

BRONCHIAL ASTHMA, A STUDY WITH REFERENCE TO REPERTORY IN THE SELECTION OF DRUG(S)*

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Introduction

My subject is clear and I do not want to explain other aspects of Bronchial Asthma but I would like to clear some points which lead to the approach of the subject.

It is a reversible airways obstruction not due to any other disease.

Bronchial Asthma can occur secondarily to a variety of stimuli, although the underlying mechanisms responsible for attacks of paroxysmal wheezing are unknown. The unknown causes of diseases are the best disease conditions where Homoeopathy offers genuine relief, cure and a platform for research work. Now loosely known as *Intrinsic Asthma* (non-allergic) or *Extrinsic Asthma* (Allergic).

It is inherited or acquired. Chronic Miasms can help very much to unlock these cases as these are real causes for this condition. Though Bronchial Asthma is known as a Sycotic condition, we meet cases of mixed Miasms also.

It is hyperreactive bronchial trees which are subject by stresses of various types which bring asthma attacks. It is also known that broncho-constriction may persist at sub-clinical levels even when patients are asymptomatic. This is the best period to treat the patient on constitutional level. The root causes are to be treated rather than acute attacks which are relieved by acute medicines or by self limitations.

Exciting causes or stress syndrome can be:

- a) Viral respiratory infections,
- b) Emotional upset, or factors, and
- c) Exercises.

Nonspecific factors e.g. changes in barometric pressure or temperature i.e. weather changes in Homoeopathic terminology.

Irritants e.g. Gasoline, fumes, fresh paint, noxious odors, cigarette smoke (Ignatia, Tabacum) etc.

Exposure to specific allergens e.g. Airborne pollens, moulds, house dust, animal danders (Sepia, Mezereum), food etc. Case of Cat allergy and Dr. Templeton's case of a man who had asthma for 24 yrs.

Hahnemann has rightly said more than 175 years ago as follows: "*The so-called Idiosyncrasies by which are meant peculiar corporeal constitutions which, although otherwise healthy, possess a disposition to be brought into a more or less morbid state by certain things which seem to produce no impression and no change in many other individuals*". (Para 117 of Organon of Medicine). Further, he gives examples as follows:

Some few persons are apt to faint from the smell of roses and to fall into many other morbid, and sometimes dangerous states from partaking of mussels, crabs or the roe of the barbel. (Egg of a European water fish with fleshy filaments hanging from mouth) from touching the leaves of some kind of sumach etc.

At present, in Homoeopathic practice we find patients having both non-allergic and allergic factors in triggering attacks and so we have to have holistic approach—the Homoeopathic way to treat these cases.

The Holistic Approach

"Since *MAN* is a wonderful unity of *SPIRITUAL*, *MENTAL* and *PHYSICAL BODIES* each interacting in health, in a manner of such beautiful precision that language has not yet been forged to describe—modus operandi, we all know that the mysterious essence of *MIND* through its servant the brain, can and does wield an immense degree of control and authority over the body, but although holding high office in the realm of *MAN*, the *MIND* is subject to the dictates of the *SPIRIT*

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and it is on this plane of being.... that sickness originates" (Dr. Hahnemann).

I take *SPIRIT* as life principle, the immaterial part of man (Oxford Dictionary); the thinking, motivating, moral feeling part of man to distinguish from the "body" and "mind".

Most of the Homoeopaths follow, symptoms on the level of *MENTAL*, *EMOTIONS* and *PHYSICAL BODIES*

So-called *THREE DIMENSIONAL* approach.

Hahnemann writes, "... in all so-called corporeal diseases the condition of the disposition and mind is always altered, and in all cases of diseases we are called on to cure the state of the patient's disposition which is to be particularly noted..." (Para 210 O/M). And again he writes, "... The state of the disposition of the patient often chiefly determines the selection of the Homoeopathic remedy, as being a decidedly characteristic symptom which can least of all remain concealed from the accurately observing physician." (Para 211 O/M). Further Hahnemann writes; "In this search for Homoeopathic specific remedy, that is to say, in this comparison of the collective symptoms of the natural disease with the list of symptoms of known medicines, in order to find among these an artificial morbific agent corresponding by similarity to the disease to be cured the *MORE STRIKING, SINGULAR, UNCOMMON AND PECULIAR* (Characteristic) signs and symptoms of the case of disease are chiefly and most solely to be kept in view; for it is *MORE PARTICULARLY THESE THAT VERY SIMILAR ONES IN THE LIST OF SYMPTOMS OF THE SELECTED MEDICINE MUST CORRESPOND TO*, in order to constitute it the

most suitable for effecting the cure. The more general and undefined symptoms; loss of appetite, headache, debility, restless sleep, discomfort, and so forth. demand but little attention when of that vague and indefinite character, if this cannot be more accurately described, as symptoms of such a general nature are observed in almost every disease and from almost every drug." (Para 153. O/M).

This is the only paragraph which gives perfect direction and a clue for selection of symptoms and successful cure of natural diseases. These symptoms I call as "Prescribing symptoms". Dr. Kent has classified all symptoms into *MENTAL, PARTICULAR GENERAL, PHYSICAL GENERAL AND COMMON* and you find uncommon in all groups. (See Art of Case Taking & Practical Repertorization).

Remember: *WHAT QUALIFIES COMMON IS UNCOMMON.*

From this paragraph we understand,

- (1) Common and uncommon symptoms
- or (2) Pathognomonic and Non-pathognomonic symptoms
- or (3) Basic and Determinative symptoms

Now let us study symptoms of Bronchial Asthma on this line with reference to Repertory followed by cases. I have taken rubrics which are useful in daily practice. Choice of rubric depends on individual homoeopaths and presenting symptoms of the Bronchial Asthma cases.

It is to be noted that individual with Bronchial asthma differs greatly in the frequency and degree of their symptoms.

Common/Pathognomonic/Basic	Uncommon/Non-Pathognomonic/ Determinative
PREASTHMATIC SYMPTOMS	
1. Coryza or cold - 325	Coryza, agg. morning/night - 326
2. Sneezing - 350	Coryza, annual - 326
3. Dyspnoea — 766	Coryza, annual asthmatic breathing - 326
4. Tachypnoea-762	Sneezing, morning/evening - 350
5. Cough - 782	Sneezing, coryza without - 350
6. Tightness of chest - 826	Sneezing paroxysmal etc - 351
7. Wheezing - 776, 504 BB	Difficult respiration air in open - 768
	Constriction chest asthmatic - 826
	Wheezing, midnight after - 776
ASTHMATIC SYMPTOMS	
1. Asthmatic respiration - 763	Agg: Morning - 764
2. Br. Asthma - 500 BB	Agg: Early morning - (Br. 884)

- | | | |
|-----|---|--|
| 3. | Shortness of breath - 766 | Agg: Evening - 764 |
| 4. | Tightness/Constriction in the chest - 826 | Agg: Night - 764 |
| 5. | Respiratory distress - 766, 838 | Agg: Midnight after - 764 |
| 6. | Dry cough-non-productive - 786 | (Why? see Appendix) |
| 7. | Cough - 782 | Agg: 2 to 3 a.m. - 764 |
| 8. | Wheezing - 776, 504 BB | Agg: 3 a.m. - 764 |
| 9. | Tenacious mucous expectoration
(children) - 820 | Alternating with eruptions - 764 |
| 10. | Mucous/foamy expectoration - 816, 815 | Anger after - 764 |
| 11. | Tenacious, rubbery white - 820 | Bending head backward amel - 764 |
| 12. | Yellowish expt. (Infection) - 821 | Change of weather - 764 |
| 13. | Tachypnoea-762 | Cold from taking - 764 |
| 14. | Audible wheeze - 776 | Cold air agg: - 764 |
| 15. | Tachycardia - 873 | Cold damp weather agg: - 764 |
| 16. | Sit upright - 771 | Coughing agg: - 764 |
| 17. | Lean forward, amel - 768 | Dust from inhaling - 764 |
| 18. | Air hunger - 769, 1343 | Eating after - 764 |
| 19. | Difficult expiration - 769 | Emotions, after - 764 |
| 20. | Short inspiration - 775 | Eruptions after suppressed - 765 |
| 21. | Rapid breathing - 762, 113 B | Hay asthma - 326, 765 |
| 22. | Coarse Ronchi | Hysterical - 765 |
| 23. | Bubbling rattling rales - 774 | Periodic- 765 |
| 24. | Cyanosis - -828, 1356 | Rash, after suppression of acute, - 765 |
| 25. | Dehydration, due to sweating | Sleep coming on during - 765 |
| 26. | Quick pulse - 1393 | Spasmodic - 765 |
| 27. | Fatigue - 1413 | Thunder storm during - 765 |
| 28. | Confusion - 13 | Vaccination after - 765 |
| 29. | Lethargy - 37 | Wet weather in - 765 |
| 30. | Anxious due to anoxia,
asphyxiation - 762 | Winter, attack in, - 765 |
| 31. | Eosinophilia increased
Ars. iod, Iris. v, Baci., Galphi. | Nervous - Br. 883 |
| 32. | Agg: Night - 764 | Food from, agg: - 1362, Br. 884 |
| 33. | Restlessness - 72 | Etiological reactions. |
| 34. | Flatulence - 765 | MENTAL/EMOTIONAL, reactions |
| 35. | Frequency of urine - 657 | eg. Fear of death - 44 |
| 36. | Sycosis - 1406 | Despair of recovery - 36 |
| 37. | Syphilis - 1406 | Emotional ailments from - 40 |
| 38. | Emphysema - 829 | Consolation agg: - 59 |
| | | Loathing of life - 62 |
| | | Magnetised, desire to be (children) - 63, 1373 |
| | | Restlessness - 72 |
| | | Restlessness, anxious - 73 |
| | | Suicidal thoughts - 85 |
| | | Thinking complaints of agg: - 87 |
| | | Weeping, telling her sickness when - 94 |

Asthma alternates with PAIN - HEAD - 136
 Discoloration, bluish in asthma - FACE - 358
 PAIN, Stitching, before asthma - THROAT - 464
 DROPSY, with asthma, - CHEST - 829
 Discoloration, blue, upper limbs with asthma - EXTREMITIES - 978
 Rash, upper limbs, alternating with asthma - EXTREMITIES - 989
 Pimples, forearm, alternating with asthma - EXTREMITIES - 991
 Rash, forearm, alternating with asthma - EXTREMITIES - 991

Pain, gouty, alternating with asthma - EXTREMITIES - 1048
 Rash, with tightness of chest, alternating with asthma - SKIN - 1318
 Urticaria, alternating with asthma - SKIN - 1321
 Asthmatic trouble in, urticaria - SKIN - 1321
 Moon, new, agg: - 291 Bon, 942 BB

Moon, full, agg: - 291 Bon, 942 BB
 Moon, waning, - 291 Bon, 942 BB
 Moonlight, agg: - 1374 K

Now, let us see which are the drugs coming out prominently from the study of COMMON AND UNCOMMON rubrics. Only a few rubrics are taken for the study on Computer programme.

Lamnia V2.4.

System Listing

Patient:

Analysis by:
 Dr. Ramanlal Patel
 Hahnemann House, College Road
 Kottayam, Kerala, India

Phone:

Refce:

Symptom Codes

8/11 8/229 26/35 26/2 27/23 29/33 26/155

REMEDY	RANK	FREQ	REMEDY	RANK	FREQ
1 ARS	21 (100%)	100.0%	16 CARB-S	14 (66%)	100.0%
2 CARB-V	20 (95%)	100.0%	17 SEP	14 (66%)	100.0%
3 IP	17 (80%)	100.0%	18 KALI - BI	14 (66%)	100.0%
4 SULPH	17 (80%)	100.0%	19 KALI - C	14 (66%)	100.0%
5 PHOS	17 (80%)	100.0%	20 HEP	14 (66%)	100.0%
6 LYC	16 (76%)	100.0%	21 NAT - M	14 (66%)	100.0%
7 CINA	16 (76%)	100.0%	22 KALI - AR	14 (66%)	100.0%
8 NUX - V	16 (76%)	100.0%	23 ACON	14 (66%)	85.7%
9 BROM	15 (71%)	100.0%	24 LACH	14 (66%)	85.7%
10 CUPR	15 (71%)	100.0%	25 ANT - T	14 (66%)	85.7%
11 BELL	15 (71%)	85.7%	26 SPONG	13 (61%)	100.0%
12 PULS	15 (71%)	85.7%	27 IOD	13 (61%)	100.0%
13 BRY	15 (71%)	85.7%	28 ARS - I	13 (61%)	100.0%
14 SIL	15 (71%)	85.7%	29 MERC	13 (61%)	85.7%
15 CHIN	14 (66%)	100.0%	30 RHUS - T	13 (61%)	85.7%

FULL SYMPTOM DESCRIPTIONS

8/11 NOSE: CORYZA
 8/229 NOSE: SNEEZING
 26/35 RESPIRATION: DIFFICULT
 26/2 RESPIRATION: ACCELERATED

27/23
29/33
26/155

COUGH: ASTHMATIC
CHEST: CONSTRICTION, tension
RESPIRATION: WHEEZING

Consolidated Remedy Scan

882222 2
6679 6
12
123223 1
95 33 5
5

ARS	333333 3
CARB - V	333323 3
IP	123332 3
SULPH	333313 1
PHOS	323323 1
LYC	223313 2
CINA	233231 2
NUX - V	332232 1
BROM	222223 2
CUPR	113332 2
BELL	322323 -
PULS	333222 -
BRY	233313 -
SIL	323223 -
CHIN	223221 2
CARB - S	332113 1
SEP	222322 1
KALI - BI	222222 2
KALI - C	213122 3
HEP	313222 1
NAT - M	222213 2
KALI - AR	223122 2
ACON	222323 -
LACH	223-23 2
ANT - T	123332 -
SPONG	223122 1
IOD	222212 2
ARS - I	222122 2
MERC	332212 -
RHUS-T	332212 -

Lamnia V2.4.

System Listing

Patient:

Analysis by:
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Phone:

Refce: UNCOMMON - PREASTHMATIC

Symptom Codes

8/14	8/16	8/21	8/22	8/230	8/237	8/242	26/42	26/100	27/10	29/36	
REMEDY	RANK			FREQ			REMEDY	RANK			FREQ
1 NUX - V	14 (42%)			81.8%			16 GELS	7 (21%)			36.4%
2 CARB-V	12 (36%)			63.6%			17 NIT-AC	7 (21%)			36.4%
3 SULPH	12 (36%)			63.6%			18 AGAR	7 (21%)			36.4%
4 CALC	12 (36%)			54.5%			19 CAUST	7 (21%)			36.4%
5 MERC	11 (33%)			45.5%			20 AM-C	7 (21%)			27.3%
6 LACH	10 (30%)			54.5%			21 PHOS	6 (18%)			54.5%
7 ARS	10 (30%)			45.5%			22 SANG	6 (18%)			36.4%
8 NAT - M	10 (30%)			45.5%			23 IOD	6 (18%)			36.4%
9 PULS	9 (27%)			45.5%			24 ALL - C	6 (18%)			27.3%
10 SABAD	9 (27%)			36.4%			25 SIN - N	6 (18%)			27.3%
11 SIL	8 (24%)			45.5%			26 GRAPH	6 (18%)			27.3%
12 EUPHR	8 (24%)			45.5%			27 ARUM- T	6 (18%)			27.3%
13 SEP	8 (24%)			36.4%			28 MAG - C	6 (18%)			27.3%
14 NAJA	7 (21%)			45.5%			29 CON	5 (15%)			36.4%
15 LYC	7 (21%)			36.4%			30 KALI - BI	5 (15%)			36.4%

FULL SYMPTOM DESCRIPTIONS

8/14	NOSE: CORYZA, morning
8/16	NOSE: CORYZA, night
8/21	NOSE: CORYZA, annual, hay fever
8/22	NOSE: CORYZA, annual, asthmatic breathing
8/230	NOSE: SNEEZING, morning
8/237	NOSE: SNEEZING, coryza, without
8/242	NOSE: SNEEZING, paroxysmal
26/42	RESPIRATION: DIFFICULT, air, in cold
26/100	RESPIRATION: DIFFICULT, sleep, falling asleep, when
27/10	COUGH: NIGHT
29/36	CHEST: CONSTRICTION, asthmatic

Consolidated Remedy Scan

888888	82222
	6679
112222	2
461233	44113
07	22006
	0

NUX - V	32122	11 11
CARB-V	2122 2	21
SULPH	31	21131
CALC	22 13	1 3
MERC	3 12	2 3
LACH	1 11	1 33
ARS	22 1	2 3
NAT - M	1 3 2	2 2
PULS	1 2 2	1 3
SABAD	32	2 2
SIL	21 1	1 3
EUPHR	1122 2	
SEP	1 22	3
NAJA	122	11
LYC	11	2 3
GELS	2 2	2 1
NIT - AC	2 12	2
AGAR	12	2 2
CAUST	1 31	2
AM - C	3	13
PHOS	1 11	1 11
SANG	121	2
IOD	1 13 1	
ALL - C	1 3 2	
SIN - N	321	
GRAPH		123
ARUM - T	2 2	2
MAG - C	2 2	2
CON	1 1 1	1 2
KALI - BI	1 1 2	1

Lamnia V2.4.

System Listing

Patient:

Analysis by:
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Phone:

Refce: ASTHMA

Symptom Codes

26/12	26/35	29/33	29/161	26/35	27/53	27/23	26/155	28/66	28/40
28/66	28/69	26/2	26/115	29/401	26/95	26/92	26/58	26/2	26/145
37/101	37/400	37/552	1/499	1/1702	26/15	1/3148	37/499	37/500	29/53

REMEDY	RANK	FREQ	REMEDY	RANK	FREQ
1 ARS	70 (77%)	93.3%	16 NAT - M	49 (54%)	76.7%
2 SULPH	62 (68%)	93.3%	17 ANT - T	49 (54%)	76.7%
3 PULS	62 (68%)	83.3%	18 BRY	49 (54%)	73.3%
4 PHOS	62 (68%)	83.3%	19 IOD	48 (53%)	80.0%
5 CARB - V	61 (67%)	90.0%	20 NUX - V	48 (53%)	76.7%
6 LACH	60 (66%)	86.7%	21 BELL	48 (53%)	73.3%
7 SIL	57 (63%)	76.7%	22 MERC	46 (51%)	80.0%
8 LYC	56 (62%)	83.3%	23 NIT - AC	46 (51%)	76.7%
9 SEP	56 (62%)	80.0%	24 OP	46 (51%)	76.7%
10 KALI - C	54 (60%)	80.0%	25 ACON	46 (51%)	70.0%
11 CUPR	53 (58%)	76.7%	26 STANN	45 (50%)	70.0%
12 ARG - N	52 (57%)	80.0%	27 SPONG	44 (48%)	73.3%
13 HEP	51 (56%)	80.0%	28 CHIN	44 (48%)	70.0%
14 IP	50 (55%)	80.0%	29 ARS - I	44 (48%)	70.0%
15 CALC	50 (55%)	76.7%	30 DIG	42 (46%)	76.7%

FULL SYMPTOM DESCRIPTIONS

26/12	RESPIRATION: ASTHMATIC
26/35	RESPIRATION: DIFFICULT
29/33	CHEST: CONSTRICTION, tension
29/161	CHEST: OPPRESSION
26/35	RESPIRATION: DIFFICULT
27/53	COUGH: DRY
27/23	COUGH: ASTHMATIC
26/155	RESPIRATION: WHEEZING
28/66	EXPECTORATION: VISCID
28/40	EXPECTORATION: MUCOUS
28/66	EXPECTORATION: VISCID
28/69	EXPECTORATION: YELLOW
26/2	RESPIRATION: ACCELERATED
26/115	RESPIRATION: DIFFICULT, warm room, in the
29/401	CHEST: PALPITATION, heart
26/95	RESPIRATION: DIFFICULT, sitting upright amel.
26/92	RESPIRATION: DIFFICULT, sitting bending forward amel.
26/58	RESPIRATION: DIFFICULT, expiration.

26/2 RESPIRATION: ACCELERATED
 26/145 RESPIRATION: RATTLING
 37/101 GENERALITIES: CYANOSIS
 37/400 GENERALITIES: PULSE frequent, accelerated, rapid
 37/552 GENERALITIES: WEAKNESS, enervation
 1/499 MIND: CONFUSION of mind
 1/1702 MIND: DULLNESS, sluggishness, etc.
 26/15 RESPIRATION: ASTHMATIC, night
 1/3148 MIND: RESTLESSNESS, nervousness
 37/499 GENERALITIES: SYCOSIS
 37/500 GENERALITIES: SYPHILIS
 29/53 CHEST: EMPHYSEMA

Consolidated Remedy Scan

	222222	222222	222222	223331	121332
	669967	768888	669666	66777	6 779
				4	1 3
	133135	216466	214995	211459	711455
	253653	356069	10528	40059	054903
	1	5	51	5102	2 890
ARS	333333	332322	313 21	332332	133 22
SULPH	333333	111112	3331	321332	323221
PULS	332333	2 3333	233 1	231222	3331
PHOS	233333	213333	3 3	331332	311 22
CARB - V	233332	232222	322	323123	322112
LACH	233233	221311	323	23233	312223
SIL	333232	2 2323	2 2	221333	3 323
LYC	233232	121313	3232	331122	3 32
SEP	222322	212223	3 3	32 233	3233 1
KALI - C	332333	232222	1 33	12 132	3221
CUPR	332332	322121	3 2	333322	1 3 1
ARG - N	322221	113332	223	212222	3 33
HEP	232232	213332	2 2	231131	2 123
IP	332332	33 1 1	311 2	332121	122 2
CALC	223323	112323	1 3	121133	3 32
NAT - M	223223	121311	2 3	221333	3 2 2
ANT - T	232231	3 121	312	332232	221 3
BRY	233333	1 2322	3 2	311313	31 1
IOD	222223	122221	223	22 331	1 222
NUX - V	222323	312221	2 3	221323	212
BELL	223323	2 1111	3 2	322313	3 3 2
MERC	122222	1 1112	2 3	211333	2 3132
NIT - AC	222222	122322	2	21231	2 2331
OP	232232	1 1111	2 2	223323	322 1
ACON	223323	2 1112	3 3	321322	2 3
STANN	233232	113333	1 1	12 331	2 2
SPONG	332233	212222	1 3 2	121221	2
CHIN	231233	22131	2 3	231132	2 2
ARS - I	322323	221 12	1 3	12 331	1 3 3
DIG	222221	1 1111	2 3	213331	222 2

Lamnia V2.4.

System Listing

Patient:

Analysis by:
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Phone:

Refce: UNCOMMON ASTHMATIC

Symptom Codes

26/13	26/14	26/15	26/19	26/20	26/22	26/23	26/24	26/25	26/26
26/27	26/29	26/30	26/31	1/1983	1/1645	1/1829	1/2631	1/2798	1/2831
1/3148	1/3175	1/3680	1/3746	1/4084					

REMEDY	RANK	FREQ	REMEDY	RANK	FREQ
1 ARS	33 (44%)	52.0%	16 NAT - M	14 (18%)	28.0%
2 PULS	30 (40%)	48.0%	17 BELL	14 (18%)	28.0%
3 NUX - V	25 (33%)	64.0%	18 NIT - AC	14 (18%)	28.0%
4 PHOS	23 (30%)	52.0%	19 ZINC	13 (17%)	36.0%
5 CALC	22 (29%)	40.0%	20 OP	13 (17%)	32.0%
6 SULPH	21 (28%)	48.0%	21 FERR	13 (17%)	28.0%
7 SEP	19 (25%)	44.0%	22 GELS	13 (17%)	24.0%
8 LACH	18 (24%)	40.0%	23 SPONG	13 (17%)	24.0%
9 CARB - V	18 (24%)	36.0%	24 PSOR	13 (17%)	24.0%
10 KALI - C	18 (24%)	36.0%	25 IGN	12 (16%)	28.0%
11 AUR	17 (22%)	36.0%	26 HEP	12 (16%)	28.0%
12 SIL	17 (22%)	32.0%	27 MERC	12 (16%)	24.0%
13 ACON	15 (20%)	28.0%	28 HELL	11 (14%)	24.0%
14 CAUST	14 (18%)	32.0%	29 RHUS - T	11 (14%)	24.0%
15 COFF	14 (18%)	32.0%	30 NAT - S	10 (13%)	24.0%

FULL SYMPTOM DESCRIPTIONS

26/13	RESPIRATION: ASTHMATIC, morning
26/14	RESPIRATION: ASTHMATIC, evening
26/15	RESPIRATION: ASTHMATIC, night
26/19	RESPIRATION: ASTHMATIC, alternating with eruptions
26/20	RESPIRATION: ASTHMATIC, change of weather
26/22	RESPIRATION: ASTHMATIC, cold, from
26/23	RESPIRATION: ASTHMATIC, cold air agg.
26/24	RESPIRATION: ASTHMATIC, emotions,, after
26/25	RESPIRATION: ASTHMATIC, eruptions, after suppressed
26/26	RESPIRATION: ASTHMATIC, hay asthma
26/27	RESPIRATION: ASTHMATIC, hysterical
26/29	RESPIRATION: ASTHMATIC, periodical
26/30	RESPIRATION: ASTHMATIC, sleep, coming on during
26/31	RESPIRATION: ASTHMATIC, spasmodic

1/1983 MIND: FEAR, death, of
 1/1645 MIND: DESPAIR, recovery
 1/1829 MIND: EXCITEMENT, emotional, ailments from
 1/2631 MIND: IRRITABILITY, consolation agg.
 1/2798 MIND: LOATHING, life
 1/2831 MIND: MAGNETIZED, desires to be
 1/3148 MIND: RESTLESSNESS, nervousness
 1/3175 MIND: RESTLESSNESS, anxious
 1/3680 MIND: SUICIDAL, thoughts
 1/3746 MIND: THINKING, complaints, of, agg.
 1/4084 MIND: WEEPING, spasms, after

Consolidated Remedy Scan

	222222	222222	221111	111111 1
	666666	666666	66	
			1112	223333 4
	111122	222222	339686	781167 0
	345902	345679	018423	934784 8
			3591	818506 4
ARS	3 2	22 3	2333	3 33 1
PULS	33 2	3 3	22 3	2 322
NUX - V	11	21 221	22121	2 21 2
PHOS	121	12	13 2	3312 1
CALC	2		3321	2332 1
SULPH	222	2 11	211	2 32
SEP	2		121213	2 31 1
LACH	11	2	222	222 2
CARB - V	2 2	22 2	2	2 22
KALI - C	3 2		2221 1	23
AUR	2 1		1 2	3 2231
SIL	1	2	1 3	2332
ACON	1	2	2 32	32
CAUST			12 2	1 22 2 2
COFF	2 1	2	12 3	21
NAT - M			1 23	3 22 1
BELL	1		22 2	2 32
NIT - AC			3 12	2 22 2
ZINC	21		1112	1 21
OP	2	2	122	1 21
FERR	12	2	21	32
GELS		2	23 3	1 2
SPONG	3		32	2 1 2
PSOR		2	222	2 3
IGN		2	1113	2 2
HEP	2	1	2 2	1 22
MERC			1 1	3 322
HELL			22 1	22 2
RHUS - T	1		2	2 321
NAT - S		2	1 1	2 1 3

FROM MY ABOVE STUDY, I HAVE PREPARED NOTES ON BRONCHIAL ASTHMA AS FOLLOWS WHICH I REFER FREQUENTLY.

ACUTE

Aralia rac., Ars. alb., Bell., Bry., Blatta., Car. veg., Grindelia, Ipecac, Lobelia, Mag. phos., Ocimum grat., Passiflora, Senega, Viscum alb.

SUB-ACUTE

Ars. alb., Ars. iod., Hydrocyan. acid., Luffa op., Kali phos., Medorrhinum., Nat. mur., Nat. sulph., Nux vom., Sabadilla, Tylophora ind., (at bed time).

CARDIAC

Ars. alb., Aralia rac., Grindelia, Naja, Spongia, Viscum alb.

ALLERGIC

Apis mel., Bromium, Caladium, Ipecac, Luffa op., Lachesis, Lyssin, Pothos f., Puls., Sabadilla, Sulphur, Thyroidinum, Tylophora ind.

CHILDREN

Ars. iod., Ant. tart., Bacillinum, Drosera, Ipecac, Justicia ad., Luffa op., Morgan bach., Nat. sulph., Sulphur, Sambucus.

ADULTS

Ars. alb., Ars. iod., Aurum met., Acid sulphurosus, Bacillinum, Calc. carb., Carb. veg., Cup. met., Drosera, Ipecac, Kali carb., Kali nit., Kali ars., Lachesis, Luffa op., Syphilinum, Medorrhinum, Nat. mur., Naja, Nux vom., Phos., Puls., Spongia, Sulphur, Thuja, Xantho.

CONSTITUTIONAL

Bacillinum, Drosera, Kali carb., Morgan bach., Medorr., Nat. sulph., Psorinum, Pulsatilla, Sulphur, Syphilinum, Thuja, Tuberculinum.

APPENDIX

WHY ASTHMA IS AGGRAVATED MOSTLY AT NIGHT?

Nearly two thousand cases of Asthma have passed through my hands, out of which many are relieved, majority of them are cured and a few have dropped the treatment and still there are many who are under treatment and are relieved. It was curious that almost all patients were having aggravation at night and especially between 1 a.m. and 4 a.m.

Why is an aggravation of Respiratory symptoms, especially of asthma so frequently seen between 1 a.m. and 4

a.m.? I thought that there must be a relative difference in the atmospheric temperature. So temperature of the patients were taken at 2 hours interval after 6 p.m. and the atmospheric temperature was recorded for several days. The time of intake of food was also observed to note whether there is any reaction immediately or after some time in temperature or symptoms.

It is now known that at 2 a.m. when the blood heat of the child begins to rise rapidly, strange to say, the temperature of the adult male or female commences to decline almost as rapidly. We must remember, too, that at this hour the thermometer in the air usually touches its minimum point. The combined operation of these causes doubtless explains this favourite hour (2 a.m.) advent of a certain form of cough and for the accession of the Asthmatic paroxysm. Blood forsaking to so large an extent, the general cutaneous surface, may induce just that amount of hyperaemia of the nervous centres which controls the respiratory muscles, to produce spasmodic contraction.

Medicines having aggravation between 1 a.m. and 4 a.m. (as per my clinical experiences)

After Midnight: ARS. ALB, Car. Veg, Ferr. Met., Graphit., Lachesis., SAMBUCUS

2 A.M. ARS. ALB., KALI. BICH., KALI CARB., Rumex, NAT. SULPH.

2 A.M. to 3 A.M. KALI ARS., KALI CARB.

3 A.M. China, CUP. MET., KALI CARB., KALI NIT., NAT. SULPH., SAMB.

4 A.M. NAT. SULPH.

CONSTITUTIONAL MEDICINES (Used as intercurrent in a few cases)

MEDORRHINUM, PSORINUM, LEUTICUM, Bacillinum, TUBERCULINUM.

GENERAL TREATMENT TO PREVENT ATTACKS

1. No bath in the evening after 6 P.M.,
2. No milk or milk products after 6 P.M.,
3. No dinner or any food after 7 P.M.,
4. Warm cover after 11 P.M.,
5. Take 2-teaspoonful of pure honey mixed with 2 teaspoonful of fresh lime in 2 ounce of water. Mix and take one hour before retiring, or early morning.

NB: Most of the above medicines are used in 50 Millesimal potencies, usually 0/3 and 0/6.