

KALI MURIATICUM

(A Conformatory Proving)

INTRODUCTION

The drug was proved earlier in three different Drug Proving Research Units, one each in Bihar, West Bengal and Uttar Pradesh under the aegis of the erstwhile Central Council for Research in Indian Medicine and Homoeopathy (CCRIMH). A monograph containing chemical study and drug pathogenesis obtained during the course of the proving was published by the CCRIMH in the year 1974. With a view of achieving the maximum possible symptomatology of this drug, a re-proving of the same was undertaken in the Drug Proving Research Unit, Midnapore, West Bengal during the period between 1972-74 and also to evaluate the validity of the symptoms recorded earlier. The present proving report is based on the data obtained thereby which has been sifted, compiled and edited by the Drug Proving Cell of the Council.

MATERIAL

Potencies used: 1X, 30C, 200C, and 1000C
Number of provers: 30
20 male
10 female

MIND

Feeling of sadness*, depression*, anxiety*

Irritability*, angry from slightest provocation*, while speaking

Disinclination to do any work*; laziness*

Loss of concentration* and feeling of emptiness in head
Forgetfulness

Desire to be alone*, aversion to talk* or to be disturbed

HEAD

Haviness of head* with sweating of forehead in the morning

Heaviness of the head with headache* and bodyache
agg. movement, warmth; *amel.* rest, lying down, cold application; Sensation of weight on head; *agg.* motion; *amel.* rest

Heaviness of frontal region*, *agg.* movement; *amel.* rest, pressure

Throbbing in frontal region with drowsiness from 7 p.m. to 8 p.m. *agg.* motion, warmth; *amel.* rest, lying down, sleep, cold, hard pressure

Stitching pain in frontal region with sensation of heat on vertex, *agg.* warmth, cold open air

Bursting* frontal headache* with dim vision* and with short cough and fever, *agg.* stooping, walking, sunlight
amel. rest, hard pressure, tight bandage, closing the eyes

Bursting pain in occipital region, *agg.* warmth, after exhaustion

Excessive falling of hair

EYES & VISION

Burning in the eyes*, *agg.* opening the eyes, warm application, heat in all form; *amel.* closing the eyes, cold application, open air

*These symptoms are in conformity with the ones obtained during the earlier proving of the drug.

Irritation in the eyes as if splinter is lodged inside the eyeballs, *agg.* cold in any form, light; *amel.* warm application

Itching in the inner angles of the eyes*, first left then right with thick exudation from the eyes; *agg.* cold; *amel.* warmth

Pain in the right eye with irritation and lachrymation; *agg.* opening the eye; *amel.* rubbing, cold water application

Lachrymation* with redness of conjunctivae & burning in the eyes; and agglutination of eyes at night, *agg.* opening the eyes, warm application, heat in all form; *amel.* closing the eyes, cold application heat in all form, open air

Thick, sticky yellowish discharge from the eyes*, with itching in the eyes*; agglutination of eyes and watering of the eyes*, after slight rubbing *agg.* cold in any form, light; *amel.* warm application

Swelling of eyelids, and burning in the eyes with redness of conjunctivae and profuse watery discharge which later on becomes thick and sticky, and ulceration of the margin of eyelids with soreness and tenderness; *agg.* cold in any form, light; *amel.* warm application, touch, contact

Aching and tenderness of the outer angle of the left eye, *agg.* on opening the eye; *amel.* on closing the eye, warm application

Dim vision with bursting frontal headache*, *agg.* stooping, walking, sunlight; *amel.* rest, closing the eyes

EARS

Earache in both ears with tinnitus *agg.* while speaking, night; *amel.* pressing on external auditory meatus with tip of little finger (O.E. Signs of Otitis media)

Stitching pain in the right ear during mastication with constipation and diminished appetite *agg.* cold, night; *amel.* warmth, day time

NOSE

Coryza*, fluent, thin*, watery, constant nasal discharge *agg.* cold air, night; *amel.* warmth, day time

Stoppage of nostrils*, alternating sides* and occasional sneezing.

Bleeding* from the left nostril, of blackish-red colour, in small quantity, after washing the face, *agg.* stooping, lying down; of bright-red colour, 6-8 drops with an empty feeling in head and loss of concentration of mind, *agg.* movement; *amel.* lying down

FACE

Burning of the face*

Acne with sensitiveness and burning of the face

Aching pain in the right lower jaw, *agg.* cold, eating; *amel.* warmth

MOUTH

Dryness of mouth* with increased thirst

Excessive salivation*

Red circular ulcers with tenderness and burning, in the inner side of the cheeks, lower lip and tongue while taking food; *agg.* cold, night; *amel.* warmth, daytime

Red ulcer on the middle of tongue with tenderness, *agg.* contact of teeth, deglutition; *amel.* rest

Blisters, of the size of a pea with thick white, exudation on the lips, bursted, leaving behind the ulcers with intense tenderness which healed very slowly, difficulty in speaking and eating, developed after 3 days of fever, *agg.* when opening the mouth; *amel.* putting oil on the ulcers

TEETH

Soreness, excoriation and ulceration of gums with tingling sensation, *agg.* cold application, pungent food, pressure; *amel.* warmth, pressing the gum (O.E. signs of gingivitis)

Ulceration with tenderness of gums*, of right side, red ulcers turn white (aphous) after 3 days with sore throat, *agg.* cold; *amel.* warmth

THROAT

Dryness of throat* with increased thirst

Pain in throat with cough*, and soreness*

Sensation as if a ball is lodged inside the throat *agg.* night, cold; *amel.* warmth, daytime, after drinking water

Feeling of constriction in the throat with dysphagia, *agg.* while swallowing, on empty stomach; *amel.* warmth

Soreness of throat*, *agg.* cold; *amel.* warmth*

STOMACH

Poor or diminished appetite, even loss of appetite*, satisfied after taking few mouthfuls

Diminished appetite with rumbling, gurgling and flatulence in abdomen*; lower abdomen, simplest food disagrees, *agg.* sitting; *amel.* lying down

Diminished appetite during menses*

Increased appetite* with deep sleep

Sour eructations with heart-burn*, excessive salivation, water-brash, *agg.* after eating; *amel.* on empty stomach, after vomiting*

Sour eructations* after eating without relief, with diminished appetite, rumbling and flatulent distension in abdomen, in epigastrium; increased thirst, with nausea and vomiting; sensation as if foreign body is lodged in the throat, *agg.* half an hour after meal, sitting; *amel.* after vomiting*, on empty stomach, lying down

Nausca* with sour eructations, diminished appetite, after meals, without vomiting, in morning, with heaviness in lower abdomen, *agg.* after meal, by taking rich food; *amel.* on empty stomach, after passing stool

Desire for cold things, spicy and fried food

Dislike for boiled food

ABDOMEN

Flatulence*, with rumbling* and gurgling* in abdomen*, in lower abdomen, with diminished appetite, with irregular bowel movement, with sour eructations*, after eating, and feeling of uneasiness in abdomen

Sensation of warmth in upper abdomen with uneasy feeling in abdomen for a few moments

Feeling of heaviness in the hypogastrium with hard scanty stool

Colic* in lower abdomen* with uneasiness and irregular bowel movement

RECTUM & ANUS

Sensation as if rectum would come out after loose, pasty brown stool mixed with mucus and blood, with constant urging to go to closet, tenesmus during stool, *agg.* before and during stool; *amel.* after stool

Burning in the anus*, with hard* scanty small insufficient stool* with much straining

Tenesmus during stool*, *amel.* after stool*

Constipation with no desire for stool*; ineffectual desire for stool*, *amel.* after stool

STOOL

Painless*, loose, watery*, yellowish white, yellow*, involuntary, offensive stools; often with pain before and during stool*, with flatulence, distension, rumbling tenderness in abdomen with diminished appetite*, *agg.* before stool *amel.* after stool

Loose, pasty brown stool with mucus and blood, with constant urging to go to closet; colic before stool; tenesmus during stool, with a sensation as if rectum would come out after stool; *agg.* before and during stool, *amel.* after stool

Soft clay coloured stool with ineffectual urge after stool

Hard, scanty, small, nodular, insufficient, brown, blackish with much straining; before stool, heaviness in abdomen and after stool burning in the anus, with diminished appetite

Yellow semisolid painless stool with much urging, followed by relief after stool (O.E. Cyst of Entamoeba Histolytica present in the stool)

URINARY ORGANS AND URINE

Frequent*, scanty urine, with burning pain* after urination; *agg.* after urination

GENITALIA-FEMALE

Leucorrhoea*, Thick greenish-white, purulent and offensive discharge, with a sensation as if warm water

is flowing, with itching and rawness of the vulva* along with constipation, discomfort in lower abdomen, dysuria and extreme weakness; *amel.* after profuse flow, bathing; (O.E. *Trichomonas vaginalis*, pus cells)

Early onset of menstrual cycle, started 10 days before the due date, but it recurred after 10 days i.e. on the usual day of her menstruation, blackish coloured, with thin threads of mucus, lasted for one and half a day, painless

Menses: metrorrhagia, bleeding 3 times in a period of 24 days; each time lasting for 2 to 5 days with slight white discharge from vagina before menses; quantity increased from normal, flow more at night, and less during day; tenderness of left breast on the first day of menstruation, appeared for the third time with a desire to lie down, trembling of extremities on standing; diminished appetite, occasional colic in lower abdomen, dreams of dead bodies and murder committed by her relatives followed by anxiety and insomnia, *agg.* standing, motion, night; *amel.* lying down, rest, day-time

COUGH AND EXPECTORATION

Dry tickling*, short, paroxysmal cough with pain, soreness and dryness in throat, and with running nose, *agg.* talking loudly, external pressure, night; *amel.* rest

Cough with expectoration*, thick*, sticky*, mucoid*, white*, scanty expectoration; *agg.* cold, night*; *amel.* after lying down, warmth, day time

CHEST

Constrictive and drawing pain in the mid-axillary region between 5th and 6th rib on the right side along with cough, with thick whitish expectoration and anxiety; *agg.* motion, inspiration; *amel.* lying on affected side, pressure

Drawing pain with tenderness in the right side of chest*, neck and arm; *agg.* while raising the right side of chest, holding anything in hands, moving the head; *amel.* rest

Aching pain in the retro-sternal region of chest with tingling sensation; difficulty in breathing with a sensation of catching breath; dyspnoea and diminished

appetite *agg.* bending forward, during inspiration; *amel.* lying down, rest

BACK

Backache* in the evening; *agg.* cold, motion; *amel.* warmth, rest*

Stitching pain in right shoulder; *agg.* cold, rest; *amel.* movement, warmth, pressure

EXTREMITIES

Weakness of the extremities*, with laziness*

UPPER EXTREMITIES

Aching in right arm, right forearm from above downwards with difficulty in moving forearm; *agg.* cold application, rest; *amel.* pressure, warm application

Aching in the left forearm and left hand; *agg.* warmth; *amel.* pressure, and cold application

Constant burning in palms; *amel.* rubbing

LOWER EXTREMITIES

Aching pain in the lower extremities; *agg.* movement, standing; *amel.* pressure, lying down, after sleeping

Aching pain, stitching pain in both the legs from knee to right feet; particularly in the calf region with tender spot on the metatarsophalangeal joint of great toe; right knee to right foot with numbness; *agg.* cold application, movement, walking; *amel.* rest, warmth, pressure, tight bandaging

Unbearable stitching pain in the right popliteal region with slight swelling and tenderness; *agg.* motion, cold application, night; *amel.* rest, day time, warm application

Burning in soles*; intermittent, sudden onset and disappearance, lasting for an hour, recurring 5-6 times daily; *agg.* rubbing

SLEEP

Sleeplessness* with dreams* of dead bodies and murder

Disturbed sleep* with feeling of warmth all over the body; sleep in catnaps with uneasiness *agg.* covering, warmth; *amel.* cold open air

Feeling sleepy but can not sleep due to irritability of mind; sleep disturbed before midnight, but sleeps well after midnight

Deep sleep with increased appetite, wants to lie down, followed by drowsiness, *agg.* exertion, empty stomach; *amel.* after sleep, after meals

Dreams* of dead bodies and murder by her relatives followed by anxiety and insomnia

CHILL, FEVER & PERSPIRATION

Fever with chill, heat and sweat*

Chill : Chilliness all over the body; starts from chest, with rigor, no thirst, *amel.* covering

Heat : Temp. 100° to 102° F; with thirst* increased for small quantity of cold water, at repeated intervals; or without thirst; moist or dry tongue, restlessness, dry cough; throbbing frontal headache*, coryza, stoppage of nostrils with thick yellow nasal discharge, no desire for stool

Sweat : Profuse all over the body with remission of temperature, *agg.* motion, noise, uncovering; *amel.* rest, covering, pressure

Fever, with chill, thirst and sweat, temp. 100°F with pain and swelling in the right popliteal region

Fever; Temp. 99°F with rise of temperature in the morning, headache, cold and clammy sweat all over the body, moderate thirst, pain in the throat, short tickling cough

Feverish feeling* with bodyache

Feeling of warmth all over the body*

SKIN

Itching all over body*, with or without eruptions, in between the fingers, buttocks, waist, elbow, legs, abdomen, neck etc., *agg.* warmth of bed, at night, warmth, touch; scratching causes bleeding and burning, *amel.* cold, scratching, day time

Pimples and acne on face, sensitive to touch, *agg.* cold, night; *amel.* warmth; with intense itching.

Erythematous patches with itching and thickness of skin of face, calf region, abdomen, groins etc.

Pimples, pustular eruptions

GENERALITIES

Weakness*

Bodyache*, with restlessness, exhaustion, feverishness and early onset of menstruation, *agg.* cold, motion, rest, lying down; *amel.* warmth, rest, motion, hard pressure, when engaged in work

Lethargy*, tiredness*