

CLINICAL VERIFICATION

Lac Caninum (Clinically verified Symptoms)

Introduction	:	The secretion of the mammary glands of a lactating female dog collected at least 15 days after parturition ⁵ . The symptoms which are given in literature ^(1,2,3,4,5) , were clinically verified by CCRH.
Name in Contemporary use	:	Dog's Milk ⁵ (Bitch's Milk) ³
Synonyms	:	French Lait de chienne ⁵
Preparation of Homoeopathic Medicine and Class.	:	Solution 1/100 in distilled water (Class-B), freshly made ⁵ .
Source of drug	:	Hahnemann Publishing Company Pvt. Ltd., Kolkata
Period of study	:	April 1984- March 2003
Potencies used	:	6, 30, 200, 1M
Number of cases studied	:	4347

Clinical Verification conducted at:-

1. Regional Research Institute (H), New Delhi
2. Homoeopathic Research Institute, Lucknow (U.P.)
3. Homoeopathic Research Institute, Jaipur (Rajasthan)
4. Clinical Verification Unit, Ghaziabad (U.P.)
5. Clinical Verification Unit, Patna (Bihar)
6. Clinical Verification Unit, Vrindavan (U.P.)
7. Clinical Research Unit, Jammu (J&K)

Clinically verified Symptoms observed during the study:

Location	Symptom	No. of patients prescribed	No. of patients relieved
Mind	Anxiety ^N	2	2
	Anxiety with palpitation in crowded place ^N	1	1
	Forgetfulness; in writing, makes mistakes ^N	31	23
	Nervousness ³	9	7

- Note:*
- i) The symptoms superscribed with a particular number(1,2,3,4) are found in the literature, as well as clinically verified by CCRH.
 - ii) Symptoms superscribed with (N) are those reported and relieved by patients but not mentioned in the literature.
 - iii) The figure 1,2,3 & 4 stand for the source literature referred.

Location	Symptom	No. of patients prescribed	No. of patients relieved
Head	Anger easily ^N	2	2
	Giddiness ^N	3	3
	- <morning ^N	1	1
	Irritable ³	4	4
	Vertigo with darkness before eyes ^N	188	88
	Thinks her disease is incurable ¹	13	11
	Headache <noise, talking, - > keeping quiet ³	38	31
	Severe headache with nausea & vomiting ¹	152	99
	Headache - occipital, forehead, temples - with numbness <lying ^N	157	83
	- with flatulence >by pressure & cold application ³	8	7
	Headache on alternate sides <morning ^N	31	26
	- >by pressure ^N	1	1
	- <evening, summer, looking downwards ^N	2	2
	- left sided headache with palpitation <standing ^N	1	1
	- bursting headache, current like sensation ^N	80	31
	Dandruff with itching on scalp ^N	6	6
	Falling of hair ^N	1	1
Nose	Alternate blockage of nostrils ³	165	115
	- with coryza ¹	23	21
	- heaviness of head ^N	4	4
	Fluent coryza - from both nostrils, catarrh ³	84	71
	Coryza (with watery nasal discharge & sneezing) ^N , alternate obstructions of nostrils ^{1,3} <waking ^N	6	5
	Coryza with thick white discharge <evening & warmth ^N	13	13
	Tendency to catch cold ^N	17	17
Eyes	Pain in eyes <reading, with sensation of film over them required to be wiped off before seeing ³	35	28
Ear	Noises in ears ³	34	28
Mouth	Cracking of jaw while eating ^{1,3}	45	39
	Gums swollen, bleeding, teeth loose, sensitive to cold water ³	53	45
	Profuse salivation ^N	2	2
Throat	Pain in throat due to tonsillitis ¹	13	8
	Tonsillitis on alternate sides- changes sides rapidly ¹	13	12
	- <sour things ^N	2	1
	with cough <before menses with - Hoarseness of voice ^N	1 3	1 3

Location	Symptom	No. of patients prescribed	No. of patients relieved
	heaviness of head ^N		
	-<swallowing saliva ³	1	1
	Tonsils inflamed, sore, red, shining ^N	35	30
Stomach	Acidity <after eating ^N	7	7
	Anorexia ²	52	52
	Thirstlessness ²	7	7
	Desire salt ^N	2	2
Abdomen	Flatulence <eating after ^N	61	41
	Pain in abdomen & heaviness with flatulence ^N	7	7
	Pain in lower abdomen <during menses ³	5	2
Rectum	Constipation ^{2,3}	286	189
	- with scanty stool ^N	30	26
	- with flatulence ³	26	22
	- with unsatisfactory stools ^N	26	15
	- with dry & hard stool ^N	10	5
Urinary system	Pain in urethra while passing urine ²	37	17
Female genitalia	Leucorrhoea ^{2,3}	175	129
	- <walking ^{2,3}	130	67
	- profuse discharge ²	2	2
	- whitish discharge ²	31	31
	- thick yellow discharge ^N	42	42
	- thin, watery and profuse ²	30	11
	- with backache ²	6	5
	- <during day, standing & walking ³	65	56
	Menses profuse, bright red blood ^{1,2}	1	1
	Menses scanty painful ³	12	8
Respiratory system	Cough ^{1,3}	43	29
	- with tickling in throat ^{2,3}	21	12
	- with scanty expectoration & headache ^N	6	6
	- with hoarseness of voice ^N	2	2
	Cough with expectoration <night ^N	16	9
	Cough from tickling in larynx <talking & lying down ³	60	51
	Dyspnoea ³ , ascending & exertion ^N	18	12
Chest	Violent palpitation of heart ³	81	46
	Palpitation with suffocative feeling <exertion ³	3	3
	Chest pain in intercostals regions- pain changeable ^N	19	10
	-<leaning, exertion >rest ^N	2	2
	Perspiration in axillae very fetid ³	61	52
	Mastitis ¹ - painful with swelling ^N	134	108
	- pain < from going up or down stairs ³	61	52
	- <before menses, motion ^N	45	45
	- with pain & tenderness ^N	11	10
	Painful glands around nipple with hardness & formation of nodes ^N	9	9

Location	Symptom	No. of patients prescribed	No. of patients relieved	
Back	Backache-spine sensitive to touch & pressure ^N	266	255	
	Pain in back ³	394	223	
	- on alternate sides ^N	44	43	
	- <at night ^N	22	16	
	- <from cold ^N	11	7	
	- >from pressure ^N	2	2	
	- <from movement ^N	89	48	
	Pain at nape of neck ⁴	328	190	
	- with stiffness ^N	88	45	
	- <on movement ^N	62	35	
	- with numbness ^N	31	25	
	Pain in back-lumbar region ^N	462	278	
	- <from cold ^N	2	2	
	- <on movement, walking ^N	297	189	
	- <Sitting for long duration >by rest ^N	112	43	
	- <night, rising from seat ^N	18	8	
	Pain in left lumbar region, radiate to nape of neck, aching with restlessness ^N	10	10	
	Pain in sacrum <stooping, >by leaning back ³	55	48	
	Extremities	Shifting pain in joints ³	150	102
		- <from cold ^N	2	1
- <from walking ³		2	2	
Alternating pain in joints ^N		85	73	
Pain in small joints with shifting		6	6	
- <morning, cold ^N				
Alternating pain in hands ^N		5	4	
- with numbness ^N		4	4	
Rheumatic pain in joints <movement, (from cold) ^N , & on alternate sides ²		380	363	
Pain in joints <on movement ^{2,3,4}		382	219	
- <from cold ³		6	4	
- with numbness ¹		43	38	
- with stiffness ^{1,2,3,4}		291	186	
- with swelling ^N		3	3	
- <night, lying down ^N		19	9	
- with weakness, laziness & giddiness ^N		3	3	
- <summer ^N		1	1	
Pain in shoulder joints ³		335	199	
- <on raising the hands ^N		26	18	
- <on moving the hands ^N		5	4	
- <from cold ³		1	1	
- on alternate sides ³		1	1	
- >by hard pressure ^N		1	1	
- <at night ³		6	4	
- with difficulty to take hand back ^N		1	1	
- in right shoulder ³		24	13	
Pain in legs, calves ^N		286	222	
- <on movement ^{2,3}		185	158	
- with numbness ^{2,3}		144	82	
- on alternate sides ^{2,3}		2	2	
- <at night ^N	22	22		

Location	Symptom	No. of patients prescribed	No. of patients relieved
	- with weakness ^N	3	3
	- with tingling in extremities ^N	1	1
	- >by massage ^N	8	6
	- with stiffness & numbness ^{2,3}	60	60
	- pain extend to heel ^N	103	103
	Pain in knee joints <on movement ^{3,4}	661	401
	- on alternating sides ³	9	9
	- with numbness ^{3,4}	3	2
	- with pain in calf muscles ^N	3	3
	- with swelling in knee joints ^N	25	20
	- with crackling sound on movement ^N	4	2
	- walking ³ & exertion ^N	11	3
	Sciatica with pain <movement ^N	606	519
	- with numbness in legs ¹	559	477
	- right sided ¹	574	493
	- <walking & exertion ^N	9	9
	- <movement >by rest ^N	33	9
	- <standing ^N	2	2
	- left sided ³	6	4
	Numbness of (hands and) ^N legs ^{1,3}	192	84
	Burning in palms and hands ^N	286	198
	Pain in extremities with numbness ^N	505	408
	-<morning ^N	83	37
	Numbness of fingers ^N	44	32
	Heel pain <walking while ^N	68	68
	Pain in hands <on abduction, movement ^N	4	4
	Pain in hands with tingling sensation ^N	4	4
	Chilblains ^N	1	1
	Swelling in ankle joints with pain ^N	20	20
	Cramping pain in calf muscles <at night ^N	41	37
	Pain soles <from cold ^N	2	2
	Oedema over legs <walking ² & on standing ^N	3	2
	Pain in lower limbs with numbness & stiffness <night ³ >pressure ^N	65	29
	Pain in wrist joints ³ with swelling <walking ^N	10	8
	Pain in right wrist joint with swelling ^N	3	2
	Aching pain in limbs & back <evening & movement ³	104	80
	Wrist lame & painful ³	65	55
	Pain in right hip, (back) ^N & legs <walking ³	35	31
	Pain in fingers with swelling ^N	2	2
Skin	Ring worm like eruptions with itching ^N	1	1
	Small macular eruptions with itching <night ^N	1	1
Sleep	Sleeplessness ²	5	5
	Dreams of snakes ¹	2	2
Perspiration	Profuse perspiration over whole body ^N	3	3
Fever	Intense fever with perspiration <walking in morning ³	9	9

Location	Symptom	No. of patients prescribed	No. of patients relieved
Generalities	General weakness with prostration ¹	70	39
	Generalised swelling ^N	2	2
	Feverish feeling with tiredness ^N	3	2
	Bodyache ^N	68	68
	When walking patients feels that she is walking on air ¹	3	3

Observation:

The medicinal picture, given below is based on clinical verification studies and contain symptoms found relieved in more than 30 patients each.

Drug picture:

- Vertigo with darkness before eyes^N
- Headache <noise, talking, > keeping quiet³
- Severe headache with nausea & vomiting¹
- Headache - occipital, forehead, temples, with numbness <lying^N
- Bursting headache, current like sensation^N
- Alternate blockage of nostrils³,
- Fluent coryza - from both nostrils- catarrh³
- Cracking of jaw while eating^{1,3}
- Gums swollen, bleeding, teeth loose, sensitive to cold water³
- Tonsils inflamed, sore, red, shining^N
- Anorexia²
- Flatulence <eating after^N
- Constipation^{2,3}
- Pain in urethra while passing urine²
- Leucorrhoea^{2,3}, whitish²/thick yellow discharge^N<walking^{2,3}, during day, standing³
- Mastitis- painful with swelling¹, < from going up or down stairs³, before menses & motion^N
- Cough from tickling in larynx <talking & lying down³
- Violent palpitation of heart³
- Perspiration in axillae very fetid³
- Mastitis¹- painful with swelling^N, pain < from going up or down stairs³ <before menses, motion^N
- Backache-spine sensitive to touch & pressure^N
- Pain in back, alternate sides³, <from movement^N
- Pain at nape of neck⁴, with stiffness⁴ & numbness, <on movement⁴
- Pain in back-lumbar region, <on movement, walking³, sitting for long duration >by rest³
- Pain in sacrum region <stooping, >by leaning back, spine sensitive to touch & pressure^N
- Shifting pain in joints³
- alternating pain ion joints^N
- Rheumatic pain in joints <movement, (from cold)^N, & on alternate sides²
- Pain in joints <on movement^{2,3,4}, with numbness⁴, with stiffness^{1,2,3,4}
- Pain in shoulder joints³
- Pain in legs^{2,3} : calves^N, <on movement, with numbness & stiffness & numbness^{2,3}, pain extend to heel^N
- Pain in knee joints <on movement^{3,4}
- Sciatica, right sided, with numbness in legs¹, Pain<movement^N
- Numbness of (hands and)^N legs^{1,3}
- Burning in palms^{1,4} and hands^N
- Pain in extremities with numbness, <morning^N
- Numbness of fingers^N
- Heel pain <walking while^N
- Cramping pain in calf muscles <at night^N
- Aching in limbs & back <evening & movement³
- Wrist lame & painful³

- Pain in right hip, (back)^N & legs <walking³
- General weakness with prostration¹
- Bodyache^N

Clinical conditions:

Headache, Coryza, Tonsillitis, Anorexia, Mastitis, Leucorrhoea, Bronchitis, Cervical spondylosis, Lumbago, Rheumatic pain, Sciatica.

Prescribing Symptoms:

- Headache, on alternate sides <morning, noise, talking, > keeping quiet
- Fluent coryza - from both nostrils- catarrh
- Pain in eyes <reading, sensation of film over them required to be wiped off before seeing
- Noise in ears
- Cracking of jaw while eating
- Gums swollen, bleeding, teeth loose, sensitive to cold water
- Tonsils inflamed, sore, red, shining
- Anorexia
- Flatulence <eating after
- Pain in urethra while passing urine
- Leucorrhoea- whitish/thick yellow discharge <during day, standing & walking
- Mastitis- painful with swelling, < from going up or down stairs, before menses & motion^N
- Cough from tickling in larynx <talking & lying down
- Perspiration in axillae very fetid
- Pain in sacrum <stooping, >by leaning back, spine sensitive to touch & pressure.
- Shifting pain in joints with numbness
- Rheumatic pain in joints <movement, from cold, & on alternate sides
- Sciatica, right sided, with numbness in legs <movement
- Pain in extremities with numbness
- Cramps in calf muscles <at night
- Pain in right hip, back & legs <walking

Reference:

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4. *CCRH Quarterly Bulletin*, Vol. 9 (1&2), (1987):pp 4
5. *Homoeopathic Pharmacopoeia of United State*, Revision service, Dec-1991:pp 5413.