness, which has not improved, and weak ankles. *Pulsatilla* cm.

October 20th. Ankles became strong; "except the deafness I am perfectly well". *She has remained perfectly well, but the deafness does not change.

HEADACHE AND PAIN

Sepia. Mrs. J. R. A., aged 33. Tall slender woman, mother of several children. Dry cough only in daytime. Has been poorly since birth of last child (two years). Headache on vertex, throbbing, feels as though head would open on top, worse from any noise, perfectly relieved by sleep. Headache comes before menses. Pain in left side of nose to left eye, very sharp, almost constant when the headache is present. Burning on top of the head, then comes a sensation of throbbing, as with little hammers on top of the head, sometimes within the skull. No appetite. Chronic constipation with no urging to stool for a week, then a very painful, difficult stool. Dull aching pain in region of spleen. Leucorrhœa quite constant, thick, yellow, sometimes white.

March 29th. *Sepia* 50m, one powder, dry, all symptoms removed and she remains cured.

PULSATILLA CASE

Pulsatilla. L. M., lady, single, aged 28. Has always been sickly. Reaching up with the arm brings on a peculiar pain that runs from the pelvis to the throat. This pain also comes on after exertion, especially after climbing stairs. After walking any distance or climbing stairs she has a desire to urinate. She has horrible dreams of robbers. She dreams of her lover who disappointed her. She awakens from sleep in tears, even sobbing. She has had a dark yellow, thick leucorrhœa since

puberty. Constipation alternates with diarrhœa. Aching in the lumber region of the spine. Despondent before the menses. Inability to sustain a mental effort. Headache with severe pains on one or the other temple that makes her blind. She is very fidgety and generally nervous. Melancholy and tearful. Cannot lie on either side, only on the back. Menstrual flow dark, clotted, offensive. She is greatly prostrated from any warm air, warm room or slight exertion.

Aching in the back that compels her to lie with her arms under it, as the pressure relieves. She feels a desire to go to bed and sleep in the daytime.

October 22nd, 1884. She took *Pulsatilla* 51m, one dose.

November 19th. She had improved in every way and improvement ceased. *Pulsatilla* 51m, one dose. She has been perfectly well ever since. Every symptom removed by *Pulsatilla*, two doses. An invalid was restored to usefulness. A more useful lady cannot be found.

CLINICAL REMINISCENCES—HEADACHE (SICK)

1886. July 10th. Mrs. R. S., widow, aged 35. "I have had sick headaches many years." Had peritonitis, had typhoid fever, and was down in bed for four months. These headaches have been coming on ever since, now five years. Headache back of eyes, sunlight brings on the headache. "If I go without eating I have a headache. If I eat too much I have a headache." "Excitement brings on the headache." "I have lain three or four days in a dark room, not able to endure any light." Milk brings on the sick headache. Eating never relieves the headache. "When sick with typhoid fever I was fed on milk until I vomited whenever they brought it to my bed." "I am never free from headache but I am able to be at my desk about one half of my time, much of which I suffer intensely." Seldom vomits, but much nausea. "When I vomit it is of the food eaten, sour and bitter."

Here are the symptoms. What is the remedy? It was evident that I had no ordinary case on hand, as two good prescribers had failed to help, and told her so. Many whom I do not regard as careful physicians had treated her also. If the remedy must out, here it is: *Lac-def. cm.*

July 16th. She returned "Just finished one of the most violent headaches ever had. So sleepy while writing my letters that I could hardly hold my eyes open. Had to quit two afternoons and go home. I am greatly discouraged when the headache is on". Sleepy while writing is new. *Sac. lac.*

July 23rd. No headache since last call.

July 30th. A short headache but feeling better. *Lac. def. cm* dry, one dose.

August 2nd. Headache came, lasted two days, but has heretofore generally lasted a week. Improving generally *Lac. def. cm.*

August 10th. Improving.

August 26th. Improving. Has just finished a headache, but went three weeks.

September 11th. Headache in two weeks. Symptoms about as usual. *Sulph. cm*, one dose.

September 12th. Headache is on full force, started in left eye, sunlight makes it worse. "I felt the headache this time from delaying my dinner." Gnawing, hungry feeling, not relieved by eating. Everything I eat makes me worse but fish. Cold brings on headache. Headache worse from weight of hat. This headache began in left eye and has extended to occiput. "The thought of milk makes me sick." No palliative was given, but watching the symptoms seemed to be the only way of finding the remedy.

September 13th. Reports that the afternoon of yesterday, the 12th, headache went over to right eye and side of head, but now it is back in my left eye. *Lac. can. mm* was given, and immediate relief followed, and it was three months before another headache came, and it was very short and did not compel her to leave her desk. February 10th. She had a slight headache and took another dose of *Lac. can. cm*. She has been compelled to lay aside all her clothing and procure larger size. Can eat anything, and enjoys life like other people.

HEADACHE (WEEKLY)

Periodical conditions often trouble a young prescriber and sometimes an old one. A young physician once brought me his patient who was suffering from periodical congestive head-

aches which came on every seven days. Many remedies had been given but no change had been made in the case. The rubric in the repertory that had been consulted was "weekly headaches". The patient was then more carefully examined and it was found that regularly Sunday evening and nights he suffered from this headache. The modalities were confusing and contradictory but after a careful questioning as to what he was in the habit of eating on Sunday that he did not eat at other times it was found that he ate plentifully of "Roast of beef" for his midday meal and at no other time. It was soon seen to be not a periodical headache, but one that came after eating beef. *Staph.* covered all his symptoms and cured.

HEADACHE PERIODICAL—After Eating Ice Cream

A middle-aged woman suffered from periodical headaches and none of the remedies in the rubric for weekly headaches helped. It was subsequently discovered that she had these headaches always after ice cream and then it was seen that *Puls.* corresponded to her other symptoms and that remedy cured her. All the facts in the case should be gathered before prescribing. Hasty conclusions are as dangerous as any form of negligence. Our remedies will cure when they are similar to all the symptoms in the case. Some years ago it was necessary to listen second hand, through a well disposed woman, to the complaints of her sick sister. The sister was under the care of an eminent old school specialist for some deep seated uterine trouble, which was called in a letter from the doctor to his patient, endometritis. Local treatment had gone on many months and still the sister failed. Then came the story: "Oh, doctor, you should hear her complain of these awful headaches at night. She says there is a feeling as if she had a stone on the top of her head and she cannot rest or give me any rest from that pressure until the gas is lighted, then she goes to sleep. The odour of the room is awful from her feet. This good woman took one powder of *Silica* which she was to give her sister on the sly. The patient never needed a light in the room at night again. It cured. Here was a supposed periodical

(Continued on page 288)

ment should turn. If the system had no scientific base to stand on, let them say it categorically. But if they thought otherwise let them act boldly.

The Government, Dr. Chatterjee said, had more than 12 years to investigate the scientific truths about Homœopathy and the fact that they seemed to be pursuing a policy of founding the State Faculty of Homœopathy in every State, showed that they had recognised Homœopathy as a scientific system of treatment of diseases. If this was true, why discriminatory treatment to homœopathy alone, he asked.

—A. B. Patrika, 11.4.60

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(Continued from page 283)

headache but it was a headache worse in the dark. It was supposed by the eminent specialist to be due to Endometritis, but as a fact the woman was sick ; her uterus did not make her sick. What a profound thought, when the doctor tells his patient that the uterus makes her sick.

—*Health & You, May, '58*
