

Reporting clinical cases: Advancing Homoeopathy, one case at a time

Case reports have been invariably contributing to the research world in their own way. They remain a popular genre among the readers, especially the clinicians who lay their hands upon a clinical journal with an interest to pick new knowledge about a certain disease or a drug than to learn about new evidence generated through statistical calculations. Its presence in medical literature is reported to be quite ancient, with some evidence dated back to the Egyptian antiquity.^[1] In fact, a well-documented case report is a representative version of many similar clinical success stories.

The art of reporting a clinical case scientifically does not come easy. Just like all arts, it only gets better with every case you report. And this art is not limited to knowing what goes into writing a case, but it starts right from the knack of identifying a reportable case. This could be your everyday case with some unique observation, a case that took an unexpected turn of recovery, or worsening, or a rare case that one is hardly expected to come across as a routine. In fact, for writing a good case report (CR), “the rule of Cs” needs to be followed. The CR should be Clear, Concise, Coherent and must Convey a Crisp message.^[2] For Homoeopathy, I may even add that cases treated with Homoeopathy, while they were perceived to be surgical or incurable also make the cut, as also do those that follow unique dosage patterns or recovery time.

Keeping with our trend of past two volumes (2022 and 2023), we again bring the second issue of this year as *Case Reports Special*. We report in this issue 13 unique cases/case series. These cases showcase the homoeopathic management of common ailments frequently encountered by most homoeopaths, and also, rather under-reported ones. However, the readers will find novelty and a takeaway message from each of these cases. The authors have explored the use of homoeopathy in managing prevalent conditions such as warts,^[3,4] attention-deficit hyperactivity disorder (ADHD),^[5] laryngopharyngeal reflux disease^[6] and plaque psoriasis,^[7] alongside its application in less frequent cases such as psychoses,^[8] subdural hygroma,^[9] pilonidal sinus^[10] and infantile haemangioma.^[11] Conditions which are common yet difficult to treat are also reported like tinea corporis,^[12] diabetic foot ulcer^[13] and oral leucoplakia.^[14] A case of post-operative breast nodules with a unique presentation is also being reported.^[15] This collection serves to illustrate the potential of application of homoeopathy across a diverse spectrum of clinical presentations. It is important to acknowledge, however, that further robust studies are needed to definitively determine the efficacy of homoeopathy in these various contexts.

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