

# THE HAHNEMANNIAN GLEANINGS

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Vol. XXVI

FEBRUARY 1959

No. 2

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## 50 MILLESIMAL POTENCY : ITS APPLICATION

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From time to time we have been receiving communications from our readers concerning their difficulties in the application of the 50 Millesimal Potencies. By following the method given below, the same difficulties may be overcome :—

- (1) Take a new one-ounce phial with a new cork.
- (2) Place one or two globules No. 10 (of the size of Poppy seeds), saturated with the medicine to be prescribed, in the said phial. Drop one or two drops of water into the phial, so that the medicated globule or globules are dissolved in a few minutes.
- (3) Then half-fill the said phial with a solution of equal parts of distilled water and absolute alcohol or rectified spirit. Shake the phial briskly in order to mix the medicine completely with the solution.
- (4) In some moderate recent cases of illness, where a single dose of medicine suffices to cure, there is no necessity for administering the medicine in solution. In violent and urgent acute cases where repeated doses are required, but for 2—4 days, the phial may be half-filled with water only. In long standing chronic diseases, where the solution of a particular potency may have to be used for days and weeks, the solution must be of water and alcohol to prevent water from decomposing. If a sufficient quantity of

rectified spirit or absolute alcohol is not available, 20—30 drops of it may be poured into the water which alone will be  $\frac{1}{2}$  an ounce in quantity. Well, tube-well or river water, boiled and cooled in advance, may be used when distilled water is unavailable.

- (5) Take from the phial a few drops of the medicated solution according to the sensitivity and irritability of the patient, and mix it with a tea-or-tablespoonful of water (according as the number of nerves to be touched), placed in a porcelain cup or small glass. This makes a dose, and give it to the patient.
- (6) But, thoroughly succuss the medicine in the phial 8—10 times, before the drops from it are dropped into the cup or glass each time. Thoroughly stir, again, the medicine prepared in the cup or glass before it is given. Thus, each dose is potentized anew and given to the patient only in deviated potencies.
- (7) The dose may be repeated from every hour or oftener to every two to six hours daily in urgent acute cases ; in long lasting chronic cases, daily or every second day, and for weeks and months. By the repeated doses applied in deviated potencies, the duration of sufferings of the patient is amazingly shortened, and cure strikingly enhanced.
- (8) If required, the potencies are to be used from the lowest to the highest, proceeding gradually along the ascending scales. Suppose you start from the 3rd Millesimal, and then ascend gradually up to the 30th, according as the necessity arises. You can not jump from the 3rd to the 12th, 18th, 20th or 30th. You ascend gradually, step by step, through other intermediate potencies, if and when required. Hahnemann usually fixed his highest limit at the 30th.
- (9) In acute diseases, sometimes, a globule placed dry on the tongue suffices to accomplish a cure. In chronic cases, on the otherhand the deviated doses in solution may have to be used for days and months until the complete amelioration of symptoms. The medicine

prepared in solution touches many nerves and is far more powerful than the medicine given dry :

“Such a globule, placed dry upon the tongue, is one of the smallest doses for a moderate recent case of illness. Here but few nerves are touched by the medicine. A similar globule, crushed with some sugar of milk and dissolved in a good deal of water (Sec. 247) and stirred well before every administration will produce a far more powerful medicine for the use of several days. Every dose, no matter how minute, touches, on the contrary, many nerves.”

—Organon, 6th Ed. (Sec. 272)

- (10) In acute diseases, the medicinal aggravation takes place within a few hours of the injection of the medicine. In chronic diseases, on the other hand, amelioration comes first, and the said aggravation appears towards the close of treatment, when no more of medication is required.
- (11) Just as the potency is gradually to be ascended or increased, similarly the dose or quantity of the medicine to be taken in solution (not the number of globules in the original solution) is also to be gradually enlarged, increased. But some cases, for instance, the recently erupted Itch, untouched Chancre and Figwart, not only tolerate but require large doses of their specific remedies from the beginning of treatment.