

A CASE OF MULTIPLE FIBROID UTERUS

Dr. S. Gopinadhan*

Mrs. Y aged 49 years (Employed in govt. service) diagnosed as Multiple intramural fibroids attended O.P.D. on 13.10.2002 at Central Research Institute for Homoeopathy, Kottayam.

Presenting complaints:

Menorrhagia - 2 months duration
 < morning waking on, forenoon
 Blood - bright red
 Palpitation < ascending
 Dizziness < change of position
 Menses irregular- since last 2 year

History of present illness:

Complaints started as irregular menses for the last two years. Last period started 2 months back and is still continuing. After gynaecological consultation she was advised to do a USG exam and found to have multiple uterine fibroids. She was advised a total hysterectomy by the Gynaecologist.

Past history:

Cataract - operated 2 years back

Family history:

Sisters had similar complaints and both of them undergone hysterectomy

Physical generalities:

Built: well built
Thermal reaction: Moderately chilly patient,
Appetite: good,
Thirst: normal,
Desires: pickles, desires warm food and cold drinks
Aversion: milk
Sweat: profuse,
Bowel: constipated,
Urine: normal,
Menses: irregular

Mind: Easily irritable.

Examination of the patient:

Pallor +
 No cyanosis,
 No clubbing,
 No lymphadenopathy.
 Pulse - 78/min,
 BP-160/98 mmHg,
 CVS-NAD,
 RS-NAD
 Per abdomen- abdomen soft, tenderness in hypogastrium, no palpable swelling.

Investigations:

Ultra-sonography of abdomen - Bulky uterus with multiple uterine fibroids

Prescription:

Based on physical generals such as constitution and desire for milk and also on profuse bright red long lasting menses.

Rx 1. **Calc carb 30/ 3 doses 6 hourly/1 day**
 2. Placebo tds for 3 weeks

Follow-up:

03.11.2002

Haemorrhage stopped 1 week back.
 BP - 140/88 mmHg

Rx 1. Calc carb 30/ 3 doses 6 hourly (if bleeding recurs)
 2. Placebo tds for 3 weeks

24.11.2002

No bleeding.
 BP - 146/90 mmHG

Rx Placebo tds for 3 weeks

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15.12.2002

No bleeding.
BP - 140/90 mmHg.
C/o palpitation on ascending, vertigo

Rx Placebo tds for 3 weeks

26.01.2003

Bleeding started 3 days back.
Took two doses of Calc carb. 30
Bleeding stopped after 5 days.

Rx 1. Calc carb 30/ 3 doses 6 hourly
(if bleeding recurs)
2. Placebo tds for 3 weeks

09.03.2003

Had a spotting on 15.02.2003, stopped by a
dose of Calc carb.30
C/o pain in inter-scapular region < stooping.
BP - 140/86 mmHg

Rx 1. Bell. 200/ 3 doses 6 hourly
2. Placebo tds for 3 weeks

20.04.2003

Had menses on 21.03.2003, stopped after 6
days without any medicine

Rx Placebo tds for 3 weeks

11.05.2003

Backache inter scapular region, no
bleeding. BP - 146/90mHg
Rx 1. Bell. 200/ 3 doses 6 hourly
2. Placebo tds for 3 weeks

29.06.2003

Bleeding - 4 days duration

Rx 1. Calc carb 30/ 3 doses 6 hourly/1 day
2. Placebo tds for 3 weeks

17.08.2003

C/o vertigo with tendency to fall to left side
BP - 144/90 mHg.

Rx 1. Calc carb 30/ 3 doses 6 hourly
(if bleeding recurs)
2. Placebo tds for 3 weeks

07.09.2003

FBS - 76 mg%,
Chol - 169 mg%,
TGL - 82 mg%
USG - No mass lesion in pelvis, no focal
myometric lesion

Rx 1. Placebo tds for 3 weeks

Result

Surgical disease "Fibroid Uterus" has been
cured by Constitutional treatment.