

## A CASE REPORT

DR. CHANDRA PRAKASH, JAIPUR

Master Vijay Kumar Shah aged  $2\frac{1}{2}$  years s/o Shri Abhey Mal Shah, M.A., M.Com., LL.B., Chaura Rasta, Jaipur suffering from chronic constipation and Diarrhoea alternately, with Poliomyelitis (paralysis of the legs) was brought to us for treatment on the 2nd. July, 1955.

The summary of the written history as submitted to us is as under :—

Born on 1st. March, 1953, quite healthy until May, 1954, but in the first week of June he had very high fever. His neck became stiff and turned to the left, his arms and feet also were affected. He was taken to Bombay where he was examined by several Doctors including Dr. Dhokalia, incharge, Mahalaxmi polio centre. By this time his arms were well, but the legs were absolutely loose and inactive. There was a very little sensibility in the toes of the right foot only. Vitamins, Prostigmin, massage and ultraviolet treatment were given. He was unable to move his legs or to pull up or stretch the same. If the legs were pushed up, he felt pain.

With the Polio he developed constipation and would not pass stools for several days without Glycerine Enema. Even then the passing of the stools was so painful that he developed a fear of defecation. But for the Polio of the legs, he seems to be quite active and likes to play with other children. Very easily irritated, can speak well, he sleeps on sides but not flat on back. Whenever he is awakened for taking milk he shivers and looks frightened. Eats well, passes urine regularly but leaves a white mark on the floor, never passes urine in sleep. He wants to be very tidy and is fond of taking bath. He is pigeon-chested and the chest protrudes up during sleep. Sometimes he talks in the sleep. He has too many itching prickly heats on the chest. His skin is mostly dry with very little perspiration. No history of fall or injury, no history of Diphtheria, looks to be very intelligent and rather too sensitive.

We started the treatment as under during an acute phase.

2. 7.55. Had fever yesterday afternoon with restlessness and sleeplessness. Has pustules, eruptions, on forehead and knees. May be due to rainy weather.  
Rhus Tox 30—4.
5. 7.55 No further fever, nor sleeplessness nor restlessness, pustules also dried up. Stools very hard, yellowish, slightly offensive smelling.  
Sulph 200—2.
8. 7.55. Stools easier but red pustules again coming up on arms and body.  
Rhus Tox 30—4.
11. 7.55. Stools easier and better but still afraid of passing stools, although looks cheerful after a good stool. No further pustules. Legs and hands always cold.  
Now we studied the case thoroughly and wanted to find out a Homœopathic simillimum which may cure his constipation and a tendency to diarrhœa, Polio, Retarded growth, Pigeon chest etc. We found it very difficult to choose the simillimum out of Gels, Calc. Phos., Lyco., Can. Indica, Iodum, Causticum, Plumbum, Manganum, Abrotanum, Nat. Mur., Anhalonium, Lathyrus, Lachesis etc. Anyway, as his abdomen used to be bloated, and as he has the constipation, rather more crying and sad during the afternoon we decided upon trying Lyco. but before giving Lyco. we gave him a dose of—  
Arnica 1M—1.
19. 7.55. Flatulence same, often crying, worse afternoon. (We did not find any basis for giving Calcarea Carb).  
Lyco. 10M—1.
26. 7.55. Passes easily good stools 2/3 times daily, no more flatulence, no longer crying so much, but complains of occasional stomachache.  
NIL.
8. 8.55. Has developed diarrhœa with 7/8 liquid stools of whitish colour. Wants the abdomen to be pressed every time he passes the stools. Feels better after

passing stools, we somehow controlled the Diarrhœa with Calc. Phos., Carlsbad, Mag. Phos., Iodum etc., in low potency.

20. 9.55. All well except the paralysis of legs.

Lathyrus 200—3.

19.10.55. Has been well in general. But has again developed constipation with difficult hard painful stools which recede back.

Silicea 200—2.

2.11.55. All o.k. but for the legs. Can now fold the legs up by himself up to the chest, when sitting or sleeping.

Lathyrus 1M—1.

22.11.55. Has developed Pustules on the hips, picks the nose crusts and eats them, dirty habits, startles in sleep, cries very obstinate.

Psorinum 1M—1.

29.11.55. Reports gradual improvement in the above symptoms.  
NIL.

2. 1.56. Stools much better, all the old sores of the hips healed up, temper also better but has one new sore come up on the scrotum, very much afraid of Monkeys and other animals ; although fond of Dogs, inspite of fear of Dog. Often catches cold.

Tuberculinum 1M—1.

12. 1.56. Temper quite cheerful, stools o.k. and regular, but legs same.

NIL.

16. 1.56. Again difficult and painful stools with fear of passing stools. Has developed Horny small warts all over body.

Causticum 10M—1.

9. 2.56. Almost same, warts vanishing.

Causticum 10M—1.

28. 2.56. Gradual improvement in all respects. Some activity in the legs also apparent. Can climb the stairs with a little support of the railings. Movements of the legs normal, but cannot walk without a support.

Causticum 50M—1.

## NOTE :—

As the last two doses of Causticum 10M and 50M showed much improvement in his general health, constipation, Pigeon chest, movement of legs, sleep, horny warts on body, we went on pursuing with Causticum 50M and CM at intervals of 3 to 4 weeks until the end of 1957, when the polio and all other troubles disappeared. He can now walk well without any support whatsoever. But his legs are still weak and the knees go in like a bow when standing. Some mild massage with olive oil regularly given on the legs and thighs lately twice daily for 6 months seems to have accelerated the progress. There were, of course, many disturbances during the course of the treatment, because of intermittent acute seasonal ailments, when we had to disturb the course of Causticum with intermittent doses of other medicines such as Colocynth, Dulcamara, Hepar Sulph, Bryonia, Belladonna, Gelsemium etc. We had given some intermittent doses of Lathyrus and Anhalonium also but we think Causticum and Lathyrus are to be credited for the cure of the Polio. He is still under our treatment and we wish to continue occasional dose of Causticum and Lathyrus, in high potencies at long intervals until his legs become strong enough.

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**A CASE REPORT**

DR. K. L. NIRAULLAEY, FATEHPUR

**BAD EFFECT OF DIRECT HEAT OF THE SUN**

Every Hindu family worships here the tree of Amla in the month of October (Kartik) every year and take the prepared food near the Amla Tree. I, accompanied with my family, went to Kalka Devijee's temple at 12 P.M. on 1-11.57. It is only about three furlongs from my home. After the usual puja ceremony, my wife entertained us with the food and we relished