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# Flowers of Homœopathy

By

**Dr. P. L. SRIVASTAVA Homœopath, Hardoi.**

*(40 Year's Experience.)*

**Specialist in Chronic and Female Diseases.**

AUTHOR OF

**Ganjinai Biochemistry, Cholera Guide,  
Rafiq-Dimagh, Tashilul-Ilaj Tissue  
Chart Etc., Etc.**



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## PREFACE.

It is an established fact that the Science of Homoeopathy has made rapid strides both here in India and abroad and its adherents are able to give good reasons for the "faith that is in them" but we should have some ready interesting means to explain the whole subject in the simplest manner possible.

It is for this clear and practical something that this work is being published. It is based on personal experience as well as that of the most eminent physicians in order to make the work authoritative. Clinical Notes by some of the masters of Homoeopathy and some by the author himself have been incorporated in this book.

It has been divided into six parts:—

- (1) Homoeo. Philosophy—Maxims and Precepts and Hundred Test Questions on Philosophy.
- (2) Materia Medica—Externals etc.
- (3) The Author's contributions to different periodicals.
- (4) Other articles from physicians of fame.
- (5) Practical Therapeutic Hints—a very valuable collection of gems and jewels.
- (6) Extra Notes—(Inclusive of First Aid).

Homoeopathy is denounced by some of the physicians of the opposite school because of the lack of investigation but it should be remembered that it is a living truth which may for the time being be suppressed but can not perish. Let them lay aside prejudice and look into the subject with unbiassed minds.

Medical History shows that from the earliest times until the era of Homoeopathy there had been little if any improvement in the practice of medicine. To tell you the truth, the medicine practised was a pestilence to mankind,

In the application of Homoeopathy to diseases there are no nauseous mixtures to take ; there is but a single remedy which goes straight to the seat of the disease.

Change is by no means synonymous with progress. The lancet has been replaced by the subcutaneous syringe but many of the wisest doctors doubt the value of the latest serums, gland preparations etc.

Homocopathy has cured numerous diseases which are in other systems considered incurable.

Homoeopathy is the study of the patient as an individual whereas allopathy is a conventional diagnosis in terms of reasoning.

The study of Homocopathy is not a child's play. It requires tremendous work, memorizing capacity, uninterrupted concentration on *Materia Medica* and a keen sense of observation because of manifold ambiguous symptoms.

“The Homoco. physician must of necessity be a hard student every day of the year. He must always be ready for all possible conditions and contingencies. The lazy doctor has no place in the ranks of Homeopathy.”

The Author has ventured to present to his brethren these flowers and believes that they would be of utility to all concerned. In case they find favour with the lovers of this science, the author shall feel amply repaid.

He takes this opportunity of thanking Shree Durga Prasad Sinha—Improvement Trust Office—Lucknow for helping in the publication of this work and his other friends for assisting him in seeing this through the press.

P. L. Srivastava.

Hardoi (Oudh).

## CONTENTS.

	Page.
(1) Homoco. Philosophy—Maxims and Precepts : Hundred Test Questions on Philosophy ..	1
(2) Materia Medica—Externals—Pharmacy ..	29
(3) Contributions to different Journals, Magazines and Periodicals .. .. .	122
(4) Other Articles from Eminent Physicians ..	223
(5) Practical Therapeutic Hints ..	401
(6) Extra Notes .. .. .	530

## DEDICATION

For much of the material in this book I am indebted to Dr. Clarke, Dr. Kent and Dr. Dorothy Shepherd. To these physicians as well as to all lovers of Homoeopathy who are interested in this Science, this book is dedicated.

P. L. Srivastava.





## PART I.

### Aphorisms and Precepts.

The wisest will make mistakes in perception, but the aim must ever be to find the most similar of any medicines proved, and to recognise that there is one most similar of all.

One remedy must be more similar than the other. It is true that one not conversant with the subject will be unable to see the finer shades of difference. Some are colour blind, yet others can pick out colours.

The interior man is superior to the external man. Through this outer instrument everything is reflected or conducted.

Never leave a remedy until you have tested it in a higher potency if it has benefitted the patient.

The Expression whereby we know that a man is sick we call symptoms. The Expressions by which we know that he has been sick for a long time we know by our study of pathology and anatomy. These are the results of disease, but the primitive disease is evidenced by symptoms, the morbid sensations. The prover catches the drug disease from one or two doses just as people do the Scarlet fever or the Grippe.

All susceptible provers will bring out the image of the remedy.

Hahnemann did not mean simply Scabies when he said Itch, but all skin diseases as a class.

When derangement localizes itself upon one particular place it is for the purpose of tearing that organ to pieces. If it sets up a discharge, that's a sort of safety valve and the other organs are protected,

In cases without symptoms, the patient must be kept on Sac. Lac. until you can discern some generals such as aggravation in morning or evening. If the patient is only "tired" without guiding symptoms, you may know that it is liable to terminate in some grave disorder—Consumption, Cancer Etc.

If the pathological symptoms seem to contra-indicate a remedy, and the mental symptoms to indicate it, these are to be taken.

Structural changes are not the basis for a prescription, but the symptoms existing before the changes.

Keep in a series of Complementary remedies. We can never cure if we select a remedy for a part of the symptoms, and as others come up, give a remedy that is not the Complement.

Syphilis makes symptoms of Scrofula to disappear and after mercury subdues the syphilis, then the Scrofula comes back. One occupies some hidden precinct in the Economy while the other is active.

Short acting remedies correspond to the outermost degree of man.

The body is covered on the outside and inside by a membrane that protects it from all noxious influences except violence. It is the same with the parturient, so long as you do not denude the uterus with officious interfering, there's no danger of blood poisoning. But if the placenta does not come away by gentle traction and abdominal pressure, let it alone. Treat the cause and not the effects of disease.

When a case comes back in a few days with all the symptoms changed, unless they are old symptoms, the prescription was not accurate.

A Sycotic is never cured unless a discharge is brought back.

In advanced Pthisis with pathological symptoms, if you prescribe for the old symptoms which have been prescribed for some years before, you will kill your patient.

In old incurable cases when we give a remedy that fits the whole condition, the result is one of three things :—

First aggravation of the symptoms with advance of the disease, second no action, and third, Euthanasia.

In incurable cases where there are extensive structural changes, use short acting remedies and such antipsories as do not relate to the case as it was in the beginning. The remedy that fits the previous condition will tear the case down.

We must remember that Vital Force is simple substance, and that which cures must be Simple substance.

A keynote prescriber is but a memory prescriber ; he has memorized only and has not made it a part of his understanding. Such prescribers are almost useless and it is among them that we find falling from grace.

You can not count 25 decent provings since Hahnemann. They leave out what they call imaginations and put in morbid anatomy.

The remedy has actually led upto a change. Don't reason that if you had given a certain remedy in the beginning you could have cured your patient. The masked symptoms come out as a result of the remedy.

When a remedy has benefitted a patient satisfactorily never on your life, change your remedy, but repeat that remedy so long as you can benefit the patient. Do not regard the symptoms that have come up.

Often you may think a patient has all the symptoms in the *Materia Medica* when in reality there is not a general or a guiding symptoms on which to prescribe. Such lack of symptoms is due to feeble vitality.

There are general, common and peculiar symptoms. The general is used in the sense of the general of an army, and the generals command all other symptoms and really control the patient.

It is a very superficial view to take of Homocopathy to see only that the symptoms correspond.

The most natural thing to do is to remove external obstruction, but anything that comes from within must be treated from within.

The use of local applications for an internal derangement is the highest order of medical profanity.

There is a plane of nutrition and a plane of dynamis. Common salt is appropriated by the normal individual who receives it on the plane of nutrition, but the sick one who needs it eats it constantly and it does not make him well because he needs it on a higher plane.

The microscope furnishes us a field of results, and, beautiful as they are, the cause is not visible, we see only the results.

The one who understands best the nature of his remedies will remember most about their peculiarities.

Work must be done from within out, in order to be permanent.

Low potencies can cure acute diseases because acute diseases act upon the outermost degree of the Simple Substance and the body. In chronic diseases the trouble is deeper seated, and the degrees are finer, hence the remedy

must be reduced to finer or higher degrees so as to be similar to the degrees of chronic diseases.

It is not an easy matter to keep your mouth shut and let the patient tell his own story. It has to be acquired. It requires a good deal of experience to keep a patient talking to the line.

The physician must penetrate the inner recesses of symptomatology. The very life must be opened. Learn the fears, instincts, desires and the aversions of the patient. The remedy often crops out through the affections.

In infant we see the fathers' history ; in old' age the history of youth this enables us to look into the future to see whether a patient will recover, or die or be palliated.

Power comes in the direction of similitude not of intensity, and gains power only in proportion as it is similar.

There is nothing in the outer man that does not have its beginning in the inner.

Note the difference between the aggravation of the disease and that belonging to the remedy. Large doses really aggravate the disease, high potencies aggravate the symptoms of the disease.

Whatever man is susceptible to, such is he, such is his quality.

The Homocopathicity can't be increased by increasing the dose. If it is right at all, you increase its Homocopathicity by elevating its quality towards its interior nature so that it corresponds more perfectly to the vital force.

We don't take disease through bodies but through the vital force.

When a man takes a remedy in too large a dose, he feels worse and his symptoms are worse; with a higher potency, he feels better, though his symptoms may be aggravated.

**Aura** is a means by which warning is given between spheres; between plants and objects; between animals and persons. Objects are related to each other and give out. We find affinity and repulsion by this aura.

Everybody has its atmosphere, just as the earth has its own. It is not the small-pox crust that is so dangerous, it is the aura which emanates from it.

The Primitive Substance abides in everything that forms, grows, feeds, or has an individuality or identity. It is that which ultimates an exterior form suitable to its own existence. That causes the Aconite plant to be Aconite, and nothing else to the end of the world.

Simple substance is continuously endowed with intelligence from first to last, mineral, plant, animal kingdom.

All diseases exist in a simple substance, which can penetrate when resistance is lost. This lack of resistance constitutes susceptibility.

Susceptibility is prior to all contagion. If an individual is not susceptible to small-pox he can not take it, and will not receive it though he goes near the worst cases, or eats a small-pox crust.

The physician must be sober, candid, able to receive.

A memorizer applies the exact sentence of the proving to the exact sentence of the patient and Homoeopathy never becomes alive in him.

When the Materia Medica is fully learned, you see at a glance the image of the remedy. It looms up before you. You know it as a physician of experience knows measles or scarlet fever.

Diseases, themselves, can not be suppressed, but symptoms can. The totality of the symptoms must disappear in an orderly manner in order to constitute a cure.

It is just as dangerous to suppress symptoms by drugs, as it is to remove them with knife.

The same susceptibility is necessary to prove a drug, as to take a disease. That is the Homoeopathic relation. Hence we see what contagion is.

All motion, harmony and order, are due to simple substance. It not only operates all things, but is the cause of operation of all substances that are material. The very sounds of the forest have harmony and co-operation.

Light is a simple substance, and will obey all the laws laid down for vital force. For example, electricity and the machine ; electricity is a simple substance ; and needs the machine to make it manifest. Until Electricity was discovered through a medium, it was unknown.

What things can be predicated of the simple substance? It can not be found by chemistry nor seen with the eye, nor felt with the fingers. It must have a medium of operation, in order that it may become manifest to the sensorium.

It is inconsistent and irrational to think there are several diseases in the body at the same time.

No two remedies are absolutely equal in their similitude.

With the true physician, discrimination is not with the eye alone, the consciousness of discrimination seems to occupy his entire economy.

The record of symptoms derived from cases of poisoning, is the poorest kind of evidence for the H. Materia Medica. They are useful only as collateral evidence.

What a man wills to do is his life and character. The will is expressed in the face ; hence the difference in countenances.

What is man? Is he a body? If so we are justified in thinking of his parts—liver, lungs, skin etc—and his body as a whole. But we are to consider man as from the life to the body.

Don't spoil your case by prescribing for the local symptoms and neglecting the patient.

Death is a disjunction of that which lives from that which never lived.

Homoeopathy is an applied science, not a theory.

A disease may be suppressed by a medicine as well as by a strong dissimilar disease.

All art has its Internal and its External. If music is in the soul, it will give the outward reflected image of the delight which is song.

The human mind should not be burdened with technicalities. They destroy description, and close the understanding.

Weight can not be predicated of the simple substance, neither time nor space.

Understand the remedy first, the keynote last.

It is not Homoeopathic to say "can you cure a Cancer?" or "can you cure epilepsy."

Truth, everywhere, is as a sword that wounds dreadfully, and blood flows freely.

### **HOMOEOPATHIC PHILOSOPHY.**

It is always safe to begin with a high potency—Say the 200th and then to try a higher or a lower potency according to the requisites of the case. If symptoms yield to the potency chosen, this is the right potency but if aggravation takes place, we want a higher potency than that chosen, whereas in cases where no impression is made, a repetition of the same or a lower potency is required,



**Susceptibility** :—The constitutions of certain persons are easily affected by certain substances while those substances will not affect others to the same Extent. This peculiar quality of the constitution is termed susceptibility. We medically use susceptibility in the same sense as idiosyncrasy which also implies peculiarity of constitution—For instance a man of strong nerve fibres would scream at the sight of a lizard. No reason can be given for such an abnormal excitement and no amount of argument can make him get over it.

The more the vital force is susceptible (hence the organism), the higher should be the potency and the smaller should be the dose.

I believe they will soon find that microbes in various diseases are really the results of the diseases and not the diseases themselves—

**Clinical Proving** :—If accidentally or otherwise, a minute dose of a drug is capable of curing a number of symptoms in a sick person, whether they are to be found in our proving of the drug or not, that drug in some doses or other, is capable of giving rise to those symptoms, in some persons or other, if administered in health, or in other words some symptoms in a sick person, are cured by a small dose of medicine without suppression and we can put down those symptoms as the symptoms of the drug, even if they have not been produced in provers, due to our imperfect provings, and we can make use of them with success, though derived clinically.

A very fine dose of a well-selected Homoeo. remedy, if uninterrupted in its action, will gradually accomplish all of the curative Effect it is Capable of producing, in a period varying from forty to one hundred days—

**Repetition at short intervals** :—There is a fight between the disease force on one side and the perverted vital force excited or roused by the action of a very minute

dose of a drug force or the other. When the latter proves stronger there is amelioration of the symptoms of the disease but subsequently the disease may prove stronger and get the upper hand again for some reason or other, showing aggravation of its own symptoms, when a repetition of the drug is needed. Or the vital excitement caused by the first dose of a drug force may wear off, and the dose though sufficient to raise but may yet be insufficient to maintain the resisting power, so as completely to annihilate the disease force. Here also is repetition needed. The time for repetition is regulated by the rate at which the disease runs its course.

Experience shows that, while the majority of cases both acute and chronic, are cured more speedily by the higher than by the lower potencies, yet, in some cases, the converse is observed. No explanation of this difference has been discovered. Begin with high potencies and should no favourable results ensue, resort to lower potencies.

If abnormal aggravation takes place after the administration of a dose of medicine, the inference should be that the dose has been too strong and we should wait for its effect to wear off, after which there will be amelioration. If however, there has been amelioration after the exhibition of a remedy, we may conclude that the dose is not too strong and may either be correct or a little too weak. If it be of the correct strength, the amelioration will lead to a complete cure. If it be a little too weak, the amelioration will cease after a time and a repetition in the same potency or in a higher will be necessary. Lastly, if there be normal and continued aggravation of the disease after the administration of the remedy, we should conclude that it is not the similitum and a fresh choice is to be made.

In the absence of similarity in the totality of symptoms, a few characteristics are enough for the selection of a similar

drug and this will effect a cure without much inconvenience. If the remedy chosen corresponds to the general and vaguely defined symptoms (such as nausea, weakness, headache), no favourable result ensues.

If one selected remedy is not enough to complete a cure, we can select a second remedy to cure the remaining portion of the morbid disease, after the 1st one has done its share of work. In the same way we can use a third and so on until perfect restoration to health takes place.

“In cases of Intermittent fever, the medicine is generally most efficacious when it is administered a short time after the termination of the paroxysm, when the patient has partially recovered from it.” This statement of the Master does not appear to be pregnant with precision for a suitable homœo medicine can be exhibited at any stage of an acute illness, the only difference that has to be observed is that just at the commencement of the paroxysm the medicine should be given in a very high attenuated dose, so that it may not produce any aggravation in that higher sensitive state of the organism.

**The Sick:**—The true homœopath when he speaks of the sick, knows who it is that is sick, whereas the allopath does not know. The latter thinks that the house which the man lives in, expresses all there is of sickness; in other words the tissue changes, which are only the results of the disease are all that there is of the sick man. It is a man that is sick and to be restored to health, not his body, not the tissues. For an eruption on the skin we would use local means to stimulate the functions of the skin and make it heal, and believing the eruption had no cause behind it, we would conscientiously think we had cured the patient. But this is the *reductio ad absurdam* for nothing exists without a cause. The organs are not the man. The man is prior to the organs.

The more one thinks of the name of a disease so-called, the more one is beclouded in the search for a remedy, for then the mind is only upon the results of the disease, and not upon the image expressed in symptoms. Man consists in what he thinks and what he loves and there is nothing else in man. The man is the will and the understanding, and the house which he lives in is his body. All medicines operate upon the will and understanding first (sometimes extensively on both), affecting man in his ability to think and to will, and ultimately upon the tissues, the functions and sensations.

Restoring health has in view the establishment of order in a sick human being; removing symptoms has not in view a human being; removing the constipation, the white swelling of the knee or even the removal of a group of symptoms, does not have in view the restoration to health of the whole economy of man. The perfection of a cure consists in restoring health and this is to be done promptly, mildly, and permanently.

The direction of old-fashioned medicine is like pulling a cat up a hill by the tail, whereas the treatment that is mild, gentle and permanent, flows with the stream, scarcely producing a ripple; it adjusts the internal disorder and the outermost of man returns to order. Everything becomes orderly from the interior.

The interior must first be turned into order and the exterior last. The first of man is his voluntary and the second of man is his understanding; the last of man is his outermost; from his centre to his circumference, to his organs, his skin, hair, nails etc. From Centre to circumference is from above downwards, from within outwards, from more important to less important organs from the head to the hand and feet.

All chronic diseases have their first manifestations upon the surface, and from that to the innermost of man. Now in the proportion in which they are thrown back upon the surface it is to be seen that the patient is recovering.

**Example** :—In cases of rheumatism of the heart, if the patient is recovering, his knees become rheumatic and he may say, “Dr. I could walk all over the house when you first came to me, but now I can not walk, my joints are so swollen.” That means recovery. Care should be taken not to make a prescription to drive away the rheumatism from the feet and knees or it will go to the heart and kill the patient.

**Duty as a Physician** :—First find out what is in man that is disorderly and then restore him to health; and this return to health, which is a perfect cure, is to be accomplished by means that are mild, that are orderly, that flow gently like the life force itself, turning the internal of man into order, with fixed principles and by the homoeopathic remedy.

**True Perception** :—Every government is from the centre to the circumference. Look at it politically. Whenever the system of central political government is not bowed to, anarchy and loss of confidence prevail. There is but one unit in every standard. In man the centre of government is in the cerebrum and from it every nerve and cell is governed. From it all actions take place for good or evil, for order or disorder; from it disease begins and from it begins, the healing process. It is not from external things that man becomes sick, not from bacteria nor environment, but from causes in himself. If the homoeopath does not see this, he can not have a true perception of diseases.

**Diagnostic Names** :—Every new patient has a few new symptom; he has put his own stamp on that disease.

Those symptoms that run through all are the pathognomonic symptoms; those which are rare are the peculiarities of the different people. There is no such thing in Homœopathy as administering one remedy to all in the family because of a diagnostic name. Every remedy has in itself a certain state of peculiarities that identifies it as an individual remedy, and the patient has also a certain state of peculiarities that identifies him as an individual patient, and so the remedy is fitted to the patient.

Experience has a place in science but only a confirmatory place. To be seen, man must observe, but here is a difference between true observation in a science under law and principle and the experience of a man who has no law and no principle. Old-fashioned medicine denies principle and law, calls its system the medicine of experience, and hence its doctrines are kaleidoscopic, changing every year and never appearing twice alike.

**Externals & Internals** :—If a man is injured from the external, e.g., if he has his finger torn, it will soon be repaired; the order which is in the economy from centre to circumference will repair every wrong that is on the surface caused by external violence. Injuries are external violence but diseases are internal. All true diseases of the economy flow from centre to circumference. All miasms are true diseases.

Considered internally we have the will and understanding forming a unit making the interior man, the vital force or vice-regent of the soul (i.e. the limbus or Soul-stuff) which is immaterial and the body which is material—From the innermost, the will or voluntary principle, through the limbus a simple substance to the outermost, the actual or material substance of man, all diseases flow and unless drug substances are prepared in a form to do this they can neither produce

nor cure disease—It is only that which shakes the whole economy—disturbs the government, which is a disease. So man may have his hand cut off without the system being disturbed, but let a disease, measles for example, flow in from the centre and his whole economy is wrecked.

All curable diseases make themselves known to the physician by signs and symptoms. When the disease does not make itself known in signs and symptoms its progress is in the interior, we at once perceive that that man is in a very precarious condition.

All the miasms require a given time to operate before they can affect the external man, and this time is called the Prodromal stage.

There is no miasm of the human race that does not have its imitation in drugs. It is being conversant with symptomatology, with the symptom images of diseases, that makes one a physician.

Acute affections are divided into two-classes (1) those that are miasmatic, which are true diseases, and (2) those that may be called mimicking sicknesses. The latter have no definite cause, are produced by external causes such as living in damp houses, grief, bad clothing etc and these causes being removed, the patient recovers. But the first, acute miasms, have a distinct course to run—a period of progress and a period of decline—The chronic miasms, have like the acute, a prodromal period and a period of progress, but unlike the acute they have no period of decline. When the times and circumstances are favourable, the chronic miasm becomes quiescent, but adverse times rouse it into activity. It is the very nature of a chronic miasm to predispose man to acute diseases, and the acute diseases are as fuel added to an unquenchable fire.

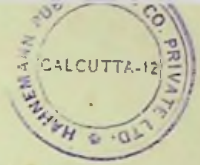
Psora corresponds to that state of man in which he has so disordered his economy to the very uttermost that he has become susceptible to every surrounding influence.

There is no disease that exists of which the cause is known to man by the eye or by the microscope. Causes are infinitely too fine to be observed by any instrument of precision. They are so immaterial that they correspond to and operate upon the interior nature of man, and they are ultimated in the body in the form of tissue changes that are recognised by the eye—The more the disease ultimates itself in the outward form, the coarser it is and the less it points the physician to the remedy. The more mental it is, the more signs there are to direct the physician to the remedy.

It is only by the action of immaterial substances, simple substances acting upon a plane similar to the plane of his susceptibility, that he can become affected with a sickness; i.e., the resultant action of a substance capable of operating from his innermost to his outermost, and establishing evidence which we call symptoms. If the outermost alone is acted upon the vital force of the man is only temporarily disturbed, but there is not established a definite disorder (not even a limited one) that can run a course with a beginning, a period of progress and decline, such as the miasms do.

**Example:**—The small-pox crust can be swallowed, and it will be digested and very little trouble comes from it, but the inhalation of the atmosphere that contains the aura of small-pox upon a plane corresponding to the susceptibility of the individual will bring him down with a disease having a definite prodrome—a period of progress and decline—showing that the very foundation of the man's nature has been struck.





It is not similitude in quantity, that we want, in measures, weights, but it is similarity in quality, in power, in plane, that must be sought for.

Medicines can not affect the high and interior planes of the physical economy unless they are raised to the plane of similarity in quality. The individual who needs sulphur in very high degrees may take sulphur sufficient to move his bowels, may rub it upon the skin, may wear it in his stockings—all without effect upon his disease. It does not affect him in the same plane in which he is sick.

The potency must be consistent with the degree of susceptibility that calls for the medicine.

Hahnemann distinctly states that the greatest difficulties are those that have been brought about in the economy by continuous drug taking. It is not that the drugs themselves are laid up in the economy, but that life-long disorder is created.

If the patient has some mild form of chronic disease, a severe attack of dysentery will cause that disease to disappear temporarily and the new disease will take hold and run its course, and when it subsides, the old symptoms come back and go on as if they had not been meddled with—This is an illustration of dissimilars and shows that dissimilars are unable to cure, they can only suppress—If the chronic disease is stronger than the Epidemic disease, it can not be suppressed. This is essentially the relation of the acute dissimilar disease to the chronic disease of severity.

When the patient is hypersensitive you must avoid the use of the c.m. and other very high potencies which will make your patient sick and use instead the 30ths and 200ths. In cases where the remedy is indicated such potencies will work quite quickly.

Lay it down, as a rule, that you will use nothing that can effect changes in a case in addition to your remedy

The death of the patient is nothing in comparison with violation of the law on the part of the doctor. The doctor who violates the law violates his conscience and his death is worse than the death of the patient.

In acute diseases symptoms stand out so sharply that an acute remedy can be administered without reference to any constitutional state.

In Homoeopathy diagnosis cuts very little figure in the treatment; but all the ultimates in the case must be described by name. We want the use of adjectives, the descriptive power to interpret the natures' language.

An acute miasm passes through its regular prodromal period, longer or shorter, has its period of progress and decline and in which there is a tendency to recovery. A Chronic miasm has its period of prodrome, period of progress and no period of decline, it is continuous, never ending, except with the death of the patient.

When a man disorders his stomach and has an attack of vomiting, and from which he has no after trouble, he has suffered merely from an indisposition. Such conditions from external causes are not miasms. The pure diseases are those that flow from the innermost to the outermost.

The more you dwell upon diagnostic symptoms, the more you will becloud the ideas entering the mind that lead towards a prescription.

One attack, singled out, might have an appearance of an acute miasm, yet the tendency to progress and not to recovery shows that it belongs to the chronic class.

**Miasms** :—Psora is the beginning of all physical sickness. All the diseases of men are built upon Psora.

In so far as the disease manifests itself upon the skin or in catarrhal discharges the internal organs are safe, this

is a good sign. When this is true, what are we to conclude when we see that idea of the medical world today is to stop everything that appears upon the surface?

There is always a state, and condition, of man that precedes his action, and if syphilis corresponds to man's action, and there is a state prior to it, a diseased condition that precedes, that state must correspond to that which precedes action, which is thinking and willing. So long as man remained in perfect integrity, he was not susceptible to disease and he gave forth no aura that could cause contagion, but when he began to will the things that were the outcome of his false thinking then he entered a state which was the perfect correspondence of his interior. As are the will and the understanding, so will be the external of man. The human race today walking the face of the earth is but little better than a moral leper.

The internal state of man is prior to that which surrounds him; therefore, environment is not cause; it is only, as it were, a sounding board; it is only that upon which the internal reflects.

A woman may have coition with a man that has syphilis in the form of gleet, yet not have it inflicted upon her; thus she may have protection against forms of chancre. She may remain in contact with him as wife, and even have a child by him, and that child be black with syphilis, while she has no symptoms of syphilis. The reason of that is that the child is from the seed of the father and the mother only furnishes the ground work.

#### **Examination of the Patient :—**

1. You can substitute terms of expression so long as you do not change the idea, e.g. when the woman speaks of her menstrual period as "monthlies" or as her "show" the more suitable medical term is menses,

2. Arrange a record containing the dates and prescription, the emphatic symptoms or headings and things predicated of the symptoms.

3. Question the patient, then the friends and observe for yourself, if you do not obtain enough to prescribe on, go back to particulars.

4. Questions giving a choice of answers are defective.

5. Have no reliance on diagnostic symptoms. Learn more the value of symptoms as symptoms.

6. Remember what seems to the patient to be little symptoms are very often characteristic of the disease, and necessary for the choice of the remedy.

7. Use a keynote to Examine the remedy to see if it has all the other symptoms that the patient has.

8. Be careful of the exaggeration of symptoms by sensitive people.

9. Always prescribe for the group of symptoms that constitute the image of the acute miasm.

10. Prescribe first for the acute attack and the symptoms that belong to it. It is well, however, for the physician to know all the symptoms that the patient has of a chronic character.

11. Keep it in mind that it is wholly indifferent whether anything similar to epidemic cases existed before in the world or not, under any name whatever.

Without record you are at sea without compass or rudder.

**Idiosyncrasies** :—The usual explanation of the term is an over-sensitiveness to one thing or a few things. There are patients who can not have dry lavender flowers in the house without coming down with coryza. These are

sometimes acquired and sometimes are born with a patient (congenital).

**Individualization:**—The homoeopathic physician must individualize, he must discriminate. Take for instance the two remedies, Secale and Ars; they are both chilly, but the patient wants all the covers off and wants cold air in Secale he wants all things hot in Ars. The Ars patient wants to be wrapped up warmly even in the month of July, wants hot food and hot drinks. The two remedies thus separate at once; they are wholly dissimilar as to the general state, whilst wholly similar as to the particulars. Without the generals of a case no man can practise Homoeopathy.

Homoeopathic remedies are not Homoeopathic remedies simply because they have been used by a Homoeopath. They are not homoeopathic because potentized and attenuated after the fashion of our school. Remedies are homoeopathic when they have been prescribed according to symptoms and the recovery takes place from within out, and in the reverse order of the symptoms.

**The Value of Symptoms:**—You may have plenty of symptoms but nothing characteristic. Remember you have not taken your case properly. The things that characterize are things to make you hesitate, to make you meditate. It would be strange to have measles without rash, that is peculiar. Absence of thirst in fever is strange, is rare and uncommon, peculiar and striking.

All the things that are predicated of the patient himself are things that are general; things that are predicated of any given organ are particular. When the patient says, "I am thirsty" it is whole economy that craves water. The things of which he says, "I feel" are to a great extent generals.

The woman says, "I menstruate" so and so, she does not attribute it to her ovaries or to her uterus,

her state is, as a rule, different when she is menstruating. So the things that are predicated of the self or Ego, the things described as 'I do so, and so; Dr. 'I feel so and so'—are all generals—If you examine any part alone, you are examining the particulars. But after you have gathered the particulars of every region of the body and you see there are certain symptoms running through them all, the particulars have become generals as well as particulars. Things that modify all parts of the organism are those that relate to the general state.

The smell of food is agreeable when the man is hungry and that will relate to the whole man, but one who has a vicious catarrh of the nose, with much local disturbance, has many perversions of smell, which are particular because they relate to the nose.—The more the symptoms relate to the anatomy of the parts, the more external they are.

After gathering together all the symptoms of a patient you should single out for study first of all everything of which you can say he feels so, she suffers so and so. In 99 cases out of a hundred you can leave out the particulars for the particulars are usually contained within the generals. There may be a lot of particulars that may appear to contraindicate, but they cannot; for nothing in particulars can contraindicate generals. "Aggravation from heat" will throw out *Ars* from consideration in any case.

**50. Observations:**—There are several observations that a homoeopathic physician makes after a true Homoeopathic prescription.—

I. A prolonged aggravation and final decline of the patient. (In chronic cases never give a deep remedy when organic disease is present. Always begin in such cases with 30 or 200).

II. Long aggravation, but final and slow improvement.

III. Aggravation—quick, short and strong with rapid improvement of the patient.

IV. No aggravation with recovery of the patient.

V. Amelioration comes first, aggravation afterwards.

VI. Too short relief of symptoms.

VII. A full time amelioration of the symptoms but no special relief.

VIII. Some patients prove every remedy they get.

IX. New symptoms appear after the remedy.

X. Old symptoms reappear—

(They come back and go off without any change of medicine. It indicates that medicine must be let alone. If old symptoms come back to stay, repetition is necessary).

XI. Symptoms take the wrong direction.

### **One Hundred Test Questions.**

*On*

#### **(Homoeopathic Philosophy)**

1. Is the alternation of remedies permissible ?

No. The alternation is inadmissible for (a) The totality of symptoms forming the basis of every prescription can not be found under more than one remedy at a time (b) it does not advance accurate and definite knowledge of drug action (c) prescribing a second remedy before the action of the first is exhausted will interfere with its action (d) statistics prove that diseases treated with the single remedy recover more rapidly.

2. Does Homoeopathy follow the physiological method ?

No. It does not prescribe drugs according to the physiological methods such as laxatives for constipation, astringents for diarrhoea.

3. Why should an antidote be prescribed?

For modifying or opposing the effects of a remedy.

4. What is a placebo?

It is an inert preparation—usually sugar of milk. It is given while watching a case for the development of symptoms or while permitting a previously administered drug to act undisturbed.

5. What is the importance of the mental symptoms in the selection of a remedy ?

The mental symptoms and those appearing last take precedence in the selection of a remedy and in determining improvement.

6. When is the repetition of the doses to cease?

When marked improvement sets in.

7. What is health and what is disease?

8. What are symptoms ?

Symptoms are an Evidence that a patient gives with regard to his troubles both internal and external.

9. What is man in his internal ?

10. What is the duty of the physician ?

11. Name the Three Injunctions (Hahnemann!) (Section 1-2)

12. What are bacteria ? What is its relation to disease ?

13. What are the points where the old school and Homoeopathy divide and go in opposite paths ?

14. State the Three Directions of Cure.

15. State the Three Precautions (Section 3-5).

16. How would you conduct the study of a disease ?

17. What is an anamnesis ?

18. How are provings conducted ?



19. What is the proper place of experience in the practice of medicine ?

20. State the direction of disease manifestation.

21. Define miasm—Acute & Chronic.

22. Define stages of disease.

23. Name the 3 Chronic miasms.

24. How is every curable disease made known to an observer ?

25. What is the Science of Healing ?

26. What is the Art of Healing?

27. Prove that the acute diseases depend for their development on the state of man's health.

28. What is the basis of all contagion; all cure ?

29. Prove that bacteria do not constitute the poison in poisonous discharges.

30. What is the only authority, properly admitted in treating the sick ?

31. What is the basis of all acute diseases?

32. What pictures the image of sickness ?

33. How is the totality of symptoms obtained ?

34. What value have the tissue changes in the selection of a remedy ?

35. What is the target at which the prescription is aimed ?

36. Define local and symptomatic treatment. What is the objection to prescribing for individual symptoms or groups of symptoms ?

37. What is the result in the body of disease if allowed to progress?

38. When may the disease results be removed mechanically ? Why not before ?

39. What are indispositions? How do they differ from miasmatic diseases ?
40. What are proofs of a curative action?
41. What does a physician acknowledge by use of adjuvants?
42. To what extent is it possible to abort diseases of a definite self-limited course ? (Section 8).
43. State the properties of simple substance.
44. State the 3 Parallels (Sections 9 to 16).
45. What is aura ?
46. Define susceptibility.
47. Define Homocopathicity.
48. What is death?
49. What is the result of cure?
50. What is the relative value of knowledge gained by symptoms and that gained by physical examination; what relation does the second bear to the first?
51. What constitutes a Cure?
52. Who first made a full study of Psora and Sycosis?
53. Define anti-psoric, anti-syphilitic and anti-sycotic remedy
54. What is the only method of gaining a complete knowledge of drugs?
55. What is the aim in drug study?
56. How would you adjust drugs to diseases?
57. In any given case of sickness, upon what does the power of a drug depend? (17-34).
58. Why is it objectionable to use morphine in case of pain?
59. What is the philosophy of using one dose of remedy only?
60. What difference is there in susceptibility to natural disease (contagion) and to drug action?
61. In what way is a remedy Homocopathic?

62. When two dissimilar diseases are present in an individual at the same time, what influence have they upon one another?
63. How are antidotes to drugs to be selected?
64. Describe Psora.
65. Describe Syphilis.
66. Describe Sycosis.
67. State the 3 qualifications (87-99).
68. How would you take up a case properly?
69. What are keynote? What have you to say for and against them?
70. Name the three Common mistakes (87-99).
71. Summarise the principles of Homoeopathy.
72. What is the difference in the results obtained from provings with crude and potentized drugs ?
73. State the difference between a proving and a poison.
74. What is idiosyncrasy ? How may it be cured?
75. What is the effect of substances taken into the body on (a) nutritive plane (b) dynamic plane?
76. What care must be observed in furnishing drugs for provings?
77. How is a proving conducted?
78. By what is a proving confirmed and by what verified?
79. In what two ways may immunity from disease be gained?
80. What may be the difference, in similarity to the disease, between a curative and a prophylactic remedy?
81. Of what importance is differentiation in Homoeopathy? Give some Synonyms—.
82. What constitutes a true specific?
83. Define characterizing symptoms.
84. What is the effect of the Homeo. treatment on chronic diseases in drugged cases ?

85. What is the best treatment for indispositions arising in the course of chronic treatment?
86. Define particular symptoms, general symptoms as applied to remedies and to diseases.
87. How are symptoms in a record to be estimated in seeking the remedy and using the repertory.
88. What class of Symptoms contraindicate or determine the prescription of a remedy?
89. Explain the grading of symptoms.
90. What is a Homoeo. aggravation?
91. Under what circumstances is the aggravation slight, under what is it severe?
92. What is the significance of an early aggravation in acute diseases ?
93. What is the length of time of Homoeo. aggravation in favourable cases, in acute diseases; in chronic diseases?
94. When is it proper to repeat the remedy?
95. When should repetition be avoided?
96. How far may drugs be potentized and still be medicinal ?
97. Under what circumstances is it proper to give a larger dose (lower potency) after a small dose (higher potency) has been administered?
98. What constitutes a true Homoeo. prescription?
99. What is a one-sided case?
100. State all the possible conditions following the administration of the remedy and state their significance.

## PART II

### Materia Medica Etc.

#### Homoeopathic Pharmacy.—

**Pharmacy** is the name applied to the art of preparing drugs for administration to the sick and dispensing them as medicines.—

#### **Peculiarities of Homoeo. Pharmacy:—**

- (a) Pains-taking accuracy of details.
- (b) Avoidance of all mixture of medicinal substances.
- (c) Accurate reproduction of the preparation used in the provings.—

**Warning:—**Observe absolute cleanliness—Bottles once used should not be used again for other medicines, nor for higher potencies of the same medicines.—

**Medicinal Vehicles:—**They are comparatively inert. They are used as a means of developing the therapeutic activity of medicinal substances—They are alcohol, distilled water, pellets & sugar of milk.—

**Absolute & Homoeo. Alcohol:—**Homoeo. alcohol is of 87% strength. Absolute alcohol should be 100 per cent proof but practically 95% is the highest it ever attains, as it constantly absorbs water from the atmosphere. The former is used for Homoeo. preparations—95 p.c. alcohol can be reduced to Homoeo. alcohol by adding to its 7 parts one part of distilled water.

**Dilute Alcohol**—is made by adding to 7 parts of 87% alcohol three parts of distilled water.

**Saccharum Lactis**—Generally known as sugar of milk. An inert preparation given to the patient while watching a case for the development of symptoms, or while permitting a previously administered drug to act undisturbed.

**Medicinal Substance** :—Implies the entire drug material from which the tincture is made and not the portion thereof which is dissolved in the tincture Belladonna Herb and not the extracted material.

**Drug Power** :—The drug power of a tincture is the amount of crude drug contained in it. (The strongest liquid preparation in Homoeopathy made by dissolving a drug or portions thereof in alcohol or water is known as the mother tincture of the drug).

**Mother Tinctures** :—(1) Always use the fresh plant in making tinctures whenever possible. (2) Prepare them exactly as they were prepared for original provers. (3) The strength of Homoeo. tinctures is not always the same.—The strength varies greatly, being influenced by the nature of the drug, e.g., the amount of drug power in Aconite is 50% while in Phosphorous it is one-tenth of one per cent. (4) The mother tincture of an acid means the first decimal dilution, e.g., one part of the acid to 9 parts of distilled water.—Fluoric, Hydrocyanic, Phosphoric and Picric Acids are exceptions as they consist of 1 part to 99 parts of alcohol or water.

**Note**.—Fluoric Acid should be prepared and kept in gutta percha bottles upto the 3rd or 4th dilution as it attacks glass.

**Some of the important remedies whose Q equals 2× dilution** :—Ars, Borax, croton Tiglium, merc. cor. Kreosote, Iodine, Tarentula.

*N. B.*—Phosphorous can not be had in lower triturations than the 3×. Phosphorous Q. and 3×. dilution are the same.

**Trituration**—Any drug that has been minutely sub-divided by rubbing in a mortar with sugar of milk in a definite proportion for a given time, thereby developing its medicinal power.

*Note.*—That dynamization, potency, attenuation, dilution, strength all refer to the same things and process for they indicate the regular series of sub-division according either to decimal or centesimal scale.

### Decimal & Centesimal Scales.

The centesimal scale introduced by Hahnemann is the one in which each succeeding dilution or trituration contains one hundredth as much of the medicinal substance as the one next preceding, thus the scale of 1 to 99. The decimal scale is the one where it contains one-tenth as much, thus 1 to 9. The latter was introduced by Hering—The 1st Centesimal corresponds to the 2nd decimal and so on.

Merc Binciodide, Merc Cyanide, Atropine, Strychnine Ars, Physostigma—These should not be prescribed below 2x and then only with great caution.—

**How to convert triturations into liquid potencies?** (1) Dissolve 1 grain of 6x trituration in 50 minims of distilled water, adding thereto 50 minims of alcohol—shake the vial thoroughly. This is the 8th potency or

(2) Dissolve 1 grain of 3rd trituration in 50 minims distilled water and 50 minims alcohol—This is 4th potency.

**Precautions** :—(i) Don't expose the Homoeo. remedies to the direct rays of the sun nor keep them near strong odours, crude chemicals, volatile substances.

(ii) Do not rely upon any lower dilution of Merc Sol. than the 6th (The same applies to minerals).

### Abbreviations.

Gtt = Gutta (a drop)

M. = mix

Q = Mother Tincture

R = Recipe

Tr = Tincture

Trit = Trituration

X = Affixed to the simple numerals (as 2x, 3x)

means that the preparation is on the Decimal scale.

### How to Write Prescriptions.

Write the name of the drug and add thereto in plain English the form (tincture, trituration, globules.), the strength (whether Q or any potency) and quantity (drachms, grains, minims)—

Thus—

(1) Tr. Gels 3x, gtt iv for 4 drops of 3rd decimal dilution of tincture of Gelsemium.

(2) Merc Viv—3x trit, gr-xxiv

(3) Cina—200, gr, iv.

### Samuel Hahnemann.

He was born at Messcin, Saxony on April 10, in the year 1755. He was a great literary scholar and practically all the modern and ancient languages, including Arabic, were at his command and he made great use of this knowledge in his Homoeopathic Materia Medica (The knowledge of the conditions a drug will bring about in a healthy human being). He died in Paris where he had an immense practice in 1843 at the age of Eighty eight.

Homoeopathy owes a great deal to Hahnemann although the law of similia was dimly seen before his time as is shown by what Hippocrates wrote—"By similar things disease is produced and by similar things the diseased are helped out of their diseases". Homoeopathic drugs will cure the symptoms that are similar to those they can produce on the human body—*Similia Similibus Curantur*".

### Relations of Drugs.

Drugs hold certain relations to one another. There are five relations (i) Family (ii) Concordant (iii) Complementary (iv) Inimical (v) Antidotal.

(i) The relation existing between drugs whose origin is similar is known as family relation. When drugs belong



to the same family, they must, of necessity, have a similar action; for instance— (Chlorine, Bromine and Iodine)—(Lachesis and Cortalus)—(Ignatia and Nux Vom).

(ii) We have also drugs that have marked similarity in action though dissimilar in origin. These are said to be “Concordant”—China and Calcareo; Puls and Sepia; Bell and Mercurius—

(iii) There is another relation of *Complement*. One drug completes a cure which the other begins but is unable to cure such as Bell and Calcareo.

(iv) Certain drugs although resembling each other apparently will not follow each other. They seem to mix up the case. They have got the relation of Enmity, such as China and Psorinum.

(v) Certain drugs antidote each other as Nux & Coffea.

## MATERIA MEDICA

### DRUGS—GENERALS or KEYNOTES—PARTICULARS

#### 1. *Abies Nigra*.

“Sensation of a lump or hard-boiled egg in the left side of abdomen above the stomach” compare Nux v. in gastric irritability; Lactic Acid, when food feels lodged under upper end of the sternum.

Allen tells us that this has often proved curative in dyspepsia from tea or tobacco.

#### 2. *Abrotanum*.

After Acon and Bry. in pleurisy, after Hepar in skin diseases.

Lower limbs emaciated Aur. upper limbs Nat Mur, Lyco and Psorin.

(a) Thin, withered, of Cruel temper. (b) Eats well but emaciates. Cures hydrocele, boils, and bleeding from navel in infants.

(Southernwood. Tincture from fresh leaves).

Metastasis, e.g., inflammation of parotids—Changes to testes or mammae, rheumatism of one knee suddenly changes to that of heart. Rheumatism after suddenly checked diarrhoea. “Diarrhoea and constipation alternate”.

“Rheumatism and piles alternate” “Gout. and heart troubles alternate”. (i) Manasmus with a tuberculosis heredity or tuberculosis developed.

(ii) Weak, hectic fever, shrunken legs.

### 3. Absinthium.

“Delirium in which the patient walks about, seeing all sorts of visions”. “Typhoid-sleeplessness due to congestion at the base of the brain”. Convulsion Epilepsy after fright—Art—V. A drop of Q on the tongue during an Epileptic attack would modify the convulsions—

### 4. Acetic Acid.

“Ease from pain is only known by lying on the belly prone.” This relieves pain in Spine, Bell, Bry; Cina; Caul, Stann. “Great Prostration after injuries, surgical shock and anesthetics”. (a) Has consumption and is deathly pale. (b) valuable in hiccough of any kind. Q in water or 8 to 10 drops of vinegar in water will stop many an attack.

### 5. Aconite Napellus (Acon.)

(Monkshood. Tincture from fresh plant including the root) “It causes only functional disturbance, there is scarcely any evidence of power to produce tissue changes; its action is brief and shows no mark of periodicity.”

(1) The terrible anguish and fear of death; extreme restlessness and tossing about.

(2) Complaints by exposure to dry cold winds or from a sudden checking of perspiration.

(3) Hard, full, frequent pulse.—(a) Effects of fright  
 (b) Inflammations from any cause. Aconite ceases to be of use when it has localised itself. (c) Neuralgia and Rheumatism with numbness or tingling of limbs. (d) Children reach with their hands to the genitals (Merc).

(4) Symptoms worse in the evening and at night, come on suddenly and violently.

(5) One of the greatest fever remedies when fever is not due to Septicæmia.

(5) Everything tastes bitter except water.

Aconite differs from Verat Viride in as much as veratrum has more arterial but less nervous excitement than Aconite, Verat. has a bright red streak through the centre of the tongue.

#### **Aconite & Gelsemium.**

A—Hard, quick, bounding pulse.

G—Soft, flowing, compressible pulse.

A—Restless, tossing about.

G—Drowsy, quiet, tendency to stupor.

**Note:**—Useful in cold in the initial stage as Aconite is, it is to be remembered that exposure to dry cold air after taking the medicine is inadvisable as it produces perspiration. Stop the medicine when the skin is moist

#### **6. Æsculus Hippocastanum.**

The patient feels as though rectum were full of sticks. "Æsculus declares for piles, with their dire, attendant wiles. Lumbar pains in full array, falling bowel and foeces dry. Feeble back that soon gives out pains, rheumatic, too and Gout." "Generally > cold air, cold water but the parts affected > hot application—" Liver ill with hæmorrhoids. "Prolapsus ani after stools—Aloes, Calc., Ign., Merc., Podo., Sepia-Mur-acid"

("Throbbing of the heart in sleep—can be heard—Spigelia, Lycopus V.")

### 7. *Æthusa*.

“Æthusa, though of bilious ilk, of such intolerance of milk, That Babes vomit it in curds, Becoming drowsy afterwards—Hath Spasms, clenching thumbs and teeth. And lips drawn tight to mouth beneath”. The diarrhoea of æthusa may be thin, yellow or greenish but the presence of curds of sour milk is the leading indication for its use. “Epilepsy with eyes turned downward—and with clenched thumb”.

### 8. *Agaricus Muscarius* (*Agar.*)

(Poison mushroom—Tincture from fresh fungus.)

(1) Complaints diagonal—Upper left, lower right.

(2) Sensation as if needles of ice were thrust into the skin.

“Agaricus affects the spine, to this her ailments all incline. Convulsions, trembling, twitching starts, Paralysis in various parts. Hath burning, tingling places red, Like Chilblains on the surface spread. Or spots that feel as cold as ice, that come and vanish in a trice.” In Agaricus there is discharge of pure water from the nostrils without a cold in the head—“asthenopia from prolonged strain.” Ecstasy at night, makes verses.” Urine feels cold on passing—Gels, fluor-ac.” Great debility, weakness in thighs, burning, itching of skin, tension and pressure under ribs—spinal weakness.” “Metastasis—milk ceases and brain trouble begins.” “Hysteria after coition in nervous women”

### 9. *Agnus Castus* (*Agn.*)

(Tincture from fresh berries—Chaste tree) (1) Sadness and loss of sexual power. (2) Coldness of the genital organs. (3) Premature aging from loss of manliness—“Want of thrill during coitions in woman, given to secret vice,”

“aversion to coition—sterility—Aur, Nat Mur, Borax.”

(a) Impotence following gonorrhoea. (b) Complaints of imaginary odour as of herring or musk. (c) Feels as if diarrhoea would start when standing.

### 10. *Allium Cepa*.

(Q of the fresh ripe onion). Eyes and nose water profusely, burn and smart. <in a warm room. “Pain from throat to the Eustachian tube” Agar., Bell., Hep., Kali Bich., Lach—“Hacking cough from inhaling cold air” Neuralgias following amputations. Injuries of nerves with shooting, thread like pains.

### 11. *Aletris Farinosa*.

(Star Grass. Q from fresh roots) Uterine troubles and leucorrhoea with extreme constipation—great efforts being required to evacuate the bowels. Patient weak and tired. Esp. useful in anaemic and Chlorotic Girls—It is called the “China of the Uterine system”. Premature and profuse menstruation.

### 12. *Aloe Spicata* (Aloe.)

**Aloe patient makes the eyes small in order to rid himself of the heaviness in forehead.**

“Loss of confidence in Spincter ani”—a classical Homoeo. indication i.e., afraid to pass wind or urine for fear faeces will escape. Sense of great exhaustion after stool. We have all been taught not to ask leading questions, but if we do not in the case of an Aloe diarrhoea, we can not prescribe the remedy as our patients will not volunteer the information for they look upon their condition as “too disgusting for anything”—Aloe and Podophyllum (a) Troubles aggravated in Summer in morning (b) Sulphur can be well used after them. Faeces escape along with the passing of wind both in Aloe and Muritic Acid (a) A combination of lumbago, headache and piles. (b) “A chronic headache

cure with the symptom—"Pressure on the Eyes from above and a feeling as if it were necessary to contract the eyes in order to see." (c) Valuable in uterine hamorrhages with great heaviness of uterus and a sensation of plug between pubis and coccyx—

### 13. **Alumen.**

(Common alum. Triturated with sugar of milk). Paralytic weakness, dryness and contraction are the general features—(a) Lead poisoning. (b) No ability to expel stool. (c) Printers' colic—"Double vision by candle light". "Nasal polypus—left".

### 14. **Alumina (alum.)**

(Oxide of aluminium. Triturated with sugar of milk). Dryness is the keynote— (1) Dark complexioned. Dry, thin people (Calc. opposite). (2) Lack of animal heat. (3) Exhausting albuminous leucorrhoea. (4) Inactivity of rectum, soft stools expelled with difficulty. (5) The patient feels as if he were walking on cushions; creeping as if ants were crawling on his legs and back. (6) Sensation as if there were cobweb on the face.(Baryta C. Borax)—(a) Sexual weakness in men of advanced age. (b) Involuntary emissions while straining at stools. (c) Urine difficult to start flowing. (d) Boeninghausen cures 4 cases of locomotive ataxia where he found that there was inability to walk and staggering when walking.

(7) Feels as if some parts of the body were enlarged. (8) Aggravations in the afternoon, occur periodically, presents during the act of micturition < cold air indoor, potatoes at new and full moon. (9) Amelioration during moderate exercise, in the open air, in the Evening and on alternating days—(10) "Strange freaks of taste his longings mock, as craving pencils, rag or chalk. Of vegetable victuals he finds out potatoes disagree. Whilst salt and pepper,

and hot spices, a tantalizing cough Entices." (e) Found of benefit for squinting during teething. (f) Cough dry and hacking soon after walking in morning—Ends in vomiting. (g) When he speaks, feels another is speaking, so also when he sees, he feels another is seeing. "Confusion of personal identity". (h) Chronic granular lids—hairs from eye lids fall. (i) Coryza—from one nose—the other closed.

### 15. *Ambra Grisea* (amb).

(Ambergis. Triturated with sugar of milk).

"Slow comprehension. Reads thrice before he understands." "Falling off of the hair Graph, Hepar, nat M and Phosph." "Ranula or cystic tumour under tongue—" "Discharge of blood between periods, after hard stool or after a walk—Menses too early, too profuse with swelling of labia." (1) Distinctly a nervous remedy. Patients always in a hurry. Constipation during confinement in thin nervous women. (2) Coughs when strangers are present. (3) Thin, scrawny women, with obstinate constipation. (4) Coldness in the abdomen. (a) Sleeplessness due to worry about business matters. (b) Old persons who forget the simplest things. (c) Parts of the body go to sleep.

### 16. *Ammonium Carbonicum*.

(Carbonate of Ammonium).

Useful for poisoning by charcoal fumes (Arnica, Bovista, Amm C.—Used in sprains after Arnica when the injured part is hot and painful. Adapted for stout persons leading a sedentary life. Very sensitive to cold air, great aversion to water—can't bear to touch it. Mucous membrane of the respiratory tract affected. Patient tired and weary. Drowsiness. "A great palliative in the last stage of Pthisis, Pneumonia: great debility with symptoms pointing to heart clot." "Cough of old people: Amm C, *am. m.*, *ant. t.* Baryta. C, Carbo veg, Conium,

Drosera, Dulc., Kreosote, Lyco, Senega, Sil., Verat alb.  
 (a) Useful in cases of poisoning from coal, gas or Charcoal fumes—give 3 x every 15 mts. (b) It has cured Epistaxis due to washing the hands or face or that comes on after eating

### 17. *Anacardium Orientale* (Anac.)

“Inclination to suicide by shooting—Anacard and Ant Crud”. “Internal piles cured by a French physician in the 30th several times a day for several weeks. Similarly he recommends *Lamium Album* for external piles—”“Use low, it increases appetite. Give cooling drinks when using low—when pain in head and stomach appears—stop the med. and use curd with food.” (marking nut. tree. Q from crushed seeds). (a) A desire to curse and swear (Lac c., Lil, Nit Acid). (b) Vain Calls to stools. (c) A feeling as of having two wills—one leading him on and the other obstructing him. (d) Loss of memory—Sudden; confused. (e) Feeling as of a plug in various parts of the body. “Smells filth wherever he goes.” (f) All symptoms relieved by eating (*Graphites Petrol*, *Chelidonium*). (g) Strange temper—laughs at serious matters and is serious over laughable things. Thinks he is double—a demon on one shoulder and an angel on the other. Feels persued. Imagines he hears the voices of mother and sister who are far away. (h) It seems closely related in its symptoms to the *Rhus* family. (i) Symptoms prone to go from right to left (*Lyco*). 1. A dose taken before appearing in public prevents stage fright. 2. (When walking, is anxious as if some one is persuing him, suspects everything around him). (3) The Eruptions are like *Rhus* in many respects—Erysipelatous, dusky and of malignant types. Worst in the palms like *Nat mur*. 4. *Anac.* follows well after *Lyco* and *Puls*—follows and is followed by *Platina*.



### 18. Anthracinum.

1. Complaints with ulceration, coughing and intolerable burning (when ars or the best selected remedy fails to relieve burning it should be given). 2. Haemorrhages.—Blood oozes from mouth, nose, arms or sexual organs—black, thick, tar like, rapidly decomposing. 3. Septic fevers—rapid loss of strength, sinking pulse, delirium and fainting (Pyr). 4. Felon—the worst cases (ars, carb acid, Lach) 5. Suspicious insect stings. If the swelling changes colour and red streaks from the wound map out the course of lymphatics (Lach. Pyr.) 6. Epidemic spleen diseases of cattle, horses and sheep. To compare: Enphor in the terrible pains of cancer) carbuncle or Erysipelas when ars. or anth. fail to relive.

### 19. Antimonium Crudum.

While the preponderance is in favour of Ant Tart for pustulation Ant Crud carries off the palm for horny excrescences and Callosities on the feet and hands. It has a marked action on the nails. If after accident, they do not heal, it will make them grow as they should. It has been successfully used in the split hoofs of animals. (A crude tar-sulphuret of antimony. Triturated with sugar of milk) <from cold water internally or externally; characterised by coated milk white tongue, extreme irritability and fretfulness; Symptoms change with the changes of weather; an absence of the desire to live. The prostration is just like Ars but there is no fear of death, no restlessness, no thirst. Anxious lachrymose mood, the slightest things affect her (Puls.), suicide by drowning—Longing for acids and pickles. Loathing of food. (ars.) Irresistable desire to talk in rhymes or verses. Sentimental mood in moonlight. (a) Gastric disturbances sour wine. (b) Open fire wholly against Antim Crud. (c) Stomach disorders—heart burn, nausea, no appetite.

(d) Indigestion from sweet things. (e) Eructations tasting of food. (f) vomiting of milk in curds. (g) Piles with mucous like white of eggs. (j) Eruptions around genitals. (i) An unusual tendency to thickening of the skin on soles of feet. Soles sensitive when walking. Bar C. Ledum., Lyco., Med and Puls. Any disease having the following:—Cross, whining and crying when looked at, crusts at nose and corners of mouth—tongue milky white. “Bad Effects from cold or Exposure to sun”.

N.B. In prickly heat with stinging & itching Sensation <from Exercise and warmth> Cool air and rest. Ant crud not only gives immediate relief but tends to prevent “Aching in hollow teeth, goes upto head <at night, eating recurrence—and cold water”.

### 20. **Antimonium Tartaricum.**

“Nose dilated and flapping. Lyco and Phos”. Nose chapped and covered with crusts. Child at birth pale, breathless although the cord pulsates. (Tartar Emetic. Triturated with sugar of milk) Great accumulation of rattling phlegm on the chest, with inability to raise it. Vomiting in any position except lying on the right side followed by a faint prostration. Great drowsiness and generally pale face. “Pain in sacro-lumbar region, vomits with cold clammy sweat on motion.” (a) Utilised in Pneumonia and Bronchitis. (b) When Eruptions do not appear in full (as in measles, Scarlet fever etc.) Ferr-P  $6 \times \frac{1}{3}$  + Kali M  $3 \times \frac{2}{3}$  mixed and triturated cure all Pneumonia cases in 1st and 2nd stage.

### 21. **Apis Mellifica.**

A complete stupor is said to have yielded to apis in apoplexy even if opium failed. Nat Mur, Bovista, Lachesis aethusa, Ignatia, Nux vom have awkwardness.—The first

is most similar to apis. (Made from the honey bee). (1) Drowsiness (2) Puffy swellings. (3) Thirstlessness. (4) Intolerance of heat. (5) Stinging pains. (6) Afternoon aggravation from 4 to 6. (7) Bruised sensations N.B. Coldness of the tip of the Nose when throat begins to be sore is a pretty sure indication for Apis. "Upper eye-lid swollen Kali C.; face swollen. Apis and Phosph." N.B. In catarrh of the chest, diarrhoea, diphtheria and some dropsies—thirst; but thirstless in cerebro-spinal meningitis, ovarian dropsy, ascites and pregnancy. (8) Left knee badly sprained after being thrown from a horse. (9) Sharp cutting pains in ovary extending down the thigh <right side. Burning like coals of fire at times in the body, stinging like needles and sticking like splinters. (a) Brain disease meningitis. (b) Nettle rash. (c) Intermittent fever chill 3 p. m. without thirst. (d) Prophylactic against small pox. "Never any thirst during sweat. apis". (chill in the chest, knee or abdomen running down the back). Hydrocephalus: apis > cold but apocynum heat Bulging of frontal bones, squinting. One sided paralysis.

## 22. Argentum Metallicum.

(Pure precipitated silver triturated with sugar of milk). Increased secretion of mucous membranes. Tall, thin, irritable persons.—Seminal Emissions after onanism almost every night without erection, with atrophy of penis. Laughing excites cough! Rending, tearing pains, affects cartilages. Cures Epithelioma of the cervix uteri affects left ovaries and right testes. Jerking of limbs in sleep > on walking. "Boil near last rib—chest; knees knock together when walking". <after sleep, noon, rest,> waking (back and limbs). (a) of great use in horribly offensive leucorrhoea (Kali ars. Kali phos). (b) Gleet discharges—thick yellowish or greenish yield to this remedy and to Alumina, alumen and Sulphur. (c) Bad effects of mercury. (d) Vertigo on looking at running water.

### 23. *Argentum Nitricum* (arg. Nit).

Backache <rising first from a seat> moving about. Bones at sacrum give out.—Impotency organs shrivelled. Spinal weakness. N. B. When arg. n fails to act, a dose of Puls will enhance its action. <Sweets—ant. c, arg. nit Graph (sweets nauseate, Ip., Phos. and Puls.) (Nitrate of silver dissolved in distilled water and potentized). Acute or chronic diseases from unusual or long continued exertion of mind. Always think of this drug on seeing withered, dried up, old looking patients. “Serpent-like bodies move before the vision. Granular lids (Enph., Rhus t., kreosote)> cold air and cold application.” “Enlargement of one eye a few days before an attack of epilepsy”. “Coition painful followed by bleeding from vagina” “Palpitation <lying right side alum., Bad., kalm., Kali-nit; Lil.-t., Plat., Spong.” “Arg. nit—we name, Degeneration as thy name, the tissues ail from head to heel, thy wasting ravages reveal. The head with bursting pain is seized, which may by bandage tight be eased. The stomach foul with wind replete, Is ever craving something sweet. The stools are noisy, foetid green or as in dysentery seen. The genitals in such condition as cause pain when in coition all ailments strengthen in their might, from walking, eating and at night” (a) Erection fails when coition is attempted agn-Cat. Seg. Selen. (b) Photophobia—Time passes very slowly cocculus, medhorr, Lac Caninum and alumina.—opposites—arg nit; cann Ind Nux mosch. Merc Cor, Nat Mur.

### 24. *Arnica Montana* (arn).

(Leopards' bane Q from fresh plant including the roots). Sore bruised feeling as though the body had been beaten or pounded. In any illness where nose is abnormally cold, it is indicated— “Used in boils partially matured, but, which instead of discharging shrivel up by reason of absorption of the contained pus”. (a) Heart troubles of athletes.

(b) Gout with fear that some one will approach the affected part.

“Arnica, Secale and opium are antidotes to charcoal fumes.” It facilitates 2nd birth (caulo) constant dribbling of urine after labour (caust).

N. B. Never apply arnica lotion on the skin when it is bruised as it causes erysipelas.

Aggravation—at rest, from wine. Amelioration—from contact, motion (Rhus and Ruta). Just as Staphysagria should be thought of in symptoms traceable to surgical operation, clean cuts, so should Calendula in contusions, ragged wounds with great soreness and pain, Calcarea, Nux Vom, Rhus Tox in sprains and symphytum in injuries to bones-stron-c-collapse after operation. It re-develops the abscess when it has shrivelled up by reason of absorption of pus contained therein. Use both internally and locally.

### 25. Arsenicum Album. (ars.)

“Fear in evening and darkness. Would not meet friends because he thought he had offended them.” Periodic headache every 3rd, 4th, 7th, 12th or 15th day. Headache > urination (Gels) Headache alternates with frequent urination. Nose bleed after anger or vomiting. Uremia in drunkards with murderous thought—

N. B. In double-Pneumoina, give ars alb, when symptoms correspond but as soon as better, follow quickly with Phos-30 or the patient would die the next night. Sulph 30 also brings re-action and saves life, aggravation between 1 and 3 P. M.

(Arsenious Acid. Triturated with sugar of milk). (1) Periodicity. (2) Weakness and Prostration. (3) Malignity of symptoms. (4) Burning everywhere. (5) Restlessness and anguish (the restlessness of Rhus is to relieve pain, not an anxious restlessness). (6) Pains < at night, at rest and increased by cold. (7) Unquenchable thirst from small

quantities of water and very often. (8) Weak and tremulous palpitation—can't lie on back < 3 A. M. Angina Pectoris pains over chest and down the left arm. Cactus, Kalm, Spig and Tabac.

### Modalities of Arsenicum.

(i) < at night esp after midnight to 3 Am (ii) < at rest from cold (food, air etc). (iii) > from warmth (warm things, warm drinks).

### To Compare.

The coldness of **ars** always Settles in the nose while that of **Phosp** on the Chest.

(a) Thin burning discharges in any disease—(b) Pains like hot needles neuralgic. (c) Skin dry and scaly. (d) Lips so dry that patient licks them. (e) Urine in passing burns like fire. (f) Prophylactic against bites of animals. (g) Intermittent fever violent thirst during sweat. Urticaria :—(a) gastric causes-ant c. (b) < heat 3 A.M. or P. M. or 5. A. M. apis (c) < cold-anemic-arsa. (d) < getting warm-Led. (e) < wet weather-Dulc. (f) < beginning of winter-5 A. M. Rumex (g) < Menses-kreosote (h) Itching burning Nit Acid (i) < eating oily things-Puls. (j) < crabs-Urtica. (k) During profuse menses. Bell. Skin hot to touch.

### 26. Arundo Mauritanica.

(Rd. Tincture from root sprouts). Very efficacious in Hay Fevers—violent sneezing, nose red, constantly blowing it, itching, burning, eyes inflamed, lachrymation—

### 27. Aurum Met.

“Hemiopia—Sees lower half of objects.” “Heart stands still, and then suddenly gives a hard thump.” In females, great excitement—desires for cool, open air—wants clothes thrown off.

(Pure precipitated gold. Triturated with sugar of milk). The guiding symptom is Melancholia with a suicidal tendency. Follows and is followed by Syphilinum, Reli-

gious mania—prays all the time. Thinks he has sinned away his day of grace. Can't bear contradiction—self condemnation—copious sweetish saliva. Bad odour from mouth (Kreos, Nil Acid, Merc., Puls.)

(a) Worst stage of syphilis when bones are affected.

(b) Effects of syphilis combined with the over dosing of mercury.

Abortion from reaching up at the window and fixing a curtain.

### 28. *Asafoetida*. (*Asa*).

“Wind rises upwords (Kali-c., Arg-nit., Ign., Lyco and Mag. mur—none downwards. Neither way-Raph.

(Devils' dung. Tincture of the gum resin) Has bone decay and foetid secretions. Worse from nervous excitement. “Periosteal Inflammations, resulting in ulcers. intolerant of all dressings.” (a) Hysteria of the flatulent order. (b) Caries, Rickets. Camph. China.

### 29. *Apocynum Cannabinum*.

(Canadian Hemp. Q of fresh root) Dropsical affections. Puts “alcoholics” on their feet the trembling “on their-tast-leg” cures-excessive vomiting. “Every variety of dropsy amenable to its palliative if not curative action”—Hale.

### 30. *Arum Triphyllum*.

(Jack-in-the-pulpit, Indian turnip. Q of fresh root) Acridity (bitterness) characterises this drug.

N.B. Should not be repeated often. (It is very, valuable in typhoid fevers with boring into the nose and picking at the lips until they bleed. Nose stopped up and sore <left, must breathe through mouth. Flunt coryza, left nose running afternoon. Drink passes up and through the nose.

### *Arum and Caust.*

In both hoarseness is the prominent feature, painless in Caust, painful in *Arum tri*, a lawyer exerting his voice for hours, drinks cold water and gets hoarse—*Rhus-t.*, (a)

Eruption like scarlet rash (b) Clergyman's sore throat.  
Hoarseness (c) Hay fever.

### 31. *Asarum*.

It has a mental condition that he is hovering in the air like a spirit (noticed when walking). Feeling of lightness, relief of pains by cold water applied. Prominent feature is increased sensibility of all the senses—Even scratching on linen is intolerable, (a) Vomiting of pregnancy with extreme sensibility. (b) controls desire for alcoholic drinks.

Slate-pencil may bring on convulsion—(Nat C., and Theridion).

N.B. Legs seem to have no weight—Puls when lying down feet seem to float—Sticta.

### 32. *Asterias Rubens*.

Has been used in apoplexy, preceded by sudden attacks of vertigo; for attacks of Epilepsy, preceded for several days by twitching over the whole body; and for chorea, quiet only when the hands were in the pockets.

### 33. *Artemesia Vulgaris*.

Coloured light produces dizziness.

Useful for Epilepsy due to menstrual irregularities occurring most frequently in young women whose catamenia are about to appear for the first time. Paroxysms recur several times a day at such short intervals that there is no time to recover full consciousness between the attacks—Coloured light produces dizziness. Blurring of the vision > rubbing—blurring.”

### 34. *Aralia Racemosa*.

Acts mostly on the respiratory organs. Patient unable to lie down as breathing in that position is difficult. He is obliged to sit up day and night—the least exertion takes away the breath. Useful for asthma or an asthmatic condition due to Bronchitis, Hay fever etc. Relief of



asthma by bending forward, elbows on knees (obstruction during inspiration, cough < at night after the first sleep.—

### 35. Apomorphinum.

Violent vomiting, without previous nausea, is the keynote. (Has palliated the vomiting of pregnancy and uterine displacements) Prophylactic for sea sickness to be taken for two days previous to voyage.

“B”

### 36. Bacillinum.

(Made direct from the bacilli of tuberculosis).

In every case when there is a suspicion of tuberculosis or consumptive heredity, this drug with other remedies will work wonders—

Note—Not oftener than once a week. Very useful in ringworm.—

### 37. Baptisia Tinctoria.

(Wild indigo—Q from fresh roots).

“Trembling of Hands in Typhoid. If Bap. fail, use Pyrogen.”

“Spasms of the oesophagus—can swallow liquids but not solid food—Bar.-C., Bell., Lach., Laur., Merc-c., Nat Mur.”  
As a prophylactic in typhoid use Bap. low, Ech. low or all Sativa—1 drop daily for a week or a fortnight.

The chief sphere of this drug is in typhoid fever which it will both abort and cure. All the discharges are offensive—breath, sweat, urine, faeces—There is an idea that the pieces of the body are separated.

### Gelsemium & Baptisia.

- (1) Both have muscular soreness and prostration.
- (2) Both have drowsiness and nervous excitement.
- (3) Both have a feeling of expansion as if hands & body were enlarged.
- (4) Both have afternoon exacerbation of fever.

The difference is simply that of intensity-Gels. being milder.

(a) Ulcerated gums and mouth.

(b) Diphtheria —Patients can only swallow liquids, very offensive breath.

### 38. **Baryta Carbonica (Bar-c)**

(Carbonate of Barium. Triturated with sugar of milk).

Ignatia—small, Flat ulcers on tonsils, pain between the acts of swallowing.

Hepar—Hearing poor—sensation of a fish bone in the throat.

Every little exposure to cold causes headache; back-ache and diarrhoea—all troubles <a week before the menses.

Cataract—dimness of vision as through a fog. Lids granular thickened, styes on them; stick together in morning. “Bolus of food goes down and comes up—gags and chokes —Kali -C., Graph., Merc-c., Bap. & Nat-M.”

This remedy corresponds to extremes of life—infancy and old age—Defective growth, mentally and physically—children prematurely old & grown persons prematurely childish.

“Bar-C in much demand, art thou for hard and swollen gland, esp. when the same we note, with inflammation of the throat”. “Offensive foot, sweat, soles and toes sore.”

“Child does not want to play but sits in the corner and picks the nails of fingers. Covers the face with hands or hides behind furniture when strangers enter.”

“Swollen axillary glands. Warts on hands, limbs and back”.

“Fetid foot sweat—Sil, Thuja, Nit-acid Graph., Carb-v.” and Kali Carb.

(a) Premature impotency. (b) Loss of memory. (c) Apoplexy in the aged (d) Tongue paralysis (e) Prophylactic against Quinsy-30th potency. (f) Premature baldness on the crown esp. in scrofulous people.—

### 39. *Belladonna* (Bell.)

(The deadly nightshade. Q from fresh plant)

“When using Bell, do not give vinegar for that retards the action. Ant Crud tolerates tamarind water but not acids.”

Bell & Bry :— (a) Haste in drinking water (b) Crying out with pain (c) <motion (d) Constipation.—

<after 3 p.m., after midnight, motion, touch, sun, drinking; heat, <wrapping up.

(1) Pains gradually increase, suddenly decline and appear elsewhere. (2) Painful spots are sore on gentle pressure but firm pressure is tolerated. (3) Unnaturally bright dilated eyes, Hallucinations, violent delirium and fever. (4) Jarring and light aggravate. Aggravation after 3 p.m. (5) Principally the right side affected. (6) “Some relief by warmth we see <Lemons—much desired—agree”.

### **Inflammatory Conditions of Abdomen.**

(i) Skin hot and burning (ii) Extreme sensitiveness to touch (iii) Intolerance of even pressure of clothing.

### **Comparisons :**

(Pressure toward the genital organ as if everything would fall out) Bell :<When sitting bent over or walking> when sitting or standing

Sepia : Just the reverse.

Nux : Pressing more in the back with irritable rectum, ineffectual desire to stool, little leucorrhoea.

Puls : The same as Bell.

Podoph : is similar but in prolapsus it is indicated when rectum and vagina are prolapsed.

(a) Blinding headache <from light (b) Acute inflammation of ears. (c) Erysipelas (d) Sore throat, bright red, very dry. (e) Hahnemann was the first to advise the use of Bell for Hydrophobia. (f) To be given when one catches cold after getting the hair cut. Frequently indicated in stiff neck <on the right side from taking cold.—

“In fevers the more the patient sweats, the less sign is there of improvement Bell. But when the fever has subsided and the sweat continues, give Merc.”

(In erysipelatous meningitis—Bell 30 frequent doses and scraped raw potato poultices over the head. For hot head of children, apply cold water to the head and hot water bottle to the feet when Bell 30 is being given—” Bell. retains urine; stram. suppresses and Hyos. discharges involuntarily.

Hyoscyamus antidotes Bell in skin affections and Cough.

#### 40. Benzoic Acid.

Recent attacks of gout, hot swollen finger joints or wrists associated with strong smelling urine—Uric Acid conditions. Child wants to be nursed in the arms, will not lie down. Inclined to dwell on unpleasant things.—Dysmenorrhoea gleet, prolapsus uterine with strong smelling urine.

#### 41. Berberis Vulgaris

(Berb.)

Violent burning in anus with stools (constant desire). Fistula ano (compare Silica, Sulph, Ign. and Calc Phos).

Vertigo <stopping and rising. Feels as if he has a Cap on, when there is none. Pthisis after fistula in ano is closed up. “Neuralgia under finger nails”

(Barberry. Q of the fresh bark of root) Pains in or radiating from the lumbar region. It has also symptoms with sticking pains under ribs which pains go from the liver to the abdomen—Bilious Colic—“Bubbling feeling as if water

were coming up through the skin—" Arthritic & rheumatic complaints along with urinary or liver troubles.

"All complaints with urinary troubles."

#### 42. Bismuthum

(Bis.)

"Thickly coated white tongue, restlessness, fetid eructation and intense thirst (200th)".

(Precipitated sub-nitrate of Bismuth. Triturated with sugar of milk). Irritation of the stomach, eructations, distressing pressure. Slow digestion "Vomiting of infants just after drink. Burning in stomach and feeling of a lump there (Abies-n)" food retained but water vomited, solitude is unbearable: Child holds on to its mothers' hand for company. Anguish. He sits, walks, then lies, never long in one place. Aching teeth or gums > on cold application.— (I x to 3x trit. is used).

#### 43. Borax

(Bor.)

Stitches in chest < Yawning, coughing, or breathing deeply—from without inwards. Washing the chest with cold water relieves dry hacking cough. When nursing—pain in the other breast; milk thick.

(1) Fear of downward motion (2) Nursing sore mouth of children (3) Copious, clear, albuminous leucorrhoea.

"Borax—Thou doth soon erase, sense of cobweb on the face. Burning palms or urine hot or, in chest a stitching spot." Thinking causes nausea Fretful before every stool.

#### Campare.

Merc—for sore mouth when there is salivation, diarrhoea with tenesmus. Bry—mouth very dry. Child refuses to nurse until it is moistened. Edges of eyelids inflamed. (b) least injury brings on suppuration as in Hepar Sulph, Merc, Silica, Calendula, Fluoric Acid, Sulph and Petroleum.

#### 44. Bovista.

Useful for old maids who suffer from palpitation and who get as nervous as to drop things. They like loose clothes. Calc; Lachesis, Sulph and Carbo veg. (Menses every few days, between periods).

Intolerance to pressure of clothing—Tetters, Herpes—(On the tip of nose—aethusa palms of hands—Kreo., nit Acid on the tongue—Nat mur. On the genitals—Petr.)

“Sensation of expansion in heart, uterus, head etc.”  
“Nose bleed in morning—when blowing nose.”

One of the remedies having diarrhoea before or during menses, which take place in night only as in Mag Carb & Nat mur. In Sepia period flows in morning & in Phel. it happens in the evening. Useful for urticaria & Eczema with itching <in the morning, during warm weather or on getting warm or from washing. Haemorrhage from gums after extraction of teeth.

#### 45. Bryonia Alba. (Bry.)

“Summer diarrhoea due to exposure to the sun; Nux vom. from indigestible food <morning—Puls from fatty food <evening” “Toothache> cold water”. “Enlargement of breast after labour.” “Cough <after eating; coming into room”.

(Wild hops. Tincture from fresh roots)

Worse from motion and better from pressure. Patient lies on the painful side, mucous membranes very dry, short quick, breathing, pain in the chest (must hold chest while coughing) rusty or bloody sputa—Pneumonia—

(Mental)—The patient is irritable and ill humoured. There may be a delirium in which he thinks he is from home and wants to go home. He talks about his business. Intense thirst for large quantities of cold water at long intervals.—Bry. Thirst for small quantities at short intervals—Ars & China.

## Drugs with Stitching pain in the Chest.

Ranunculus Bulb, Kali carb, Rumex & Senega.

### Constipation

Bry : Due to dryness. Stools large, dry, brown, as if burnt, with no urging.

Alumina : Complete inactivity of rectum, even a soft stool is expelled with difficulty.

**N.B.** Rhus Tox and Bry follow each other well but are antidotal if given together. (a) Frontal Headache—splitting. (b) Headache <from moving eye-balls. (c) Gastric derangement—feeling as of a load in the stomach. (d) Ills following the advent of hot weather. (e) Headache from ironing. (f) After operations on eyes when burning pains & vomiting follow.

“C”

### 46. Cactus Grandiflorous.

It has neuralgia and other pains when the patient misses an accustomed meal (Kalmia & Kreosote when there are burning pains).

(Night blooming cereus. Q from fresh plant and flowers).

(Rheumatism of limbs goes to heart Abrot, Aur., Led., Lil-t.)

The great sphere is in the heart—constriction and weight on vertex (constriction as if an iron band prevented its normal movement) <lying left side—Phos., Puls., Nat.-M—opp. arg nit. Modality— <Going upstairs, walking 11 A.M. or P.M.> open air.

(a) Angina pectoris (b) Hypertrophy of Heart. (c) Palpitation <motion, pressure, on the left side. (d) Myocarditis. (e) Numbness & Oedema of the left arm.

### 47. Caladium Seguinum (Calad).

“Ailments from tobacco habit”. Starts by slamming of doors or rattling of paper—Nat.-C & Theridion.

(American arum tincture of whole fresh plant)

This remedy has a marked action on the genital organs—Frequent nocturnal emissions, sexual desire with relaxed penis—Impotence due to masturbation—The sweat smells sweet & attracts flies “semen dribbles on seeing women in the streets.” Pruritus Vulva—Special Type of fever:—Patient sleeps during paroxysm every evening & wakes up after it is over.

#### 48. *Calcarea Carbonica* (Calc).

Calc Carb produces chronic urticaria, causes herpes at diff. places—on the part of the face covered by whiskers.

Mezer-itching in the whiskers as from vermin.

Cicuta—Thick honey coloured Scabs in the whiskers as well as about the corners of the mouth.

The minute the patient closes his eyes, he sees visions which compel him to open them again in affright.

(Trituration of the pure white middle layer of the oyster shell).

(1) Obesity, Likes eggs, eats earth, chalk & clay. (2) Sweat about the head. (3) Large abdomen, great head, small neck. (4) Cold feet—feels as if damp stockings were on— (5) Sour vomiting (6) Diarrhoea with acid stomach < in evening. (7) Shortness of breath. (8) 4F's:—Fair, fat, forty, flabby. “Reverse may be the cases. Body thin like a straight line” (9) 3 S's—Slow, stupid, sluggish. (10) 3P's—Premature, profuse, Protracted (menses). Suited to men with dilated pupils—Never use Nitric Acid and Sulphur after Calc carb—Sulph., Calc-c & Lyco form the order of the trio intended to cure chronic diseases. Graphites, Capsicum, Puls and Kali Bich are specially suitable for fat patients. (a) Chronic headache with vertigo (b) Ulcerations in nose, polypi (c) Young girls, delayed menses, anaemia, leucorrhoea (milk-white) (d) Ills < on ascending or exertion. (e) Hectic fever,



cold extremities, night sweats. Fever highest at 6 P.M. (f) Plays with the fingers and pricks them. (g) Fears that some misfortune is to overtake her—Forgetful. (h) Opacity of the cornea—Apis, Alum., Arg nit, Aur., Calc Fluor, Tencr. (i) Deafness from working in water—cracking on chewing. (j) Milk disagrees—aversion to meat, fat, tabacco. (k) Chronic of Rhus-t when it fails in rheumatism. (l) In persistent sleeplessness from nervous excitement, give Calc-c- 30 every 3 hours, 4 doses—The next night the patient will sleep. Such a patient sees visions as soon as he closes eyes.

#### 49. *Calcaria Fluorica*.

(Crystals of Fluorspar. Triturated with sugar of milk).

Hard, lumpy growths, bone tumours, glandular and fistulous openings.— (a) Eye Cataract (b) Hardened wax in ears— (c) Varicose veins—.

#### 50. *Calcaria Phosphorica* (Calc Phos).

(Precipitated phosphate of lime. Calcium phosphate. Triturated with sugar of milk).

“Calc Phos—is cited for decline, for ulcers, caries, rickets, curving spine, for Hip disease, for joint rheumatic pain, consumption, scrofula, anaemic bane, for open fontanels, for bone that fit, in fracture well, yet do not knit”. Chest difficulties with fistula in anus—

#### Distinction

Calc Carb—Abdomen, large like inverted saucer.

Calc Phos—Abdomen, retracted & flabby.

Calc Carb—Craving for Eggs.

Calc Phos—Craving for salt and smoked meats.

Calc Carb—Stool watery, white mixed with curds.

Calc Phos—Stool green, slimy, hot with much flatus.

(a) Headache of school girls— (b) Rapid decay of teeth. (c) Headache by pressure of hat (Glon.) motion in belly like something alive( Croc.) (d) Metastasis of piles to

lungs. (c) Rheumatic pains in shoulder joints; can't lift the arm— Note that in Calc. Hypophos Veins on hands, arms, necks, and head appear as cords—.

### 51. *Calendula Officinalis*—.

(Marigold—Tincture of flowering plant)

It promotes the rapid healing of all manner of bleeding—torn, jagged or raw wounds—

“Pus can not live in its presence”.

### 52. *Comphora (Camph)*.

Readily distinguished from Lachesis by the coldness and by withdrawing the lips showing the teeth.

(Tincture made by dissolving gum Camphor in alcohol).

“Collapse with coldness.” It has the peculiar symptom that the patient does not want to be covered. “Shock from injuries with icy cold body & weak pulse” Dread of being alone in dark. Camphor antidotes almost all drugs in Homocopathy. (a) Asiatic cholera “Collapse without stool or after one stool”

(b) First stage of cold—nose stuffed. Stop the med. when the body perspires—

### 53. *Cannabis Indica*.

(Indian Hemp. Tincture from direct herb tops).

Minutes seem ages, ideas crowd the mind, things seem in huge perspective, loss of speech from mental causes— words will not come. (Curative in mental diseases purely psychical in origin and not depending on any, bodily ailment). Throat parched—with intense thirst for cold water. Dry, sticky, saliva. (a) Nightmare soon after falling asleep. (b) Backache from sexual abuse— (c) Cries at trifles.

Burning, scalding pain in the urethra before, during and after urination—gonorrhoea white or yellow discharge—

Mucous may be squeezed from urethra, urine dribbles after urinating—.

#### 54. *Cannabis Sativa*.

(American Hemp) acute gonorrhoea, burning after urination—Yellow pus. After Cann Sal, Merc Sol in thick greenish discharge. If in addition burning continues Merc C; Puls—to finish up the case—Walks with legs apart for fear of pains along urethra. Sep. in thin lean persons with thin discharges—Use 30th dilution. Stream of urine forked. Sensation of drops of water falling on head or from heart or anus. This drug is reputed for curing uncomplicated gonorrhoea when urethra is very sensitive to touch Merc Cor. follows well (b) White film on Eye ball.

#### 55. *Cantharis*.

(Spanish Fly. Tincture of dried flies reduced to powder).

Rage with crying, barking & beating < bright objects, while touching the larynx or when drinking water. Peculiar—Objects look yellow violent pains in bladder urging to urinate, cutting, burning, scalding pains in urethra, urine passes drop by drop or none will pass. Urine bloody. Pains that feel as if on fire on any part of the body. Desire for stool while urinating. (a) Cystitis (b) Nephritis (c) Furious sexual desire amounting to mania (d) Amorous Excitement (e) Nymphomania (f) Retained placenta expelled.

#### 56. *Capsicum*.

Sciatica < coughing, bending backward. 10 or 30 drops Q will enable a drunkard to walk home. (Red pepper Tincture) Dread of open air, always chilly—clumsy, fat & dirty. “Bloody dysentery with backache after stool and thirst”.

Pains of a burning character yet accompanied with shivering. It seems to suit persons of lax fibre and weak mu

cles. A very good remedy for ague when chill commences in the back with thirst. (a) Morning vomiting (b) It allays intense craving for liquor. (c) Ear discharges blood and matter.

### 57. **Carbo Vegetabilis (Carb. V.)**

Carbo Veg torpid, Ars—Irritable. Carbo Veg has burning most marked internally (as in stomach) when Nux fails, give Carbo Veg. Nux is thin and wiry and Carbo Veg's fat, sluggish and lazy. "It produces flatulence of the bowels; Lyco more of the stomach. Carbo Veg has rancid belching or offensive flatus with bitter taste. Lyco has more of a sour taste."

(Vegetable charcoal. Triturated with sugar of milk). The face of Carbo Veg. is a great study. A man shows his business of life in his face—love, hatred etc. In Carbo Veg the face flushes to the roots of the hair after a little wine. This is a strong Characteristic. The Carbo Veg. patient suffers very much from difficulties of breathing. A feeling of weakness in the Chest, as if he could not get another breath. (1) Offensive Discharges (2) Putridity and Burning. (3) Coldness of legs and knees (4) Flatulence—Belching Acidity. (5) Patient wants to be fanned in any disease—It is prepared by trituration to the 6th potency, then dilutions—(a) Distension of stomach and bowels, temporarily relieved by belching—this often gives rise to asthmatic breathing and dyspnoea. (b) Chronic Hoarseness. In old cases of Headache Carbo Veg—establishes re-action. Head painfully sensitive to hat or cold. Leucorrhoea thin in morning on arising—not through day—milky, excoriating, thick, yellow.

### 58. **Caulophyllum.**

(Blue cohort. Tincture from fresh roots). A woman's remedy acting on uterus and small joints. Leucorrhoea in

little girls—Uterine headache. Menstrual colic—Uterus retroverted—Sub-involution. It is used off and on like Act-R in the 8th or 9th month of pregnancy or a week or 2 before delivery to ensure easy and painless delivery. (a) Dysmenorrhoea (b) Uterine Cramps (c) Finger joints, ankles or toes in pregnant women swell and are sore.

### 59. Causticum.

(a) Jacksonian Epilepsy—Falls down unconscious and thus recovers sense in 2 or 3 mts. and then goes his way—(b) Can't bear heat or cold—(c) Warts—Calc C., Nit X, Staph and Thuja, old warts on eye-brows, lids or nose. (d) Sits down to the table with some appetite but scarcely eats a morsel—Kali C, China, Lyco.

(Burnt lime and fused bisulphate of potash, distilled). (1) Urine spurts involuntarily while coughing (2) Enuresis during first sleep (3) Menses flow only by day time (4) Stool passes better when standing (5) Morning hoarseness (6) Paralysis of single parts. Mental sphere: Patient timid, full of fancies, feels as if something were about to happen—Squilla and Nat Mur also have involuntary spurting of urine during coughing—Apis, Phosph and Puls. Magnesia Carb differs from Causticum in that menses flow during the night in the former case but during the day in the latter—Do not forget Graphites, Selenium and Sulphur in hoarseness (a) Ill effects of long retention of urine—(b) One of the most valuable remedies in catarrh—I. Stammering has been cured by Caust when due to imperfect control of the tongue. In tongue paralysis it may require to be followed by Stram, Dulc, Muriatic X and Baryta Carb. The paralytic tendency of Caust is also illustrated in the inability to expectorate (Sepia, Drosera, Kali C and Arnica)—II. After the failure of Colocynth, causticum is called for in colic.—

### 60. Cedron.

Fever comes at 9 A. M., 3 P. M., 6 P. M. with pain from temple to temple, profuse sweat. Neuralgia after sewing.

(Simaba Cedron. Tincture from seeds). "Clock-like regularity" is the keynote—Attacks can be foretold almost to the minute. Severe pain in eye-balls with radiating pains around eyes, shooting into nose—Antidote to snakebites and sting of insects.

### 61. Chamomilla (Cham).

German Chamomile Tincture from fresh flowering plant). (1) Mental : Crossness and irritability ; impatient and restless ; wants and cries for things and when it gets them, it throws them. (2) Intolerance of pain—Numbness with pain—Nervous symptoms merely reflex from abdomen—Pains <from heat but not > by cold like Puls. (3) aggravation-by warmth, in the evening and at night, open air, wind. (4) consequence of anger—Aconite, Bry, Colocynth, Ignatia, Lyco, Nux and Staphy. (5) one cheek red and hot and the other pale and cold. The two principal remedies you will rely on for cramping in the back and abdomen everytime the child is put to the breast, are Cham. and Puls—One gentle and mild, the other snappish and irritable. Sleeplessness : Cham : children start during sleep, the muscles of hand and face twitch and the face is red—esp. one cheek. Cypridium : children awake at night, lively, full of play—This shows impending cerebral trouble. (a) Pains rheumatic driving patient wild. (b) Green, slimy, mucous diarrhoea—(c) Toothache during or after eating > cold things—(d) Drawing from small of back forwards, followed by discharge of large clots of blood. Rigidity of the os unable to bear the pains—becomes uncivil. Cramps in uterus when the child is put to the breast (Puls.) (f) Cough during sleep—does not wake

up. (g) Chilliness over whole body with heat of face, which comes out of eyes like fire.

### 62. *Chelidonium*.

(Celandine. Tincture from fresh plant). Specific for liver ailments. "Chelidonium—like Bry writes his name in bile yellow skin and stool and urine. Tongue and Eye his style." <at 4 to 8 P. M. at right side—Right-sided bilious Pneumonia with the base of the right lung affected or with pain in chest just above the liver. A great craving for hot drinks that bring untold relief—Unless boiling hot stomach will not retain them. Sub-scapular pain, right side and jaundice—"anxiety as if she had committed a crime—" Bitter saliva—"Diarrhoea and constipation alternate with jaundice".

### 63. *Cicuta Virosa* (Cic).

(Water Hemlock. Tincture from fresh root). A remedy for violent convulsions when the patient bends backward. Pupils dilated and insensible in concussion of the brain (Bell., Hyos., stram). "Epilepsy with hiccough—distortion of limbs < noise, jar or touch". "Eczema Capitis—pustules run together like forming thick, yellow scabs on head, face and other parts—(Graph)" (a) Cerebro-spinal meningitis. (b) Infantile convulsions. (c) Convulsions due to wound or injuries—< touch, going downwards.

### 64. *Cimicifuga Racemosa*.

(Black snake root. Tincture from fresh root). Reflex troubles due to ovaries and uterus.

### *Cimicifuga* and *Caulophyllum*.

(1) Rheumatic Diathesis— both (2) Hysterical spasms—both (3) Trembling spasms—both (4) Rheumatism of small joints with uterine troubles—*Caulophyllum*—Rheumatism in the fleshy part or belly of muscles—

Cunicifuga— (a) Woman's Headache associated with uterine troubles, (b) Puerperal Mania—Talks much, suspicious—mania following disappearance of neuralgias.

### 65. Cina.

Voracious hunger—Iodine, Psorium Lyco, Nat mur, Phosph and Petroleum.

(Wormseed. Tincture from dried flowers). "Picking and boring at the nose with fingers, itching, canine hunger, irritable temper, screams, jerking head, grinding teeth, rings about the eyes—worms. Milky urine—Aurum mur, Lyco, and Acid Phos.

### 66. China.

"Said to antidote the chronic ptyalism produced by mercury. Dulc. has been successful for salivation of mercury <damp weather." "Rejecting substantial kinds of food but continually asking for dainties. White coated tongue in children. Cross and Irritable".

(Calisaya Bark. Tincture of dried bark). Weakness from loss of fluids, semen, blood etc. A slight touch aggravates but a firm pressure relieves—Digestive Disturbances—China: Satiety after a few mouthfuls, painful distension momentarily relieved by belching. Distension after eating a little is characteristic—The whole abdomen bloated. Carbo Veg: Relief from belching. Lyco: sense as if a full meal had been eaten—after a few mouthfuls—flatus every 5 or 10 mts with out relief—Lyco. bloats the lower abdomen—Kali-C—bloats after eating. Ferrum met and Ars. have also undigested stools after eating. (a) A great anti-Hectic. (b) Headache of anaemics pulsating in temples. (c) While reading, letters seem to run into one another. (d) Prevents formation of gall stones use 6th dil. and regularly for 3 months.



(e) Joints feel heavy in the morning—frequent nose-bleed in morning due to anaemia—(f) Food tastes bitter or too salty—(g) Fermentation and diarrhoea from fruits. (h) sexual excesses bring on ovaritis or vaginal induration.

### 67. *Cocculus Indicus* (Cocc.)

“Soles go to sleep while sitting.” “Hands tremble when eating.”

(Indian Cockle. Tincture from dried fruit). Indicated in debility when it is spinal in origin and comes from loss of sleep—useful in those who nurse the sick-children, drunkards and book-worms. It is valuable in Hernias—particularly indicated when abdominal muscles are weak (worse on the right side). Aberration of mind due to stoppage of menses (Sulph), anger and fury. Menses too early—every 15 days—too often and profuse, Leucorrhoea in places of menses (Alum., Kreosote, Ars., Calc., Hydr and Puls). (a) Vomiting caused by riding in carts, ships etc. (b) Great repugnance to food. (c) Wants to sleep but on closing eyes is assailed by frightful sensations as of a hideous dream—(d) Painful stiffness of back when moving—

### 68. *Coccus Cacti*.

Useful with ropy phlegm when there are sharp stitching pains under the clavicle—

(Cochineal—Tincture from the dried insect). A remedy for coughs when paroxysm ends in vomiting clear, ropy, stringy mucous—extending sometimes in long strings even to the feet. Cough < hot room, warmth of bed, hot things, at night, exertion and eating > cold things and cold room.

### 69. *Coffea Crudea*.

“In eruptive diseases—burning and itching keep the patient awake all through the night”.

(Tincture from unroasted green mocha coffea beans). The leading use is in sleeplessness when the senses are all acute, the mind is acute with plans of fancies—one memory conjures up a host of other memories—Comparison: The toothache of Coffea is relieved permanently by holding cold water in the mouth while that of Cham. is only temporarily relieved—all senses too acute—reads fine print, hears distant noise. Voluptuous itching in vulva—parts too sensitive—can't wear napkin during the menses—Remedies for abuse of coffee are—Cham., Ign., Nux Vom.

### **Irritability.**

Acon:—Fearful and anxious, dreads things.

Aurum:—Suicidal.

Cham:—Spiteful and uncivil.

Coffea:—Wakeful and on the constant move.

Nux:—Sullen, wants to be let alone.

Hering speaks of painless diarrhoea, under Coffea, the result of sudden joy.

### **70. Collinsonia Canadensis.**

(Stone root tincture). A marked sense of constriction in any or all the orifices of the body. Sensation of sticks in the rectum, constipation with prolapsus uteri and haemorrhoids—Pruritus vulva during pregnancy (Calad.)

### **71. Colchicum Autumnale (Colch.)**

(Meadow saffron. Tincture of the fresh bulb in spring).

(1) General Exhaustion of mind and body (2) Great muscular prostration (3) Aggravation from exertion, even thinking (4) Acts on muscles, bones & joints (5) When parts are red, hot, swollen (rheumatism—pain < in the evening & from touch).

It stands midway between Ars and China, having the weakness of Ars and the tympany of Cinchona.

(a) Hydrothorax (b) Nausea and loathing at the thought of food. (c) Autumn dysentery. (d) Suppression of urine in typhoid (e) Crawling in tips of fingers.

### 72. *Colocynthis* (*Coloc.*)

(Bitter Cucumber. Tincture from pulp of dried fruit freed from outer rind and seeds)

“Colic and sciatica” are the spheres of the remedy. Colic causes the patient to bend double and press the abdomen against something to relieve pain.

In *Discorea* Colic is relieved by throwing the body backwards. *Colocynthis* is useful in any form of colic when nervous elements predominate over the inflammatory symptoms. *Amm. mur.* has sciatic pains < while sitting, somewhat relieved by walking and entirely relieved by lying down.

In *Veratrum* also colic is relieved by bending double but the patient walks about to seek rest and has sweat on head. *Bovista* has also relief by bending double but after eating.

Sciatica relieved by warmth and rest < by motion.

“Constipation from cheese requires *colocynthis*.”  
 “Gouty affections of eyes.” “*Glaucoma*—pain extending to head > firm pressure.”

### 73. *Conium Maculatum*.

Complementary to *Nux* in constipation especially when there is a faint feeling after stool.

(Poison Hemlock. Tincture from the whole flowering plant).

(1) Most suitable for old age, esp. for old maids (2) Enfeebled state of the sexual organs, emissions on touch of the sex or even sight (3) Mental Depression (4) “Hath a wife whose breasts are tender just before the monthly show.” (5) Much sweat all over the body day and night, esp. at bed-time.

Hanging down of eyelids : Gels, Caust, Sepia & Conium.  
 Vertigo on looking sideways, lying down or turning in bed.  
 In walking the patient looks straight in front or he will fall.  
 Melancholia due to excesses—sexual. (a) Too much wax  
 in the ear (b) Tumours following injuries or slight blows.  
 (c) Locomotor Ataxia. (d) Cancer of the lips due to pres-  
 sure of the smoking pipe. (e) Urine flows by fits & starts.  
 (f) Sexually vigorous female losing husband with hysteria  
 (without hysteria—Apis).

#### 74. *Corallium Rubrum* (Cor.)

(Red Coral. Triturated with sugar of milk).

Terrific paroxysms of cough closely following each other.  
 Post-nasal catarrh.

#### 75. *Crocus Sativa* (Croc.)

(Saffron. Tincture from the dried Stigmata).

(1) Haemorrhages that are black and stringy. (2)  
 Sensation as if something were alive and moving about in  
 the abdomen. (3) From the greatest hilarity to deepest des-  
 pondency. Excessively happy, affectionate, wants to kiss  
 everybody, the next moment in a rage.

Eyes : Sensation as if room were filled with smoke;  
 as if had been weeping; as of cold wind blowing across eyes.

(a) Metrorrhagia (b) Hysterical mania & Brain irrita-  
 tion.

#### 76. *Croton Tiglium*.

Croton, *Jatropha* and *Enphorbia* are almost all similar  
 regarding the diarrhoea they produce but the last one wants  
 to die—a prominent mental symptom.

(One part of Croton oil and 99 of alcohol makes Q).

Bowels are moved as if by spasmodic jerks—Diarrhoea  
 "Coming out as if from a hydrant" as soon as patient eats  
 or drinks or even while eating. Drawing pain through

the chest from breast to scapula of the same side everytime the child nurses; Nipple very Sore—(b) Small red blotches with intolerable itching.

### 77. **Cuprum Metallicum (Cupr.)**

There is considerable distress referred by the patient to the Epigastrium and this associated with the most intense dyspnoea.

(Precipitated Copper. Trituration).

Cramps and spasms are the leading features.

Big Four—Cramps, Convulsions, Coldness, Collapse.

Cholera: Coldness and blueness of the surface of the body. Cramps of the muscles, those of the thighs and calves are drawn up into Knots; distress in the pit of the stomach and great dyspnoea. (a) Epilepsy—Spasms beginning at fingers or toes. (b) Baryta Carb—Paralysis of tongue (c) Gurgling in oesophagus while drinking—(Ars., Laur., Hydro-ac). (d) Left-sided complaints. (e) Coition cramp—old man newly married gets cramps in calves (Graph) while attempting coition.

### 78. **Cyclamen.**

(1) Bad effects from eating much fat food. (2) Agg. in evening and from rest. Aversion to open air, cold, water, cold bathing. (3) Blinding Headache and flickering before sight. (4) "In female ailments most confessed by menses scanty or suppressed." (a) Chilblains of the feet. (b) Ailments from suppressed grief or terrors of conscience from duty not done or bad act committed. (c) Milk in breasts during pregnancy.

### 79. **Cascarilla.**

(Sweet Bark)

(1) Heat, with thirst for warm drinks. (2) Pain in the stomach, as from a shock. (3) Discharge of blood from the rectum.

**80. Castoreum.**

(The Beaver)

Predominant chilliness (2) Restless sleep with frightful dreams and starting. (3) Attacks of chilliness with ice-coldness in the back.

**81. Clematis Erecta.**

(Vergins' Bower)

(1) Indurated testes and enlarged inguinal glands. (2) Muscles relaxed. (3) After eating, weakness in all the limbs and pulsation in the arteries.—A good remedy in Gonorrhoea after allopathic injections.

Crotalus—Stuffed feeling in the right ear, associated with a sensation that hot ear wax is trickling yellow colour of the whole body—eyes, tongue. Inveterate jaundice—Every spring the old trouble re-appears.

**82. Daphne Mezereum.**

(Spurge olive).

(1) Semi-lateral complaints (2) Violent itching Eruption <from scratching and when becoming warm in bed. Burning in the skin. Eczema and itching Eruption after vaccination. (3) Prolapsus ani with constriction. (4) Agg. from contact and motion. Evening aggrav. until midnight. Aggrav. from warm food like Bry. and Puls. (5) Pain in the bones. (6) Neuralgia <from eating alleviated by heat.

**83. Digitalis Purpurea (Dig.)**

“Two or three dreams with emissions in a single night the day following the patient feels weak esp. about the knees—Dig 12 and then 30th.” Like Ars. and Lach, Dig. has a tendency to go downward—hence use it where absolutely necessary.

(Fox Glove. Q from fresh leaves of uncultivated plant in the 2nd year of growth).

(1) A very slow pulse or very irregular, intermittent—50 or below normal which is 78—. (2) Faintless, feels as

if dying, difficult respiration, sudden sinking, sadness, (with perspiration)—Fear of death < at 6 P.M. with heart trouble < music (3) Dropsy of External and Internal parts (4) Violent and audible palpitation of the Heart. (5) Blueness of the surface, Esp. of lips, tongue and nails. (6) One hand cold, the other warm (China, Puls and Lyco).

**N. B.** Do not give "Cinchona" in any form after Digitalis.

It has often cured deafness with hissing as of boiling water. "Ashy—pasty chalk-like stool. Violent diarrhoea in jaundice." "Throbbing at neck of bladder as if a straw was being thrust back and forth—"

#### 84. *Discorea Villosa*.

(Wild yam—Q from fresh roots)

Cramp-like pains call for this remedy—Patient bends backward or straightens out. Pains apt to radiate from abdomen to other parts of the body—back, arms etc.

"Discorea—Tincture drops. The screaming pain of colic stops." Emission of semen during sleep, twice or thrice in one night, followed by a sadness, weak knees—organ cold.

#### 85. *Drosera Rotundifolia* (Dros).

(Sundew Q from fresh flowering plant).

"Drosera—Thy callings are whooping cough and chest catarrh. Cough that vomiting invites, cough consumption, cough at nights—cough with sputum bloody-green, cough and hoarseness of the Dean." "Impulse to commit suicide by drowning." "Vertige—about to fall on the left side—" Supports head with hands. Laryngeal Pthisis—(Spong., Mang., Hep., Sang-n Caust.) Cough < eating, drinking cold things, warmth, tobacco smoke, laughing, singing, weeping—lying down, after mid night (3.A.M.) or about 12 P.M. or in the morning (Kali-carb am-c.) expectoration, bitter, offensive, bloody or pus like. Nust sit up and hold the chest (Nat-s, Bry, Enp-per., phos.)

**86. Dulcamara.**

(Bitter sweet. Q from green stems and leaves before flowering) Iils < from cold, 'wet weather. Aggrav. nightly, during rest, from cold, "Children coming down from the hills at the end of summer and suffering from diarrhoea or chatarrh."

Itching when undressing (Hep.)

**Comparison.****RHUS TOX.****DULCAMARA.**

- |  |                                     |
|--|-------------------------------------|
| (a) Relief from motion, aggr.<br>from cold and rest. | (a) The same                        |
| (b) Anxious, depressed—                              | (b) Irritable                       |
| (c) Swollen glands painful—                          | (c) Swollen glands<br>painless.     |
| (d) Menses too soon, profuse,<br>long.—              | (d) Too late, scanty,<br>too short. |
| (e) Worse all night—                                 | (e) < before midnight—              |

(a) Twitching of the eyes in the cold air. (b) Emptions before and during the Catamenia. (c) Mucous diarrhoea in summer during the cool days—.

" E. "

**87. Echinacea.**

(Purple cone flower. Q from fresh roots).  
The keynote to its use is Septic state, bad blood.

**88. Epiphegus.**

(Beech drop. Q from fresh plant).

The range of this drug is in sick headache brought on by any deviation from the even tenor of her way.

**89. Equisetum Hyemale.**

It is very useful in nocturnal enuresis of children esp.  
" when there is no tangible cause except habit."

**90. Erigeron.**

(Canada Fleabane. Q of the whole fresh plant).



This is known for hæmorrhoids and congestions—Hæmorrhages that are increased by the slightest motion of the patient.

**N. B.**—Tincture and lower potencies may be used.

### 91. *Eucalyptus*.

“It has been prescribed in fevers, intermittent, typhoid, and remittent, but without marked indications—” Allen Hering speaks of it for ‘fevers of a relapsing, obstinate, and prolonged character, of a miasmatic origin.’

### 92. *Eupatorium Perfoliatum* (**Eup**).

(Boneset. Q from Entire fresh blooming plant).

It is famous for relieving bone pains (Dengue, Influenza and Break-bone fever).

Eup. pur—Chill in small of back—up and down with involuntary urination—burning after—fever at 10 A.M. or at other times. Nausea during chill but not vomiting. During chill no thirst—Vertigo left-sided.

Eup-perf—Aching, bilious symptoms—thirst before and during chill—vomiting, prominent—chill between 7 to 9 A. M. drinking followed by chill and vomiting. The former has uterine and urinary disorders but the latter has liver troubles—(Nat M & Sepia follow well).

### 93. *Enphrasia*.

Eye-lotion:—Boric Acid 10 grains to an oz. of water +10 drops of Euph. Q Put 2 or 3 drops of this mixture into the eyes frequently. This cures every kind of ophthalmia.

Very valuable in eyes with redness, burning, profuse lachrymation which bites or excoriates. Useful in many cases of acute cold in the eyes or nose with acrid water from the eyes—all. Ceba—Excoriating discharges from nose, Bland discharges from eyes.

Enphrasia—Excoriating Discharges from Eyes and Bland discharges from nose.

“Enphrasia excoriates the Eyes.”

‘ F ’

**94. Ferrum Metallicum.**

> Walking-ars (restlessness), Cham. (rheumatism); Dios.(flatulent colic); Fluor-ac (generally > rapid walking); Ferr. rheumatism > slow walking), Ign. (Sciatica); Puls. (Toothache—walks on the floor), Rhustox (Headache) >rapid walking).

(Metallic iron—an Element).

Best adapted for weak, nervous persons flushing easily and for delicate chlorotic women. It dilates the blood vessels.

“Cracking of paper makes him wild (Nat-c. Ther.) Vomiting at midnight or in morning after breakfast. Nausia as soon as food is taken (Phos.)

Prolapsus of rectum, vagina or uterus—Rheumatism of left shoulder joint to elbow—Swelling of hands and feet—“Neuralgia <washing> walking. (a) Undigested diarrhoea <from eating. (b) Anæmics—Full-bloodedness and coldness. (c) Sweat profuse, stains linen yellow.

**95. Ferrum Phosphoricum.**

(Phosphate of iron. Triturated with sugar of milk).

One of the leading tissue remedies—“Inflammation” is a guide to this drug. (a) Haemorrhages bright red blood (piles, dysentery) (b) Enuresis (c) Throbbing Headache (d) Pneumonia—Pleurisy, Erysipelas in beginning.

**N.B.** In Ferr. Iodide there is retroversion of the uterus. Uterine displacement, congestion, leucorrhoea like boiled starch but when the bowels move, the leucorrhoea is stringy. Swelling of vulva and vagina—itching—Menses suppressed—can’t retain urine.

**96. Gambogia.**

Intense itching of the eyelids so that children rub them frequently—Said to be a marked indication calling for the remedy in the diarrhoea of children. The stool is thin, yellow, green, watery or with some mucus—pain before and relief after movement—stool gushing followed by burning in anus and protrusion of rectum.

**97. Gelsemium.**

A sensation that a band is tied around the forehead  
Merc, Carb x & Sulph.

“Sensation as though the heart would stop beating if the patient did not move”. “Diplopia with paralysis of tongue”.

(Yellow Jassamine. Tincture from thin, fresh rootlets.)

Prostration, loss of muscular power, lassitude, dullness, vertigo point to this remedy—“Little thirst in Gels. ills”.—Complaints from emotional disturbances as diarrhoea from fright—Five D’s in fevers—Drowsiness, dullness, dizziness, diplopia, downward tendency (absence of thirst & remission of symptoms). (a) Headache—relieved by flow of urine. (b) Deafness from quinine (c) Emissions without dreams or Erections. (d) Hand trembles when moved early in disease (in the 2nd week or later in typhoid ars). In uterine pains flying all over the body and the patient going into convulsions, give Gels. “Hiccough < Evening” Flow in urine intermittent as if something remained behind.

**98. Glonoine (Glon).**

“Sensation as if he is being hanged by the leg, head downwards Hemicrania—sees half light—half dark.”

Glonoine has more heart trouble than Bell.

(Nitro-glycerine—1 part of pure drug to 95% alcohol)

Gl stands for glycerine. O stands for Oxygen. N stands for nitrogen. Ine is the termination.

### Composition.

**N.B.** Cold application on head relieves headache—generally cold water is worse.

Acts on the head & largely in cases caused by heat. Headaches of men working under artificial light < motion-shaking, jar, stooping forward, lying down ascending, damp weather. “Familiar things & places seem strange; loses way in well-known streets.” “Throbbing shocks in tune with the pulse or with beat of heart. Throbbing in forehead or temples extending to the extremities, fingers or toes.”

**N.B.** Lower potencies will cause fearful headaches—stertorous breathing, coma, sunstroke, hot head, cold extremities, cold sweat—shining skin—Opium & Glonoine both have them but Opium has hot sweat instead of cold, tympanitis and dropping of the lower jaw.

### 99. Graphites (Graph).

“Tendency for the edges of the eye lids to crack & bleed. Eyelashes become wild, turn in towards the ball & irritate the conjunctiva”. “Hepar is preferable when there is throbbing in and around the eye.”

(Black lead. Triturated with sugar of milk).

“Oozing glutinous, sticky Eruptions”. “Thick finger nails growing out of shape.” often suits fleshy, coarse grained women.

“Sad, fat, fair, constipation, constant yawning.” Dry scaly Eruptions—Lyco. Thick hard, scabby & crusty Eruptions—Mezereum.

It pictures more of Herpes & Petrol. more of eczema. Very largely employed for cicatrices as after mammary abscesses. Constipation with unusually large hard stools & shreds of mucous—Hahnemann says—“You can not accom-

plish any cure without prescribing Graphites for a patient complaining of constipation and late menses simultaneously."

"Eczema of eye-lids"—staph, cracks on the outer corner of eyes (inner-Zincum).

"Want of sensation during coition with no discharge".

' H '

### 100. *Hamamelis Virginica*.

(Witch Hazel. Q from fresh bark of young twigs and roots).

The Ham. patient is notably without fear.... Bleeding is the keynote.

(a) During pregnancy phlegmasia alba dolens. (b) Throbbing in veins about the pit of the stomach—specially after eating.

### 101. *Helleborus Niger* (Hell.)

**N.B.** Zincum comes in when reflexes are lost (motion of limbs) and the patient lies still as if dead.

"Picking of lips or clothing. Urine scanty or suppressed (Arn., op). Sensorial depression. Meningitis—collapse." "Lies still on the back—eyes half closed or wide open—insensible to light—Vacant look—sopororous sleep, head rolls from side to side, forehead wrinkled and covered with sweat (cold), drinking of ice water."

(Black Hellebore. Tincture from dried root).

Useful for weak scrofulous children—Brain symptoms of dentition, sudden dropsical swellings. Sees, hears, tastes imperfectly. General muscular weakness, convulsive twitching of muscles during sleep—Thumb drawn into palm. Aggr. from 4 to 8 P.M.

(a) Greedy drinking of water which rolls audibly into stomach. (b) Chewing motion of the mouth (Bry.) (c) Pupils dilated—dark soot about nose, nose dry, fever between 4-8 P.M. (d) Aphthae in mouth (Borax & Merc.)

**N.B.** When reaction sets in as manifested by sweat, diarrhoea, vomiting or profuse urination, it should not be interfered with.

### 102. *Helonias Dioica*.

(False unicorn Q from fresh root before flowering).

Uterine remedy in prolapsus, menorrhagia, leucorrhoea, chlorosis, dragging langour, prostration, backache. In kidney troubles it is very efficacious in females--In pregnant women useful for passage of albumen during pregnancy.

### 103. *Hepar Sulphur Calcareum* (*Hepar*).

Hasty speech and hasty drinking—Bell, Dulc, Hepar, Lach and Sulph.

“Urine drops almost perpendicularly from the meatus urinarius instead of being ejected with force. If with this trouble, there is wetting of the bed at night, give Hep. Sulph.”

Impure Calcium Sulphide. Triturated with sugar of milk). Depressed, irritable frame of mind, craving for sour things. Patient chilly; cold air makes him cough. Every little hurt suppurates. Oversensitiveness. If pus is threatened, it may abort; if formed, it promotes healing.

Things appear red—Bell.

Things appear blue—Stram.

Things appear black—Caps.

Things appear magnified—Hyoscy.

Things appear small—Stram & Platina.

### Comparisons

Sensation as of a lump in the throat—Hepar.

Sensation as of a hair—Nat Mur.

Sensation as of a string hanging down—Valeriana.

- (a) Loose, rattling cough but mucus not coughed up.  
 (b) Nose stopped at every exposure to fresh air. (c)

Bleeding gum, abscess at the root of teeth. (d) Ailments from over-dosing with mercury and iron. (e) Falling of hair—Baldness cravings unique. Plainest food disagrees. Longs for condiments, knowing instinctively that they will tone up the system. Bowels move sluggishly even when stools are soft, eating temporarily relieves.

#### 104. *Hydrastis Canadensis*.

(Golden seal Q from fresh roots).

A combination of debility, dyspepsia & unhealthy mucous membranes—

When patient is restored from Tuberculinum, *Hydrastis* will work wonders in improving the general health.

Cancer of the stomach (Use 3 x with Acetic Acid 3 x) uterus & breast. Pruritus vulva. Displacement of womb. Used to fatten up the emaciated men (Phthisical) used as a local application in small pox. Discharges (nasal) scanty indoors, profuse outdoors. Loathing of all food—bread or vegetables. Acidity, weakness, indigestion. Vomits all food except milk & water. Chronic constipation (use 200th) Prolapsus of rectum in children. Constipation & piles during & after pregnancy. Retarded convalescence from typhoid with loss of appetite, constipation, profuse sweat of bad odour.

(a) Catarrh—yellowish, greenish, tinged with blood. (b) Watery discharge as in leucorrhoea with irritation in the mucous membrane. (c) Constipation with no other symptom. (d) 10 drops Q in hot water every half hour is good for gall-stone. (e) Sore-throat with hypertrophy of mucous membrane.

#### 105. *Hyoscyamus* (*Hyos*).

Ajwain Khurasani.

It stands midway between Bell & Stram. Picking at bed-clothes—sees persons who are absent. Delirium continued

while awake, when the fever is absent and when the temperature is high (Stram), but extremities cold, face pale.

(Heubane. Q from fresh blooming plant)

Mania, marked by suspicion, loquacious, wants to uncover his or her person, senile mania—

### Comparisons :

Dry cough when lying down.

Dry cough relieved by lying down and aggravated by sitting up—Ferrum Met and Manganum.

“Involuntary stools at night white urinating or during sleep (Ail, Mur-ac).

Dysentery turned into typhoid state. Involuntary urine on hearing running water. Bladder paralysed after labour. Canst. Rhus-T.”

(a) Convulsions caused by fright. (b) Diarrhoea during confinement. (c) Disappointed love followed by epilepsy (d) difficult swallowing. Dread of liquids—attempt to swallow liquids renews spasms. Fluids come through the nose (Lach.) (e) Navel open—urine oozes through. Contraction of the muscles of neck—head turned obliquely.

### 106. Hypericum.

(St. John's wort. Tincture from entire fresh blooming plant).

For all injuries to nerves perforated or gun shot wounds, toy pistols, puncture from needle or pointed instruments. Milk like urination of children.

Pains running up the limb from the wound. Smashing of fingers or toes or injury to coccyx or spine lead to startings and later convulsions.

**Arn.** for ordinary injury, bruises—flesh or skin remains in tact Rhus-t., subsequent weakness of tendons and muscles. Calendula for cuts and bleeding.



Ledum for punctured wounds as from a needle or awl. Strontiana Carb. Collapse after operation. Staph.—After operation promotes healing. The urethra of the female being stretched out for stone in the bladder gives excruciating pains with cold sweat or when the abdomen is opened and there are burning pains—in such cases Staph. Stops the pain at once.

After a fall—slightest motion of arms or neck extorts cries. Epileptiform spasms after knocking the body against anything.

Case: a boy falling down cut his tongue in twain with the teeth—The tongue was stitched but he remained speechless for sometime—Ledum quickly restored the speech.

“ I ”

### 107. *Ichthyol.*

“It controls with all ease  
 Every blood and skin disease,  
 In acute or Chronic form,  
 That augments the dermic swarm.  
 All Eczemas that assail,  
 Every Pimple—blotch or scale,  
 Every itching plague we see,  
 Psoriasis—Leprosy.  
 Whilst before thy power high  
 Gout and rheumatism fly ;  
 And Catarrh where'er it shows  
 In the stomach, throat or nose.  
 And a constipated state  
 Of the bowels with piles to mate. ”

### 108. *Ignatia (Ign.)*

*Ignatia* affects the throat most but *Asafetida* the abdomen. Headache ends in profuse urination (*Gels.*, *Kalm.*,

Sang., Sel., Verat-alb) Hungry headache—Psorinum. Headache > stooping forward.”. Obstinate itchings in the auditory canal.

(Bean of St. Ignatus. Tincture from powdered seed). This is a drug of changeable moods. Patient hilarious, then silent and melancholy. The peculiar sinking feeling that comes at the pit of stomach on the occurrence of some calamity. This remedy is full of contradictions, as, fever and no thirst, chill relieved by uncovering. Monroe says—“One must look for the body of a drowned Ignatia patient up stream.” For chronic, long lasting effects of grief. Phosph. Acid. (a) Hysteria (b) Epilepsy from mental causes only. (c) Relieves undue grief caused by a death in the family. (d) Prolapsus Ani. (e) Sticking in throat when not swallowing. (f) Convulsions of children after reprimand or chastisement.

### 109. Iodium (Iod).

(Iodine. Triturated with sugar of milk). (1) Irritability of Nervous system. (2) Emaciation with good appetite. (3) Swelling and induration of glands—(should be given months and weeks). (4) Wasting Diseases.

### 110. Ipecacuanha (Ipec).

Ant.-t and Ipec both have rattling—Ip. for the 1st stage and ant.-t the third when the power to expectorate is gone—always remember that sleeplessness during heat and sweat calls for ant-t.

(Tincture from the dried root). Persistent nausea and vomiting (2) Hoemorrhages of bright, red blood (3) Troubles arising from fat food, pork and pastry. Indicated in patients who are full of desires—They know not for what—“Chill at 11 A. M. (Cactus. and Nat M.) with constant nausea. Pain in limbs, backache, pain between the shoulders after 4 P.M. Chill <heat> drinking and open air.” Neuralgic

Supra-orbital pain due to indigestion—Pain from vertex to teeth with nausea. (a) Fermented green, watery stools. (b) Stomach troubles with a clean tongue—with coated tongue—Puls—(c) Cough as from inhaling sulphur fumes. (d) Whooping cough ending in nausea.

### 111. *Iris Versicolor*.

(Blue flog. Tincture from fresh root). Sour vomit and sick headache with a blur before the eyes—feels vertex would fly off (Cimi, Glon) vision > when the headache appears in full—Profuse saliva. (a) Sciatica of left leg—burning shooting down to foot < motion (b) Periodic headaches of school teachers, students—when the strain of mind is relieved—

### “K”

### 112. *Kali Bichromicum* (**Kali-Bich**).

“Catarrhal deafness when the salivary glands are swollen and the pains go from the throat into the ears—”

(Bichromate of Potash. Triturated with sugar of milk). Whenever the expectoration or mucous is tough, stringy or rope-like, this remedy is indicated. Indications in Diphtheria. (a) Yellow-coated or dry red tongue (b) Tough, tenacious exudation. (c) Pain extending to neck and shoulders. Headache—supra orbital Headache, as the Headache starts, the sight becomes lost, but it returns as the Headache increases—(more on the rt. side). (a) cold chronic rheumatism. (b) Syphilitic ulceration of tongue. (c) Dyspepsia of beer drinkers—

### 113. *Kali Carbonicum*.

Every time meal is taken, pain is felt in the back.

(Carbonate of potash. Triturated). < between 3 and 4 A. M. Stitching pain, weak back, sensitive to cold, no sweat. Menses—too early, too profuse, too long. Itching of body during menses, Backache. Dyspepsia.—Before eating—faint feeling, sour eructations and heartburn. During eating

sleepy. After—flatulence, belching putrid but it relieves.  
 (a) Hip joint disease (b) young girls anaemics, can't menstruate, headache. (c) Easily frightened, starts at a touch. (d) Effects of miscarriage and labour at child birth. constant hawking to clear up the throat with sensation of a fish bone therein—

#### 114. Kali Muriaticum.

(Potassium Chloride. Triturated). White tongue runs through this remedy. Acts chiefly on mucous membranes. (a) Mumps (b) Noises in Ear. (c) Dandruff (d) Janudice with white tongue (e) Gonorrhoea—1st remedy.

#### 115. Kali Phosphoricum.

(Phosphate of Potash). A remedy for brain, nerves and blood—Mental breakdown, nervous prostration, sexual debility and foul conditions of blood. (a) Hay fever (b) Epilepsy. (c) Delirium Tremens. (d) Menstrual Colic.

#### 116. Kali Sulphuricum.

(Sulphate of Potash). <from warmth and> in cool open air. Discharges slimy and yellow. Puls. is most like Kali Sulph in its symptomatology. (a) Thin ear discharges (b) Leucorrhoea. (c) Wandering pains—

#### 117. Kreosote.

(One part wood tar Creosote to 9 parts of alcohol). Profuse and offensive secretions—(a) Early Decay of teeth (b) Gums, dark, red, swollen and painful. (c) Vomiting of pregnancy. (d) Chronic Peumonia.

#### 118. Kalmia Latifolia.

Kalmia is left sided in heart and circulation but right-sided in neuralgia—follows Spigelia.

(Mountain laurel). All ills < before a thunderstorm Rapidly shifting pains, shooting downward, involving heart. In recumbent posture memory and mental Faculties are perfect, but on every attempt to move vertigo—Headache

begins at sun rise and ends with sunset or recurrent with heart trouble—when urine is profuse, heart is > very slow pulse. Tingling and Numbness—Wandering pains. Rheumatism changing places—from above downwards—from shoulders to fingers extending down the left arm specially locally in wrists, (Spig) elbows and shoulders—

(1) Tobacco Heart. (2) Pain leaves limbs and goes to heart Abrot., Aur; Cact, Led., Rhus Tox). (3) Pain from neck down the right arm to fingers—Tearing pain from hip down leg to feet <night—

“ L ”

### 119. *Lobelia Inflata*.

(Indian tobacco. Q of fresh plant). Asthma and gastric affections when there is langour with nausea, vomiting and dyspnoea. (a) Bad effects of drunkenness. (b) Can not bear taste or even smell of tobacco.

### 120. *Laurocerasus*.

(1) Want of reaction and vital powers are low. (2) Painlessness accompanies the symptoms. (3) Aggravation in the evening. (4) Acute suppuration of the lungs. (5) A slow weak pulse. (a) Action is on the brain, the spinal cord, the medulla oblongata—paralysing the nerve centres— (b) Vertigo with inclination to sleep <open air> lying down. (a) Convulsions with foam. (b) Catamenia too early and too profuse. (c) Mitral regurgitation—clutching at heart.

### 121. *Lachesis*. (**Lach**).

In *Lachesis* over-sensitiveness is due to irritation of peripheral nerves and as such should not be confounded with the inflammatory soreness of *Aconite*, *Arnica* and *Bell*, nor with *Nux* and *Lyco*, which have it about the waist after a meal—

Under *Bell*, the head is hot and the feet cold because the blood surges to the head. Under snake poisons the feet

are cold because the heart is too weak to force the blood to the periphery. (The Bush-master venom. Triturated with sugar of milk). (A) Complaints—left sided—Patient wakes from sleep worse. (B) Worse from touch and pressure—great sensitiveness of body and intolerance of clothing about neck. (C) General blueness of the skin and all eruptions. (D) Climacteric disorders. “One of the leading remedies for dim sight as an evidence of heart disease.” (a) Blood poisoning due to wounds. (b) Varicose veins. (c) Gastralgia, trembling and vomiting of drunkards—Vertigo <closing eyes—Theridion and Lachesis but the former is aggravated in vomiting and nausea by noises. “Nausea with great deal of saliva and vomiting renewed by every motion in cholera in Lachesis.”

### 122. *Ledum Palustre* (Led.)

(Marsh tea. Tincture from fresh plant). Pains <from warmth Haemorrhage in the cavity of the eye. Pressing out sensation in the eye-balls. Face bloated, puffed up like a drunkard. The diseased limb fast bloats and then withers (Puls.) (a) Curative for mosquito bites (internally) (b) Rheumatism beginning in feet and travelling up—

### 123. *Lilium Tigrinum*.

Feeling of a bullet in mammae. (Tiger lily—Tincture).

“It suits disorders incident to pregnancy or after pregnancy and labour. When uterus does not regain its normal size after confinement and lochia lasts too long, it acts very well for it corrects sub-involution”. “A taste as of blood in *Lilium*, Puls and Ham” Menses flowing about while in motion—

Uterine remedy indicated by persistent bearing down pain as if everything would press out. (The patient presses the vulva with the hand to relieve these symptoms). “Coldness about heart Nat Mur but as result of uterine disorders—*Lilium*.”

### 124. *Lac Caninum.* (Dog's milk.)

Cures syphilitic oozing when corners of the mouth and Alac Nası are cracked—Wandering pains alternating sides < morning of one day and evening of another > cold and cold drinks. This modality is also found in Lac Fel (cats milk) Breasts and throat sore during menses. Kali Bich, Kali ch, Petrol and Carbo animal have coldness at heart.

N. B.—In Lac de Floratum (लक्ष्मी) there are stools large with straining—painful extorting cries. Fissured anus.

### 125. *Lycopodium.* (Lyc).

Alternate contraction and expansion—Tongue pushed out and then withdrawn, angles of mouth drawn up and then relaxed etc. Eyes may be partly open and covered with mucus—a bad symptom indicative of brain exhaustion.

(Club Moss. Trituration and Tincture). (1) Mental, nervous and bodily weakness. (2) Sallow skin. (3) No appetite. (4) Poor digestion, flatulence. (5) Constipation (6) Cold extremities. (7) Always worse from 4 to 8 P. M. (8) Complaints from right to left. (9) Offensive discharges and heavy, red sediment in urine. (10) Very hungry but a few mouthfuls produce satiety. (a) Anxiety and Heartburn. (b) Impotence in the Elderly and young man from masturbation. (c) Lingering illness following Pneumonia.

## “M”

### 126. *Magnesia Phosphorica.*

(Phosphate of magnesia. Triturated with sugar of milk) A great pain remedy—pain sharp or acute. Tongue, as a rule, is clean. Pains > by application of warmth. (a) Tetanus (b) Hiccough (c) Chorea (d) Writers' cramp (e) Running watery colds.

**127. Menyanthes.**

(Buck. Bean). (1) Visible but painless twitching of the muscles. (2) Debility accompanied by chilliness. (3) Inclined to shed tears. (4) Intermittent fever with coldness in abdomen. (5) Heat in face with extremities cold. (6) Heat without thirst. (7) Aggravation by rest, towards evening.

**128. Mercurius Corrosivus (Mer. C.)**

(Corrosivus sublimate). (1) Chilliness from the least motion with cutting in abdomen and tenesmus (2) Swelling of the upper lip (3) Salivation of a salty taste (4) Bloody motions of dysentery at once benefited—also green mucus, motions with continued cutting in abdomen and clotted blood. (a) Swelling of testicles after suppressed gonorrhoea. (b) Very burning nostrils with coryza. (c) Syphilis in its various manifestations.

**129. Mercurius Solubilis Hahnemanni.**

(Hahnemann's Black Oxide of mercury). (1) Dry itch which bleeds after scratching. (2) Of great service in all forms of Syphilitic disorders. (3) Parts of the body go to sleep while sitting. (4) Salivation very marked. (5) Amelioration in morning and while lying down. (a) Bleeding of the nose. (b) Cold perspiration of forehead—perspirations do not relieve—

**130. Mercurius Vivus.**

(Pure mercury triturated with sugar of milk). (1) Foetid breath (2) Flabby tongue showing imprint of teeth. (3) Sore throat (externally). (4) Sensitive to cold air. (5) Superficial character of ulceration. (6) Straining—"Never-get-done" feeling at stool (7) Easy perspiration (8) Nocturnal aggravation. (a) Liver disease—jaundice (b) Sneezing, running at the nose.



**131. Melilotus.**

(Yellow Melilot. Q from fresh flowers). Intensely red face, profuse nose-blood congestion point to this remedy. It is also useful in certain attacks of insanity. It is alleged to be a great pain reliever.

**132. Mezereum (Mez).**

Neuralgia in the cheek-bone or over the left eye <heat. Useful when there are herpes after mercury.

“Develops numerous small vesicles with intolerable itching; but the secretion quickly forms into thick scabs, from beneath which an acrid pus oozes—”

(Spurge olive. Tincture from fresh bark). Pain in the bones. Itching Eruptions which compel scratching till blood comes out. “Feeling of lightness of body. Everything seems dead.”

(a) Eruptions around the mouth. (b) Neuralgia < from eating > heat.

**133. Moschus.**

It comes when there is loud rattling of mucus and the patient is restless (especially indicated after typhoid fever).

What little sputum is raised is greenish and frothy like soap suds. Rattling-Kali Hydriodicum. Nausea & vomiting after coition.

(Musk. Tincture from whole bag). Debility more felt during rest than during motion fainting followed by headache. Hysteria originating from genital disorders. Sexual desire excited. Parts on which she lies feel as if dislocated and broken. (a) Nervous palpitation. (b) Nervous Hiccough. (c) Hysteria with faintness—cold body, abdomen distended, scolds till unconscious, palpitation, sleepiness, cries or laughs.

Weak pulse and fainting. Typhoid when the pulse intermits every 3rd or 5th beat, extreme prostration, sliding down in bed, dropping of the lower jaw—Breaks out in sweat by lying on back or left. Prolapsus while urinating.

### 134. Muriatic Acid.

Antidotes the prolonged use of opium. "Acids as a class decrease the acid secretions of the body and increase the alkaline. For instance Citric X diminishes gastric juice and increases saliva—

(Hydrochloric Acid). Great debility—as soon as he sits down, his eyes close. Sliding down in the bed because of bodily inertia. Increased urinary secretion with pro-lapsus ani. Muscular debility after continued use of opium. (a) Diarrhoea (b) Impotence (c) Haemorrhoids look swollen and blue—very sensitive to touch. (d) Pain in stomach while talking.

“ N ”

### 135. Natrum Muriaticum (Nat Mur).

This remedy belongs to Hysterical girls. Give Nat Mur when Ign. temporarily benefits them. Both Nat Carb and Nat Mur have the general nervous tension of Natrum but one is chilly patient, the other warm-blooded. Hammering pains in the head on waking in the morning. Pain on beginning to move or at 10 A. M. It operates very slowly and corresponds to complaints that are slow and long in action. Remote effects of fright—Nat Mur, Silica and Phosph X.

(Common salt. One part to 9 of distilled water).  
 (1) Despairing, helpless feeling, emaciation, constant thirst, dry mouth, constipation mark this drug (2) Hammering in frontal region of head (3) Eruptions on margin of hairy scalp (4) Backache better from lying on something hard. (5) Aversion to bread. Puls. and Nat Mur : Both are given to hopelessness and sad feelings but in Pulsatilla consolation gives relief. Nat Mur, Merc. and Puls—Nat Mur—Dry mouth, dry tongue, great thirst. Merc.—moist mouth and moist tongue, great thirst Puls—Dryness of tongue and mouth, no thirst. Nat Mur and Iodium—Nat Mur—

Inactivity, dull feeling after dinner, inclined to sleep, pressing pain on the side of the liver. Iodine—Better after dinner, feeling improved when hunger satisfied (a) Anaemia, pale face, headache, palpitation, depressed yet patient eats well. (b) Deep crackles in the middle of upper or lower lips. (c) Intermittent fever—chill about 10 or 11 A. M. Thirst before or during chill but none in fever, intense headache. (d) Ailments <at sea shore. (e) Relaxed uvula with a feeling of plug or great dryness in the throat. (f) Numbness of tongue, lip and the nose is a great indication for Mat. Mur.

### 136. Nat Phosphoricum.

(Phosphate of Soda. Triturated with sugar of milk). "Acidity and Sourness" are the keynotes. (a) Gout and Rheumatism of the joints. (b) Intermittent fever with Sour, acid, vomiting. (c) Spermatorrhoea, weak back. (d) Heartburn, gastric acidity.

### 137. Nat Sulph.

(Sodium Sulphate. Triturated with sugar of milk). A bilious bitter remedy. "Complaints from wet weather" is a strong feature. Diarrhoea—It is like Podophyllum, Sulphur and Rumex in morning diarrhoea. But in Sulphur patient can't help rising from the bed and attending to the call immediately. In Nat Sulph there is aggravation after movement just as in Bry. Sharp sticking pains in the lower chest on the left side—Nat Sulph. Sharp sticking pains in the lower chest on the right side—Kali Carb. (a) Bilious bitter remedy—Bilious fever. (b) Flatulent colic. (c) Yellow fever.

### 138. Nitricum Acidum (Nit Acid.)

"Even the dressings that you apply make the ulcers bleed." In Haemorrhages from the bowels during the typhoid, alumen is useful when large clots are passed.

(1) Outlets of body, mouth, nose, arms cracked, sore, ulcerated or scabby. (2) Pain in any part seems as if from a splinter. (3) Offensive excoriating discharges—Dischar.

ges have a urinous odour. (4) always better with loose stool. Character of Ulceration. (1) Ulcers ragged having zigzag edges often raised (ii) Ulcers apt to granulate profusely. (iii) Bleeding easily. (iv) Splinter like pains. Never administer Nitric Acid after Lachesis—(a) Great pain in anus after stools. (b) Syphilitic cases. (c) Throat feels as if a fish bone is sticking (Kali C.). (d) Warts on the upper lid—(e) Longs for pungent things—Chalk, lime, earth, fat. (f) One of the trio for Condylomata—Thuja, Staph and Nit- $\times$ .

### 139. *Nux Moschata* (N. Mos).

(Nutmea. Tincture from powdered nuts).

The sphere of the drug is chiefly mental. Dyspepsia from any mental effort.

Nux Mos—retards and suppresses menses, rendering the flow thick and dark—Menses suppressed from any cause including pregnancy. Objects appear too large or small or too distant. (a) Loss of memory—vanishing thoughts, absent minded. (b) Hysteria, Coma, (c) Children who while unusually bright seem unable to learn to talk. (d) Enormous bloating of the abdomen even from a slight meal and pain thereafter (Kali-bi) (e) Continued pain comes one or two hours After eating—Nux v. Everything eaten turns into gas which presses the chest, (Kali-C & Asaf.)

### 140. *Nux Vomica*.

“In repeated doses it makes the liver resume its original position and natural proportion and if it does not, fall back on Sulph, Sepia or Mag mur in enlarged condition.”

Enlarged liver of drunkards—Nux, Sulph, Lach, Fluor acid, Ars & Ammon mur. In left sided Hernia when in the morning patient complains of weakness at the inguinal region—Nux (cocculus afterwards).

Lyc—right sided—Nux is indicated in ecchymoses of the sclerotic coat when a certain amount of blood is

effused beneath the conjunctiva as a result of debauchery, or sitting up late at night—“In piles use Nux 30 at bed time and Sulphur 30 in the morning”—“after anger—chill and heat alternately—vomits bile with thirst. The irritable mind is a reflex from the stomach.”

(Poison Nut. Q from powdered nuts).

It should be administered to those having high livers or who have taken patent medicines or have been long under allopathy. Useful for those leading a sedentary life. Tired, worn out feeling in the morning on waking.

The best time for administration is bed-time. In Nux Vom, pain come on about half an hour after eating. Drugs that have pain coming on immediately after eating are Lyco, Abies Nigra & Nux mos.

In Kreosote patient vomits 3 or 4 hours after eating.

Nux Vom. patient awakens every morning about 3 or 4 A.M. and is unable to go to bed again.—

In Nux Vom, there is ineffectual urging to stool and when the stool does occur, it is incomplete and unsatisfactory as if a part remained behind.

Opium and Bryonia have no urging to stool at all.

“Vertigo after dinner with loss of consciousness, falls forward when stooping in the morning; after dinner, as if the bed is turning in a circle.”

Toothache with swollen face— (a) Ills of heavy liquor drinkers—. (b) Hernia, rupture. (c) Stuffy colds, Nose stopped.

In Renal colic Lyco favours the right side when the pains extend along the course of the ureters and end in the bladder, but they do not descend the legs as in Nux. Backache > urination—.

In Berberis patient must sit bent over on the painful side in order to obtain relief. Besides if the pains extend down the legs, it is all the more indicated.

Bell if there is fever.

“When gonorrhoea has been cured and the patient still complains of pain at the root of the penis probably referring to the prostate, Nux relieves this condition.”

“Pain in stomach <hunger> eating”. “Can not bear high dilutions of correct medicine” “Flatulence, rumbling in splenic flexure of the colon (Chin, Carb-v, Mag m, Sulphur)” cough <mental effort, ascending, cold, motion, tobacco, eating and drinking;> from warm drinks—.

### ‘O’

#### 141. *Oenanthe Crocata*.

(Water Hemlock. Tincture from fresh roots).

The chief use of this drug is in Epilepsy. It seems to minimize the effect of the attacks and causes less apathy after them.

#### 142. *Oleander*.

“Hands and knees tremble when writing or standing.”

“During pregnancy—rolling and rumbling, with passage of flatus, smelling like rotten eggs.”

Chronic diarrhoea, stools undigested, passes stool with the least emission of flatus (Aloes and Carb -v)

Itching on undressing is found under Oleander and Natrum Sulph but with Natrum this itching is found in connection with jaundice or malarial symptoms.

#### 143. *Oxalic Acid*.

“Concentration difficult sullen, won’t talk.”.

Inflammation of the tongue and numbness of the fingers. Complaints <when thinking of them. (Helon; Calcarea Phos.)

“A swimming sensation on lying down,”

**144. Opium.**

Diarrhoea from fright when the image of the thing causing the fright constantly appears before the mind.

Retention of urine after confinement—Op, Hyoscy, Caust, ars alb, Stram, Zingiber, Lyco and Puls. (Stram. Suppresses urine; Hyos unconscious urine, Op. bladder full but paralytic.)

(Tincture from dry powdered opium).

A dark red face, stertorous breathing, torpor, depression, drowsiness, eyes half-closed—call for this drug. Nux Vom is the remedy to antidote the ill effects of opium. It is irrational and unhomoeopathic to give opium for the relief of pain because it does not remove the disease, but the ability to feel—the consciousness of suffering—and thereby masks the affection, making the cure more difficult.

The Permanganate of Potash has been experimented with as an antidote to opium and its salts, and it has proved of great value. (a) Apoplexy—cold extremities. (b) Paralysis—recent. (c) Obstinate constipation. (d) Complaints preceded by somnolence and followed by wakefulness. Body burning hot even when covered with sweat—opium.

N.B. Puls-cures the diarrhoea due to abuse of opium.

“ P ”

**145. Passiflora.**

Tincture strong.

Thirty drops or there along.

Over spasms holds domain

Over sleeplessness and pain.

Over mania no less

Also Erysipelas.—

**146. Phytolacca Decandra.**

It resembles mercury and is an antidote to it. Exposes her person, shamelessness. “Coryza and cough with red eyes.

cancerous affections of the nose—one nose runs and mucus from posterior nares.” “Desire to bite the teeth together during dentition” “Throat burning like hot coal”.

(Poke root. Tincture from fresh roots).

Aching all over the body is the keynote. A sensation of a hot ball in the throat is a good indication.

Conium has “nodosites” but here the breasts are exceedingly sensitive (can not bear the touch of clothes). Calc Flour and Silica have also nodosites. “Nipples sore and cracked—pain all over the body from nipple—when child is put to breast” goes to back-croton-tig uterus (Puls and Sil) aching in heels Ulcers and nodes on legs.

(a) High fever, intense aching of head & limbs & back. (b) Non-malignant diphtheria—tonsillitis. (c) Useful in Barbers’ itch (Mother Tr. to be used locally.) (d) Venereal buboes—antidotes Milk & salt—Ign., Sulph.

#### 147. *Plantago*.

(Plantain)—Earache and toothache when patient is sensitive to touch and cold air. Toothache between 2-30 and 4 P.M..

N. B.—Mother Tr. and lower potencies to be used locally.

#### 148. *Plumbum Metallicum*.

(“Uraemic apoplexy) used after op.” “Feels lack of room in uterus for foetus—undeveloped uterus. Premature birth.

(The precipitated lead is triturated).

Paralysis, constipation, colic, griping, spasms, emaciation, hardening of tissue, apathy and palsy are the keynotes. Abdomen seems as if drawn back to spine, violent pains about the navel which seems pulled backward.

(a) Spinal Paralysis, complete, paralysis of limbs, wrist drop. (b) Chlorosis with inveterate constipation.



**149. Petroleum (Petr).**

(Rock oil)—.

Imagination that the patient is double—Diarrhoea : yellow, watery, gushing—always in the day time—Hungry after stool. <Winter—before and during a thunderstorm; riding in a carriage, dampness, passive motion> warm air—.

- (a) Eczema <in winter but disappears in summer.
- (b) Hands, lips, fingers crack open and bleed.
- (c) Foul smell from sweat of armpits & feet.
- (d) Cold feeling in heart.

(Graph, Nat-m Kali-m, Carbo—a and Kali bi).

**150. Phosphoric Acid.**

“Sometime the Phosph X- patient bores the finger into the nose—not from worms but from abdominal irritation in Typhoid. When prolapsus uteri has been precipitated by emotional causes and other symptoms aid you in the selection of Phosph X, it will work well in removing local and constitutional symptoms—I mean undigested stools and mental apathy. In Phosph X, there is a crushing weight on the vertex (Menyanthis, verat alb)”—Farrington.

This remedy runs from mind to body. It is contrasted with Muriatic Acid. In the latter muscular prostration comes first and mental afterwards but in the former the muscles seem strong after the mind has gone out.

(1) Debility from nervous causes—grief, sexual excesses, over-exertion of mind etc. (2) Painless, watery, non-exhausting diarrhoea.

**Essentials of Diarrhoea—**

- (i) Rumbling in abdomen (ii) Whole body sweats
- (iii) No pain, no exhaustion (iv) Much thirst.

N.B. Phos. Acid has also diarrhoea from fear. Ignatia is more for the immediate effects of grief while Phos Acid for chronic and long lasting effects.

(a) Urine looks milky or like jelly after standing profuse, colourless urine (diabetes). (b) Typhoid with quiet delirium and stupor and yet when aroused patient is conscious.

### 151. Phosphorous.

“Necrosis of Bones—” “Burning in shots in the spine between the scapulae or whole body—Ars and Sulph.” “Deafness to human voice.” Weak empty, gone feeling in head, stomach, chest and entire abdomen.” Fan like motion of the alae nasi (Lyco)” “Toothache <washing, from having hands in warm or cold water—Bleeding after extraction of teeth—” Aversion to sweets, meat, boiled milk, salt, fish, tea, coffee—“Post. operative vomiting—Nausea and vomiting by putting hands into warm water or being in warm room.” “Gurgling downwards followed by involuntary stool—gurgling down oesophagus—Ars., Cup., Mosch and Laur.” “Bad Effects of eating too much salt.”

(Saturated alcoholic solution). Burning pains, fatty degeneration, caries, exhaustion, prostration, mental exertion dreaded, oppression of chest, little fever, little thirst, weak legs. < lying on left side.

N. B. Phos patient is generally slender, fair, waxy faced with dark rings about the eyes. In Phosph—oppression is external as of a load on the chest. In Sulph—it is internal with dyspnoea and burning. Eyes : (i) Cataract—letters appear red (initial stage). (ii) Optic nerve affected due to overwrought nervous system. (iii) Objects appear cloudy. Remember that Ars. is useful for atrophy of optic nerve from tobacco. Fever : (i) Low type. (ii) Lack of thirst (iii) Time—4 or 5 P. M, (iv) Sleepiness (a) Stools : long, slender like a dogs, require straining. (b) Fancies but no sexual power. (c) Cancers—bleeding. (d) Malignant jaundice. (e) Haemorrhage

from lungs—no chest oppression. (f) Afraid in the dark. (g) Eating relieves but hungry again. Stands nearest to Hyoscy in the desire to uncover the person. But Verat alb is closely allied in nymphomania—"Nymphomania with aversion to coition, gleet with aversion to coition" when walking, makes mis-slips from weakness or stiffness of limbs—joints suddenly give way—Phosph. antidotes Rus. Caust. must not precede or follow Phos—It acts well when the patient suffers from chronic loose stools (Nit-x).

### 152. Picric Acid.

It has more heaviness and Oxalic X numbness—  
(Neurasthenia, Brain-fag, degeneration of spinal cord. Intense sexual excitement. Very heavy, weary, tired feeling of entire body. Headache when child first begins to learn alphabet—

### 153. Platina.

(Precipitated metal. Triturated with sugar of milk). Its sphere is sexual, nervous and mental: Exalts self and has contempt for others. Numbness and Coldness are characteristics (Esp. for women). Objects look smaller. (a) Young boys almost inbecile from masturbation. (b) Constipation of Emigrants and travellers.

### 154. Podophyllum.

"Liver sensitive and swollen—friction over the right hypochondrium relieves this sensation. The face and sclerotica become tinged yellow, bad taste in the mouth." Rectum protrudes before stool—Podophy—Nux after.

(Mandrake. May apple. Tincture of the fresh root). It affects chiefly the duodenum, liver and rectum. Suited to the bilious. <in the mornings, in hot weather and tendency to anal prolapsus. An excellent remedy during dentition for diarrhoeas when there are greenish watery stools, with grinding of the teeth, rolling of the head, whining and moan-

ing during sleep—"Sleeping during sweat." Rubs or shakes liver region with hand". For constipation—use 3rd dilution repeated doses—Diarrhoea while bathing or being washed; after eating, dirty water during menses (ammon C. Am Mur). "Prolapsus uteri (Nat M., Murex and Sepia) after over lifting or straining after labour—swelling of labia during pregnancy. Pain in right ovary shooting to right thigh (Apis—Lil-t)".

### 155. Pulsatilla.

Puls and Ignatia are alike in as much as they are tearful, sad and melancholy but there is not that introspective mood which develops in the Ign. patient. "She makes her grief known to every one." "Dim vision as if through a fog <evening and going into a warm room". "Toothach > cold water in mouth"—"Dyspnoea after emotion or exercise" "Can hear better on the Cars—" "Nose stopped (Lach., Kali-b., Pscr, Sticta) in evening and night". "Cracks in middle of lower lip—Mumps and Parotitis." "Taste bitter—saliva sweetish." "Nervous hoarseness with every emotion" "Desire for strong alcohol, beer, sour refreshing things—highly seasoned or juicy things—"

(Q from the whole flowering plant—wind flower). The classical Puls-patient is a female: gentle, tearful, < in warm, thirstless > in open air yet chilly; discharges, thick and greenish yellow, wandering and shifting pains. "Thinks the society of the opposite sex is very dangerous" "Too late, too late. Coryza in late stages; Indigestion 2 hours late after Eating, menses too late—nothing in time." Menses flow during day (at night—Kreosote., Am-c., Am-m—) (Shelton).

### Difference.

Puls. differs from Nat Mur although both are tearful and gentle because Puls. seeks consolation while Natr. does

not. All food tastes as if saturated with salt. In the swelling of testicles Rhododendron, Clematis, Iodine and Spongia can be compared with Puls—Modalities : Aversion to marriage, Tendency to dwell on religion ; Relief from motion, open air, cold drinks even though the patient is not thirsty < in a warm room. There is no remedy like Puls. to antidote Sulphur when used in excess to cleanse blood—(a) Indigestion from rich dishes (b) Styes on the eyes. (c) Mouth dry yet no thirst. (Merc moist yet thirst). (d) To be given in over-drugging of iron and quinine—When Sulph x has been given to cure the appetite for liquor—Puls has been proposed as the best remedy for the diarrhoea which ensues—(Calc Ars for effects of leaving drinks). “Photophobia and lachrymation < open air”. “Desire for lemonade—Cyclamen, Sabina and Bell—” “Putrid taste in morning > drinking water.” Heartburn more characteristic of Puls and water brash of Nux”—

“Urine passed involuntarily when coughing or in bed during sleep in little girls.” “Incipient tuberculosis with delayed menses—loss of weight malposition of Uterus which is sensitive to coitus—Retained placenta Sab., Sec., Sep., Caulos.” “Sleeps on back with hands over head < left side”. “Skin hot and feverish but temperature is normal”. “Silicea is the chronic of Puls—after Stan—Pulsatilla follows. It is also an antidote to Stann.

One-sided complaints peculiar to Puls—Sweat, fever etc. on one side—A sensation of gauze before eyes > by rubbing. Though gentle and tearful, the Puls patient is remarkably irritable, touchy : feels she will be slighted. Irritability sometimes decides for Cham but in Puls the patient wants caresses whereas in Cham spanking. Puls. sticks to its own text : Keeps jumping around but does not change to a new diagnosis whereas Abrotanum changes to a new class of disease. The allopaths say—“This is a new disease to day.”

N. B.—The moment the Puls. patient turns on her back, she is wakened by a desire to urinate and feels that inattention will cause involuntary spurting. A few remedies have relief from slow motion and of these Puls and Ferrum are the most striking. It should however be remembered that Puls. patient should not be heated up or aggravation would be the result.

### Striking Points.

Milk in the breasts when menses present—In girls at puberty—milk in the breasts—a premature establishment of milk (Puls). In non-pregnant women milk in the breasts (Cyclamen and Mercurius Asaf and Urt-urens.)

### 156. Psorinum.

“Sulphur failing—Psorinum would come in”. “After typhoid in the convalescent stage when the appetite is lost and the patient always lies down < sitting up lies on the back, throwing the arms across the bed, tired and weak, breathing difficulty and always perspiring—straining at soft stool—one dose brings up re-action”.

(Prepared from the contents of the itch vesicle). (i) offensive odour from the body (ii) Profuse sweating from least exertion (iii) Headaches accompanied by great hunger must get up at night to eat (Graph). (iv) For defective re-action due to Psora. (Defective Re-action. Sulph: When seemingly indicated remedies fail. Caps: No re-action in persons of lax fibre. Carbo Veg: In abdominal affections. Cuprum: In “run down” patients both mentally and physically—with tendency of symptoms to relapse—Laurocerasus: Chest affections. Valeriana: Ambra Grisea: Nervous Diseases) Otorrhoea with a horribly-offensive odour like that of rotten meat. “Asthma > lying down and throwing arms apart—skin eruption <from warmth of the bed. Urticaria after exercises, wants warm clothing even

in summer. Extremely sensitive to cold air". "Fears he will die > nose-bleed—" "Coryza with offensive, thick, yellow, gluey discharge (Merc., Sil., Calc-p and Hepar)". "The hurried stool of sulphur, the flatulence of Aloe and straining of Alum. all combined". "Chronic gonorrhoea of year's standing". "Perspiration gives relief (no relief—Merc)" Cracked nipples (Graph., Sepia) violent Hiccough.

### "R"

#### 157. *Ratantia* (Rat.)

(Krameria. Q from dried root). An anal remedy. Itching of anus, anal fissure, Haemorrhoids that burn like fire. Anus burns long after stools.

#### 158. *Rheum*.

"Colic < uncovering an arm or leg with sour stools <standing".

(Rhubarb Q of the dried root). Particularly suited to infants, children, pregnant and nursing women. Diarrhoea with distinctly sour stools and teething troubles. The child smells sour. (Compare : Calc carb, Mag carb and Hepar with regard to sour stools). > warmth, wrapping up.

#### 159. *Rhus Tox*.

After spell of Erysipelas, if face is sensitive to cold, compare—Bell, Hep Sulph, Silica, Phus Tox and Sulph—"Easy dislocation of inferior maxilla calls for Rhus (Ign and Petrol similar). "Cracking in articulation of jaw when moving it (Caust.)" "Bread tastes bitter, saliva sometimes bloody, running during sleep". "Bloody discharge during pregnancy, milk leg—metritis after delivery with typhoid symptoms."

(Poison oak. Q from fresh leaves). (1) <When quiet (2) <from rest and> by motion. (3) Effects of sprains, strains and over-lifting. (4) Ills from wet weather (5) Itching and burning in skin diseases (6) Cracking of jaw on every chewing motion and its dislocation. Numbness of

the left arm with heart troubles—*Actea Rac*, *Acon*, *Kalmia* and *Rhus Tox*. Lumbago is a condition which may not be relieved by motion but it still indicates *Rhus*. *Cobalt* and *Zincum* have backache while sitting—*Bry*—complements and *Apis* is inimical. “Pain in back on attempting to rise—”.

### 160. *Ruta Graveolens*.

(Rue. Q from fresh plant before flowering). A peculiar modality of feeling worse from lying down. “Eye-trouble after fine needle work or watch repairing”. “Sight blurred from fine print—*Nat mur*—“wrist as if sprained (chronic *Bov.* and *stront*) stiff <wet cold.”. “Hard nodes or warts on palms—(Nat c- *Nat M*). “*Sciatica* <lying down at night-naphthaline”. “Legs give out on rising from chair and he totters (*Phos.*, *Con*). (a) Over-strained. (b) Prolapsus of Rectum. (c) Lameness after sprains.

“ S ”

### 161. *Sabadilla* (*Sabad*).

Used in imaginary diseases and worm colic with a sensation that the bowels are whirled round like a wheel.

(Indian Caustic Barley. Tincture from powdered seeds). Relief in the open air yet sensitive to cold. Useful in imaginary diseases when the patient imagines so and so ails him when it does not. (a) sneezing, watery discharges, eyes watery, itching in the nose—(b) Hay fever. (c) Chills beginning in extremities and running up the body.

### 162. *Sanguinaria Canadensis*.

“Redness of the external ear, sensitive to sudden sounds; as if all about her talking. She wants to be held in order to remove this nervous vibratory sensation—*Glon*.”

(Blood root. Q of fresh root). Headache increasing with the rise of the Sun and decreasing as it goes down--Sick Headache beginning in back of head, settling over right eye, patient wants to be in a dark room perfectly quiet and no odours. A right sided remedy. Eruption on face of young



women with scanty menses. <sweets, right side, motion, touch> acids, sleep-darkness—(a) Leucorrhoea—yellow or greenish, itching, weak back. (b) Dyspepsia, Emptiness, craves sour things. (c) Scaly eruptions on the legs. (d) Chronic gleet. “cough ceases as soon as flatus passes or belching begins. Here the disease is transferred to the abdomen and the whole difficulty ends in diarrhoea—”. Sang. N.-3x standard remedy for granular pharyngitis—

### 162. Sepia.

Sepia symptoms <during afternoon. Hands hot and cold feet or vice versa—excellent indication for sepia. Ulcers about finger joints. “Lilium> by busying herself while Sepia by violent exercise” “Carbo-animalis is distinguished from Sepia by a throbbing headache which follows the menses. It has a copper-coloured acne on the face.” Sense in the anus as of a heavy ball-Sepia. It is the washerwomans’ remedy. Prolapsus—crosses legs to prevent it. Symptoms go upward. Yielding but destructive. (Pressing pain in the left orbit and left side of head with darting pains from left eye over left side of head towards occipit after meals. The eye symptoms are reflexes of uterine symptoms). Herpetic eruption on lips—food tastes too salty (Carbo-v; China, Nux-v).

(Dried inky juice of Cuttle fish). Weakness, yellow Complexion, Bearing down sensation> by violent motion and in the middle of the day, yellowness across the nose, Dark rings about the eyes, foul sweat. Mental sphere : Memory weak, sense of helplessness, tendency to excitement, wants company but has an aversion to her own friends and is indifferent to her household affairs. Sepia suits tall females with narrow pelvis. Tall men—phosph.—Tall women—Sepia. Any combination in menses—(i) Late and scanty (ii) Early and scanty. (iil) Early and Profuse. Such a

build is sepia Build: Very tall, slime, narrow straight from the shoulders all the way down. It is a striking feature of this remedy that the affections are stilled, all things seem strange, she may be estranged and turned aside from those she loves. This is on the border land of insanity. This is present mostly in women during confinement, after uterine hemorrhages or who have an over-vigorous child for nursing or an over-vigorous husband. The Sepia patient bears no oppositon. She goes for days without stools and then sits and strains until a copious sweat breaks out and yet no stool, but after the assistance with the finger and prolonged strain, a little stool is passed, followed by a cupful of jelly-like mucous, yellow or yellow-white and very offensive.

Urinary trouble—Sepia keeps the mind on the neck of the bladder or she will lose urine. Urine lost by coughing, sneezing, laughing, the slam of a door or a shock. Sepia aborts "the 3rd month. Both the sexes have aversion to each other. In the female there is a state as if she had indulged to excess, when this is not the case. After child ceases to nurse or it dies, the female ought to menstruate. But when does not, sepia comes in. "Sadness before menses—Caust". "Nausea at sight or smell of food-passes off after eating something—Thinking of food brings on pulsation in pit". "Infantile diarrhoea <from boiled milk and rapid exhaustion." "Diarrhoea after milk—Nat-c". "Complaints from coition-during coition no erection-after coition great weakness of knees (agaricus—thigh, spine)" aversion to coition or coition painful—Murex.

"Sciatica <3 to 5 A.M.> during pregnancy settles on the heel."

"Night sweat on chest-back and thighs.—In a phtthisis case if a wrong remedy causes continuous aggravation—

Sepia clears up the case and removes the untoward symptoms."

### 163. Silicea.

"It produces hoarseness, roughness, and dryness with a tickling cough which seems to come from the supra sternal fossa very much like Rumex—a feeling of hair lying in the throat, larynx or trachea. Cough is excited by cold drinks as under Rhus Tox and Scilla, by the very act of speaking as in Phosph, Rumex, Ambra Grisea etc. and <at night when lying down like Rumex, Phosph and Lyco. Sometime it ends in the vomiting of mucous."

"The Calc. head sweat is confined to the scalp and is sour rather than offensive. The feet are also damp from sweat but the sweat does not as in Silica make them feel sore or raw. Calc. lacks the sensitiveness of touch as in silica—Rhus Tox-sweating of the body, the head being dry."

(Pure precipitated Silica. Triturated with sugar of milk).

Suited to complaints that develop slowly. A constitutional remedy, imperfectly nourished but not for want of food. The peculiar mental state is found in the dread of failure. A case is illustrated in a young man who has studied for years and is now nearing the end of his course. He dreads the Final Exams. but goes through them all right. It is the natural complement of Puls, because of its great similarity. In Silicea, religious melancholy, sadness, irritability, despondency are present. Lyco is stupid—the dread of doing anything is from a general knowledge of inability. In Silicea, it is imaginary.

A striking feature is sweat about the upper parts of the body and the head. Rhus sweats on the body, the head is dry. Puls sweats on one side of the body. Silica is easily affected by changes even of a few degrees.

It is <from milk—mother's milk causes diarrhoea and vomiting—Nat carb and Silica. Don't depend upon Aethusa alone as a routinist.

Headache—once a week, (Gels., Lyco., Sang., Sulphur).

Begins at the nape of the neck and extends up over the vertex to the frontal region <from light, noise, exertion and study and from warmth. In Menyanthes, it begins at nape comes up over head. Bursting pain, sensation of weight on vertex.

Great straining at stools—Alumina, Almen, China, Nat. M, Nux vom & Mosch and Silica—suits the later stages of Pnenmonia and old complaints following it. Slow recovery (Lyco, sulphur, Phos, Sil & Calc.) It is quite similar to Picric X in nervous weakness. When the Silica patient is warmed up to his work, he can get along pretty well otherwise he dreads mental or bodily work.

In the male impotence, weakness of the genitals after coition, easily exhausted, lacks power—it takes him a week or ten days to rest up after coition (Agar).

Begins to sweat as soon as he falls asleep (Puls, Con) soles of the feet rheumatic (Ant cr; Medhorr, Ruta, Silica)

#### 164. *Spigelia.*

“Headache from sunrise to sun-set <left temple—Palpitation violent, visible and audible from motion <lying on the left side. Pain in heart radiates to left arm (*Kalmia*) which becomes numb. Sensitive to touch, a slight knock causes painful crawling in that part.” Afraid of pointed instruments. Stammering—Repeats the 1st. word 3 or 4 times.

“Vertigo <morning on rising with headache, depriving him of his senses when looking down along his nose or turning the eyes—with nausea.”

(Pink root. Q from dried plant).

Intense pain characterises this remedy. Worms—

“all sorts of Heart trouble with numbness in left arm, dyspnoea from lying on the back, profuse cold sweat.”

### Facial Neuralgia.

Ars : Fine, red-hot, needle-like pains from place to place.

Platina : Steady compression with numbness, wants to rub the part.

Cham : Great impatience and <from heat.

Caps : <from External pressure.

Verbascum : Crushing pains as if parts between tongs while with spig pains piercing and about the eye mostly.

(a) Neuralgic pain in the Eyes and face. (b) violent palpitation of heart (visible).

“Stitching pains through the back of the eyeball into the head or radiating <from moving eyes and at night (Mez—pains go downward cold feeling in eye. Thuja pains go upward.” “Tearing in lower jaw extending to ear.” “Toothache from tobacco smoking <lying down and eating (Plant) <cold.”

“Stitching in chest below left nipple <motion or breathing—shooting into shoulders and neck, left arm <inspiration”.

### 165. Spongia.

It is said that goitres increase and decrease with the moon. Spongia or any other suitable remedy should, therefore, be given with the waning moon.

(Q from roasted Turkish sponges).

Indicated when cough sounds like a saw being driven through a board.

N.B. Follows well after Acon. in cramp.

It combines the properties slightly of Iod. and Brom. Spong. <inspiration while Brom. <Expiration.—

### 166. Stannum.

Weak from talking—cocculus, Verat alb, Phosph X Sulph, Sulph X and Calc. Carb—.

Tin—Marked weakness.

Stann and Phosph—Hoarseness, evening agg, weak chest, cough, copious Expectoration and Hectic fever but Phos has more tightness across the chest and bloody expectoration.

According to Hahneman it so stupifies the worms that purgatives would dislodge them at once.

(a) Chronic Catarrh with lumpy mucus and sweetish taste. (b) Prolapsus uteri and leucorrhoea with weak chest.

### 167. Staphisagria (Staph)

(Staves Acre. Q from ripe seed).

Very irritable. Takes offence at trifles. Pale face sunken eyes, blue rings about them—Effects of masturbation. When the child is persistently lousy, this remedy is indicated internally. The results of anger, mild dwelling on sexual subjects & for sexual excesses. Premature delay and discolouration of teeth. In the females a crawling on the external genitals as from insects. "Sensitiveness" is a grand characteristic which runs all through the drug. Eruption with violent itching which, when scratched, changes place and itches somewhere else.—

**168. Sticta Pulmonaria.**

(Lung wort Q from the fresh lichen).

Dryness of mucous membranes. Rheumatism before catarrh—cough following measles. Cough <at night, on lying down, keeps the patient awake. Inflammatory rheumatism of the knee joints. Legs feel as if floating in the air. Feet and legs dance and jump at night, has to hold them—Hysteria after loss of blood.—(a) Coryza—no running from nose. (b) Dry barking cough, no sputa.—

**169. Stramonium.**

No pain but in abscesses when they affect the left hip joint in which case it may be so intense as to throw the patient into convulsions.—

(Thorn apple. Q from fresh plant in flower & fruit).

“Delirium, wild mania, sees things springing at him, hears voices, very loquacious (Lachesis jumps from one subject to another), fears to be in the dark or alone. Religious mania. All motions hasty, startling, spasmodic”.

(a) Stammering. (b) Nymphomania preceding menses. Patients awake from sleep clinging to those about them—Stram and Cuprum.

**170. Sulphur.**

“As an evidence of irregular distribution of blood in Sulph, we have redness in various orifices of the body—This symptom often indicates Sulph in Pneumonia, Dysentery and anaemia—”.

You may give sulphur in fevers when they assume a typhoid condition—the patient drowsy, tongue dry and red at the edges and lips. He responds to your questions very sluggishly.

“If you have heat on the top of the head, think of Calc and Phosph but if along with the heat, there is hunger at 11 A.M. and the feet are cold, make use of Sulphur.”

Sulphur has done good work in paralysis of both legs with total retention of urine and numbness extending upto the umbilicus.

In Prostatorrhoea, Sulphur is used when there is more coldness and shrivelling of the genital organs—With Selen, there is more relaxation so that semen dribbles away.

(Brimstone. Washed sublimed Sulphur triturated with sugar of milk).

The angular, lean, stoop-shouldered patient is the typical one and esp. when he has become so from long periods of indigestion, bad assimilation and feeble nutrition. Hering calls the Sulph. patient “the Ragged Philosopher.” It seems that Sulphur produces a state of “Don’t care how things go.” Cleanliness is not a great idea with the sulphur patient. The sulph. patient hates offensive odours but filthy substances he himself eats and swallows. He often smells the things he has in his memory.

“All the fluids burn the parts on which they pass”—i.e., they are acrid and smarting. This is true everywhere in sulphur. Sulphur is <from warmth either of the bed or of the room.

Typical of sulphur—“Burning of the soles of the feet palms of the hands and the top of the head.” Sulphur has so much heat that he puts the feet out of the covering. As to time aggravations, nightly complaints are a feature. Midday is another time. A seven-day aggravation is another peculiarity. The Sulph. patient is very thirsty. He also speaks of a hungry feeling but loathes food.

A strong Sulph. group.

(A) An all-gone hungry feeling in the stomach at 11 a. m.



(B) Burning of the soles.

(C) Heat in the top of head.

These 3 things are *A sine qua non* of sulphur.

(a) Inflammation from pressure. a shoe pressing anywhere on the skin, a corn or a bunion develops. (b) Flashes of heat in chest, about the heart—Sulph. But when they begin in the back or in the stomach it is more like Phosph.

Be careful how you give Sulphur to prevent suppuration—When there are no typhoid symptoms—in tuberculosis from Pneumonia. To do so is almost like giving a person running down hill another push.—

Sulphur opens up the latent cause. Sulphur is to Psora as mercury to Syphilis and Thuja to sycosis.

Selfishness runs through the Sulph. patient. There is absence of gratitude.

Philosophical mania is also a strong feature. The Sulph. patient sometimes does nothing but meditates as to what caused this and that, finally tracing things, back to Divine Providence and then asking "Who made God?"

A state<sup>s</sup> of refinement seems to have gone out of the Sulph. patient. Ars. is the typical fastidious patient and these two remedies are the extremes of each other.

## " T "

### 171. Terebinthina.

(Turpentine. 1 to 99 parts of alcohol).

Useful for children after Ant Tart. when the lungs are clogged up and they are drowsy—Urine scanty and dark from the admixture of blood.

Mostly a renal remedy—dull, aching pain in the kid-

ney region, urine bloody or suppressed, tympanitis as in typhoid.

### 172. *Thuja Occidentalis*.

Indicated in-eye-affections of tea-drinkers—.

(White cedar or tree of life. Q from fresh leaves).

Antisycotic. Patient always in a hurry, excitable, imagines he is made of glass and refuses to move for fear of breaking or he imagines himself double or treble or scattered about.

The skin manifests many symptoms. The sweat is peculiar—sweetish in odour and smells like honey, sometimes like garlic, strong and pungent, sometimes like burnt horn, feathers or sponge. A pungent odour emanates from the genitals—particularly present when there are fig warts thereupon.

It is pre-eminently a strong medicine when you have a trace of animal poisoning in the history as snake-bite, small-pox and vaccination. Many women suffer from grumbling pains in the ovaries all the time and as a result they have irritability, jealousy, ugliness. They are irritable mostly to individuals about the house. They however control themselves amongst strangers for they have in their nature a disposition to cheat.

#### **Thuja & Causticum.**

Warts of Caust. are solid and horny while those of Thuja are fissured, cut up like cauliflower.

#### **Head symptoms.**

Intense stabbing pains in the head driving patient mad.

(a) Excrescences under head or hair (b) Gonorrhoea and its remote effects. (c) Anti-vaccinosis (d) Prophylactic against small-pox.

**173. Tuberculinum.**

The prominent use is in Intermittent fever. Some of our most stubborn cases will continue relapsing in spite of the most indicated remedies like Calc. & Silicea. In such cases it is mostly indicated.

It is not an indication for Tuber. when well-selected remedies fail. "Well-Selected" is a relative expression and involves too much of human opinion. It may be thought to be well-selected when it is not related to the case. When constitution shows a tendency to break down because of vital weakness and deep-seated tendencies; then it is that this remedy sometimes fits in. "Emaciation" is a prominent feature when men are going into Pthisis. Give Tuber to such men if symptoms agree.

Mental symptoms :—Hopelessness, aversion to mental work, anxiety—evening until midnight, during fever. Loquacity during fever. Weary of life. Cosmopolitan. Tormenting thoughts during the night.

N.B. Burnett used Bacillinum—200 as a routine remedy for ringworm. He looked upon it as a sign of approaching Pthisis.

**" U "****174. Urtica Urens.**

(Common nettle. Q from entire flowering plant). Nettle-rash and urticaria are within its province. "Symptoms return at the same time every year."

(a) 5 drops Q for gout. (b) Insufficiency or entire absence of milk after confinement.

**175. Ustilago.**

(Corn smut)

Bright haemorrhages. Excessive menses,

Left-sided ovarian neuralgia and for pain in the left mammary region esp. during inter-menstrual periods.

“ V ”

### 176. *Veratrum Album* (Verat.)

(White Hellebore. Q from dried roots)

Useful for women when they are lewd to the extreme. They rush about the room endeavouring to kiss everyone. Such attacks are prone to appear before menses. They constantly frame lies of the most outrageous character.

Cramps, cold sweat, watery diarrhoea, vomiting, prostration and collapse point to this remedy.

Mental : Delirium; restlessness, desire to cut and tear clothing; strikes those about him; springs out of bed; lewd in talk, religious melancholy, despair of salvation.

#### Characteristics of Stools.

- (1) Pain in abdomen preceding stools.
- (2) Stools copious.
- (3) Great prostration following stools.

#### Constipation of *Veratrum*.

Large, hard, black stools with faintness, patient strains until covered with sweat and then gives it up and faeces collect in the rectum in large masses.

#### Difference.

In proportion as there are coldness, blueness and scanty discharges, Camphor is indicated. In proportion as copiousness, blueness and coldness are present, Verat. is indicated.

- (a) Any acute state with cold sweat on forehead.
- (b) Sensation in the abdominal rings as if a hernia would protrude.
- (c) Very useful for women when lewd to the

extreme. They rush about the room endeavouring to kiss everybody. Such attacks are prone to appear before menses. They constantly frame lies of the most outrageous character.

“A farmer had a strange sensation when he drank water, as if it ran down the outside and did not go down the oesophagus. Verat. cured him. No remedy has produced this sensation but I figured it out by analogy.”—Kent.

### 177. *Valeriana.*

She begins by being nervous and apprehensive as night comes on. She is ashamed of her condition and tries to reason with herself as to the absurdity of it, but without success. Very valuable remedy in Hysteria aggravated in the evening upto midnight. “Sees things that are not there; feels as if floating in the air.

A characteristic sensation under *Valeriana* is as if a thread were hanging in the throat and the efforts to dislodge it cause nausea or salivation.

Neuralgic pains in the lower extremities < sitting > walking.

N. B. Used in Q by Dr. Pierce.

### 178. *Verbascum.*

Pain—a prominent feature in this remedy with a sensation as if the parts affected were squeezed or crushed.

N.B.—Used in Q by Dr. Pierce.

Hering speaks of its use for deafness due to getting water in the ears.

### 179. *Viburnum Opulus.*

The particular sphere seems to be not only membranous dysmenorrhoea but also for neuralgic and spasmodic

with sudden and excruciating colicky pains through the uterus and lower part of the abdomen, preceding the flow.

Another symptom is cramps in the calves between the menses < just before the period and with scanty and delayed menstruation.

Dr. Pierce uses it in mother tincture.

### 180. *Vinca*.

"Eczema of the scalp with matting of the hair, most offensive odour and frequently with vermin. There is a good deal of itching < at night."

"The tip of the nose becomes red from the slightest cause or on becoming angry."

Dr. Pierce uses it in the 1st dilution. Remember *Viola Tricolor* also for Eczema of the scalp.

### 181. *Vipera Torva*.

Acute phlebitis and varicose Veins. "Sensation on letting the limb hang down, as if it would burst from the fulness of the veins".

"X"

### 182. *Xanthoxylum*.

A left-sided remedy. Amenorrhoea on getting feet wet, food causes distress and the sight of it nauseates. Amenorrhoea where there is leucorrhoea-instead of menses. "Severity of the pains in too early menses".—Hering.

"Used in the Q by Dr. Pierce".

"Z"

### 183. *Zingiber*.

"Morning Headache; nausea and vomiting; sensation of a load in the stomach and much flatulence, pain and diarrhoea."

Allen speaks of it for diarrhoea from drinking bad water and Hering gives it credit for curing colic and diarrhoea by eating melons.

It relieves asthma < towards morning with necessity to sit up in order to breathe.

#### 184. Zizia.

Chorea and Epilepsy with spasmodic movements and twitchings of the muscles of the face and extremities with aggravation at night during sleep. "A sensation as if tongue is scalded with hot tea".—Millspaugh.

#### 185. Zincum Metallicum.

The Zincum asthma patient has constriction of the chest (Cactus G, Cadm s and Kali chlor) and is relieved as soon as the patient can expectorate like Sepia, Ant Tart and Grindelia.

"What iron is to the blood, zinc is to the nerves." Trembling all over is the marked leader—<from alcoholic Stimulants. Fidgety feeling in feet—must move them constantly,> by discharges (menses).

If you look at the Zincum patient and do not address him, you would not realize that he was very weak but put a question to him and he stares at you in perfect amazement and then says. "Oh" and answers i.e. he waits a moment looking blank, then the face lights up and he answers. "Enfeeblement characterizes the whole proving—all the functions are slow—Eruptions come out slowly, stomach slow in digesting, memory feeble and so on." "The whole economy seems tired, so that while a girl approaches puberty, the flow does not appear and she goes into a decline.

N. B. Do not use Cham and Nux before or after.

(a) Paralysis (b) Brain disease—child rolls its head from side to side or bores it into the pillow.

(c) Ravenous hunger at about 11 or 12 A. M.  
 (d) Aching in the lumbar and dorsal region > while walking and <on rising from a seat.

### External Remedies

1. Aconitum. Local Inflammation due to suppressed perspiration.
2. Apis. For stings of bees and wasps.
3. Arnica. Bruises, contusions, wounds, sprains, sore nipples, blisters on the feet after walking, corns and chilblains.
4. Bell. Sore throat, Hoarseness, loss of voice hard, dry cough, swollen glands and mumps.
5. Bellis. For moles.
6. Bry. Stiff neck, Rheumatism and lumbago.
7. Calendula. Deep cuts, ulcerated wounds, boils and open sores.
8. Ceanothus. Rub on region of liver and spleen.
9. Euphrasia. To wash eyes in the morning when filled with matter.
10. Hamamelis. Bleeding piles, painful veins, bleeding from nose or other organs.
11. Hydrastis. Injection in leucorrhoea and Gonorrhoea.
12. Hypericum. Lacerations due to puncture.
13. Rhus Tox. Rheumatic pains.
14. Ruta. Parts sore from walking or riding (to be washed), weakness of the eyes; dislocations, sprains (occurring in wrists and ankle joints).
15. Urtica. For burns with or without blisters.



### Practical Cases

China Sulph—3x Better than Quinine in malaria provided there is great periodicity, fever comes regularly at the same hour—always during the day—with thirst and high temperature which ends in sweat all over—all the 3 stages are distinct—chill in all stages < by changing sides or motion—Time 3 P. M. to 10 P. M. and 10 A. M. (Suppuration with chilliness—Useful when remittent or typhoid becomes intermittent or rapidly pernicious). Cases :—Cervical and parotid glands, fetid otorrhoea, cracked lips, eyes inflamed, fissures at corners of eyes, cracks on fingers—Cistus 30—every 3rd or 4th day—cured in 3 months. II. Right scrotum hurt, enlarged thereafter—pain going to the right groin < motion; pain squeezing, crushing, fever 100°-103° with headache, aching in limbs, thirst, constipation—Clematis 200 and 3 days after 1000—cured in a week— For tumours the ordinary remedies are Conium 30, Phyto 30, Lyco 30 and Thuja 30—one medicine is to continue for a week—one dose every 8 hrs. Cancer is divided into Sarcoma, Epithelioma, Schirrus, Carcinoma and the remedies are therefore Sarcominum, Epitheliominum, Scirrhinum, Carcinocinum,—the last one for cancer of the stomach in the 100th potency once in ten days and ointment of *Scrofularia nodosa*. Copaiba—It increases urine and stool and produces eruption like urticaria, nettle-rash in large red blotches and 5 drops in sugar every 4 hours will stop urethral discharge in a day or two but continue for a week. Drosera Case—Asthma—attack at 10-30. P.M. dry cough—whole night—unable to lie down till 4 A. M. cough disturbing him every 5 mts.—can't cough unless he sits, chest oppressed < motion. Drosera 200—every 4 days—2 doses.

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## PART III.

### CONTRIBUTIONS TO DIFFERENT JOURNALS.

An address delivered at the Distt. Homoeo.  
Conference, Hardoi.

#### Homeopathic System of Treatment.

Mr. President and Brothers,

After centuries of vain researches and groping in darkness after truth since the dawn of human civilisation, we of the 20th. century, are in a position to pause and exclaim, "There it is. Rush and have it."

Diseases have pervaded the world ever since our first Father committed sin, but no human intellect could ever discover the true key to mitigate the violence until recently, though with necessity there grew up thousand devices to cheat mankind in the name of healing. A man of our time really wonders when he looks back to the giant strides with which the medical science as a whole has progressed, of late, since the advent of Homeopathy. It indeed means the dawning of a new Era in the world bringing as it does with it the happy tidings of Hope and Joy to the hopeless and miserable.

Homeopathy has really brought about a revolution in the world of medicine. Medicines there were many, and still are, and experts in them too, but how many of them can claim truth and how many can boldly look into the root of the disease ?

No honest man can deny if he is not dogmatic and partial that Homeopathy has solved the mysterious problem of health with scientific accuracy because it does not look

superficially but to the deep seat of the disease in the complicated machinery of the human system.

If this is true, one may well ask : How is it that it is lagging behind in the keen competition with its rival systems. Well, the reason is not far to seek.

(1) How many of us care to study this science as we do others ?

(2) Our Government has not recognised it.

(3) Educated people do not like to turn to it because it is not lucrative.

(4) 50% of the practising Homeopaths are either men who have failed in other walks of life, or amateurs with a box and a Handbook daily experimenting with the wretched sufferers who are mostly poor and unable to meet the the doctors' fee, and thus the so called Homeopaths are worse than our rivals and are bane to the prestige of this glorious science of Homeopathy. How to meet this evil is a burning question ? The only remedy lies in the diffusion of knowledge of this science and letting our countrymen understand its truth and power and in carefully preparing statistics of the diseases common to India, in recording treatment of cases so that the public be enabled to draw a comparison between this science and others. In short we should take the public into confidence and tell them what we can do when they are sick.

By the plan I have suggested, we will be educating the public and when we have the people on our side, we have a mighty host behind us. But before we can make the public believe in us, we must make them understand that we believe in ourselves and have an absolute faith in our remedies to heal the sick. Remember that confidence begets confidence.

It is impossible in a short address like this to answer the most frequent and important questions that occur to the laymen. However I hope that the information herein contained should prove enlightening to many seekers.

Homeopathy is based on the law of nature that "like cures like" as expressed in the Homeo Motto "Similia Similibus Curantur."

By this method, each patient receives his individual specific curative medicine selected upon the basis of an exact similarity between the symptoms of the patient and those which the medicine will cause when given to a healthy person in large doses. The reason for this, contrary to what is generally believed, is that drugs are curative only for symptoms and diseased conditions like those which they can produce. Medicines used in this way not only give quick relief but the relief is curative and long lasting, and owing to the special way in which such medicines are prepared, poisonous drug action never occurs.

Amongst the principal advantages of Homeopathic treatment are :—

(a) Better control of diseases and consequently less pain and discomfort.

(b) Greater freedom from complications and bad effects.

(c) Large saving in doctor's and druggists' bill.

(d) Impossibility of drug habit formation.

(e) Comparatively certain cure in nearly all forms of diseases.

(f) Better subsequent health and enjoyment of a longer life.

As far as children are concerned, we have very little trouble in getting them take Homeo medicines which when

used in time entail quick recovery and freedom from complications.

In no other way is Homeopathy more brilliantly successful than in the treatment of diseases peculiar to women.

Neither surgery nor local treatment ever removes the constitutional disease which usually precedes and makes possible the various troubles in the female organism. On the other hand, Homeopathy corrects both the constitution and the local trouble without operation. Even when an operation is imperative, such an operation does not remove the original cause.

The expectant mother when treated by a competent Homeo medical adviser seldom needs operations. In conditions which have progressed so far as to render an operation imperative, not only is complete recovery almost certain, but the after effects are, at least, twice as good when a Homeo physician and surgeon are working in harmony.

The working of Natures' law makes no distinction for age, sex or the morality of individuals. Even in the last stage of diseases when vitality is at its lowest ebb, Homeo treatment prolongs life, prevents suffering and renders death painless without stupefying the patient with morphine. The Homeopath needs no assistance from opiates, Hypnotics and anodynes.

Even a thoughtless boy knows that burns and the pains and inflammation following accidents are markedly relieved by holding the burnt part close to the fire and while the pain may be temporarily relieved by cold water, it becomes much worse afterwards. Now why is heat best for recent burns? Is it possible for such to be anything else than an example of the "Law of Similars by which physicians should be governed in the treatment of diseases."

The recently advocated treatment of Bacterial diseases such as blood-poisoning, rheumatism, tuberculosis etc. with vaccines solutions of dead bacteria or their toxins is nothing more than a modified form of Homeopathy which originated with, and has been in use, among Homeopaths for the last 50 years, although no credit is given to the originators for the recent discoveries.

Despite the consideration that physicians acknowledge the harmfulness of the contrary methods, so many of them continue contrary remedial measures because of their prejudice, ignorance and indifference to refuse to study and apply the logical extension of the "law of cure" in the general treatment of diseases.

Like every other movement, Homeopathy is detrimental to many powerful established interests. It is detrimental to drug manufacturers who have a lot of money invested in their business, to most of the medical journals which largely depend upon drug advertisements for their income. It is detrimental to many physicians of prominence who have to be supplanted by physicians specially trained to practise Homeopathy.

History is full of examples showing the difficulty of establishing reforms and the persecution of reformers. Harvey who discovered the circulation of blood was ridiculed and persecuted after giving proofs of his discovery. Dr. Norton who made painless surgery possible through anaesthetics, was persecuted as an enemy to human race. And Dr. Hahnemann, the founder of Homeopathy, previously acknowledged to be one of the leading medical scientists of Europe, was ostracised and persecuted for the rest of his life merely for demonstrating to the profession the Homeo. method for radical cure of diseases.

Since the diseases and the drugs so used are contrary to each other in action, and also, since drugs so used have no specific relationship to the individual patient, strong doses are necessary to produce results ; and what is more important it is the poisonous action of such drugs by which such results are obtained.

The bone pain, catarrh and sensitiveness to cold caused by mercury, the chilliness, liver diseases and incurable deafness by Quinine ; the puffy face and restlessness caused by arsenic ; the skin eruptions, sleeplessness and even insanity by Potassium Bromide are only very few of the symptoms resulting from the abuse of drugs.

The Homeopath endeavours to give such patient his individual specific, curative drug. He aims to fit the remedy to the patient as decently and accurately as a well fitted suit of clothes.

A dozen Homeopaths in one case of Pneumonia, for example, should be unanimous in the selection of the same drug. In another case they would probably all agree to give an entirely different drug, because the individual symptoms of the two patients would be different, and would, therefore, call for different drugs.

In spite of everything said and done, it should be the endeavour of physicians to cure diseases of a constitutional nature, thereby raising the standard of individual and family health. It is their duty to carefully prepare themselves by impartial study and investigation for the successful cure of those diseases which are peculiar to individuals and families.

I appeal to every intelligent person who is acquainted with the advantages of this scientific system of treatment to become an active missionary in its favour not only for his own good but for the good of his friends and for the good of all mankind.

The sympathy and co-operation among the members of the profession are of vital importance so that the science may shine through the dark corners of the medical world and claim an equal place with allopathy which is at present enjoying the patronage of the Govt.

We find the Indian Homeo. world of today in great restlessness and a large number of the members of our profession is in stirring spirits. It is an admitted fact that the struggle started by the great champions of Homeopathy in India half a century back has by this time assumed a wider scope and it is really a matter of great satisfaction that Homeopathy has attracted the masses in some of the provinces of our country. This system has in a very short time, created an impression of its own and it is certain that time is not far off when it shall have the recognition of our benign National Government which tackles with problems assiduously and makes no invidious distinction.

Yours in truth and fraternity,  
 (PIAREY LAL SRIVASTAVA),  
 Homoeopath,  
 Hardoi (Oudh).

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### HOMOEOPATHY :

#### **Treatment of the Living through the Living.**

By Dr. P. L. Srivastava, H. M. D.  
 15, Hardoi Bazar, Hardoi, U. P.

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It is well-known to the public at large that the Homoeopathic system of treatment is now a recognised science by virtue of its supremacy over other existing systems of the day. The felicity and the facility attending it are simply astonish-



ing. There are, however, many friends who seem still indifferent to it. To me their prejudice seems mainly responsible for this indifference. Simply saying that a thing is not what it ought to be carries no weight with it. A fair trial and an unbiassed judgment must come in to decide a question in full.

I boldly assert that the time is not far distant when the people in a body would press on the attention of the Government the dire necessity of Homoeopathic Hospitals and Dispensaries alongside of the allopathic ones. I need not enumerate here the material advantages Homoeopathy has brought in its train. For the present let the material side stand at a discount for we have to dwell on the rational mode wherein the treatment of the humanity is conducted.

We are all aware that spirit and matter both go hand in hand. In case the one is neglected, the other too is gone. Similar is the case with Homoeopathy which treats of diseases as things not of material origin. It works according to the living realities in the case of the living beings.

The scientists all know that there is nothing in this world devoid of energy. Take any of the kingdoms, the mineral or the vegetable. We know that vegetables grow. They move though only in one direction. They send forth their branches, strike their roots and in all this there is manifestation of energy. In the case of minerals too, we find that they undergo changes and change implies energy. This clearly proves that a thing which differentiates life from inanimation is energy, motion or activity.

This, then, being the case, it is impossible for crude substances to produce curative effects for they have in their crude state of existence nothing in a vital state to meet the vital force in the human organism.

And unless a substance corresponds to the state of energy in the human beings, no curative action can be expected for both would be dissimilar. It is essentially necessary that a king should fight out a king.

This being understood, we should now compare our *Materia Medica* with that of others. On close examination, it would be clear that ours is the only *Materia Medica* which we can call rational and reasonable.

I quote below an instance of a drug out of many which shows how matters stand. Let us take *Natrum mur.* "This makes the old school ask why we should take trouble to potentize this remedy when we can get sea-water that is already shaken up. The story would have more point to it, if it was our purpose to mix remedies and in addition to Sodium chloride give other salts and impurities as found in sea-water."

Every one of us has had ample experience of common salt as an article of daily consumption in our families but a few really understand its curative action and the principles whereby it has been brought into the alert state.

Some would question that when common salt has no injurious effect on human health when taken daily in moderate quantity, we should not expect any curative effects therefrom. But to tell you the truth, the reasoning of such men is founded on no reason for the facts are otherwise.

Let us take another instance of *Lyc.*, regarding which the old school knew but very little. The Homoeopathic art of healing has, however, unveiled the medicinal virtues hidden therein on its being dynamized.

All these facts distinctly prove that the prescription of material doses on material grounds is hopeless and helpless.

The treatment of the living through the living is the only commendable mode in life.

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### POINTERS IN HOMOEOPATHY.

(Gleanings from my Note-Book).

By Dr. P.L. Srivastava, M. D. (Homoeo).

Hardoi, Oudh.

1. *Sepia* and *Bell* are sensitive to coition from dry vagina.
2. *Kreosote* is followed by a bloody flow in coition.
3. In neuralgias *Platina* has a gradual increase and decrease of pain, but *Bell* is just the opposite.

4. *Graphites* and *Puls* (a) both have late, scanty and pale menses.

(b) both are anaemic.

(c) both are low-spirited & chilly.

But—

Both are dissimilar, for (a) *Graphites* is worse during menses as to skin symptoms.

(b) there is no tendency to sweat in *Graphites*.

(c) *Graphites* has constipation, but in *Puls* there is tendency to diarrhoea.

5. *Lycy* has sore mouth near the fraenum of the tongue but *Lachesis* is sore at the tip. *Nitric acid*, *Phytolacca* & *Nat. hydrochlor*, are sore in the inner side of cheeks.

6. After operation on abdomen, *Hyoscyamus* is for hiccough & *Staph* for colic.

After operation on eyes *Bry* is for burning pain and vomiting.

After operation on styes *Calc. carb* is for fistula.

7. *Ran. bulb* is indicated in Diaphragmitis when there are sharp, shooting pains from the hypochondria and epigastrium through to the back.

8. *Zincum aceticum* is given to nurses for insufficient amount of sleep.

9. *Zincum valeriana* is meant for Epilepsy without aura.

10. *Zincum mur* has perversion of the sense of smell & taste (fences have no odour, quinine has no taste.)

11. *Silica* is indicated in discharge of blood from the vagina every time the child takes the breast.

12 *Sacch off*—10 M & 50 M potencies—cures Corneal opacities.

13. *Uva Ursi*—Q, 10 drops 4 times a day for Diabetes—(recent investigations).

14. *Variolinum*—cures backache that nothing else seems to touch.

15 *Ptelea trifoliata*—cures frontal headache when other medicines fail.

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## AN AUTOBIOGRAPHY

By Dr. P. L. Srivastava H. M. D.

Hardoi, OUDH.

The importance of everything in the world depends entirely upon the range of its utility. The more it is of service to the people, the more it stands to their liking. I, too, enjoy no mean reputation amongst the masses. They some times call me a "Vegetable alkali". I am found existing

in all plants, and was originally obtained from the ashes left after burning wood and vegetable structures. I am better known as Potassium Carbonate.

I play a no less important part in the animal economy. I am regarded as the typical member of the Kali group of Homoeo remedies though Causticum has also claims on the title. I have more specific relation to the solid tissues than to the fluids of the body; to the blood corpuscles rather than to the blood plasma. The fibrous tissues are particularly affected through me—the ligament of joints, of the uterus, of the back.

I always correspond to the conditions in which these tissues are relaxed, joints give way; the back feels as if broken; the patient feels compelled to lie down in the street. Goullon calls attention to my importance in female complaints in which I rival Sepia, differing from the latter in having menstruation too protracted and recurring too frequently—the pains and troubles occur before the menses.

Whenever there are climacteric flushings I am always found associated with disturbances of the heart. Palpitations are most violent. In such conditions I always serve as an excellent soporific. In addition to the uterus and heart, lungs, pleura, bronchi and larynx all come under my action. Chronic laryngeal catarrh, Goullon specially mentions as frequently cured by me.

Amongst the grand characteristics belonging to me, three stand out above the rest :

- (1) Stitching, lancinating pains, worse during rest, worse lying on affected side.
- (2) Early morning aggravation, worse 2 to 4 A. M.
- (3) The occurrence of bag-like swelling over the eyes, between the eye-brows and the upper lids.

I always agree with persons of soft tissues with tendency to be fat. Easy sweating may be placed in the same category, and when there is a combination of "sweat, backache and weakness"—these three, according to Farrington, constitute a grand characteristic. As regards my backache, I always feel pained downwards to the buttocks and even to the knee.

Pain from hip to knee (more especially if right-sided) had led to the cure of many cases of hip-joint disease. This symptom of mine has worked a remarkable cure of another kind.

A lady—73—stout, short, pale and of very soft fibre had for 4 months suffered from "rheumatic pains" and an offensive vaginal discharge. She described the pain as being all round the abdomen, and a dull, heavy, depressing, dead pain, commencing at the inner part of the top of the right hip and extending to the knee. The pain was so severe that it made her feel quite sick and faint. Great weakness and trembling accompanied the discharges, urine was almost like blood at times and had a sandy sediment. I was exhibited in IM potency and at once improvement set in. A few months all the bad symptoms disappeared and never returned.

In males I bring about many complaints especially those of eyes after coition. I always feel weary and sleepy during and after eating. I always yawn continually.

I am mentally peevish and irritable. I am easily startled by any noise. I always fear to be alone. My intellect is impaired and I do not care for anything. I am always indifferent, when questioned. I do not know what to answer. I cannot bear to be touched; start whenever touched so lightly, especially on the feet.

I act profoundly on the tissues and cause fatty degeneration of the heart and other muscles. I affect the blood itself as well as the circulation, causing anaemia and haemorrhages. Throbbing of blood-vessels all over body and to ends of fingers and toes is a marked symptom of mine.

I always produce a fish-bone sensation in the throat, which is a part of the general tendency to stitching pains. I easily get choked-food easily getting into wind-pipe and there is pain in the back when swallowing.

I am always found peculiar as to my coughing tendency. The cough in addition to having time-aggravation 2-4 A.M. is dry, proxysmal, spasmodic with vomiting of ingesta. The expectoration consists of hard, white or smoky masses which fly from the throat when coughing. Globules of pus may be contained in it. Hahnemann said that persons suffering from ulceration in the lungs could hardly get well without me.

I always belong more to the right than to the left-side of the body. The base of the right lung is more affected than any other part. Goullon says also the apex.

I am often called for in sick-headache, about the inner temple, stitching or jerking pains on one side of the head or both. One-sided headache with nausea. One case which got cured through me was better lying down, better by a tight band round the head. I have pressure and drawing in forehead extending into eyes and root of nose. Congestion to head and heat of face often accompany the headaches.

I am chilly and I have a great tendency to take cold, and I am worse when the body temperature is low. I have an aversion to open air.

Among the notable sensations that I have are :—

- (a) A feeling of emptiness in whole body as if it were hollow.
- (b) Sensation of a lump rolling over and over on coughing; rising from right abdomen up to throat, then back again.

I am generally suited to the aged, rather obese, lax fibre; to dark-haired persons inclined to be fat, to diseases after parturition; after loss of fluids.

I am antidoted by Camph. and Coffea. I compliment the action of Carbo veg., Phosph., Sep., Natrum, and Nit acid.

I believe that this short description of mine would enable the readers to employ me whenever a suitable opportunity occurs.

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## ABSINTHIUM

By Dr. P. L. Srivastava, H.M.D.

HARDOI.

*Generals* :—The characteristic is “A peculiar vertigo on rising with a tendency to fall backward.” Be it remembered that *tremor* is a marked feature of this remedy,—the tremor of the tongue; of the heart. Mostly it corresponds to nervousness, excitement and sleeplessness in children. Dr. Allen says that *Absinthium* convulsions generally begin in the face, extend to the body and limbs and occur in rapid succession with a scream.

Spasms in children and Epilepsy in older persons are within the range of this drug. As to the former, gastric irritation is mostly responsible. In this connection it should not be forgotten that Nux has worked wonders in my hands in my own family. There are, of course, other



drugs too like *Æthusa* and *Cicuta* which are also equally well important in convulsions brought on by indigestion. My experience confirms that a friction of *Gelsemium*  $\varphi$  down each side of the spine in the case of children in a warm bath of 85 deg. Fahr is highly restorative. Some eminent physicians recommend *Verat viride* in convulsions during teething. During this period emotions in mothers—fright, anger, grief—should be guarded against.

Sometimes it happens that convulsions grow so frightful and successive in the case of women that the best attention of the physicians becomes necessary. Here the first thing to do is to trace back the cause which necessitates them. In case suppression of menses takes place,—Bell., Gels., Ver alb and Zincum should be resorted to. If they are reflex from uterus, Aur mur., Nat., Plat., Verat alb are very useful. In Puerperal convulsions Dr. Kitchen of Philadelphia has been successful in many cases with Verat vir., Bell. Caulophyllin and Nicotin are often prescribed with signal advantage.

The following comparisons should be noted with care:—

i. Suppression of Eruption (convulsions)—

*Gels.*—Useful to keep out the eruption in measles.

*Hæalleb.*—Repressed exanthemata simulating hydrocephalus.

*Zinc.*—Want of vitality to bring out eruptions.

*Sulph.*—Hydrocephalus from retrocession of eruptions.

ii. *Fright.*—Acon., Hyosc., Ign., Opium and Zinc.

iii. *Uraemic.*—Am carb., Cann ind, Cupr., Hydrocy ac., Petrol., Phyto., Plumb.

iv. *Worms.*—*Cicuta*, Cupr., Ign., Sabad.

v. **Epilepsy.**

Amyl nit.—Inhale at the time of Convulsions.

Arg nit.—Restless and tremulous before and after attacks.

Artemisia V.—“Paroxysms followed by sleep.”

Bell., Glon.—Congestion to head.

Bufo.—Due to masturbation.

Calc carb.—Cachexia leading to epilepsy.

Cicuta.—Spasms due to the slightest jar.

Cocculus.—Cold extremities and numbness.

Hydrocy ac.—Convulsions ushered in by a cry.

Kali brom.—(Palliative).

Lach.—Convulsions at night (due to masturbation)

Nit ac.—At night on going to bed.

Sil.—Aura begins in solar plexus.

*Note—Put a drop of Absinth  $\phi$  on the tongue during the attack to modify convulsions.*

*Dose—1st to 6th potency.*

## AUTOBIOGRAPHY OF A MEDICINE

By

Dr. P. L. Srivastava, H.M.D. (Calc.) F.E.M.U (Mad.)

I am very irritable, ugly and malicious. I am rather, thin, spare, quick, active and nervous. I am always given to a good deal of mental work and always lead a sedentary life, found in close application to business and study. I am sensitive to impressions. Can not bear noise, odours or light. They say I have always a hypochondriacal mood. My in-door habits and excessive mental strain long for stimulants—Coffee and wine or the sedative effects of tobacco. Besides I indulge in preferably rich dishes and debauchery. Females help one to forget the close application of the day and in association with them I always retire late at night and as a matter of consequence I keep complaining of headache,

dyspepsia and other liver discomforts. And if it is owing to such indulgence that I often fall a prey to convulsions of course with consciousness, which are worse-touch or moving.

Sometimes I get so impulsive that I do not spare even those whom I love best. My congestions are peculiar. They are mostly centred in the frontal head which I wish to press against something to obtain relief. My eyes often water and my optic nerve has undergone atrophy from habitual use of intoxicants. My auditory canal has grown dry and sensitive. I get stuffed up in the nose at night and especially in a warm room. My teeth ache and more so when I take cold things.

As to taste of the mouth, I am sour and nauseous every morning. My stomach region can not bear pressure. Several hours after eating I feel I am bloated and have a load in the stomach. Very often I have strangulated hernia with a force towards the genitals. I am always more or less constipated. Stools are never complete and satisfactory. My haemorrhoids and frequent small evacuations prove a nuisance to me.

I have observed that I get easily excited and I am really a victim to spermatorrhoea, nocturnal pollutions with burning and weakness in spine.

Morning asthma is a source of anxiety to me. The scraping in the throat and spasmodic constriction therein are highly troublesome.

It is a matter of common experience that I find my arms and hands asleep from time to time whenever I move, I notice there is cracking in knee joints. My body burns hot yet I can not stand uncovering without feeling chilly. My body perspires but only on one side with the peculiarity that sweat is sour-smelling. I have grown friends with

*Sulphur*, *Sepia* and *Zincum* has an inimical dislike of me.

Now what I have said above, I believe, is sufficient enough to give my readers a clue as to my name which is, truly speaking, most common amongst those daily remembered.

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### CLINICAL CASES.

(1) Servant of B. Avadh Behari Lal Tandon, a leading Vakil of Hardoi—.

Called at my office some two months ago. Complained of acute pain in the upper right chest. On being questioned he told that he had fallen a victim to it since he first caught cold through exposure. The pain was most severe during inspiration and from motion. This did not satisfy me and I went on enquiring till I came to know that the pain was concentrated at one single spot which *could be covered with point of the finger*. This led me to prescribe Kali Bich-1000-1 dose which relieved him promptly within ten minutes. There has been no recurrence since then.

(2) Mrs. M. Abdul Aziz, Executive Engineer Canal Department, Hardoi—.

She had no pregnancy for the last 10 years owing to uterine complaints. However she was fortunate enough to be in a family way. But as luck would have it, she was given to colic every now and then and this colic proved a still greater nuisance during her pregnancy. She was placed under the Asstt. Surgeon of the Dist. Hospital, under whom she miscarried. Hereafter she suffered most intensely from puerperal fever, Colic and other complications.

Surgical appliances like douche and others were employed with the help of a famous nurse of this place without any good. As a matter of course, her husband consulted his friend amongst whom was his Accountant who recommended me. The very first visit I made was to me a clear-cut indication of the suppression of discharges, which diagnosis, I am sorry they did not believe in at the outset. However they submitted and the very dose of Arsenic-200 I administered brought her the night's sleep and she felt a bit better the next morning. I was called again as she was in the rigours of pain. I devoted quite an hour and a half to study up her case and gave Cimicifuga 30 in teaspoonful doses every 10 minutes. After an hour or so, she fell asleep and discharges commenced. Here I wish to emphasize that if Similimum is right, everything goes aright. Since then she has had no attack. As to fever and other concomitants, I prescribed according to circumstances Puls-30, Magmur-100, Carduus M.T. Chionanthus virginicus-6, Lyco 200 etc. A persistent and regular course of medicines for full one month brought her round and she is now hale and hearty.

(3) *Urtica Urens-3x*—a grand remedy for chronic Splenitis. A mohammadan lady suffering from chronic malaria and consequent enlargement of spleen, given up by Hakims. Ceanothus did her no good, other medicines were also prescribed, but no substantial result. finally I gave her *Urtica Urens-3X-4* doses a day interpolated with occasional doses of Sulphur and Bacill. 200—once a week.

(4) *Chionanthus Virginicus-6X*—Another mohammadan lady steadily improved under Chio. Virg. 6x as she was jaundiced and discharges were suppressed. This remedy works wonders for *arrest of menses with jaundice*.

(5) *Swami Anubhawa Nand Saheb*—a great scholar of Sanskrit, Pali, English, etc. and a great samajist—Has had headache for the last 13 yrs. Over study worked its way and he has been aching for the last 7 years with Neuralgia of the Eyes. Gelsemium, Bryonia Bell, Nux, Sulphur have been all given him without any effect. He sought relief at the Medical College, Lucknow where an examination was made of his blood and urine but no defect was found out. They said they were but helpless after a month's treatment. I was called to see him at Lucknow. When I visited him, I came to know that he had a few characteristics of his own, viz. (i) the only relief available was through Asparine, Phenactine and Acid Citras which together he took in pounds, but let it be remembered that they too sometimes failed to bring relief.

(ii) He felt that his eyes were pulled inside through a string.

(iii) Pain grew acute at 12. P.M.

(iv) His pain alternated sides, first it troubled him in the right for a period of 48 hours or so and then it travelled to the left.

(v) He was quite intolerant of motion, noise or any jar.

He could obtain relief by pressure.

I requested him to accompany me to undergo treatment. I am glad he acceded to my request and stayed with me at Hardoi for 9 days, during which my chief helper has been Lac Caninum-200 besides Chelidonium, Lycopodium etc. I should not omit to say that during this period my close observation revealed that his whole right side was more or less affected. He had had pain at the right shoulder blade. I diagnosed that his liver was at fault and he

says I was quite in accord with other two competent doctors who said the same thing. During his stay here, a little persuasion helped him to give up Asparine etc. and I am glad that a short stay has opened him a vista of hopes for there have been four such days during his sojourn during which he felt all right, as he could not tolerate heat, he proceeded to Bareilly whence he writes that he is improving. This is another favour of God for Homoeopathy. Let me also mention that Plantago was externally used to administer immediate relief.

Dr. P. L. Srivastava H.M.D. (Calc.) F.E.M.U. (Mad.)  
26-3-24.

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### BEES WORTH HIVING.

B patient, B prayerful, B humble, B mild,  
 B wise as a Solon, B meeek as a child.  
 B studious, B thoughtful, B loving, B kind.  
 B sure you make matter sub-servient to mind,  
 B cautious, B prudent, B trustful, B true,  
 B courteous to all men, B friendly with few,  
 B temperate in argument, in pleasure, and wine,  
 B careful of conduct, of money, of time.  
 B cheeriul, B grateful, B hopeful, B firm,  
 B peaceful, benevolent, willing to learn,  
 B courageous, B gentle, B liberal, B just,  
 B aspiring, B humble, because thou art just,  
 B penitent, circumspect, sound in the faith,  
 B active, B devoted, B faithful till death,  
 B honest, B holy, transparent pure,  
 B dependent, B Christ-like and you'll B secure.

(Leader).

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## Homoeopathic Gems.

1. *Abrotanum*.—Very useful in debility after influenza.
2. *Abrotanum and Dulc.*—Alternation of the complaints—Diarrhoea and Rheumatism.
3. *Podo*—Diarrhoea and Headache.
4. *Aloe*.— Do.
5. *Paraffin*.—Pain in stomach and pain in throat or spine.
6. *Abrotanum*.—Hæmorrhoids and rheumatism.
7. *Acetic Acid*.—Amelioration of lumbago by lying on stomach.
8. *Allium Cepa*.—Neuralgic pains after amputation.
9. *Alstonia*.—Used locally on boils and parts affected with rheumatism.
10. *Alumen*.—Powdered—5 gns. cut short the asthmatic attack if allowed to dissolve on the tongue.
11. *Alumina*.—Eructations for years and mostly in the evening.
12. *Ambra Grisea*.—Itching of the vulva with Nymphomania and sleeplessness. Useful for *Rannula* with offensive breath.
13. *Ammon Carb.*—Epistaxis after washing hand and feet.  
Fingers swell after letting down the hands.
14. *Ammon Caust.*—Heart failure after *snake bite*.
15. *Ammon Mur.*—Cold feeling between the shoulder blades.
16. *Amyl Nitrite*.—Very useful in removing faintness due to chloroform.
17. *Aranea Diadema*.—Acute pain in teeth by night as soon as one goes to sleep.
18. *Argent Nit.*—Bleeding in females after sexual intercourse.



19. *Arnica mont.*—Crop of boils—Skin red, swollen and hot to touch.

20. *Arsenic Alb.*—Mania consequent on pecuniary loss. Thinks he shall starve.

21. *Ars Iodide.*—Eczema of the Beard when the pimples itch, burn and water—adjoining glands swollen.

22. *Asafoetida.*—Milk in breast in unmarried females; flow of milk on the decrease, sensitive.

23. *Balsam Peruvianum.*—Chronic Bronchitis—helps free expectoration when administered in 5 to 15 drops in the yolk of an egg.

24. *Baryta Mur.*—Sexual maina; females haunt after males.

25. *Bismuth.*—Headache and Stomachache.

26. *Borax.*—Frightened to hear of the gun report or thunder.

27. *Bovista.*—Stammering, clumsy, Bleeding after extraction of tooth.

28. *Bryonia.*—Malaria begins with lips and tips of fingers.

29. *Bufo.*—Epileptic attack during intercourse. Varicose veins in Nursing women.

30. *Cajuputum.*—Famous for Hiccough.

31. *Calc Ars.*—Useful in complaints following the giving up of wine.

32. *Calc P.*—Thin, watery blood from the navel—Fistula and chest complaints.

33. *Cann Sativa.*—Sensation that there are drops of water on the head, head stomach or rectum.

34. *Cantharis.*—Useful in expelling dead foetus. Sensation that something hot like the wind is blowing out of the ear.

35. *Carbo veg.*—Asthma after measles. The after effects

of mechanical injury of long standing Otorrhoea after measles or any other disease.

36. *Caulophyllum*.—Expels placenta.

37. *Chionanthus*.—Continual use of it relieves chronic headache.

38. *Cinnabaris*.—Syphilitic ulcers.

39. *Coccus Cacti*.—Cough due to Elongation of uvula.

40. *Cochlearia*.—Local application cures alopecia.

41. *Collinsonia*.—Feeling of coldness in the thighs after menses.

42. *Colocynth*.—Stomachache accompanied with toothache.

43. *Conium*.—Acts as a tonic after influenza.

44. *Cubeba*.—Leucorrhoea in girls.

45. *Cyclamen*.—Hiccough during pregnancy.

46. *Damiana*.—Useful for Amenorrhoea.

47. *Elaps Coralinus*.—Headache begins with the left eye, goes to the right one and then travels to the back of the head.

48. *Eriodictyon*.—Cough after influenza.

49. *Eupatorium Perf.*—Vertigo, falling to the left.

50. *Fagopyrum*.—Itching in and around eyes and ears. Vehement itching in arms and legs (evening).

51. *Fel Yauri*.—Tendency to sleep after eating.

52. *Fraxinus Americanus*.—After delivery, uterine displacement—Sub-involution.

53. *Hydrastis*.—The abundant use of chlorate of potash brings about throat pain. In such complaints it is useful.

54. *Illicium Anisatum*.—Colic pain every 3rd month.

55. *Kali Arsenicum*.—Skin disease during menses.

56. *Merc Bromatus*.—Syphilitic ulcers when other remedies fail.

57. *Nyctanthes Arbar Iritis*.—Infantile constipation.

58. *Ostrya Virginica*.—Anaemia after malaria.

59. *Pilocarpus*.—Alopecia—continual use renders grey-hair black.

60. *Ricinus Communis*.—Increases flow of milk—Used locally.

61. *Salaginella Apus*.—Snake-bite cure. (Cedron, Plantago.)

62. *Saracenia*.—Arrests the violent course of small-pox. Arrests pustulation.

Dr. P. L. SRIVASTAVA, M. D.  
(Homoeo.), HARDOI.

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### “Jottings from my Personal Note Book.”

1. I visited a girl aged 5 years in the grips of Cholera the 5th day after the attack. She was quite recumbent, full of thirst and had eyes close. No motions but as soon as was taken in arms she began vomiting. In this case aggravation from motion was my guiding key note and prescribed Bry. 30-persisted and cured.

Here it should be borne in mind that symptomatology and not pathology was taken notice of.

2. In cases of *Cholera asiatica*. Cup met 2 x has been the savior of many lives. It should be given at intervals of 10 mts. 20 mts. and 30 mts. each. Four doses only are sufficient to straighten the case. Further on if any untoward symptoms persist, treat according to indications with Ars. 2x, Verat alb. 1x, Canth 6x, Bell. 6 etc. Low potencies are preferable—Do not forget higher ones whenever occasion demands them.

3. Cholera from abnormal fear—Nitric Acid.

4. *Iris versicolor*—3 and Bromide of Camphor 3x are worthy of special attention. In the case of infantile Cholera, the latter snatches the patient back to life.

5. Cholera Cases uncontrollable by Ipecac are best met by Tabacum and Nicotinum.

6. Mr. S.H.—Complained of dyspepsia due to fermentable food. Food tastes sour. Bloating of abdomen. Burning eructations rising to pharynx. Haemorrhoids—Very painful to touch, aching—much bleeding.—Lyco 200. 2 doses made him all right. (Given at an interval of 72 hours).

7. *Fainting.*

*Sulphur*—At 11 A.M. and during stool.

*Sepia*—During Chill and on exertion.

*Puls*—In closed room,

*Magnesia*—At Dinner.

*Asafoetida*—After Emission.

*Agaricus*—After Coition.

*Nux V*—From odour and during palpitation.

*Alumina*—While standing.

*Carbo Veg*—On walking.

*Arsenic*—Before stool and on morning.

*Conium and Podophyllum*—After stool.

*Murex, Lyco, and Thuja*—Before menses.

*Phosphorous*—From hunger.

*Acon and Opium*—From fright.

Dr. P. L. SRIVASTAVA, M. D. (Homoeo.) Hardoi,  
19. 9. 24.

## EYE THERAPEUTICS.

By Dr. P. L. Srivastava, H. M. D.  
Hardoi.

Q. What do you mean by *Blepharospasm* ?

Involuntary twitching or quivering of the eye lids.

Q. Compare *Codeinum* with other remedies in this affection.

Remember that *Codeia 3x* is mostly used in simple cases of quivering of the eye-lids but whenever this disorder assumes a spasmodic character and keeps continued for some-time, *Agaricus muscarius* is our remedy. Dr. Hering says that in *Codein* cases amelioration comes in by rubbing. However if the patient feels that he has to wink all the time to get rid of this spasm, he should be given *Crocus*. In case dazzling is present, *Puls.* would relieve. In nervous, hysterical patients, *Ignatia* mostly helps. *Mezereum* works better in case there are spasms on the left side; when this twitching grows constant so as to prevent vision take help of *Raphanus 30* or *200*. Patients ailing from Ciliary spasm and frontal headache aggravated by light should have *Physostig. 3x*

Q. What remedies are used for eye-bruises ?

*Arnica* and *Hamamelis*—both locally and internally. *Symphytum* & *Ledum* should also come in when needed.

Q. Name the special terms applicable to the inflammation of the different parts of the eye and point out their treatment.

A. *Ophthalmia* :—

*Acute inflammation of the margins*—*Euphrasia 6* (locally lotion of the same in the proportion of 10 minims to an oz. of aqua distilla.)

*Chronic redness and irritation of margins*—*Clematis* (give 2 or 3 doses in all. *Bacill 200* weekly)

*Purulent*—*Hepar sulph.* and *Silicea*.

*Marginal inflammation with redness, dryness & morning agglutination*—*Graphites 6*.

*Marginal itching*—*Mezereum*.

*Simple agglutination*—*Merc sel.* and *Arg nit.*

Do not forget *Kali bi.* and *Merc bin.* “*Ferr p.* and *Kali mur*” are highly beneficial.

B. *Conjunctivitis* :—Inflammation of conjunctiva.—

*Simplex*—*Acon.*, *Ars.*, *Bell.*, *Euph.*, *Graphites*, *Puls.*,  
*Sulph.*

*Purulent*—*Acon.*, *Arg. nit.*, *Apis*, *Calc.*, *Calc. p.*,  
*Hepar*, *Merc.*, *Sulph.*

*Neonatorum*—*Arg n.*, *Nat p.* (*Hepar & Merc.*)

C. *Choroiditis* :—Inflammation of the *Choroid Coat*—  
*Bry.*, *Gels.*, *Ign.*, *Merc.*, *Santo.*, *Thuja* <at  
 night—*Merc.*

D. *Iritis* :—Inflammation of the *Iris*—*Bell.*, *Bry.*,  
*Clem.*, *Euph.*, *Gels.*, *Ferr-p.*, *Kali iod.*, *Kali m.*,  
*Merc.* and *Rhus.*, *Thuja*. *Suppurative*—*Hepar*,  
*Merc.*, *Silicea*, *Sulph.* *Syphilitic*—*Asa.*, *Aur.*,  
*Kali iod.*, *Merc cor.*, *Nitric acid.*

E. *Keratitis* :—Inflammation of the *Eye ball*—*Apis.*,  
*Ars.* *Aur.*, *Bar iod.*, *calc c.*, *Euph.*, *Graph.*, *Hepar.*,  
*Merc.*, and *Sulph.*

F. *Retinitis* :—Inflammation of the *Retina*—*Bell.*,  
*Ferr-p.*, *Gels.*, *Kali m.*, *Pic acid.* *Lachesis*, *Santo.*

G. *Scleritis* :—Inflammation of the *Sclerotic coat*—  
*Ferr-p.*, *Kali m.* and *Thuja.*

Q. What remedies are indicative of burning in  
 the eyes ?

*Acon.*, *Ars.*, *Calc c.*, *Carbo veg.*, *Euph.*, *Graph.*,  
*Sulph.* and *Zinc.*

Like fire shooting out : *Dulc.*

More in the evening : *Puls & Zinc.*

Burning after reading : *Ruta.*

Q. In what remedies are the sensation of itching  
 present ?

*Puls.*, *Rhus*, *Sep.*, *Sulph.*

Q. Do we ever feel the sensation of sand in the eyes?  
 If so, what remedies are curative of this affection

Yes—Alum., *Caust.*, Euph., *Graph.*, *Phos.*,  
*Rhus.*, *Sepia*, *Sulph.*, *Thuja*, *Zinc.* (More  
 in the morning, Nat-m.)

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## THE TRIANGLE OF HOMOEOPATHY

By Dr. P. L. Srivastava, H. M. D. Hardoi, U. P.

We can represent Homoeopathy as a triangle, each of the angles of which corresponds to one of its inseparable characteristics. As there can be no triangle without its angles, so can there be no Homoeopathy without its three characteristics.

The first angle of one triangle is that we should take the case properly. There are so called hundreds of Homoeopaths (whom I know personally) who have not the least idea of case taking in their heads. They may be anything but a Homoeopath. It matters very little whether one is an M. D., M. B. or H.L.M.S. The only thing he has to do is to enter into the right spirit of what Homoeopathy means and what it requires of us as Homoeopaths. Would that such men as know but a little of Homoeopathy would rather retire in silence than brag of their shallow knowledge and thereby bring a disgrace to the profession. Right is he who rightly knows that little knowledge is dangerous. Knowledge is nobody's possession and has never been so since time immemorial but its acquisition requires constant exertion, attention and assimilation. Here I take the opportunity to emphasize that it is assimilation that helps humanity in working wonders in the world. Remember that what is worth reading once is worth reading hundred times.

Now let us consider for a while our first angle—*Case taking*. In case we fail to record the symptoms that require our close attention and thereby take the case wrongly it is but impossible to proceed further. We should proceed so as to judge for ourselves and interpret in the light of our knowledge the symptoms well worth being recorded. No man can ever dare prescribe a Homoeopathic remedy from the diagnostic or pathognomonic point of view. It is necessary to understand the nature of illness not from pathology, not from physical diagnosis, but by symptoms, the language of nature.

Be it remembered that a physician's highest aim is to effect cure which does not consist in the removal of haemorrhoids, eruptions or the like. It simply means the removal of the disease in its entirety in the shortest, most reliable and harmless way, and this we can do when we understand how to adapt a remedy to the morbid state in the patient—selection of the remedy *indicatum*. In section 3 of the organon it has been definitely stated that a physician "must perceive what is curable in disease; what is curative in medicine; and the application of the last to the first."

Now the next thing that comes in for the consideration of the Homoeopaths in chronic diseases is the realization of the fact that the vital force is perverted by any of the 3 miasms—Psora, Sycosis and Syphilis. In the light of advanced findings even the best bacteriologists have been compelled to admit that the predisposing cause of all diseases is the derangement of the vital force. When this is well understood, the chronicity of a case no longer proves a puzzle to a man of sanity of judgement.

However there are other sides of the question too. They are the examination of the patient, the putting of the direct questions and making answers conform to some remedy



we have in mind. We must never put answers into our patient's mouth. Thus what I have said is in a nutshell a hint to the wise.

Let us hereafter look to the second angle—*the selection of the remedy*. We know we have in our repertoires a valuable store that helps us to find out the right remedy with an amazing rapidity, but the only thing is to rightly perceive how to do a thing. A great philosopher says—“Learn everything by doing it—”

When you have once decided to make use of repertory, it is advisable to master the arrangement given therein so as to facilitate the task of working out the case with the help of the rubrics from the beginning to the end. Let me here point out in plain language that the *Mind* and *Generalities* are the two most important constituents deserving of immediate consideration. And many of our chronic cases can possibly be analysed with these two sections alone. In case a case is worked out with merely from particulars it is more than probable that the remedy will not be seen and failure will be the result. It is essentially necessary to write out the mental symptoms and those pertaining to the patient himself and then to individualize the case further by resorting to the particulars with special reference to the organs. Remember that we can not make a Homoeo. prescription without *Generals*, for it is possible for a *General* to rule out all the particulars gathered e.g., take two remedies, *Secale* and *Ars*. They are both chilly but the patient wants all the covers off and wants cold air in *Secale*, whereas he requires all things hot in *Arsenic*. The two remedies thus separate at once, they are wholly dissimilar as to the general state, whilst they are wholly similar as to the particulars. So to

say we as Homocopaths have to start with the generals and end with the particulars.

“All the things that are predicated of the patient himself are *General*; things that are predicated of any given organ are particular. When the patient says “I am thirsty” it is the whole economy that craves water. Similarly menstruation is general for when a woman says, “I feel so and so during menses,” she has no reference to her uterus or ovaries.

Sometimes it happens that a general is not easily recognised or expressed by the patient but when we examine a series of particulars, we find a certain feature remaining through all of them and it is here that a symptom is raised from a particular to a general. Just consider the following case from my practice—

A girl aged 7 had had an attack of remittent fever which was as communicated to me, a concomitant of pain in the abdomen. It was also known that she had worms. After a trial was given to *Teucrium* in accordance with the suggestion of a Homoeopath, she was placed under me. Her fever was removed but the pain persisted in intensity as usual—of course the symptoms given thereof were not clear cut and so I could make but a little progress. Once by the way her servant intimated that she could not allow even her mother to approach her bed lest she be hurt. Moreover whenever she coughed, she was subjected to pain of a tearing character. She was in short, over sensitive. I prescribed Bell, 30 iv d. but even then she could not recover. Hereafter I gave one dose more of Bell. 200 which set her right in every respect and there was expulsion of worms. Here I wish to emphasize that her particular character was fond in pain and it was the leading point in the case. It should

also be noted that treatment as far as possible should be constitutional.

Here I give below the following generals for general understanding :

*Ignat.*—Ailments from suppressed grief.

*Hepar sulph.*—Fainting with pains.

*Puls.*—Chilliness with pains.

*Verat alb.*—Delirium with pains.

*Cham.*—Delirium with pains.

*Thuja.*—Frequent micturition with pains.

*Bryon.*—Dropsical increase during the day.

*Caps.*—Burning pungent pains worse from cold water.

*Tubcr.*—Eats well but loses flesh rapidly.

Now I believe my readers will understand the importance of such *Generals*. They naturally fall under three heads :—

1. *Mentals*—(a) manifest through perversions of loves with various fears.

(b) manifest through perversions of understandings in delusions, hallucinations and illusions etc.

(c) perversions of memory such as absent-mindedness, mistakes in writing etc.

II. *Physical*.—(a) perversions of the sexual sphere including menstrual generals, viz : effect of coition; character of discharges etc.

(b) symptoms pertaining to appetite, food, desires, aversions etc.

III. *Things affecting the entire physical body, e.g.,* standing is the worst position for Sulphur patients.

Let it be well understood that symptoms referring to aggravation and amelioration from bathing, wetting, pressure, touch and the like; the sides of the body as left and right; special senses as the smelling of cooking nauseates, are all generals.

Now as to common symptoms I can say that they are found in constipation, irritability, chill, fever, sweat, weakness etc., but we should bear it in mind that if a common symptom like that of weakness appears only while eating, it becomes uncommon and peculiar.

With all I have said above there is yet one thing, the last angle, but not the least in importance and that is *the dosage and repetition of the remedy*.

With regard to this I give below the following directions for general use.

(1) Never repeat the dose after reaction begins.

(2) Repeat the remedy when improvement stops.

(3) Being sure you have given the right remedy and it does no good, increase its strength rather than change to another unsuitable one.

(4) Lengthen the interval between the doses as the patient improves.

In the end I should say once again that the study of Homoeopathy is not a child's play and we have to pay at first if we but wish to cut a good figure.

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### Health.

Health is a friend whose Councils we heed,

The injunctions it gives in diseases we read.

Plain his advice and clear is his voice,

When boldly he says, "please don't be too nice."

Why? Stick my friends to things that are vain,

They are but worthless—soon begin to disdain.

How fine it looks to be a Hercules bold,

The pleasure it gives is quite untold.

Heaven speed the time when every man,

"Reflect God's image, perfect as his plan".

P. L. Srivastava.

**SOME REMEDIES OF ABNORMAL OR MORBID  
SWEAT  
ONE-SIDED SWEAT**

*Ambra.* Profuse sweat, especially at night, and most on the affected side.

“Lean, sickly persons remind us of this remedy. Also one-sided complaints.”

*Ambra* has a sensation of coldness in abdomen.

During stool the presence of another person is unbearable.

*Baryta carb.* One-sided perspiration: one hand, foot; one side face or body.

Stinking sweat, especially of feet (Sil.).

Dwarfish in mind or body. Feeble minded children: backward children. Great aversion to strangers.

*Chamomilla.* One of the remedies for one-sided sweats.

*Profuse sweats of covered parts.*

*Cham.* Is prescribed chiefly on its mentalities: Feels she can't be civil; can't give a civil answer. Snappish, and short-spoken.

A great remedy for the effects of anger.

*Nux.* Perspiration, general, or one side only.

When perspiring wants to throw off the covers.

Sullenly irritable. Gives surly answers.

Hates being touched.

Better: warmth and hot things; wrapped up; warm in bed; and better damp, and wet weather. (Hepar.)

*Ignatia.* A one-sided remedy: right side; left ear; left hypochondrium.

Prescribed on mental symptoms, or aetiology.

“The sighing remedy.” Effects of deep, or suppressed grief; anxiety; sorrow; unhappy love.

Inner parts may feel distended, or hollow.

*Bryonia*. Sweat or heat on one side only.

Sweat on slight exertion. Oily sweat.

*A curious symptom* —Sweat over whole trunk and head, but not on parts affected.

*Pulsatilla*. One-sided chilliness; heat; perspiration.

Better: cold air; cold place; walking in open air.

The remedy of changes: pains constantly change position; no two stools alike; etc.

Easy tears: when spoken to, giving symptoms, etc.

One remembers the anxiety of a young doctor, one side of whose face was sweating profusely: it transpired that he had been taking a good deal of Puls., and proving it!

*Rhus*. General coldness. Coldness of single parts, or of one side only.

Heat: internal or external, with thirst; one sided.

Sweat with heat; offensive.

Worse: damp; rain. Troubles date from a wetting.

Worse: before rain; from cold; cold wet: from getting wet while perspiring.

Worse: beginning to move; better from continued motion. Better: clear, dry weather. (Better as soon as sun comes out. Rhodo.)

*Spigelia*. Chilliness, heat and perspiration without thirst.

A right-sided remedy.

Worse walking in open air (rev. Puls.)

*Sulphur.* Perspiration of single parts.

*Sulphur* has aversion to meat : eructations taste of eggs.

A drug of fantastic illusions : old rags may seem beautiful : admires things that are not admirable.

Skin rough, dry, itches : it feels good to scratch.

**Sweat during Mental Exertion, Conversation, etc.**

*Sulphur.* (See above.)

*Graphites.* Sweat from slightest motion, often only of front of body.

Typical : Sweat and soreness between the toes, the parts become raw.

Guernsey says : Very useful for females with a tendency to unhealthy corpulence, and (perhaps) deformed nails.

*Borax.* Great mental characteristic: Fear of downward motion. Of falling.

Mentally : fault finding, vehement, swears. (Anac.)

Unhealthy skin which ulcerates easily.

Worse warm weather : damp cold weather.

*Hepar.* Skin sensitive to slightest touch: ulcerates easily.

Extreme sensitiveness : to air, draught, noise.

Better wrapping up, and warmth; warm, wet weather, (Nux.)

*Sepia.* One of the sweating remedies, with indifference to everything.

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## GONORRHOEAL THERAPEUTICS.

By

Dr. P. L. Srivastava, M.M.D., D.B.M.,

LUCKNOW.

In Gonorrhoeal cases, I should like to recommend the very first commencement with *Cann-Sativa*, the most characteristic symptom whereof is that 'the Urethra is very sensitive to touch or External pressure.' The patient cannot walk with his legs close together because any pressure along the tract hurts him. In beginning the treatment with this remedy, inflammation subsides and thin discharge thickens and becomes greenish in appearance. Then, of course, Merc Sol. 3 thrice a day finishes the case. Or in case gleet continues, Sulph., Caps., or Kali Iodide shall have to be given. However we have sometimes to take help of Sepia and Puls, as well.

My personal Experience warrants the Cure of Gonorrhoea in from 7 to 15 days by the following procedure—

(i) Nat Sulph 3 or 6x. Failing to take hold at once change to Thuja 30 one dose and then after six hours begin again with Nat Sulph—a dose every 3 hours.

Or,

(ii) Vesicaria Q 5 to 10 drops every 3 hours,—sure victory.

Or,

(iii) Kreosote—low.

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## ALPHABETICAL REPERTORY ON ABDOMEN.

Short symptom.	Remedy.	Indications.
Abdomen distended.	Bar. c.	Abdomen distended and hard; children.
Abdomen distended.	Sil.	Abdomen distended, hard and tense; excessive distension of the abdomen with meteorism.
Abdomen distended like a drum.	Cham.	Abdomen distended like a drum; flatulence in the hypochondria; cutting sticking colic.
Abdomen enlarged.	Thuja.	Abdomen enlarged and puffed; protrudes here and there as if from the arm of a foetus; movements and sensation as if something were alive; no pain.
Abdomen enormously distended.	Nux. m.	<i>Abdomen enormously distended after every meal.</i>
Abdomen hard.	Cál. c.	Abdomen hard and very much distended; mesentery swollen.
Abdomen plethora.	Aloe.	Abdomen plethora with feeling of fullness and pressing down, or weight in anus & bladder.
Aching liver.	Lept.	<i>Aching in liver extending to spine worse in region of gall bladder.</i>

Short symptom.	Remedy.	Indications.
<i>A feeling of weakness.</i>	<i>Staph.</i>	<i>A feeling of weakness in the abdomen as if it would drop.</i>
Colic as if the bowels would be cut to pieces.	Ant. t.	Colic as if the bowels would be cut to pieces; labor-like tearing from above downward with rumbling and looseness.
Colic as from taking cold.	Dulc.	Colic as from taking cold and threatened diarrhoea.*
Colic flatulent.	Cocc.	Colic flatulent with sensation as if sharp stones rubbed together at every moment.
Colic flatulent.	Mag. ph.	Colic flatulent, forcing the patient to bend double better from <i>heat</i> , rubbing; spasmodic pains generally.
Colic from flatulence.	Carbo. v.	Colic from flatulence; abdomen full to bursting.
Colic from lead.	Op.	Colic from lead (in paints pipes, or otherwise).
Colic so distressing.	Coloc.	Colic so distressing that they seek relief by pressing the abdomen against corner of table, heads of bed posts or anything else as pressure betters the pains.
Colic violent.	Plumb.	Colic violent, abdomen drawn in, with sensation of a string from navel drawing through to back.

Short symptom.	Remedy.	Indications.
Cramp-like pain.	Podo.	Cramp-like pain in the abdomen with actual retraction of the abdominal muscles.
Cutting colic.	Ars. alb.	Cutting colic, griping and twisting, especially about the navel, as if the intestines were tied in a knot; flatulent; cold sweat, especially on forehead.
Dull, hard, grinding pain.	Diosc.	Dull, hard, grinding pain in liver, in region of gall bladder.
Emptiness	Cocc.	Emptiness and sensation of hollowness in abdomen.
Excessive fullness.	Lyco.	Excessive fullness and distension of the abdomen from flatulence, the flatus collects here and there, in abdomen, hypochondria, back, in region of chest and ribs, causing tension and bubbling, incarcerated better by erucation or passing wind; continuous rumbling and rolling.
Feeling of bearing down.	Bell.	Feeling of bearing down in abdomen and pelvic organs, as though the contents would issue through the vulva.
Feeling of weakness.	Aloe.	Feeling of weakness in abdomen, as if diarrhoea would come on; heaviness in hypogostrium and rectum.

Short symptom.	Remedy.	Indications.
Flatulent Colic.	Mag. ph.	Flatulent colic forcing the patient to bend double better from <i>heat</i> , rubbing; spasmodic pains generally.
Flatulent Colic.	Cocc.	Flatulent colic, with sensation on as if sharp stones rubbed together at every moment.
Flatulent distension.	Nux. v.	Flatulent distension of abdomen after eating.
Fullness & distension.	Sulph.	Fullness and distension of abdomen, pressing downward toward anus; painful sensitiveness of abdominal walls to touch.
Fullness, heat.	Kali. c.	Fullness heat and great distension in abdomen immediately after eating a little.
Great distension.	Asaf.	Great distension of the abdomen; flatus all pressing upwards.
Griping, Cutting.	Mag. c.	Griping, cutting rumbling in the whole abdomen, followed by thin, green stools, without tenesmus, stool worse.
Hardness and distension.	Sil.	Hardness and distension of the region of the liver; throbbing ulcerative pan increased by contact and motion; formation of abscess.

Short symptom.	Remedy.	Indications.
Heaviness	Sepia.	Heaviness or sensation of a load in the abdomen, especially during motion.
Meteoric distension.	Phos. ac.	Meteoric distension of the abdomen, with rumbling and gurgling.
Pain around the navel.	Anac.	Pain around the navel as if a blunt plug were squeezed into the intestines.
Pain in the hepatic region.	Chel.	Pain in the hepatic region and across the umbilicus, as if the abdomen were constricted by a string.
Pains in the abdomen.	Diosc.	Pains in the abdomen suddenly shift, and appear in distant locality as fingers, toes, etc.
Pains particularly in abdomen.	Bell.	Pains particularly in abdomen and pelvis, come on suddenly continue violently a longer or shorter time, and disappear as suddenly as they came.
Pressure in abdomen.	Puls.	Pressure in abdomen and small of back, as if from a stone, with disposition of lower limbs to go to sleep when sitting; sometimes ineffectual desire for stools.
Pressure or sticking.	Berb.	Pressure or sticking in region of liver.

Short symptom.	Remedy.	Indications.
Sensation of great weakness.	Phos.	Sensation of great weakness or emptiness in abdomen.
Sensation of weakness.	Nux. v.	Sensation of weakness in the inguinal region, as if a hernia would become incarcerated.
Sense of coldness.	Ambra.	Sense of coldness in the abdomen.
Severe colicky pains.	Coloc.	Severe colicky pains; mostly around the navel; has to bend double, being worse in any other posture; with great restlessness and loud screaming on changing position; worse at intervals of five or ten minutes.
Soreness as if beaten.	Rhus. t.	Soreness as if beaten in the hypo-chondriac region, and still more in abdomen worse on the side on which he lies; worse when turning and worse when beginning to move.
Soreness of the bowels.	Apis.	Soreness of the bowels and abdominal walls, worse when pressing upon them, or sneezing.
Spasmodic movements.	Cupr. m.	Spasmodic movements of the abdominal muscles, cramps.
Swashing or gurgling.	Croton. t.	Swashing or gurgling in the intestines from water.

Short symptom.	Remedy.	Indications.
Tenderness of the abdomen.	Bell.	Tenderness of the abdomen is worse by the least jar even of the bed, or chair upon which she sits; she is obliged when walking to walk with the greatest care.
The bowels feel sore.	Ferr. m.	The bowels feel sore on touching them, as if bruised or weakened by cathartics.
The pains in the abdomen.	Diosc.	The pains in the abdomen suddenly shift, and appear in distant localities, as fingers, toes, etc.
Twisting, sharp cutting.	Diosc.	Twisting, sharp cutting pains, in the abdomen, better by straightening out; rumbling and passing of much flatus.
Uncomfortable distension.	China.	Uncomfortable distension of the abdomen; or sensation as though the abdomen were packed full; not in the least better by cructations.
Violent burning.	Ars. alb.	Violent burning pains with intolerable anguish.
Violent colic.	Plumb.	Violent colic, abdomen drawn in with sensation of a string from navel drawing through to back.

Short symptom.	Remedy.	Indications.
Weight; aching distress.	Ptelea.	Weight; aching distress in the hepatic region; dull pain; heaviness, worse lying on right side; turning to left causes a dragging sensation.
With every movement.	Ipec.	With every movement a cutting pain in the abdomen, constantly running from left to right.
Worse from lying down.	Merc. sol.	Worse from lying down on the right side, particularly the pain in the region of the liver, or bruised feeling of the intestines.

### Pointers in Leucorrhoea.

KALIBICHROM 3x.—Leucorrhoea yellow, and ropy.

CARBO VEG 4x.—*Leucorrhoea morning, acrid, excoriating the parts.*

STANNUM 6x.—Leucorrhoea with marked loss of strength, seeming to proceed from the chest.

CARBO ANIM. 4x.—Leucorrhoea watery, acrid burning, particularly when walking, turns linen yellow.

ALUMINA 3x.—Leucorrhoea profuse, transparent, acrid, in large quantities.



GRAPHITES.—Leucorrhoea very profuse, occurring in gushes, very excoriating.

THUJA 6x.—Leucorrhoea profuse mucus, apt to be fig warts on the face or genitals.

MAGNESIA MUR.—Leucorrhoea after every stool.

MERCURIUS SOL.—Leucorrhoea itching, burning, smarting, and corroding with sense of rawness in the vagina.

FERRUM.—Leucorrhoea like watery milk, smarting and corroding the parts.

HYDRASTIS.—*Leucorrhoea like the white of an egg after menstruation.*

PLATINA 6x.—Leucorrhoea albuminous, only in the daytime, with great sensitiveness.

CHAMOMILLA.—Leucorrhoea yellow, smarting, with burning in the vagina as if excoriated.

PHYSOSTIGMA 3x.—Leucorrhoea with great muscular prostration, constant inclination to sigh, worse about 4 p. m., *daily sighing aggravated when leucorrhoea was worse.*

PULSATILLA.—Leucorrhoea burning, milky, thin and acrid, *with swelling of the vulva, after the menses.*

SEPIA.—Leucorrhoea profuse mucus or like pus; very fetid. Acrid, before the menses violent colic and shuddering all over the body.

SARSAPARILLA.—Leucorrhoea with mental depression, scanty and acrid menses, unbearable smarting after micturition; *soreness of the inside of the thighs; itching, pimply eruptions*, mental depression produced by the suffering. (*Sars* 6x 30 or 200 as the case progresses).

TRILLIUM.—Leucorrhoea profuse, yellow.

KREOSOTE.—Leucorrhoea putrid, acrid, and corrosive.

SABINA.—Leucorrhoea yellowish, ichorous and fetid, with painful discharge of fetid blood every two weeks.

HAMAMELIS. 1x.—Leucorrhoea with much relaxation of the vaginal walls.

CAULOPHYLLUM. 3x.—Leucorrhoea of sanguineous mucus, with sensation as if the menses would come on. (Also *Sulphuric acid* 30).

MERCURIUS SOL.—Leucorrhoeal discharges of flocks of pus and mucus as large as hazel nuts.

NITRIC ACID.—Leucorrhoea of a syphilitic character. Flesh coloured, or greenish, which can be drawn out.

PHOSPHORIC ACID.—Leucorrhoea profuse with itching some days after the menses.

### POSITIVE INDICATIONS

#### Labour Pains.—

Pain absent ; os dilated, membranes protruding. "Gels"

The patient is anguish and sweaty ; Pain irregular ;  
with desire to be rubbed. "Nat-Sulph"

Pains are Paroxysmal and in back. "Sep"

Pain extends down back into gluteal muscles.

"Kali-Carb"

No freedom from suffering between Pains. "Chlorof"

Pains Cease, Convulsions begin. "Sec-C"

" " and all over body. "Gels"

" " from hoemorrhage. "China"

" " with complaining loquacity. "Coff"

Cramping Pains in abdomen, shooting down legs. "Vib"

- Pains are cutting which cross, left to right. "Ipec"  
 Cutting Pain in umbilical region, interfere with true  
 Pains. "Ipec"  
 One needle like darting Pain, shooting upward from  
 cervix. "Sep"  
 Pains make her desperate. "Aur-Met"  
 Desperate with Pains, desire to jump from window or  
 dash herself down. "Aur-Met"  
 Feels as if she would go distracted with Pains. "Coff"  
 Distressing Pains, can hardly bear them, wishes to get  
 away from herself. "Cham"  
 Pains so severe complains as if everything would come  
 out. "Sep"  
 Labour tedious, with aching throughout. "Act-rac"  
 Pains in small of back, ineffectual. "Coff"  
 Pains interrupted by hysterical spasms. "Mag-M"  
 Pains must keep her in constant motion, walks the  
 room weeping. "Lyco"  
 Pains cause Palpitation, fainting and suffocation.  
 "Puls"  
 Pains reach a certain Point, then cease. "Plat"  
 Due to Pain, wants to change position often. "Arnica"  
 Pains Pressing, urging, as during menses. "Graphi"  
 Pains Protracted. "Sec-Cor"  
 Pains in Sacrum to knees and ankles, then up to Sacrum.  
 "Phyto"  
 Pains only Periodic, Slight Pressure on sacrum.  
 "Bell"  
 Pains extend from sacrum into region of stomach,  
 Causing Pain and Vomiting. "Puls"  
 For Pains inclined to scold. "Cham"  
 Pains Passing off with a shiver, causing much distress.  
 "Caulo"  
 Pains spasmodic, exhausting, out of breath. "Stann"

Pains spasmodic, Causing urging to stool or to urination.  
 "Nux vom"

Violent spasmodic Pains with rigidity of muscles of the uterus, especially in first delivery, in women who have married late.  
 "Belladonna"

Spasmodically contracted Os, amniotic fluid gone.  
 "Bell"

Os widely dilated with Complete Atony, Patient drowsy and dull.  
 "Gels"

Pains and Constriction, feeble, insufficient, sad feelings and forebodings.  
 "Nat-mur"

Pains irregular, insufficient, atony, cervix flabby, os open, no Pains, bag of water bulging, Patient more and more drowsy, convulsions seem threatening.  
 "Gels"

Power of Contractility of the uterine muscles hindered by Sycotic Complications.  
 "Thuja"

With every constriction violent dyspnoea, seeming to neutralize labour Pains.  
 "Lobel-In"

Contractions interrupted by sensitiveness of vagina and external Parts.  
 "Plat"

Uterine inertia, Child's head is in the Opening of Pelvis, and the action of womb is insufficient for expulsion.  
 "Puls"

Inertia or the action of womb is insufficient for expulsion.  
 "Sec-Cor"

Passage and force normal but the Passage seems loose and open, no action.  
 "Sec-Cor"

## CANCER.

### Definite Homoeopathic Remedies.

There are numerous remedies in the homoeopathic Materia Medica that have made many permanent cures of cancer.

The selection of the remedy must be based entirely upon the totality of symptoms and NOT upon pathology.

Doctor Smalpage gives great credit to Condurango. With others the remedies are :

Thuja, which is indicated especially in cutaneous cancers.

Iodine, is complimentary to Thuja. These patients are debilitated, weak, and waste away rapidly inspite of good appetite ; they have hard glandular growths.

Kali-Bi, gastric cancers resulting from ulcers; ulcers with perpendicular borders ; thick, viscous and bloody discharges.

Arsenicum Album, prostration, burning pains, better by heat.

Phosphorus, Hepatic and pancreatic cancers; nocturnal agravations ; oral fetor.

Hekla Lava, osteosarcoma.

Bismuth, gastric carcinoma ; patient vomits great quantity of water, more than taken.

Cadmium Sulph, gastric ulcer ; anxious mind ; prostration, restlessness ; wants perfect quiet ; black vomiting ; vertigo ; bloody gums ; great thirst ; burning in stomach extending into oesophagus.

Certain remedies have an elective affinity for various parts of the body, such as :

Anus, condurango.

Breasts, asterias rubens, conium, carbo animalis, hydrastis, sempervivum tectorum, plumbum iodatum, thuja.

Caecum, Ornithogalum.

Eye, Condurango.

Face, thuja, cinnabaris.

Glands, Iodium, Calcareo fluorica, scrophularia nodosa.

Intestines, condurango, arsenicum album, carbo animalis, petroleum, sedum repens.

Lips, condurango.

Liver, cholesterinum, lycopodium, phosphorus, chelone.

Lymphatic glands, carbo animalis.

Neck, cistus canadensis, merc.

Pancreas, phosphorus.

Pylorus and duodenum, ornithogalum.

Pharynx, cistus canadensis.

Periosteum, Ruta, symphytum, phosphorus.

Oesophagus, condurango.

Stomach, carbo animalis, condurango, hydrastis, lycopodium, kali bi.

Sigmoid colon and rectum, Ruta, scrophularia nodosa, sempervivum tector.

Scrotum, fuligo ligni.

Skin, scrophularia nodosa, condurango, thuja, cinna-  
baris, Kali ars, petrol, radium bromide.

Tongue, kali cyanatum.

Testicles, aurum metallicum.

Uterus, aurum muriaticum, kreosotum, sepia, cinna-  
monum.

## INJURIES

Dr. P.L. Srivastava, M.D. (Homoeo.)

- I. *Injury*. — (a) *By lifting heavy weights*—Rhus Tox  
(in case when especially the dorsal

and Cervical Muscles are affected)  
*Failing Rhus*, give Calc. Nux v.,  
 Sulph. Arnica. Bry. Graph. Kalm.  
 Ruta, Sepia and Sil.

- (b) *When a prolapsus of the womb has been occasioned.*—Nux v., is almost always a specific remedy and should be given before Bell or Sepia.
- (c) *Ill Effects of Missing a step.*—Arn. Bry. Cicuta, Con. Puls. and Rhus.
- (d) *By a contusion.*—Arnica both externally and internally. (For contusion without concussion Con. Euph. Hyper. Led. Ruta., Sulph and Symp—) *With concussion*—Calend. Cicuta. Con. Hyper. Rhus. Spig, etc.
- (e) *Ecchymosis.*—Failing Arnica, resort to Ham, Lach, Led, Nux v., Rhus and Sulph.

## II. Bites

- (a) *Poisonous animals.*—In general Ars Bel. Caust. Lach. Ledum. Puls. Senega.
- (b) *Not of poisonous animals.*—Arn., Hep. Hyper., Ledum., Sulph. Acid.
- (c) *Human*—Lach.
- (d) *Mad Dog.*—Cedroc; Hydrophobin 200. "Pull a tooth and bleed in the mouth and direct patient to swallow some of the blood on the 3rd day after being bitten."

- (e) *Snake*.—1. Cedron $\theta$ ; Plantago $\theta$ .  
 2. Alcoholic liquor to intoxication.  
 3. Olive oil  $\frac{1}{2}$  oz. every  $\frac{1}{2}$  hour.  
 4. Tinct Iod.—6 drops—3 hours in water,  
 5. Spirit of Ammoniai—60 drops Hypodermically.

(f) *Scorpion*.—Echinacea $\theta$  (a most reliable remedy in Snake-bites, dog bites, stings of insects, injuries by poisonous thorn, fish bone, oyster and other shells. Externally cover the part affected with Ech $\theta$ —1 part and 3 parts of water. Internally it should be administered frequently in 10 drop doses every 15,30 or 60 minutes according to the urgency of the case. (In case of Snake-bite Tinct. Ech. with equal parts of boiled water may be injected hypodermically).

(g) *Spider*.—Indigo in strong solution apply.

(h) *Mosquito*.—Apis., Am. C. and Ledum. Apply Arnica or Ledum Tinct. or Lemon juice.

III. *Poison*.— (a) *Acids in general*.—Powdered Magnesia, (Soda or Chalk in warm water).



- (b) *Alkalies in general.*—Vinegar, Lemo-  
nade. (Need not induce Emesis).
- (c) *Vegetable Poisons.*—Camph.  $\theta$ —10  
to 30 drops on sugar.
- (d) *Arsenic.*—Lime water and milk  
equal parts.
- (e) *Blue Vitriol and other Soluble salts.*—  
Baking Soda—adult 5 grains dis-  
solved in water.
- (f) *Opium.*—*Nux vom.*—I drop 5 mts.  
Permanganate of Potash  $\frac{1}{4}$  grain  
for every grain taken.
- (g) *Nux vom.*—Tinct. Iod.—30 drops  
in a teaspoonful of whisky.
- (h) “*Death-door*” condition from poisoning  
or any cause!—Cocaine 1 x, 1 gr.,  
 $\frac{1}{4}$  hour. Hydrogen perox. 1 vol.  
10 drops in water every 15 mts.

IV. *Burns.* — Ars. Canth., Rhus and Urtica. “Milk-  
dressing externally,” “Oil of Pep-  
permint removes the pain at once”

*Powder burn.*—Into beaten white of Eggs,  
stir in flour. Cover the part affected  
with this.

*Inhalation of Steams.*—Apis first and then  
Kali Bich. Milk gargle. For slough,  
give Hep., Sil.

V. *Wounds.* — (a) *Cut-Wounds.*—Calend, Plumb, St-  
aph, Sil and Sulphur.

(b) *Gushot-Wounds.*—Arn., Hyper, Nit.

Acid ; Plumb., Puls., Ruta and Sulph.

(c) *Stab Wounds*.—Carb. veg., Cicuta, Con., Hep., Lach., Nit. Acid.; Sil.

(d) *Bleeding Wounds*.—Arn. ; Carb. veg., Chin., Lach., Phosph., Sulph. Acid.

(e) *Ulcerated Wounds*.—Borax., Cham., Graph., Hep., Lach., Merc., Nit. Acid., Puls., Rhus., Sulph.

(f) *Bone Wounds*.—Cal. ; Phos., Acon., Phyt., Puls., Sil.

### **COD-LIVER OIL APPLIED TO WOUNDS.**

W. Lohr (DEUT. MED. WOCH. through B. M. J.) has during the past three years treated several thousands of cases with cod-liver oil applied as a local dressing to wounds. He was prompted to do so by the successes achieved with cod-liver oil in children whose convalescence from infections had hitherto been protracted. In the treatment of wounds chemical disinfectants should be avoided as much as possible, as well as foreign bodies such as drains and strips of gauze. It is not clear how cod-liver oil acts locally ; but it is, like most other oils, practically sterile and when staphylococci, streptococci, and other germs are introduced into it, they are soon destroyed. As cod-liver oil is too fluid by itself, it is combined with other fatty substances in an ointment which is fairly firm at room temperature. This ointment is pasted in a thick layer over a wound, the discharge from which oozes out from under it. It tends to saturate the tissues with which it comes into contact and to promote the separation of living from dead tissues. This treatment is not indicated in acute inflammatory processes

but it is useful in recent wounds, when there is little or no infection, and also in chronic, sluggish conditions, such as varicose ulcers. Once the tissues have shown themselves capable of some degree of resistance to an infection, the additional stimulus given by cod-liver oil proves most useful. Burns and bed-sores also react satisfactorily to the treatment, which possesses the great advantage of being quite painless. In burns, the amount of cod-liver oil required is considerable, but this expense is more than repaid by the increased rate of recovery. While the author admits that the vitamins in cod-liver oil may be more or less responsible for its local therapeutic properties, he is inclined at the present stage to observe facts rather than to try to interpret them.

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### **THE SYMPTOMS OF VITAMIN B DEFICIENCY.**

Recent researches have made it increasingly clear that faulty diets are in a very large measure responsible for the ill-health of civilized communities. It is not always realized that the deficiency of a dietary factor may not be so extreme as to produce the syndrome of typical deficiency diseases like beri-beri, pellagra, rickets, etc. but may be sufficiently severe to result in the stunting of normal growth and in the increase of the susceptibility to various diseases. Some forms of beri-beri, for instance, do not appear to be directly related to the deficiency of vitamin B; nevertheless, a sufficiency of vitamin B in the diet would help to cure and prevent beri-beri.

### **CONSTIPATION.—**

There is need for a harmless food product without strong or irritating laxative properties that will aid in the natural elimination of waste. Many clinical and laboratory reports show that vitamin B meets these requirements. It has been

found exceptionally beneficial in those obstinate chronic cases that have not yielded to ordinary treatment. It was found that its administration not only resulted in greater frequency of evacuation, but also a measurable increase in the bulk.

#### GENERAL DEBILITY.—

One of the causes of general debility is lack of a sufficient quantity of the vitamin B in the diet. The first symptoms of lowered intake of this complex are loss of appetite and evidence of malnutrition, followed by general debility and lack of vitality. Gratifying results have been reported from the administration of vitamin B in these conditions. The almost immediate improvement of the appetite is followed by gradual gain in weight. The increased metabolism is accompanied by a feeling of greater vigour of both mind and body.

#### ARTHRITIS & RHEUMATOID CONDITIONS.—

We have reports from physicians of other cases of what are rather indefinitely named rheumatic pains, chronic rheumatism and arthritis—many of which showed marked improvement. In some cases of arthritis, intestinal stasis and putrefaction are important etiological factors, and this vitamin is valuable.

#### SKIN DISEASES.—

Lack of this vitamin also produces dermatitis and other skin diseases. It will usually be found that boils just starting will abort and one of the great advantages of its use is in the prevention of recurrence. The rapidity with which a group of boils in various stages of advancement will often dry up and disappear is astonishing.

Practical Notes.**TREATMENT OF PILES.**

The Homoeopathic practitioner is not infrequently called to see a patient with piles, and sometimes does not know what to do for pains. A local examination will generally show as the cause that the turgid veins have been pressed through the sphincter and have become strangulated by its contraction, assuming thence a bluish-red appearance. The patient is tormented by an intolerable burning. We should in such a case first of all endeavour to reduce the strangulation, which can be best effected by allowing the patient to bend forward, and while he slowly raises up, the fingers, moistened with oil, should exert a moderate pressure upon the knot, which will then disappear inside the sphincter. There must be no violent means used. After the strangulation has been reduced a cold clyster should be cautiously administered, then a cold sitz-bath and a cold ablution of the anus. Internally *Arsenicum* 3 should be given, a remedy which always has a brilliant effect. It should always be prescribed where there are burning pains, whether the knotted veins be inside or outside. *Arsenicum* is also useful as it prevents any gangrene of the strangulated parts. *When the knots are turgid with blood, and the attack is accompanied with violent colicky pains Belladonna 3 should in addition be given.* Inordinate itching of the knots calls for *Nux vom.* 3, also *Sulphur* 6. For checking any bleeding that may arise *Hamamelis* extract is unexcelled. About ten drops may be taken, every half hour or every hour, according to the severity of the case. The extract is said to cure mild cases even by itself, but I have not had any experience to substantiate this. After the application of cold water to the anus, *Hamamelis* cerate should be applied. We may also remark that the burning pains of internal piles are usually entirely

removed by a clyster to which twenty drops of the extract have been added. Mucous piles seldom show burning pains. But they cause a troublesome sensation of pressure. In such cases the alternate use of *Carbo vegetabilis* and *Sulphur* is advisable. When there are pronounced suppurative products in the stool, there must have been an inexcusable lack of attention. In the case more than in others the most careful cleanliness is called for. *Hepar sulph.* or *Mercurius* should be given in such a case. *Haemorrhoidal troubles in pregnant woman call for Carbo veg. 3; Belladonna in alternation with Arnica 3; Collinsonia may also be required.*

So far we have chiefly had in view acute cases. In the chronic stage as a rule the same remedies should be applied only the doses should be repeated at longer intervals. We would state in addition that in the constipation which almost, always attends this trouble, remedies like *Podophyllin 1 Plumbum* or *Opium* will generally be required; *Lycopodium* should also be added to the list of remedies on account of the liver which is apt to be affected at the same time. And in conclusion : There should be a careful attention to the mouth. *Haemorrhoidal patients according to the law of polarity usually suffer from carious teeth and a bad odour from the mouth.*

Many medicines are applicable according to the circumstances of cases in piles, and it is impossible to compress them in a short space. The medicines suggested are most prominent and they generally serve the useful purpose.

### **Positive Indications.**

*After Pains—.*

Immediately after expulsion of foetus.

"*Arnica-Montana.*"—Should be administered, on account of the strain on the general muscular system and the bruished condition of the general organs.

- Pains excited by nursing the babe. "Arnica-Mont."
- Pains quickly coming and going. "Bell."
- Pains forcing, as if the contents of the Pelvis would be forced through vulva. "Bell."
- Haemorrhage increased, with every Pain, which seems to her hot. "Bell."
- Pains excited by least motion and deep breath. "Bryo."
- Pains flying and Spasmodic across lower abdomen. "Cant."
- Pains distressing makes her furious, wants fresh air, flow dark clotted. "Chamo."
- Pains continous, with sensitiveness of the part and rheumatic aching throughout. "Cimicifuga-R"
- Pains undefined, distressing ; prevents sleep though very sleepy. "Coffea-C"
- Pains jerking, twitching too severe and too long lasting. "Gels."
- Pains Changeable, now better, then worse and makes her restless, wants fresh air. "Puls."
- Pains from Sacrum to pubes and extending from pubes to thigh. "Sabina."
- Pains followed by prolonged labour "Sec Cor."
- Pains shooting upward in vagina and are felt mostly in back with constant sensation of weight in anus. "Sep."
- Pains, a few days after labour, "Lil-T"
- Pains in distant parts from Uterus. "Carbo-veg."
- Pains extending down along genitocrural nerve. "Xan."
- Pains extend from right to left. "Con."
- Pains severe, shooting down the thighs. "Lac Can."
- Pains run upward and backward. "Gels."
- Pains are intestinal arather than uterine. "Cocculus in."
- Pains when they press upon the rectum or bladder causing ineffectual urging. "Nux-vom."

**PERSONAL EXPERIENCES IN BIOCHEMISTRY.***By*

Dr. P. L. Srivastava (M. D. Homoe.)

(1) Do not fail to administer Natrum Mur. when Ferrum Phos fails to give relief in cases of acute, dry, hacking cough.

(2) In almost all cases of Bronchitis, Ferrum Phos in alternation with Kali Mur. works wonder.

(3) When eruption has been retarded, alternate Kali Sulph. with Ferrum Phos to induce free perspiration.

(4) In cases of Cholera of severe symptoms involving grave issues, the following combination is of great use.

F. Phos, kali Phos and Mag. Phos.

(5) Urine escapes while coughing—Ferrum Phos.

(6) This year I had, had many cases of Croup and found to my disappointment that Ferrum Phos and Kali Mur sometimes failed to relieve croup cases and I sought refuge in Calcarea Phos and Calcarea Fluorica.

(7) For Erysipelas with or without vomiting of bile when skin is glistening and swelled, Natrum Sulph is a great relief.

Generally Ferrum Phos and Kali Mur. are all that needed.

(8) Depend upon Calc. Fluor. and Kali Phos as the chief remedies for falling of womb.

(9) Kali Sulph is calculated to promote perspiration and bring down temperature in almost all forms of fevers when there is a rise in the evening.

(10) Calcarea Sulph given in time aborts a gum boil and prevents suppuration.



(11) Calc. Fluor is useful for flooding of the womb because it tends to contract muscular tissues.

(12) For Miscarriage—Kali Phos. and Calc. Fluor.

(13) Pains of any description, attended with profuse Saliva or tears—Nat. Mur.

(14) Pains worse in evening and changing places. Kali-Sulph.

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### How to teach Physiology.

It is badly disappointing that nowhere in the Homoeopathic Schools and Colleges is the subject of physiology given the same attention as is its due. The students look upon it as a bugbear and seem so terror struck that they either read it irrelevantly and indifferently or give it up for good. The reason is not far to seek. The subject, as it stands, consist more of practical steps than of theoretical discussions. The lecturers do not evince the same zeal and enthusiasm in illustrating their lessons as is essentially necessary for their delivery. A great Educationist has once said, "Lesson-giving is an art. Presentation is a great thing but reception is still greater."

It is undoubtedly a matter of great concern to so plan our scheme of lectures that none may fail to arouse a lively interest and cheering curiosity for it is this curiosity that claims, considerable attention from the students at large. In case "Curiosity" is missing, interest too is missing. It is our bounden duty to maintain as much interest as possible throughout our lessons in order the pupils may have a better grasp of the subject. A teacher who stifles curiosity probably fails to arouse interest but he who does attempt to create curiosity is presumably far different from the first. Let me be clear here and tell you in right earnest that a teacher wishing to teach that "Air presses upwards" tells the class

the fact and then proceeds to illustrate it. Another commences by filling a tumbler with water, putting a piece of cardboard on the top and inverting the tumbler and cards. The children will be filled with wonder as to why the water does not run out and will speedily become interested in the lesson. Here lies the difference.

The first thing then we have to do is to have a certain amount of similarity between our present ideas and our past ideas in order that interest may be roused. A teacher must not expect his students to be interested in that of which they are wholly ignorant.

It is because of this great consequence of interest that this preliminary view has been presented and what is, so to say, true of this method of creating interest is true of all methods that are scientific and appear considerably to the general intelligence. It is why the soundness of the dictum, "right methods produce interest" is cognisable of all places and under all circumstances.

For fear I be accused of a long discussion in this connection, I wish to illustrate what I mean by a few lessons given below and hope they would not fail to benefit those for whom they are intended.

#### LESSON NO. (1)

- I. The Human Body—
  - (i) Requires food.
  - (ii) Requires to be kept clean.
  - (iii) Throws off waste.
  - (iv) Is preserved by use.
  - (v) Each part depends on the others.
- II. The Human Body requires three sorts of food—
  - A. Strength giving or carbonaceous food.
  - B. Flesh repairing or Nitrogenous food.
  - C. Health preserving or Mineral food.

### III. The Human Body throws off waste—

By the breath and perspiration, and by the aid of kidneys and liver—

### IV. The Human Body requires to be kept clean—

By the aid of air and water.

#### PROCEDURE.

While teaching these plain facts, let the steam-engine serve as an illustration.—Almost all students are supposed to have seen a steam-engine. Begin in this manner.—Our food is to us what the fuel is to the Engine. Let the class realise that neither the body nor the steam-engine can go on unless plenty of food or fuel is given. Without food we should die as the Engine does if the stoker forgets to feed it. The Engine wants coal, coke, oil and water as its food so we too want 3 sorts of food—

Similarly deal with the throwing off of the waste by appealing to their personal experience of the stokers shovelling out the clinkers, or fuel which has not been wholly burnt—

The fact that the human body requires to be kept clean is to be illustrated in much the same way by a reference to a dirty engine which wheezes and groans unless cleansed. Have it also realised that the engine falls to pieces if it is not used. The iron corrodes, the screw fits loose, the boiler becomes rusty and so on. Similar is the case with the mechanism of the human body.

#### LESSON NO. (2)

##### *The Lungs.*

Description :—

- (a) Position—in the chest box.
- (b) Number—two, right and left.

- (c) Colour—Yellowish red.
- (d) Quality—Soft, spongy, light and elastic—
- (e) Substance—Air-tubes and blood-vessel mainly—function—Expand and take in oxygen.
- (2) Contract and give out Carbonic Acid gas and water vapour—

### PROCEDURE.

Appeal to the common experience that if men have to dive in water for long, they have to come out to breathe (organs of Breathing) elicit the position by referring to the anatomical chart, show the class the lung of a sheep and tell them that they are like those of human beings. Elicit the colour.

By means of suitable experiments with a piece of sponge, water and football bladder elicit qualities—Dissect a lung and impress the necessities.

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### OPHTHALMIC THERAPEUTICS: GLEANINGS FROM ALLEN AND NORTON

Alumen first recommended by Dr. Liebold, has been employed with great benefit in trachoma, by dusting the crude powder upon the inner surface of the lids, allowing it to remain about a minute, more or less, and then washing it off with pure water. At the same time lower preparations are given internally.

Several cases of trachoma with and without pannus have been greatly benefited, and there is probably no remedy in the materia medica oftener adapted to this condition than Aurum.

Cannabis Sat, has cured several cases of opacities of the cornea particularly when occurring without any previous active inflammation.

In inflammation of the conjunctive and cornea even in ulceration of the latter, if caused from blow or burn, *Hamelis* has been employed with excellent success. Marked results have been obtained from its use in hastening the absorption of hemorrhages in the anterior chamber.

For the absorption of pus in the anterior chamber there is no better remedy than *Hepar*.

*Mezereum* has relieved many cases of ciliary neuralgia after operation upon the eye.

H. Goullon relieved a case from irritating flow of tears after traumatic injury of the eye.

*Ruta Gray*—One of the most frequently indicated remedies in asthenopia.

*Senega* is of great importance in promoting the absorption of lens fragments after cataract operations or any other cause.

For pterygium in particular, *Zincum* is a valuable remedy, as several well marked cases have been cured.

*Silicea* has removed opacity of the cornea, resulting from keratitis after small-pox.

The cases of so-called amaurosis, are many in which the sight has been restored by *Phosphorus*, and even in the genuine amaurosis, "where the patient sees nothing and the doctor also nothing," much has been gained by its use.

Horrichtu, in *A.H.Z.*, reports two cases of *Morbus Basedowii*, characterized by exophthalmus, enlargement of the thyroid gland and palpitation of the heart, causing shortness of breath on the least exertion, which were permanently relieved by *Natrum Mur*.

*Mag. Carb.*—Cases of cataract in which the diagnosis seems to have been very clear, are reported cured by several authors.

Several cases of hemeralopia have been cured by *Hyoscyamus*.

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**HOMOEOPATHY.**

By

Dr. P.L. Srivastava.

1. In Nature do all things Exist  
Good and Bad are wisely mixt  
Nature's Book is open to all  
Sift everything at Duty's Call;
2. Till things we find buried deep  
For men in world to use and keep  
And truth revealed in light best  
For mental Ease and bodily rest.
3. Boasts of Cure when found in vain  
Allopathy brought an utter disdain  
Hahnemann found the law of Cure  
That never fails, is always sure.
4. The old school had never dreamt  
To find the place disease is pent  
Local Salve for itch they said  
For Eczema of the scalp or head.
5. Was all the Doctors wanted best  
No use was there of solid test  
Alas ! the vital force, for them, was right  
They found the part diseased at sight.
6. But Experience sad of ages past  
Present to sense a vivid contrast  
And lo ! their boast has proven hollow  
On seeing pills for men to swallow.
7. With deal of skill, full of learning  
Famous for their fine discerning  
Doubtless bowed to well confess  
That they should vital force redress.
8. The flag, they waved, alas ! hauled down  
In distant parts of every town  
Finer parts in them stirred  
At sincere Hahnemann's right word.

9. The tempest that had gathered round  
 Has at last been but unsound  
 Peace now prevails for rigid storm  
 And what is true has truthful charm.
- 

### THE SPIRITUAL NATURE OF LIFE.

By

*Dr. P. L. Srivastava.*

“Man, a creature of two-fold nature, body and soul, should have both parts of that nature engaged in any matter in which he is concerned. It is idol-worship to substitute the form for the spirit.”—*Arthur Helps.*

O, if you will your ear incline  
 To hear some humble words of mine,  
 The facts of life I would expose  
 The mysteries real I would disclose.  
 Some take of life material view  
 Some give of life spiritual clue.  
 Different theories they expound  
 Principles varied they propound;  
 But those of sane and philosophic view  
 Reveal to us their version true.  
 Two-fold nature God did plan.  
 Soul and body make the man.  
 The old school did think it ill  
 To have in view the Nature's will ;  
 Material doses they prescribe  
 To ills material cause ascribe.  
 Alas ! they failed through mind's eye  
 Dynamic causes did not try.  
 Cause of Haemorrhage bood excess  
 They on us this theory press.

Cupping is their pet resort  
 Leeches for them changes wrought.  
 Let me quote an instance here  
 To make it known without fear,

A person sick, a letter sent  
 To friend who lived in part distant,  
 The friend, alas ! was taken ill  
 In him was found contagious thrill.

Now, tell me, Sir, material trace  
 In fluids did the friend Embrace ?  
 What would you say if sudden joy  
 A serious diarrhoea set in boy ?

I think the doctors in despair  
 Would soon their painful woe declare;  
 And frankly say that you are right  
 And right is might, not might is right.

Near that day when you would see  
 To Simili cure they all agree;  
 And they would say that even worms  
 Are not to us material terms;  
 Every worm with Psora found  
 Be it thread or tape or round.  
 Smallest pills they take for fun  
 But they should learn the wonders done.

Their wild attacks we tried for long  
 And lent our ears to treacherous song,  
 Now is the time for us to stand  
 And offer duel hand to hand.

And we should say with voice one  
 Deserving glory we have won.



Warriors ! Why, you feel oppresst  
 Why you look so much distresst,  
 Come, let us have "Similia Cure"  
 Defensive weapon, honest, pure.

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**"HOMOEOPATHIC PHILOSOPHY"—A  
 DIALOGUE.**

BY

*Dr. P. L. Srivastava.*

Rashid—How is it, Mr. Karim, that last Sunday you prescribed Psorinum 30 internally for the boy that complained of Scabies?

Karim—What makes you feel astonished at my procedure ? Please tell me what *you* would do in such like cases.

Rashid—I always prescribe salves and ointments for local application, for that is a skin disease and that is what the Allopaths generally do. I wonder why you have given medicine internally when it requires to be treated externally.

Karim—I see what you mean. You, Allopaths, mistake the unreal for the real, the outer for the inner, the circumference for the centre. You are still far behind the reality and seem to be involved in total darkness. To us the use of local applications for an internal derangement is the highest order of medical profanity.

Rashid—I do not understand you. I should, therefore, request you to be more definite and clear in your statement.

Karim—Very well. Listen ! The Allopaths seem inclined to think that it is one particular part or organ that is diseased. To be clear, they are under the impression

that one single part constitutes what we call the sick, whereas, the truth is otherwise.

Rashid—Who is it that is sick ?

Karim—The Homoeopath, when he speaks of the sick, knows who it is that is sick, whereas the Allopath does not know. The latter thinks that the house, which the man lives in, expresses all there is of sickness, in other words, the tissue changes, which are only the results of the disease are all that there is of the sick man.

It is a man that is sick and, to be restored to health, not his body not the tissues. For an eruption on the skin we would use local means to stimulate the local functions of the skin and make it heal, and believing the eruption had no cause behind it, we would conscientiously think we had cured the patient. But this is the *reductio ad absurdum* for nothing exists without a cause. The organs are not the man. The man is prior to the organs.

Rashid—Your philosophy appears all right, but suppose a man has his finger torn, how will you set about repairing it ?

Karim—If a man is injured from the external, e.g., if he has his finger torn, it will soon be repaired; the order which is in the economy from centre to circumference will repair every wrong that is on the surface caused by external violence. But you must beware that injuries are external violence, and diseases are internal. *All true diseases of the economy flow from the centre to circumference. All miasms are true diseases.*

Rashid—Your philosophy seems to be working well in theory but how are we to effect speedy changes without local applications to satisfy our patients ?

Karim—When you do a thing conscientiously, it matters, very little whether the changes are speedy or slow.

You must mind the reality. The death of the patient is nothing in comparison with violation of the law on the part of the doctor. The doctor who violates the law violates the conscience and its death is worse than the death of the patient.

Rashid—I am very thankful to you for all you have told me and I wish you to throw more light on Homoeopathic Philosophy so as to keep me out of total darkness.

Karim—Very well. Time permitting, I shall see you tomorrow; and now I bid you good-bye.

Rashid—I hope you are at leisure now.

Karim—Yes, this is my period of entire rest and I am aware of the promise I held out to you the other day in connection with “more light” on Homoeopathic philosophy.

Rashid—Quite so, you are a perfect gentleman and I believe you would please permit me to continue the thread of my queries as before.

Karim—By all means. It has always been a means of gratification to me to be able to answer the queries of those who are inquisitive enough to learn something new.

Rashid—The other day we were talking about the local applications and the order which is in the human economy—From Centre to Circumference—Will you please explain me then as to how you proceed to establish that order in a sick human being.

Karim—The establishment of order in a sick human being means the restoration of health and not the removing of symptoms which has not in view a human being as a whole. Removing the constipation, the white swelling of the knee or even the removal of a group of symptoms does not imply the restoration to health of the whole economy of man. The perfection of a cure consists in its being *prompt, mild and permanent*. The direction of old fashioned medicine is

like pulling a cat up a hill by the tail, where-as the treatment that is mild, gentle and permanent flows with the stream, scarcely producing a ripple. It adjusts the internal disorder and the outermost of man returns to order. Everything becomes orderly from the interior, which is to be turned into order first and the exterior last.

The first of man is his *voluntary* and the second of man is his *understanding*; the last of man is *outermost* from centre to circumference which means from above downwards, from within outwards, from more important to less important organs, from the head to the hands and feet.

Hence the duty of a physician is to turn the internal of man into order according to the Homoeopathic law of cure.

Rashid—The Explanations you have offered are really very delightful and reasonable. Now let me know that Homoeopathic law of cure you talked of just now.

Karim—The Homoeo. Cure of the vital force deranged by natural diseases is accomplished by the administration of a medicinal agent selected on account of an accurate similarity of symptoms (*Similia Similibus Curantur.*)

The cure is accomplished by a some-what *stronger, similar artificial* morbid affection brought into contact with, and as it were, pushed into the place of *weaker, simila, natural*, morbid irritation, against which the instinctive vital force, now merely medicinally diseased, is then compelled to direct an increased amount of energy, but on account of the shorter duration of the action of the medicinal agent that now morbidly affects it, the vital force soon overcomes this, and as it was in the first instance relieved from the natural morbid affection, so it is now at last freed from the substituted artificial one and hence is enabled again to carry on healthily the vital operations of the organism,

Rashid—Your process of restoring to health seems intelligent but I do not quite see what goes amiss with the physiological method of prescribing.

Karim—You prescribe laxatives for constipation, astringents for diarrhoea etc., on the basis of physiological causes, which admits of no common sense.

The more you dwell upon diagnostic symptoms, the more you will becloud the ideas entering the mind towards a prescription.

In Homoeopathy diagnosis cuts very little figure in the treatment, but all the ultimates in the case must be described by name. We want the use of adjectives, the descriptive power to interpret the nature's language.

When you prescribe physiologically, you do not realise that there is no disease of which the cause is known to man by the eye or by the microscope. Causes are infinitely too fine to be observed by any instrument of precision. They are so immaterial that they correspond to and operate upon the interior nature of man, and they are ultimated in the body in the form of tissue changes that are recognised by the Eye.

Rashid—But there are many diseases, say, indigestion due to over-eating which brings about vomiting and the cause whereof is perceptible.

Karim—Of course when a man disorders his stomach and has an attack of vomiting, he has suffered merely from an indisposition. Such conditions from internal causes are not miasms. The pure diseases are those that flow from the innermost to the outermost

Rashid—Can you illustrate your statement by an example ?

Karim—Yes, the small-pox crust can be swallowed and

digested and very little trouble comes from it but the inhalation of the atmosphere that contains the aura of small-pox upon a plane corresponding to the susceptibility of the individual will bring him down with a disease having a definite period of progress and decline showing that the very foundation of the man's nature has been struck.

Rashid—I hope you would excuse me for questions after questions. I am very solicitous to know all about what you do and how you do.

Karim—Yes, you may go on. I have no hesitation to render you any service I can.

Rashid—God be praised for your generosity of feelings. Now grant to know something of the susceptibility of patients.

Karim—The constitutions of certain persons are easily affected by certain substances while those substances will not affect others to the same extent. This peculiar quality of the constitution is termed susceptibility. We medically use this term in the same sense as idiosyncrasy which also implies the same. For instance a man of strong nerve fibres would scream at the sight of a lizard no reason can be given for such an abnormal excitement, no amount of argument can make him get over it.

Rashid—How is susceptibility supposed to be important from the Homoeo. point of view ?

Karim—It is in keeping with susceptibility that the potency of the medicines must be regulated.

Rashid—Can you tell me where to use the higher potencies and where the lower ?

The more the vital force is susceptible, the higher should be the potency and the smaller should be the dose.

Experience shows that while the majority of cases both acute and chronic, are cured more speedily by the higher

than by the lower potencies, yet in some cases the converse is observed. No explanation of this difference has been discovered. It is always safe to begin with a high potency. Say the 200th and then to try a higher or a lower potency, according to the requisites of the case. If the symptoms yield to the potency chosen, this is the right potency but if aggravation takes place, we want a higher potency than that chosen, whereas in cases where no impression is made, a repetition of the same or a lower potency is required. When the patient is hypersensitive, do not use C.M. but 200 or 30.

Rashid.—Should there be more than one remedy seemingly suited to the case how are we to prescribe them ?

Karim.—(a) The aim must ever be to find the most similar of any medicines proved, and to recognise that there is one most similar of all—There are many who prescribe medicines in alternation but it is to be remembered that such a practice does not advance accurate and definite knowledge of drug action (b) one remedy interferes with the action of the other (c) the totality of symptoms forming the basis of every prescription can not be found under more than one remedy.

Rashid.—What symptoms take precedence in the selection of a remedy ?

Karim.—The mental symptoms and those appearing last take precedence in the selection of a remedy and in determining improvement.

Rashid.—How are we to conduct the selection of remedies ?

Karim.—The Homoeo. physician must individualize, he must discriminate. Take for instance the two remedies *Secale* and *Ars*; they are both Chilly, but the patient wants all the Covers off and wants cold air in *Secale* and he wants all things hot in *Ars*. The *Ars*. patient wants to be wrap-

ped up warmly even in the month of July wants hot food and hot drinks.

The two remedies thus separate at once; they are wholly dissimilar as to the general state while wholly similar as to the particulars. Without the generals of a case no man can practise Homoeopathy.

Rashid.—What are these particulars and generals ?

Karim.—You may have plenty of symptoms but nothing characteristic. Remember you have not taken your case properly. The things that characterize are things to make you hesitate, to make you meditate. It would be strange to have measles without fever—That is peculiar. Absence of thirst in fevers, is rare, uncommon, peculiar and striking.

All the things that are predicated of the patient himself are things that are general, things that are predicated of any given organ are particular. When the patient says, "I am thirsty" it is whole economy that craves water.

The things of which he says, "I feel" are to a great extent generals.

*Things that modify all the parts of the organism are those that relate to the general state.*

There may be a lot of particulars that may appear to contra-indicate, but they can not; for nothing in particulars can contra-indicate general.

"Aggravation from heat" will throw out *Ars.* from consideration in any case.

Rashid.—What are we to do in case we select the best remedy which works well but old symptoms reappear ?

Karim.—This indicates that medicine must be let alone. If old symptoms come back to stay, repetition is necessary.

Rashid.—How is "repetition" to be regulated ?



Karim—There is a fight between the disease force on one side and the perverted vital force roused by the drug action on the other. When the latter proves stronger, there is amelioration of the symptoms of the disease but subsequently the disease may prove stronger and get the upper hand again for some reason or other, showing aggravation of its own symptoms, when a repetition of the drug is needed.

Or the vital excitement caused by the first dose of a drug force may wear off and the dose be insufficient to maintain the resisting power so as to completely annihilate the disease force. Here also is repetition needed. The time for repetition is regulated by the rate at which the disease runs its course.

Rashid—I am very grateful to you for all you have told me but you know there is a *last* to everything and I too am no exception—My last question is to ascertain as to how to examine a patient who presents himself for treatment.

Karim (1) You can substitute terms of expression so long as you do not change the idea *g.e.* when a woman speaks of her menstrual period as “monthlies” the more suitable medical term is menses.

2. Question the patient, then the friends and observe for yourself if you do not obtain enough to prescribe on, go back to particulars.

3. Questions giving a choice of answers are defective.

4. Have no reliance on diagnostic symptoms.

5. What seems to the patient to be of no value is very often characteristic of the disease.

6. Use a keynote to examine the remedy to see if it has all the other symptoms that the patient has.

7. Be careful of the exaggeration of symptoms by sensitive people.

8. Always prescribe for the totality of symptoms.

9. Keep it in mind that it is wholly indifferent whether anything similar to epidemic cases existed before in the world or not, under any name.

Rashid—God bless you, Mr. Karim !

You have done more than a yeoman's service. I will do my best to make it a point to learn Homoeopathic materia medica as well—I hope you won't mind this encroachment on your valuable time. Thousand thanks for the trouble you have taken. Now let us have an affectionate farewell !

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### CLINICAL CASES.

By

Dr. P. L. Srivastava, M. D. (Homoeo.)

Hardoi—Oudh.

I. *Rai Saheb Th. Bhabhuti Singh Saheb's son* (15 days old—new born) of *Bhajjapurwa, Distt. Hardoi (Oudh)*—

The first information communicated to me as regards the convulsive fits of the above infant was through a friend of Rai Saheb who sought for medical advice and asked me to do my best to help it out of distress. Judging the things in the light of my knowledge as best as I could, I reasoned out that they were probably due to indigestion, and it was a warning that the quality of the food should be looked to. I administered *Nux vom.* 30 in a few doses, and the next day I was told it had done no good. I then personally visited the infant at its house and watched at the bed-side very closely the course the convulsions took. Truly speaking, the scene witnessed was a scene of horror. I appealed to my experience and decided after a due consideration to prescribe *Mag*

phos. 30 in repeated doses. This prescription as it well covered up the entire symptomatology of the case went a long way to overcome the disease, but the eradication thereof was not still in sight. I adhered to my diagnosis, and thank God, succeeded to remove them outright by the administration of the same in the 200th. and 1000th. potency. Of course the above was interpolated with a few doses of Calc phos 30 and 200. I should not forget to mention that Rai Saheb's wife too was medicated from time to time during the course of treatment to avert any further complications due to errors of diet.

Here it should be remembered that a few days after birth, an infant is apt to suffer from slight convulsive movements, to which nurses give the name of "inward fits" or "nine-day fits."

I have come to learn that this success of homoeopathy has been too much for an allopath who did not fail to remark—"such diseases there are several with regard to infants but they come and go of their own accord, no credit is due to treatment." Alas, the allopaths have yet to learn a great deal before they venture to dream of such undertakings. The Homoeopathic science is full of such wonders and we owe to it an immense debt of gratitude.

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II. *Another case of convulsions.*—Daughter of B. Birj Narain Saheb, Head Clerk, Executive Engineer's office—9th Sarda Division, Lucknow (formerly at Hardoi)—10 years old.

She was a student of the Arya Kanniya Pathshala, Hardoi. The convulsions in her case were attributed to a mechanical injury. At first she was placed under an allopath who advised her immediate removal to the Medical College, Lucknow, but as the fits were an occurrence of mi-

minutes after minutes, removal was deemed impossible. At last the father asked for my assistance. The study of the case at the bedside required *Cicuta virosa*. I administered the same in a progressive course of potencies, higher and higher at reasonable intervals, and the case was much straightened. Finally *Ledum pal.*—200 and 1000 brought her round. She is now quite hale and hearty.

### III. "*Merc Cor*" in *Leucorrhoea*.—

A gentleman complained of occasional pain and burning in tibia and long bones in the case of his wife and said the pain was worse on motion, touch and at night. *Mezereum* 30 and 200 made her all right. The same lady was afterwards said to have been suffering from *Leucorrhoea*. This had nothing to do with the *Mezereum* prescription for it was long after the complaint of *leucorrhoea* was made. It was reported that the discharges were thin and watery and occurred mostly at night. Questions were then made to the gentleman for individualisation and at length *Merc. Cor.* was found to come up to the points. It was given in the 30th. potency and the case was discharged well after a few days' treatment. Be it remembered that there are several remedies which have thin and watery discharges and which are aggravated at night.—*Ambra.*, *Merc.*, *Caust.* and *Nit. acid*—but the right selection of the remedy is the main point.

### Infantile Treatment.

By

Dr. P. L. Srivastava.

Those who have all along been busy in the practical field of medicine will have realised that the treatment of infants is not an easy affair to tackle with. Their treatment

presents a world of difficulties even to the best of us and unless our theoretical experience is supplemented by practical knowledge, we are apt to go the wrong way. In treating them, it is our bounden duty to ascertain the anatomical seat of trouble at first. We should try to interpret as physicians, in the light of our own knowledge what thing there is that demands the earliest attention. To me as to all others the study of the countenance wrinkles, lines, colour, expression and the tongue will lend a helping hand in diagnosing and ascertaining the first and the foremost of the afflictions which are upsetting the case and calmness of the child.

It will pay us to make a note of the wrinkles on forehead that tend to point to the brain difficulties, wrinkles between forehead and upper lip that insinuate chest troubles, those about the chin that give a clue to abdominal complaints.

In case wrinkles on forehead are observed we should give Cham., Hell., Lyco., Rheum Rhus., Sepia and Stram. If knitting the brows be apparent, Rheum. and Viola-od will stand us in stead. But if there be wrinkles on the face and lips Calc., Hell., Lyco., Stram., Ammon., carb. are of great importance.

Remember that blueness of the nose points to Hydrocyanic Acid, paleness around the nose to Cina., fan like motion of Alae nasi to Lyco, an aged expression to Hydrac. Acid and anxious expression to Aeth., Bell. and Cuprum.

If the child manifests pain on being moved or touched we may safely say that the pain is of the bruised variety and Arnica is needed.

Pain only on voluntary motion will lead us to suspect rheumatic pains and calls our attention to Bry.

The peculiar cries of children are also noteworthy.

Sharp, shrill, single cry—Apis. Moaning—Acon., Bell., Hell. Groaning—Mellifolium. Whinnying—Apis.

Hoarse Metallic—Bell., Brom., Sound of Croup—  
Hepar., Spong.

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### THE NUX VOMICA PATIENT

His mind is defective, his thought travels slow.  
 He makes use of words that are wrong, just to show  
 That his memory is rapidly failing.  
 He's irritable, cross, ceases not railing  
 At other men's actions, looks, and behavior.  
 There's nothing that suits him, not even his Savior.  
 He is proud, malicious and zealous inclined.  
 He is wild with his passions, they are all in his mind.  
 The sweet milk of kindness in him becomes sour.  
 He never is known to be happy an hour.  
 His appetite fails him, he feels he will choke  
 On a morsel of food or the cream of a joke.  
 Eructations, of passions as well as of gas,  
 Are as common asunder in a medical class.  
 His forehead is tensive, as if it were pressed,  
 With tightness and roughness and rawness of chest.  
 He's troubled with headache in center of brain,  
 And feels the skull splitting asunder with pain.  
 His scalp becomes sensitive to touch or the wind.  
 Like *Belladonna*, but differing in kind.  
 The latter is sore, the hair causing pain,  
 Because of severe congestion of brain;  
 While the former feels bruised from spinal reflex,  
 With eyes that are painless and full of red specks.  
 His smell is over-sensitive, he is likely to faint  
 From odors of brimstone or limburger taint.

There is acrid discharge and obstruction of nose,  
 Which he always is trying in vain to uncloze.  
 His face is earthy, or sickly, or blue.  
 Chlorotic or red, or distressed it is true,  
 And his forehead still pains him, likewise his cheek,  
 With twitching of muscles that cause him to shriek.  
 His tongue you will find, like a rich man's yard,  
 Is clean on the front, while behind it looks hard;  
 It is dry, heavy, stiff, with difficult speech,  
 Not suited to ladies or he that would preach.  
 His breath is offensive, so is his taste;  
 Because he's been living and eating in haste.  
 In his throat a sensation of swelling or lumps  
 With stitches to ears, as felt in the mumps,  
 From catarrh in the throat and spasm of nerve,  
 That under the arch of aorta does curve.  
 He frequently finds when a "passage" he'd seek,  
 That the spirit is willing, but the flesh is too weak;  
 And then when a stool he's expecting to find,  
 He's surprised to discover there's nothing but wind.  
 He frequently speaks of the "piles" he has now.  
 Whose presence is proof of his troubles,  
 Since his wash woman asks him how he got hurt,  
 For she discovered the blood on his shirt.  
 There's pain in the back in the morning at four,  
 In the dorsum, I think as a little bit lower.  
 When he turns in the bed, so now it would seem,  
 Dull pains or stitches in back make him scream  
 There's spinal sclerosis because of the use  
 Of whisky, drugs, spices, or sexual abuse.  
 And this is the reason (I'll give you a tip)  
 For pains that go wandering from toes into hip,  
 And for trembling and stiffness of legs and of feet,

When he is attempting to walk on the street.  
 There are painful cramps in the calves or the toes.  
 From spinal reflexes, so far as he knows,  
 And these are soon followed, as cars in a train,  
 By shocks in some part of the body or brain,  
 Convulsions of muscles, tetanic, severe,  
 Produce great contortion with mind that is clear.  
 He's sleepy and stupid and drowsy all day,  
 But when he retires, sleep flies away.  
 It often returns quite late in the night,  
 With visions and night-mares that fill him with fright.  
 At three in the morning we frequently find  
 Him awake from the thoughts that crowd on his mind.  
 There's spasm of bladder from sexual excess,  
 Or tarrying long at his whisky, I guess.  
 He passes his urine by drop and by drop,  
 And then when he wants to he can't make it stop.  
 At night when asleep, he is dreaming, may be  
 Of seeking a place where no one can see,  
 Or other dreams, may be have run in his head,  
 That wake him to find he is wetting the bed.  
 Painful erections that arouse him from sleep,  
 Or else an emission may cause him to weep,  
 Because of a feeling that he will sustain  
 A loss of his power, if not of his brain,  
 These symptoms are caused by disease of the cord,  
 And so is the sensitive skin in a word.  
 There's itching, burning, and ecchymosed patches,  
 That still, remain stinging after he scratches.

#### NUX VOMICA—AN ACROSTIC.

Nerves on an edge from mental strain,  
 Under coffee, tobacco, or alcohol's rule,  
 'Xceeding constipation pain.



Vast urging but *no* stool.  
 Oft wakes with headache and lassitude great ;  
 Much pain in the sensitive haemorrhoids too ;  
 Is depressed, dyspeptic and dissipated.  
 Catches cold from *dry wind*, has hernia too,  
 Aggravated by *food* or *drug*, strong and *crude*.

A. L. MONROE.

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### HOW TO REGULATE ONE'S HEALTH

By Dr. P.L. Srivastava, H.M.D.; D.B.M., Lucknow.

There are many ways wherein an individual can preserve his health to the great advantage of his own family as well as in his own interest. Good water, wholesome food, cleanliness of surroundings, proper amount of exercise and sleep and many other things are the questions connected with the personal care of health. It has been well observed by the Scientists and medical authorities that perfect obedience to laws of Nature is as important to the preservation of health as water and air to human beings.

It is as certain as anything that the quality and the quantity of food that we take every day of our life has mostly to be regulated at first, for if there goes anything amiss with this essential in the composition of health, our stomach, the laboratory of the body has to feel its effects and the system as a whole suffers in consequence.

It is, therefore, that I first proceed with the question of food supply to human beings.

We know that our food is made up of exactly the same chemical compounds as our body. Our bodies are made up of the four chief elements—Oxygen, Hydrogen, Carbon and Nitrogen and Phosphorus, Sulphur, Chlorine, Fluorine, Silicon, Calcium, Potassium Sodium, Magnesium,

Iron, Manganese and Copper, the last seven of which are all metals and iron from amongst them is found everywhere in the body and is necessary for the colouring matter of the blood.

In order to be able to understand how food is the source of nourishment, we should remember that in our bodies Oxygen and Hydrogen form the water which really constitutes two-thirds of our bodily matter.

Carbon unites with Oxygen and burns, and Nitrogen combines with other things to form a bone, blood, muscle and flesh and it is according to these two that our food is divided into two classes — Carbonaceous and Nitrogenous. There is also a third class called the Mineral Salts.

The following is a list of the chief foods—Nitrogenous, Carbonaceous and mixed—which repair the waste of the body continually going on.

<i>Nitrogenous.</i>	<i>Carbonaceous.</i>
Meat	Butter & Ghce
Barley	Sugar
Fish	Suet
Oatmeal	Treacle
Fowls etc.	Oil
Lentils	Fat
Eggs	Starch.
Maize	
Milk	
Rye	
Cheese	
Millet	

*Mixed food—*

Bread, Flour (of all kinds), Rice, *Chapatis*.

Of these milk gives all we want to make us grow strong and well-developed.

It is advisable to resort to Carbonaceous food much more than to Nitrogenous, for we want a great deal more Carbon in our bodies to burn than Nitrogen to supply the waste in muscles and tissues. However, this does not mean that indulgence in Carbonaceous food is all that is necessary for our organs and muscles. Anything to excess is injurious and this is applicable to such foods equally as it is to anything else. The best thing to do is to avoid extremes for too much of Carbon means a deal of fat as too much Nitrogen implies free supply of blood and consequent Congestion and disease.

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### THE OPPOSITE CHARACTERISTIC SYMPTOMS AND THEIR REMEDIES

- (1) (a) Desire to be carried—Cham.  
(b) Cannot bear to be touched or looked at—Ant. c.,  
Ant. T., Arg. N.
- (2) (a) Desire for fruit—Ant. T., China, Cist., Cub.,  
Mag. c., Verat.  
(b) Aversion to fruit—Bar. c.
- (3) (a) Backache > by an emission—Zinc. M.  
(b) Backache < by an emission—Cobalt.
- 4) (a) Aversion to light—Bryo., Camph., Coca.  
(b) Desire for light—Stram.
- (5) (a) Eructations give temporary relief—Carbo. v.  
(b) Eructations give no relief—China.
- (6) (a) Fidgety feet—Zinc. M.  
(b) Fidgety hands—Kali Brom.
- (7) (a) Croup with dyspnoea < by lying down—Aral.,  
Lachesis.  
(b) Croup with dyspnoea > by lying down—Kali Bi.
- (8) (a) Saliva, sweetish—Cupr., Digit.  
(b) Saliva, bitter and salt—Kali Bi.

- (9) (a) Vertigo better when lying down—*Apis*.  
 (b) Vertigo worse when lying down—*Rhus T*.
- (10) (a) Vertigo while walking—*Nat. M.*, *Nux. V.*, *Phos.*,  
*Puls*.  
 (b) Vertigo while lying—*Con.M.*
- (11) (a) Desire for egg—*Calc. c*.  
 (b) Aversion to eggs—*Ferr*.
- (12) (a) Desires to be alone—*Bell.*, *Caps.*, *Coca*, *Igna.*,  
*Nux V*.  
 (b) Great aversion to being alone—*Ars.*, *Bism.*, *Kali*  
*C.*, *Lil. T.*, *Lyc.*, *Stram.*, *Verat A*.
- (13) (a) Hard goitre in light haired persons—*Brom*.  
 (b) Hard goitre in dark haired persons—*Iod*.
- (14) (a) Flatus, cold—*Con*.  
 (b) Flatus, hot—*Coccul.*, *Staph*.
- (15) (a) Complaints appear in upper right and lower left  
 side—*Ambr.*, *Brom.*, *Med.*, *Phos.*, *Sul. Ac*.  
 (b) Complaints appear in upper left and lower right  
 side—*Agar. M.*, *Ant. T.*, *Stram*.

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### HEALTH ALPHABET.

A—s soon as you are up shake blanket and sheet;  
 B—etter be without shoes than sit with wet feet;  
 C—hildren, if healthy, are active, not still;  
 D—amp beds and damp clothes will both make you ill;  
 E—at slowly and always chew your food well;  
 F—reshen the air in the house where you dwell;  
 G—arments must never be made too tight;  
 H—omes should be healthy, airy, and light;  
 I—f you wish to be well, as you do I've no doubt;  
 J—ust open the windows before you go out;  
 K—eep the rooms always tidy and clean;

L—et dust on the furniture never be seen;  
 M—uch illness is caused by the want of pure air;  
 N—ow, to open the windows be ever your care;  
 O—ld rags and old rubbish should never be kept;  
 P—eople should see that their floors are well swept;  
 Q—uick movements in children are healthy and right;  
 R—emember the young cannot thrive without light;  
 S—ee that the cistern is clean to the brim;  
 T—ake care that your dress is all tidy and trim;  
 U—se your nose to find if there be a bad drain;  
 V—ery sad are the fevers that come in its train;  
 W—alk as much as you can without feeling fatigue;  
 X—ercises could walk full many a league;  
 Y—our health is your wealth, which your wisdom must keep;  
 Z—eal will help a good cause, and the good you will reap.

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### REMEDY FOR SCORPION STING.

(1) *I would like to suggest that ammonium chloride (nausadar) and calcium hydroxide (choona) if mixed in equal quantities and applied over the sting, it will relieve the pain in a couple of seconds.*

(2) *Soak a little cotton in Cinnamon Oil (procurable from any chemists shop) and place it on the affected part. Relief will be almost instantaneous.*

(3) *Take a little methylated spirit, put a few scorpions in it. The scorpions may be alive or dead. Keep the bottle well corked. It will be ready for use within fifteen days. Apply with a swab. There will be unfailing and immediate relief.*

(4) *Incise the place stung with a sharp instrument. Rub well in strong solution of permanganate of potash and water till pain disappears.*

Saul Johnson.

(5) Make a quantity of saturated solution of common salt. This is done by filling a bottle with tepid or hot water and putting some powdered salt in it and shaking the bottle until the salt dissolves. More salt should be added and the bottle shaken until no more salt can be dissolved in the water. Some undissolved salt will be found in the bottle when the liquid is fully saturated. Make a pad of old cotton cloth: soak it with this solution and cover the part stung, with it. The pad should be kept wet with this solution until the pain disappears.

(6) Make an ounce of strong alum lotion—*strength 10 or 15 grains to the ounce. Pour a few drops into each eye every 15 minutes or half an hour until the pain disappears.*

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## A FEW GERMAN REPERTORY NOTES

### Hardening of Glands.

*Conium* 30, especially in hard mammae, with cutting pains, contrary to the usual painlessness of hardened glands. *Conium* tumors are generally stony hard and adenomatous.

*Lapis albus* 3 is indicated in connective tissue goitres and in indurated lymph glands of the neck. The glands for which it is suitable are softer and more elastic than the usually much harder glands for which *Conium*, *Calc. fl.* *Carbo anim.* or *Cistus canad* are indicated. The *Lapis albus* patient has ravenous hunger and is anemic; sometimes this hunger sets in after having taken the medicine.

**Coughs.**

*Zincum* : better after expectoration.

*Antimomium crudum* : coughing makes abdominal muscles painful.

*Spongia* : very dry in larynx ; whistling, hollow cough.

*Nux vomica* : dry, hard cough with sore abdomen, or severe pain in epigastrium.

*Rumox cr.* : dry, hard, incessant cough with scanty expectoration. Worse from pressure, or inhaling of cold air.

*Capsicum* : cough with bursting headache, during cough patient holds head and cries out.

**Eczema.**

*Mercurius solubilis* 4 : severe itching.

*Arsenicum album* 5 : brown crust.

*Hepar sulph* 3 to 5 : thick, yellow crusts.

*Rhus tox.* 4 : moist, with itching over large area,

*Spongia* 3 : scaly condition as symptom of improvement.

*Graphites* 3 to 6 : pustules.

*Cicuta vir* 6 : corroding suppuration.

*Staphisagria* 6 : suppuration and moist.

*Dulcamara* 4 to 6 : scaly eczema, secretions make sore.

*Ranunculus bulb.* 4 : horny crusts with thickening.

**A CLINICAL CASE**

*By*

Dr. P. L. Srivastava, H. M. D. Lucknow.

L. Hira Lal, a peon of the Traffic Registration Inspector Land Records office, Lucknow, suffering from throat sore, tonsils, swollen appearance of white spots in patches of a

diphtheritic appearance ; sharp pains often running up in to ears, intense headache; sore bruised feeling all over :—*Phytolacca* cured.

N. B. (a) It should be remembered that *Phyto*, occupies a place midway between *Bryonia* and *Rhustox* and will often help when these seem indicated but fail.

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## COMPARATIVE PRACTICAL THERAPEUTICS

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### Aconite.

Q.—“Some routinists always prescribe *Aconite* in cases where fever is present”—Is this permissible ?

A. No. It does not matter what the name of the fever, whether inflammatory, remittent, rheumatic, etc., we have to be guided by the indications in their entirety. I have sympathy for young physicians who have been led into the error of prescribing *Aconite* or *Aconite* and *Bell.* in alternation in cases of fever of all forms. They should learn to closely individualize ; give the single remedy in the potentized form, giving it time to act, and wait for reaction before repeating. We do not prescribe *Aconite* because the patient has fever but because the patient has with the fever other symptoms which enable us to choose between *Aconite* and many other remedies that have fever also. *This is Science.*

Q—Mention some remedies besides *Ars.*, *Phos.*, and *Sulph.* that have a burning sensation.

Among those of first importance may be named *Aconite*, *Agaricus*, *Apis*, *Bell.*, *Cantharis*, *Capsicum*, *Carbo Animalis* and *Phosphoric Acid*.

Q—Why is the custom of alternating *Acon.* and *Bell.* in inflammatory affections a senseless one ?



Both remedies can not be indicated at a time, and if a good effect follows their administration you may be sure that the indicated one cured in spite of the action of the other or that the patient recovered without help from either.

There are many cases of this kind where the doctor is congratulating himself on a cure which was only a recovery, for which he deserves no credit at all. Let us look at the diagnostic differences of these two remedies.

Both have great heat of the skin, but Aconite has characteristically dry, hot skin and no sweat; Bell. has even greater surface heat, but *sweats* on covered parts. Aconite *tosses* about in agony for fear of death; Bell. often has semi-stupor and jerks and twitches in sleep. Aconite has greater distress in heart and chest when Bell. seems to centre in the in the head. Acon. fears death without much delirium, Bell. fears imaginary things with delirium.

Q.—Distinguish Rhus Tox from Aconite in point of *pain*.

A.—With *Acon.*, the pains predominate, while with Rhus Tox the *numbness* with dull aching and soreness, leads. Remember we have in Aconite sometimes in conjunction with pains, tingling and numbness.

Q.—What remedies bring on ailments by fright, immediate or remote?

A.—Aconite, Opium, Ignatia, Veratrum Album.

Q.—Name some leading dry air remedies.

A.—Bry., Caust., Hepar Sulph and Nux Vom.

Q.—What is the general difference between Acon. and the above remedies with regard to dryness of the air?

A.—In conjunction with dryness, coldness is also essential for Aconite cases.

Q.—Name some wet weather remedies.

A.—Dulcamara, Nux Moschata, Nat Sulph., and Rhus Tox.

Q.—“No remedy is more restless than Ars. Alb.” What distinguishes Ars. from Acon. in this respect ?

A.—The *Acon.* restlessness comes in the earlier stages of inflammatory diseases, with fever of a high grade. Ars. in the later stages when the patient is greatly reduced in strength. The *Acon.* patient tosses to and fro in agony and fear. The Ars. patient is too weak to toss. He can not move himself around but wants to be moved.

Q.—Give a few distinctive points of difference between Ars. Acon. and Rhus Tox.

A.—The pains causing the restlessness of Rhus are not so agonising as they are under Acon. and Ars., nor is the prostration so great as under Ars. nor the excitement so great as under Acon. Rhus and Ars. are often indicated in typhoids, *Acon.* seldom or never, but all three are equally restless remedies.

Q.—Name some leading anger remedies—Acon., Bry., Colocynth, Ignatia, Lyco., Nux Vom., Staphisagria, Cham.

Q.—Is there any remedy other than the trio (Ars. Acon. and Rhus) for restlessness ?

Yes. It is Chamomilla. Let me quote.—“Violent rheumatic pains drive him out of bed at night and compel him to walk about.” “Excessive uneasiness, anxiety with tearing pains in the abdomen.” “The child can only be quieted by carrying it on the arms.”—These represent in a few words the restlessness of the remedy.

Q.—What differentiates Acon. from Ignatia in point of nervousness?

A marked element of sadness and disposition to silent grieving. Another equally characteristic mental state of Ignatia is its changeable mood.

Q.—What is the hæmorrhage of Acon ?

Active, bright, with great fear and anxiety.

Q.—Name a few other prominent hæmorrhagic remedies.—

Ipecac, Arnica, Carbo Veg., China, Crocus, Ferrum, Nitric Acid, Platinum and Secale.

Q.—“In croup cases Hepar Sulphur is seldom indicated at first, but oftener comes in after Acon. or Spongia.” How?

Like Acon. it seems effectual in those cases brought on by exposure to dry cold air ; but the Acon. croup comes on in the evening after first sleep and Hepar in the early morning hours.—

#### THE “MODERN SCIENCE.”

Poets vaunt in lays old friendship and wine  
 Then new things, dear friends, let be mine !  
 When old things fail, proved worthless and weak  
 Like old ships that spring a leak ;  
 Let new things of grace and beauty inspire  
 The hearts of those that new things desire.  
 When time-ridden journals all lose their charm.  
 In the midst of the passion and furious storm,  
 Think of the gems in ‘Modern Science’ dear  
 Whichever keeps bright with prosperous cheer.  
 Those win at last who journal trust.  
 In loving words and actions just  
 On every page this truth we sight  
 With Sciences new and love we fight.  
 Let wind full roar among the trees,  
 Yet great ships sail the stormy seas.

DR. P. L. SRIVASTAVA

## TO ALL LOVERS OF HOMOEOPATHY.

### NO CONCEALMENT: HEART TO HEART TALK.

Brothers, it is more than eight years since I began practising Homoeopathy with an unfailing interest and inquisitive zeal. From the very beginning my principle in the Matter of studies has ever been 'knowledge for the sake of knowledge,' and this is why I have been able to gather much more than men of ordinary mental calibre can achieve in a short space of time. Would that this love for study should last me to the last!

During these years of arduous work I had chosen in imposing upon myself, I met several friends who were found in agonizing doubt as to the question of potency in the domain of Homoeopathy. Once a gentleman at Bahraich ludicrously remarked, "It has become a fashion to use the 200th potency now-a-days."

To those, who are not well versed in the laws of Homoeopathy it is undoubtedly a mystery and a fashion to use the the 200th power of the Homoeo. remedies. But I must be frank and tell them that I very rarely make use of potencies lower than 200th because they act admirably well. I can not say why it is so but that has to be corroborated by my other professional brothers. Be it remembered that the more triturated a medicine is, the better it is and the surer is its action.

But this does not exclude the authority of others like Dr. Pierce who in his *Materia Medica* recommends low potencies like the 1st the 3rd and the 6th etc. They have experiences of their own in this direction.

There are certain remedies in whose case it is advisable to use higher dilutions. Take for instance *Natrum Mur.* *Lyc.*, *Psorinum.* *Sulphur.* *Carbo veg.*, etc. All deep acting

constitutional remedies must needs be employed higher for their action is sure, quick and permanent.

Dr. Carey who is an authority on Biochemistry in his book on page 372 says—"Every physician should carry both low and high potencies of the tissue remedies but especially of Nat. Mur."

There are on the other hand some cases like spermatorrhoea, sexual weakness, rattling mucous where low potencies are preferably better. The rule is "the higher the sensitiveness and more chronic the disease the higher the potency."

I can not help quoting Dr. Nash here who says:—"We should not be influenced by prejudice in the selection of remedies ; that subjective symptoms are most valuable and that the 200th do act and cure."

There are several controversies regarding the potency in Intermittent fever. In Hale's Therap. page 610 he says "Boastful Homoeo. physicians often claim cures of ague cases with higher potencies. But those practising in malarious districts know that such assertions are false."

Be that as it may, the patient always believes in a man who believes in himself for belief in one's self is faith in the laws one has undertaken to carry out in practice.

There is however, another more important question with regard to the repetition of the same remedy. Sometimes we find that particular potencies suit particular patients. When this is determined our look-out should be to find out when the dose is to be repeated. Here I should advise you to do as I do.

Take a two oz. phial full of water. Pour as many drops as you wish to. Give it to the patient marking thereon the the number of doses. Ask him to take all the doses except-

ing one *i. e.* the last to be taken for the last time. Tell him to bring back the same phial with the one dose left therein. Refill the phial and direct him likewise. Continue the same procedure until you find the action of the remedy exhausted. Then and then alone make a second prescription.

One thing more and I shall have done. For fear the new practitioners be misguided by the pathological names of the diseases, I strongly urge upon them the necessity of doing away with such considerations. Symptoms and nothing but the symptoms—objective and subjective—deserve attention.

The symptoms should be noted in their entirety and the right remedy chosen in accordance therewith.

I hope my brother practitioners would do as best as they can to score victory after victory for Homoeopathy for it is a living reality and shall stand unimpaired as long as the world is not entrusted to oblivion.

P. Lal Srivastava, H.M.D.

(Medalist).

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## PART IV

### A CURE FOR SNAKE-BITE.

Sj. Dwipindra Nath Das writes :—

*“For the benefit and information of all people I suggest here-with a medicine for the cure of snake-bite. The half part of an earth worm smashed and mixed with water and sugar or Gur made from Sugar-cane is to be taken by the victim of snake-bite. Should the person become weak enough the medicine to be taken mixed with a little more quantity of water. For adults the half of an earth-worm seven or eight inches long would do. For those aged 8—12 one-fourth part, for lesser age one-eighth part. If the medicine proves Ineffective after one dose another dose to be tried. No more than two doses are necessary.*

“The law of healing long lay hid in night.”

God said “Let Hahnemann be” and “all was light”

“Bear in mind that anyone who undertakes the treatment of a chronic disease must always have the allopathic prescriptions previously used before him ; so that in his treatment he may avoid giving those medicines which the allopath has already given before in large doses *e. g.* sulphur when this has previously been given to excess, natrum when much seltzer water has been drunk and magnesia muriatica when the patient has taken too many sea-baths.”

Hahnemann.

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### CLINICAL CASES.

*By*

Dr. S. Choudhuri.

35, Feelkhana, Shivala P.O. Benaras City, U.P.

CASE NO. 1.—A mohammedan was suffering from gastralgia. His symptoms were : Gnawing and digging pains in the region of the stomach relieved by eating. I prescribed him a dose of Chelidonium majus 1000. Next day he came to me with a smiling face and told me he was bet-

ter than before. He was given a few doses of Placebo. After a week or so he reported again that he was far better than before and Placebo was continued for a month. After a month I was informed that there was no relapse and he was all right.

CASE NO. 2.—Once I was called to treat the wife of a Raja Saheb who was suffering from Leucorrhoeal discharges. She was at first under the treatment of an allopath, but with no improvement whatsoever. I found the following symptoms.

Vaginal and cervical leucorrhoea without any ulcerations ; with bearing down pains ; uterine inertia prolapsus uteri from deficient innervation etc.

I prescribed a dose of Cimicifuga, 1000. Next day I got report that she was better. She was given Placebo for a week. After a week again she reported that she was still better, and upon that I sent again a few doses of Placebo and told her to report after a year. After a year or so I got information that she was completely cured from the above trouble.

CASE NO. 3.—Once a lady came to my office and reported that she could neither sleep nor eat with ease for a troublesome cough. I found the following symptoms : "*Cough in the night, cannot eat well, and cannot sleep well.*" On these I prescribed a dose of Ignatia amara, 1000; and after taking it she reported the next day that she slept well in the night, and there was no paroxysm of cough during eating. I gave her Placebo sufficient for a month, after which she reported that she was perfectly well since, there being no relapse of that tormenting cough.

### CLINICAL CASES.

*By*

S. Choudhury, H. M. B.

*Nowgong, Bengal.*

CASE NO. 1—Mrs. B.—widow, aged 45, of robust constitution, phlegmatic temperament ; irritable, sad, indis-



position to meet people, despondent, shy. Complains of headaches, with all-gone sensation in stomach. Pain and soreness in right hypochondrium. An examination of urine shows mucus, blood, pus, epithelial cells, etc.

On further questioning it revealed that her husband had an attack of syphilis. She had prolapsus of uteri some 20 years back for which she was treated allopathically. Has obstinate leucorrhoea of twenty years standing (since the allopathic treatment for Prolapsus uteri ; purulent, *yellow, stringy, viscid.*) Throat and mouth dry; tongue yellowish, shining, with tenacious stringy saliva from the mouth.

*Kali bi* 200, one dose with Sac Lac for a week was prescribed at the first instance.

After a week, there being no sign of reaction, another dose of *Kali bi*, 1000 was given with Sac Lac for a fortnight. This had done a bit good to her. She felt less pain in her stomach and abdomen. Leucorrhoeal discharges almost disappeared but she felt as if her uterus would protrude during micturation ; the stringy saliva from the mouth remained just the same but along with it she felt some bad odour almost always emanating from her mouth which prevented her to speak with anybody. Felt some burning sensation throughout the body at night. Perspiration sometimes breaks out which does not relieve.

*Merc-sol*, 200 one dose with Sac Lac for one week. Reported after 5 days that all the new symptoms were [aggravated to the extreme, and on her demanding a fresh prescription the following was given :

Phytum 16 powders,—once every 4 hours with warm water.

Reported again after four days that all her symptoms almost disappeared except the following :

1. Tenacious Saliva.

2. Tenacious leucorrhoeal discharges, (although much less).

3. Gnawing pain here and there, more so in the right hypochondrium.

4. Loss of appetite.

And for the above again she was given *Kali bi*, C.M. 1 dose, with Sac Lac 48 powders—to be taken thrice a day with warm water.

After a fortnight or so she again called and wanted this last medicine, which did her much good. Another supply Sac Lac for a month was given ; and after a month another dose of *Kali bi*, C. M. was given ; and she has remained perfectly well since that dose. It is some two years after that I report this case for the benefit of my younger friends.

CASE NO. 2—Patient, Mr. R. K. C., aged twenty-eight. Contracted syphilis ; there appeared a few chancres about a fortnight after a sexual intercourse he had with a public woman. After a week more a few rash-like eruptions appeared into the mouth, nose and throat. Aching pains throughout the body ; headache, with purple red face. Dryness of mouth and throat. Shooting pains in eyes with redness and constant lachrymation. Pain in stomach and abdomen, with tenderness on pressure. Stools almost always with much tenesmus. Mouth dry in the daytime, but saliva freely running during sleep at night. All pains are worse at night. Persistent sleeplessness.

Merc-sol 1 m. one dose was given with a dram phialful of unmedicated globules with instruction to come and report after a fortnight.

Since taking the above medicine he was improving rapidly in all respects excepting the chancres. Along with the chancres some more mucous patches were noticed and there was intense burning in them especially after scratch-

ing ; sometimes bleeding followed. Urine highly offensive. Stools mucous with burning after passing.

One the above symptoms Acid nit, 200 with Sac Lac as above was given. After a fortnight he reported he was much better. No medicine, only Sac Lac continued.

Again after a fortnight or so, he came and reported that all the ulcers were perfectly healed, excepting the blind piles that being the only trouble left, for which he was suffering for the last twelve years. Again, on going further with his former history, it was revealed that his grandfather had syphilis who died after suffering very badly from Carbuncle. On his experiencing the burning pains after stool and the offensiveness of the urine, he was given a dose of Acid nit. C. M. which cured him completely. He has married at the age of thirty and has several children,—all healthy.

CASE NO. 3.—A boy, three years old, was treated by me some two years back for some eruptions on his scalp and was successfully treated with *Acid nit.*, *Aur.*, *Mezerium*, and *Asaf.* in course of about eight months. The symptoms recorded were the following :

Urine very offensive, burning after ; blisters in the mouth, tongue, bleeding easily ; mind very irritable, headstrong, with sensitiveness to least noise, touch, etc., small boils on the scalp ; redness of eyes, with soreness and photophobia ; violent pains in bones around eyes which could not be touched even ; syphilitic iritis.

In addition to the above symptoms, it was found that his father was a life-long syphilitic who died only when this child was a month old.

*Acid nit.*, 200 with Sac Lac for a fortnight.

After a fortnight there were no reactions. *Acid nit.* 1000 1 dose with Sac Lac for a fortnight. Still there being

no improvement, three doses of the same remedy of the sixth potency, at an interval of 4 hours were given, which did immense good to the child. The bleeding from the blisters was altogether stopped, the urine became clear and the blisters almost disappeared ; eye symptoms much improved. Sac Lac for a week.

After a week, the eye symptoms again were worse,—extreme photophobia with redness and soreness, double vision, *with upper half of everything invisible* ; very fetid smell from mouth and nose. Nasal bones became painful and a bit ulcerated. *Aurum met.* 200, two doses, three hours apart with Sac Lac for one week.

After one week he was found much better in all respects; for a fortnight more he was given no medicine at all. Reported after a month or so that all the above troubles were gone, but some itches were noticed on both the legs. They were slightly swollen and surrounded by vesicles,—“*fiery-red areola*”. No medicine, only Sac Lac for a week.

After a fortnight he was again examined and there was found nothing except the vesicles which were gradually spreading, and the itching was worse at night touch, cold applications etc. *Mezerium* 200, three doses were given, to take once every four hours for one day only. On the fourth day, there being no improvement, he was given 6 doses of *Mezerium* 30 to take thrice a day. To the astonishment of the inmates of the house and myself, it was seen that the vesicles all disappeared in course of a couple of days, there leaving a blackish spot only. For a fortnight or so he was given nothing at all.

After about two months, it was again found that the boy had a purulent discharge from his nose which was very fetid smelling, for which he was given a dose of *Aurum*

*met*, 1000. Finding no improvement, a dose of 200th potency was given on the eighth day. Still no improvement within a week. He was given lastly two doses of *Asafoetida* 200th which helped him promptly. He remained well for two months and a half, after which felt slight pain in the nasal bones. Again *Asaf.* worked like magic. After this a few years have elapsed, still no relapse.

CASE NO. 4.—Beharan Bewa, aged 48, robust, fair complexioned, widow. Her husband died of Carbuncle. He had syphilis, as a result of which had suffered throughout the whole life with obstinate skin diseases, necrosis of bones etc.

I was called in to treat her all of a sudden once at dead of night when she was suffering from excruciating burning pain in a long-standing *eating-ulcer* on her right ankle. On taking the history of the case I found that the ulcer was of about twenty years standing, every winter subsiding entirely. As soon as summer season begins she feels a little burning pain on the spot which is gradually mapped with small ulcers surrounded by vesicles with intolerable burning and itching; worse from contacts of cold air, from touch, in evening. Ulcers with irregular edges and look like raw flesh, bleeding easily from washing; splinter-like pains, especially at night.

*Nitric acid* 200 one dose was given for the night. In the morning got a report that the patient passed the night with agony, there being no relief in the least. Rather the pains were on the gradual increase. *Sac Lac* ten doses, every two hours.

In the evening I got a report that during the whole day she was restless with pain, there being no change whatsoever. Hot fomentations and washing with warm water give temporary relief.

*Ars. alb.* 3x three doses, every four hours.

She slept well in the night. Wanted some more medicine. Sac Lac was continued for two weeks. The ulcers were healed by this time to a considerable degree. Sac Lac as before.

After a month or so slight rawness and soreness were complained of for which another dose of *Nitric acid* 200 was administered which cured her completely. She has since been a staunch advocate of homoeopathy and getting me a large number of patients since that time,—some five years hence.

**Conclusion :** *That the germ theory is smashed by purely symptomatic treatment is everyday witnessed by millions of people throughout the civilised world.*

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## GLAUCOMA CURE—COMPLICATED WITH HEART DISEASE AND OEDEMA.

By Dr. P. Chatterjee, H.M.B.

The Mahesh Charitable Dispensary, Calcutta.

The following is an account of a case which the readers of this Magazine may find interesting :—

A respectable lady aged 49 years, of No. 2, Mathur Roy's Lane, Calcutta, was suffering for over 12 years from Glaucoma. The case was somewhat complicated with heart disease and Beri Beri.

The patient was fat and flabby. She had an attack of Beri Beri, some 12 years ago, which was cured after a year but the second cranial nerve (optic nerve) was affected. The result was that she could not see with her right-eye, and since then suffered from heart palpitation, worse when going upstairs.

In the month of April last, I was sent for and the lady's complaint was as follows :—

“It is now over a week I see smoky with my left eye and over two months I am suffering from oedema in both legs and hands. I get very much exhausted when ascending in a staircase. Palpitation of heart continues day and night at present. The skin is glazy only in the swollen parts. Vertigo, pulse feeble and irregular, stool hard and not clear. Sensation of some thing tied around the chest, which prevented normal motion.”

The case was declared to be a surgical one by the Allopaths and they held the opinion that without operation she was sure to lose her both eyes.

On the 14th April, 1923, I prescribed *Cactus grandiflorus*, 30, for two days and asked her to report the result.

When I visited her on the 19th April, 1923, she exclaimed with joy “Doctor, after taking your medicine I feel much better in the left eye as well as in the right; though I could not see anything before but now I can see my fingers from a distance of two feet.”

On examination, it was found that the oedema in the hands and feet was almost cured; but there was no improvement with regard to the palpitation of heart. The patient also said “At about 8 a.m. I feel headache (in the frontal bone) and see nothing with both eyes—this lasts for three to four hours generally.”

On the 2nd May, 1923, I prescribed *Spigelia* 30, three doses, which had a marked affinity for the eye, heart and a direct action on the third cranial nerves (*Motor Oculi*). *Spigelia* is an antidote as well as complimentary to *Cactus grandiflorus*.

On the 10th May, 1923, one dose of *Spigelia* 30, was repeated.

On the 20th May, 1923, I found the oedema and heart palpitation totally cured. I gave her one drop dose of *Spigelia* 30.

She reported that she could see better with both of her eyes and complained very little about the palpitation. On the 17th June, 1923, I repeated one dose of the same medicine and discharged the case as there was no other complaint.

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### CLINICAL CASES.

By Dr. A. M. Sur, M. D.

104, Cornwallis Street, Calcutta.

1. I was called in to see the wife of Babu Jogendra Nath Mojumdar, aged 35, who had been suffering from intermittent fever, off and on, for two years. She had been under Allopathic treatment all this while, and she came under my care on the 20th July, 1922, with the following symptoms :—

Fever generally came on in the morning, burning sensation in hands and feet, bowels constipated, great hunger, burning pain in the stomach in the morning.

Gave Sulphur 30, four doses for two days. She got very slight fever the next morning. Placebo, six powders, for three days, completely cured the patient who had no more paroxysms of fever.

2. Babu Sib Nath Kar, aged 42, had been suffering from Asthma for a long time. He was under Kaviraji treatment, which did him no good. He came under my treatment on the 1st November last. I found him a me



dium sized man, somewhat lethargic in habit; subject to attacks occurred after mid-night. He could neither sleep nor lie down, which aggravated the paroxysm.

Gave Ars. 30 c. three times a day, for five days. The paroxysm was stopped at once.

After four days, the patient came to me and told that he had quite got rid of the paroxysm. Since then he has been keeping excellent health.

3. Babu Promotho Nath Banerjee, aged 46, had been suffering from bleeding piles for a long time. He came under my care on the 20th January, 1922, with the following symptoms :

Excessive discharge of bright red blood.

Subject to shooting pains and pressure on the anus, abdomen feels too full.

Gave Sulphur 30 c, one mark and next day gave him Aconite nap. 30 c, which gave him much relief. He was better for a week though the shooting pain in the stomach came in the morning. He was then given Sulphur 30 c, and the bleeding and everything disappeared.

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### CLINICAL CASES.

By Dr. H. Bose, H.M.B.,  
Calcutta.

**Case No. 1.**—Nasal polypi of 10 years standing was cured by me in one month with Thuja 200, 1000 and 10,000. The disease started soon after he was re-vaccinated in the year 1924. The vaccination did not take, but instead he was surprised to see the growth inside the nostril. It bled several times.

**Case No. 2.**—Uterine fibroid in an Angol-Indian lady with excruciating pains during every menstrual period was treated by me with such remedies as Merc V., Puls, Silic., Thuja etc. but to no effect. I had at last a consultation with Dr. R.C. Ghose, who after taking the full history of the case, gave a dose of *Acid nit* 1000 which acted miraculously, ending in a perfect cure within three months. No more medicine was required. She had suffered long from loose motions with burning in rectum, and the peculiar strong-smelling urine was one of the concomitants.

**Case No. 3.**—A two-year old baby of a retired Police Inspector was brought to me with severe cough. The cough always became worse during sleep. The temper being irritable, I at once suggested Chamomilla 30. It was given in drop doses,—4 times a day for 3 days. Finding no improvement in any way, I gave a dose of 200th., dry on tongue. This last dose cured the child in a couple of days.

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## THE MIRACLES OF HOMŒOPATHY MINIMUM DOSE, MAXIMUM RESULTS.

### CLINICAL GASES.

By Dr Jogesh Chakravathy, M. A. B. L. H. M. D.

It is admitted by almost all that rightly selected Homœopathic medicines often work wonders. A single dose is sometimes sufficient to effect a cure. Netrarajan Banerjee, aged 71 one day (30. 5. 42) came to me, and complained of constipation. For the last three years he could not pass stool without the mechanical aid of his fingers. Many kinds of medicines he had tried, but to no purpose. He is a believer in homœopathy, and as such thought I might

give him some relief. I patiently heard the history of the case. Considering the age of the patient and the symptoms manifested I prescribed a dose of Opium 200, and asked the patient to come after three days. On the 4th day he came to me with a smiling face and told me that his bowels had moved. Since then he had not to use his fingers any more.

Nanibala Bose, a young married lady came to my Clinic on 5.11.41 with her brother. She had long been suffering from Eczema. She had undergone many kinds of treatment, but without any relief. Her long suffering has made her doubt the efficacy of medicines in curing such long standing cases. I examined her carefully. Itching and burning eruptions were there. The skin was rough, dry and scaly. Great anguish, fear of death and restlessness were also present. I gave her a dose of Arsenicum Alb. 200 and asked the patient to come after a fortnight. She however, became impatient and turned up again on 8.11.41. There were no visible signs of improvement. I gave her a few pills of sugar of milk. But that very day in the afternoon her brother came to me and told me that the patient had been writhing in pain and rolling on the floor. I thought the medicine had been acting and no further remedy should be administered at that stage. After a week the gentleman came to me again and informed me that the patient had fully come round and the patches had entirely disappeared. Prafulla Nalini Bose, aged 40 years had long been ailing, particularly from pain in the region of the liver. She had been under my treatment for sometime and she was much better than before. Suddenly there was inflammation just below the liver and it seemed that a boil was coming to a head. She consulted an allopathic physician who diagnosed it as a boil and told her that she might have to be operated upon. Naturally she took fright and

came to me on 24. 7. 42. and asked me if I could save her from the apprehended operation. I examined her carefully and thought that the case was not as serious as our allopathic friend had taken it to be. Taking into consideration hypersensitiveness, chilliness and splinter like pains of the patient I gave her a dose of Heper Sulper 200. Three or four days later she came again and the swelling had entirely disappeared.

Satish Chandra Adhikary, aged nine had long been suffering from malarial fever and enlargement of the liver and spleen. He, along with his father, came to me on 23.11.41. He has tried all sorts of medicines, allopathic, homocopathic and Auyurvedic, but the fever has not left him. I prescribed a dose of Arsenicum 200. It did him some good no doubt, but there was no complete cure. On 27.11.41 I gave him a dose of Natrum Mur 200. The effect was marvellous. What led me to prescribe this remedy was the extreme weakness, weariness and dryness of the mucous membranes. On 1.12.41 the patient came again but I gave him no medicine and asked his father who was also a homoeopath to wait and watch the result. No further medicine was required to stop the fever.

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### **SOME BLOODPRESSURE REMEDIES.**

By Dr. H. D. Salex.

Aurum metallicum 6X and higher : Ennui with thoughts of being damned are prominent, combined with suicidal tendencies. Complexion florid, general capacity for doing much work are often deceiving as to the real condition of the patient. Palpitation; congestion to head and chest. Face red and hot. High bloodpressure. Pressure in region of heart with sensation of fullness and

oppression. Feeling as if heart would stop, then one violent beat. Stitches in heart. Boring headache. Insomnia. Angina pectoris with general hardening of bloodvessels, often syphilitic. Always desires open air. Feels worse nights and toward morning.

*Baryta carbonica* 15X and higher : This is decidedly a remedy for the aged. Patient is chilly and craves warm clothes. Palpitation with congestion to head and lungs. High bloodpressure. Palpitation from lying on left side. Pulse hard, full, rapid. Anal itching. Formication on face. Vertigo, Insomnia. Arteriosclerosis. Tendency to apoplexy.

*Digitalis* 5X : Pulse hard, slow, tense. High bloodpressure. Oppressive feeling. Sensation as if heart would quiet if patient should move, with much fear. Congestions. Migraine with vomiting. Nausea. Vertigo. Stitches in heart. Angina pectoris. Insomnia. Suffocative attacks when dropping off to sleep. Dreams of falling.

*Glonoinum* 6X : Intense congestion to head and chest. Headache like waves. Vertigo Syncope. Pulse full to bursting, of high bloodpressure. Palpitation is felt all through body. Very sensitive to heat from sun. Is very valuable in acute attacks with threatening apoplexy during climacteric.

*Nux vomica* 6X : For studious patients of sedentary habits, who like to eat well, love their drinks and tobacco, are nervous and irritable, impossible disposition in the early morning hours; suffering from constipation with ineffectual urging; hemorrhoids; stupefying headache from congestion with high bloodpressure due to improper living. Such patients should change their mode of life completely to thin their blood and overcome abdominal—Portal—plethora

*Plumbum iodatum* 4X : High bloodpressure with wiry pulse. Extremities cold and anemic due to narrowed ves-

sel lumen. Congestion to heart while walking. Headache, vertigo and insomnia. Vomiting. Constipation from clonic spasm. Intestinal colic. Emaciation. Loss of memory. Urine dark, fetid, albuminous. Contracted kidney. Tabes.

Secale cornutum 4X : Palpitation; head congestion; anxiety around heart; anxious breathing; migraine; nausea and vomiting; vertigo. Nerve pains; formication. Extremities as if dead due to peripheral angiospasm with internal burning and external cold. Inclination to hemorrhages. Warmth and motion aggravate, better from cool air.

Strontium iodatum 4X : Congestion to head and chest; pressure around heart; chest oppression. High bloodpressure. Headache extending from nape over head, with desire to keep head warm. Nausea; vertigo. Restless sleep, full of dreams. Formication. Threatened apoplexy with hot head and red face; eyes suffused. Especially valuable for women during climacteric.

Viscum album IX : High bloodpressure. Severe palpitation with rapid pulse; general chilliness. Full feeling in chest and abdomen. Headache worse afternoons, starting in occiput; vertigo with inclination to fall backward. Itching, formication, biting and burning in skin.

Adrenalin : In very high potency for high bloodpressure with a hard pulse.

Oophorin : in high potency for bloodpressure and congestion. In acute congestion and severe vascular tension with threatening apoplexy a dose should be given every 15 minutes; otherwise three doses daily  $\frac{1}{2}$  hour before meals.

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## A SHORT STUDY OF PHOSPHORUS.

By Dr. H. Fergie Woods

*An address delivered before the British Homoeopathic Society.*

My intention in this short sketch is to refrain as far as possible from repetition of the well-known symptoms of the remedy which may be found in any *Materia Medica*, and to attempt to portray a picture or, rather a quick outline drawing, of the Phosphorus patient as I have come to know him, or her, during thirty years of practice.

Phosphorus—the Light-bearer, as its Greek derivation implies. This is a not altogether fanciful conception as applied to the Phosphorus patient.

Phosphorus (and I shall hereinafter use the term “Phosphorus” as applying to the patient needing Phosphorus as a constitutional remedy). *Phosphorus is the seer, the prophet, one gifted with unusual psychic powers, second sight, intuition — call it what you will.*

I am here, of course, visualizing Phosphorus in his fully advanced state, with the powers that are latent in all Phosphorus subjects developed beyond the ordinary. This licence, I think, is permissible, as we are accustomed in Homoeopathy to take account of the hidden aspects of mind and spirit, even those of which the patient may not be consciously aware. The true homoeopathic taking of the case, indeed, is akin to a form of psycho-analysis, It may just be remarked in passing that Phosphorus, no account of his great sensitiveness, is more than ordinarily likely to suffer severely as a result of an unsuccessful psycho-analysis of the usual sort.

For that is the great Keynote of Phosphorus—Sensitiveness, above and beyond all other remedies.

One seems to see in these days an increasing number of patients needing Phosphorus. This is not surprising when one reflects that our patients today are those who either knew and went through the years of the Great War, or are the offspring of those who did. In either case the last war has left an imprint on the nervous systems of all, which the present war is accentuating, and this imprint and its effects can be largely obliterated by Phosphorus, a remedy par excellence for the effects of shock, anxiety, nervous strain.

The typical appearance of Phosphorus is well known—the tall, thin body, with usually blue eyes and fair hair.

But keep in mind that Phosphorus, like most great homoeopathic remedies, may sometimes show the opposite to the usually-accepted idea, and can be well indicated in patients that are robust, and even in the obese.

The sensitiveness of Phosphorus runs through every plane of his being, the physical, the mental, the spiritual. The latter has been briefly mentioned. In its highest aspect, Phosphorus is typified in the priest, foremost in religious rites and observances. In its less lofty aspect, Phosphorus is keen on the observance of conventions, may indeed be too conventional. Yet he may at times astonish one by his outbursts of recklessness and kicking over the traces.

Phosphorus indeed, is apt to go to extremes in mood and in conduct.

For there is a great artistic strain in Phosphorus and—well, we know what artists are!

The element Phosphorus, we know from our school days, is subject to spontaneous combustion, if left out of water. The Phosphorus patient is inflammable, and if not



liable to go up in flames is often likely, under provocation, to be consumed in a burning blush, which spreads from chest and throat to face. This is the sensitive mind manifested through the sensitive skin.

Here I am led to remark that all the homosexual males that I can remember treating have been Phosphorus patients. These subjects have always a great natural tendency towards some form of art, and in addition have the typical sensitive nature of Phosphorus. Phosphorus always helps them, though I cannot say I have ever seen it cure the homosexuality.

The unusual psychic powers of Phosphorus show themselves, in the waking state, in premonitions and an ability frequently to feel the "atmosphere" in which he finds himself. *In sleep, he sometimes "dreams true" that is, has vivid dreams, which at some future date are proved to have been true prophecies.* He is subject to supernormal experiences, and indeed sometimes has an unreasoning fear of ghosts. This fearfulness does not confine itself to things supernatural. There is typically fear of thunder, or should one say more correctly, fear of lightning? A thunderstorm can be sensed long in advance, owing to the Phosphorus sensitiveness to electrical disturbances. The precursors are usually a dull frontal headache and a general feeling of malaise and uneasiness. *Phosphorus is reputed to be the best remedy for the effects of lightning stroke or of any other form of electric shock.*

Then there is fear of darkness, often enough in the child, of course, but sometimes persisting into adult life. The dark is peopled, for the vivid Phosphorus imagination, with unknown terrors material and non-material. Phosphorus children should always be allowed some *glimmer of light in*

*their bedroom.* This simple expedient may save much mental conflict later in life.

The Phosphorus adult, and indeed often the child, may be tormented with another kind of fear, that of some dreadful disease.

That terrible imagination of Phosphorus can paint a picture, or build up an image, which to himself is absolutely unmistakable and inescapable. Each such fear, successfully demolished by the physician may be followed by another as fearful as the last, and the only cure for this state may be a dose of Phosphorus.

There is one more characteristic fear of Phosphorus which is especially prevalent in the fair sex—a fear of spiders fear of creeping things generally, true but of spiders in particular. The terror seems often out of all proportion to the cause—at any rate to those who are not female and Phosphorus.

As to the mentality in general, the Phosphorus mind is quick and agile (good at crosswords!) with a sense of humour and sometimes a propensity for practical joking. There is generally not much leaning towards deep thought or philosophical study. *There is perhaps not enough capacity for sustained effort.*

Phosphorus is apt to tire easily, physically, mentally and spiritually. He gets discouraged and soon gives in under difficulties. In this he differs from a remedy to which he is akin on many points—Lycopodium. Lycopodium has more grit, shall we say, more self-respect, and does not show what he is feeling nearly as much as phosphorus, who, indeed, often has very little self-control.

*The epithet "thin-skinned" applies metaphorically as well as literally.*

The skin is certainly sensitive to touch, and Phosphorus is the most ticklish of all patients. All the senses tend to be hyperacute, especially perhaps those of smell, taste and touch. This sensitiveness of the skin is again often evidenced by unusually easy bruising, sometimes apparently quite spontaneous. Akin to this also is the well-known tendency to bleed excessively.

Such is my crudely painted portrait of the Phosphorus patient.

One point in conclusion regarding the homoeopathic action of Phosphorus. This particular feature of the remedy would seem akin to what is not uncommonly observed, *a slowness of response when a question is asked. (I look upon this peculiarity by the way as of very high rank in Phosphorus.)*

Now, there is sometimes an unusually long latent period following the administration of the dose, before its effects are apparent. After giving Phosphorus in a chronic case I always allow more time than is usual with other remedies, if no effect be noticed before changing the remedy. On account of the great sensitiveness emphasized above, *I always start the Phosphorus patient with a low potency, such as the twelfth.*

*The British Homoeopathic Journal.*

## **TWO BRILLIANT HEART CURES.**

Mr. R., aged 54 years, tall, strong, well-built, called at my dispensary five weeks ago in a very depressed state. He complained of pain running up left arm, across his back and finishing up in the region of the heart. He said he had been treated by his panel doctor for rheumatism for twelve months and was none the better, but much the worse. His chest, he said, was held as if in a vice, he had great difficulty in breathing, the pain was so intense at times that death would have been welcome.

Any doctor should know the name of this trouble, but homocopaths do not treat the names of diseases, but people. We have a medicine which in large doses causes "constriction of the chest as if bound, hindering respiration. Heart constriction as from an iron band." There could be no mistake about the remedy : Cactus 3. The patient returned in four days in joyful mood. "I walked down town yesterday with my wife, did our shopping, and walked home without any pain." He has had a few twinges since but he is now quite well.

Mr. A. had rather a busy day in the City one Saturday. He was taken with excruciating pain in the heart. He was hurried into a London hospital near at hand, and after examination was told there was a clot of blood in one of the arteries of the heart. He was advised to stay in hospital as it was very serious. However, he declined and struggled home. He had a very bad night and I was called in early on Sunday morning. The second dose of the Cactus cleared away the pain and breathlessness and he has been well since.

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### A CASE OF PARALYSIS OF MUSCLES OF THE NECK CURED BY LYCOPODIUM.

A Hindu male child, aged 4, was brought to me on the 10th September for Nasal Voice. The child was suffering from this symptom for about a month since his recovery from a bad attack of fever. On examination the uvula was found to be rather long and relaxed. On inquiry I learned that drinks, not solid food, return by the nose. The patient was lean and emaciated, but was free from fever and had no other organic disease. *An old school doctor had*

diagnosed ulceration of the floor of the posterior nares and had feared perforation of the soft palate. He was placed under a homoeopathic practitioner, who treated him with *Caust.* 6 for a fortnight but without any benefit. I gave him some globules saturated with *Merc. s.* 6, two to be taken for a dose, twice a day.

The child was brought to me on the 24th, that is after six days' use of *Mercurius sol.* There was complete disappearance of one symptom, "return of drinks by the nose" but the nasal voice was not a whit better. I gave him *Aurum met.* 10x, globules, to be used in the same way as the first medicine.

28th. The child was brought, as usual, in the morning. The voice was much improved, the nasal twang being less; but a new and most alarming symptom had developed itself—the patient could not keep his head erect. There was evident paralysis of muscles of the neck, more of the right side, as the head was more towards the left side. Thinking this might be due to *Aurum*, I discontinued the medicine, and gave some *nihilum* globules. The child was brought on the following day, the 29th. Nasal voice quite gone, but paralysis of a muscles of the neck rather worse. Gave *Lycop* 30 gles.

1st Oct. Was glad to see that the child could keep his head erect pretty well. The medicine was repeated, and in the course of a few days, the grave symptom of paralysis of the neck disappeared.

#### Remarks.

This case affords a beautiful verification of a pathogenetic symptom of *Lycopodium*, which is thus recorded in the *Chronic Diseases* : "A sort of paralysis of the cervical muscles. The head sank down forwards more and more, as if it

would fall off". In our case the tendency of the head was to fall more to the left, than to any other side; and yet *Lycopodium* removed the symptom, showing that the drug does produce paralysis of the muscles of the neck, and it is immaterial on which side the paralysis may be predominant. This symptom of *Lycopodium* was furnished by Hahnemann, and however obtained, whether with the 30th dilution on a healthy subject, or simply as a removed clinical symptom, there can be no question that it is a genuine symptom. This shows how unwise it is to reject all the symptoms of the *Chronic Diseases* which have been furnished by the author.

Calcutta Journal of Medicine.

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## A LECTURE ON KALI-MUR. (POTASSIUM CHLORIDE.)

By

Eli G. Jones, M. D. Buffalo., N. Y.

I want to talk to you a little this morning about Kali-mur., one of the twelve tissue remedies of Schusseler.

In the facial diagnosis indicating the above remedy the face has a *worried, anxious* look, the patient imagines he must *starve*.

He gets *worse* from *motion*, but he must occupy himself, so he plays with his fingers. The tongue has *greyish-white* coating, may be dry, or slimy, with *protruding* eyeballs. This remedy is indicated in the *second* stage of fevers and inflammation, especially of serous membranes, when the exudation is of a *plastic* or *fibrinous* nature.

The remedy is indicated in sick headache, with *white* coated tongue, and vomiting of *white* phlegm, with *sluggish* liver. It is indicated in chronic catarrh of the middle ear.

In the *chronic* form of congestion and closed Eustachian tubes, with swelling of *glands* or crackling noises on blowing the nose or swallowing. Kali-mur. will be the remedy called for in ulceration of the cornea. It is a strong rival of Hepar Sulph, to cure this condition. When the eyes have been injured in some way by a blow or a fall, or it may be from snow-blindness. The eyes are *blood shot*. We must not forget Kali-mur., to *clear up the eyes*.

This remedy Kali mur. is indicated in a "*stuffy*" cold in the head, with *greyish-white* tongue, and *white* phlegm thick, not transparent. It often happens when a cold is "breaking up" there will be a *profuse* discharge from the nose of *clear, water*, which requires many handkerchiefs a day. The above symptoms call for Kali mur. You may have a patient with *hissing* noises in the ear, the ears feel *stopped up* there is an itching in the auditory canal. With the above symptoms we think of Kali-mur.

In Diphtheria, and Tonsilitis, Kali-mur. with Ferri phos. will be the remedies indicated.

It is the first remedy we think of in *sore throat*, three tablets of 3rd x every hour until relieved.

A person may have had a bad cold that has left him with a *tickling cough*, and feeling of *soreness*, or *rawness* in the chest. In this case you can *depend* upon Kali-mur. 3rd x, three tablets after each coughing spell. It is the remedy of all others in the *second* stage of pneumonia, the stage of *hepatization*. This remedy *absorbs* the plastic exudation, it acts as a thermal sedative, it *keeps down the temperature*. It also *takes care* of the *cough*. Put ten grains of Kali-mur. 3rd x in a cup of hot water, give one teaspoonful every hour.

The kind of *cough* that calls for this remedy is a loud noisy *stomach*, cough with *greyish white* tongue. It is also indicated when there are *wheezing* rales, and *thick milk-like* phlegm.

This remedy is indicated in the second stage of rheumatic fever, when *exudation* forms around the *joints*. It is indicated in nightly rheumatism when the pains *are worse from motion*, and *warmth* of the bed. The pains are *lightning-like* from small of back to feet. The pain drives the patient out of bed, he must sit up. It is indicated in an obstinate case of eczema, when the dry scabs fall down on the floor like *flour*. It is called for in epilepsy, when some eruption like eczema has been *driven* into the body by some kind of salve or ointment.

Some of the leading authorities of the old and new school tell us that in "acute general peritonitis, the prognosis is *fatal*," yet I have *cured* cases with Ferr-phos, and Kali-mur.

You may meet with a lady who complains of *soreness* and *tenderness* of her breasts at the monthly period. The remedy is Kali-mur., 3rd X, three tablets every two hours. It is the remedy for warts, and the *after-effects* of vaccination.

It should not be *omitted* in acute pleurisy to *prevent* effusion, and it should be *continued* as long as there is *any friction sound*.

This remedy is indicated in dysentery, when there are intense pains in the abdomen, *cutting* pains as from knives, an urgent call for stool every few minutes, with *tenesmus*, purging with *slimy* mucous stools.

It is also indicated in indigestion when there is a pain or *heavy* feeling in the right side under the shoulder. The tongue has a *greyish-white* coating, *fatty, greasy food* disagrees, and there is vomiting of *opaque* mucus.



We think of this remedy in piles, when the blood is of a *dark, fibrinous* character. It is the remedy for constipation, when the stools are *light coloured*, from lack of bile, *torpid* liver, *greyish-white* tongue and protruding eyeballs. A dozen tablets, Kali-mur., 3rd X, may be taken with a glass of water at bed time.

In women this remedy is *the* remedy needed, when the menses are *late* or *suppressed*, the flow *dark* clotted, *like tar*.

In the first stage of cancer of the breast when the lump in the breast feels quite *soft*, and *doughy*, when *tenderness* of the breast is the principal symptom complained of, Kali-mur., 3rd X, is the remedy indicated, three tablets every two hours.

It is the *basic* remedy indicated in pericarditis, endocarditis, and myocarditis, and should *not* be omitted *no* matter what other remedies may be called for. It is one of our *best* remedies in *chancre*, also in chronic cystitis. It is the first remedy we think of in acute nephritis, to strengthen the kidney structure by relieving it of the destructive changes going on. It is the remedy *par excellence* for this purpose. Add 10 grains of Kali-mur., 3rd X, to half a glass of water. Give one teaspoonful every two hours. In the treatment of appendix it is Kali-mur. one of our most reliable remedies.

Dr. Webster, author of "New Eclectic Practice," a careful, conservative physician, under the head of "Appendicitis, page 448, gives us his opinion of Kali-mur. in that disease.

It is well worth reading and remembering. "In several cases of the kind I have seen the abdominal tumefactional, obstinate constipation, caecal pain and elevated temperature, gradually subside under its influence, when in the opi-

nion of old and experienced Surgeons, an operation was urgently demanded." Give 5 grains of Kali-mur., 3rd X, in half a glass of water, one teaspoonful every hour.

In the first stage of Infantile Paralysis, Ferr-phos. and Kali-mur. are the main remedies we must depend upon to *arrest* the local inflammatory action that the grey cells of the motor nuclei may be preserved. Here you may prescribe the 3rd X.

For the fever in the first stage of Typhoid Fever Ferr-phos, is the remedy. For the *greyish-white* tongue, *looseness* of the bowels, pain and *tenderness*, Kali-mur. 3rd X, is the remedy needed.

In the treatment of Small-Pox Kali-mur, is the principal remedy to control the formation of pustules. It is worth trying as a prophylactic of the disease. Take Kali-mur., 3rd X, three tablets every three hours for ten days.

It should be remembered that vaccination will not "*take*" when Kali-mur., 3rd X, is given either just before or after vaccination.

In *loss of voice* from a severe cold, Kali-mur., 3rd X, is a *good* remedy, but 15 grains in half a cup of hot water, one teaspoonful of this every hour.

This remedy is indicated in measles for the *hoarse* cough, for the *glandular* swelling, with *greyish-white* tongue.

For the *after-effects* of measles, diarrhoea, *deafness* from swelling in the throat, Kali-mur, is indicated. In *swelling* of the face from cold or injury in swelling of the glands of the throat, if the swelling is *soft* Kali-mur will be the remedy.

It should be remembered that Kalli-mur., 3rd X, is the tissue remedy for membranous croup.

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## CLINICAL CASES.

By

Abani Bhushan Chatterji, M. H. S. Hoogly.

1. A lady.—Mrs. S. age 45 years, fair complexioned, sterile, suffered from salpingitis with cutting pain in the left ovarion region, excruciating pain around the loins down the perineum travelling down the thighs. Was under Allopathic treatment under eminent physicians and surgeons in consultation with a lady Doctor for 41 days; received as many anesthetics as are found in the Pharmacopoea. Uterine douche was given thrice a day, hot poultice was given over the painful parts on the lower abdomen. Her husband was thinking of taking her to Calcutta for better treatment when I was called in just to give a trial to Homoeopathy, but for two days only, as her husband did not like wasting any more time. I was put in a fix as my readers too might have been many a time. If I would fail it would bring discredit not only to me but to the never failing science of Homoeopathy also, However I gave her *Nux Vom* 200 one dose and *Sac Lac* 4 doses, one every three hours to antidote the effects of the previous treatment. After 4 hours she began to feel a bit better though still in the agony of pain.

I was called in the next morning again, and while taking up the history of the case for the second time she told me that the pond in their garden was overflowed in the heavy rains and she had to cross through the water to their next house, a few yards away, several times, and after that all her complaints, I was so much delighted to hear this that I could not listen to whatever patient said further. I gave her *Rhus tox* 30 two doses one every half an hour and a few doses of *Sac Lac* to be taken every

4 hours. In half an hour all her troubles subsided like a magic to the great joy of my patient and to greater surprise of her husband who had not the least faith in Homoeopathy.

2. A boy of eleven suffered from fever for six months. Had taken enough of Quinine, when he was under allopathic treatment, and when it did not stop the fever, he was treated for Kala-azar and received 12 injections of Antimony to no effect. I was called in and after taking up my case I found—the child much pulled down, pale, emaciated, enlarged liver and spleen, had diarrhoea containing mucus and blood, oedema of the legs and upper eye lids, no thirst, scanty urine, slight Bronchial catarrh, dreams of God and holy saints, continued fever, temperature  $103^{\circ}$ , to  $104^{\circ}$ . Gave Sulphur 200, one every morning for two days. Condition the same. Gave Apis mel 30, 4 doses one every 4 hours; swelling disappeared, more free urine, fever same.

*Gave Malaria off 30 four doses, one every 4 hours.* On the second day temperature fell to  $100^{\circ}$  continued the above remedy for three days; fourth day: no fever stool normal, much appetite, gave Sac Lac and sent him for a change. He is back at home, a healthy child, gay as ever, attending his school.

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### THE PERSONALITY OF THE REMEDY.

Norval Douglas Marbaker, M. D. Philadelphia, Pa.

My original preceptor in Homoeopathy, Henry Milus Gay, a man whose knowledge of things homoeopathic is unquestioned in his community, taught me that to study individuals on the street, in the electric cars, or wherever people congregate, is essential to proper education.

The doctor has specialised in this manner from homoeopathic viewpoint, and as a patient enters his consulting-room Dr. Gay can see, in the majority of cases, the remedy she or he will call for. The excoriated eyes of Euphrasia; *the swollen nose and upper lip, red from much rubbing, of Allium Cepa*: *the walk of Rhus Toxicodendron*: *the anxiety of Aconite*; *the debility of China* are noted before the interrogation begins and rarely is the original impression inaccurate.

He taught me that, just as symptoms manifested themselves in the patient, the personality of the remedy could be demonstrated. The totality of the symptoms always included this latter consideration.

We, as Homocopaths, have accumulated great masses of data concerning aggravations, ameliorations, sequences, keynote, characteristics. Once in a while we hear mention of "the" patient.

What do we mean by "the" patient? Merely his personality and his individuality.

Artists tell us that they are ever looking for types. Clever psychologists and physiognomists teach us that a great deal of information concerning the character is obtained by a careful consideration of the facial expression and the carriage of the individual.

Herbert George Wells, in his allegory, *the Island of Dr. Moreau*, has proven that certain individuals are essentially animal in type.

The analogy can be carried one degree further. That great student of adolescence, G. Stanley Hall, has brought together many facts concerning the personality of various animate and inanimate entities. Flowers, trees, minerals and even mountains have throughout the ages been personified by the poets and philosophers.

The majority of the text books seem to show that the individuality is entirely mental. The personality of the patient is taken up under the mentals and the melancholias and the hypochondriacal states thus seem to predominate. "The" patient is completely lost. It is undeniably true that the mind of the individual is a great factor in the maintenance of a distinct individuality but the other parts of his being are of equal importance.

Just as the skilled in the artistic can see new individualities, so the skilled prescriber can see in certain individuals and types of personality a direct relationship with the homoeopathic remedy. It is in this way that a superlative likeness between the personality of Man and the personality of drug can be demonstrated.

To the Homoeopath, this relationship is avowedly true with certain very definite pathologies, such as, we will say, the ulcer. *All of us by mere inspection can see the deep ulcer of Kali bichromicum; the shallow, rapidly spreading one of Nitric acid; the gangrenous changes in Crotalus; the elevated edges of Thuja.*

Remedies have, to a certain extent, a definite predominant colour. Why? Who knows? But Chelidonium is always yellow; Lachesis is always purple; Belladonna is always cherry-red; *Platina is always black.*

Such characteristics are as important as the stitches of Bryonia; the stings of Apis mellifica; the heat of Cantharis; the cold of Camphor; the periodicity of Cedron.

If this be true of all single entities, why cannot the individual as a whole be considered? These symptoms are found frequently by the prescriber and should be utilized to their fullest extent.

Why this is true never will be satisfactorily proven. We say that the personality of the remedy causes certain symptoms to occur and it is the personality of the patient that receives and, later, demonstrates them. However, clinical results are rather tangible and so long as these things do occur clinically we can consider them. Whether satisfactory proof can or cannot be given, good Homoeopaths will continue to speak of such relationships as the *Hyoscyamus delirium* and the *Veratrum album prostration*.

With a knowledge of the indicative personality of a remedy, the first question of the prescription is answered. We believe that it will be found, in the majority of cases, that the similar human personality will present the symptoms calling for the remedy regardless of the disease state presenting.

The prescription should not be made without a knowledge of the totality of the symptoms, a complete history of the complaint, the careful consideration of all evidences of the disease state presenting, and an analysis of the personality of the patient.

We feel that with a knowledge of this so-called personality of the remedy, *half the prescription battle* is won. If the remedy used is the indicated one, a cure will result, provided the obstacles in the way of recovery are recognized and removed.

We shall add a few of the personalities of certain of the remedies, hoping that we will be better understood.

*Nux vomica*, a very common and well-known character. Male. Dark complexion, with black hair and eyes. Hahnemann says, "He is of an anxious, zealous, fiery, hot temperament." He is easily irritated and disposed to be quarrelsome. He is always worse in the morning and it is

wise to say little to him until he has had his breakfast. He is sullen early in the day and the slightest irritation will aggravate him into a pseudo-rage. "High livers who live a sedentary life" is the classical statement of Kent. He is usually confident that he is able to direct the destinies of the world. Brightness and noise are decidedly annoying to him. Nux is not a pleasant chap at all times. In the evening when out with the boys he *is a hail-fellow-well-met* but his wife always suffers in the morning.

*Scpia.* Brunette. Female. The feminine Nux. Talcott calls then "chlorotic, puffy and pot-bellied" but the chronic old maid seems to us to be more descriptive. She cannot tolerate children near her and she is the type who calls the police if they run into her yard to play. She wants to be let strictly alone and is so submerged in her own affairs that she appears apathetic. She knows that she is the resting place of all the germs humans are heir to and she enjoys reading the family doctor book in search of diagnosis of her real and imaginary diseases.

*Phosphorus.* Male. Inclined to be dark. The typical overworked teacher of the Classics. He is tall, slender, *slightly bald and slightly bent*. He wears glasses because of his long hours of study when a younger man. He is a kindly soul and ready to help any students in any subject. He appears to be tubercular and his white skin and his constant colds lead one to confirm the suspicion. He is always tired and fagged out, and, at the close of the day he seems so pathetic that even his students feel sorry for him.

*Ignatia.* Female. Inclined to be dark. She is not good company and contrariness is written all over her. She is the fussy woman who is never satisfied. If the room is very warm, she will insist that it is chilly, and if the room is cold, she is quite comfortable, thank you. If you expostulate with



her in a kindly way, she becomes very angry but if distinctly compelled, she is acquiescent. She wants to be alone and when she is disturbed, weeps inwardly. She resents contradictions. She worries about trifles but big affairs have no particular depressing effect. Perhaps she is the unwanted, disagreeable mother-in-law who camps on the trail of the newly-married couple and spoils their life and her own.

*Sulphur.* Male. Blonde. A genius who cares more for his hobby than himself or the world. Some one (Oliver Sloan Haines) has called him the "ragged philosopher" but we like to think of him as *the beloved vagabond*. He is lean and stoop-shouldered. His skin is rough and harsh and his hair is coarse. He likes to loll around and tell of his knowledge. He is no egotist because what he says is usually true and he, himself, is forgotten. Some think he is lazy but we fancy him as being loose-jointed. He is so full of his lore that he forgets to wash and there is a general suggestion of odour about him. With all his faults, he is a likeable chap, and one would like to walk, hunt or fish with him, enjoying the brilliancy of his conversation and his *intimate observatory powers*.

*Platina.* Female. Brunette. The nouveau-riche matron who looks disdainfully on her less fortunate sisters who are, to her, small and inferior. I am wondering if George McManus' Mrs. Jiggs is not a personification of this remedy. She tries to be queenly and regal in appearance and she succeeds to some extent. She has a hard time when she is disappointed and blue because she is too proud to associate even with her friends. She speaks in superlatives and condescends so openly that she is most unpleasant.

*Phosphoric acid.* Male. Blonde. He is a young man, and one very well known to physicians and clergymen. He is rather sallow, rather thin, rather weak, rather sick

than healthy. He has a conscience that works overtime, and it goads him almost to desperation. He has in the past done something that is to him the unpardonable sin and he feels forever damned and lost. All he needs is a strong-minded confidant who will lead him into healthier mental and physical fields of endeavour and he comes through in the end a splendid fellow.

*Pulsatilla*. Female. Light hair and blue eyes. Oliver Wendell Holmes described a woman, once upon a time, as subject to "lachrymose cataclysms" and so unknowingly delineated this remedy. She is a sweet girl, never bothering much about her own aches and pains but suffering for others. She is tender hearted and so fragile that she breakdowns easily. If misfortune does overwhelm her, she craves the sympathy she so freely gives, and a good cry does her, oh, so much good. She is never positive and swings the way a more authoritative person feels. She loves to indulge in reveries and then discuss them with her best friends.

*Chamomilla*. The cross, irritable, irritating, whining baby. They are insistent that their demands be fulfilled and after they have been given that which one would suppose would quiet them, they fling it down and howl for something else. Regardless of the lateness of the hour, or how tired and sleepy father is, they will coo and smile and say, "Sweet Daddy," and be daddy's angel child, while he walks the floor with it, but, on being laid in its crib again—WOW—and father becomes typically Nux.

Every Homœopath will recognize the truthfulness of the above pictures. There is nothing new in them. Countless papers have been written with the same idea but, sad to state, they have been, in some instances, burlesques on the important subject.

All of us have met persons of these types. Everyone knows them well. We feel certain that it is logical to suppose that when these individuals need a physician's care they will call for the remedy they represent.

Personalities like Natrum mur., Calcaria carb., Magnesium phos., Alumina, Graphites, Merc sol, are not mentioned in this paper because their individuality is based more upon definite symptom-complexes and so cannot be considered as normal individuals.

The aim of the paper is to give a hint for the more careful selection of the indicated remedy. If we have made the remedies mentioned clearer, if we have demonstrated the close relationship of the individual remedy to the individual patient, we have not read in vain.

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## CASES AND COMMENTS

### Hypertension

Case No. 1. Miss C., 46 years old, a private secretary. Always well up to two years ago, when she came to me and showed me a swollen gland in her breast, about one inch to the right of her nipple and as large as an acorn. I also found at that time that she had a blood pressure of 210-110. She did not want her breast removed, so I suggested the removal of the gland and a bioscopy. I dissected the gland and some surrounding tissue and it was submitted to Dr. Rooney, of Boston, our pathologist. He telephoned me at once that it was the most malignant of carcinomata and that the whole breast should be removed at once. I consulted her family and they said no. As a matter of routine I gave her two doses of conium 30x and 200x. Up to the present, now two years, there has not been the least sign of return. For the

past 1½ years I have been trying every means both physiological and homoeopathic, to bring down her blood pressure without avail. During the last two years she has had ruptures of a vessel on the retina, causing blindness in the eye for a period of four to six weeks. She consulted a Boston eye specialist, but he gave her no treatment or prognosis. About six months ago she called my attention to a large number of broken capillaries on both sides of her upper and lower legs; some places were echimosed as though she had been struck. She also said her legs were very sore and hurt to the touch. I gave her arnica 6x. The next time I took her blood pressure it was 180/100. Then at intervals of three or four weeks I gave her arnica 1m. A week ago her blood pressure was 160/90. She has not had a hemorrhage of the eye for four months, and the broken viens of her leg about cleaned up. Boericke's *Materia Medica* says "arnica is disposed to cerebral congestion, affects the venous system, causing stasis, tendency to hemorrhage, septic conditions, apoplexy, red full face, sore, lame, bruised feeling, retinal hemorrhage." This case showed all of these conditions. Therefore, it would naturally help and probably entirely cure the condition.

Case No. 2. Mrs. B., 51 years old, housewife. Treated for the last two years for so-called rheumatism. The condition I found when I first saw her two months ago was pain and soreness over the left sacroiliac region. Upon trying to rise from a chair had great difficulty in starting, as the pain went down the muscles of the left leg. The left knee also was very stiff and painful. It took her a long time to get straightened after getting up and as long to get her legs moving. These conditons were worse before a storm. Her face became terribly flushed, especially on trying to sit up, not while lying still. On taking her blood pres-

sure I found it to be 235/60. At times the pressure in her had been so bad she could not lift her head from the pillow. She said that for two years her physicians had been saying her blood pressure was very high, how high she did not know, but they had put her to bed for relief. I kept her in bed and gave her rhus tox. 12 and 30x without results, seeing her three times over a period of six days. Every day that I took the pressure it was the same. Her pulse was 120 plus, very small and thready, with pressure in her head. She then called my attention to many small, broken and distended veins in her legs, said she had had a bad case of phlebitis a few years ago. I gave her pul. 6x and two days later when I saw her she exclaimed, "Well, you have struck the right medicine this time. My head is relieved and the pain in my back is better." I took her blood pressure and to my astonishment it was 180/60. Two days later it was 160/80 and three days later it was 155/90 and has remained about the same up to the present—about four weeks. She is up, doing most of her work, but has some lameness in the left leg and hip. There is no doubt in my mind that this case was an infection that had so inflamed the lining of the blood vessels that their lumen had become obstructed, causing a great pressure and consequent peripheral resistance so well described by Dr. Boericke.

*The Journal of the American Institute of Homeopathy.*

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### RHUS TOX, IN CONSTIPATION

The writer was called to see an Irish woman about 60 years of age, who had not had a stool for eight days. As she had not lost appetite, had abdomen protruded like a seven months pregnancy. In the eight days she had taken all

kinds of laxatives, from compound cathartic pills to croton oil, without effect. When I saw her she worked herself into such a condition of nervous restlessness that she could not sit still, but walked around from chair to chair like a case of renal colic. I knew that I need not give her a purgative, for she had already taken almost all of them, but in her peculiar nervous restlessness I saw rhus tox., which I gave her in the 3x attenuation, and the next morning her bowel movements began and continued for over 24 hours, until the gut was emptied. The patient seemed never to get tired of telling about the strong medicine that I had given her with such good results.

T. H. Carmichael, M. D.

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### CONSTIPATION\*

Dr. K.K. Roy, M.D. (California), U.S.A.

“Infrequent or difficult evacuation of the faeces.

Chief causes are :

1. Many general diseases that lessen the intestinal secretions or inhibit peristalsis, such as :—

- (a) Acute Fever.
- (b) Anaemia.
- (c) Diabetes.
- (d) Neurasthenia.
- (e) Hysteria and
- (f) Organic affections of the brain and spinal cord.

2. Many diseases of the digestive tract.

3. Chronic Gastritis.

4. Gastric Cancer.

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\* Read before a weekly meeting of Bengal Institute of Homoeopathy

5. Obstructive Jaundice.
6. Chronic Intestinal Catarrh.
7. Sedentary Habits.
8. Improper food, such as : beans, corns and the like coarse food which form dry faeces difficult to evacuate.
9. Muscular spasms excited by irritable prostate, uterine disease, ulceration of the rectum or stricture.
10. By paralytic affections of the intestines in consequence of opium, lead or other poisons.
11. By abnormal losses of fluids in diabetes, profuse lactation or sweats
12. By mechanical obstructions :—
  - (a) Outside the intestines.
  - (b) From tumors, the enlarged or displaced womb,  
or
  - (c) By the presence of foreign bodies in the intestines such as billiary stones, fruit stones, etc.

N.B.—Retarded action of the bowels in acute diseases such as typhoid, scarlatina, measles, etc. is always of benefit to the patient and should never be interfered with in any crude manner.

SYMPTOMS.—Retarded action of the bowels, is frequently accompanied with dizziness, headache, palpitation of the heart, hypochondriacal symptoms, haemorrhoids, and flatulency. Mental sluggishness, lassitude, fetor of the breath, coated tongue and anorexia.

TREATMENT.—The removal of the cause is a matter of first importance.

Cathartics should be avoided.

In some cases the activity of the bowel is restored by repeated daily attempts at defecation at some special hours.

Systematic exercise and cold bathing are of the greatest benefit. Abdominal massage in the direction of the colon is often quite effectual.

Laxative, articles of food such as, green vegetables, oatmeal, cornmeal, whole wheat bread, oils, and cooked fruits should be recommended. A careful regulation of diet, drinking of cold or hot water before retiring at night and after rising in the morning, a strict adherence to the rule may suffice.

Mineral waters are sometimes of great value.

Enema of soap water or of glycerine or suppositories often proved highly satisfactory.

In some obstinate cases vegetable laxatives or pills at bed time or in the morning may be taken as a temporary measure.

The bad habit of purgatives must at once be stopped. But all these would not do in all cases. Remedial agents will often be required such as :

Aesculus Hip., Alumina, Anacardium, Bry., Cal. C., Causticum, Chelidonium, Graph., Iod. Kali Carb., Lyco., Nat. Mur., Nux Vom., Opium, Plumbum, Silicea, Sulph., Thuja, etc.

The following cases from my practice will serve to illustrate the dictum "We treat the patient and not the disease." In Homoeopathic treatment we do not prescribe according to the name of the disease but by the totality of the symptoms—subjective and objective. The history of the case of constipation must accordingly be taken down strictly and elaborately as we take down the history of all Chronic cases.



## CASE I.

In the year 1915, a boy aged about 12 years, native of a small factory town called Joint, in the State of California, U.S.A.—had been suffering from habitual constipation since his birth.

Every now and then he was given purgative without which he could not have motions. On one Sunday when his mother along with the boy came to the Ramkrishna. Vedanta Society of San Francisco to attend the Sunday lectures, I happened to be present there. She asked me whether there was anything as a permanent cure for her son's Constipation.

I took down the history of the boy and found out that he always used to get sickness and nausea, vomiting and vertigo on street cars, steamers or railway trains. That strange rare and uncommon symptom led me to prescribe *Cocculus Indicus* in the 200th potency I dose. To my surprise I found that the boy began to get regular motions and he was cured in no time.

## CASE II.

An European lady aged 72 had been suffering from habitual constipation from nearly 30 years. She was in the habit of taking Enose fruit salt every morning.

Afterwards she developed chronic cystitis with continuous dull pain and incontinence of urine. The height of pain used to come and go suddenly and at times the abdomen was so very tender that she could not bear the touch of any clothing.

Belladonna 30th was given twice daily 4 days to be followed by Sac Lac powders for 3 days. Her pain became better but not altogether gone. Afterwards Belladonna 200 potency 1 or 2 doses cleared up the case. But the

constipation remained all the same. Further investigation revealed that she was chilly, fond of salt and of a corpulent body. Perspiration was marked mostly on the head and face Cal. Carb 200 was given twice in a week for 4 or 5 weeks and her constipation was cured.

### CASE III.

A baby of 1½ years old had been suffering from severe constipation since one month after her birth. The old school physician used to prescribe laxatives of different kinds. She had no inclination to stool for nerly 4 or 5 days. Afterwards if she got any desire for motion she could not do so for a big large, hard stool obstructing the passage. Every time glycerine and olive oil must be injected before the attempt. The child used to sit down and get up often (as if in labour) but could not pass the big lump unless removed mechanically, *i.e.*, by fingers or some other way. The anus was cracked and followed by bleeding. Sulph. Cal. Carb. Silicea and Thuja were tried one after another but they did not improve the constipation though the general health of the patient became better. After a minute search through *Materia Medica* it was found out that Kali Carb covers the above symptoms. Kali Carb 200, 2 doses was given once in the morning successively for 2 days. Since then she has been passing regular stools.

From the above examples we infer that a permanent cure of constipation cannot be accomplished with all sorts of paraffin oils or laxatives or purgatives unless and until we treat the patient and not the disease.

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## CLINICAL CASES.

By Dr. S. C. Boral M. H. M. S. Calcutta.

### 1. *Natrum Mur.* cured after *Quinine* failed.

Babu S. Banerjee lives in the suburb of Calcutta. He was suffering from chills and fever for nearly six months. Had *Quinine* in large doses and other patent medicines. At length he came to have recourse to homoeopathic treatment.

He was about 32 years old, and was almost reduced to skeleton owing to the long, lingering diseases. The whole of the abdomen was filled with the enlarged liver and the indurated spleen, which was as big as a pumpkin, reaching up to the umbilicus. The left hypochondriac region felt tender and aching on pressure. There was loss of appetite and other dyspeptic symptoms. Constipation was pronounced; the bowels moving on sometimes every second or third day; the stools were dry and came out with great effort. *Paroxysm recurred every fourth day (Quartan type of intermittent)*; leaving full two days interval. *Chill commenced at 10 A.M. from the extremities* and lasted nearly an hour. The heat was well-marked and lasted for the whole afternoon when the headache was intensified; the patient complained of a beating headache in the temples. The whole appearance was anaemic and the patient was much debilitated. Sweat was fairly occurring all over. There was no thirst during chill; the patient used to drink two or three glasses of water during heat only.

*Natrum Muriaticum*—200, was prescribed; one dose followed by full 7 days *Sac. Lac.* twice daily. Next paroxysm less distinct and the successive one was almost absent. From this report another week's *Sac. Lac.* was given. The patient came back next time and there was improvement regarding the stools, appetite and general condition of the patient

and no fever. A second dose of Natrum Mur 200 was given after a fortnight to reduce the splenic and hepatic enlargement which were not palpably reduced with the action of the first dose of medicine. There was an uneventful recovery.

## 2. A case of postponing type of intermittent cured by Ipecacuanha.

It was the case of a boy aged ten who was suffering from malaria for nearly two months. As usual got a large quantity of quinine from the hands of an old school physician. *The fever occurred every day in the afternoon (about 4 p. m.)* It was however, very interesting and peculiar, as the patient said that *the fever came one hour later every day* (one day at 4 p. m., the second day at 5, and the third day at 6, and so on). There was no nausea and the patient was thirstless; he had no hunger and used to pass two or three loose evacuations daily. There was slight chill, followed by moderate heat and slight perspiration. The tongue was clear and red-looking and smooth.

I worked out my prescription by the method of Repertory as follows:—

(a) Afternoon rise of temperature. (4 to 6 p. m.)—Pulsat; Gelsem; Ipecac; China etc.

(b) Fever after abuse of Quinine :—Lach; Pulsat; Ipecac; Nat. m., Nitric ac, etc.

(c) Postponing type of intermittent :—Chin. S., Ignatia; Ipecac.

(d) Clean tongue with fever—Cina and Ipecac.

(e) Thirstlessness—Puls; Apis; Ipec; Gelsem; Bapt, etc.

In this way *Ipecac* was picked up and prescribed thrice daily in the third decimal potency. First day's use lessened the temperature and the duration of the fever; from the se-

cond day onward there was no fever and the bowels improved though the medicine was continued only up to the third day.

These instances show clearly, as has been shown by eminent physicians good many times all along, that *Homoeopathy is always up to the mark to combat all sorts of fever*. It is a difficult problem no doubt, to cure all types of malaria. It is difficult not because we have not sufficient therapeutic resources at our command, not because our remedies are too weak to work any cure, but because our brethren are not familiar with the way how to select our remedies; or they rather deal with the cases summarily paying little attention to the *Materia Medica*. In selecting a remedy not only the symptoms of chill, heat and sweat are to be considered but also the prodromal and apyretic stages as well as all other bearings of the patient. When a physician works in this spirit he is sure to combat his cases successfully without causing them to be suppressed with quinine and thereby shattering the health of his patients.

### **3. A case of Iridesome toothache cured by Mercurius.**

A certain aged lady was afflicted with a severe toothache for some fifteen days; the ailment continued throughout the day and night robbing of all the comforts of the patient. She became restless with the pain which was intolerable at times. It was temporarily relieved by the pressure of the hand externally. On examination the incisors and the bicuspid teeth of one side of the lower maxilla were found affected; their enamel was worn out and the gums were swollen. Assuming that it was due to the exposure at night from sleeping in the room with windows open. I gave her at the onset a few doses of *Rhus Tox 3x*. It was of no use and on the third day of my treatment I changed it for *Pulsatilla 3x*;

it was prescribed on account of the peculiar mild and mournful character the patient. Notwithstanding the pains were as before and it led me to think seriously, I found on more careful enquiry that *the patient was suffering day and night and that the pains were neither relieved by heat nor by cold application.* So Merc Sol 30 was prescribed twice daily for two days. Still no improvement; consequently I changed the potency and resolved to try Mercurius low. Accordingly it was given in the third centesimal potency thrice daily and to our surprise from that time onward the patient recovered within a very short time. Is it necessary to assert that the different potencies are needed in variable conditions? Let others answer, I cannot be able to as yet.

#### **4. An inveterate case of cardiac dyspnoea relieved by Medorrhinum.**

Bhagelu an up-country Mohomedan was suffering from asthmatic breathing and cardiac hypertrophy for a long time. He had undergone various kinds of treatment. He felt a kind of oppression and arrested breathing on attempting to walk a distance and for this reason was unable to perform any sort of bodily labour. He was about fifty years old. On examination the left ventricle was found immensely hypertrophied and dilated reaching up to the sixth intercostal space. There was some wheezing breathing at times with coarse rales and bronchitis. He used to expectorate profusely in the morning hours. There was difficulty of breathing and a sense of oppression in the chest during evening, lasting till midnight. The poor patient was for this reason unable to lie down and could only sleep towards morning. On taking the history of the patient I obtained the fact that he had suffered from Gonorrhoea in his prime of youth. According to indications various remedies were tried such as Ipecac, Arsenic, Carbo-Veg, Nux-Vom, Thuja etc., but to no purpose. He was relieved temporarily for a day or

two, but the dyspnoea and insomnia went on inspite of the anti-spasmodic and anti-sycotic remedies. He would come and complain every day almost the same trail of symptoms, and I was really ashamed myself for failing to give any fitting aid to the poor sufferer. I would ask him to try other doctors but he would strongly answer in the negative sustaining his hope on my poorself—as he was benefitted at one time with my remedies. More careful researches revealed the fact that *the patient was extremely tearful and sad like pulsatilla and could not help crying while narrating his account which you may notice under Medorrhinum.* And on asking him how and in what posture did he pass his nights, he *propped up—bending on knees and elbows like one prostrating before the Gods.* Determining to find out if possible any such queer symptom I consulted the Repertory and got it under Medorrhinum. This remedy was given a dose in the 2c. potency and the next day's report was astonishingly favourable—the patient passed his night quietly in a sound sleep and this happy event lasted for nearly two weeks. After that period, as bad luck would have it, the patient's condition grew worse owing to failure of compensation of the heart and he was laid up with an acute form of nephritis with marked swelling of the face, upper eyelids and the limbs from which he died inspite of treatment. But my point is to show the remarkable response a medicine makes when most carefully chosen out of our *Materia Medica.*

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### A CASE OF MALARIA.

By Dr. H. C. GANGULY, H.M.B.

148, *Russa Road, CALCUTTA.*

One Chandra Mohan Sil, aged about fourteen, medium built, fair complexioned, came to me for the treatment of his malarial fever from which he was suffering for a period

of more than 6 months. He was first treated by some allopathic physician who prescribed him quinine—grains after grains for more than two months as a result of which he became quite anaemic. After Allopathy he was also under “Kaviraji” treatment for a few days and then used to take patent tonics of various sorts but to no effect. I recorded the symptoms which were —attack of fever every other day just at 4 p.m.; thirsty a few minutes before chill and also upto the beginning of chill; no thirst during heat; slight headache during heat; profuse exhausting sweat which generally used to begin at about 6 p.m. with violent thirst; anaemia; his eyes were yellow, face pale, and he was very weak; very sad and anxious for recovery; stool constipated; urine quite yellow and spleen enlarged.

This peculiar thirst and the regularity of paroxysm called my attention towards China. I administered a dose of China 200 just then and supplied him with 3 doses of Sac. Lac for the three following days, advising him not to be afraid if there be any attack of high fever after this.

The very next day he got an attack of very high fever at about 3 p.m. which lasted for 3 or 4 hours only. He never got a chill again.

This boy informed me the other day that he was till enjoying sound health though the medicine was administered before a year and a half. So we see that a single dose of properly selected Homoeopathic medicine can render more than what cannot be expected from thousands of grains of quinine.

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### A CLINICAL CASE.

By Dr. H.C. GANGULY, H.M.B.

148, *Russa Road, South,*  
CALCUTTA.

By the middle of April last, while I was at the Rikhia Charitable Dispensary, near Deoghar, a case of abdominal abscess (I hope I shall be excused for mentioning the name of disease) came to me. He was carried to me on a 'chowdolla' being quite unable to walk.

On examining the case I could collect the following symptoms :—The man was aged about fifty, tall-built, black-complexioned. He was sad and melancholy, crying with sever pain in the lower abdomen; fearful and anxious; when I touched the abdomen to feel it, he screamed aloud in agony and consequently sensitive to touch; the colour of the right side of the lower abdomen (the seat of the pain) was purple and was just like a hard ball. On asking him about the beginning of the pain, he told me that it first began on the left side and then after three or four days it ran to the right and that it began about fifteen or sixteen days ago. His appetite was gone; could take nothing, even a little quantity of milk used to give him much pain.

These symptoms especially the running of the complaint from left to right, the extreme sensitiveness and the purple colour called my attention towards *Lachesis*. I administered one dose of the 200th just then and gave another dose with him for the next morning and advised him to report the result to me on the day after. His son came to me on the appointed day and reported that his father was much improved, his pains diminished, appetite returned, his sadness and fearfulness gone and that he was a little cheerful on the contrary, and that the ball like thing subsided with the passing of something like the mixture of blood and pus

with stool. He also said that his father was enjoying sound sleep for the last two nights. I was very glad to learn this. I gave the man three doses of Sac Lac advising him to administer a dose every morning for the next three days. In this way the case was radically cured within a week. From this we can boldly say that there is no necessity of a surgeon's knife to a true Homoeopath.

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### THE QUESTION OF POTENCY.

By

Dr. Satyendra Mohan Sen, B. A., L. M. S., (Hom.)

4 Mani Hossein Lane, Dacca.

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Almost ever since the birth of Homoeopathy the question of potency was a keen one and the school was divided into two, one advocating the higher, the other the lower even going down to drop doses of the mother tinctures. The former base their contention on experience and principle. The latter also claim experience as their argument. The former regard the latter as a cross between Allopathy and Homoeopathy, while the latter deride the other as attempting to cure something tangible with nothing. Since both claim experience as their basis, it would be better if we would consult the experiences of the masters who placed Homoeopathy in the front rank of all the therapeutic systems.

In the year 1790 while proving *Cinchona* on healthy body the law of similia forced itself into the mind of Samuel Hahnemann and from this day to the year 1798 he used material doses of medicines in order to cure patients. In 1799 he suddenly changed to comparatively minute doses. In 1808 progressing by gradual steps we find him recommending (in an article about fever then epidemic there) *Nux Vom.* 9 and *Arsenic* 18. In the Second Volume of the "*Materia Medica*

*Pura*," published in 1816 he recommended various potencies for different remedies, generally the 12th, 15th and 18th but *Arsenicum* in the 12th, 18th or 30th. In the year 1822 when Vol. I of the 2nd edition of "*Materia Medica Pura*" was published, he recommended various doses in different medicines from the mother tincture to the thirtieth but most of them a little higher than before.

In 1828 the first 3 volumes of the "*Chronic Diseases*" were published and now he greatly modified his former opinions and endeavoured to adopt one uniform potency for every medicine, the thirtieth. "The dose must be but one globule not larger than a mustard seed soaked in this dilution." In 1838 in the preface of the 5th volume of the "*Chronic Diseases*" he recommended still higher potencies and said that the medicinal properties latent in the lower would be awakened and developed further and further as they would be attenuated higher and higher. He then wrote :—

"Modern wisecracs have even sneered at the 30th potency, and would only use the lower, less developed and more massive preparations in larger doses, whereby they have been, however, unable to effect all that our art can accomplish... We obtain, even in the fiftieth potency, medicines of the most penetrating efficacy, etc....."

Hahnemann died in 1843 and though the 6th edition of his "*Organon*" did not see light, although the manuscript was completed and ready for the press, yet we can learn about the potencies he used and recommended in the last days of his life from the writings of some of his most intimate followers. Dr. H. V. Mallan wrote a letter to Dr. Richard Hughes on December 18, 1877, wherein he declared himself as having spent a year and a half in 1841 and 1842 with Hahnemann and under his constant teaching in Paris. He then said :—

Hahnemann never prescribed nor paid any visits to patient's bedside without taking notes of the case and consulting the *Materia Medica*, he never alternated medicines, no more than he ever mixed two together.

"I often saw him use very high dilutions, and one of his most remarkable cures was with one single dose of a very high one (Jenichen's, I believe), and I have frequently heard him say that the thirtieth was not to be fixed as the limit."

N. B.—*For most of the above materials I am indebted to the "Life and Writings of Samuel Hahnemann" by Dr. T. L. Bradford.*

The celebrated Dr. Von Boenninghausen began his article on "*The Advantages of the High Potencies*" thus:—

"In a preceding number I have endeavoured to show that the high potencies of our medicines have :

1. Their *origin* in the further development of science and experience, and that
2. Their *efficiency* cannot any more be drawn in doubt."

Further on he said that some one made the assertion : "The higher dynamizations are to be used only in chronic diseases, but in acute diseases either lower dilutions or even strong tinctures have to be used." That assertion, as Dr. Boenninghausen said, was not based on actual demonstration nor confirmed by experience. At the conclusion of Sec. 287 "*Organon*" it was stated that higher the attenuation, the quicker and more penetrating the action of medicines and that truth showed itself most decidedly during the fifteen years during which he (Hahnemann) used them almost exclusively ; and he (Boenninghausen) could confirm it with the fullest conviction on the basis of many thousand fold experience.

Then he cited as examples hundreds of cases of croup which were very quickly cured after he began to use high

potencies, *Arsenic* 200 quickly alleviated wounds from burning and *Arnica* 200 the pains from contusions in a marvellous manner as could 'never be fully attained by the use of lower dynamizations nor so completely. *Colchicum* 3 could cure distension of a cow within two hours while with *Colch.* 200 that took place within half an hour. "The fatal white diarrhoea of young pigs, which with *Mercur.* 3rd usually drags along for two days, is cured by *Mercurius* 200th in five to six hours, etc. By these and numerous other similar experiences, which have been continued long enough to exclude the possibility of individual delusion, the above statement of Hahnemann must be considered to have been conclusively proved." That retrogression of some of the physicians to low potency in acute diseases was due, as Boenninghausen said, to love of ease in the matter of selection of remedies and some homoeopaths had endeavoured to spread the opinion that : "Hahnemann in the latter years of his life again returned to the lower dilutions and the drop doses." That statement, according to him, was untrue without any foundation and had been gradually prepared and slowly grown up to that full dastardliness. Someone started the statement with a : "Perhaps !" or "Possibly !" A second one changed it to : "Probably !" The third one then claimed to have it from good authority and that untruth was accepted then by many because that suited their minds. We then said :

"And I feel myself in duty bound, owing to constant correspondence with the founder of Homoeopathy, to give the most absolute assurance : 'That the whole assertion is nothing but a falsehood.' In direct contradiction to it I can demonstrate by his letters, which I have carefully preserved, that, especially in the last years of his life, he was most zealous and insistent in carrying on the dynamization

higher and higher and to diminish more the materiality of the dose. I therefore, challenge anyone to prove the contrary in any manner valid before human reason."

(Boenninghausen's article on "*The Advantages of the High Potencies*" from which the above is taken, is to be found in his "*Lesser Writings*," published by Boericke and Tafel.)

The above experiences of Hahnemann and Boenninghausen were confirmed by those of the most illustrious of his successors such as Hering, Dunham, Lippe, Allen, Kent and many others. It was due to their talent and energy that Homocopathy was put on a firm foundation and proved to be the best therapeutic system inspite of the strong oppositions of the leading scientific physicians and disfavour of the government. They proved to the world (1) that many cases were not really incurable though given up and declared hopeless by the best of the Allopaths ; and (2) that sufferings might be minimised in many cases and aborted in a short time thus preventing the diseases to run their full course.

Dr. H. C. Allen in his "*Therapeutics of Fevers*" says: "**Hahnemann decreased the dose as he increased his knowledge of Materia Medica. Can we adopt a better rule.**" But we have adopted a different rule which we presume to be the best. And the result is not favourable. The public are losing faith in us and in our system. They prefer saline injections in cholera while formerly only a homoeopath was considered competent to take up such cases. They believe that Homoeopathy is useless in cases of diphtheria or blood dysentery or fever, especially if malarial ; and it is regarded as a system worthy of a domestic practice for ordinary ailments.

Some one may say that one cannot exclusively use the higher potencies because different diseases require different

potencies and different remedies are effective in different potencies. On this idea some zealous homoeopaths did even undertake the pains of collecting the views of the reputed physicians all over the world as regards the potencies they found most effective in different diseases and in different remedies. The result of the enquiry was a curious one for under each remedy various potencies ranging from the very low to the 200th and higher were given as most effective. Most of the remedies were said to be efficacious in four different potencies e. g., 3, 6, 30, 200. *Aconite* was said to act well in 1, 3, 6, 30, 200; *Arnica*, *Belladonna*, *Chamomilla* each in 3, 6, 12, 30, 200; *Camphor* in Q, 1, 3, 6, 12, 200; *China* in 1, 2, 3, 6, 30, 200; *Pulsatilla* in 3, 6, 12, 30, 200, 1000; *Stramonium* in 1, 3, 6, 30, 200, 500, 1000, C. M.; and so on.

It is true that there are different constitutions and consequently all are not equally susceptible to the same potency. A sensitive patient may be affected by any potency high or low, only that the latter are more likely to act somewhat violently thus producing a poisonous effect; but those least sensitive are more favourably affected by the higher as they are more penetrating in their action. Hence the following conclusion may be drawn :

(a) We should use the higher potencies in sensitive patients as the lower ones are likely to cause disturbances. For example, I refer to the first clinical case of Dr. E. B. Nash, cited below.

(b) We should also use the higher in the least sensitive as the lower would produce slow and short-lasting action or sometimes would not affect in the least.

By the higher I mean 200 for all acute cases and 200 and higher for the chronic.

One will ask now :—“It is not dangerous to use the 200th in acute cases because it cannot be repeated within

twenty-four hours? I do not know of any reason or rule for repetitions of doses, fixed separately for different potencies. The rule is the same for all potencies whether we use the tincture or the 200th and higher, viz. not to repeat any dose as long as the previous one has not exhausted its action and to repeat as soon as improvement stops. The patient's state must be the guide to repeat not the potency used. It is taught by our masters, while the other is not found in their teachings.

The next question arises if the 200th is curative even in cases of cholera. It is curative in cholera just as it is in every acute and chronic ailment and this is done in a very short time, such as has not been observed in the lower. It is advised by many to use *Spirit of Camphor* because in 1831 Hahnemann advised the Homocopaths to undertake the treatment of cholera Asiatica with it and because of the monumental success of Dr. Rubini of Naples who cured 715 cases without a single death in two different epidemics. Hahnemann, however, modified the potency of *Camphor* afterwards, for in a box possessed by one Dr. J. Chapman who claimed it to be one belonging to Hahnemann, it is found in the 6th and 24th potencies. This also did not represent the views in the last years of his life as the box did not contain any potency above the 30th and some below it. I treated a case of collapse with *Camphor* 200 which brought about almost complete recovery within two hours and the patient passed urine within a few hours. Of course it was not prescribed because the case was one of cholera but because the symptoms tallied totally with those of the remedy. In another case of mine with *Sulphur* 200 the patient recovered from collapse almost immediately and passed urine an hour and a half after— and the effect was so quick and amazing that some thought it to be one of diarrhoea but the father of the



patient, himself a medical man, did not find any reason to change the diagnosis.

But now one may charge me as being so presumptuous as to put my experiences, which may be counted within the 'teens', ahead of those who have grown their hairs gray in the treatment of cholera. Then let us see what their experiences say.

Dr. D. N. Roy, M. D. in his "*Exposition of the Homoeopathic Law of Cure*" explains Hahnemann's view of Sec. 280 of "*Organon*" thus : "In my opinion generally speaking the reduction should be made to a potency higher than what was commonly in use in Hahnemann's time, namely the 30th. . . ." But immediately after Dr. Roy remarks : "But there should be no hard and fast rule in the matter. . . the physician should be free to roam from the highest to the lowest : " In the clinical cases, found in his treatise on "*Cholera*," 2nd edition, he generally prescribes in low potencies and sometimes in alternation. But there are also cases like the following. :

In case No. 37 he says—"In the evening there was no change. So I changed *Verat Alb* 6 x to 30th dilution one dose after every stool ; this stopped the number of stools ; perspiration got less and the patient showed signs of revival."

Again in case 26 he reports the failure of *Cargo veg* 30 to produce any impression though persisted for a long while, but after the potency was changed to the 200th, reaction began shortly after.

In Dr. C. S. Kali's "*Practice of Medicine*" 11th Edition, Part I, page 55, he says :

"As we gain in experience we observe that the action of the higher potencies, in all cases whether acute or chronic, is more favourable and efficacious.

In his "*Cholera*" we find cases like the following :—

(1) In case No. 4 *Bell.* 3 did not produce any effect in uremic delirium of cholera. Two doses of *Bell.* 200 however, produced a marvellous effect. At the conclusion he remarked that he was convinced that the high potencies were much more effective in such a condition.

(2) Remarks on case No. 18 run thus :—"There was no doubt that *Arsenicum* 200 produced a marvellous effect in that case. Such a desirable effect was not observed before with *Arsenic* lower.

"Henceforward I am convinced that *Arsenic*, *Veratrum* and *Aconite* higher would be much more effective in cholera infantum than in their lower potencies. Cases of cholera infantum treated before with lower potencies did not produce such a satisfactory result. Accordingly I use the 200th in most cases of cholera infantum."

(3) Again in case No. 19 we find : "In this case one dose of 2 globules of *Arsenic* 200 produced a marvellous effect." I may mention here that this case was one of true cholera Asiatica.

(4) In case No. 42 we find that *Ars.* 200, one dose, cured a case of cholera complicated with scrotal gangrene, strangulated hernia, delirium and hiccough.

We then pass on to Dr. A. K. Dutta's "*Cholera*" 3rd edition :—

On page 57 he says :—"We are in favour of the 6th and 30th ; in this case, however, one dose of the 200th produced such an effect as did not require a second dose."

On pages 59 and 71 we find also cases being cured with the single doses of the 200th.

Dr. Mahendra Lal Sircar, M. D, the world-famed homoeopath of Calcutta, generally used remedies lower

and some in the 30th as found recommended in his "*Cholera.*"

Dr. Salzer always used remedies lower in cholera cases as reported in his "*Lectures on Cholera.*" Hence no conclusion can be drawn about higher potencies from their writings.

But if we open Dr. Bell's classical work on "*Diarrhoea, Dysentery, Cholera, etc.,*" tenth edition, we find, on page 22, the following lines :—

"Personally, our experience has been most satisfactory with the use of the twelfth, fifteenth, thirteenth, two hundredth and often higher potencies, of our remedies, administered in water, and repeated every one to six hours according to the urgency of the symptoms, and suspended as soon as decided improvement appeared. If the same remedy was needed to be resumed again, it has seemed to do better in a higher potency, but on this point we cannot yet speak with entire assurance.

"We have not been able to perceive that age or sex or habits (we might add colour, race or order in natural history) form any element in the choice of the dose. *All cases have been found to respond favourably to the high potencies.* As regards temperament, we cannot speak with equal positiveness, but we have no certain testimony proving it to form an exception."

(N. B.—The above Italics are mine.)

No I beg to close with some of the experiences in acute diseases of some of the distinguished physicians of America and elsewhere.

While writing on "*Caulophyllum*" in his "*Leaders in Therapeutics*" Dr. E. B. Nash, M. D, says of a pregnant women suffering from finger pains for which he prescribed *Caulophyllum* 3. It relieved the finger pains but brought on severe

labour pains. Ultimately she was delivered of her child and shortly after all her sufferings returned in full force for which he prescribed various remedies in vain, but dared not give *Caulo.* again though seemed indicated by the symptoms. Finally, however, he tried *Caulo.* 200 and the whole case was cured promptly and permanently. In conclusion he remarks : "Now this was a perfectly *Caulophyllum* case, and if I had given it properly in the first place I have no doubt I would have saved that woman all unnecessary suffering."

This was the case of a sensitive patient and administration of *Caulo.* 3 produced poisonous effects.

Again in "*Colchicum*" Dr. Nash says of a case of a woman of 75 years, suffering from gastric complaints with vomiting of blood and passage of bloody stools. The number of stools by actual count one day was sixty-five in twenty-four hours. After trying various remedies without avail, he finally prescribed *Colchicum* 200 because he had not the lower with him then. He firmly believed that such a high potency could not benefit the patient in the least though indicated by the symptoms. But in the next morning he was much surprised to find his patient recovered almost completely after two doses of *Colch.* 200. Pains and bloody stools all stopped immediately in the night—a result not experienced before when using low potencies. He then remarked : "I never got over that surprise. Convinced against my will, but not of the same opinion still."

It is interesting to study Dr. Kent's conversion to high potency as narrated in his "*Lectures on Homoeopathic Philosophy.*" After he adopted Homoeopathy he could not put faith in potencies above the 12th because the most powerful microscope failed to detect anything medicinal in them. One year there was an epidemic of cholera infantum in the town, the *genus epidemicus* seemed to be *Podophyllum*, but it

did not yield satisfactory results with the low potencies which he was then using. Accordingly he potentized *Podophyll.* to the 30th potency in his own hands, to test if the higher be really more effective as taught to be the experiences of some of the best prescribers. In the next case he administered a dose of *Podo.* 30 and was so much surprised with the result that he was convinced that there were curative properties in the higher and in a much greater degree. So he potentized a number of remedies upto the 30th and began to experiment with them. The results were so much satisfactory and so much better than his former experiences that he gradually went higher and higher until in the last days of his life he used the lower potencies (i. e., the 30th or 200th) in the incurable cases only which would not bear the rapid reaction of his ordinary potencies (i. e. 1000 and higher.) For this I refer to his lecture on "*Kali carb*" in his "*Materia Medica.*"

In Dr. Ranc's "*Special Pathology*" the following lines may be found :—"The mean or average time which it takes for pneumonia to run its course if it is not interfered with by medicines, is, as above stated, twenty-five days. But this average may, by judicious treatment, be considerably shortened; for pneumonia can be arrested in each of its stages. The most interesting data in this respect have been brought forth by Dr. Eidharr, of Vienna, who has collected all cases of pneumonia out of a large hospital practice, which had been recorded there for ten years. From these data it appears that under the application of the sixth decimal attenuation of the appropriate remedies the average came down to nineteen, under the application of the fifteenth potency to fourteen, and under the application of the thirtieth potency to eleven days."

And now I leave the readers, if they have patiently followed me so far, to draw their own conclusion.

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## A CASE OF GLEET WITH STRICTURE

By

Dr. D. N. Banerjee, H. M. B.  
102, *Durga Charan Doctor Road*,  
CALCUTTA.

Mr. . . . . age 24, attacked with gonorrhoea at the age of 21, and tried all sorts of treatment available including patent medicines and injections, but he could not get rid of the whitish discharge ; so he came under homoeopathic treatment in the middle of September 1917.

Symptoms present :—The patient is a chilly subject ; every cold settles in the nose and begins with sneezing. The discharge from the urethra is whitish, thick, painless, scanty, leaving stains on the underwear. The urine is clear and there is slight burning pain in the urethra near the root at the termination of urine which continues even a few minutes after. There is also little pain in the back at lumbar region.

Nat-mur 200 one dose and dram of globules No. 40, 2 for a dose, thrice a day.

Second week :—Discharge from the urethra the same ; burning pain at the termination of urine and the pain in the back are much better.

Third week :—Discharge the same. The urine passes very slowly and falls almost perpendicularly, and the patient feels, when passing water, as if a small bit of stick is in the urethra ; so he strains much to drive the prick out but cannot do so as the urine loses its force and the pricking sensation increases. The patient came with cold and cough,

Hep-sulph 200 one dose only and phytum as before.

Fourth week :—Discharge the same. The urine passes more freely than before, but the stinging sensation and other conditions are the same as in the last week. He is free from cold and cough.

Fifth week :—No change. All other conditions are the same as last week.

Hep-sulph 200 another dose and phytum as before.

Sixth week :—No improvement. All conditions are the same as in last week, but the sticking sensation is always felt even when sitting or walking.

Acid Nit. 200 one dose only and a dram of globules No. 40, thrice daily.

The patient met me after three weeks and reported that during that time he was regularly taking medicines as directed. He was then absolutely free from any suffering and looked cheerful and urged for more medicines.

*Phytum continued.*

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## STUDYING THE MIND FOR THE INDICATED REMEDY

*By*

Dr. R. C. Ghose, H. M. B,  
42-10 *Doctor Lane, Calcutta.*

Until the adoption of the homoeopathic methods of treatment by the medical profession in general, and its universal acceptance by the public at large, it is our only mission to show how such malignant diseases as Asiatic Cholera, Dysentery, Small-Pox, Diphtheria, Typhoid, Typhus, Abscesses, Carbuncles, Hernia, Cancer, Tuberculosis, Pneumonia, Bronchitis, Asthma, Consumption, Gonorrhoea, Syphillis, Insanity, acute and chronic kidney troubles etc. and all sorts of surgical and non-surgical female diseases may be easily controlled by internal medicines only and without administering heroic doses of such poisonous drugs as Nux Vomica, Strychnia, Arsenic, Quinine, or Iron etc. for conditions involving weakness; laxatives for constipation, how-

ever, relieve only temporarily, and always, as we have often noticed, make the sufferers more constipated and more in need of laxatives than ever before ; opium for looseness of bowels has always the same inevitable after effects. In cases of female diseases having surgical conditions, operation alone can never remove the constitutional troubles, because it cannot get at the root of the original causes of the trouble to permanently cure the disease.

Not very long ago a lady came to me with a friend of her for an opinion as to whether she could be cured homoeopathically of all her troubles consisting of some surgical conditions. Two months before she had an operation on her left breast for a tumour ; a week after operation, she got another tumor operated on the foot ; and now with another big tumour on the right breast extremely painful to touch with considerable redness and swelling, she came to me. Before giving my opinion, I inquired of all her present and past troubles, internal and external, which revealed a pure picture of *Nux Vomica*,—irritable and melancholic temperament with alternation of constipation and diarrhoea ; more than once she tried to *kill* herself but could not get it done through *fear*. *Nux vomica* 200 one dose cured her constitutionally. Six months have passed by since then, she has never complained of any such troubles from which she was so repeatedly suffering.

Another strange case, also a surgical one, which in my estimate is a case requiring very serious attention of all true Homœopaths and ardent followers of Hahnemann :

Mrs.———aged 26. Phlegmatic temperament ; disposition yielding, mild, gentle, timid ; silent, and *weeping mood* (especially when detailing her ailments). Had abortion at the fifth month which was followed by a cancer at the neck of the uterus. Great desire for *fresh open air*. *Pulsatilla*.



200 was prescribed, and two doses were given two hours apart. From the next day Sac Lac was given, twice a day for two days. On the third day after re-examining the patient I noticed hardness around the affected area with much more swelling and inflammation, and noticing imminent suppuration I prescribed *Silicea* one dose in 200th potency. On the following day there having been a slight aggravation (medicinal), a routinist with considerable experience in surgery was consulted who advised an immediate operation, and she was sent to a Hospital for operation. After two months or so I was informed that she was still under treatment in the Hospital. More than once it was operated, and she was so weak that her life was declared to be in doubtful condition.

Further, it was declared that all these critical conditions of the patient were due to her remaining under a homoeopath for about a week, and that the said homocopath as well as the adviser who placed her under such treatment of a *few drops of water* should be proceeded against in a Court of Law having Criminal Jurisdiction, should the patient die of the surgical shock or from any other cause. Good judgment indeed! Dear fellow-practitioners,—do think about it and say who are solely responsible for these *grave drawbacks* in the improvement of our science if it is really based on *truth*. Are these not due to weakness on our own part, a direct result of our playing 'hide and seek' with truth—*coquetting* with truth? God knows *how long* shall we have to struggle to get that *light* the rays of which "shall irresistably break through the clouds of prejudice and usher in the dawn of a day which shall shine with its bright and inextinguishable light for the weal of the human race."

In each of the following cases I was led to prescribe only on mental symptoms and got marvellous results :—

**Case No. 1—Mr.** ——aged 24, had gonorrhoea and syphilis and in order to get rid of the same, took massive doses of ultra-homoeopathic drugs as a result of which a Bubo followed. Some of his friends advised him to undergo an operation which however was considered to be the only recourse, and preliminary arrangements were accordingly made to carry the same into effect. The patient was a nervous one, and just two hours before the appointed time of operation he came to my office and consulted if homoeopathy could do anything in surgical cases. On getting my full assurance he abandoned the project of operation, and continued taking my medicines. *Mercurius, Hepar, Silicea* were tried one after another, but to no effect. After a fortnight he came to me again, and expressed that his life was a constant burden, and that he would put it to an end —**commit suicide**. Considering however his mental states “*Constantly dwelling on suicide*” and “*profound Melancholy*” and also the modalities only (aggravation in cold and amelioration in warmth in general) prescribed *Aurum Metallicum* 200 one dose in distilled water. On the next morning he reported a slight aggravation of his general conditions. Gave Sac Lacs sufficient for three days ; but on the second day he reported that the Bubo went off itself in the night, and a profuse quantity of pus mixed with blood evacuated ; continued Sac Lac several doses more which ended with the complete recovery. It is now six years since, but he is still in perfect health.

**Case No. 2—**A boy two years old was attacked with Influenza. Very nervous. Did not let me feel the pulse, even I could not touch it easily. A slight touch by a stranger brings on restlessness, retching, vomiting, coughing, shrieking. Began to cry aloud on my touching his body, became pale and vomited everything which he took just half an hour

before. Always willing to be carried. *Antimonium tart* 6x. 3 doses were given for every hour. On the following morning he was brought again; there was no fever, noticed a slight sweat on the forehead. Cough without expectoration. No stool. Gave Sac Lac for two days. On the third day paroxysms of cough became much milder, no fever, no restlessness, passed natural stool (after six days.) Sac Lac was continued and no more medicine was required till perfect recovery.

Case No. 3.—Mohamed—age 65, suffered lifelong from Rheumatism which gets worse at night and during new and full moon remarkably. Hot fomentations relieve. Patient is chilly. In youth he had gonorrhoea and syphilis. *Hepar* 200 was given, only one dose in morning, and Sac Lac for a week. During a full-moon aggravation I was called in the night to see the patient. Noticed violent anguish, restlessness, fear of death etc. That night's aggravation was perceptibly of a violent nature. *Arsenic alb*, 1m (one thousandth) only one dose was given for the night. Next morning got a report of the effect that he fell fast asleep just after half an hour from taking the medicine and slept in that way till 7. A. M. in the morning. Sac Lacs were given sufficient for a week, twice a day. About a year has passed but no such complaint I hear from him although he sees me every now and then for other purposes.

Very many cases of Nervous Debility especially of students and young people are cured with *Argentum Nitricum* when they are "impulsive," "apprehensive when ready for church or opera." I cured many cases on the above indications only. Always I prescribe 200th potency.

I cured a case of gonorrhoea with *Anacardium* which I prescribed on the only indication that he was always sus-

picious as "somebody would follow him whenever he would go out of doors." Another case of obstinate leucorrhoea in a young lady with the above indication was cured with the same remedy. In both the cases I prescribed 200th potency.

A child,—one year old was suffering from diarrhoea which continued for a week. Treated homoeopathically all through by a village homoeopath who tried Cham. Podo, Merc., Aloe., Nux., Puls., one after another but to no effect. After examining the child I expressed my willingness to see the mother and examine her, but this was refused as she was in perfect health. How ever as the case seemed to be one of Aloe Socotrina, I gave Aloe in 3rd, 30th and 200th potency but in vain.

Next I urged on the examination of its mother which I did after all. Found nothing abnormal in her constitution except that two days before the child's attack she got frightened in the night and remained senseless for a couple of hours. On this opium was prescribed for both the mother and the child which cured the baby astonishingly.

You may have patients complaining of that peculiar nervousness "seeing blood on knife she has horried thoughts of killing herself". Whatever may be her ailments, nine such cases out of ten you will be able to cure with Alumina which is the remedy indicated. Give it in 200th potency.

The other day a lady came to me with her baby three months old and told "Doctor ! give my baby such a thing that it stops its crying," "as soon as I put it on the bed, it starts crying," cries whole day and night, but stops as soon as it is carried; this led me to prescribe Chamomilla which I did in 3rd potency with the result of a miracle.

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## THE TREATMENT OF MEASLES.

By Eli G. Jones, M. D.

1331, Main Street, Buffalo, N. Y.

If there is great restlessness, *burning* up with *fever*, great arterial *excitement* with *coryzas*, and a hard *croupy* cough; the pulse *hard*, *full* and *quick*, Aconite will be the remedy needed Tr. Aconite 1st x 10 drop's in half a glass of water, give one teaspoonful every hour. If the face is *flushed*, eyes blood-shot, *red* tongue, with *hurried* respiration. Ferr Phos 3rdx will be the remedy indicated, put 5 grains in half a cup of hot water, give a teaspoonful every half hour. If there is much *chilliness*, child *feverish*, it is dumpish, apathetic, does not want to be *disturbed*; there is a *watery* coryza which *excoriates* the upper lip and nose with harsh barking, a croupy cough with *soreness* of the chest and hoarseness; the patient may have pain at the *base* of the brain, aching in the limbs, *itching* and *redness* of the skin. Give Tr. Gelseminm 3rd x, 15 drops in half a glass of water, teaspoonful every hour. When there is a *high fever* and the patient does not *sweat* easily, the eruption is slow about *coming out*, give the patient,

—Tr. Jaborandi	..	..	℥i
Tr. Asclepias Tuberosa..	..	..	℥i
Aqua	..	..	℥iv

Mix.—Sig., a teaspoonful every hour.

The *above* remedy will modify the *cough*, lessen the *fever* and quiet *restlessness*, impart a sensation of coolness to the skin as well as to lessen the *severity* of all the *congestive* symptoms. For the *obstinate* cough of measles we have one remedy what we can *depend* upon. Tr. Drosera ℥ss in four ounces of water, give a teaspoonful every hour. When the eyes are *red* and swollen, and *acid* tears stream out of the eyes, dry *hoarse* cough, intense *throbbing* headache; if there is a tendency to an *accumulation* of sticky *mucus* on the *cornea*, which is removed by *winking*, Tr. Euphrasia 1st x is *the* remedy

indicated, 5 drops every 2 hours. For the Epistaxis Tr. Ipecac 1st x is *the* remedy 5 drops every hour. Diarrhoea may also be relieved by the above remedy in the same potency. For *gangrene* in the mouth we have a *reliable* remedy in Kali Chloricum 3rd x three tablets every hour. For the otalgia use equal parts Tr. Plantago and water, drop a few drops in the ear every hour until *relieved*. In the *malignant* form of measles, black or *hemorrhagic*, with *sinking* of strength, *diarrhoea*, delirium, *restlessness*, petchiac and *typhoid* symptoms, you will do well to alternate Arsenicum 6th x with Lachesis 30th x. The former three tablets every three hours, the latter 10 drops every three hours in *alternations*. The best bath is Epsom salts one ounce to a pint of warm water, (use no soap) and bathe the patient all over once a day. For the glandular swelling, deafness, *sore* throat, give Kali Mur. 3rd x three tablets every 2 hours.

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### A RIFT IN THE LUTE

James N. Leake, Surgeon, and John N. Force, Special Expert, United States Public Health Service, say :“When potent small-pox vaccine is applied below the superficial layers of the epidermis, irrespective of the method used for penetrating these layers, a re-action will take place, reaching a maximum which may be observed in from 1 to 14 days, depending on the degree of immunity of the subject. *Absence of this re-action indicates that the vaccine is incapable of protecting against small-pox, and not that the subject is immune.* Any one of the forms of this vaccination re-action to be described below, is evidence of a successful vaccination”.

This is the first admission that we have seen by the dominant school, that vaccination is not an absolute specific against small-pox.

—JOTTINGS.

## THE FALLACY OF TESTING DRUGS ON ANIMALS.

Colchicum is one of the many examples of the great difference in both the degree and kind of action which drugs exert on the organism of different animals. In very small doses it is fatal to dogs, producing violent emetocathartic action. Hence the French call it Tue-chien. In cows it produces a scanty urine, great distension of the abdomen but no profuse diarrhoea. In rabbits it produces enuresis, but hardly any serious symptoms. A frog will take with impunity a dose that would speedily kill a large dog. This example shows the fallacy of deducing from experiments on animals rules for the use of drugs in diseases of the human organism.—Carrol Dunham, M.D., Recorder, August, 1929.

Sometimes the failure of a well selected remedy is due to a chronic miasm, which pervades the whole organism. In such a case we shall never attain our object, at least with certainty. Unless we first administer a suitable anti-miasmatic (*sit venia verbo*), and then afterwards give the remedy which may be homoeopathically indicated. This will infallibly act, often indeed in a very few hours, if the dose is small and sufficiently dynamized.—Dr. C. Von Boenninghausen, Recorder, August, 1929.

“The effect that we have always sought to gain in true Homoeopathy was the direct cure of disease, and it has been found that a direct cure is possible by an amount of material so small, that insistence upon this fact has done violence to all the prejudices of the medical profession.

“The idea of a dose, however, in connection with Homoeopathy has been quite different from the idea of a dose among old school practitioners. The aim of Homoeopathy has been to offer the direct cure of disease; and

this cure of disease is to be accomplished not by the material action of the dose, but by the hidden or vital force residing therein."—Dr. Robert Cooper.

### “POSITIVE INDICATION”

Dr. T. K. Roy, M. D. C. H.

Professor and Out-Door Medical Officer.

The Dunham College of Homoeopathy.

### ABORTION.

If from fall or Mechanical injury. “ARNICA-MONT.”

If caused by anger. “CHAMO.”

” ” fright. “ACON.”

If from sudden bad or joyful news. “GELS.”

### Habitual tendency.—or Disposition.—

Habitual tendency.—Repeating of the same month.

“CEDRON.”

” ” Frequent and early ovum expelled at every menstrual period.

“VIBURNUM.”

Habitual tendency.—Due to rheumatic uterine irritation.

“ACTEA-RAC.”

” ” From uterine atony or debility.

“CAULOPHY.”

” ” With leucorrhoea.

“PLUMB.”

” ” Due to Syphilis.

“ACID-NITRIC.”

” ” ” Gonorrhoea.

“CANN. INDICA.”

### Threatened abortion

Threatened abortion.—With pains from back into buttocks and thighs.

“KALI-CARB.”

Threatened abortion—From atonic condition of the uterus.”

“HELON.”

Threatened abortion.—Irregular spasmodic bearing down pains especially back and loins.

“CAUL.”



- Threatened abortion—Flow ceases and returns with double forces, pains intermittent. "PULS."
- Threatened abortion—Hemorrhage continuous, but no pain. "HEMAMELI."
- " " With Convulsions. "IPEC."
- " " Caused by sudden depressing emotions. "GELS."
- " " " slightest over exertion or irritating emotion. "HELON."
- Threatened abortion—Caused by exposure in a damp cold place. "DULC."
- " " From falls or shocks, "ARNICA."
- " " From straining or over exertion. "RHUS-T."
- " " Caused by varicosed condition of uterus from frequently recurring congestion. "NUX-V."
- Threatened abortion—after abuse of mercury. "HEP. S."
- " " In Gonorrhoeic Patients. "CANN-S."
- " " With copious flow of thin black blood. "SEC-COR."
- " " " alternately bright thin blood and dark, or in clots on motion. "SABINA."
- Threatened abortion—dark stringy blood. "CROC."
- "Time."**
- During early months. "APIS-MEL."
- Sixth week of Pregnancy, with acute Pains. "IPEC."
- At six or eight weeks, flowing like menses. "SPONG-T."
- During second or third month. "KALI-CARB."
- " " " with Rheumatic Pains. "ACT-RAC."
- Third month. "CROC."
- At the end of third month. "SABINA."
- At third month, with hemorrhage. "TRILL."

At third discharge of bright red partly clotted blood.	"SABINA."
Fourth month.	"APIS."
Fifth to seventh month.	"SEP."
At sixth month.	"LAC-C."
At seventh month, dead foetus.	"RUTA-G."
In eight month.	"PULS."
In last month.	"OPIUM."

### HIGH POTENCY CURES

By Dr. M. K. Maitra, B.H.M.S. Ranchi.

1. Lycopodium cm. cured completely an obstinate Eczema capitis in a child after a lot of unsuccessful prescriptions. The indication was no better than it was in a child.

2(a) Sulphur cm. cured as if by a magic a burning sole of years standing which would invariably aggravate on washing the feet in cold water.

(b). Sulph. cm. cured in an old lady some Cutaneous eruptions with pointed ends covering the whole body and an ugly ink black discolouration of a big area that began in the back and as the patient described was spreading like anything. This lady had suppressed a violent itch with an ointment in course of three or four days. The abovementioned remedy repeated twice or thrice as the occasion demanded restored her complexion to a very great extent and caused the eruptions to disappear completely fit just at this point she stopped correspondence and I lost touch with her.

3. Psorinum cm single dose in globules No. 10 dry on the tongue cured an itch of several years' duration after a sharp aggravation lasting for about a week.

4. Tuberculinum 10m cured susceptibility to cold in a teacher who could not tolerate cold bath. This patient

used to cover his head even when it was not cold enough to protect himself from atmospheric changes from hot to cold which he was always afraid of.

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### DESIGN FOR CASE TAKING

Benjamin C. Woodbury, M.D., Boston, Mass.

“Patients wishing to consult the doctor, should carefully consider the following questions, and set down the answers, numbering each, in clear and precise terms. They should state *the hour of day or night when they feel better or worse, the conditions relieved or increasing their pains, and any accompanying symptoms. If impatient or depressed, apprehensive, or inclined to tears, they should be particular to mention the causes. No symptom, however trivial, should be omitted.* Without the above details, effectual, accute prescribing is impossible.

“Patients sholud keep a copy of each letter they send the doctor, and read it over, together with the list of questions, before writing again. They will be careful to report *any changes that may take place in their conditions, such as the disappearance of old or the appearance of any new symptoms.*

In these preliminary instructions, and in the numbered items which constitute the body of the *questionnaire*, Dr. Thurston makes frequent references to article 33 which has to do with the periods of aggravation and amelioration. There follows the interrogation :—

1. Please state your age; sex; married or single; temperament; complexion; colour of hair and eyes; inherited diseases.
2. Height; weight; increase or decrease lately.
3. Previous illnesses; skin diseases; discharges suppressed; enlarged glands.

4. Cause or causes of present illness, if traceable; recent or long standing.
5. Treatment followed; names of medicines, if known.
6. Disposition;\* mental state;\* irritability; impatience; depression; weeping; confusion; fears; hallucinations; anxiety; groaning. Memory. If any grief or affliction, state its nature.
7. Head,\* Dizziness.\* Scalp.\* Hair. Eyes;\* sight. Ears;\* discharges; noises; hearing. Nose;\* discharges;smell.
8. Face;\* expression; colour; freckles.
9. Tongue;\* color. Gums. Mouth;\* dryness; saliva increased; thirst; canker; taste; breath. Teeth,\*\*\*upper or lower.
10. Throat,\*lump. Tonsils.\* Palate; sensations; hawking mucus, color; effects of swallowing saliva, liquids or solids.
11. Appetite; desires and aversions (food); hot or cold drinks.
12. Belching,\*\* with taste; relief or not from bringing up wind. Nausea. Vomiting, bile, mucus, food, blood. Hiccough. Heart-burn; acid, bitter risings.
13. Stomach;\* distension; fullness; lump; goneness; better or worse from food; effects of pressure of clothing.
14. Abdomen\* (belly); distension; tenderness; fullness; goneness; rumbling; relief or not from flatus.
15. Constipation; stool, form, size, colour; desire to stool without result; lack of desire.
16. Diarrhoea;\* painful; painless; character, bloody, watery, fecal, mucus, colour, odour;pain before or not from stool; straining; frequency.

17. Piles;\* internal; external; bleeding; painful; *itching*; effects from stool; fistula.
18. Urine;\* colour; smell; quantity; sediment; cloudiness, at once, or after standing; urination, involuntary, painful, urgent; burning, before, after, frequency.
19. Menses;\* late; early; scanty; profuse, colour; odour; location of pain; symptoms worse, before, during, after; relief or aggravation of symptoms during flow.
20. Leucorrhoea\* (whites); colour; odour; consistency; excoriating; before, or after menses.
21. Womb;\* cramp; bearing down; ovaries.\*
22. Cough;\* hoarse; croupy; dry; loose; painful. Sputa ("expectoration"), scanty, profuse, stringy, colour, taste; sputa, easy, difficult; not raised, but swallowed.
23. Voice;\* hoarse; weak; lost.
24. Heart :—palpitation; pain; faintness.
25. Chest;\* pain, breathing; sighing; oppression; emptiness.
26. Limbs;\* coldness; numbness; cramps; perspiration, cold or warm; restlessness.
27. Back.\* Neck,\* Shoulders.\* Spine,\* above or below waist.
28. Sleep, light or heavy; posture, on back, right or left side. Dreams. Sleeplessness, before or after midnight. Sensations on awaking.
29. Skin; dryness; moisture; eruption; open sores; itching;\* warts.
30. Fever;\* chills;\* sweat,\* hot or cold, odour, partial or general; thirst, at what stage. Relief, or not, from sweat.
31. Hours of aggravation or improvement; seat of pain, right or left side; character of pain, burning, stinging,

shooting, throbbing, continuous, or intermittent; direction of pain; causes of increase or decline, such as motion in general; moving the affected part; lying down, on the back, on painful or painless side; sitting; walking; mental exertion, or excitement; hot or cold applications; warm or cold room; open; noises; jarring; friction or pressure; weight of clothes; eating; fasting; drinking; swallowing; sleeping; changes of weather and temperature; wrapping up warmly; heat of stove; washing the part; light; sun; etc.

N.B. Avoid fried or greasy food, salads, pickles, coffee, tea, pastry, but biscuits, ices, ice-water, and stimulants. Eat ripe fruits, vegetable, graham bread, and easily digested food generally. Mineral waters, "tonics," cathartics, "patent medicines," local applications, perfumery, confectionary, and dentrifice preparations are forbidden. *In fine, no medicines should be used except those prescribed by the doctor himself.*

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### **FEVER COMPLICATED WITH GASTRIC TROUBLE CURED BY PULSATILLA.**

Dr. B. K. Bhur, L.M.S.

On Friday the 4th August, 1933 Dr. B.K. Sinha, H.M.B., called me in consultation about a patient of his at Gopal Bose Lane, Calcutta. The patient, a middle aged Brahmin, aged about 42 has been suffering from high Fever and Gastric troubles for the last four days; Fever commences at about 7 or 8 A.M. and gradually subsides late at night to reappear in the morning; the patient has been suffering much from vomiting and nausea during these 4 days. The patient cannot take the least nutriment as also water although there is much thirst. The attending doctor prescribed Nuxvomica

and Phosphorus but the effect was not as he desired. When I saw the case in the afternoon I found the following symptoms :—

1. Temperament very mild : disposition to weep.
2. Despondency : fear that he will not recover : he will die, etc.
3. Fever—commencing in the morning gradually increases by day and worse towards evening : No Chill but thirst is present.
4. Vomiting and retching : violent : very much troubled : Vomiting of food, watery bilious and sour fluid : Vomiting with burning in fauces.
5. Flatulent distension of abdomen.
6. Eructations of sour fluid causing burning of the throat : Eructation forcible due to violent efforts to vomit.
7. Pain in the region of spleen.
8. Tongue—Whitish coated with imprint of the teeth.
9. Desire and aversion—wants to be fanned always : aversion to heat, cannot bear heat or warmth.

*Treatment.*—Iris-Vers 30 was given every 2 hrs. : 4 doses were given.

5th Aug. 33.—Better in every way : Vomiting less : Morning temperature was 98°04 : Sensation as if fever will increase : Slept well last night : No medicine.

6th Aug. 33—No rise of temperature whole day : Vomiting 2 or 3 times at night : wants to be fanned always : Can't bear noise : Very much despondent, weeps while stating his symptoms : Tongue slightly coated whitish yellow.

*Treatment.*—Pulsatilla 30—3 doses after taking 3 doses of Pulsatilla the patient is thoroughly cured.

*Comment.*—In homeopathic treatment our attention should first be directed to the disposition, constitution and mental peculiarities of the patient. We can safely ignore physical symptoms when we get strong indications of the patients mental disposition and peculiarities. That is why Pulsatilla cured this patient and phosphorus failed.

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### POINTERS.

*It is useful to remember that, Aeth ant is a combination of antimony, mercury, and sulphur—A. Stiegele.*

In organic diseases where there is much pathology, use the lower potencies—C.M. Boger.

Staphisagria is a splendid remedy for injuries to sexual organs—C.M. Boger.

*Use powdered vegetable charcoal as a nightly local application around the teeth in pyorrhoea—E. Wright.*

Cinicifuga has pain beneath the breasts especially at the menopause—E. Wright.

Ferrum and Acetic acid are dangerous to many cases of advanced phthisis, due to their power of inducing haemorrhage—J.T. Kent.

Arsenic is a dangerous remedy in dysentery if not the exact simillimum, as it is very apt to spoil the case—J.T. Kent.

It is dangerous to stop the diarrhoea of advanced phthisis even by the indicated remedy—J.T. Kent.

In heart cases where the patient is all one excessive pain so bad that they will not answer questions, think of Agaricus—C.M. Boger.

Syphilitic heart disease has responded to Malic acid—A. H. Grimmer.



*When there is marked trembling of the lower jaw in pneumonia think of sulph—C. B. Stearns.*

Cholestorenium has great power according to H.C. Allen over the pain of liver cancer—W. Yingling.

Polygonum persicaria and Thlaspi bursa pastoris have power in kidney stones—A.H. Grimmer.

*When a remedy cannot be determined or those chosen fail in gall-stone colic Hydras. Q 5 drops at 15 minutes interval—Dr. Knott.*

Mag. iod has cardiac pain in arterioxlerosis—G.B. Stearns.

In intestinal obstruction with peristaltic colic think of Stanum rather than Coloc.—G.B. Stearns.

Phos. is one of our best antidotes to radium. It is also useful after X-Ray although Fluoric acid is better—G.B. Stearns.

*If too many different homoeopathic remedies have mixed your case, Sepia may straighten it—J. T. Kent.*

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### Theridion in Injury.

Dr. H. Singh, M.B.H., Banaras.

Ramdeo age 28, while wrestling received a severe injury in his testicles. With the unbearable pain, there was vertigo, nausea and vomiting. Arnica and Cocculus failed. Theridion 30, gave immediate relief and cured the case within twenty-four hours.

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### Appetite of Some Drugs.

ALOE SOC.—Increased appetite. *Aversion to meat.* Desire for fruits, beer, bread and juicy things.

BRYO.A.—Aversion to broth and tobacco. Desire for sour drinks, wine and coffee.

LYCOPODIUM.—Excessive appetite. Headaches if he does not eat. Desire for sweet things. Aversion to bread; to warm, boiled food; to coffee and tobacco; to meat.

ANTIM TART.—Aversion to milk. Desire for fruits, for acids.

IODIUM.—Ravenous hunger.

IPECAC.—Desire for dainties and sweet things.

CARBO VEG.—Desire for coffee, for sweet, and salt-things, for acids, for whisky or brandy. Patients crave things that make them sick. Aversion to fat, to meat, to milk.

KREOSOTUM.—Desire for tobacco at unusual hour. Craving for smoked meats.

NUX VOM.—Loss of appetite. Longing for brandy, chalk and fat food. Aversion to bread, coffee, tobacco and ale.

FERRUM MET.—Canine hunger, alternating with complete loss of appetite, with extreme dislike for all food.

CICUTA VIR.—Longing for coal or charcoal, chalk and indigestible things; child eats them with apparent relish. Loss of appetite after eating a few mouthfuls.

CINA.—Canine hunger. Desire for sweets and different things. Hunger soon after a full meal, or no appetite at all. The infant refuses mother's milk.

ASAFOETIDA.—Great disgust for all food.

KALI BROM—Loss of appetite.

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### THE STORY OF LACHESIS.

E. W. Maca.

In a recent article by E. C. Mills, M. D., San Francisco, there is related a story that Dr. Hering in the year 1848, an egotistical, student skeptic, received a dissection wound in

his finger of which he was cured by lachesis, thus winning to the cause of homoeopathy one of our most valued workers. This tale is so different from the usual history that it may be worthwhile to recount the story as it is more generally understood. In Hering's "Guiding Symptoms," vol. 6, p. 559, the chapter on lachesis is headed by these words : "The first trituration and first dilution in alcohol of the snake poison *Trigonocephalus Lachesis* was made by Hering on July 28, 1828. The first cases were published in the archives, in 1835. In 1837 this remedy was introduced into our materia medica." The story as related by Clarke 2 is that Hering was doing work for the German Government in botany and zoology on the Upper Amazon, Hering the natives talk about the dreaded Surukuku snake he asked to have specimen brought to him. One day some natives came to his camp, where he and his wife were the only white people, carrying a snake in a bamboo box. They set the box down and promptly fled, followed by the rest of the natives. Doctor Hering opened the box, caught the head of the viper with a forked stick and pressed some of the venom into sugar of milk. He worked over the preparation of this drug for homoeopathic use, and in the evening he had become affected by the drug himself and became feverish and delirious. His wife watched over him all night long in the empty camp. In the morning he awoke, and as soon as he became conscious, said to his wife, "What did I say and what did I do ?" The horrible anxiety of the night was easily remembered and a record was made of his symptoms, constituting the first proving of this valuable homoeopathic remedy. Later some natives crept back to camp and were astonished to find Doctor Hering and his wife alive.

It is suggested that the story of the dissecting wound may have come from the experience of Carroll Dunham, M. D., 3 who relates. :

“In 1850, while assisting in the autopsy of a woman who had died of puerperal peritonitis, the writer received a dissecting wound in the index finger of the left hand. Within a week, the finger had quadrupled in size, the hand and forearm were much swollen and oedematous, a hard, red line extended from the wrist to the axilla. The axillary glands were swollen. The arm and hand were intensely painful; the whole left side was partially paralyzed. The constitutional symptoms were: extreme prostration—causing the disease to be at first mistaken for a typhus—low muttering delirium at night, marked aggravation of suffering and prostration on awaking from sleep. The general condition grew steadily worse, abscesses forming under the deep fibrous tissues of the finger and hand. No homoeopathic practitioner was in the neighbourhood. The allopathic surgeons in attendance advised calomel and opium, but gave a very discouraging prognosis. The patient refused to take any drugs, determining to trust the issue of the case to lachesis. The first dose (of the twelfth) was taken on the third day of the illness, and a dose was taken thrice daily for five days, at the end of which period the constitutional symptoms had substantially vanished. The recovery of the finger was slow but complete. The effect of Lachesis could not be mistaken by the patient.”

(Journal of the American Institute of Homoeo.)

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### HOMOEOPATHY IN MELANCHOLA.

Reported by Dr. R. P. Banerjee, H. M. B. (Gold Medalist.)  
(Prof. Philadelphia Homoeo College of India.)

Early this year I was called to see a patient named S.C.M. of Raja Debendra Mullick Street, Calcutta, who as I was told by the members of the family was suffering from

what they termed "insanity." On entering the room I found a young man of about 28 lying on a bed looking very ugly and quiet. The very face appeared to be full of some thoughts which he was dwelling upon. There was a deep black ring around his eyes and he was too much pulled down. On examining I found that he was suffering from a chronic dyspepsia coupled with Piles. He said he was constantly thinking over the fact that it was impossible for him to fast, to worship a certain deity and could not at all come to a conclusion why it was such with him. Whenever he would think of this he would become too much nervous. He liked to keep himself off from everybody and had the inclination of weeping whenever left alone not knowing the cause of the same. Further questioned he said that if anybody would come to console him all his symptoms would aggravate and specially he would weep more loudly. In addition to this mental symptom he was fond of salty things very much. I gave him a dose of Natrum Muriaticum 1000. After a fortnight I was again called in and was glad to find that the patient was a bit cheerful than before and that the condition of his piles was remarkably better. I gave another dose of the same attenuation. After another two weeks the patient came down to my dispensary himself (first time out of his house after three months). The improvement was still better but he told me that he had developed another serious mental symptom, i. e. desire to commit suicide as he thought this world was too troublesome for him to live in and in fact he was determined only a day before to hang himself to death which was prevented by his wife. I gave a dose of Aurum Metallicum 1000 and asked him to see me if once again he thought of suicide. After a month or so he again called on me and said although he was feeling very much better both mentally and physically the evil thought still

peeping in his mind at times. I gave him a dose of Aurum Met. again but of C. M. potency and now five months have passed away but the patient has never complained of any further trouble. He has joined his office and is again a quite cheerful young man with good health. He comes to my dispensary almost every week, not as a patient creeping towards insanity, but as an admirer of Homoeopathy !

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### HYSTERIC DRUGS.

1. CALCAREA CARBONICA.—This medicament has been traditionally prescribed against convulsive diseases; nevertheless its pathogenesis does not contain any symptom of convulsion ; its indication is therefore principally empirical ; it is indicated in the scrofulous, by an anxious sadness with weepings and nervous trembling ; alternation of gaiety and sadness ; impulses of passion.

Calcarea carbonica is almost always prescribed in high dilution from the 12th to the 30th.

2. CAUSTICUM.—The convulsions of causticum are clonic, returning in paroxysms, with or without total loss of consciousness ; they have not the rapidity of invasion of epileptic attacks. The convulsions may be followed by paralysis more or less complete with trembling.

Causticum is indicated in convulsive hysteria, when there exist at the same time *morbid impulses*, such as, anxious impulse of sadness with such exaltation of sensibility that tears come on from the slightest cause. Agitation with sweat, anxiety, nocturnal weeping, despair to the extent of suicide. Impulse to quarrelsome passion.

Causticum, like calcarea, is prescribed in high dilutions.

3. CUPRM.—We shall see that copper is one of the principal medicaments of epilepsy ; it is therefore indicated in the treatment of this variety of convulsive hysteria, which we have called hystero-epilepsy. Tonic convulsions, then clonic convulsions with foam at the mouth ; return of consciousness sometime before the patient can open her eyes and speak.

When hysteria presents at the same time fits of indifference with stupor, spasmodic laughter, exaltation and fits of ecstasy, cuprum is more particularly indicated.

The doses prescribed by the early homoeopaths were almost always high dilutions. The practice of metallotherapy has demonstrated that the first triturations are sometimes very efficacious.

4. IGNATIA and NUX VOMICA.—We have already said that ignatia is the principal medicament of hysteria. It is indicated, as-well-as nux vomica in convulsive hysteria, when the convulsions resemble tetanus more than epilepsy when they are not accompanied with loss of consciousness, and when the are excited by touch, by movement, and by the least noise.

NUX VOMICA ought to be preferred to ignatia when the anxiety is excessive, and the violence easily goes to furor with impulsion to strike and to speak obscene words. The doses are very variable. I commence almost always with the 12th dilution ; but in certain cases I find the lower triturations to act better.

5. COCCULUS produces epileptiform convulsions with unintelligible cries. The paroxysm is violent with foam at the mouth, involuntary urine, and it is followed by mental alienation furor, sighs. The paroxysm is preceded by a sensation of intoxication with staring look.

6. SOLANEES. BELLADONNA, STRAMONIUM, and HYOSCYAMUS are indicated by epileptiform convulsions. The convulsions of belladonna are excited by sound and light ; those of stramonium by touch ; but hyoscyamus is more often suitable in hysteria, and we shall find this medicine again in the treatment of ataxy, catalepsy, and lethargy.

7. TARENTULA.—This medicament has cured some cases of hystero epilepsy ; it is suitable when the convulsions are rhythmic, or when they are confined to a single member.

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### A NOTE ON PARAFFIN.

A little while ago we included in our Digests some unpleasant strictures that doctors were making on liquid paraffin used as an aperient—chiefly on the ground that it formed at times a tumour, called a paraffinoma. It is now being found (*Lancet*, May 30th, leading article) that the action of paraffin is not, as it has always been supposed to be purely mechanical. Much of it finds its way to the liver and other internal organs. According to Morgan of San Francisco, liquid paraffin renders the sigmoido-rectal valve incompetent, thus causing a perpetual leakage into the normally empty rectum of an unholy mixture of oil and faeces, which often fails to excite proper defaecation, but produces symptoms of irritation. Morgan accuses paraffin of causing pruritus of the peri-anal skin, and he considers that rectal lesions (e. g. fistulae) heal better without this particular oil.

Morgan also indicts paraffin as causing an indigestion syndrome (loss of appetite, flatulence, loss of weight, dyschezia, etc.) If exhibited daily for months at a time, It should not be given for more than a month at a time. It is



also thought that paraffin by coating the mucous membrane may hinder absorption of food and particularly of the fat-soluble vitamins— a serious consideration in these war-times.

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**A CASE OF FISSURE OF THE ANUS CURED BY  
RATANHIA.**

*By*

Dr. W. A. Dewey.

A gentleman suffered from violent pain in the anus, which had troubled him for months. In spite of the discomfort he followed his occupation until the pain became so severe that he could no longer walk. After each passage the pains appeared, being of a burning nature, associated with tenesmus and lasting several hours. The bowels were inclined to constipation and bleeding accompanied the stool. He had been treated for hemorrhoids and intestinal catarrh for several weeks. Examination showed a fissure of considerable length and depth, looking more like a deep wound than a fissure, which easily explained the violence of the pain. As there were present the precise symptoms of ratanhia, namely, tenesmus and burning in the anus lasting for hours after stool, it was prescribed in the second dilution, without any external application whatever. The patient returned after sixteen days and made the statement that he was much better, that from the first taking of the remedy the pain and pressure became better, and after three days the passages were much easier. The expression of suffering that the patient had from so long a siege of pain, had visibly decreased. Examination showed that the wound was fully healed. This case is interesting from the fact that no ex-

ternal applications were used, no surgical measures, not even laxatives given to make the stool soft so as not to tear the fissure on its passage. It shows that the homoeopathic remedy has no need of adjuvants of any description.

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### LEUCORRHOEA.

(Whites). [The attempt to "cure" this affection by medicated internal douches is radically bad ; and if it succeeds in its aim it inevitably entails worse ill-health for the patient. Only such measures as are required for cleanliness should be adopted.] Simple, mucous, in blonde impressionable subjects ; chilly, but averse to warmth, Puls. 3, 4h; copious bland leucorrhoea, with backache as if broken in two, Calc. ovi. test. 6—30, 8h. Leucorrhoea with enlarged or painful spleen ; in patients who have had malarial fever; in those who have taken much quinine, Cean. 1 4h. Like white of egg; yellow-green leaving green spots on clothes; thick slimy tough. Bov. 3x—30 8h. Clear copious albuminous unnaturally hot Borax 3—30, 8h. Greenish and thick or profuse, watery and offensive, Sep. 6x, 4h. Thick, corrosive, Sabin 3, 4h. Yellow, offensive, acrid, causing itching, biting, and burning of pudenda, Kreos. 3, 4h. Burning, smarting, staining linen yellow Carb. an. 3x—30, 8h. Greenish yellow, in morning, excoriating, Carb. v.3x—30, 8h. Leucorrhoea, preceded by uterine or abdominal pains extending into the thighs, Mag. mur. 3, 4h. Leucorrhoea with constipation, earthy complexion, Nat. mur 6, 4h. Inveterate cases, profuse ; raised itching spots in vagina. Alumina 6, 4h. Yellow, tenacious, sinking sen-

sation, coated tongue. Hydrast. 3, 4h. After suppressed eruptions or discharges, sinking at the pit of the stomach in the forenoon Sul. 6, 4h.

In Children.—Calc. c. 6, 4h; frequent washing. If due to worms. Cina. 3, 4h.

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### DROPSY.

“I am much struck by the teaching of Rademacher, that a very large percentage of dropsies are curable by spleen remedies.”—Burnett.

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### HAHNEMANN EXPLAINS POTENCIES AND DILUTIONS.

Homoeopathic dynamizations are processes by means of which the medicinal properties of drugs, which are in a latent state in the crude substance, are excited and enabled to act spiritually (dynamically) upon the vital force, that is, upon the sensibility and irritability of the fibre. I have been the first to discover and to promulgate this awakening of the latent dynamic properties of medicinal drugs, which is effected by the process of trituration or succussion. It is therefore improper to apply the term “dilution” to a dynamized drug, although every new potency of the drug has to be mixed either with alcohol or sugar of milk to enable us to carry on these processes still further, and to set free the very inmost power of the drug, which could not be done by simply triturating or shaking the original substance, were we to do it for ever so long a period.—Chronic Diseases Vol. V, Preface.

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### PHOSPHORUS WAS THE REMEDY :—

Woman aged 34. Tired for days. Then sudden acute cold and cough with pain in the chest. Temp. 103·2;

P. 120 R. 36. Vile headache. Violent thirst for cold drinks as cold as possible. Cough racking and tearing right down the breast bone. Lies on back propped up. Face is flushed. Hectic flush. Cannot lie either side. Can never lie on the left side. Hates being left alone.

On examination there was dullness at the left base with scattered rales at the right base as well.

Phosphorus 10m., 6 doses 2 hourly, was prescribed.

Next day T. 100 ; P. 110 ; R 26 Feels much easier.

T. rose to 101.4 and then dropped right down, Convalescence was uneventful. X-Rays showed consolidation at the left base.

#### Drug Picture.

It is interesting to note that phosphorus has actually produced a pneumonia in cases of poisoning and overdose.

The differentiation in acute disease is often between Bryonia and ferrum Phos. and phosphorus lies midway between these drugs.

Ferr. Phos, is more flushed and red; Bry. is more congested and purple.

Phos. is anxious, but not so anxious as Arsenicum.

Both Phos. and Bry. have dry cracked lips, but again Bry. has congested lips, more blue than red.

Bry. is dull, dazed sluggish and irritable.

Phos. has bright red sputum; Bry. has the more frequent rusty sputum.

Phos. prefers cold drinks, Bry. also ; but anything will do. Quantity is what matters to the Bry. patient. Cold drink the sea dry.

Ferr. Phos. is like Bry. but not so dazed. Its thirst is similar to Bry. and its pains worse for movement. The spu-

tum is bright red like Phos. and its headache is like Ferrum. a rush of blood to the head.

The Phosphorus type is tall, slim, delicate. Thin intelligent face. Highly nervous. Eyes clear and large with dark lines around if tired as they often are. Looks delicate.

The Phosphorous patient is artistic. Has elegant manners. Walks gracefully. Has well proportioned limbs. Exudes charm. Mentally she is highly intelligent but spasmodic in brilliance. Inclined to give in easily so with a spark of genius only, rarely produces "large" works of art ; the dilettante rather than the serious artist.

Phosphorus is the pre-tubercular type rather than the tubercular and so is often found useful in the individual with the "tendency".

Though Phosphorus should not be prescribed for "diseases" it has been found useful in the following conditions :—

Debility after acute diseases, such as influenza. Brain fog. Vertigo. Pneumonic conditions of all types where the symptoms correspond. Tendency to bleed from nose, stomach, lungs, tooth sockets, wounds, uterus. Anaemia, vomiting—cold drinks vomited as soon as become warm in the stomach. Diarrhoea aggravated by warm drinks.

In everyday practice Phosphours is probably the most useful drug for coughs which begin as coughs and not as a sequel to a cold in the head. The Phos. cough is typically hard, tight, and painful. It is aggravated by change of air, either from warm to cold, or cold to warm, from talking, from laughing, and is often accompanied by hoarseness and loss of voice.

—Health through Homoeopathy.

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## SYMPTOMS COMMON AND UNCOMMON

*By*

Dr. W. L. Templeton.

*Delivered before the British Homoeopathic Society.*

Ferrum. Vertigo on rising from stooping. Not on going down but on coming up! Old man with high B. P. but was grateful for relief!

Guaiacum. Dreams of being cut up with a knife. Kent—p. 1237. Dreadful nights Gone and very grateful!

Ipecac. Bubbling chest with vomiting of phlegm. This is a winner if given early enough. Here is an interesting history for those who are interested in the Sulphonamides.

A child who usually responded to Ipecac with very acute bronchitis was given this when the usual attendant was not available, with no result. She was then given M. & B. as there was evidence of congestion and no bronchitis. She was said to have recovered in a night which I believe, but when I saw her three days later she had her old bubbly bronchitis which Ipecac quickly cured. Now this does seem as if the M. & B. was specific to e. g. the pneumococcus but not to the organism or organisms of bronchitis, and yet Sir Almroth Wright has recently stated that the sulphonamides are not just specific to one organism but aid leucocytosis generally. It is an interesting problem in which we ought to have a say. Ipecac apparently did nothing for the early condition, just as we should expect, for Ipecac, symptoms were not present, but when, they were it did. So don't prescribe on old history, lest the condition be not the same.

Iod. Cough worse in a warm room. Also from tickling in the throat pit like Rumex, but Rumex is usually worse cold air.

Kali nit. Pain like a knife in sternum on coughing. Severe cold and cough quickly cleared up.

Kali sulph. "Bubbly base" after congestion. Cleared chest after failure of Nat. sulph. Like Kali carb. But "productive", as the orthodox prescriber would describe it.

Kali carb. Earache with M. P. Other drugs have it. Grumbling symptoms of Kali carb. confirmed, and administration proved the wisdom thereof!

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### CLINICAL CASES \*

By

Charles L. Olds, M.D.

These cases that I offer to the I.H.A. are not unusual. They are very ordinary cases. But each one has something peculiar about it that, the author believes, makes it worthy of comment. And each, it is hoped, will emphasise some truth that is well worth our attention.

Case I. This case illustrates the saying that he who prescribes for himself has a fool for a doctor. In other words both patient and doctor are d—n fools. This may be a temporary condition, however.

Sneezing with profuse, watery discharge from the nose.

The Doctor : "Well, I guess that is Cepa, although there is a Heinz's number of other remedies having that symptom." (Takes an onion and smells it. Also a dose of the 200th).

Myself, next day : "That, doctor is no good. My cold is getting worse and worse. Chilliness, sneezing, watery dis-

charge from nostrils and profuse lachrymation. All symptoms entirely subsiding while lying down, either by day or by night."

The Doctor : "Now I have my three-legged stool. That surely is Mercurius." (Takes a dose of the 60x).

Myself next day : "I surely have fool for a doctor !"

Doctor : "I don't understand it ? Here I have Merc. as big as life, and still you are no better. There must be other symptoms."

Myself : "Chilliness, watery discharge from the nose with much sneezing, nostrils red and sore, but whether from the discharge or the frequent irritation of the handkerchief, I do not know. Lachrymation profuse and eyes beginning to smart and burn. But as soon as I lie down all of these symptoms disappear, but when I get up they reappear."

The Doctor : "That looks like Euphrasia. But I had better get down the materia medica and be sure this time. And the repertory too."

The Euphrasia was given, and the next time I arose from the prone position the above annoying symptoms had flitted away as does the memory of an unpleasant dream.

Morals : Don't Doctor yourself. Wait for the case to develop if you can. The materia medica and repertory are more useful being thumbed over on your desk than when reposing in the bookcase.

Information : In the repertory Merc is the only remedy given that has sneezing by lying, and coryza by lying. The modality, lachrymation by lying, is not to be found. Do these modalities belong to Euphr ? Recently I have had two cases with symptoms almost identical with the above. Euphr 200 was given with immediate good results.



Case II. I was called near midnight to see a young woman who was thought to be dying of acute indigestion. "Oh, Doctor, can't you do something for me? My stomach feels like a ball of fire, and the pain extends through to my back, and is so bad there that I can't tell whether it is my back or my stomach that is the worst. I think I have been poisoned with rat poison, and it is going to kill me." I asked her why she thought she had been poisoned. She said that that was the way she felt. Anxiety, fear of death and restlessness were in the picture. I then learned that she had eaten ham and liver for dinner and later ice-cream. These she had vomited, but without relief of the pain. Thirst little or none. Must lie on back on hot pad. I gave Ars 200 and sat down to wait. In five minutes she began to relax, and said, "The pain is going." In ten minutes she smiled and said, "It is all gone. What a wonderful relief. What did you give me?" "Rat poison," I replied.

I will not go into the history of this case more than to say that she was diagnosed as a case of stomach ulcers some years before. This condition disappeared under homoeopathic treatment. The point that I wish to bring out is that the picture was Ars. characteristically so, but one prominent peculiar symptom, pain in stomach extending to back, is not found among the symptoms of Ars. alb., but may be found under Ars. met.

Case III. On May 15th, 1938, a man of about forty years of age came to my office. He stated that he had been suffering for over a week with "flu" with a high fever, but thought that he would get well without going to the expense of consulting a doctor, but when his sputa became blood-streaked he became frightened. Symptoms at present : Blood-streaked sputa since yesterday. Sharp pain lower right chest, lying on that side. Cough in morning only,

when he expels thick, yellow, viscid mucus, which often on coughing flies out of the mouth before he knows it. Chilliness. Here we have a peculiar, unusual particular symptom that is found under only three remedies, *Bad.*, *Chel.*, *Kali c.* It is a guiding symptom to one of these three remedies? A study of the materia medica convinces us that it is, and *Bad.* is the choice. One dose was given in the 200th potency. May 23rd, general improvement. June 3rd, no more blood streaked mucus. June 13th, pain gone from chest. Cough less. June 22nd cough gone. No chest symptoms.

I lost sight of him during the summer, but in September saw him and he said that he had been in good health since the last prescription. This patient had a bad tuberculous inheritance.

When the keynote is a particular symptom that would be of small value were it not for its rareness, a study of the materia medica must be confirmatory or disappointment will frequently follow.

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### AS TO REPETITION OF DOSE A CASE IN EVIDENCE

*By*

Edmund Carleton, M.D., New York.

A middle-aged lady, who had always enjoyed excellent health, with the exception of small goitre, which has existed for many years in a stationary condition as regards size, arose one morning feeling as-well-as usual. Thirty minutes later the goitre had assumed mammolli proportions and the patient was breathing hard in consequence of the sudden unusual relations of the tissues of her neck. She managed to reach my office in woeful condition. After making a careful comparison of remedies, I selected *Calcarea ost.* But as the symptoms of patient and remedy are not vital to this history, they are omitted.

Having made my selection of the medicine, I was at once constrained to apply it in a manner suitable to very acute conditions. Consequently she was directed to take of this solution (it was the two hundredth potency) every thirty minutes until a slight improvement could be observed and then every hour until breathing became tolerably easy. After this the same rule of leaving off was to be followed in geometrical progression. In a few hours she was a little better, and this improvement was so rapid that in a few days she discontinued the remedy altogether. Two weeks later the goitre had entirely disappeared.

We have been accustomed to regard Calcarea as a remedy to be given to adults but once, and then in a high potency. This case shows that acute conditions may demand frequent repetition—even of calcarea.,

Journal of Homocopathics,  
Nov. 1901.

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### COCOANUT FOR TAPE WORM.

The use of the common Cocoanut for Tape Worm is not generally known. A writer in the Medical Summary advises the eating of Cocoanut to the exclusion of all other diet for two or three days. He claims that the worms will come away entire in every case without the use of a cathartic. If this simple measure be found available, it will be an important addition to the therapeutics of this condition.

1902.

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### IMPROVING SIGHT WITHOUT GLASSES.

Dr. Bates work and researches are undoubtedly one of the greatest boons of this century that has come to suffering mankind, generations unborn will do homage to him. He has relieved the troubles by curing the causes and not the

effects. With the practice of some simple rules nearly every one can regain normal sight without glasses.

1. *Blinking*.—Blinking is a great help to the vision because the eyes obtain a measure to rest when the eyes blink. The normal eye blinks all the time it is open, it is done so rapidly, however, that we do not see it, but in those suffering from defective vision, blinking is very irregular and jerky. All sufferers from defective vision should, therefore, cultivate the habit of blinking frequently thus preventing straining.

2. *Sunshine*.—The value of sunshine in all cases of defective vision is very great, and all sufferers are recommended to give their eyes as much of this as possible.

The best way is to close the eyes, face the sun, and gently move the head from side to side to ensure the rays falling on all parts of the eyes with equal strength, Remember the eyes should move also in the direction of the head. It should be done for about ten to thirty minutes two times a day, when possible.

This has the effect of drawing the blood to the eyes and relaxing the muscle and nerves. (Glasses should never be worn when doing this).

3. *Water*—Water is very effective in toning-up eyes and the surrounding tissues and should be used as follows:—

Whenever you wash yourself, before drying, dip your hands in the bowl (palms upwards and cupped), and raise them full of water to within two inches of your closed eyes. Then splash the water on to your eyes smartly, but not violently. Repeat this about twenty times, then dry yourself and rub the closed eyes for a minute with the towel.

This will make the eyes glow and it will freshen them. It is a very good plan to do it whenever the eyes feel tired, but, in any case, it should be performed at least three times a day.

4. *How to see distant objects*.—Never fix your sight on any particular part of the object, nor try to see it as a whole

at a time but move your sight frequently on its different parts or see to its right and left. Blink often. Fixing the sight and not blinking causes strain and makes the object dim and gives discomfort.

5. *How to read.*—Move your head from side to side, blink on the first and the last letter on the line. It is a common practice to read without blinking but such people feel their eyes tired after some time. Reading the finest print as close to the eyes as possible, improves near sight.

6. *How to write.*—Watch your pen moving and blink frequently. It is a mistake to watch the back letters at the same time while writing. It is a very good method even to improve handwriting.

7. *How to see the cinema.*—Now-a-days cinemas are very common and everybody is anxious to see them. Cinematograph pictures are commonly supposed to be very injurious to the eyes and it is a fact that they often cause much discomfort and lowering of vision. They can, however, be made a means of improving the sight. When they hurt the eyes it is because the subject strains to see them.

While seeing the cinema blink frequently and shift your sight continuously from one side to the other of the screen.—  
R.S. Agarwal, *Eye Spectalist, Eye Sanatorium, Bulandshahr (U.P.)*  
I.M.J.

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### KALI PHOS. IN INSANITY.

By

W. E. Taylor, M.D.

During the past two years and a half the results from the use of *Kali phos.* in insanity have been so gratifying that I feel the profession may be interested in what has been accomplished by this agent.

I have not found it *useful in puerperal insanity* or in extreme violent attacks of acute mania, except during the convalescing stage, when it aids materially in strengthening the brain. My best results have been obtained in cases which have been "acting queer" for a long time; when the brain has been gradually growing weaker, causing loss of memory, lack of interest in everything, careless in business, jealousies, suspicious, and suffering more or less from insomnia. *This condition may result from domestic troubles, business reverses, overwork, religious excitement or rather brooding over religion for a long time, cases of self-abuse, or any case where the nerve fluids are exhausted.*

Six months ago a lady about twenty-six years of age was received into the hospital. She was very insane but not violent. For more than a year she had been melancholy, due entirely to domestic troubles. Her mind became weak, spirits depressed, cross and fretful, constantly looked on the dark side of life, and finally had hallucinations of hearing. When admitted she was emaciated, pulse 120, respirations 20, temperature 98°, and pupils dilated. She slept little at night and during the day was very gloomy; had great dread and cried much of the time; bowels and stomach were deranged and she would take food only by persuasion. For a period of two years she had taken much medicine and been treated locally for uterine trouble. My examination, however, revealed nothing abnormal in that organ. Her menstrual flow was irregular and scanty. For two months I gave her various remedies that seemed to be indicated, but she gradually grew worse. I then sent for a member of the family, who gave me a full history of the case. I prescribed *Kali phos.* In a few days she became very much brighter, played on the piano and sang, and each day improved both mentally and physically until she seemed perfectly well and was sent home.

The above case is a fair sample of a number which we have apparently cured with this remedy.

When insanity is caused from masturbation, and the patient is not idiotic in his actions, but is restless and morose and at times quarrelsome, and has false bearing even though it be very aggravated, but of not too long standing it yields more readily to *Kali phos.* than any remedy we have used.

In paresis, when a patient has moods, is irritable and restless (not profoundly melancholy), *Kali phos.* will improve the physical condition and quickly and materially brighten the intellect, and stay for a time the incurable disease.

The suggestion which I especially desire to impress, is that *Kali phos.* is very useful in cases of insanity dependent upon an exhausted condition of the nerve forces, when there is no marked inflammatory condition, and that it is invaluable during the convalescing stage, *or in all cases of insanity after the inflammatory stage has passed.*—*The Clinique.*

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### Frequency of the Pulse

We must not allow ourselves to suppose that there is fever with little children merely because they have an acceleration of the pulse; we must also carefully examine their temperature. In numerous cases of simple catarrh in the head with children of 4—5 years I have found, even while they were lying down, a pulse of 130—140 beats, while their temperature was quite normal and they were otherwise quite well. Such acceleration of the pulse, especially in the presence of the physician, is quite a common phenomenon.—Prof. Hensch.

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*Passiflora* a Capital remedy to relieve the severe acute pain of *Sciatica.* The dose had been from one drop of the tincture to quarter of a drachm, according to acuteness of the pain.

### A Little Case

Patient just convalescent from mastoid operation : only getting about for three days. Has been having bromide. Complains of 'stupid fears : not certain of himself' : fear of nervous breakdown : of something going to happen : of loss of control."

He is "worse at night : can't settle : can't sleep : is anxious, restless." Aconite 30, two doses, one at once (6.p.m.) and one at bedtime.

Next day, "Done the trick ? Lost it all. Had a good night." And that finished it.

Aconite is more than a mere remedy for fevers (with Aconite symptoms), for acute colds, etc. It is the most marvellous curative agent, quick-acting, short-acting (in acute cases), without pernicious after effects, for trauma, shock; after operations, when the patient is full of anguish and can't rest; for fright, suppression of urine, fevers; but always and only where there is restless anguish, FEAR, fear of death, fear, and tossing at night. Hospital R.M.O.'s. would find it infinitely preferable to morphia on their nightly rounds !

Homocopathy.

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### Rupture and its Homoeopathic Treatment

Dr. G. S. Malhan. New Delhi

In its strict definition, the word 'Rupture' means a *break* or *tear*. And that is how this ailment got its name—people used to think the muscles had broken or torn in two.

But that is all wrong. The muscles at some point in the abdominal region have simply lost their *strength*—lost their *elasticity*. They are like a rubber band that has lost its *stretch*.

Sometimes the weakening of these muscles is due to general poor health; to a run-down condition; sometimes



lack of exercise has let them get soft and flabby and weak; and sometimes the weakness is inherited.

These muscles form a sort of wall in front of the bowels or intestines. Now the bowels are all the time *pushing* or *pressing* more or less against the abdominal wall—anyone, whether ruptured or not, can feel that pressure at times, as when coughing or sneezing; while lifting of other exertion greatly *increases* the pressure or strain.

When in a healthy and sound condition, these muscles, when the bowels push against them, simply *stretch* until the strain on them is over, and then *contract*. Just as when you pull at your cheek, the flesh falls back in position the instant you let go.

But if the muscles are in a weak condition, they can't stand much extra strain--can no longer expand and contract as they should. And thus any quick movement or strain may be enough to spread them apart at some point, forming an opening through which a part of the bowels or intestines *pushes out* or protrudes, making a sort of loose and sometimes floating lump or bunch somewhere between the abdominal wall and the outer skin.

Among the Allopathic school surgical operation is looked upon as being the only radical method of dealing with rupture, and while no one would deny that in certain cases where it had been very much neglected surgical interference is necessary, nevertheless this practice is overdone.

Many other ways of overcoming the trouble have been brought forward—some useful, some less so, some utterly worthless. Different appliances have been offered, and even salves and the wearing of magical threads around the waist, have been recommended as a means of cure, but most of the patients who have been thus tempted have only learned of the utter futility of these schemes.

The rupture is one of the afflictions perhaps one of the worst with which humanity has to reckon-in the cure of which Homoeopathy has come out the best of all the systems of medicines. "Homoeopathy, unaided, in my experience," says Dr. Edmund Carlton, M.D., in his book "Homocopathy in Medicine and Surgery," "has generally triumphed over the inguinal hernia of infancy and childhood. The exceptional case has required additional help from a truss. Scoffers are hereby challenged to make the clinical test in a series of cases and report the result in each and every case." He adds, "In youth and adult life a truss is indicated. With great care and fidelity the homoeopathic remedy should be given. Therein lies comfort, safety and occasional emancipation." Dr. Edmund Carlton quotes a number of cases cured, even without the aid of a truss. The medicine used was, generally, Nux Vom. 30 one dose a week.

Dr. Gurnesey says that "the properly selected homoeopathic remedy is always sufficient to cure" rupture in children. Dr. J.F. Baker in his "Lessons from Forty Years' Practice" speaks of having cured in all about 20 cases of hernia in adult. Lycopodium is his chief medicine against inguinal hernia especially, he thinks when occurring on the right side); Nux Vomica or Cocculus for the umbilical.

Dr. Clarke, M.D., in his "A Dictionary of Practical Materia Medica" reports that F.H. Brett cured himself of inguinal rupture by rubbing the part with tincture of the root of symphytum. (Another authority has recommended the local application of Lycopodium tincture.)

Such testimony from the Homoeopathic Literature in aid of the efficiency of Homoeopathy in the cure of Rupture could be multiplied. The writer of this article has cured a number of cases of hernia both in children and adults. The patients were advised to wear a well fitting truss and take

a few special exercises daily so as to strengthen the abdominal muscles. I do not agree with the advice given by a Bengali author in one of his books that truss should not be used. If it is necessary for the purpose of getting a right idea of the sensations, the truss can merely be discontinued for a few days.

The indicated homoeopathic medicine, together with a restricted diet so as to eschew meat, tea, coffee and alcoholic beverages, brought about a cure in these cases in about from six months to a year. The medicines used in order of their frequency were Calc. c. Nux Vom. Lyco, and Cocculus; the first one being especially efficacious in the cases of children. I give below, in brief, the indications for these medicines, materia medica being always consulted for confirmation of choice.

*Calc. Carb.*.—All forms of hernia. Frequently needed by children, especially by fat subjects having tumid abdomen perspiration on face and neck and cold wet feet.

*Nux Vom.*.—There are numerous pathogenetic symptoms having reference to hernia, such as “weakness in ring as if a hernia would form” and “pain in ring as if a hernia would become incarcerated” that have led to the use of this medicine in strangulated and other hernia. Allen says numerous cases of apparently irreducible hernia have been reported as cured by this drug which seems to relax the unnatural condition of the irritated muscle; in more recent hernias a complete cure is made by Nux Vom. by restoring tone to the relaxed muscles which have permitted hernia to protrude, this is especially true in infants who have hernia from extreme constipation or from crying with colic and indigestion, especially if they are very cross. A very important medicine.

*Lyco.*.—Hernia, right side, distension of abdomen with rumbling of gas, has proved useful in strangulated hernia when there was great distension and retching.

*Cocculus*.—It is a valuable remedy in hernia, umbilical and especially inguinal and it is particularly indicated when the abdomen muscles are weak and it seems as if a hernia would easily take place, worse on right side.

The well selected remedy, whether named above or not, has done, in a number of cases, more effectual work than any restraining apparatus. Each individual case must however be studied with reference to its particular features.

### A LITTLE CASE

Example of the War-time Unflourishing Infant on Artificial Diet.

G.S., seven weeks old. November 25th, 1918. (These were the days of difficult, or no, cream or butter.)

The Mother's story : He doesn't get on. He was a fine baby. He has pain before the bowels act; draws his legs up, and screams. Stools pale, very offensive, two or three a day. Sleeps badly. Is very hungry. Is getting "Allen & Hanbury's food."

He was given Sulphur 200, and diet was altered to two-thirds milk, one-third hot water, in which a teaspoonful of sugar of milk was dissolved, and margarine (clarified), a wee bit in one or two bottles each day.

He was only heard of four months later, when the mother reported that "he was cured in three days : he has had no pain, and no wind since." Flourishing normally.

Here, was it the change to a more natural diet, or the Sulphur, or both ; Take your choice ! Some would say, either don't alter the diet, or don't give the medicine, if you want to be sure of your results. But—a suffering infant ! Why, get on with it, to the best of your ability. Personally one felt that the baby needed "both."

Homoeopathy.

## NON-SURGICAL TREATMENT OF APPENDICITIS

W.G. Stedman, in the 'Medical World,' gives the following suggestions for the non-surgical treatment of this condition: Anticipate the condition you have to encounter internally, devise a remedy, treat your patient. Each one is a law unto himself. In the first place, you have a congestion in the appendix and the surrounding tissues, caused by infection of one kind and another, or it may be mechanical obstruction of various sorts or a combination of these. You will find that by relaxing these congested vessels, lymphatics, etc., you increase the flow of blood and fluids to the parts, thereby causing a flushing out of the congested area in and surrounding the appendiceal region, carrying away the poisonous secretions and concretions; also by dilating the tissues of the appendix and contiguous parts, you will allow the larger obstructive material to be eliminated, such as concretions, and perchance pus, to pass into the bowel. The acute congestion is relieved, and the amelioration and elimination of pain follow. Heat is the essential in the treatment of these painful and infectious conditions, as it is desirable to increase the physiological secretions of the body, for the purpose of combating infection, by increasing the phagocytic properties of the blood stream and accelerating the absorption of products of disintegration and other debris. When we try to decrease the temperature, we are giving the bacteria a better chance to live, multiply and extend their area of invasion. When we raise the local temperature to a sufficient degree higher than nature has been trying to accomplish, we are killing the bacteria more rapidly by bringing about a higher degree of internal hyperemia in the affected area. Consequently by flooding the vessels with fresh blood and fluids from other parts of the body, the poisons are flushed out and other offending materials removed. These fluids coming in prevent the treated parts from being burned, and

also undergo a heating and passing along through the tissues, in turn the temperature of the body is raised one or more degrees, now called artificial fever. With this treatment I have combated all conditions of appendicitis and other abdominal pains for over thirty-nine years non-surgically without losing a case, when they follow instructions. Only one case who did not do as directed was later operated upon. Have treated numerous other ailments with same treatment and same results. Avoid rough handling, restrict manipulations, enjoin physiological rest, absolutely essential (hands off). If you have intense pain in the appendical region, with or without gas distension or fever, do not permit delay at this time for X-ray or handling or waiting for blood counts or tests, but begin at once to treat your patient. Infection develops very rapidly and, with nothing being done in the meantime, with much handling and manipulations, nature's reinforcements are interfered with, you cannot expect other than a broken-down appendix. It is absolutely wrong to rush people to a hospital, subjecting them to rough handling, manipulations of all kinds, and then find out after observation and delay that they have a case of ruptured appendicitis, caused by the examiners and others who handle them.

—*Therapeutic Review.*

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## DROSERA

Pichet reports an interesting experiment with drosera, which he persuaded a friend of his at the Pasteur Institute to undertake.

This was to cultivate the tubercle bacillus on a glycerine medium in which some of the glycerine had been replaced by a glycerine medicated with drosera.

An infinitesimal amount of drosera was sufficient to prevent the growth of the tubercle bacillus.—*Rev. franc. d' Hom.*, May, 1934, p. 273.

### PINEAPPEL AS PYORRHOEA CURE

Canned pineapple may become a powerful ally to doctors and dentists in their fight against pyorrhoea, according to a report by Dr. J.A. Killian, the distinguished American scientist, on the Nutritional Value of Canned Pineapple, which has just been published in the U.S.A. This report which is the result of two year's research at the University of Hawaii, has, amongst other things, established canned pineapple as one of the most consistently reliable antiscorbutics available throughout the seasons. Dr. Hanke, of the University of Chicago, states the report, has found, during an intensive study of dental disease and diet, that many striking cures of pyorrhoea and dental decay have been affected by the consumption of large quantities of antiscorbutics, which are rich in vitamin C. Canned pineapple, it has been established, has as high a vitamin C. content as the antiscorbutics used in Dr. Hanke's experiments, and as also a high content of vitamins A, B, D, and G. In experiments undertaken in connection with the Indian disease, beriberi, which is a nutritional disorder, canned pineapple was found to contain the vitamin B (BI) in sufficient quantities to prove very valuable in combating the disease.

*Canned pineapple, the report adds, was found to be a good source of iron, copper and manganese, essential to a proper diet, in a readily assimilable form. Test meals were given to a large number of subjects, and it was found that the incorporation of pineapple in the meal stimulated the protease activity in the stomach, and definitely speeded up the digestive process.*

—*Ind. Dental Journal.*

## “BERIBERI” CATECHISM

Romes Chandra Roy, L. M. S.

What is Beriberi ?—*It is a disease due to taking polished rice for a long time It is found in China and Japan and Philippine Island and is characterized by swelling of the body and profound weakness of heart.*

Is the Calcutta disease real Beriberi ?—Most likely not. *It is by courtesy called Beriberi ; but it should be styled Epidemic Dropsy.*

What is the cause of it ?—Three theories are prevalent : firstly, it may be a soil disease—sometimes affecting several members of a house or a locality, who get well on getting away from the place. But as the poison of it (nature, unknown) resides in the sufferers intestines for a very long period, most likely, the so-called soilendemicity is attributable to these “carriers” of the poison. Secondly, it may be due to using mustard oil adulterated with bloomless or other limpid, odourless mineral oils. Marwaris, Europeans, milk-fed children and Mahomedans using beef-fat never get it; villagers who use ‘ghani’ expressed mustard oil are free from it. It is the thoughtless middle class that gets it—using mustard oil freely and from wherever obtained. Thirdly, and this is the more likely cause. “Beriberi” so-called is due to the ingestion of mildewed and decomposed rice. The fact that “Beriberi” appears during and after monsoon lends colour to this view. But besides being mildewed, the rice is a parboiled one and more often than not a milled one too; all these, coupled with the fact that we throw away the gruel, helped to thoroughly de-vitaminize the rice besides adding to it the poison generated by the fungus.

Stress should be laid, when speaking of the cause, on the fact that sufferers or convalescents from this disease



should not be allowed to handle food and drink meant for non-sufferers and convalescents; for, actual sufferers and convalescents are, unknown to themselves and unsuspected by others, insidious carriers of the poison of Beriberi.

How to recognize Beriberi?—This disease is very insidious in its outset. Every year, during the rains Calcutta's filtered water-supply gets turbid and it is a common thing for practitioners in Calcutta to get quite a crop of bowel complaints almost in every household during the early parts of the rainy season. It is also during this season that cases of Beriberi appear with vague intestinal symptoms. Indeed, most cases of Beriberi are ushered in, with bowel complaints,—griper, indigestion, loss of appetite and frequent watery, mucoid motions. These are attributed to the water supply or to the hilsa fish which too is abundant at this time. Those who get good evacuations at the start, frequently get mild attack of the disease. Following these irregular bowel actions, the sufferer begins to notice that he is getting easily tired and has less inclination and aptitude for his work. Then suddenly he notices that his shoes get tighter towards the afternoon and notices too that he cannot very comfortably close his fist and, on going up a flight of stairs, gets out of breath. It is then that he seeks medical aid. The onset is slow and insidious and by the time he suspects something wrong, he is well in for it. If he notices, he will find that his legs (particularly the portion from knee to ankle) pit on pressure and wear a red blush, specially towards the afternoon while his face looks paler. The moral, therefore, is, as soon as ever your bowels become irregular, during the rainy season see your doctor.

What is the danger from Beriberi?—The danger is failure, gradually or suddenly, of the chief driving force of the body, the Heart. Swelling of feet, panting on exertion,

heavy sensation at the pit of the stomach after meals—are all signs of partial failure of heart. They indicate rest—REST writ large! Keep an eye on your eye too—notice, if you commence to see halos round a flame; if you do, go to doctor.

What to do when affected?—Consult your doctor. Take prolonged and perfect rest in bed and that at once. If possible, leave the house and the locality.

How to avoid it?—(Leave off taking rice altogether, till the Beriberi season is over.) If this is impossible, then take sundried ('atap') rice or 'dhenki'-husked rice that has not been stored for a long time in damp places. As suggested by my friend the Health Officer, put a handful of rice into water and see if all the grains are uniformly translucent; if they are, then the sample is good, just as on candling, good eggs look translucent. Rice that has gone bad looks opaque and white; this should be rejected. Granaries that store rice in huge quantities in dark, damp godowns should be looked on with suspicion. It is a folly to throw away the gruel, which can be separately drunk, sweetened and flavoured as 'sherbet'; or, used as a stock for preparing other dishes. (2) Avoid mustard oil—unless it be from places known to be above suspicion. Use 'ghee', butter, fresh meat-fat, freshly prepared cocoanut oil, etc. (3) Make a point of taking one or more of these every day by every member of the household :—sprouting 'moong dal' or gram; fresh vegetables and fruits of the season (if poor, take lemon-juice); goor' instead of cane sugar; whole grain 'atta'. It is well to take some raw vegetable salad daily such as, cucumber, onion, tomato, outer leaves of cabbage, spinach, celery, carrots, turnips, beets, etc. (4) Thin your finger nails short and their underpart absolutely clean. (5) Take plenty of eggs, fresh meat and fish or, if a vegetarian, plenty of 'dadhi' and 'chhana'. (6) Take plenty of fresh air and sunshine.

## BEWARE OF TONSIL OPERATIONS.

By Dr. T. B. Layton.

Surgeon to the Throat and Ear Department, Guy's Hospital, and Otologist, to the Fever Hospitals of the London County Council.

(Extract from *The Lancet*, January 20th, 1934).

As I am one who as long ago as 1914 raised his voice against the increase of tonsil operations that was occurring even then, I would submit certain principles.

First let us note the Hippocratic maxim that in any course of treatment we must not only consider whether it will do any good but whether it can possibly do any harm. Lord Dawson accurately described with the eye of an accurate observer changes in the palate that impair its efficiency and that may result from an "operation of perfection" on the tonsils. No one can ever guarantee that this will not occur. If this were the only evil result, we might discount it against quite small advantages. But the operation for the removal of tonsils has a greater number of complications to life as to immediate illnesses, and to post-operative impairment of function, than any other operation of the same magnitude. So long is the list, that if it were read over at the time of consultation, any parent would hesitate to consent to the operation being performed. To say that it is devoid of risk cannot by any reasonable criterion be considered an accurate statement.

Next, the operation is never "absolutely necessary." Strictly speaking, this phrase is unsuitable for the type of surgery to which tonsillectomy belongs. It should be limited to the surgery of disorders in which death is reasonably certain if there is not performed an operation that gives a good chance of recovery. Even in a wider sense it is too strong a term to use for this operation. There is no case of

rheumatism, nephritis, or other disease in which the tonsillectomy has not been done and in which we can say with confidence that the disease would not have occurred, or would not have progressed, had the operation been performed at some time previously. Further, the operation of tonsillectomy is of such recent origin that those who may still look forward to a quarter of a century of active life are too old to have had it performed in childhood; yet there is no evidence as yet to show that the subsequent generations who have grown up in the age of tonsillectomy are fitter than that which experienced the Great War. The most that we can say is that the operation is advisable, perhaps strongly advisable, but never absolutely necessary.

Again, it is but seldom that one can say the tonsils 'are obviously diseased.' If one does, and if for some reason the operation is deferred, it is likely that it will be found that no harm has come to the patient from their presence. It is probable that there is no operation in surgery upon which a decision is more rapidly made in practice, nor one in which it is more necessary to weigh the pros and cons, not only of the local conditions but also of the general health, of the habit of mind and of body, and the hygienic conditions of school, home, and place of occupation.

The words, "enlarged tonsil," should be removed from our terminology. The tonsils, for the enlargement of which the operation of tonsillectomy was devised, are not seen today, yet succeeding generations of students read and hear about "enlarged" tonsils as an indication for their removal, without any criterion as to the size which warrants it.

The conception of the "typical adenoid faces" should be dropped.

Finally as to function. There are those who say we know not the function of the tonsil, they call it vestigial, and demand

of us that we should prove its functioning. But we know its function from its structure. It is a lymph gland differing only from the other lymph glands by its anatomical relationships.

Two rules of a clinical administrative nature may be enunciated :

The first is that operations upon the tonsils should not be performed in the winter months. This is specially advisable in a year of epidemics. I look upon measles as the most serious complication of these tonsillectomies. So highly infectious is it and so long is the incubation period, that it is impossible to set up any organization for the continuance of tonsil operations during the prevalence of measles without the risk of a case being operated on during the incubation period so that the disease supervenes upon an unhealthy throat.

The second is not to operate upon a patient living in unhygienic surroundings.

Tonsillectomy is bad for the children of the very poor. There are those who recognize that the squalor in which the child lives and the want of nourishment to which it is subjected are the primary causes of ill health, but who think that some sepsis in the tonsils is also present ; and feel that though they cannot prescribe the proper treatment of a new dwelling and a full stomach they must do the second best by removing the tonsils. The argument is fallacious, for under these circumstances the operation is not a second best. In the vast majority of cases the defective hygiene and not the tonsils is the cause of the sepsis ; and when there is some sepsis in the tonsils the lymphoid tissue is of greater value in protecting against the bad hygiene of the home than the organisms within it are harmful.

When all is said and done we laryngologists have the greater responsibility. If we think that the number of tonsil operations has increased to an alarming extent we cannot absolve ourselves entirely.

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### CLINICAL CASES.

By

Dr. K. C. Pal, H. L. M. S.,

*Jhenidah, Jessore.*

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CASE NO. 1.—One morning I met a gentleman on my way back from my walk, who saluted me with *shaking* hand. I asked what was the matter with his hands that were so shaking? He replied that he was a chronic sufferer of rheumatism, and that once his hands were paralysed some 2 or 3 years before. He was treated by indigenous drugs. His paralytic conditions were over but that peculiar shaking remained till that time. On further enquiry it was ascertained that he was formerly a press compositor and often used to bite lead types during work. Supposing it to be a case of lead poisoning, and without going any further, I hastened to my home and gave him four doses of *Plumbum met* 200, to take twice a day. To my utter astonishment, the man came after a fortnight or so and reported that he was all right as regards that *Shaking* disease.

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CASE NO. 2.—I met Dr. R. C. Ghose at Calcutta in connection with a case of suspected tuberculosis of lungs. I tried many remedies, such as : *Calcarea carb.*, *Silic.*, *Mercurius vivus*, *Phosphorus*, *Syphilinum*, *Calc. s.* *Hep. sulph* etc. one after the other (of course giving one remedy the fullest trial and then going to another) for a period of long two years. At last Dr. Ghose gave *Tuberculinum* 1000 and then *C. M.* after a month. This cured the man within six months, Now five years have passed, he is a married

man getting 2 children. He himself is quite a healthy man now.

He was a veteran dyspeptic formerly. Chilly, could not take a cold bath even in summer, although he craved fresh air and there was all along a desire to take cold baths, to drink juicy, cold things. He was also a psoric subject ; complaints, one after the other ; gradually emaciating. Tuberculinum changed the course for the better, and he was ultimately *cured*.

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CASE NO. 3.—A young lady came to me with periodical headache. She was flabby, suffered from malaria for over one year, treated by quinine injections and was cured, so to say. Since that "cure" she has got that awful pain in head, occurring every month during monthly periods. The pains last for 24 hours, gradually increasing and as gradually declining. After failure with some routine remedies for periodical sick headaches, I tried *Stannum* 200 and cured her with only two doses of the same medicine. A similar case was cured by Dr. R. C. Ghose in our locality some 3 years before when he came here from Calcutta. That patient suffered also for a couple of years and baffled the efforts of the most skilful allopaths of this place. Dr. Ghose watched and studied the case for three days and completed the cure in another three days with Stan. 200 & 1000, and a dose of C. M. potency was required after about six months.

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CASE NO. 4.—Dr. Amulya Charan De's wife fell ill with pain in lumber region as the result of a fall about 2 months before. The pain was less before, but it was increasing day by day. She used many herbal remedies and liniments of many kinds but to no effect. She fell on a sitting posture and her coccyx was severely shocked. She had slight fever following the fall, but after using so many re-

medicines, pain including the fever was gone. Since about two weeks she was feeling the pain more and more intensely. At first I gave *Arnica montana* in various potencies but got no result. Considering the pain following a fall on coccyx a dose of *Hypericum* was given with a few doses of *Sac Lac* and the patient reported after a week that she was altogether free from any pain whatsoever.

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CASE NO. 5.—A case of nymphomania in a newly married girl of 16 was treated by me for about one year, with such remedies as *Platina*, *Murex*, *Lil. tig.*, *Staph.*, *Thuja*, *Pulsatilla*, etc. but to no effect. I used 30th and 200th potencies generally. The patient was sent to Calcutta and Dr. Ghose treated her for a couple of months. *I was informed she was cured by two doses of Zincum metallicum 1000 on the following symptoms: "Bearing down sensation, as if internal organs would be pushed out", violent sexual excitement, excessive desire for an embrace. Menses irregular, in large clots, blackish; twitching of single muscles. Sexual excitement ceases whenever menses begin to flow.*

After she was cured of the trouble, she was conceived and gave birth to a fine healthy male child after a year or so.

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CASE NO. 6.—Nocturnal enuresis in an old lady was cured by four doses of *Equisetum hyemale* 200. This was given once every night. The trouble was of years' standing. Exciting causes were unknown. She had constant desire to urinate, and cutting in urethra while passing urine, for which she was given *Canth.* and *Apis* by another homoeopath. She used to wet her bed-clothes every night, this was her habit she said. Quantity profuse, and always very clear watery urine was passed.



**VETERINARY CASE***By*Dr. A. C. Ghose, H. M. B.,  
Calcutta.

CASE NO. 1.—Deokinandan Goala is the owner of 7 buffaloes and two cows. One day he wanted some medicine for a buffalo that was gasping for breath after suffering from a long continued diarrhoea for which a Veterinary Surgeon was consulted who treated the animal for about three weeks. I asked him a few questions, and he answered in full. The animal had loose motions containing blood. There was great tenesmus during and after motions. It was chilly, and there was no thirst at all. No appetite, became greatly emaciated. At first I gave a few drops of Merc. sol. 6 mixed with a pint of water. It was given in four equal quantities every 2 hours. Next morning he reported that the motions were stopped, and it drank some water and rice gruel. The prostration and that gasping still remained for which four doses of Ars alb 3x were given. The animal came round in a couple of days.

**A CASE OF TARENTULA***By*Dr. A. K. Chandra, M. D.  
*Bharasimla, Khulna.*

On the 28th March, 1925, I was called in to see a patient dwelling in the neighbourhood. The patient was a full-blooded young man of 27 years of age. He was suffering from an intense agony of an abscess that was formed on the right gluteus maximus muscle. Its shape was very large, pain was throbbing and burning and there

was a red and hard areola. The affected area was very sensitive to touch, even he could not bear a light current of air on it. It was ascertained after a thorough questioning that the patient had recently been cured of scabies by an external ointment. He was lying on his back day and night. On these I gave him a dose of *Hepar sulph.* 200

Next morning there was no improvement. The pain and other symptoms were as before. The patient said,—“Doctor, diminish the pain of my abscess at once, I cannot bear it any longer.” I asked him how and when he got relief. He said that only relief he could get being in the open air, although he could not bear it on the affected part. When I was sitting by the patient, I saw a woman constantly fanning him.

*Tarentula cub.*, 30 was given. Next morning the patient was all right. He said that two hours after taking the dose the pain subsided and sometime after the removal of the pain there was a discharge of great quantity of black blood. Next *Sac. Lac* was given for three days. After that, a dose of *Silica*, 200 was given which cured him completely.

If any abscess, felon, cancer, carbuncle or malignant pustules of any kind becomes very sensitive to touch and the patient feels better in open air, *Tarentula cub.* will cure such cases every time, and *Hepar* will have no place there.

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## INDIGO IN HEADACHE

By

Dr. A. M. Sur, M. D.

104, Cornwallis Street, Calcutta.

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A lady came to my office and told me that sometime she was subjected to a peculiar headache, which tormented her for years, and for which she consulted many doctors

and tried all sorts of remedies but in vain. The attacks of her peculiar megrim commenced with a pain in the right outer ankle, which soon gave place to one in the right knee ; thence it seemed to leap directly to the head, and was general over the head.

The peculiar sensation in the head was as if the brain was frozen, so much so that she felt inclined to bring the head close to the stove pipe in order to melt the frozen brain.

The headache would last for many hours, and even days, and was attended by sickness and inability to take any food whatsoever.

At last a doctor said after carefully considering the characteristics of the headache for some time,—“I feel sure I know what will cure you.” The medicine he hit upon was *Indigo*, a dilution of which he himself prepared and gave her.

A very few doses completely cured the headache ; and some years have elapsed since then, she has never felt it again.

### THE CHILD PECULIAR SYMPTOMS.

1. Aurum :—Screams at the nurse. Screams from headache.

2. Baryta Carb and Mur :—Does not want to play.

3. BELLADONNA :—Biting and grinding its teeth in (meningitis) cries until it gets something to eat (hydrocephaloid) Deliriums, very hot fever all night jerks, twitching, moaning. Anxious expression of face (Aeth, cupr.) *Pulls at its hairs in cerebral trouble (Dig.)* Awakens, weeps and tosses about. Indigestion associated with sharp pains, sudden screaming out and bending backward. Moans a great deal as though it gave partial relief from suffering, with drowsiness, Screams hour after hour without known cause. Screams when refused the least thing, used from kind

words. Wants to be carried quicker and quicker. Cries suddenly and ceases suddenly; appears as if nothing had been the matter. Cries, whines and seems afraid to breathe.

20. BORAX :—Awakens very suddenly screaming and holding on to the sides of the cradle without apparent cause. Screams during sleep and awakens clinging to nurse as if frightened by a dream. Cries on attempting to put it down into cradle ; takes hold of things near as if afraid of falling :—*Afraid of downward motions*. Excessively nervous so that the slightest noise, the mere rattling of paper or distant, heavy noise will arouse and frighten. Screams before urinating. Cries always before and after urination (Lach. Sars), urine frequent, hot and of pungent odour.

21. BROM :—Wants to be carried quickly and says “run, run” in croup.

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## DISEASES OF THE FEMALE GENITAL ORGANS.

(Dr. S. C. Boral. M. H. M. S., Professor, The Dunham College  
of Homoeopathy, Calcutta).

### Diseases of the Vulva.

#### *Vulvitis.*

Vulvitis, or inflammation of the vulva, is in adults most usually the result of gonorrhoea. But in young children it may occur from other causes such as cold, injury and irritation of thread worms.

#### Symptoms.

Sometimes the sebaceous glands and hair-follicles of the labia are chiefly affected, the parts then appearing dotted over with small red pimples, and later, if suppuration occurs, with small pustules.

There is usually much redness and oedema, and an offensive discharge. Gonorrhoeal complications may follow when it is due to Gono-coccal infection.

N. B. It is of some importance to recognise the fact that the disease may occur in children from simple causes (as mentioned above), as well as from gonorrhoea. The presence or absence of the gono-coccus in the discharge will settle the diagnosis.

### Treatment.

If possible try to remove the cause of the disease. Cleanliness should be enjoined and attention is to be given to the improvement of the general health of the patient.

### Therapeutics.

ARNICA :—Inflammation of the vulva due to *trauma* often calls for this remedy. There is a sore bruised feeling in the affected part and much oedema.

FERRUM PHOS :—Especially useful after violence or injury. There is fever, pain and swelling of the vulva.

CALADIUM :—An excellent remedy for vulvitis when arising from irritation of thread worms. There is an offensive leucorrhoeal discharge from the private part.

MERCURIUS SOL :—Gonorrhoeal inflammation with much pain, itching and swelling of the vulva. All complications are aggravated in the night time and especially from warmth of bed.

RHUSTOX :—External genitals inflamed and look erysipelatous. There is intolerable itching of the skin. Herpetic eruptions on the labia, worse during rainy season.

APIS MELLIFICA :—There is great oedematous swelling of the labia and burning, stinging pains, relieved by cold application. The urine is scanty and high coloured.

**BELLADONNA** :—The skin is painfully sensitive to contact and looks crimson red. Sudden inflammation with violent, throbbing pain in the head and dryness and heat in the vagina indicate this remedy.

**BOVISTA** :—Inflammation with voluptuous sensation in the genitals. Leucorrhoea, like the white of egg, a few days before or after the menses.

**CALCAREA CARB** :—Especially useful in fat and flabby persons. Menses are too early, too profuse and too long—lasting. The leucorrhoeal discharge looks like milk and causes much itching and burning. There is violent itching and soreness of the vulva.

**SULPHUR** :—There is burning in the vagina ; it is so intense that she is scarcely able to keep still. She also complains of troublesome itching of the vulva, with pimples all around. The Leucorrhoeal discharge consists of yellowish matter and is very much corroding in character.

**SEPIA** :—Is an admirable remedy for gonorrhoeal vaginitis and vulvitis. There is redness, swelling and itching eruption on the labia. The Leucorrhoea looks like pus or greenish water and is accompanied by much itching in the genital organs.

**NITRIC ACID** :—There is itching, swelling and burning of the vulva and vagina. The leucorrhoeal discharge is very offensive and may look brown, greenish or flesh—coloured. The urine is scanty, dark brown and smelling strong like horse's urine.

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*We, Physicians are liable to err in our daily work. They who assert that they never make a mistake are not truthful.*

**Sir Johan Rose Bardford.**

**HOMOEOPATHY.**

Dr. V. M. Kulkarni, Bombay.

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Truth is like a torch superfine  
 Constructed well and strong  
 If shaken well, more it will shine  
 Though looks dim all along.

If truth by prejudice suppressed  
 The truthful it adore  
 Thus Homoeopathy repressed  
 Prevaileth evermore.

It is a gift of Nature great  
 Bestowed on Hahnemann  
 It promptly doth eradicate  
 All ills of ailing man.

It doth effect a perfect cure  
 According to her law  
 With symptomatic treatment sure  
 Inspiring in us awe.

It never blisters, nor it bleeds  
 Nor purging strong it ever needs  
 It needs no use of surgeons knife  
 Which oft causeth loss of life.

It makes no use of serums vile  
 Which oft the human blood defile  
 It drastic measures disapproves  
 In easy way health it improves.

Dose poisonous it does not approve  
 With atoms of drugs it doth prove  
 That ailments all to them soon yield  
 And microbes cannot hold the field  
 If symptoms similar we wield  
 By drugs, against them can't shield.

### **Its Principles.**

Two similar things do repel  
 Dissimilar ones like a spell  
 Attract each other every day  
 With great force in a mystic way.

This Nature's law immutable  
 Is everywhere observable  
 Prevailing in the universe  
 Which in no way one can reverse.

Drug symptoms thus effect a cure  
 Dispelling those ailments sure  
 In Nature's scientific way  
 And on diseases they hold sway  
 Hence Hahnemann doth truly state  
 Like symptoms likes eradicate.

Thus to aid Nature at all times  
 In places all and in all climes  
 For ailments all and symptoms all  
 Do use an herb or mineral.

On law of likes in atoms pure  
 They then effect a marvellous cure  
 Drugs poisonous oft do great harm  
 In the long run they cause alarm  
 With atoms Homoeopathy  
 Heals all diseases thoroughly.



Though presecuted through great spite  
 By the profession with all might  
 It all along is gaining ground  
 And brings the scientists around  
 All gradually to its side  
 Who learn it and by it abide.

**The action of the drugs and their  
 atoms.**

All symptoms which a drug creates  
 Its atoms soon annihilates  
 When idiopathic symptoms grow  
 Due to disease and cause one awe  
 If they are similar to them  
 These atoms of that drug can stem  
 These symptoms and cure that disease  
 And give the patient perfect ease  
 This rule doth hold good everywhere  
 In herbal or metallic sphere.

**For example.**

Salt common doth produce great thirst  
 To quench such, take its atoms first  
 As chillies cause pains burning much  
 Their atoms can cure safely such  
 As garlic brings on tears profuse  
 Such state healed by its high strength's use  
 As garlic causeth pains in chest  
 Its atoms do heal such state best  
 Cinnamonum doth cause one bleed  
 Its atoms bleeding check with speed  
 As nut-meg causeth drowsiness  
 Such state its atoms can redress  
 As palpitation caused by tea

Its high strength makes us from it free  
 As coffee causeth sleeplessness  
 Its atoms such state do redress  
 As Natrum Sulp doth cause loose stool  
 Such state its atom over-rule  
 Crude Kali Phos gives one a swoon  
 Its atoms pure relieve it soon.

As *sulphur* doth cause skin disease  
 Its atoms boils and itches ease  
*Ars* brings on motions loose with gripe  
 Its atoms heal stools of that type  
*Merc.* brings on trembling a great deal  
 Its atoms trembling soon can heal.

Low strength of *Sil* doth suppurate  
 Dread carbuncles gives comforts great  
 To patients such which is a boon  
 While its high strengths heal them soon.

As *Tabacum* brings dizziness  
 Its atoms such state can redress  
 As *Opium* doth constipate  
 The bowels and brings drowsy state.  
 Its atoms pure eradicate  
 Conditions such, cause wonder great.

*Stramoni* doth cause madness sure  
 Such state healed by its atoms pure  
*Acon.* brings inflammation great  
 While its dose smallest heals such state.

*Ipec.* causeth vomiting much  
 Its atoms soon do heal state such  
 As *Croton* causeth motions loose  
 In loose stools we its atoms choose.

This way if you deal with care great  
 All ills you can eradicate  
 Both surgical and obstinate  
 In their acute or chronic state  
 Homoeopathic drugs contain  
 Cell-salts in them and do maintain  
 The power of imparting health  
 Without expenditure of wealth  
 Supplying thus deficiency  
 They work with great efficiency  
 All tissue salts in doses strong  
 Produce drug symptoms which last long  
 Resembling those of the disease  
 Which always they do cure with ease  
 Thus every scientist observes  
 How Nature great in healing serves.

### THE CHILD (PECULIAR SIMPTOMS)

V. Subramania Iyer, M.B.

77. *Phos Acid* :—Very restless, wants nothing apathetic, does nothing and cares for nothing. Stupor when questioned loudly, opens eyes, gazes stupidly and steadily, answers slowly.

78. *Phosphorus* :—Vomits within 10 minutes after taking any liquid; otherwise is well. Infantile rheumatism.

79. *Phytolacca* :—Desires to bite on something hard.

80. *Plumbum* :—Bewildered expression of face (stram, zinc).

81. *Podo* :—Moans in sleep with half closed eyes, rolling the head.

82. *Psorinum* :—Sleepless and cries all day and night will not sleep day or night, but frets and cries

83. *Pulsatilla* :—Extremely affectionate manifested by kissing, wants to be carried, whimpers, cries at any little annoyance, copious tears.

84. *Rheum* :—Colic worse by uncovering an arm or leg. Demands various things with vehemence and weeping.

85. *Rhus tox* :—*Irritable and fretful when spoken to* (ars. cham. gels, iod, nat. m., nat. s. nux. v) strikes its head against the wall or floor. Moans in latter part of night, (wants to be kept in almost constant motion,) to be rocked (brain disease) (cina) day and night (sanic).

86. *Sabad* :—Blue white about the mouth (cina).

87. *Sac Lac* :—*Oozing from umbilicus* (abrot, calc. ph).

88. *Sambucus* :—Awakens with suffocation and anguish able to inhale but not to exhale. After a fright weep and moves arms and hands about.

89. *Sanic* :—Head hard and compact when born with no sign of sutures or posterior fontanells. Marasmus especially muscles of neck (calc ph, nat.m) wasting of neck and thighs more marked in marasmus following diarrhoea. Old look, dirty, greasy and brownish, emaciated. Pot bellied (calc. c, sil). Wants to be nursed all the time yet loses flesh vomits all food in anguish, shortly after nursing and drops off in a stupid sleep. Restless tosses about all night drinks little and *often rubs the nose and eyes on awaking*. Persistent odor like bad cheese about the child genitals, smell of fish brine even after washing. Wants to be in constant motion day and night (rhus. t)

90. *Sarsap* :—Marasmus, great emaciation, skin hangs in folds, face of an old person, shrivelled large belly, mushy stools, herpes apthae. Screams before urination (Borax, Lach).

91. *Scutellaria* :—Spasms from teething or disordered bowels.

92. *Secale* :—Restless sleep, aversion to heat and covering, involuntary stools.

93. *Senna* :—Colic, full of wind, seems full, incarcerated flatus, cries, turns blue all over.

94. *Silica* :—Colic with constipation, Intolerance of milk, cannot digest (aeth, mag m) in nursing children. Chronic bloody mucus discharge from nose, spasms return at change of moon. Slow in learning to walk (cal c.) Pot bellied (Sanic) obstinate, weeps (med, nat. m., Tub) when spoken to even kindly. Sweating head.

95. *Stannum* :—Crying from colic, relief obtained by carrying it with belly on point of one's shoulder on passing firmly against it, will be quiet in no other position. Wants to be carried continually (ant. T, cham. china, kali.-c.)

96. *Staph* :—Weak and broken down as a result of syphilitic or syctic inheritance, worms in pot bellied infants with colic cries as soon as it eats. Ill humour, cries for things which are petulantly thrown away. (Kreos) child wakes pushes everything away and wants every body to go away, restless at night as from frightful dreams, *calls for mother often*.

97. *Stram* :—Cries as if from seeing hideous objects. Will not go to sleep in a dark room calls for mama and papa in delirium though present and consoling. Merry delirium (in brain disease). Bewildered expression of face, (Plumb. Zinc). Least excitement will cause it to pass urine in little jets, spasmodic urination, screams day and night (whooping cough).

98. *Sulphur* :—Cries without any definite cause, only pacified by rubbing or taken into cool air. Dislikes to be washed (amm. m. c., ant. c., ant t). Head drops on left

shoulder, starts and jumps in sleep with muttering, lamenting, whining acute bloody mucus discharge from nose (calc. c) dry hot head.

99. *Sul. Acid*:—Marasmus apthous sore mouth, yellow spots.

100. *Tub* :—Weeps when spoken to (med., nat. m, sil).

101. *Thuja* :—Awakens two hours after going to bed at night, ticking, crying and refusing to answer a question, strikes at the attendant and even says "no" when asked if it wants to urinate, but when put on the vessel then will go to sleep readily. Cries much and will not be quieted except by pressing on left inguinal ring, or flexing left thigh. Umbilicus protrudes and grows red and sore, cries much. Noise like animal croaking in abdomen in colic.

102. *Varonica* :—Nursing sore mouth.

103. *Verat Alb* :—Wants to be carried quickly and even to be shaken. Constipation with painful stool.

104. *Zincum* :—Cries out during sleep after being cross and irritable Cries, starts, jumps during sleep, rolls head from side to side. Awakens with fear in brain disease. Bewildered expression of face (Plumb, stram).

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### POINTERS.

(Dr. Sorabji J. Guzdar, B.H.M.S.)

1. *Geranium maculatum* in 5 or 10 drop doses of the tincture is a remedy to be considered when you run across a case of *Diarrhoea* that will not yield to the indicated remedy.

2. Dr. Stonham reports a case, in a man of 71, of nasal polypi and continued bad colds, cured by *Formica ruf* 2x. The drug, with intercurrents, was given for a period extending over a year.

3. In *Cactus grand* Dr. W.P. Barron finds a good remedy in the crisis of Pneumonia. He gives the tincture 2 or 3 drops,

4. Dr. Birney finds Santonine the sure remedy for retention of urine in newborn infants.

If you have never done so just follow Dr. Hawke's "hobby" with Chronic Malaria cases and give a few doses of *Natrum mur* 30 or 200th.

5. Thiossinimine 3x or 6x is said to be a good remedy for "noises in the ears."

6. Dr. Cushing says that *Artemisia abrotanum* should be considered as a remedy for the infantile paralysis.

7. If a patient wants a remedy for Goitre, and yours has failed, put him on *Fucus vesiculosus* Q 5 to 10 drops.

8. When the skin in jaundice is copper-coloured with a tinge of green, and eyes are a yellowish green, *Chionanthus vir.* in material doses is indicated.

9. For shock after a surgical operation, the remedy par excellence is *Stront. Carb.*

10. *Staphysagria* will usually control pain at the seat of operation, especially in the incised wound.

11. In intercostal neuralgia we have one remedy that will cure it so quick it will please you. *Tr. asclepias tuberosa* 20 drops once in two hours.

12. When you have a patient with puffiness about the eyes, especially in the morning, a smooth red clean tongue, with momentary numbness of fingers, look out for Bright's disease.

Headache of school girls, tired nondescript character, *Calc phos.*

Complaints worse when thinking of them, more marked than in any other remedy, *Oxalic acid.*

13. If urine no voided immediately after desire appears, suffers violent pain and trembling., Sepia is the remedy.

14. Pain in kidney, if desire to urine not immediately attended to, Conium.

Persistent mapped tongue in Typhoid Fever, Taraxacm

15. Cough when she stops walking, Ignatia.

16. Some Complaints come on when ceasing to move, Natr. mur. In Apis, anus seems to stand open, stool like chopped tomato.

In ill effects from falls, where the head is injured, Natrum sulph. is the remedy indicated.

Kreosotum is used when there is vomiting of undigested food several hours after the meal.

In difficult dentition with dark, infiltrated gums and aggravation from 6 P.M. to 6. A.M. give Kreosot.

17. In expectoration looking like soapsuds, Kali iod is the remedy. Dr. Dunham says "in rheumatism that alternates with heart troubles", give Kalmia Latifolia.

Lycopodium is of great value in condition "for overworked brains when brain trouble threatens"

For premature graynes of hair think of Lycopodium. For impotency Lycopodium is an important remedy and Dr. Lilienthal refers to it as the "old man's balm."

The three most prominent symptoms of Murex are, the consciousness of a womb, acute pain in right side of the uterus, which crossed the entire body and extended upwards to the left breast, and violent sexual desire.

18. Talcott speaks of Natrum Mur. as useful in "mental diseases of an intermittent type".

19. "Hahnemann speaks of Natrum Mur. for cold hands and feet which cannot get warm." (Chr. Dis.)



Schussler looks upon Natrum Sulph, as the chief remedy in Diabetes, giving as the special reason for its use in deficiency of pancreatic secretion.

20. In Nitric acid many "of the symptoms of the drug are relieved by" driving (Dunham).

21. Talcott speaks of Cimicifuga for the "sleeplessness of former opium eaters."

Goodno says : "Colchicine an alkaloid of colchicum has proved a valuable preventive of rheumatic pericarditis, not one case of pericarditis having occurred in over one hundred and fifty cases of rheumatic fever treated with this remedy by the writer and several friends."

22. Allen speaks of Argentum nit. as unrivalled for gastritis of drunkards.

For neuralgia of the face and head following herpes zoster, give Mezerium.

23. Constipation of infants during dentition, Hering says to give Mag. Mur.

Palpitation worse when sitting, better moving about, Mag. Mur is the remedy.

Farrington speaks of Kalmia being useful in rheumatism when the pains shift "from the joints to the heart, and it is especially to be thought of when the heart become involved after the use of "external application to the joints. Hering says that Kali Carb. is "adapted to fleshy, aged people, but if you catch them young, the patient is tall and thin with difficult vitality and more or less anaemic. Hering speaks of a difficulty in swallowing liquids that calls for this remedy. "Children, from time of birth can swallow solids with ease, yet choke every time they try to drink".

## COMPARATIVE MENTAL THERAPEUTICS.

Dr. M. N. De, M.H.M.S. (Gold-medalist.)

*Bapt*—Perfect indifference. Confusion of ideas (gels) thinks as if broken and tosses about the bed trying to get pieces together (as if the limbs are made of glass, Thuja). Falls asleep when spoken to (answers correctly and then falls back into stupor again, arnica).

*Bell*—Violent delirium, disposition to bite, strike and tear things and injure attendants (fury with impulse to kill, Hyos, Stram). Loquacious with desire to escape (Hyos, Stram-tries to hide, ars). Picking at bed-clothes (Hyos). Sees images of ghosts, hideous faces, monsters etc. (Stram).

*Borax*—Dread of downward motion. Clings the nurse when laid down on the crib (gels) Nervous, afraid of the slightest noise (asar, calad).

*Brom*—Sensation of cob-web on the face (Gr ap) Delusion that a strange person is looking over patients shoulder and he would see some one on turning.

*Bry*—Exceedingly irritable, angry always (cham). Talks of business of the day. Desire to escape from bed and go home (Bell).

*Cact G*—Cries and knows not why (rage, with weeping sadness, Puls). Sensation as if the whole body is caged.

*Can S*—Sensations as if drops of water falling from different parts.

*Cantharis*—Furious delirious, anxious restlessness ending in rage with crying, barking etc. (Stram, Bell, renewed by touching larynx or drinking and sight of water (Bell, Lyssin). Anxious frenzy (Hyos).

*Caust*—Melancholy. Sad, hopeless. Intense sympathy for suffering of others (no symptahy Plat). Ailments from long lasting grief and sorrows (Phos. ac).

*Cham*—Nervous, peevish, fretful, irritable (ant c, cina).  
Oversensitive to pain (coffea).

Very snappish, cannot return a civil answer (nux) child very irritable is quiet only when carried, (is not quieted, Cina).

Returns vehemently things which it asked and offered (Bry, Cries if spoken to Sil—Cries if touched Cina—Can't bear to be looked at Ant. c).

*Cimicifuga*—Fear of some impending evil (acon, ars, Lil T).

*Cina*—Cross, irritable, ill-humoured, wants to be carried but carrying gives no relief (gives relief, cham) does not want to be Touched (Ant. C) Desires many things, but rejects every one (Ant. T, Bry, Cham, Staphy).

*Cinchona*—Apathetic, indifferent, taciturn (Phos. ac).  
Discouragement (Iris V—Great cheerfulness, Croc, Lach).

*Cocculas*—Time passes too quickly (too slowly Arg. N, Can. I). Inclination to sing (agar, Croc, Hyos, Stram).

*Coffea*—Oversensitiveness of all senses, sight, hearing, taste, smell, touch (Bell, Cham, Opium).

Unusual activity of mind and body. (Acon, Stram).

*Colchicum*—External impressions unbearable, light, noise, strong odours, food cooking makes him beyond himself.

*Colocynth*—Extremely irritable, impatient. Don't wish to talk or answer questions (don't wish to be spoken to Gel, sil).

Ailment from anger with indignation (Cham, Bry, Nux).

*Conium.M.*—Depression of spirits (Lyc, Plat, Puls—Gay and Cheerful Croc, Lach). Indisposed to work (Nit ac,

Phos—To speak Dig, Phos. ac. Stram). Memory weak (Lyc). Dreads being alone (wants company stram). Yet avoids society (Kali, C, Lyc).

*Groc. S*—Frequent and extreme changes in sensations; sudden from the height of gaiety to the deepest melancholy (Ign, nux v.),

*Cup. M*—Mental and physical exhaustion from over exertion of mind and loss of sleep. (Coc, nux).

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### SOME REFLECTIONS

Dr. Narayan Ch. Chatterji, Banaras City.

#### **Ocimum Sanctum.**

Diarrhoea of infants and children with fever, slimy coryza, cough, flushed face, lips and tongue red or tongue red (fore part) green and yellow stools, thirst or not. It will cure, I think, without exception.

I use it for infants of 10 or 15 days 2 globules of 6x in a grain of Sugar of Milk and 30 in same manner. And it works splendidly for children. It can be given in water, in repeated doses without any ill effect.

In fact it is a gem and should be much used by the profession. It has minimised my use of Ferr phos and Kali mur. It seems like "Acon", "Bell", "Gels". "Ferr. P." and "Kali mur" combined.

I cured a case of a child of 1 year with frequent *involuntary* small stools with fever, cough, coryza in one day. All honours to Drs. Bhattacharji and Biswas.

#### **Artista Ind.**

I have only 3x and 6x, When remittent fever takes on tertian type after appropriate medicines, Artista cures in a day or 2. In children's remittent fever without ill

humour and with coated tongue but all other "Cina" symptoms it lowers temperature but could not cure. Still it paves the way to Sulph and saves a good deal of anxiety on the side of physicians and patients.

### **Azadiracta**

One patient of about 40 years, flabby, fleshy like 'Calc c' type, with oozing of watery fluid from left ear and pain in right brow; it cured both.

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### **PROFUSE NOCTURNAL ENURESIS**

T. F. Allen, M. D.

A boy of five years was passing frequently large quantities of pale urine; every night, besides taken up two or three times to urinate, he soaked two mattresses.

His stools are of normal consistence and regular but gray, or mixed gray, in colour. He is irritable and seems puffy under the eyes. He eats heartily and sleeps soundly. *Plantago* 200, (Jenichen).

Three doses seemed to restore a normal condition, his urine became natural in quantity, and he no longer wets his bed at night, his stools became natural in colour, and he was no longer irritable.

(Homoeopathic Recorder).

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### **TUBERCULINUM AS A PREVENTIVE FOR PHTHISIS ?**

Dr. I. G. Chatterji, F.H.A., M. D. (Homoeopath).

According to the law of "Similia-Similibus-Curantur", true follower of Hahnemann always should try to find the true key to the subject, and he should never stick to a particular medicine, although he may have favourable results by using the same. (Vide, Organon 6th edition 257 ch).

## PARTICULAR SYMPTOM.

*Hari Singh Gour, M. D. H.,*

Black Urine tells of *Colchicum*.

Urine of Chestnut colour—*Kreosote*.

Emission of urine day and night—*Causticum*.

Emission of urine when seated—*Puls*; when standing *Belladonna* and during repose—*Rhus tox*.

Violent emission of urine tells of *Sulphur*.

Flow of urine with Cephalalgia—*Veratrum alb*, with emaciation—*Mercurious*; with lassitude and fatigue—*Calcarea Phos*; with pains in the loins—*Phosphorus*; and with weakness in the loins—*Puls*; Inclination to urinate when lifting a load indicates *Bryonia* with burning in the abdomen—*Lachesis*; with heat and paleness of the face—*Acid phos*; with pains in the inguina—*Rhododendron*; with pains in the loins and back—*Lachesis*; with pain in the perineum—*Antim tart*; Earthy sediment in the urine—*Mang*; Farinacious sediment in the urine—*Berberis v.*; with red grains sediment—*Selenium*; greasy sediment—*Asparagus*; pink sediment—*Lobelia*; purulent sediment—*Puls*; cloudish red sediment—*Amb. nitr.*; Red corpuscles sediment—*Antim tart*; white, turbid, dirty sediment—*Conium*; Yellowish white—*Chin. Sulph*.

When the smell of the urine like Cat's urine—*Viol.tr.*; like horse's urine—*Acid Nitric*;

Urine looks like that of a mare—*Chinium sulph*.

Involuntary, unnoticed emission of urine during the first sleep—*Sepia*. Desire to urinate with colic—*Puls*;

Involuntary evacuation during the emission of urine—*Muriatic acid*. Pain in the penis as if beaten—*Arnica*; in the testes—*Conium*; Burning vesicles in the spermatic cord—*Ambra grisea*.

Crawling in the scrotum—*Selenium*; in the testes—*Mars.*

Dryness of the Glans penis—*Caladium*.

Eruptions on the hairy part of the Genital organs—*Lachesis*; between the thighs—*Petroleum*; elevated eruptions—*Lycopodium*; granulated eruptions—*Cinnabaris*; miliary eruptions—*Bryonia*;

Sensation of heat in the genital organ—*Ac. Sulph*;  
Heaviness of the genital organs—*Lobelia*.

Soreness of the testes—*Phosphorus*;

Spasmodic pains in the genital organs—*Graphites*; in the testes—*Spong*; Throbbings, pulsations in the sper matic cord—*Ammonmur*; in the Glans Penis—*Rhododendron*; in the penis—*Cop*.

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### BEST RESULT OF IPECAC.

(*Post-partum Haemorrhage*)

Dr. A.C. Chuckervarty, H.M.B.,

(*Gold-Medalist*)

A lady, delivered a child in October, 1928. She was suffering from some ailment concomitant to puerperium, for about a fortnight after parturition, which put a stop to it somehow or other. But after a month, she had one day a profuse bleeding from the uterus which was of a black, watery character. This was going on profusely day and night causing the patient very weak and prostrated. Accompanying, there was also flatulent dyspepsia and pain in the back and side.

I was called on the second day and prescribed a few doses of *China* 6—every three hours.

The next day I was again called for, and saw that the bleeding was continuing as before. *China* removed her gastric symptoms but made no effect upon the haemorrhage.

I repeated the same for one day more but the answer was adequately unsatisfactory.

On the fourth day I saw the lady again who told me that she had incessant nausea and salivation since the previous night without a little vomit. This suggestion helped me much in prescribing. *Ipecac* I gave four doses of the 30th potency in water—every four hours. The very afternoon I was reported that the bleeding and nauseating tendency were much comfortable.

From this on the 4th day I gave her one dose of *Ipecac* 200 and the patient was completely cured.

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### A CASE OF LYCOPODIUM.

Dr. B.V. Narasimham, M.D.,F.H.A.

Mr. X. bachelor, aged 25, constitution, thin and tall in appearance, with his hair turning grey, consulted me.

He was highly irritable and felt unrefreshed even after a night's sleep. He was suffering from unsatisfactory action of the bowels but his greatest trouble was nocturnal emissions followed by pronounced mental distress. To add to this he always passed semen with urine either in the beginning or at the end.

He was under different systems of treatment Allopathy, Ayurvedic, Unani etc, but to no effect. His complaint was as grave as before. He had not his own faith of recovery and consulted me as his final hope. His family history was good and he never had any venerals.

The first dose I prescribed was *Lycopodium* 200 with miraculous effect. Passing of semen with urine was reduced in a fort-night and to the utter surprise of the hopeless patient nocturnal emissions were completely checked from the next day.



*Lycopodium* 200 once a week was continued for 15 days more.

After this when he came to me I noticed a new light in his face with a hope for bright future and he thanked me heartily.

A dose of *Staphysagria* was only required after a month.

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### A CASE OF DYSMENORRHŒA.

Dr. S.N. Sundaram, L.M.S.H.

*Name*—Premalata Devi, aged 25, Hindu.

On last 23-8-29 I was called by a Kaviraj (Ayurvedic Physician) to treat his wife. He himself tried for the case for last three days but in vain. The following symptoms were present :—

1. Unbearable pain in the pelvic region.
2. Least exertion makes her cry violently.
3. Headache and vertigo aggravates on moving.
4. The colic was forcing the lady to bend double and was ameliorated a little after pressure, rubbing and warmth.

I gave her *Magnesia phos*, 3x trituration in 10 grains dose with a cup of hot water.

Within a few minutes she felt the pain is gradually diminishing. I left three powders of 5 grain each of *Magnesea phos* 3x and asked her to take it—every half an hour.

Next morning both of them came smilingly in my dispensary. The lady said that the pain was vanished within 15 minutes of my return and congratulated me for my success.

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## IS HOMŒOPATHY A RELIGION ?

Gopendra Nath Mukerji

To a thoughtful mind Homœopathy has all the significances of any great religion of the world. The founder of Homœopathy was a great seer and truth or mantram of *similia similibus curantur* dawned upon him as a Divine revelation. Like Christ and Buddha, Hahnemann renounced his everything in solving the problem of the sufferings of humanity and suffered senseless persecutions in the hands of his opponents. He was maligned. The world was against the great master and for a time the future of Homœopathy seemed to be doomed. But fortunately for mankind it was not to be so. Truth prevailed at last and Hahnemann came out before the world as the discoverer of the Art of Healing. The new and the old world embraced his faith and 'Fools who came to scoff remained to pray'.

The other day Dr. Yunan very aptly compared Homœopathy with Vedanta. Indeed Homœopathy bears all the resemblances of the Hindu religion. It has its Rishi or Seer in the person of Hahnemann, its revealed truth or mantram in *similia similibus curantur*, its Veda in the organon and its philosophy in the writings of Dunham, Kent and others. No body with his eyes open can disbelieve the doctrine preached by Hahnemann since it rests on a truth which is no less than a revelation. It is sure to appeal to all thinking souls and to supply food for metaphysical or scientific mind. The doctrine is highly metaphysical both synthetically and analytically. It treats the life-force with its varied manifestations in its entirety and abhors the idea of treating it piece-meal. The precision and exactitude with which it proceeds to find out the proper *similimum* have hardly been exceeded by any scientific experiment.

Then comes the miracle and miracle has played a great part in the propagation of all the world religions. It is miracle that has won over the unthinking mob of the world to the side of religion. An illiterate and unthinking person can have no high conception of religion. The light of truth blinds him, philosophy puzzles him; and it is miracle or magic that can bring him down on his knees. Thus we read in the New Testament. "The blind receive their sight; the lame walk; the dumb speak; the dead are raised up; to the poor the Gospel is preached." Homoeopathy vaunts no such things; but its curative power when compared with that of the old school is almost miraculous or magical.

And to the poor suffering humanity the Gospel of Healing Art is preached. The day is not far off when Homoeopathy will be regarded as the only universal panacea for all the ailment which flesh and blood is heir to.

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### CLINICAL RECORD OF CASES.

Case Reported By

Dr. I.G. Chatterjee, F.H.A., M.D. (Homoeo).

Babu.....Intercoursed two months ago. An ulcer appeared seven days after on the edge of the Prepuce. He took several Kabirazi medicines but to no effect. There are now another two large, deep, foul ulcers, eating down in to the glans penis just by the corona glandis. He also applied lotion, but with the same result.

On the 3rd June, 1928 he came under my treatment and I found him thus :—

The prepuce is much swollen and there is almost Strangling paraphimosis. The bases of the ulcers are very hard, there is a red inflamed bubo in one groin, which has been coming forward since the last week. There is scarcely

any discharge, his whole body was studded, almost as thickly as confluent Small pox, with secondary erythema. He had also some Soreness of the throat and slight husky cough. I prescribed *calendula lotion* to the ulcers and *Merc. Sol 3x* to take internally. I continued the same medicine, now he got perfectly well and has had no sign of a relapse.

#### Case No. 2.

Miss. Kamine Das aged twenty, fell from a cart five years ago and hurt her groin, since, the water passed every evening is thick, and with it a whitish paste which has to be squeezed from the urethra, giving intense pain. *Ars. 30.* and sometimes the 6th cured in several months.

#### Case No. 3

A Hindu lady aged thirty, cough of three years standing, expectorating a great deal of white salty mucous in clots, most in the morning. Has headache in the morning until 10. A. M., finally told me she had an aversion to bread. Lungs feel sore and raw when coughing great thirst, feels weak and does not want to move, *Natrum-mur* cured her in a short time completely.

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### A CHRONIC ENLARGED SPLEEN.

Dr. K. R. Dutt, M. B. (Homoeo)

A boy aged about 12, was suffering from enlarged spleen with continual fever loss of appetite anaemia, lassitude etc. The veins over the abdomen were very prominent which could be seen just under the skin and one could easily observe the flow of the blood. The boy could hardly move to and fro on account of the pain. He looked like a lady with a big foetus. There was diarrhoea and sometimes constipation. On enquiry I learnt that the boy was born with these things ill from that time—of course he is living in a malarious district. I never saw such a big spleen. We have read in

our Materia Medica that *Ceanothus Americanus* can be prescribed in such a case especially where there is the bigger the spleen the sooner the cure. I could not check myself without prescribing the medicine 10 drops per dose thrice daily.

To my utter surprise after four days the boy came to my dispensary, which is about  $\frac{1}{2}$  a furlong from his house, to give me the report that he was much better in all respects. The medicine was continued for three weeks, within this time his spleen became smaller  $\frac{1}{2}$  the size than before. I gave him *Phytum* for 7 days resulting in the spleen more reduced. Then I began with 5 drops per dose twice a day 2 or 3 days interval.

I advised him to practise moderate exercise so that his abdomen may be normal in shape and size.

At present the only visible symptom worth noticing is that a pad like thing 2'  $\times$  3 inches in area just under the xiphoid cartilage and is palpable.

### Aggravation after sleep

The following medicines copied from Dr. Kent's Repertory have aggravation after sleep except *Lachesis*:—

*Acon*, *Aesc.*, *Ambra.*, *Amon M.*, *Anac.*, *Apis*, *Arn.*, *Ars.*, *Asaf.*, *Bell.*, *Bor.*, *Bov.*, *Bry.*, *Cadm.*, *Calc. c.*, *Camph.*, *Carb. S.*, *Carb. V.*, *Caust.*, *Cham.*, *Chel*, *Chin.*, *Cina.*, *Cocc.*, *Coffea.*, *Con*, *Crot. C.*, *Dig.*, *Euph.*, *Ferr.* *Ferr. Ar.*, *Graph.*, *Hep.*, *Hyos.*, *Igna.*, *Kali. ar.*, *Kali. C.*, *Kali. Phos.*, *Kreos.*, *Lac. C.*, *Lyco.*, *Mag. Carb.*, *Mur. Ac.*, *Naja*, *Nat. A.*, *Nux M.*, *Nux V.*, *Oleand.*, *Opium*, *Paeon.*, *Phos. Ac.*, *Phos.*, *Phyto.*, *Puls.*, *Rheum.*, *Rhus. T.*, *Sabad.*, *Samb.*, *Sele.*, *Sepia.*, *Spig.*, *SPONGIA.*, *Stannum.*, *Staph.*, *STRAMO.*, *SULPH.*, *Thuja*, *Vert.*

*Hep. Sulph.*, and *Lycopodium* are both noted for aggravation after sleep and are also complimentary to *Lachesis*.

We have had not the fortune of using *Lachesis* 6X, and as such cannot tell anything of this. As a matter of fact *Lachesis* is very seldom used below 30th potency and is very extensively used in 200th potency and above.

### CLINICAL RECORDS.

#### Case Reported by Dr. R. N. Prosad, Gaya.

Mr. S. Singh—about 50 years old had an attack of Gonorrhoea 7 years ago and used all sorts of medicines. He was apparently cured of the disease (?). About two years after he felt some difficulty in passing urine. His flow of urine became narrow and there was tenesmus at the time of passing urine but there was no burning or pain of any kind. He noticed some kind of milky watery matter coming out of the urethral passage and this state of things continued for a year when suddenly his urine was stopped and great suffering ensued. He made up his mind to treat Homoeopathically and so he came under my treatment.

On my enquiry I found 2 fistulous openings with stricture of the urethra. He was much emaciated ; there was fever throughout the whole night with profuse sweat. The poor fellow had also an attack of syphillis 9 years before.

*Hepar sulph* 1 m. once a day in aqua distilled, on empty stomach.

The next time (after a fortnight), I saw him and found the complaints were much less. In every way all the bad symptoms disappeared and the patient got well.

He took one dose more of *Hepar* 50 M.

#### Case Reported by

#### Dr. Maharaj Dat, H. L. M. S., U. P.

Recently I had a case of a woman aged thirty years. She was suffering from intermittent fever for the last three

months. An England-returned Allopathic physician was treating her but with no effect. She was reduced to a skeleton within this period.

I noticed these peculiar symptoms in her :

1. Violent ringing, buzzing, and roaring in ears, with deafness.
2. Shivering even in a warm room.
3. Vertigo, inability to remain standing.

I prescribed : *Sulphate of Quinine* 30; thrice daily. She was completely cured within a week.

[2]

Patient, Mr. B. P. Saxena, aged 30 years.

He was suffering from cold every day between the period 3 and 6 p. m. During these three hours his eyes, forehead and temples used to remain very heavy. His bowels were very costive and he generally used to complain of obstinate constipation.

Only a single dose of *Nux vom* 200th was administered and he was cured in five days.

### Case Reported by

**Dr. Sailendra Nath Dey, Calcutta.**

On 1st January, 1929, one of my known patients awoke me from sleep at mid-night complaining that he was suffering an hour or two from severe *pain in the head as if hammering*. He said that he was feeling most uneasy and he would die. Mainly depending on the marked symptom—*hammering in the head* along with another symptom *constipation* I at once prescribed him a dose of *Natrum mur* 30. Next morning I asked him how he was. He gladly answered that the very dose made him fast asleep and now he is alright.

**Case Reported by  
Dr. W. A. Martensz, H. M. D., Ceylon.**

An Allopathic physician of no mean repute gave over to me a case of *enlarged spleen* in order to test the efficacy of "*Ceanothus Americunus*." The patient, a young man of about eighteen years of age had been suffering from *Tertian Malaria* for a considerable period and had come under the doctor's treatment.

When the case was passed on to me he was undergoing the treatment for enlarged spleen by the doctor.

It was a huge spleen about six inches in size, and I promptly decided to prescribe *Ceanothus Americunus*. I put him on a strict vegetable diet and gave him 10 *drops of Ceanoth.* in half an ounce of water three times a day. The spleen was reduced to its normal size within five days. I have never known, within the range of my small experience a spleen reducing so wonderfully.

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**Case Reported by  
Mr. S. G. Chatterjee, Muttra.**

(a Medical Student, son of Dr. B. N. Chatterjee,  
Muttra.).

My friend Mr. H, came to our dispensary on the 6th. November 1929. He looked very gloomy and jaded out. I asked him the purpose of his visit. He told me that he wanted to see my father as his wife was seriously ailing from Typhoid Fever of a pernicious nature. But at that time my learned father Dr. B. N. Chatterjee being out on a professional call, I myself accompanied the husband. After thoroughly examining the patient, who was from the very commencement of her trouble under the treatment of a Lady Doctor (Allopath), I prescribed for her *Ferrum Phos 12x* and *Kali Phos 12x Trit*, 3 doses of each of the



remedies to be taken alternately. The next day the man reported no improvement, but still the same medicines were continued on the 8th instant I was again called. I found the patient in a very bad condition. Her husband grew very nervous and burst out into tears. I gave him every possible hope of her recovery and carefully examined her once again to hunt up the proper remedy for her.

I gathered the following symptoms—

Very loquacious. Unbearable offensive smell from her mouth. Restless. Tongue red and shining as if varnished. Palpitation of the heart. Pulse abnormally galloping. Temperature 103.8°. Brownish-black vomiting. Stools horribly stinking. Urine similarly offensive. Always asking for soft bed as if bed was too hard.

These symptoms guided me to choose *Pyrogenium*. With some hope still lingering in my mind, I gave her 6 doses of the said remedy, namely, *Pyrogenium* in the 6th potency every three hours. The next day i. e. on the 10th morning, the thermometer recorded 100.5°, otherwise she was a bit better. On the 11th November, I gave her the same medicine in 30th potency and continued it for a couple of days more. On the fourth day from the administration of *Pyrogenium* the temperature came down to 98° Degrees. Of course, she is getting *China* now for her convalescence.

So after all, in true Hahnemanian fashion, we can claim that he who prescribes, being guided by a totality of the symptoms, will not, and can not, fail where a cure is at all possible.

The case came in hand on the 16th day of the attack and cured on the 21st day.

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**Case Reported by**  
**Dr. A. C. Chuckervarty, M. B. H.**  
**Calcutta.**

Mr. Upendra Nath Bhanja, serves as a clerk in a tea garden of Jalpaiguri. He is about 35, of a dark complexion and lean and thin in shape. The man had been fighting with malaria for a considerable number of years with the assistance of Quinine in lump, but with no permanent effect. The result was only suppression for some days and would reappear shortly. The time of paroxysm of the prexia was of great importance. The patient would feel well and good for some days before each new and full moon; but soon after seized with 'malaise' and true malarial phenomena just at the outset of new and full moon. Thus suffering for 4 or 5 days he would get refreshed and so on. Other than that, he had often constipation and suppurating itches all over the body. On this, I hit upon 'Silicea' 30, a few doses which made the successful effect. I had to continue 'Placebo' for two weeks to test the next paroxysm but with all my surprise, I was reported that there was no further attack.

**Cases Reported by**  
**Dr. V. M. Rao, M. D. H. Madras.**

Case 1.

Boy of 16 years.

He was suddenly attacked by ordinary fever in the month of August. The local physicians treated him for about a period of two weeks but with no effect. After three weeks the patient was brought to me.

Symptoms:

Pale and emaciated; Cannot sit even in the bed; vomiting sensation; headache; intolerable pain in the abdomen; most offensive discharges; abdomen distended and pain on pressure especially in the right lower abdomen;

diarrhoea ; nearly forty motions a day; tongue dry, red ; pricking at bed-clothes ; no sleep.

Treatment :

*Baptisia* 30 five doses throughout the day and night.

Next morning : fever reduced but pain in the abdomen remained as usual. I gave the patient on empty stomach fresh lemon juice ( $\frac{1}{2}$  oz).

3 P. M. *Acid phos* 30 one dose.

At bed time—same.

On the following day the patient felt a little better. I gave him again one oz. of fresh lemon juice.

3. P. M. *Acid phos* 30 one dose.

At bed time—same.

This treatment continued for three days within which time the pain completely vanished, motions reduced to two by number, the temperature became normal. Felt hungry.

*Acid phos* 200 one dose in the morning ;

Diet ; rice and green vegetable at about 10 A. M.

Case 2.

A boy of 3 years.

Symptoms :

Head falls to one side (left side) ; closing of the eyes ; the whole head was filled with some sort of itch; on the body, on the back and legs appeared small boils and patches of itch ; sleep disturbed by incessant scratching; broken down constitution ; diarrhoea : no sleep : cough.

Treatment :

*Phosphorus* 200 one dose.

After two days all other symptoms remained as usual except that the falling of the neck and the closing of the eyes,

I gave him *Sulphur* 200 one dose in the morning, and *Phos* at bed time.

Felt a little better.

The medicine was postponed for two days.

*Phos* 200 one dose daily.

After a week the patient was more cheerful.

*Graphites* 200 one dose on every alternate day.

After forty days the child was perfectly cured.

#### Case Reported by

**Dr. S. S. Shayaq, H. L. M. P., H. M. B. Agra.**

A woman age 20 years :

Symptoms : For last three years she was suffering from chronic leucorrhoea ; irregular menses ; loss of appetite , vomiting after taking milk etc. intense pain in the abdomen on account of a big tumour. She got fever every now and then, had become anaemic, very weak and felt giddy while standing or walking.

*Pulsatilla* 30

No effect.

*Sulpurs* 200 one dose.

Nothing ameliorated.

After a week *Speia* 30.

The first dose worked miraculously.

Pain and Leucorrhoeal discharge—less

*Sach lact.* For two weeks.

After this one morning she came to me smilingly—now she is all right. The case referred above was advised to undergo surgical operation of her tumour. But she totally refused to allow the use of the lancet.

#### Case Reported by

**Dr. B. N. Chatterji, M. D. Delhi.**

Age 18 of a fair complexion thin and tall of a mild temperament, suffering from whites for 4 or 5 months, discharge

almost in the evening and morning—always the colour of the discharge is white. 3 years back she suffered from hysteria and she was cured (?) by an eminent Allopath of the city. For the last two months her monthly period is no more and in its place leucorrhoea has made its appearance. 5 years back she got skin diseases sufficient to make her bed-ridden and she was cured (?) by applying some ointment made of some Kaviraji herbs. Till now she got no skin diseases and till yesterday she suffered not a minute from spells of hysteria.

I have already mentioned that the discharge is white, moreover it gives severe burning sometimes smarting sensation and it is sometimes excoriating. There is too much itching of the inner genital organs sometimes a colic almost labour-like arising from both sides of the abdomen is also felt. She says that her small of the back is gone. Inguinal glands now and then make their appearance.

Today she has got over almost all the symptoms mentioned above—long fits of hysteria.

The head of the family has got one Homoco box of 24 medicines ; after my enquiry I told him that he has left for me no such medicine as I could administer. In short those 24 medicines were in active motion in rotation in her body. (?)

1 dose Sulphur 1000 on 10-11-28. Many kinds of skin diseases made their appearance from 15-11-28.

1 dose Conium 200 on 1-12-28. Got information on 17-12-28 that she has been cured of her leucorrhoea and skin diseases and hysteria—Regular menses began from 28-12-28,

## The Opposite Characteristic Symptoms and their Remedies.

- Dr. Anil Bhusan Chowdhury, H. M. B., Jaynagar, 24 Pergs.
1. (a) The edges of teeth decay.—Staph, Mer.  
(b) The roots of teeth decay —Thuja, Mez.
  2. (a) Dry mouth, without thirst—Puls.  
(b) Moist mouth, with intense thirst—Merc.
  3. (a) Diseases begin on the left and go to the right side—Lachesis.  
(b) Diseases begin on the right and go to the left side—Lyc.
  4. (a) Cough going from warm to cold air—Phos.  
(b) Cough aggravates, coming into a warm room from open air—Bryo.
  5. (a) Acrid lachrymation with bland coryza—Euph.  
(b) Acrid coryza with bland lachrymation—All. C.
  6. (a) Pains aggravate by motion—Bryo.  
(b) Pains ameliorate by motion—Rhus T.
  7. (a) Cough aggravates by cold drinks—Spong. T.  
(b) Cough ameliorates by cold drinks—Cup. Met., Caust.
  8. (a) Toothache ameliorates by heat—Mag. Phos.,  
(b) Toothache ameliorates by cold water—Coff., Nat. s., Bis.
  9. (a) Colic ameliorates from bending double—Colocynthis.  
(b) Colic ameliorates on bending backwards—Diosc. V.
  10. (a) Cough aggravate on expiration—Acon. N., Caust.  
(b) Cough aggravates on inspiration—Spong. T.
  11. (a) Sweats as soon as one closes his eyes to sleep—Con., Cinch.  
(b) Sweats when one wakes up—Samb,

12. (a) Constipation before and during menstruation—*Silicea*.  
 (b) Diarrhoea before and during menstruation—*Am C.*,  
*Bov.*, *Ver. A.*
13. (a) Child is good all day ; restless, screaming and  
 troublesome all night—*Psor.*, *Jalap.*  
 (b) Child cries all day, sleeps all night—*Lyco.*

### Case Record.

Dr. Ranjit Kumar Sen, Homœopath.

Very recently I had come across a Male Patient aged about 22, he was suffering with Summer Diarrhoea, attended with undigested particles, vomiting together with a little bit of prostration. At the very onset I suggested—***Pulsatilla*** according to the temperament of the patient. He was very mild always in a weeping mood (*Nat. Mur.*, *Igna*) my selection did no good and the patient became worse and the prostration was so much marked within an hour that the pulse seemed to me imperceptible. I at once thought of ***China*** 30th and then 5 doses of ***China*** were given. The effect was miraculous and the patient totally got rid of that trouble.

### Graphites in Eczema.

Dr. Rama Pada Banerjee, Dhakuria.

Some four months back a gentleman of the locality came to my dispensary some what reluctantly. On enquiry I was told that he had been taking injections for two long years in the Tropical School of Medicine to cure an Eczema under his arm pits which extended on both the sides of the body up to the sixth costal level and covered a pretty big area at the back. He said that whenever he took an injection the eruptions would disappear but would again come after a few days and in this way he got more than 30 injections during the two years. He was attended by the Doctor of

the Tropical School of Medicine, and that he came to me being disgusted after all.

On examining I found that the eruptions itch like anything and burn after they are scratched and the itching comes whenever he puts on some clothes and perspires. I gave him **Sulphur** 200 one dose and some placebo and asked to come after a fortnight.

The patient came back after seven days to say that the eruptions were almost disappearing but as I was expecting that the eruptions should come out more vigorously before a complete cure could be effected. I gave him some doses of placebo and asked to see me after fifteen days.

I got the desired effect of my administering Sulphur as at this time I found that the eruptions were out on the skin as much as possible. Further inquiring into the case I was informed that the eruptions on being scratched gave out a sticky fluid and that the patient was generally constipated. He was a bulky person too. This time I administered a dose of **Graphites** 200. The patient came after a fortnight as advised and I found that the eruptions were almost cured. I gave another half dose of the same remedy and asked to come after a month if there was nothing to come earlier. To the satisfaction of both the patient and myself, I found that the skin was as smooth as possible leaving no trace whatsoever to show that there was any eruption at any day. It would no doubt be gratifying for the reader to know that this cure has gained me an exclusive practice in the family.

### Hygiene.

What The Healthy Baby says.

1. My mother takes nourishing food such as milk, eggs, and bread.
2. She avoids heavy work.



3. She was attended by a trained midwife when I was born.

4. I am living in a clean airy house.

5. I am fed regularly every day at 6 a. m., 9 a. m. 12 noon, 3 p. m., 6 p. m. and 10 p. m.

6. I am nursed by my mother because breast milk is the best food, always fresh and clean, available at all times and does not cost anything.

7. When my mother was ill for a few days, I was given clean cow's milk and orange or lime juice.

8. When I was fed on cow's milk, I saw that it was kept in a cool place and covered to exclude dust and flies. It was boiled just before use, put in a good feeding bottle and given to me. All the vessels were rinsed in hot water before and after use.

9. I am bathed daily and have a clean skin and clean hair.

10. I am dressed in clean loose clothing.

11. I have plenty of fresh air and sunlight.

12. I have plenty of rest and sleep.

13. I am not given teats and pacifiers.

14. I have been taught good and regular habits.

I am therefore healthy and happy.

#### **What the Sick baby Says.**

1. My mother is taking highly spiced foods and sweet-meats and does not eat nourishing food.

2. She is overworked.

3. She was attended by a barber midwife when I was born.

4. I am living in a dirty, dingy, ill-ventilated house

5. I am fed at all sorts of hours and whenever I cry.

6. I am neither nursed by mother nor given cow's milk.

7. I am fed on condensed milk, rice and cakes and am suffering from enlargement of the liver.

8. I am fed with a conch or feeding bottle which cannot be properly cleaned, and my food is exposed to dust and flies. I am, therefore, suffering from diarrhoea.

9. I am not bathed daily and have got ulcers all over the body and lice in my head.

10. I am dressed in dirty clothing and am suffering from itch.

11. I do not get fresh air and sunshine and am suffering from rickets.

12. I do not have sufficient rest and sleep and feel always weak.

13. I put dirty teats into my mouth and get dysentery very often.

14. I have not been taught good or regular habits. I am, therefore, always ill and fretful.

*Public Health Dept.*

### **Worm Medicine.**

T. L. Bradford, M. D

(August 16, 1900).

I may say that I have for twenty-five years used this treatment and with excellent results.

Use the following remedies: Santonine 1x Trit., Ipecac 1x trit., Veratrum Album 3x trit., Lycopodium 12x trit.

Put up three powders of each, numbering them in the order they are named. (Santonine, 1, 2, 3; Ipec., 4, 5, 6; Veratrum, 7, 8, 9; Lyc., 10, 11, 12). Give a powder every night and morning in the order numbered,

For those most outrageous pests, seatworms, or pinworms, I use the above prescription, and also keep the parts about the rectum thoroughly anointed with sweet or olive oil, for twelve days, night and day. It gives relief at once and kills the worms that are burrowed in the skin.

### Ode to Hahnemann.

#### I.

Oft times in far off regions of the North.

When Autumn's glories all the wood discolse,  
The sinking sun its golden rays pours forth

Till all the scene in quivering splendor glows.  
The snow-capped peaks grow rosy in the light

And sapphire clouds are touched with points of fire,  
Which, sinking slowly in the arms of night,

Watch lingering still to see the day expire.

#### II

Just so the century in grandeur dies,

Reflecting splendour on her closing years,  
Where genius-born her myriad conquest rise

Midst hopes triumphant and 'mid seas of tears.  
Arise! O Man, and let thy heart rejoice

That thou wert born in these prolific times,  
When science teaches with prophetic voice

And art in majesty her place defines.

#### III.

Amid the ashes of defeated hopes,

Amid the wreckage of a thousand lives

That strew the pathways on ambition's slopes,

The mighty genius of man survives.

And fame, fair goddess in her proud array,

With golden trumpet pointing to the sky  
**Sounds** through the arch of Time her grandest lay,  
 The works of men whose names can never die.

## IV.

By Darwin's Thought the problem of our lives,  
 So long unsolved this century proclaims  
 In one great song, "The fittest still survives ;  
 Natural selection for ever reigns."  
 And still along Time's avenue their peals

Resounding on them through the trump of Fame,  
 As Herbert Spencer to the world reveals

The science that has glorified his name.  
 Now evolution stretcheth forth her arm.

To hold "the fittest" that the Earth contains ;  
 The cold agnostic shudders in alarm ;  
 God still is God—omnipotence remains.

## V.

Five decades back our 'scutcheon, with its stars  
 And stripes in glory waving to the sky,  
 Was tarnished by the legal right that bars  
 Equality to men, and slavery.

With all its horror, all its crime and lust,  
 Cast its black shadow o'er this mighty land.  
 Lo ! then arose a fearless man and just,  
 And to the Nation issued his command.

## VI.

Then all the fiends of internecine war  
 Rose like the hideous Phantoms of a dream,  
 But slavery was stricken to the core

And Abra'm Lincoln's will became supreme.  
Oh! martyr'd President, thy native land

As this great century is dying now,  
Uplifts in majesty its grateful hand

And lays the wreath immortal on thy brow.

## VII.

The lurid lightning flashing through the sky,

Is caught and held subservient to man's hand,

Who ladens it with thought and bids it fly

Throughout the farthest confines of the land.

O'er mountain heights, across the ocean's waste,

Past arid plains or through the trackless snow,

Revolving continents each other know.

## VIII.

The undulations of the summer breeze

An interchange of thought convey.

The force of tides that swell the boundless seas,

Man's subtle intellect controls to-day.

The planets whirling in the abyss of space,

The rocks that tell us when this earth grew cold,

The science of this century unfold.

## IX.

And Woman, last of God's creative art

(Thou great enigma to the creature man),

Where in the rush of progress is thy part,

Since first the century her course began ?

Health, beauty and obedience were then

The chiefest characters thy sex displayed,

Adored by passion—trifled with by men,

Honored and loved, neglected or betrayed.

## X.

Look how she stands, now better understood,  
     The light of progress shining in her eyes  
 In all the glory of true womanhood  
     As high and holy aspirations rise.

The arts and sciences stand open now

    The great professions beckon her to come  
 To join their ranks—and still the marriage vow  
     Surrounds with sacredness the ties of home.

## XI.

But we who 'neath the Æsculapian shield

    Are linked together, in one sacred bond,  
 The battle on humanity's field

    For health and life and all that lies beyond,  
 Who, when the pestilence is stalking forth,

    Slaying its victims with mephitic breath,  
 Like whirlwinds sweeping from the icy North—

    Draw forth the sword to battle with King Death.

## XII.

What has the closing century revealed,

    To aid our efforts in th' unequalled strife,  
 The constant battle with a cause concealed,

    That saps the very fountain heads of life.

What has it done ? Let Anesthesia sing,

    Let Antisepsis clap her cleansed hands,

And microscopic revelations ring

    With songs of progress from far distant land.

## XIII.

God sent no suffering to the pristine man

    Till Adam ate of the forbidden tree,

Then with a laugh the demon Pain began  
     To treat the tendrils of humanity.  
 The centuries rolled, and still the race  
     Was born and tortured by unceasing pain,  
 Mankind forever striving to efface  
     Its ravages with antidotes in vain.

## XIV.

Then came a time—Oh, country mine, be proud,  
     For thou wert first the conqueror to find  
 Before whose breath the Evil Spirit bowed—  
     Amid the thankful plaudits of mankind!  
 The surgeon now God's inmost temple sees,  
     While Anesthesia her censer swings,  
 The Demon conquered from his victim flees  
     And Science jubilant her paeon sings.

## XV.

To us, Sectarians as we ever are,  
     (As all must be who hold a special creed)  
 Arose within this century a star,  
     To guide us in our therapeutic needs.  
 The storm of opposition touched is not,  
     The shafts of ridicule pass'd harmless by,  
 Traditions—dogmas could obscure no jot  
     Of its transcendent truth and purity.

## XVI.

While Anesthesia in glory stands,  
     And Antisepsis over the world displays  
 The grand results minute technique demands,  
     To bless the Surgery of latter days,

Above them both with more expansive reach.

The Star of Truth, by Meissen's sage defined,  
Shines over the earth, humanity to teach.

The splendid triumphs of the Master's mind.

XVII.

No mighty truth since Time his course began

Has shown its full effulgence to the world  
Till it has fought the stubborn will of man

By passions' vehemence against it hurled.

Kepler, Newton Harvey and Jenner knew,

And felt the obloquy of error born,  
And Christ himself the perfect man and true,

Was sacrificed amid the cries of scorn.

XVIII.

Great is the hero whose stupendous mind

Upon this dying age its splendor throws,  
Self-vanquished in his efforts for mankind,

By all the ardor perfect love bestows.

If statesman, poets, scientists, and men

Who deal in life's affairs, could later see  
Their works as written by historic pen

They'd stand confounded by Time's alchemy.

XIX.

Could Samuel Hahnemann arise to-day

To gaze bewildered on this earnest throng,  
To view this ceremonial display,

Perhaps to listen to this humble song,  
Could he this monumental bronze behold,

Reared to himself, and graven with his name,  
Could he by some mysterious voice be told



His name was writ upon the scroll of fame.

With streaming eyes—lost in profound amaze,  
 But modest still—the porcelain painter's son  
 Would prostrate fall in gratitude and praise  
 For this fruition of love's labor won.

## XX.

Look down, O spirit, from thine unknown sphere,  
 Behold the days of persecution past,  
 See this assemblage of thy followers here

Proclaim the triumph of the truth at last.  
 Behold the once torn waters of the sea

Of Therapeutics breaking on the rocks  
 Of doubt and error and uncertainty.

Tearing the life-boat with incessant shocks—  
 Now, guided by Precision's better chart,

On it the mariner shall safer steer,  
 And taught by thee, with thankfulness of heart  
 Shall watch the beacon and dispel his fear.

## XXI.

Among the benefactors of thy race,

Who stamp their impress on the fleeting years  
 That grow to centuries, shall be thy place

If honor, ceded by thy willing peers,  
 Among the epoch-making men whose thought  
 Illuminates the world, there shalt thou stand,

Thy battle for humanity well fought,

Bearing thy mottoed banner in thy hand;  
 Then shall the sons of Æsculapius bring

Their votive offering of thanks to thee,  
 And all the nations of the earth shall sing

The grand Te Deum—Homoeopathy.

**THE MULTIPLYING MEDICS.**

BY KENNETH MACGOWAN.

One little doctor

Looks you through and through,  
Can't diagnose your case.

Then there are two.

Two little doctors,

Failing to agree,  
Call a consultation.

Then there are three.

Three little doctors

Poke you o'er and o'er  
Send for a specialist.

Then there are four.

Four little doctors,

Wonder you 're alive.

Another brings a stomach pump.

Then there are five.

Five little doctors,

Trying fancy tricks,  
Order in an alienist.

Then there are six.

Six little doctors

Preparing you for heaven.  
In comes a D.D.

Then there are seven.

Seven little doctors,

Decide to operate,  
Call in a surgeon.

Then there are eight.  
 Eight little doctors  
 Think it's in your spine,  
 Ask for a neurologist,  
 Then there are nine.  
 Nine little doctors,  
 All of them are men  
 Send for Mary Walker.  
 Then there are ten.  
 Ten little doctors,  
 Standing by your bed,  
 Come to a decision :  
 Find that you are dead.

### COLD APPLICATION AS A REMEDY FOR PALPITATION.

Dr. Gingert recommends as a valuable remedy for palpitation—one that has proved servicable to him—the application of cold to the precordial region. Attention must be paid to the manner of applying cold. *The simplest plan of all is to apply a wet sponge over the heart in the morning before dressing.* At night when in bed, the patient or an assistant may put a cold compress, over the heart, well covered with dry bandages, to retain moisture and prevent any wetting of the clothing. When this compress is warm, the patient may remove it, and will probably fall asleep. There are objections to the ice-bag, *one being the condensation of insensible perspiration upon the surface of the skin.* The ether spray is a simple and convenient method of refrigeration. With proper instruction as to necessary precautions in the use of ether, the patient can apply cold in this way at any hour of the day or night. Palpitation of nervous origin

seldom fails to be greatly benefited by the application of cold, and a certain success often follows its use in cases of palpitation due to organic disease. Equalizing the heart's action will often prevent and increase in its size. *It is also useful in aneurysm and passive dilatation.*

### TIME OF AWAKENING.

C. M. BOGER.

*The hour at which the patient awakes at night is one of the most reliable indication for the remedy. When this occurs at 3 a.m. the following remedies deserve special attention.*

Sepia 1566.—He wakes up 3 A.M. and cannot go to sleep again.

Magnesia Mur. 689.—At night she wakes up at 3 A.M. and cannot get to sleep again.

Sulphur 1794.—He wakes up early every night, at 3 o'clock and cannot go to sleep again.

Platina 499.—She wakes up at 3 o'clock without any pains, and she soon goes to sleep again, for several nights.

Platina 498.—Sleeplessness after 3 A.M., no position suits him.

Nux vomica 1060.—He can only sleep before midnight from 11 to 1 o'clock, he then wakes up and must get up at 3 o'clock.

Arsenicum 1093.—After midnight from 3 o'clock on, he tosses about and only sleeps in fits.

Graphites 1056.—She awakes at 3 A.M. and cannot go to sleep for several hours and wakes up at 7 A.M. dizzy and fatigued.

Mezereum 566.—Awaking at 3 A.M. with sensation of excessive heaviness in all limbs and in the head; he cannot fall asleep again for a long time and is then tormented by anxious dreams.

(*Medical Advance*).

*Ghina.*—In swarthy persons. Thin, large stools, undigested or not, *usually with passage of wind* and sometimes colic; but always worse in the morning. Worst sleep after 3 A. M.

*Nux vom.*—Morning diarrhoea, with constant urging, passing small quantities, followed by a feeling that more remains to be passed. Worst sleep after 3 A. M.

*Gelsemium.*—Fever heat, with drowsiness. Sleep, with half-waking and murmuring frequently. Little thirst. Feels very languid, and wants to be still. *Chill beginning in hand; and feet.* Throat feels thickened, filled up and sore; tonsils slightly swelled; throat somewhat red.

*Gelsemium.*—In retrocedent measles, with livid spots; dullness of brain, or abdominal or thoracic congestion; fever heat, with drowsiness.

### **A Miraculous Action of Ferum Phosphoricum in the Treatment of a Case of Intermittent Fever of a child.**

By Dr. T. P. Banerjee, H.M.B. Bow Bazar, Calcutta.

Patient, a Hindu male child, aged about four months was suffering from high fever, temperature 103°F with cough which seemed to have an asthmatic tendency.

On September 5th of 1931 *i.e.* on the ninth day of the fever, I was called to see the patient.

*Symptoms* :—Temperature—103 °F. Pulse—quick. Heat in the cheeks, redness of face and eyes. Eyes half open while in sleep. Dry cough was rattling in the chest. Abdomen distended—for retention of urine from the morning up to 4 P.M. From the morning vomited thrice only a little quantity of undigested milk (perhaps mother's breast milk) and barley water with milk which was fed by its mother.

I prescribed *Ferrum Phos.* 12x—3 grs. trituration—to be taken orally three times a day, and hot mustard oil with half a grain of camphor to be rubbed all over the chest on the upper surface of the neck and on the nasal surface externally twice, in the mid-day as well as in the evening.

The next day I was again called in the morning. I took temperature, which was 99°F. To my utter surprise I found, every symptom had almost disappeared simply after taking two doses of the remedy I prescribed. However, I gave no medicine orally on that day, excepting the advice of external use of camphor and mustard oil.

Next day I received the report from the father of the child that the temperature came down normal. Urine—very clear.

No redness either on face or in eyes. But simply the patient vomited twice with a large quantity of cough and it had once stool in which there was mucus. I advised its father not to make the patient to be moved up and down, and I gave it another two doses of the same remedy of the same potency and I stopped. The patient was perfectly alright within three days, *i.e.* on the 7th September, 1931.

### THE WORLD CONTROLS.

KAKU M. HIRANANDANI,

C. M. S. L. C. P. S. [Bomay]

L. M. Rotunda Hospital [Dublin]

L. A. H. [Dublin]

M. R. I. P. H. & M. I. H. [London]

M. C. R. A. [London].

*In these days of yore and gala.*

*The world contrives for all controls;*

The nations strive for earth control,

And the *eugenists* work for life control;

The pacifists for arms control,  
 And the oceanists for order control;  
*The police for peace control.*  
*And the public for polite control ;*  
 The army for defence control,  
 The reformers for reconstruction and education control,  
 And the parents at least for some control.  
 The judges lessen wives control,  
 And the wives increase husbands control;  
 The husbands increase wives control,  
 While some remain within power limit control.  
 The churches believe in soul control,  
 And the priests say of divine control;  
 The dietetics for vitamins control,  
 And the cooks and shoppers for adulteration control;  
 The chemists for drugs control,  
 And the fooders for cleanliness and arts control;  
 The nurses for breath and birth controls,  
 And the doctors for death and life controls,  
 The leaders say tax control,  
 Women say work control,  
 Men say make control,  
 Girls say get control,  
 Lassies say learn control,  
 And the boys say teach control,  
 The nations say dash control,  
 We want our control;  
 Gandhi says self-control;  
 Marie Stopes says constructive birth control,  
 And no lax control C.B.C.  
 Health says hygienic control.

**DOCTOR'S PRAYER.**

Dr. I. G. Chatterjee, F.H.A. M.D. (Homoeo) Memari,  
(Burdwan)

To live to learn,  
And find each close of day,  
Myself a little nearer truth,  
A little further on my way.  
A little life,  
But give me, God, the pow'r  
To conquer self and all the doubts  
That rise from hour to hour.  
And give me strength,  
When problems try my soul  
To know the right and do the right,  
With honesty reach my goal.  
May I not fail  
To do the best, I can,  
*And to overcome earth's greatest curse,  
The base ingratitude of man.*

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**PART V**  
**Practical Therapeutic Hints,**  
**Left sided Remedies.**

1. Asafoetida—Affects left arm, left leg, left abdomen etc.
2. Alstonia—Pain from left side of stomach through to back.
3. Benzoid Acid—Symptoms appear left and then right.
4. Bellenis Perennis—Left sided medicine—stitches in spleen.
5. Cactus Grand—Oedema of left hand and foot.
6. Iris Vers.—Left-sided sciatica following influenza.
7. Jaborandi—Sweating mostly on left side—
8. Theridion—Stitches up high in chest beneath left shoulder through into throat, (Compare : Myrtus Comm, Pix liq, sulph, Nat Sulph and Ran Bulb) many pains (Fluoric Acid, ox Acid, (Act R—under nipple).  
 Lil Tig—Through the heart or mammae to the back.  
 Kali C and sulph.—Through to the the back.  
 Sarsa—From the back through to the left chest.  
 Puls—On the left side under the arm near the back.  
 Guai—Stitches about the upper 3 ribs—purulent sputum.  
 Phos—Stitches below left mammae <lying on the left side or back—
9. Kalmia—Left-sided intercostal neuralgia with numbness of the whole left arm.
10. Oxalic X—a very left-sided remedy. Left-sided rheumatism, sharp pains through the lower lobe of the left lung.

11. Pars Quad—(12) Upas. left half of face red and hot and the right half pale and cold—(3rd to 6th potency).

12. Thuja—One sided (left) Symptoms < 3 P. M.

13. Colocynth—Neuralgias are paroxysmal, mostly on the left side, though the sciatica is right sided—

14. Nuxvomica—High dilution—neuralgias about the abdomen, worse on the left side—

15. Spigelia—left-sided prosopalgias.

16. Colchicum—left-sided pains.

17. Cimicifuga—Left infra, mammary pains suggesting ovarian troubles—

### **Pathology and Symptomatology.**

A symptom may be defined as the reaction of an organism to an irritant (which if sufficiently advanced causes abnormality in cell structure and functions termed Pathology).

Both Pathology and Symptomatology have to be regarded in prescriptions:—

(a) Burning pains in the stomach: Calc P and Arsalb. Calc P. has to be given in hyperchlohydria because it causes Acid formation; Ars a in gastritis as it is capable of producing the changes of inflammation.

(b) Gels. will remove “difficulty in swallowing” when it is due to paralysis—Canth when due to inflammation and Agaricus when caused by muscular contraction.

(c) How embarrassing it is to prescribe Colocynth for a pain in the sciatic nerve, and later to discover that the trouble was due to a Knuckle of one in one of the lumbar vertebrae whose removal by surgical means effects the cure!

“The Ego that I am I and you are you—that intangible something that individualizes us—is possessed by every

known and unknown remedy. In prescribing we should seek for and find out several distinguishing keynotes ; but there is almost one positive, unique deciding indication presented by disease action that finds its curative spirit in the remedy's ego—when the two meet, the abnormal vanishes.”

“The choice of a remedy is a work of art to be accomplished with a due exercise of the faculties of judgment and discrimination—”

Homoeopathy—taking symptoms for its guide—reaches and remedies the actual condition of a patient—a very different thing from “treating symptoms”, as when opiates are given to quell pain.

“In chronic diseases when other measures have failed and when the cause has been diligently sought for or where they have eluded the microscope, the knife and the test tube, it is then that the advice of a Homoeopath is sought.”

“Homoeopathy took its root in the days of Hippocrates but nearly 2000 years passed away before it blossomed—”

“There are some regarding *lower potencies* as a cross between Allopathy and Homoeopathy and there are others who deride the higher ones as an attempt to cure something tangible with nothing”—

“When Homoeopathicity is more crude, lower potencies are required—”

“No ordinary, mechanical, materialistic heads can regard diseases as immaterial alterations of the vitality and medicinal powers as merely virtual and almost spiritual forces.”

### Characteristics.

Names of  
Drugs with  
dilutions used.

1. Arg Nit 2x=Cough Expels urine (Compare Scilla, Tarentula C. and caust.)

2. Aconite Radix—Ix.—Sciatica.

Aconite. } Equal—Bilious Fever.

Nux V. } Parts.

3. Arum Triphy 2x—Diabetes (Trit).

4. Arg met 2x, 30 & 200. Anti-syphilitic in tongue cases "Prolapsus uteri" with pain in left ovary—

5. Alnus Rubra.—Scrofula with unhealthy skin and indigestion (when there is no constipation give Cistus Canadensis).

N.B. Rumex Crispus is a grand old remedy for Scrofula and Psoriasis—

6. Abroma Radix.—Ten drops a dose arrest menstrual pains at once. Flow becomes regular.

7. Aurum met (200) <Sunset to sunrise—"sweat on and around the genitals." "Very useful in the inflammation of the substance of cornea"

8. Asarum Europ(ix) & 30—Sub-acute inflammation of eyes > open air and cold wash—Hunger in early morning.

9. Arundo Mauritanica—(3rd to 6th potency)=Constant diarrhoea of teething children. "Annoying itching in the nostrils and roof of mouth." "Pain in spermatic cord after embrace"

10. Artemisia vulgaris="Right sided convulsed—left paralysed",

11. *Ars Metallicum*—Symptoms every 4 days; coryza every 21 days; “It lights up syphilis after being many years dormant.”—

12. *Ars Iodide* (3x Trit.)—“Corrosive character of all discharges” in diarrhoea evacuations scald. Give it after food in stomach troubles—

13. *Arctium Lappa* (mother Tr. to 3rd potency). Breaks up boil habit.

14. *Alumina* 3x—menses—late, scanty, pale leucorrhoea instead of menses— chlorotic females—“Feet going to sleep.” “Chronic Neuritis” Kent.

15. *Aurum Mur Nat* 3x—Induration of cervix uteri. Enlarged testicles due to syphilis—3rd potency twice daily for floating kidney. When there is pus discharge, give Methyline Blue 3x. “Ovarian Dropsy.”

16. *Aesculus Tinct.*—Before meals and at bed time for Prolapsus ani ( locally ointment of 1 dm Ham Tinct to 1oz vaseline).

17. *Apomorphia* 3x alcoholism and opism combined.

18. *Aconite N* 3x Feels. “Brain protrusion” through the forehead.

19. *Ars-alb* 3x tries to mutilate the body (Fatty degeneration of Heart).

20. *Asafoetida* (Faintness herein described). 30 “Faintness after sexual Emission”

“Faintness while kneeling in church”—*Sepia*.

„ on smelling sweet scent”—*Nux V.*

„ on hearing music”—*Sumbul*.

„ on smoking”—*Sil*

“Faintness after eating”—Nux vom.

„ due to Hunger”—Phosphorous.

„ with pain”—Hep Sulph.

„ with vehicle noises”—Nit acid.

„ with footsteps”—Coffea,

N. B. Footsteps increase pain—Nux Vom.

21. Acid Oxalic 30—Headache before and during stool.

22. Aviaire 30—Influenza bronchitis simulating tuberculosis. Hopeless looking cases cured.

23. Aur mur 2x Trit. Wart on tongue and genitals. Removes sbstinate ascites.

N. B. Aur ars causes rapid increase of appetite.

24. Aurum Iod 3x Trit—Pathological lesions such as chronic Pericarditis valvular diseases; arterio-sclerosis, ozoena, lupus; ovarian cysts are all favourably influenced by this drug.

25. Aurum sulph 3x Trit—Constant nodding of Head—affections of Mammæ (swelling, pain, cracked nipples).

26. Acetic Acid—Antidotes anaesthetics.

27. Arnica 30, 200—“Extravasation of blood into the conjunctiva as in whooping congh, “coldness of Nose” “stupor with involuntary discharges of faeces and urine”.

28. Apium Gravecolens. 3 “Can’t sleep from thinking” “Urticaria with shuddering” abscess near the umbilicus.

29. Aphis Chenopodii Glanci—The only remedy for toothache > sweat. N. B. Cham generally > sweat.

30. Ant Tart—“Warts at the back of the glans penis” “Child coughs when angry”.

31. Ant Mur—“Cancer of lower lip.”

32. Ant Crud.—“Cough <in the sun, looking at the sun and fire”. “Lower left upper right” Cures many cases of mucous piles—continuous oozing. N. B. In aethusa after vomiting the child sleeps and wakes hungry but in Ant crud, it refuses to nurse again.

33. Anantherum 6. “Involuntary urination when walking and during sleep”. Wart like growth on eyebrows—abscesses, boils and ulcers.

34. Anacardium (30-200)—Suicidal tendency by shooting (Ant Crud). Hears voices of persons far away—Symptoms <morning and again evening to midnight—Attacks cease for one or two days and then continue—“sleeplessness for several nights”. “Warts on palms”. Very successful in 3x in High Blood Pressure.

35. Ammon Caust.—A good all round remedy in aphonia—.

36. Ammon Carb—“At every menstrual period, bleeding from rectum.” “Boil on the tip of the nose.” “Patients voiding urine or faeces at any time or place.”

37. Ammon Aceticum—“Bathed in sweat—”

38. Ambra Grisea (30, 200)—“Blood discharge between the periods at every little accident as at stool—” obstinate constipation in children with bashfulness—can't pass stool even before the nurse—

39. Alumina (30-200) see No. 14—Chronic of Sepia as Silicea is of “Puls. “Sluggishness” urine slow in passing; bowels act when standing—Pains go upward—upper left lower right—(See Ant C No. 32) This is opposite of Lycopodium <salt, wine, vinegar, cold air, coitus.

40. Alstonia constricta—Diarrhoea of undigested food after meals—“Pain from left side of stomach through to back.”

41. Aloes—Angry with himself <when constipated. “Compelled to make the eyes small during forehead pains,” stools after each meal (Ars, China Lyco, Podo, Tromb—while eating Ferr.) “Diarrhoea with incontinence of urine in old men”

42. Allium sativa Cough when smoking, reading (Cina). Every step causes excessive pains in intestines.”

43. Agraphis Nutans (3rd potency)—Adenoids with enlarged tonsils (single dose of Tincture).

44. Actoea Racemosa—Ensures living births in women who have previously borne dead children—ix-one dose a day for 2 months before the term.

45. Aconite Nap (see No. 18)—Everything tastes bitter except water (China everything including water) “Imagine they do all thinking from stomach—”

46. Ammon Mur 3 & 6, 1x,—Constantly throbbing in tonsils—Repeatedly verified when face is pale instead of flushed. “Pain in feet during menses” “Sciatica <sitting> lying.” “The Head and chest <morning; the abdomen <afternoon; the pains in the limbs the skin and febrile symptoms <even-ing “pain as if sprained in left side of abdomen during pregnancy”.

47. Acidosis—Marked pallor in the mucous membranes, coldness, flabbiness whereas in alkalinity are increased redness of the mucous membranes and a general haemorrhagic tendency.

48. Anaemia—Ferr met 1x Digitalis 3x (Ideal Treatment)

49. Action by contact (a) A small bag of sulph, carried round in clothing keeps off sciatica, (b) a potato wards off rheumatism.



50. Anisum Stellatum 30—Pthisis patients often cured. (Dr. Messa).

51. Arsenic Poisoning—Acute abdominal pains, intense burning and pain at the epigastrium are very important. Tinge of blood is sometimes seen with vomit which is not so possible in a case of cholera—Garlic odour from the mouth and stool.

In Ptomaine Poisoning (due to food tinned or decomposed) total absence of bile in a stool is a rare occurrence, but it is common in cholera vomiting not so prominent though purging is going on. Total suppression of urine rare. Not so fatal as cholera.

52. Alcoholism—Apples taken with meal and between the meal hours make the alcoholic desire almost nil.

53. Ars alb (No. 19) In retention of urine in mother after child birth, this is the one remedy needed—It is dangerous remedy in irritable heart “after effects of cobra—bite”

54. Ambra (see No. 38.)—“Discharge of blood between the periods (Cactus) at every little accident as after a walk or hard stool”—Nash.

55. Aloe 30—Desire to evacuate the bowels but passes nothing but hot flatus.

56. Angina Pectoris. Tabacum most frequently indicated—chronic—Latroductus 6 (skin cold as marble.).

57. Antidotes—Tubercular vaccinc—Abrotanum. Hydrophobia—Ammon pic. X-Ray Fluroric Acid anti-toxin Injection—Carbolic Acid. Excessive Tea drinking Kall Hypophos 30 effects of alcohol—Spiritus Gland, quercus 0 General—Olive oil sugar gill doses sugar and water mixed thiek. Acids in general—Powdered magnesia, soda or chalk in warm water. Alkalies in general—vinegar,

lemonade (need not induce emesis)—Vegetable poisons:  
Camphor 0 -10 to 30 drop in sugar water.

Phosph—Turpentine  $\frac{1}{2}$  an oz. in coffee—No oil or grease of any kind—Arsenic—Lime water and milk equal parts white of egg. Iron rust stirred in sugar water.

Atropin—Opium Tinct 30 to 60 mms  $\frac{1}{4}$  hour until effect apparent.

Blue vitriol, acetate of Lead, Corrosive sublimate and other soluble salts Baking Soda adult 50 gns. in water.

Opium—Cocaine ix-1 gn. every 15 mts, Nux v  $\theta$  1 drop 5 mts. Permanganate of Potash  $\frac{1}{4}$  grain for every grain of morphine—strong coffee—vinegar 4 oz. (Dilate the Anus.

Nux Vom. or Strychnine—Tinct Iod 30 drops in a tea Spoonful of whisky—unfailing.

Death door condition from any cause—Hydrogen peroxide—Vol. 10 drops in water every 15 mts.—or Cocaine ix gn.  $\frac{1}{4}$  hour.

58. Aurum ars. 30.—Causes rapid increase in appetite.

59. Arterio Sclerosis—Zincum Iod and Adrenaline (the latter in the 3rd, 6th and 12th dilutions in high blood pressure as well).

60. Agaricus 12—Is said to clear up cases of cataract Dr. E. T. Allen of Chicago.

61. Anthraxine—Recommended by C. Herring for carbuncle Tarentula cub is the first and last in the treatment of carbuncle.)

62. Aranea Scineucia—Constant twitching of under eye-lids.

63. Aurum Mur 3x Cases of bleeding from the womb at and about, and after the change of life (almost considered as incipient cancer). 3 drops 3 times a day.

64. Alumen—may be tried for hardening of tissues of the tongue, rectum etc.

65. Ambrosia—Itching of eye-lids (b) of anus—slag 3x. (c) all over—antipyrine 2x—“Bad colds—” ambrosia.

66. Arsynal 3x 2nd stage of Pthisis—lessens fever, night sweat and haemoptysis—“Kali Iod IX & Can Sat IX alt.” Useful in Tuberculosis. When due to diabetes, give Kreosote (Zopfy.)

67. Aralia Racemosa 3x Cough <going to bed and awakening from sleep (Stillingia 0 excellent for winter cough).

68. Adonis Vern 0—Brights disease—cardiac dropsy.

69. Arg nit—6 or 30 cures every case of Hydrocephalus crying in sleep, rolling of the Head.

70. Aranea Diadema—30 Toothache <lying down.

71. Apis—3 Horrible menstrual pains. (For Prolapsus uteri—use Lappa major 0 irrespective of mechanical means used or not).

72. Aloes (pulverised)—Removes the wound pain at once and the powder renewed occasionally heals the wound with little or no scar.

73. Alum—(a) as an eye wash alum water- (b) alum pencil for granulated eye-lids (c) For nose—bleed alum water (d) Bleeding socket after tooth extracted—a roll of cotton in alum powder plugged into the cavity—(e) alum whey for chronic Bronchitis & croup (2 dms alum into a pint or boiling milk).

74. Amyle nitrite (a) Inhale gently for pain, asthma, Angina Pectoris, Dysmenorrhoea. (b) For ague—inhale until the face reddens and the chill will then break into a sweat. (c) Epilepsy: Snuff at the moment of warning (d)

Opium Poisoning: 20 drops—on handkerchief to the nose. In a few seconds the patient will “come to.”

75. Abscess-to abort. Camphor spirits and lime water—equal parts mixed.

76. Acetanilide antiseptic, Hemostatic, Dessicant—a perfect substitute for Idoform. (a) Full strength, checks pus at once. No danger. (b) For otorrhoea, dust in the ear twice a day “cure in 5 days”.

77. Aconite Tinct—Flannel cloths wrung out of hot water, with accnite to the seat of pain in earache, toothache etc—

78. Air Indoors Purified—(a) Dip a bundle of Phosphorous matches into warm water and suspend it in the room; this produces ozone to purify air—(b) Put into a small basket Charcoal and quick lime. Renew once or twice a week. Charcoal imbibes foul vapour and lime absorbs carbolic acid gas from the lungs—

79. Alcohol :—Apply by compress ice-cold in cases of Felon, abscess, burns & Bruises—(b) Gargle in diphtheria with alcohol diluted with  $\frac{1}{2}$  water. (c) Sponge in typhoid with tepid water containing alcohol.

80. Anaesthesia—More prompt, less nausea, quick recovery by shutting off the circulation in the extremities upper and lower by tight bandage at groin and arm pit. (b) Locally : aniline oil; Piper m  $\theta$  Ice and turpentine; cocain and chloroform.

81. Antiseptic (Wound-dressing) Crude opium plaster size to cover an inch beyond the margin of the wound, press it on firmly. It will adhere for weeks. It is aseptic, sedative and curative. Heals by “first intention”. Prevents suppuration.

82. Apparent Death:—Hold patient suspended by the feet for a few seconds (save for new-born babes). Forcibly dilate the anus. (b) From Coal gas—snap the end of a wet towel against the bare breast and stomach. (c) From Haemorrhage—Hot sand bag to back of head. (ii) Ligature of limbs at axilla and groin. (iii) Hydrogen peroxide 10 drops in water—5 mts. (d) From Drowning—Glonoïn 2x solution Hypoderm. Suspend patient for 8 or 10 seconds, then place on the back and press the chest for 2 or 3 seconds and then suspend again and thus proceed. Recovery even after an hour. (e) From Freezing—Sponge all over with Bicarbonate of soda—rich solution in cold water—Rhus— (f) From Lightning—Nux V (Blindness from Phosph).

83. Arnica Tinct—(dilute) Drop in the ear for deafness.

84. Ammon Brom 1 Dry spasmodic cough. Wakes at 3 A. M. <lying down at night—sharp pain in lungs. Whooping cough—

85. Ammon Carb (No. 36). Compare: “Nose-bleed on washing—antim sulph. Snuffles of children (can’t breathe through nose). Epistaxis after washing and eating. “Cracking of Jaw on chewing.” “Erection without desire.” “Panaritium—deep seated periosteal pains” “Heel painful on standing”

86. Ars Iod 3x See No. 12. “Pneumonia chronic with abscess in lung.” “Pneumonia that fails to clear up. “Venereal bubo.” Eczema of the beard—watery oozing, itching—<washing—Psoriasis- “All stages of syphilis”

87. Alternations—1. Headache x diarrhoea—Podo, Ars alb.

2. Diarrhoea x constipation—Nat Sulph, Bry, nit x Lyco, Puls, Sulph, aud Conium.

3. Dry and fluent coryza—Silica
4. Symptoms from one eye to the other—Silica
5. Rheumatism Nettle Rash—Urtica Urens.
6. Gout & Haemorrhage alternate—Sabina
7. Heat & Chill alternate with Shivering—Sang.
8. Headache x Rheumatism—Ars alb.
9. Haemoptysis x Rheumatism=Ledum.
10. Nervous pains alternating from left arm to left temple—Ptelea.
11. Liveliness x Sadness—Ptelea.
12. Gastric disorders x Difficulty of breathing—Ptelea.
13. Headache in winter x diarrhoea in Summer—Pod.
14. Pain in intestines x pain in Extremities—Phyto 30.
15. Symptoms alternate—Left and right nostril; Chilliness x Heat; one pupil dilated and the other contracted.
16. Haemoptysis x Rheumatism—Ledum (No. 9).
17. Palpitation with irregular heart x Aponia-oxalic Acid—.
18. Pain in stomach x pain in throat and spine—Paraffin.
19. Diarrhoea and gout alternate—Ant crud.
20. Dropsy and Diarrhoea alternate—Apoc. Can.
21. Headache x urination frequent—Ars a.
22. Rheumatism x dysentery (Abrot & Kali Bich.)
23. „ x pain in stomach (Kali Bich.)
24. „ x Chest trouble (Kali Bich.)
- „ x stools (Kali Bich.)
25. Herpes disappear and Rheumatism appears.
26. Mental symptoms and backache x leucorrhoea—green—bloody—Murex.

27. Gout and Haemorrhage alternate—Sabina.

28. Heat and chill alternate with shivering Sang.

88. *Ægle Folia* (Bel Ka Patta).  $\theta$  ix, 3x—(a) Used by Sanyassis to suppress sexual excitement. (b) Good for general anasarca ascites and Oedema. (Salt should be avoided when using it for dropsy).

89. *Asvagandha*  $\theta$  (10 to 40 drops twice daily), Loss of memory, gradual reduction of body, seminal discharges in urine, constipation, insomnia, loss of appetite, thirst.

90. *Ananmul* ( $\theta$  IX, 3x, 6 & 30) (Indian Sarsaparilla) Dyspepsia, loss of appetite, fever, skin diseases, syphilitic eruptions, constitutional syphilis, chronic rheumatism—2nd and 3rd stages of syphilis, constitutional syphilis, diseases caused by vitiated blood in high coloured urine, gravel and stranguary.

91. *Ailanthus* (*Eucalyptus*) Electric thrill from the brain to the Extremities—Nerves weak. “Smell of flowers causes asthma”.

92. *Amm. Mur.*—“Diarrhoea and vomiting during menses—” “Cold feeling between scapulae.”

“Hard of hearing with discharge from right ear—after suppression of menses.”

93. *Ars Iod* 3x—Standard remedy in pulmonary—tuberculosis with tendency to diarrhoea, weakness, hacking cough, general anaemia, easy exhaustion in the beginning of cavity formation. Expectoration honey-like. Scrofula or mesen- tric glands <cold bath but> open air.

94. *Artemisia vulgaris*—Epilepsy lasting for a few seconds while walking and the patient gets up and walks his way (caust,) coloured light produces dizziness (weakness of sight is due to muscular defect and error of accommodation> by rubbing the eyes).

95. Aconite Nap. Great thirst and feels feverish even when no temperature can be obtained by thermometer. Sudden attack of diarrhoea (Aconite 2x).

96. Animal Cures. "China" Painless—sudden diarrhoea, pale almost white—liquid motions aversion to fat; prefers to lie flat on abdomen as if pressure relieves—lack of appetite Enjoys food but leaves off almost immediately—as if too full. All symptoms worse every other day.

97. Anxiety—<on ascending—Nitric Acid—After washing the feet—Nat Carb. After taking acids—Sulph. During anger. Sepia on closing the eyes—Carbo veg. After sexual intercourse—Sepia. On thinking of Coition (in women) Kreosote. On hearing of cruelty—Calc—Carb. On hearing music—Nat Carb. When shaving Caladium. From smcking, Petroleum. After urination—Digitalis.

98. Aconite and Phosph.—Think much of fine clothes and Sulph. of rags.

99. Arnica—Profusely suppurating compound fractures

100. Asarum Do not forget in eye-injury (Cineraria in ruptured eye balls.)

101. Ampelopsis—3 Two thirds of the Hydrocele cases have been cured by this remedy.

102. Agraphis Nutans—3 Adenoids—Throat deafness—Enlarged tonsils. Throat & Ear Troubles.

( B )

1. Baryta Carb 3x—Arrests suppuration in the glands of the axilla and Baryta C-6 checks Tonsillitis—

2. Bell—1 Abdominal Pthisis—Bell-6 for Headache when head feels bigger than it ought.

3. Berberis Vulg 6—Chronic nasal catarrh—Discharge from one nostril.

4. Bellis Perennis—6—Effects of cold when body feels overheated.



5. Bell  $\theta$  & Kali Mur 3x alternately "Burning and dryness in eyes".

6. Balanitis (Inflammation of head of penis and foreskin)—Zincum sulph 8 grains to 4 oz. aqua for wash every 3 hrs.

7. Bismuth Met 2x—Aphthae in children—"Much Burning in stomach with vomiting of food."

8. Baptisia Tr. and Eucalyptus Tr. Equal parts—malignant diphtheria—

9. Bufo 30—Panaritium where pain runs in streaks all the way up the arm.

"Convulsions" while engaged in sexual inter course.

„ after sexual intercourse—Agar M.

„ while eating—Plumb-

„ from mothers fright—Opium.

„ due to sleeplessness—Cocculus.

„ from strong odours—Lyssin.

N.B. Fetor in hopeless cases of Cancer removed with this remedy. Bufo-3 has positive results in Epilepsy.

10. Bovista Colic > eating (Croton Tig = Colic > hot water drinks) and bending double.

11. Bry & Bell-Pleurisy-Patient on the unaffected side Bell

„ „ affected side —Bry

Nose-bleed-3 to 4 A.M. Bry.

Symptoms after meal —Bry.

Frequent desire to take a long breath —Bry.

In "Brain affections". Constant chewing of the mouth is characteristic —

12. Bromium —Glands (Thyroid, testes, maxillary, parotid) swollen & indurated > at sea —opp-Nat Mur. "Vertigo" with nose bleed < running water. Loud Emission

of air from vagina—"Tonsils inflamed. Uvula elongated."  
 "Iod. has fever but Bromiumnone"

13. Bovista (No. 10) "Puffy condition of body surface"  
 and sense of enlargement, flatulence and noisy flatus.

"Misapplies words in speaking and writing".

"Itching at top of Coccyx."

"Tetter here and there—moist or dry." < Wine—sensitive to clothings—.

14. Bothrops—"Day-blindness" can scarcely see her way after sun-rise.

15. Borax—(a) In growing lashes (Eye-lids).

(b) Leucorrhoea unnaturally hot.

16. Blatta Americana 6 "ascites"—"Pain in urethra on urinating" "Popular remedy for jaundice".

17. Berb vulg—(See No. 3) (a) Body cold, face hot at 11 A.M., burning heat afternoon < night—ague—spleen enlarged or spleen pains— (b) Urine with pains in thighs and loins— (c) Absence of pleasurable sensation during coition. (d) "Neuralgia under finger nails".

18. Benzoic Acid (a) Joints crack on moving. (b) Symptoms appear left then right. (c) Ganglion of wrist and bunion of great toe. (d) Long-continued dry cough after suppressed Gonorrhoea.

19. Bellis Perennis (1) See No. 4.—"Bad effects of Iced drinks when heated" Left-sided medicine, stitches in spleen. "Waking up too early—Can't go to sleep again."

N.B. Should not be given near bed-time as it causes sleeplessness. "Shuddering from bathing—not chill". Bell P<sub>3</sub>.

20. Bell : (See No. 2, 5, and 11)—Pains of Bell run downward away from the head (Silicia & Gels -up the back). A chilly med < having hair cut. "Heat-redness and Burning—

3 characteristics." On being spoken to coaxingly, flies into a rage.

21. Baryta Mur—"Mania with increase of sexual desire"—"offensive otorrhoea" Parotid glands hard and swollen (Esp. right)—Noises in ears in chewing. Earache > sipping cold water."

22. Baryta C (See No. 1) Timid and frightened of strangers. Aversion to strangers "Foetid sweat with spells of despondency". "Nose-bleed before menses." "Piles and stool protrude with urination" Mositening between scrotum and thighs". "Pain in the hollow of knee running down back of leg like a thin stream of hot fluid"—

23. Baptisia. (Taken over a long time gives a + wasserman (a) Sore-mouth of sucklings. (b) Threatened miscarriage from bad news. (c) Hysteria with rubbing of hands-wants to die.

N.B.—A distressing pain located either in the spleen or splenic curve of the colon cured not by Baptisia but by Baptisia Confusa acetica—

24. Badiaga—Headache with pain in eye-balls 2 p. m. to 7 p.m. < motion. "Infantile syphilis" "General soreness. even to clothes".

25. Bacillinum. Directly related to the lower half of the body. "Cures Insanity with pityriasis

26. Balanitis (See No. 6)—Internally give Acon 3x and Merc C3x locally ablution with tepid calendula lotion Dust Boric Acid if necessary—a solution of Carbolic Acid (1 to 100) is also very useful.

27. Burns—Arnica 6 should be given to remove shock. Dress the burns with Urtica Urens 1x or 3x either undiluted on the affected part, or apply a thin piece of gauze bandage moistened over a steaming kettle and saturated with the

lotion—"Spirit is excellent even if applied unmedicated"—M. L. Wheeler.

28. Bufo (No 9) (200) Left hand Bruised without a mark left. Lymphatics swelled in a large string extending to axillary glands. Swelling dark red, very painful <contact> walking about—

29. Bite of Dogs—Apply slaked lime paste as thick as mush, it will turn green then apply fresh, do this as often as it becomes green; when it remains white, the poison is all out.

30. Blindness—by day Bothrops 30.

„ night -- Physostigma.

„ of colour—Santonine.

From atrophy of optic nerve—Felix Mas.

31. Breasts—Onosmodium restores diminutive—almost absent breasts.—“Pain between the breasts—Raphanus.”

32. Bronchitis—Chronic Ant Sulph. 3x twice a day—(Hughes Dr.) Acid nit in high dil—(after Bronchitis, pneumonia, erysipelas and other inflammatory affections—Kali Iod 30—specific—)

For Broncho—Pneumonia-aviare 30 (Dr. C. Williams)

33. Bromide of Camphor. Far superior to any remedy for Chordee (3 grains at bed time)

34. Borax—a piece, the size of a pea, dissolved in mouth acts magically in restoring the voice in hoarseness due to cold. (Copaiva 1x—one of our most valuable remedies).

35. Blatta Orientalis 3x Trit for asthma (b) Grind R  $\theta$  for asthma (c) Asafoetide 3 for asthma.

36. Butyric Acid—6 Offensive foot sweat—one dose a day for the crumbling of finger nails for a week.

37. Borax—2x a routine remedy for epilepsy. "Little ulcers form about the joints of fingers"—Borax & Sepia.

38. Bellis Perennis 3 and Ustilago 3—Both aid the masturbator back to normal.

39. Berberis aq  $\theta$  Overcomes convalescence in typhoid, aids digestion and produces a sense of well-being—

40. Bandage—(a) Diarrhoea—Bandage the lower abdomen tightly. (b) Epilepsy—wear a buckled strap around the waist and draw it quickly tight at the first warning. (c) Colic : Tight bandage about the waist.

41. Bee-sting. The whole system powerfully affected.—Olive oil—Adult 1 oz. apply Arnica  $\theta$  Tobacco juice, urine and Ice.

42. Bite : (a) Human—Lach.

(b) Animal—Hyper. Int. and Ext.

(c) Snake—1. Adron  $\theta$  Hoang  $\theta$  Plantago  $\theta$

2. Alcoholic liquor to intoxication

3. Olive oil  $\frac{1}{2}$  an oz.  $\frac{1}{2}$  an hour.

4. Tincture Iod—adult—6 drops-3 hrs. in water.

5. Potash perm- 2gns in water-1dm. hypodermically.

6. Put gun powder on the bite and touch it with a lighted match, an almost painless cautery and excellent guard against infection.

(d) Spider—Indigo in strong solution apply.

43. Bleeding—In general—cocaine 2x, Ipecac  $\theta$  3 drops 3 mts. Terebinth  $\theta$  in milk 5 to 10 drops every 15 mts.

(b) Hamorrhagic Diathesis : Crotalus 200; Ferr, Mill, Phosph, Trill, Ustilago.

(c) Bleeding growth : Calc Phos, Ergot 1x, Ham 0, Thuja int & Ext.

(d) Bleeding from navel : Crotal 200, Ham 0 on cotton apply.

44. Borax — (a) Pimples : Borax-1 part + 100 parts Rose water, mix & lave.

(b) Eye-wash : Boric x-2 dms + water—1 pint.

(c) Noises in the Ear : Boric x 10 gns. in water 1 oz. Mix & drop a little thrice daily—

(d) Otorrhea : Sponge out the ear with warm water and swab dry. Then saturate a piece of Cotton with glycerine and squeeze it until only moist; dip it into Boric Acid pulverized and insert it into the ear daily—  
“Cure in 12 days.”

(e) Gonorrhoea : (Male)—Inject twice a day, a solution of Boric Acid-5 gns to 1 oz. water.

(Female)—10 to 15 gns to 1 oz. water. Saturate a sponge, tied to a stick, with this, and therewith cleanse the part thoroughly once a day—“Does not fail to cure in from 10 to 15 days”.

45. Burn—(see No. 27) (a) Oil of Peppermint removes pain at once.

(b) Powder Burn—Into white of egg (beaten), stir in flour until to consistency of mush. Cover the part with this—Perfect success—

(c) From Inhalation of steam—“Apis first and then Kali Bich” milk gargle.

46. Bromine—Cold feeling about the heart—Nat Mur, Petrol, Kali Chlor, Graph, Kali nit, Carbo an & Kali Bich.”

“Anything moving about produces vertigo—Restless moving about fearing that every little occurrence will end seriously”.

“Useful for glandular affections where there is persistent hardness of the glands round the opening and a tendency to suppuration and a cutting pain as if a string were pulling from the gland into the axilla, (Croton Tig and Paris Quad) ”.

“Uncomplicated hypertrophy of the heart muscular enlargement without valvular lesion—Palpitation<moving and standing”.

47. Belladonna—Dilatation of the pupils of the eyes—skin bright, red and dry; face—scarlet, sore throat scarlet fever. In an epidemic of scarlet fever give Bell 2 to 3 times a day to help avoiding infection)

## C

1. Capsicum—.Dyspepsia from alcoholism—10 drops before meals.

2. Caulophyllum.—Hiccough 10 mts. to every  $\frac{1}{2}$  an hour.

3. Carduus Marianus.—Spleen enlarged with brown eruption on sternum. Left liver lobe painful<touch. Bitter taste.

4. Cuprum ars 3x.—Uremic convulsions.

5. Cistus Canadensis—(Tinct.) Hip disease especially if complicated with scrofula—“Malignant glands of neck.”

6. Cocculus Ind 3x—Paresis one hand going to sleep and then another soles going to sleep, knees sinking likely to fall to one side. “Ill effects of anger and grief”. “In umbilical hernia when Nux fails, it comes in”.

7. Cactus Grand—Oedema of left hand and left foot.

8. (Tinct) Calendula—Easily frightened at sound, cold hands. “Prickling and Numbness of fingers as a warning symptom of Paralysis”.

9. Chelidon (Tinct) Right foot and ieg painful. Rt. foot cold as ice and the other natural.

10. Camphor Bromide ix—Hysteria during pregnancy.

11. China—Colic (Periodical)with hard, dark stool, and straining.

12. Cyanide of Mercury 6—Cures almost all cases of Diphtheria in conjunction with Hydrastis gargle.

13. Calotropis ix—Secondary syphilis with mercurial poisoning.

14. Chloral Hydrate ix—Urticaria.

15. Carbolic Acid 2x—Prevents relapse of cancer.

16. Condurango 1x—Cancer of stomach.

17. Cholesterine 200—Liver cancer.

18. Chimaphilla Um.—Chronic stricture.

19. Crocus sativa—Nauseating tendency, during menstrual colic—a good hint—Black clotted menses.

20. Calc Carb—Flour like sediment in albumious urine—one of the best remedies for gall bladder colic.

21. Cuprum oxy 1x—Removes all kinds of worms.

22. Castanea vesca 3x—Specific for whooping cough.

23. Capsicum. (See No 1) (10 to 15 mms. teaspoonful every hour in water Follicular Tonsillitis “>Hot Bottles but <hot drinks.”

24. Chelone glabra (Tinct).—When the tumour exists between the liver and the navel, the left lobe is affected.

25. Copaiba 1x—(10 to 20 drops). Useful in nearly every stage of gonorrhoea most effective remedy for irritable bladder of old women.

26. Cold application to the heart region equalizes the hearts action and is useful in aneurism,



27. Conium Cardiac pain during dysmenorrhoea.
28. Carbo animalis—Night sweats following influenza. Tendency to sprains.
29. Causticum cough > cold water (> hot water alum). History of old 'Polio myelitis'.
30. Cancer—(a) After operation, give arsenic for long period to encourage non-recurrence. (b) of the lip in smokers—Sepia. (c) of the tongue Kali Cyanatum—If it fails Radium Brom. (d) History of Heredity Radium 30 occasionally. It is also useful for Pre-growth period with symptoms as aching and itching of the body—Pimples on the skin restlessness, heat in stomach, flatulence and constipation.
31. Carbuncle—Authraxine—C. Hering. Tarentula cubensis—First and last in the treatment (Dr. Hughes).
32. Caries of vertebrae—Calc Phos 6x.
33. Chalazia—Platanum Occiden  $\theta$ —thrice daily is said to be the "lancet of the eye."
34. Children's Diseases (a) Colic : a towel dipped in boiling water, quickly wrung out, folded to a corresponding size, laid on abdomen and covered with a dry flannel, acts like magic (when Cham and Colo. are helpless, give chloric ether in a teaspoonful of some aromatic water. This will indeed charm the pain away with flatulence.) :—(b) Diarrhoea and dysentery ; Cuphia  $\theta$ .5 drops with fever and pain Action prompt and lasting. (c) ankles weak : Feet turn while walking sil. (d) Require dainties but reject substantial food. Sacrum off. (e) Rickets, (Fretful, diarrhoea and delayed dentition Kali Hypohos.)
35. Chill—(Malaria)Camphor, onegn. relieves immediately.

36. Chloroform (apparent death). Put small pieces of ice in rectum. Effects from as vomiting will be antidoted by Phosph.

37. Cholera Infantum—Cuph vis  $\theta$ . proves a treasure, verat a once daily as a prophylactic during cholera epidemics both to Infants and adults.

N. B. In cholera cases, give spirit camphor  $\theta$  8 to 10 drops on ordinary sugar, without water, every  $\frac{1}{2}$  an hour upto 3 or 4 doses. Repeat it every time after vomiting or purging even if the interval is a minute. (b) Shave the hair off the abdomen, and paint it with collodion, after an hour, if necessary, remove this application and have another, in very bad cases a third application is required. This restores warmth to the whole body, stops discharges and vomiting and brings about sweat—even profuse which is indispensable to cure.

38. Chorea—Agaricine 2x—one grain every 2 hours or even one hour. (Bartlett). Gelsemium  $\theta$  is praised by Dr. C. L. Gregory M. D.

39. Constipation chronic—Hydrastis 6x—Silica Mar is slow but effective—5 gns. twice a day.

40. Convulsions—Let the child smell at camphor to have calm restored. Pass  $\theta$  a few drops every few mts.

41. Cheiranthus  $\theta$ —2 drop doses internally for deafness (Natrum Salicyl—following chronic catarrh).

42. Cad. Sulph. (Excellent for ozena)—Antitoxin antidote in Diphtheria cases (For remote effects—Lac Can. As a prophylactic. Carb Acid 30x turice daily for 3 days). Merc cyan most effective specific every 3 hrs. This also cures post diphtheritic paralysis.

43. Calc Carb (30th abnormal fault finders Best remedy for Scrofulous ophthalmia — highly recommended for Epulis (any tumour connected with jaws—gum boil).

44. Calc P 1x—In water given  $\frac{1}{2}$  an hour after food helps assimilation very efficiently an infallible remedy for accumulation of gas in the stomach.

45. Camphor (Headache)—Cotton wet in Tincture of camphor and applied over nape of neck and top of head and bound on cures Headache in one application. (b) Chronic occipital periodical zinc Picric (Juglans cin), (c) at climaxis stron. carb. (d) Frontal Headache Ptelia Trifoliata. (e) Neurasthenic Ehiphegus. (f) Periodical, of Teachers—zincum Phos 3x. Trit (g) sick-headache. Chionanthus 0 (3 times a day for a week and lastly once for day for a week).

46. Cyclamen 30.—Pain in heels (2 doses a day).

47. Chionanthus 0—Without a rival for jaundice (2 to 10 drops).

48. Caulophyllum 3x —Nervous conditions following climaxis.

49. Condurango—Gives good result in oesophagus stricture.

50. Chloral Hydrate 2x—Breaks off Opium Habit.

51. Caladium 3x or C. M. —Smoking Habit.

52. Cyclamen 30.—Strabismus.

53. Can Sat 30.—Stuttering.

54. Calc Phos ix—3 times a day—presents a record (in chronic ulcers) unsurpassed by any other remedy. Sulphate of atropine 4x subdues frightful cardialgic pain of the ulcer of the stomach and arrests vomiting.

55. Coca Tinct—15 drop doses a great toner of the vocal chords "Prophyactic to air passengers."

56. Calc. Calcinata 3x 8 gns given at bed time for warts.

57. Calc Jodatium 6x Trit. For adenoids.

58. Carophyllum—3x—Albumin.

59. Cup Sulph. 3x. Possible remedy for consumption. Cures various manifestation of Syphilis—(b) Iris  $\theta$  all along (c) If lymphatics involved in syphilis cases. Phytolacca. (d) If skin is involved Rumex (e) If mucous membrane. (Stillingia)(f) Tarentula  $c\theta$ —Syphilis specific+)  
N. B. Distilled water injected hypodermically every 3 days clears up foul cases of Syphilis.

60. Capsicum Tr.—Filariasis or Guinea worms.

61. Cinnamon  $\theta$  Destroys germs—qualmish stomach.

62. Crotalus 6 stops Headache when the patient walks on tip-toe to avoid the least jar.

63. Cham  $\theta$  stops night sweats marvellously so does salix nigra.—“Sure preventive of nightmare, both in Tr. and 3rd potency.”

64. Camphor—(a) To abort abscess or carbuncle, lime water and camphor spirits in equal parts-apply. (b) Wrap the part in flannel or absorbent cotton, saturated with camphor spirits (for sprains). (c) Mumps, shifted to testes. Pour spirits of Camphor into a basin, place the scrotum therein, bathe and rub well in, over the lower abdomen and region of loins and thighs. “In 30 mts. the pain and swelling will vanish.”

65. Carbolic x—(Regurgitation through mouth and nose on attempting to swallow, liquids return through the nose when swallowed, to stop paroxysms in whooping cough, it is used very low 1x or 2x.—(a) Baldness carbolic x-95% solution swab on and rub in; a second application in 2 weeks if necessary. If baldness very extensive, cultivate only about 2 or 3 inches square patch at a sitting.—(b) Otorrhoea : Inject daily a mixture of Car x—1 dm glycerine 1 oz water 5 oz (the same for gangrene offensive discharges, leucorrhoea and Erysipelas). Take internally Carb

Ac 2x with Sulphur in alternation. (c) Nasal catarrh : Put carbolic x 12 drops, into an oz bottle and snuff the fumes thereof 5 mts. at a time 6 times a day "cure" (f) all diseases attended with temperature or delirium : Carb x-2 x in drop doses in water (the same in alternation with Iod 2x for Syphilis, Hip Disease, Malaria and liver complaints.)

66. Castor oil—A drop of the oil of cinnamon added to the dose masks the taste. The same with peppermint—adult  $\frac{1}{2}$  to 1 oz infant 1 to 3 dms.

67. Catheter—If difficult to pass, try with the patient standing slightly bent forward. Failing this, give a grain of opium and after an hour try again. If urine too thick to flow even by catheter, inject 16 to 20 gns. of pepsin dissolved in a little water. In an hour the urine may flow by catheter.

68. Chloroform—In Pneumonia cases chloroform and alcohol equal parts, saturate a roll of cotton and cover it with a piece of thin cloth, hold it within an inch of the mouth a few mts. at a time every hour or oftener if much pain. "No failure". (b) Bug in the ear : Wet cotton with chloroform and put in the bowl of a pipe, place the end of the stem in the ear then with mouth over the bowl, blow the breath into it, thus forcing the vapour into the ear. The bug, insect or worm will roll out.

69. Chronic Diseases :—In general Ars, Aur, Bacill 200, Carb x, Sulphur and Thuja. "Persistent treatment with acon low and high. If Bacill does not work, then Thuja and then Bacill. If apis does not work, give acon with it or. Nat Mur. If Nat sulph does not work, give Thuja and then again Nat sulph.

70. Coldness :—(a) Want of vital heat—Arg nit, alum, Ferr. Ledum. Puls, Secale Sepia, and Silicea. (b) when in pain Ledum, Puls, Verat alb. (c) Cold but averse to cover-

ing—Camphor and Secale. (d) “Horrid coldness” “Cold and Blue”. Heloderma. (e) cold and clammy—Cup ars, mere, Pic x, Heloderma (f) cold veins—Aconite and Verat alb. (g) cold spots. Sulph as if touched by icicle—Agar. (h) internal coldness—am, ars, cistus, Lith c and Kali Brom with external heat—Ars.

71. Collodion:—(Flexile) sprain—Put on a coat of flex coll and when dry (which will be in a few mts.), another coat until six in all. No further treatment needed. (b) Eruption from shaving:—Collodion  $\frac{1}{2}$  dm, glycerine 1 dm. + Rose water  $2\frac{1}{2}$  dms. mix and use as a wash.

72. Colouring for Tinctures and Powders :—Scorch sugar of milk, until dark brown in a common saucer upon a stone; add to the sufficient distilled water to form syrup, stirring until all the sugar is dissolved, when it will be ready for use. A few drops of this syrup, added to an alcoholic solution, will give a light or dark brown colour according to quantity used—(colouring powder is made by using the scorched milk sugar and mixed with unscorched milk sugar to any shade required).

73. Coma :—(a) Acon, Hyoscy, opium. (b) Of infant with jaundice Podo (c) when menses fail to appear Ham. (d) continuous sleep day and night. Verat alb.

74. Contagion and Infection Guard :—(a) keep in the sick room Bromine water in a dish or sliced onion, renewed daily. (b) smoke or chew tobacco. (c) against Diphtheria apis 2x, Lach. (d) against Scarlet fever—Atrop 2x. Bell 3x exclusive Milk diet (e) Against small pox. Thuja, Vaccinium 30, (Malandrinum 30-200 even after exposure to infection). (f) Against Malaria :—Ars Iod 2x, Euca  $\theta$ , Glo  $\theta$  Nat Murl. (fire kindled in the evening, and continued through the night in apartments occupied, is indispensable). (g) Against Yellow fever. Salicyl Acid—

adult 5 to 10 gns. daily for 2 weeks. (h) against whooping cough—Puls. (i) Against Plague—Buboninum 200, Ignatia 200.

75. Castoreum—cures watery or green mucous stools in delicate, nervous children, who weaken under summer heat or during dentition and who will not rally under the usual remedies.

76. Condylomata—Sabina—In females with itching and burning. Cinabaris—syphilis + syçosis—Euph.—large looking like a cock's comb.

77. Ciliary Neuralgia—Mez—pains shoot downward with a cold feeling in the eye. Thuja pains shoot upward and backward with a cold feeling as in Mez.

78. Calotropis Gigantea  $\theta$ —3 x and 6 (Madar)—marked success in syphilis, leprosy, elephantiasis and chronic rheumatism. (Powdered root bark is smoked like tobacco in syphilis.) A good medicine for Pneumonic Pthisis and convulsions like hysteria, lock-jaw. "Heat in stomach is a guiding symptom" It cures hard knots or nodes in the thighs with constant fever—leg immoveable. To be followed by Calc Iod.

79. Clerodendron Infortunatum  $\theta$ —3x, 6 (Bhanta) Excellent remedy for worms—low fever in the evening for a long time.

80. Coleus Aromaticus. (10 to 30 drop doses) In cholera cases when urine is retained or suppressed. Urinary calculus, stone in Kidneys or Renal Calculus.

81. Carbo animalis — Stitches remaining after pleurisy --Desires to be alone. Emptiness in pit of stomach whenever she puts the child to the breast. Spraining of joints even from lifting small weight. Ankles weak when walking.

82. Cough > drinking—Brom., Caust, Cup, Nux v., Spong.

> cold drink—Caust.

> warm drink Nux v.

> Heat—Bry.,—Carb v., Kali C., Rumex.

< first sleep agar, Aral., Hyos. Lach.

< about midnight—Ars, Dros, Rumex, Samb. Spong.

< 3 A. M. Am c., Ars., Kali-ars. kali-c.

< 2 A. M. Dros., Kali-ars. Kali-c.

< 3- 4 A.M. Am-c., Kali-c., Lyco.

< 5 A. M. Kali-c., Rumex.

< 5 to 6 A. M. Kali-I., nit ac., Rumex.

< Eating—arg.-met., Kali bi, Hyos.

Nux v., Thuja and Vera-a.

< Heat or warmth Caust. Puls.

< Inspiration—Brom.Mang,Rumex Sticta.

< sitting up ars, ant-ars., con., Grind., Dros., Hyos, Nat-s., Phel., Phos., Puls, Sang., Sep. Spong, Sticta and Zinc-M.

83. Colocynth—Acute abdominal pain at umbilicus and in fact almost anywhere in abdomen. Looks as though patient is developing appendicitis. A cm. potency on tongue and another placed in a glass of water—After one hour, a sip of this solution with each pain. In 6 out of 10 cases the patient will quiet down.

84. Causticum—If I could have but one remedy for the prostates it would be Caust. T. K. Moore. "Cold bathing causes Caust complaints but while bathing the affected parts—amelioration takes place."

85. Calc Sulph. (10 m.)—Antidote to diphtheria anti-toxin especially in laryngeal cases.



86. *Calendula* — Better use *Calendula* compress (200th potency) than *Calend* tincture.

## D

1. *Dioscorin* 3x (Trit.) Umbilical colic not yielding to Colo.

2. *Dioscorea Tinct*—Renal colic (*Kali mur* 3x checks, destructive process in kidneys). Corrects incidental disorders of stomach during menses and pregnancy—Very useful for whitlow, sudden pain in stomach due to errors of diet or fasting.

3. *Dulcamara*—*Baryta C* is its complement in “<from cold weather esp. in serofulous children.” “Sarcoma of the bones at the base of the skull with stabbing pains in the front of the head and partial paralysis of tongue 30th potency : Rash every month before menses <warmth.

4. *Doryphora*—Urethritis in children under ten due to local irritation weakness after Typhoid and diphtheria whole body swollen but no pitting on pressure.

5. *Dolichos* 3,6 or higher—General intense itching “symptoms of jaundice with white stools and itching”. *Dolichos* 1m.—Just a dose of *Aconite* before *Dolichos* prevents spasms due to it (Herring).

6. *Digitalis*—3 main symptoms :—(a) slow, weak, irregular pulse. (b) liver enlarged and sore. (c) white pasty stools. “Anxiety as if conscience troubled”. Every shock strikes her in the epigastrium. “Dropsy due to retention of urine”. After taking water, frontal headache extending to nose. Can be cured by *Digitalis* alone. “Blueness of skin especially in lips, nails, tongue etc. oppressed breathing awakend from sleep. (Lach and Grind R) In *Digitalinum* there is sexual weakness shown in “deep sleep” in which an emission occurs without waking him—swelling of right hands and fingers *Digitaline* 4x.

7. *Daphne Indica*—"Tongue coated on one side only". "Fetidity is a marked feature—breath, urine, sweat" "Ball of great right toe swollen and very painful—pain suddenly shooting into the region of the heart or some other part of the body". "Relieves leprosy to a great extent" Herring.

8. *Drosera*—"Laryngeal Pthisis". "Stitches from left loins into penis". "Sciatica < pressure, stooping, lying on affected part > rising from bed." In Laryngeal Pthisis (a) weakness, langour, loss of appetite are found as condition precedent (b) pallor of the throat and larynx (c) voice fails (d) Redness of mucous membranes. Very useful for Bone Tuberculosis and caries of the spine. If Tuberculous family history be found present in a case and digestion be impaired, give *Drosera*.

9. *Datura arborea*—Involved in a most beautiful atmosphere, clairvoyance.

10. *Datura Ferox*—Dancing if some one begins to sing.

11. *Datura* (Indian). Picks at imaginary objects. Unable to judge distances after delirium. Dilatation of pupils.

12. Drunken stupor—*Aconit*. 5 drops in a teaspoonful of water—one dose mostly sufficient. "A wine glassful of dilute vinegar."

13. Deafness after Meningitis—*Sulph* 6x alt. with *Sil* 6x.

14. *Dioscorea* 3x—Right sided sciatica < motion > still—10 drops hourly.

15. Delirium —(Typhoid cases). *Hyoscin*, *Hydrobromas* 3x—1 gn. every hour. (Tremens) *Coffea* 30.

16. Diabetes :—Both Insipidus and Mellitus : Ars Brom—3 drop, thrice daily for a week and then twice a day, sometimes Rad Brom 30. has been found useful. Insist on meat diet during treatment with Ars. Brom.

17. Diarrhoea—(a) Carduns 10 drops thrice daily when due to rectal cancer. (b) In typhoid cases—Epilobium Palustre. (c) In Rickets medorrhinum. (d) Chronic cases Cotoin ix (e) For infants Castoreum.

18. Disease Lack of reaction Laurocerasus 6.

19. Dropsy—(a) all forms are benefitted by Citric x and lemon juice tablespoonful every 3 to 4 hrs.—(b) From kidney, liver and heart disease—Lac Vac Deflor.

20. Dwarfed—Both mentally and physically—Medorrhinum.

21. Dysentery Chronic—Vaccinium Myrtillus 0 (Pains relieved greatly by injections of hot water—Kurchi in 5 to 10 drops, twice or thrice daily as an effective amoebicide).

22. Diosma—Mental disorders in ascetic subjects.

23. Dusting Powder—For gangrenous wounds use Carbo Animalis.

24. Debility (a) In general—China 2 x, Ferr, Helon, Kali Phos, Stann & Zincum phos (oleum J-5 drops after meals)

(b) Rapid prostration as soon as pain sets in—Cham.

(c) Alternate weakness and strength—China.

(d) In hot weather Bry, Hyoscy & Nux.

(e) Old age—Con—

25. Dread : Acon—When alone Ars & Lyco—

In the dark—Camph & Stram.

26. Delirium—Hyoscy—Trying to uncover private parts. (This failing—use Phos.,) Hyos. delirium begins violently, frequently gradually—becomes milder and less frequent—then low stupid form appears with pale face, muttering delirium, catching motion of fingers—at last there is total unconsciousness.

Arn.—Stupor, lower jaw dropped, eyes fixed, bed feels hard, face dark red, unconscious urination, dark spots on skin.

Bap.—Dark, besotted face, drowsiness and stupor, goes to sleep while answering questions, foul odour from mouth, foul discharges—breath, urine, stool.

Opium—Profound stupor. Urine and stool stopped, tympanitic abdomen, face congested, red, brownish or dark red—lower jaw dropped—snoring—can't be roused, impending paralysis of the brain.

Nux-m—Insensible but when a glass of water touches the lips, opens mouth and drinks—mouth dry but no thirst.

Lyc.—Stupor, lower jaw dropped, rattling, breathing, eyes fixed or filled with mucous, impending paralysis of the brain <4 to 8 P.M.

Lach.—abdomen swollen and sensitive, cold extremities, involuntary horrible offensive stool, even if formed, low muttering delirium; trembling of hands, body and tongue—which catches the teeth while protruding and is coated dark brown—sometimes with little blisters on the tip, the lips crack and ooze dark blood, delusion of being under some superhuman power—later stupor with dropping of the lower jaw—sleep into an aggravation, pulse intermits between 20th & 30th beat.

Apis—Muttering delirium, trembling tongue, nervous fidgetiness, later abdomen swollen, involuntary stools but has the brain cry and rolling of head from side to side.

Mur-ac.—Sunken face, tongue smooth, brown-dark, shrunken and hard, sliding down in bed from muscular weakness—Involuntary offensive stool, marked tendency to haemorrhage, bed sores.

Rhus-t, restless, tongue with red triangular tip, diarrhoea yellow but not offensive, muttering delirium.

Ars alb.—Burning, restlessness—dark offensive bloody stools, hands tremble, body lies still <after midday or mid-night.

Phos. ac.—mind gives out first and then the muscular system (Gels-opposite), gives correct answer but falls into stupor again, diarrhoea whitish, urine profuse milky.

27. Drosera—Spasmodic cough, frequent spells of barking <Evenings and after mid-night—vomits if even a little phlegm can not be brought up—violent tickling in larynx.

## E

1. Echinacea Tinct—Preventive to Hydrophobia—most useful for “Gangrene”—both int, and externally.

2. Euonymin—1 grain night and morning for liver cirrhosis.

3. Eye-drops—Zincum Sulph—1 grain. Sulph morphia—1 grain. Aqua Rose and glycerine—Equal quantity.

4. Erections—(a) Too slow and discharges too quick—face, hands & thighs emaciated—Selen 6x. Twice a day.  
(b) Impotency through sexual abuse. Agnus cast.

5. Eriodicyton (Tinct)—Cough after influenza.

6. Equisetum Hyemale—0 Nocturnal incontinence of children (also Plantago M 3x and Sanatonine ix). “Dysuria in pregnancy and after confinement”.

N.B.—For diurnal involuntary dribbling—Selen 3x.

7. Tinct. Erythrimus 1x—Pityriasis (Aur Mur Complements).

8. Eupionum—"Menses too early and copious—flow being thin and fluid." Nose-bleed when menses intermitting in abdomen ceases when flow comes—Backache ceases—discharges gush out.

"Many painful glandular swellings in groins.—"

9. Euphrasia—"Vomiting on clearing throat of offensive phlegm". Frequent yawning when walking in the open air—corneal opacities removed by its prolonged use.

10. Eugenia Jambos—> Urination—Everything beautiful—Sky. trees etc. but after 15 mts. gloomy.

11. Eryngium aquaticum.—A vulnerary antidoting the effects of blows—"Renal colic with calculi- left or right cured with  $\theta$ ".

12. Ergotinum—2x all sensation of rectum lost. No warning-diarrhoea.

13. Elaterium—Promotes the opening of abscesses and boils.

14. Elaps Cor.—Axillary glands suppurating often and anon—Irritating rash—"Ringing in ears." "Breath loss on ascending"

15. Eczema—(Dry) Graph 3x & Sulph 12x.

16. Eucalyptus (Fluid Extract). Teaspoonful doses in milk before meals—works wonders in gastric ulcers and pain in stomach.

17. Euphorbia Pilulifera  $\theta$ —First-rate remedy asthma attended with emphysema, teasing cough < at night, expectoration viscid muco-purulent, frothy and ropy—10 drops every 2 hrs.—a course of Bacill 200 once a week will be of marked advantage)—

18. Ear-ache—Place a silk handkerchief over the ear of the sufferer and let warm breath be blown into the ear through the handkerchief several times. It relieves at once and saves suffering.

19. Emissions seminal—Lupulin 1x—(It has no rival).

20. Enonymus 2x—admirable in Hepatic congestion. It prevents "Biliary colic". (b) Cholestrinum for organic liver diseases (c) Carduns  $\theta$ -of supreme importance at the climaxis (d) For liver spots apply locally pure Lactic Acid. If insufficient, repeat until the epidermis and underlying pigment peel off. (e) For violent pain in liver—Medorrhinum may be tried (f) Liver Cancer—Cholesterine 3x.

21. Ear Wax—Black—Elaps & Puls.

Red—Con.

White—Con., Lach & Sepia.

Hard—Con & Lach.

Moist—Hep & Sil

Thin—Con., Merc & Sil.

22. Emetic—Ipecac 20 to 30 gns in water (b) Sulphate of Zinc 15 to 30 gns. in a little water (c) Salt—an oz—in lukewarm water.(d) Titillation of Fauces with feather.

23. Erysipelas—Pilo 1x, Urtica. "No remedy acts better than Pass  $\theta$ . 30 to 60 drops as occasion requires". "Canth.  $\theta$ 1 dm in water—1 pint bathe thrice daily cure in 3 days". "Bathe with aqua ammonia and let it evaporate. 3 applications suffice".

24. Ether:—Pour on ether or apply by spray until the parts become numb. Guard the eyes. Internally for pains, adult 1 dm in ice cold water(Rheumatism, Neuralgia etc.)

(b) Local anaesthesia: Into  $\frac{1}{2}$  an oz. of ether, put 3 dms of pulverized Camph; soak cotton in this and apply for 5 mts.

25. Eucalyptus : (a) Old stomach troubles, gastric ulcer.—Fluid extract—adult teaspoonful doses in milk before meals. “Works wonders.”

(b) Not failed once in 100 cases. Fluid Ext. 60 drops 3 times a day for ague.

(c) Traumatic fever. 5 drops fluid every hour “superior to all remedies”.

(d) Wound—prevents suppuration—oil of Eucalyptus—10 % solution in olive oil. The best thing ever yet tried. (Stump dressing as well).

(e) Chilblains: Apply oil with Camel hair brush—“prompt relief and speedy cure”.

(f) Typhoid(all stages) 2x controls the high temperature and conducts the case safely. In case of haemorrhage or tympanitis Enema of Euc. oil 1dm, beaten with the yolk of an egg, add a mixture of 1 pint of each of milk and water and throw it well up into the bowel.

26. Eyes—(a) Use eye water made of Acetate of Zinc—2gns. Sulphate of morphia 2 gns. and water loz. mixed, drop a few drops into the eyes several times a day.

(b) Eye-ointment yellow Oxide of Mercury 2 gns. in vaseline loz—(conjunctivitis and granular lids).

Sulphate of Hydrastis—2gns. in distilled water loz. excellent for the same.

(c) Opium 1gn. in Rose water loz. a few drops in the eyes several times a day removes inflammation.

27. Erections (Violent)—Ambra, Agar, Canth, Caps, Mygale., Opium., Phosph., Puls., Platina, Petroselin, Physostigma, Zincum.

Sensitive to coitus : (a) From dry vagina Sep & Bell.

(b) Followed by bloody flow Kreosote.

(c) With stinging in ovaries—Ferr, Nat M, Apis & Thuja.



28. Eructations of wind—Following cough—*Ambra*, Sulph Acid, *Arnica*, Sang and Verat Alb.

During Cough—*Ars*, *Cimex*, *Lachesis*, *Amb* & *Angustra*

29. Erysipelas: 1. Purplish in intensified apic cases—  
(from right to left).

2. Bluish—black—*Lach*.

3. Upward tendency of blood—*Bell*.

3. Blisters *Rhus T.* (Left to right).

30. Eggs : (a) Desire for Calc Carb.

(b) Vomiting after egg—*Ferr*.

(c) Eructation like rotten eggs—*Arnica* & *Valer*.

(d) Eggs & Fish bring on painless diarrhoea—*China*.

(e) Empty eructation at night as from foul eggs—  
*Ant. Tart*.

(f) Eructation tasting of rotten eggs or rotten apples  
—*Cham.*, *Agar.*, *Arn.*, *Podo.*, *Psor*, *Sepia.*,  
*Ant. Tart*.

31. *Engenia Jambos*— $\theta$  Nightly cramps in soles of feet.

32. *Epigaea*  $\theta$  or 3 x Chronic Cystitis with dysuria; tenesmus after micturition muco-pus and uric acid deposits; gravel; renal calculi (*Uva*; *Chimaph*; *Lyc*; *Parcira*)

#### F.

1. *Ficus Religiosa* 2x. Uterine Haemorrhages, dysentery, Bleeding piles etc.

2. *Fagopyrum Esculentum* (3x *Trit*) Pruritus of vagina in general—more especially with yellow leucorrhoea and painful ovaries.

3. *Fraxinus Americanus*, Uterine enlargement and heaviness. (Q) Useful in fibroid tumours—Uterine tonic.

4. Ferr Picric 3x Vascular deafness before menses and due to Gout.

5. Ferr met—Best remedy for prolapsus recti in children.. Much confidence in recurrent epistaxis. (Prolapsus ani after confinement Ruta).

“Menses intermit 2 or 3 days and then return—blood pale, watery or lumpy.”

6. Fragaria vesca (strawberry)—Dries up breasts in women who wish to (Infusion of roots used) wean their children—Indulgence in strawberries revives gonorrhoea)

7. Fluoric Acid—Old cicatrices become redder and itch. Small red spots here and there <warmth> cool place. Abdominal symptoms> tight clothes (Nat Mur. opp. Lach. and Hepar) “Terrible throbbing pain in a felon Fluor Acid ʒ.”

8. Ferr Picric (See No. 4) cures many cases of warts and corns. Specific in nose-bleed<sub>1</sub> (should not be given low.)

9. Ferr Phos 6x. Right-sided remedy—right supraorbital neuralgia—morning aggravation—“2x never disappoints you in Epistaxis” “Mastoiditis.”

10. Ferr Iodatum—Enlarged liver and spleen without fever; with fever Ferrum ars.

11. Formic Acid 12x. cures arthritis—(2x for stiff joints.)

12. Fel Tauri (Lower Trit)—Tendency to sleep after eating.

18. Fainting from no cause—Linaria (Farrington)  
/ From defective nutrition—Lac deflor 6 or higher—

14. Filariasis (a) Fever and lymphangitis yield promptly to Capsicum.

(b) Myristica 6 internally twice daily and locally in vaseline.

15. Fistula (a) Inject an ethereal solution of Iodine. One injection is sometimes sufficient (Dr. Hute).

(b) Hura Brasilensis c.m.

(c) Bromine is most useful for Lachrymalis.

(d) Suppressed by surgical or mechanical means—  
Bufo.

16. Fluoric Acid—Curative in a number of Hydrocele cases—

17. Fucus Ves *0*.—30 drops daily for obesity (N.B. The juice of one lemon taken daily in glass of hot water every morning reduces fat).

18. Formica Ruf 6 & 30—Constitutional remedy for Polypus and arthritic rheumatism—1x potency—about the best remedy for nasal polypus.

19. Face—Beard on lady's face removed—Sulphide of Calcium paste. Most effective and least irritating. The hair falls out readily, after the paste has been allowed to remain some hours upon the bearded parts.

20. Flies away "Oil of Bay" a few drops in a saucer or in paint the slightest trace.

21. Fluoric Acid (Nos. 16 & 7)—Complaints of old age. Mercury in system Pyorrhoea > cold application and fast walking.

22. Fat Craving Ars. Hep. Nit X, Nux V and Sulph. Craving for sweets —ars, nuxv and sulph.

## G

1. Galium Aparine *0*. —Cancer cure (Int & Ext.)

2. Gargle for Sore throat—Chlorate Potash—gns. xxx—Zincum sulph gns v.—Make one powder and dissolve in warm water.

N.B. Tinct. Gels & Tr. Phytolacca = Pharyngitis.

3. Gaultheria 1x oil (20 mms on sugar) for gastralgia. "Neuralgias come within the sphere of this remedy".

4. Galega (vegetable)—Increases the quality and quantity of milk in women as well as their appetite. Acts as a tonic.

5. Gelsemeum—"Gels  $\theta$ —Peculiar pain from throat to ear". Headache accompanied by blurring of vision. Flow of urine. Conversely if the call of urine is not immediately responded to, headache supervenes. "Wishing to throw oneself from a height."

6. Gentiana Quinque flora—Very useful in obstinate malaria where quinine fails.

7. Ginseng. (See No. 19) Removes fatigue and imparts vigour and clearness of mind. Specific in lumbago, scatica & rheumatism with frequent desire to urinate and sexual Excitement—Right side most affected.

8. Gnaphallium—"Dysmenorrhoea when the menses are scanty and very painful the first day."

9. Grindelia—Removes aversion to darkness who wants a light in the room all night—Difficult breathing <lying down> Expectoration.

10. Guaicum—"Sharp pain about midday under right breast to shoulder." "Rarely fails in Pleurodynia" Farrington.

11. Guarea Dr. R.K. Ghosh recommends a lotion of this (1 drop to an oz) for for Pterygium and Chemosis—(also internally) 1x for watery eyes—"

12. Gleet. In gleet cases when the general health is in a depressed state Nux vom & Sulph would be of utmost service.

13. Gurnpowder 3x—3 times a day for Blood Poisoning, Food Poisoning (Clarke).

14. Graphites—According to Norton comes nearer a specific in Blepharitis (Inflammation of the edges of eye lids).

15. Glonoin—2 x For Encephalitis—The effect is truly surprising—

16. Gall Stone Colic—(a) cholestrine—almost a specific relieves the distress at once..

(b) China 6 x—twice a day till ten doses are taken, then once a day—every other day till ten doses are taken, till at last only once a month—This never fails to cure permanently and radically.

(c) Give Hydras  $\theta$ —5 drops if a remedy can not be chosen.

17. Gastric Ulcer (a) Atropinum sulph 3x alt with Uranium nit.

(b) Condurango has a curative influence, alleviates pain, stops vomiting.

18. Gonorrhoea—Nat sulph 3x—6 tablets 4 times a day, together with a dose of Thuja 30 once a day will rapidly cure—(Von Grauvgl).

(a) Abortive—Inject Peroxide of Hydrogen 5 to 10 vols. within 24 hrs of the discharge—

19. Ginseng  $\theta$ —“old remedy for indigestion, with rumbling” (5 drops) stops the deadly hiccough Iod—tinct, 3 drops in water, every  $\frac{1}{2}$  an hour for 3 times sure to stop it) 1x relieves stiff back and legs.

20. Guaicum—Rarely fails in Pleurodynia (asclepias has proved useful) akin to Caust., sulph & Tub, in T.B. cases.

21. Granatum—1x Persistent vertigo—Cocculus is another good remedy.

22. Graphites 3x Trit—Improves skin of the face of fleshy women—“Cures Elephantiasis”—For sore hocs

apply. "Cystic tumours in the eyes-lids between the inner and outer surfaces. Baryta c. also cures tarsal tumours.

23. Geranium Robertianum  $\theta$ —diluted and mixed with Ferr P6x trit.—rubbed locally—Preventive of Hair falling  
Hot salt water for the same.

24. Glycerine (a) Local Itching—Pure glyc 1. oz.  
Tannic Acid 1 dm.

Morph sulph 10 gns—.Apply

thrice daily especially for anus and vulva

(b) Vomiting in Pregnancy : Take a little wad of cotton, saturate it with glyc, tie a piece of tape to it push it up into the mouth of the womb. In a short time moisture will flow and the sickness will cease. Then draw it out by the tape.

(c) Throat—Affections : Ham  $\theta$ —1 part + glycerine 12 parts—apply.

25. Graphites and Pulsatilla— Both have late, scanty and pale menses—

(b) Both are anaemic.

(c) Both are low spirited & chilly

N.B. Graph. has skin symptoms to aid us. Small pimples on the body < menses. No tendency to sweat in Graphites. Tendency to diarrhoea in Puls but constipation in Graph.

26. Goneness at the Epigastrium—Cocculus : Weakness all over. It tries her to talk even.

Kali C : Empty feeling before eating with undue bloating after.

Stann : Sensation continues after eating and extends all over the chest.

Sarsa : With rumbling in abdomen.

Niccolum : Without desire for food.

Oleander : Sensation of distended abdomen; chest seems empty.

Actea : With a trembling sensation.

27. Gossypium—Menses seem to start but do not. Intermittent pain in ovaries. Retained placenta after miscarriage—Labia swollen. Lochia continuous even after a month of delivery.

28. Graphites (No. 14 & 22) Uncontrollable sexual Excitement. Impotence. Dropsical swelling of prepuce and scrotum. Sexual appetite though on the increase but power diminished. Incomplete erection and too early discharge. Tumour like an orange on both the iliac regions—Menses too scanty, too pale, too late with violent colic (opp. Calc); blood sometimes dark 6 or 8 weeks apart. Excoriation in perineum, vulva and between thighs—Laceration of the cervix—Nipples cracked and painful.

On lying down—feels Throbbing all over—

29. Guaicum—(No. 20) Chest pains in Phthisis patients who are gouty < after riding in open air. Pleuritic stitches left side < breathing deeply, in T.B. < motion and heat > walking with reference to headache—an Exception to the general use in Guaicum cases.

30. Graphites—Vesicles and ulcers on the tongue of animals, salivation profuse foetid sweat of feet. ulceration of the toes—excoriation and sores between the toes. (Ant. Crud has blisters on the tongue. Thick white coating, bleeding of the gums and teeth. Cracks of the toes and red swellings of heel).

## H

1. Hydrastis Can 1x—Ringworm, Erysipelas. 6x removes constipation (obstinate)—3 drops twice a day—Some time 3x is used—“catarrh of almost all mucous surfaces—Nasal, pharyngeal, Bronchial, gastric, duodenal, urethral, intestinal, vaginal—yellow or white; tough and stringy”. “Best remedy for gallstone colic”.

2. Tinct Hypericum—Traumatic Neuritis—

3. Hamamelin 1x—Trit for leucorrhœa (Tinct Ham and Tinct Puls for Phlebitis and varicocele).

4. Hypericum (See No. 2) No matter what the disease give it as long as piles are present in 1x. Hyper. wounds are very sensitive but not as the Ledum punctures. “(Ext. & Int the nearest thing to a specific in bleeding piles. To be given in Pneumonia with piles.)

N. B. Flux is dangerous in Pneumonia.

5. Hydrophobin—Dysentery with pain < hearing water running from a tap.

6. Hydrocyanic Acid—“Feels as if a cloud over his brain”. Dry teasing cough at night—In Broncho-Pneumonia collapse due to venous congestion”.

7. Hydrastis (See No. 1) “Adherent Placenta in confinements (Habitual) cured by 3x—3 drops daily from the 4th month.” “Cures liver cancer cases—”. “Backache with hyd. conditons”.

To cancer sufferers Hyd 1x—3 times a day a routine measure—When no relief, give Thuja 1x

“Hydratis Muriaticum”—locally applied in aphthous sore mouth Ozaena (10 gns to 8 oz)

Hydrastininun 3x reduces considerably in size. Fibroid tumour. 1x for cancer and scirrhus of the breast every 4 hrs.



8. *Homarus*—Awakened at night by the necessity to pass wind

9. *Hepar Sulphur*—a great touchy remedy. Dissatisfied with oneself and others (*Kali sulph* acts on the epidermis; *Hepar* on lymphatic glands, skin and respiratory mucous membrane; *Calc sulph* acts as *Hepar* but more deeply. “Great Tenderness and aversion to touch”. “Invaluable in Corneal ulcers”. “*Silica* and *Merc*” are inimical but if *Hepar* is given as an intermediary—no unpleasant effects. “Sweats day and night without relief.” “Marked periodicity in *Hepar*—every day, every 4 weeks (Paralysis); every 4 months (scabby eruptions on head); every winter (whitlows) ; spring and autumn (Bilious attacks). “The most effective remedy for chronic Laryngitis”.

10. *Helonias*—Intense pruritus—vulvar and vaginal for several weeks due to leucorrhoea coagulating on vagina—“she could tear the flesh out”  $\theta$  on tablets relieves—Tincture 10 drops thrice daily for uterine prolapsus (Back broken; dragging sensation in lower abdomen—pain in the outside of thighs) Dr. Eli G. Jones—”

11. *Helleborus viridis* “Ulcers of the leg near the ankle”. “Epilepsy. Head sweats before the fit ; sleepy, diarrhoea for 4 days.”

12. *Hellebrous Niger*—Sight unimpaired, yet pays attention to nothing—such is the case with hearing and taste also. “Brain concussions—one pupil larger than the other—answers. questions slowly—one leg dragged in walking. Pulse scarcely 50 per minute <4 to 8 P. M.

13. *Helianthus*—Burnett’s great spleen remedy.

14. *Hedera Helix*—Chronic Hydrocephalus odema on either side of the neck. One drop placed on tongue—startsclear fluid from the nostrils. “It clears sight in cataract”. Cooper give Sulph and Calc Phos to the mother who has lost such children.

15. Hecla (6x-3 hrs for wounds not healing). Induration and Infiltration of cervical glands studding neck like pearls < touch and pressure. "8x for Gum Boil".

16. Hamamelis. "Taste of blood in mouth." "Relieves, thirst in patients of heart troubles." "Ham 3 or Secaletrit triumphs in piles.

17. Hiccough during cholera—Burn a piece of cloth and keep it near the nose of the patient—Hiccough instantly checked.

18. High blood pressure—Craetagus  $\theta$  and Anacardium 3x. Baryta Mur 6x gives relief in cases not due to diseased kidneys. Picric Acid has also been recommended.

19. Hydrangiea arbor — $\theta$  Every 3 hours relieves backache or lumbago very quickly—6 drops night and morning for Prostrate Hypertrophy.

20. Homarus 3x (See No. 8)—Best remedy in dyspeptic cases, cancer and ptomaine poisoning.

21. Hydras Sulph 1x—Bleeding from bowels in Typhoid. Bleeding—(intra-ocular) for absorptior.—Crotal.

22. Halix Tosta—cures tendency to Haemorrhage.

23. Heart—(a) Stry, China, Phos—Beginning of the fatty degeneration of heart muscle. (b) Scutellaria  $\theta$  Heart affections due to rheumatism or any obscure origin. (c) Camphor in drop doses every 5 or 10 mts. is the best heart stimulant in cases of failure. (Aur Mur alt. with nitrate of strychnine 2x potent restoration when the heart is dilated and deficient in innervation).

24. Hernia—It will go back of itself on the application of a hot bran poultice. (Early cases can be cured by rubbing the mother Tinct of Symphytum once daily) Sulphuric x a specific.

25. Hot steam Bath—Helps to remove all symptoms of rabies (Hydrophobia).

26. *Hydrocotyle asiatica*  $\theta$ . For Lupus it is the remedy which arrests the disease in a very short time.

27. *Hydrastis* (No. 1 and 7)—It arrests small pox and the case proceeds to a happy issue. Also used locally in water (Hot) (b) *vaccinium* 6—Preventive (Variolin 30 twice daily or on alternate days—an occasional dose of sulphur). Variolin in highest potency clears up to a marvellous extent the pitted face. (c) To keep the pustules off the face. Paint the inside of the thighs, at the onset of the disease with Tinct Iod all pustules will form on the part painted.

28. *Hydrastis* Mur 3x—Stomach Dilatation (Give *ornithogalum*  $\theta$  one dose in stomach ulcer and wait).

29. *Heloderma Horridus* for protracted sub-normal temperature.

30. Honey—Locally applied for Erysipelas. Remarkably efficacious.

31. Hands—Place the flat of the hand upon the pit of stomach with a firm pressure to stop hiccough.

32. *Hernia* (See No. 24).—Strangulated. administer strong coffee and bathe the rupture with the same; presently gas will escape and the tumour vanish—(b) make bare the abdomen and chest—patient lying on the back—knees drawn up. Cover the face with a towel and without the knowledge of the patient suddenly dash a cup of cold water on the stomach. The sudden shock causes retraction of the bowel and reduces the rupture. (c) Place absorbent cotton on the rupture and saturate it with ether. It will reduce itself.

33. *Hamamelis*—Rub the breasts with Ham. unguent several times a day to dry up the milk.

34. Hot Water—Inject into the vagina hot salt water. 3 pints daily twice a day hotter each day until as hot as can

be borne by the patient's hand. Persevere and cure ladies ailments in general. (b) Ague—even chronic. After the chill and during the heat before it reaches its height, get into bath tub, in lukewarm water, submerge to the chin keeping the while a cold wet cloth on the head. When the fever goes off, get out of the bath and wipe dry and dress. No more ague.

35. Hydrastis—Granular lids Sulphate of Hydrastis—2 gns. in distilled water—1 oz apply the solution several times a day.

36. Hydrogen peroxide—Swab with this diluted  $\frac{1}{2}$  with water as often as needful to dissolve the patches in Diphtheria,

37. Heels—Pains from ulceration in the heels <at night and in bed> rubbing Ammon Mur. (b) Heels inflamed—Puls. (c) Can't bear weight on them—Caust and Mang. (d) Burn at night Ant Crud, Led, Graph and Ign. (e) Rheumatic in plethoric individuals. Nat Carb, all Cepa and Sabina. (f) Blisters on heels. Led, Graph and Nat Carb. (g) Ulcers on heels. Sepia. N. B. Allium Cepa cures ulcers due to the friction of shoes or stockings.

38. Hoarseness—Phosph <evening with rawness of the larynx. Carbo veg. Particularly <morning but also in the evening too <damp, warm atmosphere. Caust <morning and dry cold weather. Eup Perf. aphonia with soreness of the larynx, trachea, bronchial tubes aching all over the body.

39. Hiccough—After hot drinks—Stram and Verat alb. After cold drinks—Ars and Puls. After nursing—Teucrium. After the slightest provocation—Cajuput, with stitches in chest and goneness in abdomen Ammon Mur.

40. Hemicrania : Sepia—on either side, mostly left. Sang, Right-sided pains increase and decrease with the

sun. Paroxysms end in vomiting in *Sepia* (sometimes) and with profuse urination in *Sang*, *Silica*, *Gels* and *Verat alb.* *Bell*: Plethoric patients—not cachectic—Iris: With blurring of sight and sour vomiting Puls: menses scanty. Pains shifting and with chilliness. General relief from cold air. Face yellow with *Sepia* but pale with Puls. *Theridion*: more flickering than blurring before eyes. Nausea > closing eyes. The effect of noise is more intense here than in *Sepia*. N. B. *Sepia* is useful for blurring of sight with prolapsus uteri.

41. *Hepar Sulphur* (see No. 9)—Chilly, oversensitive—pains unbearable—cause fainting. Rattling after Ant tart has failed. sensation of a fish bone in throat (*Kali c*, *Sil*, *Arg. nit*). Quick hasty speech, hasty drinking—upper lip swells (*Apis.*, *Bell.*, and *Calc.*). Great desire for vinegar and sour, pungent things—Urine passes tardily and without force—drops down vertically—feels that the bladder could not be emptied thoroughly—chronic gonorrhoea and stricture (*Arg-n*, *Nit ac.*, *Sep.*) cough <by getting limbs cold, eating and drinking cold things—cold air, talking, crying, drinking, putting the hand out of bed—on exposure of any part of the body—sweats day and night—constant offensive exhalation from body—trembling weakness after tobacco smoking. Expels foreign bodies.

42. *Hydrocotyle asiatica*—Chronic gleet, Elephantiasis, carbuncle and cancer purifies blood and stops putrefaction. Eczema, lupus, leprosy, thickening and exfoliation of the epidermis. In small pox epidemic, it acts as a prophylactic (should be used daily for a fortnight). It reduces the severity of small pox. In spasms, convulsions, epilepsy, insanity, brain typhoid when all other remedies fail, give this remedy in Q (2 or 4 times daily for month. If this fails try *Evolvus Erecta* (*Sankhahuli*).

43. Headache—Returns at the climacteric every 7th day, (Calc-ars, Sabadilla Senega. Sil, every 8th day Iris).

In-crease and decrease with sun., Glon Sang, Spig. Nat mur, Kalmia. Every 6 weeks—Mag Mur every 2 or 3 weeks Ferr Sang. not being a deep acting remedy has to be followed up for cure by a deeper acting antipsoric or constitutional remedy e. g, Sulph and Phos.

## I

1. Iod 6x—Chronic cerebral congestion, giddiness without pain in head in old men (compare Phosph.).

2. Iberis Q.—Influenza heart or cardiac debility after influenza.

3. Ignatia Q—Persistent cold feet and legs at menopause jerking in bed in sleep—Ign 2x

4. Indigo 2x—Epilepsy due to worms “cough with nosebleed. Sciatica <sitting> moving about.”

5. Impotency—Impotent men given to professional work—Picric Acid 6x before meals and Lyco 6x after meals.

6. Ichthyol—A powerful antiseptic. Externally applied to rheumatic joints. Scarpa claims excellent results in a number of Pthisis cases.

7. Ignatia (See No. 3) “Bites inside the cheek”—Sore throat > swallowing. During malarial fever, thirst is always present in the chilly stage. “Sudden loss of function in any organ”. “Cough every time he stands still during the walk”.

N. B.—Best administered in the morning. Given shortly before bed-time occasions much restlessness.

9. Indium 200—violent pain in the head while straining at stool.

9. Iodium (See No. 1).—lower attenuations with excellent results for deformed joints after “Rheumatism.” 6x is almost specific for Goitre.

10. Ipecac—“Granulations of lids cured by the instillation of dilutions”. “5 gns of Ipecac for every grain of morphia or opium as an antidote”. 6 or 30th every  $\frac{1}{2}$  hr. cures aphonia at the end of 4 or 5 hrs.”

11. Iris Germanica—juice applied for removal of freckles from the skin.

13. Iris vers.—Left-sided sciatica following influenza—Useful for gastralgia. “I vers 3 for habitual vomiting of Babes.”

13. Iodoform 2x—“A specific in Meningitis with inunctions of Iodoform cerate”—3x cheeks glandular swelling.

14. Iridium—Headache only when straining at stool.

15. Iodine Tinct and Collodium and ammonia water in equal parts mixed and applied with camel hair brush—speedy relief in lumbago for which Hydrangae  $\theta$  is also highly spoken of.

16. Iberis amara. 1x—Palpitation > than any other remedy known.

17. Ivy Poisoning—Bry 3 and Sulph 3.

18. Irisin.—adult 5 gns, insures a painless passage, without being followed by costiveness.

19. Ice—(a) Cramp in stomach or Bowels Ice to spine opp. the seat of pain. (b) Leucorrhoea—Displacement, menses scanty or suppressed. Ice to the back, low down  $\frac{1}{2}$  hour at a time, once or twice a day. (c) Ice to the back in rubber bag opp. to the breast 2 hrs at a time. twice a day for several weeks for “shrunk” breasts. Hot water in the

same way to diminish the size. (d) Ice reduced to small pieces a pint or more—insert into the rectum. Apply the same to spine of the neck and in the arm pits. “Restoration in 10 mts. in Opium Poisoning”(e) Plug the rectum with small pieces of ice, in 20 mts the urine will flow. Sitting upon a Chamber vessel containing chopped onions steeping in hot water will excite the flow (stranguary).

20. Injury—Long after the reception of an injury, the part pain or an old scar breaks out again, then Glonoin seems to relieve.

21. Impotence—Involuntary Emissions during stool—Alum, Selen. Agar. In embracing, the penis is relaxed. Genitals cold and shrunken. Spinal weakness after coition also weakness in thighs. Testes retracted. Genitals itching.—Calad—several emissions in one night—dreams not remembered. Craving without power. Mentally depressed. Glans red with fiery red points—Calc—sweat after Emission—Desire of youth but unable to perform. Erections only by artificials stimulus; discharge premature, afterwards weakness, anger and discontent. Agn—Weak brain, spine and and genitals tired out by onanism.—Chin, Sel., Con. Due to sexual excesses. Cobalt—Backache after emission, <sitting. Dios—atonic seminal emissions 2 or 3 wet dreams in one night weak kees afterwards—Graph—Ejaculation does not follow coition—moist eruption on scrotum, prepuce swollen like a watery bag without pain.

Lyco—Complete impotence old age : Strong desire without ability—falls asleep during an embrace—Phos—After taking too much salt—Pic-ac—Threatening paralysis of the legs or with tendency to boils, carbuncles.—Staph—Impotence due to secret vice—Dark rings about eyes.—Sil—After coitus, right hand paralysed—Sep—After coitus weak knec—semen watery, desire lacking. Gleet yellow or milky.



22. Ignatia (Nos. 3 & 7)—Roaring and ringing in ears > music. Toothache when not eating less when eating. Nausea and vomiting of pregnancy > eating—Pains in the anus <with soft stool. Uterine or ovarian cough. Sciatica <at night, cold weather > walking the floor. Trembling of limbs—child drinks hastily and goes into convulsions—convulsions with frothing at the mouth during dentition. Sphere of Nerves—Ign is a remedy of contradictions; Plat. mind is like “lord of all I survey”; Asaf. wind in abdomen, breathing oppressed; Nux. m. drowsiness, dry mouth, no thirst; Zinc v.—fidgety feet; mosch—fainting; Valer. headache on exertion; Cocc. the effect of night watching.

N. B. Do not give Ign. at night as it causes restlessness.

23. Iodine—Glandular affections—Mesentric and thyroid. Trembling of limbs. Salivation. Always wants to move—walks day and night. (In the 1st and 2nd stages of Pneumonia when the inflammation is at its highest or when infiltration begins (small wheezing) with constipation and soreness of chest, Dr Kafka thinks this > than Phos. when rattling begins use Ant. t.) Impulses even to murder Ars., Hep., Aur., Asaf., Nat-m and Puls (Ars and Hepar always chilly but Iod. feels hot) In gout cases fear when any one comes near even the doctor). Empty eructation from morning till evening, sour eructation with burning. Diabetes mellitus with canine hunger and rapid emaciation. In Hydrocele cases draw out water, inject iodine and give the same—6th or 12th potency internally. Never apply Iodine unless internally indicated or it will create rheumatism or Phthisis. Uterine hemorrhage renewed after stool.

24. Intermittent Fever—Time table 5-7 A. M. Podo., Nux vom. 7 to 9 A. M.-Eup. per Spig. 10 to 11 A. M.-Nat Mur 11 A. M.—Nat m., Podo, Stann., Ipecac. 1 P. M. 1 A. M. to 3 A. M.-Ars. 1 to 2 P. M. Lach., Puls, 3 P. M.

Apis 4 P. M. 4 to 8 P. M. Lyco 5 P. M. till morning Puls.  
 Nux v.—Gastric origin can't uncover during heat.—Eup.  
 perf—Bone pains, vomits bile.—Eup purp—like Eup-perf  
 but with profuse frequent urination. Ip. nausea always.  
 Ign—Contradictions thirst during chill > external heat, red  
 face during chill, heat without thirst, sweat in face—Nat m—  
 thirst, headache in all stages, constipation fever 11 A. M.  
 Stanum—Pthisical cases—otherwise like Nat M. Ars. frequent  
 thirst, restlessness, burning, chilly—Puls—continuous heat  
 whole night restlessness, aching, thirstless, sometimes thirst  
 during hot stage.—Podo—chill 7 A.M.=11 A.M. pain in  
 wrists, knees and ankle; backache before chill; talkative,  
 bilious. Opium—Coma, snoring, hot sweat, sweat with  
 sleep—constipation.—Spig :—<morning 7 A.M. without  
 thirst heat at noon <trunk and face. little thirst coldness in  
 back extending to navel. Hands colder than face but hotter  
 than normal—sweat in palms—Insulin cases often respond  
 to Arsenic.

## J

1. Juglans Cincreria 1x—Ringworm—“Morning head-  
 ache like Nux, Bry, Chelid and Iris. It much resembles  
 the last (Iris) in the digestive disturbances.” 30th for pain  
 in axilla.—

2. Jaborandi 2x—Excessive salivation during pre-  
 gnancy. “Iritis”.

3. Jequirity 0—For granules—

4. Jalapa 12—Nash cured a case of Eutero-colitis  
 when there was screaming all the 24 hrs.

5. Jacaranda Gualandai “Prostitutes are very fond  
 of it in syphilitic affections attacking pharynx & larynx.”  
 “Ophthalmia with agglutination of lids”

6. *Jacaranda Caroba*—(a) “Prepuce much swollen, not to be drawn over glans—on attempt—Copious discharge of yellowish, green pus—” Chordee in gonorrhoea.

(b) Food tastes insipid; Nausea during eating.

7. *Jaborandi* (See No. 2)—Suddenly seized with flushed face—followed immediately by profuse sweat all over—this followed by extreme coldness of the Extremities—Vomiting of sour mucous.

(b) Duncan aborts Erysipelas by painting the tinct—4 to 5 times a day.

(c) When menses begin with coldness, faintness, neuralgia in head and pelvis with backache—a drop or two in hot water at once relieves.

(d) Sweating mostly on left side—

8. *Jonosia Asoka*. All kinds of menstrual irregularities—

(b) *Hydrastinin* 1x during loss in Menorrhagia—  
2x during the interval.

(c) For metrorrhagia—*Hydrastinin* 1x.

(d) Dysmenorrhoea—*X-anthoxylum* 1x.

(e) Amenorrhoea—*Polygonum Pun*  $\varphi$  in teaspoonful doses—3 times a day.

9. *Juglans Cineraria* (No. 1)—Dropsy of the chest with red spots on the skin looking very much like flea-bites.

10. Jaundice—Bell—Heat & sensitive liver.

Calc.—Liver enlarged, sore—can't bear tight clothing—ascites.

Card-M—Hyperaemia of liver; furred tongue, nausea, vomiting, constipation.

Cheld.—Pain in angle of right shoulder blade;

Skin, eyes jaundiced—stool hard or yellow diarrhoea.

Chin—chronic enlargement.

Crot—h., Violent type—all yellow.

Dig—slow, irregular pulse; stool white.

Iod.—Cirrhosis

Iris—Acid vomiting.

Lyc—Acute Inflammation of liver.

Mag—Mur—chronic congestion, stool ball like constipated.

Merc< Lying on right side.

< „ „ „ Nat-s.

Podo—Chronic Inflammation—pain

Sepia—Soreness over liver extending to right shoulder.

11. Jatropha.—Stools gushing as from a bung hole. Cramps in muscles.

## K

1. Kali Cyanicum 200. Cancer of the tongue.

2. Kali Bich 3x “Nasal form of Diphtheria”. “Asthma caused by and following coitus”. “Yellowness of K. Bich secretions and excretions is noteworthy.” “Diagonal pains and indolence such as indolent ulcers”. “Swallowing food causes a tickling in throat and a severe cough”—

3. Kali-Carb. In complaints of women it rivals Sepia, differing from the latter in having menses too protracted and occurring too frequently—the pains and troubles occur before the menses— “Pain in piles <couging> seated on a hard thing—Lutze.

All the symptoms of K. carb in dyspepsia are <soup or coffee. “Any shock—bad news or fear felt in the stomach”.

(1) Stitching pains also called jerking < during rest and lying on affected side.

(2) <2 to 4 A.M.—(3) Bag-like swellings over the eyes between the eye-brows and upper lids. (4) After coitus, complaints in males especially those of eyes. (5) Touchiness very marked starts when touched ever so lightly. (6) Easy choking when swallowing. (7) Drowsiness and Toothache when eating. (8) Tendency to catch cold in open air—“Pain only when eyes are used.”

4. Kali P3x. For neurasthenia in alternation with Avena Sativa. Kali Mur—Granular Conjunctivitis. Eustachian tube clogged due to catarrh. “3x Preventive for apoplexy.”

5. Kali Iod pure 3 to 5 gns. for asthma. “Kali Iod and Sulph resemble each other in 30th dilutions. After Bronchitis, Pneumonia, Erysipelas and other inflammations—they act like magic apparently from the removal of the effete products left in the tissues.” “Spleen affections & dropsy. It corresponds to many cases of Pthisis—laryngeal & Pulmonary.”

“Spasm of the rectum with a little pain in the urethra after coitus.” Best remedy for urticaria in children—“Kali Iod 1x alternately with Cann Sat 1x for Tuberculosis—lessens cough, sweat and fever.” Very effective in chronic ailments.

6. Kali Nitricum. Acts with great intensity on the abdominal and pelvic organs producing most painful colics, diarrhoea & dysentery; in the male sexual sphere, excitement & pain in testes & cords; in the females menorrhagia with flow of ink-like blackness—“Dropsical swelling sudden over the whole body.”

7. Kalmia-200 Left-sided intercostal neuralgia with numbness of the whole left arm.

8. Keresolenum—Laughter in insanity and delirium.

9. Kali Citricum—Tympanitis—constant flow of mucous from anus; awful abdominal pains as if a machine were working inside and skinning the whole length of the intestinal tube (Nit Acid).

10. Kreosote—Vomiting due to gastric Cancer, phthisis and Chronic nephritis—Violent oscillation of symptoms—ravenous hunger to anorexia. “Intense urethral scalding after urination”. “Suppression of menses with a concomitant state of imbecility.” A tumour of lower lip—Epitheleoma with dry, cracked skin—” “Coitus followed by flow of blood the next day”. “Chronic headache with drowsiness during which the patient would sleep most of the time and groan—Relief followed by small warts on scalp.”

“Kreosote 3x clears up the cough when it has been improved but hangs on—”

“Heavy sleep early evening—restlessness all night—  
-Dentition Cases—”

“Menses flow on lying down, cease on sitting or walking about—”

“Severe pain under and below the left scapula < motion and still < by riding in a carriage > rest, warmth, lying on something hard.”

“Violent spasmodic abdominal pains < motion > by sitting and drinking a glass full of cold water—accompanied by a whistling cough from the lower part of the chest”.

11. Kali Brom 30—“Weakness of legs due to self abuse.” No remedy so universally useful in simple acne as this —J.H. Clarke.

“Anaesthesia of entire body”. It is meant for those who continually take cold—acts as a palliative in all cases and curative in many as far as Spasmodic croup is concerned.

12- Kali Iod 30 (No 6) Give a single dose or higher and allow it to work for noises in ears—3x highly recommended by Franklin for “Gleet”. “Tendency to oedematous swelling—as eyelids mouth, uvula etc.”

13. Kerosene—(a) Felon—submerge it in a bowl of Kerosene; repeat the dip as often as pain returns. For orchitis the same.

(b) For lice—one application suffices.

14. Kidney Colic—Apis—Stinging, burning—albumen in urine, sense of suffocation.

Berb.—Pain radiating in all directions to the bladder, urethra; pain always changing place.

Calc—Renal colic—use repeated doses—30th.

Carbo veg.—Uric Acid in excess, urine scanty.

Cocc.-c. —Gravel colic, bloody urine, uric acid, pain from kidney to bladder.

Lyc—Right kidney colic Red—sand in urine.

Oci—Vomiting, right renal colic, uric acid diathesis, pain in ureters—

Sep—Red sediment adheres tightly to the vessel.

Thlaspi—Passage of calculi with haemorrhage.

15. Kali-Ars 3x morning and evening cured epithelioma on lower lip in 2 months.

16. Kali Bich (see No. 2) Sensation as if a red hot coal is touching the different parts of the body. Pain in small spots. Headache preceded by blindness. Shooting pain in left upper maxillary bone towards ear.

Throat—Deep ulcer as if punched out on edge of tongue. Syphilitic ulcers on tongue. Sensation of a hair on the back part of tongue not > by eating or drinking (Kali c., & sil) sensation of a plug in the throat. oedematous

bladder-like uvula (apis., Bar-c, Bar-m., Kali i., Lach., Mur-ac., Nit-ac., Phos., Sulph. ac. tab). Uvula completely destroyed by ulcers. Uvula relaxed. Tenacious mucus from posterior nares.

Stomach—Desires wine, acids which increase thirst and bring on diarrhoea—aversion to meat. Food lies like a load. Distress just after eating. Nausea on motion in morning—at sight of food—after meals, after stools > open air & eating—awakes with a start at 2 A.M. heat in pit of stomach and spitting of blood.

Pain across back with bloody urine. Shooting in renal region with suppressed urine. Pain in coccyx before urination. Burning in urethra with sensation of a drop remaining behind after urination—

17. Kali Brom. (No. 12) Frequent erection of sexual organs at night of young boys—Wet dreams (usc 3x). Pregnant women see frightful images at night or the child awakes screaming, unconscious, recognises no one Imagines she is pushed, will be poisoned, that her child is dead. Words & syllables are forgotten. Pruritus, ovarian neuralgia from unsatisfied sexual desire with great nervous uneasiness. Exaggerated sexual appetite. Reflex cough during pregnancy <night—lying down.

18. Kali Carb (Jabakhar)—Throbbing of blood vessels. Pain chest < lying on the painful side (opp. Bry). Winds in abdomen after eating. Feeling badly a week before menses—Knots below the ear behind jaw. Weak after coition. Toothache <from cold or when eating or anything touched. sensation of a lump or fish bone (alum., arg-nit, carb-v., Hep, nit x). Pain in back and legs after eating. Piles sensitive and burn like fire (ars.,) come out after stool and bleed copiously > sitting in cold water. Waits and strains before urine flows slowly after coition weakness in eyes (spine and thighs.



agaricus—knees—Sep.). Female organs—Before menses abdominal colic, sour eructation, increased diarrhoea—During menses headache, toothache—aching in back and hips. Impending abortion with pain in back and from back to buttocks and thighs do not come round to front (but run up the back Gels.) It will bring on menses when Nat Mur fails. Paroxysmal cough on scratching the ear canal.

19. Kali. Iodide—In Pneumonia cases in the beginning of hepatitis or infiltration when no definite remedy is indicated and the face is red, pupils dilated, drowsy, breathing heavy, pupils do not react to light—(serous effusion in brain due to lung congestion). Pthisis :—salivation, constant hacking cough, night sweat, frothy expectoration—loose stools in morning <3 A. M.

Expectoration—Bloody—Acon Arn., Ars., Cann. s., Crot-h, Ferr., Ferr-m. Ip., Laur., Ledum, Nit x, Phos., Puls., Secale., Stann., Sulph.

Grayish :—Ambra, Arg-nit, Lyco, Phos, Stann., Senega, Sepia.

Greenish :—Carb-s., Carb- v., Calc., Kali-i, Lyco., Merc, Nat Sulph., Phos., Psor., Puls, Stann and Sulph.

Purulent :—Calc., Chin., Con., Kali c, Lyco., Nat-ars, Phos., Sep and Sil.

Thick :—Arg-n., Hep., Hydr., Kali-b, Sil and Tub.

Transparent—Arg-m, Nat-m, Phos., Senega.

Yellow—Calc., Calc P., Calc. s., Hep., Hydr., Lyco., Phos., Puls., Sep., Sil., Stann and Tub.

Expectoration tasting :—

Sour—Calc., Nux v., Phos.

Sweet—Calc., Phosph and Stann.

Salty—Ars., Lyco., Phos, Puls and Sep.

Bitter—Cham., Puls., Ars., Nux.-v, Nit ac., Sep., Verat.

20. Krcosote—Small wounds bleed much. Menses flow on lying down. Nodes in the vagina (syph). Gastric troubles are reflex from uterus. Small pea like tumour on lower lip. Toothache extending to temples and ears. Jerking and throbbing in hollow teeth. Vomiting undigested food 2 or 3 hrs. after meal. Cholera infantum with decayed teeth. Can only urinate when lying—must hurry, when desire comes—(Zinc. urinates sitting bent backwards).

Pruritus of the vulva with burning—menstrual flow on lying down—space between labia and thigh sore. During menses difficult hearing, buzzing and roaring in ears. Leucorrhoea has the smell of green corn. Burning after coition—Uterine pains and complaints <after menses (opp. Zinc., Lach.).

Stitches in left chest just over the heart. Inhalation in Pthisis without cavities very valuable. Burning as from a red hot coal (Ars., Nux v., Sang. and Iod).

21. Kali Phos 3 x—In low blood pressure when the pulse is quick without strength give Cactus  $\theta$ -10 drops after each meal and at bed time. To strengthen the vitality Kali Phos. 3x. 3 hours.

## L

1. Lobelia Purpura 3x—Heart and lungs paralysed. Respiration disturbed. Influenza Headache.

2. Lobelia Inflata—Power of eliminating foreign substances like Silica—5 drop doses thrice daily in tinct. A few drops of  $\theta$  in boiling water take away the pain and tension of inflamed piles. In case of difficult catheterism 15 drops into the urethra and the meatus held to retain it for 5 mts. No 10 sound can pass with ease."

3. Lachesis—Throat sensitive, accompanied with pain in shin bones—Noises in the ear <sleep. Empty swallowing agonising ; liquids swallowed with less pain and solids with the least.

4. Lycopus virg 3x—mother Tr. for “Exophthalmic Goitre.”—Old men’s constipation—“symptoms shift about—from rectum to heart, head etc. It is a remedy of accompaniments such as Pulmonary complaints with loose stools”.

5. Leptandra 2x alt. Podophyllin 2x—Jaundice and chronic Hepatitis. In Lept. there is morbid activity of memory. Haunted by visions of the past.

6. Lupulin 1x—Nocturnal Emissions. Incapacity for mental work. Rings round eyes.

7. Lathyrus Sativus 3x.—Knee jerk in transverse myelitis and paraplegia.

N. B. In Locomotor ataxia, give Secale 1x alt. with Stram 1x every 2hrs).

8. Lyco—Labia swollen by varices during pregnancy (Carbo veg and Lyco).—It ranks with Sulph and Calc in the central trio around which all the rest of the Materia Medica can be grouped. A right sided medicine but right sidedness is not so characteristic as the direction from right to left. Headache > by taking off the hat and other covering. “Half-open condition of the eyes during sleep”. Cures cases of Bronchitis, Pneumonia and Typhoid when other remedies fail. “Fear of being alone of men, of his own shadow” “a remedy for miser”. “Sciatica when the patient is unable to lie on the painful side—so sensitive”. “Cures warts on hands in 6th trituration”.

9. Lycopersicum—Companion to sang in right deltoid shoulder pains.

10. *Lemna minor* asthma from nasal obstruction <wet weather.

11. *Lcdum*.—Chronic maladies with animal heat wanted "Haemoptysis alt. Rheumatism."

12. *Lapis albus*—Pruritus cured in the 30th and 200th potency also dysmenorrhoea before flow with swooning. Tumour of lip cured with 30th potency. "Fat anaemic babies with Iod. appetite."

13. *Lac Can*—Green menses.

14. *Lachesis* (see No 3)—1m and Cm. wild hairs in the eyes—"The best remedy for rapidly maturing abscesses—200th in solution every 2 hours."

15. *Lil Tig*.—"Menses flow only when moving about."—Nash.

16. *Lithium Brom 30*—Apoplexy threatened.

17. *Leptandra*—Very useful in chronic post-operative cases of Gall Bladder.

18. *Leeches*—After effects—*Sanguisuga 30*.

19. *Leprosy crotalus*—6 and *Ustilago 0* (a) *Secale cor.* Tinct—1 part. alcohol 2 parts and water 3 parts a teaspoonful once daily—some very marked cures.—(b) *Hydrocotyle a 0* 5 drops once a day (c) *Pyrara-va 0* 6 and 30.

20. *Leucorrhoea*—(a) *Helonias D0-5* drop a dose (b) *Jacaranda Gualandai* 3 drops 3 time a day and 2 vaginal injection of 10% dilution in water morning and evening.

21. *Lock Jaw*—Moist tobacco bound on pit of stomach and under the arm will produce vomiting and afford speedy relief.

22. *Lac Can*—C. m. one dose to dry up milk (castor oil applied externally often induces secretion of milk).

23. *Lachnanthes* 3—Best for stiff neck.

24. *Lupulin* 1x one of the best for seminal Emissions (Titanium for early Ejaculation) when sexual desire is completely gone, give *onosmodium* c. m. 1 dose. *salix nigra* 0 30 to 60 drops at bed time and in the morning—acts as a sexual sedative give *Digitalis* 3x early in the morning for spermatorrhoea.

25. *Latrodictus Mactans* 30—Angina Pectoris.

26. *Lycopus virginicus*.—Nothing checks Pthisis like this in 5 drop doses. Brings back suppressed piles.

27. Lactic Acid 2x—Arthritic rheumatism.

28. *Lclium Trimulentum* 1x Trit—"Shaking of any member of the body (not due to alcohol)."

29. Lightning Stroke—Dash cold water upon the naked chest and back, turn about, as rapidly as the patient can conveniently be rolled back and forth on the left side. If not successful, after  $\frac{1}{2}$  an hour, wrap the patient in woollen blankets and in a half sitting position, cover with fresh earth, except the face and administer *Nux vom.* perhaps *Amyl nit.*

30. La Grippe—"Ferr p 3x and nat M alt. for 3 days and then Kali M 3x alt. kali sulph 3x to perfect the cure."

31. Lard—"It alone by thorough inunction 3 times a day will cure the itch." (b) Burns:—Lard + Flour equal parts apply.

32. Lemon—(a) To check diarrhoea drink hot lemonade. (b) To harden the nipples before confinement, begin 2 weeks in advance and lave them with lemon juice. (c) To arrest flooding—inject the juice of  $\frac{1}{2}$  a dozen lemons into the womb. (d) Impure water rendered innocuous by touching it with Citric Acid.

33. Lime—(a) Lime water + Rose water equal parts for pimples. (b) Lime water + olive oil equal part for piles.

(c) Bite of dog even mad or other animal = Slaked lime, fresh as thick as mush; apply—renew as often as it becomes green.

34. Lithium Carb—Menses late and scanty—all symptoms accompanying irregularity in menses are on left side. (b) Cardiac pains > urination. (c) Mental agitation causes fluttering of the heart. Nat Mur, Calc c. and Sepia. (d) Drinking chocolate or coca causes diarrhoea.

35. Lachesis—Emaciation, trembling, fainting, sudden jerking when sitting. Jealous, revengeful and cruel like snake. Bursting headache (vertex) like waves from below. Piles blue—bleeding or blind—beating in rectum like little hammers > lying down, heat or when discharges are established. Tumours perforating the skull. Fistula lachrymalis, with eruptions about the face.

Ear trouble with sore throat or other affections > by putting finger in the ear and working it. Sore gangrenous mouth in the last stage of phthisis. Toothache < eating warm or cold drinks.

Swallowing gags and fluids come through the nose. On swallowing pain shoots to the left ear. Everything tastes sour; extremely violent thirst.

In females pains > flow of blood—Zinc m. Mosch, drawing, pulling at beginning of mense ceasing with menstrual flow.

Zinc. m—Boring in the left ovary > by flow.

Plat. and Amn-c = Pains continuing with the flow—the former even with profuse discharge, the latter with flow between pains.

Act-r—the more profuse the flow, the greater the pains.

36. *Lilium Tigrum*—Primarily acts on uterus, ovary and pelvic organs all others are reflex. Hurried feeling as if of imperative duty during sexual excitement.

Feeling as if diarrhoea would come on, but passed off with urination. when the fundus of uterus turns back to the rectum, it appears that the rectum is full of stools with pressure on rectum ; the patient will strain and only a few drops of urine will pass ; there is no stool. Piles after delivery. *Sepia* is the more chronic. *Lil-t* is the more intense with frequent desire to urinate like *Canth.*, or frequent defecation like *Nux v* ; rectal irritation and distress. Sharp pain in ovary, pain from left nipple through the chest to the back.

<Warm room—consolation> fresh air :—

37. *Lithium Carb*—Sun light blinds him—vision uncertain. Eyes feel dry, sore with suppressed menses. Rheumatic hemiopia—left half invisible. Pain in bladder extending to the spermatic cord after urinating (*Clematis*, *Puls* and *Spong*)—Barber's itch.

38. *Lycopodium*—(sore throat—ulcers on both tonsils) hot drinks, sore throat starts on right side and goes over to the left, pain <empty swallowing. Heart well. "In 4 P. M. aggravation when *Lyco* does not work give *Syphilinum*." "Carbuncle of the chin".—China bloats the whole abdomen, *Carb v.* the upper abdomen and *Lyco.* the lower—a pleader becomes nervous before defending a law case in court, but as he goes on, he becomes more and more confident of himself.

Thinks he is in two places at the same time—all tired feeling uses wrong words and omits words in writing. Headache when hungry (*Anac.* and *Cact.*) Evening light blinds—Granular eyelids dry with smarting—Night blindness. Crackling of paper unbearable (*Ant-c.*, *Bor.*, *Nat-c*, *Nat. m* and

Staph). Oyster is a poison to a Lyco. patient as onion to a Thuja patient.

Flatulence rumbling in the splenic flexure of the colon (Chin., Carb. v.)

Pain in ovary from right to left crosswise. Wind discharge from vagina —Delay of first menses—sad, chilly, bloated abdomen before menses—vagina dry with burning during and after coition. One foot hot and the other cold (one side of the body hot and the other cold. Puls.) (Left foot cold. Sulph).

Typhoid course—Later in typhoid when the patient becomes stupid, lies with dropped jaw, half open eyes, eyes filled with mucus and staring—passes urine Involuntarily—Lyco is the remedy. On the 14th day when the rash does not appear, Lyco and Calc. both come into the picture—unconsciousness muttering delirium, picking at the bed-clothes, distended abdomen, great rumbling, constipation, sudden jerking of limbs, snoring and rattling, pulse rapid, involuntary urine red sand deposit in urine. With Calcarea the patient sees visions on closing the eyes.

N. B.—Do not begin a chronic case with Lyco. give any other antipsoric. Sulph, Calc. and Lyco are a trio used in chronic cases in the order here given.

39. Lyssin—Takes away the nervousness of dogs and cures them of their biting propensity.

40. Lower jaw—Trembling of lower jaw in Pneumonia. Sulph.

## M

1. Myrica Cerifera Tinct—Jaundice of new-born babies.
2. Merc Cor 1000—Inject into cancer for removal.
3. Merc Iod 3x—Chronic Tonsillitis.



4. *Myrica* C (No. 1)—Dull pain in the right side, just below the ribs.

5. *Murex Purpurca* 6x—Nymphomania.

6. *Melilotus* 3x—Gastralgia—crampy pains in the stomach, "Fear of being arrested."

7. *Mag Carb*—"Worn out women due to worries of life—200" "It is to exhausted nerves what China is to exhaustion from loss of fluids."

8. *Mag Mur*—(a) Excessive weakness after a sea-bath (b) a leading remedy for foot sweat. (c) Burning in soles (d) Palpitation <quiet> moving about (e) Beating in umbilical region as if heart beat there. "Females restless at night but sleepy all day" H. A. Robberts.

9. *Mag Phos* 1x—Cracks at the corners of lips.

10. *Mag Sulph*—Tendency towards ingrowing toe nails stopped 30th give at few weeks—(a) Shuddering in back from below upwards. (b) Face and hands all covered with warts. (locally apply this called Epsom salts).

11. *Magnetis Polus australis* 2 M.—Thinks out a difficult subject best in the foreign language. An approach to somnambulism. "Easy dislocation".

12. *Matthiola Graeca*—Morphia causes neuralgia and is antidoted and cured by this remedy.

13. *Medorrhinum*—"A causal connection exists between post partum cellulitis and latent gonorrhoea in the husband." (a) <sun rise to set just as syphillinum is <from sun-set to sun-rise (b) useful for bowel troubles in rickets (c) Lying on stomach or face> cough.

14. *Melitagrinum*—C.M. one dose cures *Crustea lactea* (*Eczema capitis*).

15. *Mentha Piperita*—It is to dry cough what *Arnica* is to injuries—an external remedy for Pruritus vagina—local anesthesia for operation. “Feeling of buoyancy. Feels he can work without fatigue followed by tiredness of brain”. “Oil of peppermint arrests pain at once when painted upon burns or scalds.”

16. Mercsol 2x (5 to 10 gns.) alt. Nit x—2x.—Very successful in soft chancre. In case of syphilitic buboes Mercsol, Acon N. should be given and then Bell if necessary, Hepar sulph 3x greatly contributes to the dispersion of the matter. In case buboes take on a phagadenic character give Merc Bin Iod 2x Trit and Acid nit 2x or Kali Hyd in 5 grain doses thrice daily.

17. Muriate of ammon (in water solution)—Applied externally is a capital remedy for non-venereal cases of Blenorhoea.

18. Merc P. Iodide—Best remedy for corneal ulcer.

19. Malaria off 2—At 2 hour's interval for Gout. Tuberculosis places where malaria prevails.

20. Merc Sulph—For Hydrothorax cases where dyspnoea is intense and the patient is compelled to sit up.

21. Morphinum 3x—Cures inveterate cases of malaria (Dr P. C. Majumdar). Preventive Leptandra.

Nata—an Indian drug is excellent for malaria where Quinine fails.

22. Medicine—(a) Insensitive to well-chosen remedies Opium. (b) After too much medication, remedies fail to act—Teucrium.

23. Melilotus— $\theta$ —Wild Headache (Never use for more than 2 days. Stops epilepsy.)

24. Manganum 3x—Legs give way unless he hastens his pace—Paralysis.

25. Mag sulph 6x and Hecla lava 30—Cure dark scabby warts on face.

26. Malformation Preventive—Phosph to mother during gestation.

27. Mucous Discharges : Acrid—Kreosote, Sulph—Green—Kali Iod, Nat Sulph and Stan. Ropy—Hyd and Kali Bich. Watery—alum, Ars and Nat M. Yellow—Kali ph, Kali sulph and Lyco.

28. Mustard Tea—M. seed Tea gargle for elongated uvula and cough caused thereby.

29. Myrrh—Into a 4 oz bottle put 3 drams of Tincture of myrrh and fill the bottle with water—Gargle several times a day—holding it in the mouth each time a short while for sore mouth, diseased gums and ulcerated throat.

30. Momordica Balsamin—Accumulation of flatus in the splenic flexure of the colon—

31. Mygale—“Chordee when erection is curved and not straight.” Words are jerked out in mygale and Cauticum.

N.B. In chorea when eye-lids are in constant motion & different parts of the body itch. Agar. Zizia may be used in cases in which chorcic movements continue during sleep.

32. Mineral Kingdom—Elements hold to each other an electrical relation, i.e., of polarity as + and — (negative). Some of the elements as gold & silver etc. hold a middle relation—being rater neutral.

The electro-negatives act on the bowels in the morning and the chest in the afternoon. Exactly the opposite holds true with the electro. +. Sulphur for example produces morning diarrhoea but the asthma of that remedy increases in the afternoon.

33. Mag Carb (No. 7) Given to pregnant women for toothache < at night > walking about. (Ratanhia also Lippe).

34. Mag Mur. Useful for Tinea Ciliaris—an eruption which occurs at the roots of hair—esp. of the eye-lids.

35. Menstrual Suppression (causes Headache) (1) Ran B. On vertex < Evening and on going from cold to warm room & vice versa.

2. Ran S. Gnawing in the vertex in a small spot.

3. Cocculus Ind. Pain in the occipit as if it were opening & shutting.

4. Spig as if the head were open along the vertex—

5. Carbo an—Vertex as if pressed asunder; must hold it together.

6. Verat alb—with pain in the stomach > pressing the vertex < motion.

7. Menyanthes: as if weight pressed on the brain > pressure—Hands and feet cold.

8. Phelland—Pain as if from a weight. Burning in the temples and above eyes—eyes water (sound and light unbearable)

36. Meningitis: Bell: When congestions are intense—

2. Apis: When nervous element predominates.

3. Hellebor: Claims precedence when irritation of Apis gives place to mental torpor.

4. Cuprum: Violent convulsions. If they ensue in Apis cases, they are confined to one side, the other half is lame and trembles.

37. Meat (a) Craving for meat, pickles and other coarse food—Kreos., Lil. tig., Mag-C., Aloes., Aur., Cycl., Nat Mur., Sabad

(b) Averse to meat. Cale C., Chin., Graph., Nux V., Puls., Sepia., Sil.

38. Mag Carb—(See Nos. 7 and 33) Menses delayed, scanty, short lasting, flow at night and when lying down.—colic before menses—Diarrhoea or cholera during menses—Persons with tubercular history, emaciate and lose flesh, dry cough < evening and Cerebellum sunken—atrophied; craves for milk, meat (Ars., Calc., Lyco, Tub). Itching during wet weather.

Sore throat before menses (during Calc-c.) coryza before menses.

N. B. Use Mag-c in hot water and in 6th dilution for ordinary purposes, high in marasmus and chronic cases—

39. Mag Mur (See No. 8)—Infantile liver, with stool like sheep dung. Menses black, clotted, flow at night < lying on the right side.

Urine can only be passed by bearing down with the abdominal muscles.

Leucorrhoea immediately after stools or after uterine spasm followed by metrorrhagia—Pulsation, pain in stomach > eating (anac.) and coming on again at the end of digestion (opp. Nux v.)

40. Mag sulph—(See No. 10)—Diabetes and warts (Thuja). Menses between the periods—every fortnight—discharge thick, black and profuse: Heat in one part of the body and chill in another. (Use low upto 3x)

41. Manganum—(See No. 24) Acts on the motor nervous system producing paralysis specially paraplegia. Impending phthisis with caries and necrosis.

Wandering rheumatic pain from joint to joint generally crosswise < touch, motion, night, cold damp weather. >

lying down—Pain in eyes from, sewing and reading fine prints (Ruta when gouty).

Sore throat with cutting pain when not swallowing and when swallowing stitches in both ears < coughing—always trying to clear the voice (Ars., Drosera, Phos., Puls., Sepia., Sang).

Dry, cough from talking or loud readings or scratching the ear canal (Kali-C.,-Sil) Plb. has paralysis of the lower extremities with colic and constipation. Mang. paralysis affects the lower limbs first and has no tremor—Thus differs from Mercury.

24. Medorrhinum—Time passes too slowly—can't keep still. Diseases of the spine and pelvis. Irritable, Impatient and peevish. Is in a great hurry (Lil-t)—Headache and diarrhoea from jarring of cars. Can only pass stool by leaning far back. The whole length of spine sore to touch (China., Sulph). Wants to be fanned all the time.

43. Merc Sol—In the primary stage of syphilis Merc sol 200 will shorten the disease.

Trembling, weakness, sweat, bad smell, u'ceration, suppuration < at night, from heat and cold—these constitute the features of Merc sol.

Desires milk and sweets which disagree. Milk comes up sour. Milk in breast in elderly boys—milk in the breast and pain in mammae instead of menses. Herpes and suppurating pustules running together with crusts, acrid discharges—Round coppery red spots shining through the skin.

44. Merc Cor—Lies on the back with knees drawn up—Taste salty or bitter. *Rigurgitation of food and drink through nose.*

Merc-c is Merc sol intensified. Syphilium is the proper antidote for syphilis and not mercury.

45. Merc Dulcis—Inflammation of the ear with stoppage of discharge and deafness. It is used as purgative in ix. Trit in repeated doses and 6x for children with green, excoriating, straining diarrhoea.

46. Merc. Proto-Iodide Tongue thickly coated yellow. Tips and edges red Kali B., Chel. Nat Phos Glands swollen and indurated. (right) Indurated right mammae with knots in axilla. Tubercular glands on the right side in cervix, axilla and groin. In Merc Bin Iod. axillary glands suppurate and there are syphilitic excisions, ulcerations and discharges from the—sexual organs—Affects the left side.

47. Murex Purpurea—Nymphomania (opp. Sepia). Acute pain in right side of the uterus extending upward to the left breast. Prolapsus with the kind of pain as described above. Pruritus with sexual excitement. Leucorrhœa green, bloody—alternating with mental symptoms and backache. Difficult menses < touch.

48. Mygale—Twitching of the facial muscles. Constant motion of the whole body—specially of arms and legs (right) motor centres paralysed.

49. Myrica—Nausea when food reaches throat.

50. M. B.—Bad Effects of M.B. Cured by Carbo veg and Lach.

51. Moschus—Croup in children after punishment.

52. Menses—Swelling of cheeks during menses—Graph., Phosph and Sepia.

53. Medorrhinum—most useful remedy in vomiting of pregnancy.

54. Morphia—To quiet the storm set up by being deprived of morphia—use Cham low.

## N

1 Nitric Acid 3x (“Epistaxis induced by crying”. Fetor from whole body. 1x for Rheumatic Headache. Belongs almost equally to all the three miasms. “Sticking pain as if from splinters—In the throat swallowing sets it up, in the anus the passage of the stool; in ulcers the touch of a dressing—” “Pain after stools”. Inveterate ill—will unmoved by apologies—”

2. Nuphar Lutca 3x—obstinate diarrhoea during morning.

3. Naja—3x—“30th for those hearing imaginary voices.” Jungle or Remittent fever—“Pains about heart extending to nape of neck, left shoulder and arm with anxiety and fear of death”.

4. Nicoli sulph 3x—Periodical Headache.

5. Nat Mur 6x—Periodical headache after menses. (a) Flow of tears with whooping cough (b) Effects of arg nit—local or otherwise are antidoted by Nat Mur. (c) Dryness of vagina with aversion to coitus (d) sweat on face while eating.

6. Nat Phos 3x—Carackling of joints.

7. Nymphoea Odorata—Used locally as an injection to stop leucorrhoea.

8. Nux moschata—“Tendency to fainting during or associated with evacuations.”

9. Niccolum—Cracking in cervical vertebrae on moving the head. “Must sit up and hold head with both hands with the cough”

10. Nat Sulph—If the sensory nerves of the bladder, are not stimulated by N. Sulph, the impulse to void urine



does not come to man's consciousness. "Cheerfulness after loose stools." "Nose-bleed before and during menses (not vicarious like Bry) a sycotic remedy (asthma is very frequently a sycotic manifestation.) "When boots are taken off at night, the ball of the great toe invariably itches—a symptom in Intermittents cured by N. Sulph" "Dreams of fighting."

11. Natrum Nitrosum (Trit. 6x)—copious liquid stools at night with faintness.

12. Nat Iodatum (6x Trit)—Chronic Pharyngitis and laryngitis.

13. Nat Hypochlorosum (6x Trit)—Sub-involution after confinement.

14. Nat Carb—"Jerking of hands on going to sleep." "Discharge of mucous after an embrace in woman and sterility as a result."

15. Naphthalinum.—(a) Drosera follows it well (b) Opacity of the lens (c) Incarcerated flatus in transverse colon causing cardiac distress (6x).

16. Nabalus—Susceptible to magnetism and to personal aura of others. "Only 3 stools in 12 days, hard and painful with prostration."

17. Negundo- $\theta$  affections of liver, bladder, uterus testes with haemorrhoids—1 drop,  $\theta$  daily—Best internal remedy for painful piles. (Mucuna urens, a specific against haemorrhoid diathesis. Locally apply a mixture of glycerine and Echinacea).

18. Nasal Polypus—Teucrium (b) Lemna Minor when nose is never clear, sense of smell poor, ozena and swollen turbinates.

19. Nat nit 2—gives wonderful results in Nose-Bleed.

20. Neuralgia (a) Apply with camel hair brush Oil of Peppermint. (b) Pass 5 or 10 drops—wonderful results.

21. Nux Juglans 12x—Cures styes in 48 hrs.

22. Narcissus—1 most obstinate Bronchial coughs.

23. Nocturnal Emissions—(a) Baryta c-6—followed by exhaustion and palpitation. (b) Thuja  $\theta$  controls Emissions > than any other drug. (Bed wetting also). (c) Eryngium aquaticum 1x.

24. Nausea—In the throat—Cyc, Phyt, stann. After surgical operation—Glon.

25. Nose bleed—(a) Inhale into the nose hot water or Camph or fumes of boiling vinegar. (b) apply ice to the root of nose or back of head or in cloth to genitals. (c) Put the feet in hot water to the knee. (d) Snuff “Ham Extract” sure cure.

26. Nat carb—This and Sepia are both the same as to mentality, (Indifference to society and business) but as regards dyspepsia Nat c. has fulness of abdomen and Sepia has goneness and emptiness. Generally it comes in to complement Sepia. “Obstinate cases of Sterility”.

The patient's walk in Nat Carb becomes unsteady, any obstruction causes him to fall. His ankles turn in when he attempts to walk. Such cases require a remedy not for the effects of the fall but to tone up the joints or muscles (Sulph, Caust., Nat M and Sulphur). Lyco acts on the instep and Nat c. on the heel.

It is one of the remedies for expelling moles or products of false conception. When labour pains are weak and are > rubbing, give Nat c.

N. B. Nat Sulph is useful for left hip-joint affections in Hydrogenoid constitutions <at night> when the patient turns over in bed.

27. Natrum ars—Copious discharge of watery fluid from the nose and yet the nasal passages seem stuffed up.

28. Neuralgias—Platina—gradual increase and decrease. Bell—Just the opposite—Caps <slightest draughts of air Verbas—Crushing pains <9 A. M. to 4 P. M. Ars alb—Needle like burning pains—Gnaphal—Neuralgia alt Numbness.

29. Nymphomania—Cann Ind., Verat-alb, Calc p, <before menses. Cauth: Violent desire must be satisfied—Private parts congested. Hyos—Exposes the private parts with lewd talks—Kali-br—with pruritus. Murex—Prolapsus with all sep. Symptoms except that it has desire for coitus. Plat—Numb genitals after labour. Raph—With sleeplessness. Zinc—>Menses.

30. Naja—It acts on the cerebro-spinal system, heart, pneumogastric and pharyngeal nerves. Cardiac asthma—can not lie down—Pain in left temple extending to occipit with nausea. Damaged heart after infectious diseases—Cardiac dry cough with sweating in palms.

31. Napthaline—Cataract. Exudation in retina. Opacity of the cornea. Sciatica (Coloc) with intense neuralgic pains, along the nerve and numbness, the whole trunk is affected <lying down, motion> sitting in a chair. Gouty pains in big toes.

32. Natrum Ars—Ars and Nat M. combined. Resembles Nat Mur more than Ars. It has an action on chronic catarrhal constitution, conjunctivitis, granular lids, rheumatism, sciatica and oedema.

Nervous restlessness, concentration difficult in the house > open air version to mental work—Easily frightened.

Hawks up mucous from posterior nares (Hyd, Kali bi.)

Herpes on lips—corners of mouth fissured and indurated. Aversion to milk, butter, vinegar < fat, meat and cigar smoking—Nausea for cold water.

Stool hurries him out of bed in the morning preceded by colic and relieved after stool. < after eating, after milk and during menses (Arum-m and Kreosote). Miners' asthma from coal dust.

33. Nat Carb—Patient < after vegetable or starchy food in dyspepsia—Old dyspeptics, always belching, having sour stomach and rheumatism. Acts on the nervous system and mucous membranes of the nose, eyes, stomach and liver. Unable to stand cold air, cold water, starchy food, milk and heat of the sun. The patient is chilly—Starts at the slamming of door, least noise or crackling of paper. Nose feels dry and stops at night. Nervous system in a fret. Music excites a tendency to suicide—much nasal mucous passes through the mouth—aversion to milk and diarrhoea therefrom.

Bad effects from a cold drink while overheated (Ars., and Puls.)

Flatus from vagina. Easy dislocation and spraining of ankle. Ulcers on the heel (on the instep Lyco.).

During sleep starts, twitches; vivid dreams; sexual excitement.

< During thunderstorm, gas light, sun's heat errors of diet—5 A. M.; 5 P. M.—11 A. M. and 11 P. M. > eating, motion, pressure, rubbing and mental exertion.

34. Nux vom—Whooping cough with vomiting, splitting headache (child holds its head); bleeding from eyes, nose and mouth—Drawing pain in back as if pulling by a string and in nape of neck (cervicobrachial neuralgia). "Spasms of the stomach due to taking food after fasting."

Stiff neck <morning and eating and touch (Caust., Bell., Agar.).

Phos. tends towards complete spinal paralysis; Nux v., partial paralysis. Pic-ac—throbbing occipital headache, congestion of spine, priapism—sexual excitement all symptoms > after sleep (opp. Lach). Nux intensifies the action of Sepia.

35. Nyctanthes (0-2x or 3x)—Bilious fever—thirst before and during chill and heat. Vomits at end of chill.

In intermittent fevers, sciatica and rheumatism, it is the sheet anchor of the ayurvedic system. It removes the constipation of children.

36. Nux vom—Feeling of icy coldness all through body can't get warm even in front of a radiator—shivering as soon as movement starts—Violent throbbing pain in forehead and nose <stooping, warm room—headache <slightest pressure—generally < mornings extreme irritability.

O

1. Oxydendron- $\theta$ —Dropsy.

2. Oxalic Acid 3x—Pain in and round about navel <eating with throat burning. "Pains in small spots—the left sided rheumatism is noteworthy a very left sided remedy." sharp pains through the lower lobe of the left lung. "Palpitation with irregular heart alt with aphonia."

3. Oleander 3x—Painless paralysis with swelling, burning and stiffness of fingers. "Headache > looking side ways."

4. Oxygenium—As a mouth wash in canker sores. "Uric Acid like ruby sand in urine—Oxy C. N." "Cough from dryness in upper larynx and tickling in throat pit."

5. Ovi Gallinae Pellicula—(Membrane of the shell of a Hen's egg). Retroversion of the uterus. Jerks on

going to sleep. Heat in sacrum and the rest of the body cool.

6. *Ornithogalum*—Great difficulty in going to sleep owing to a creepy sensation in limbs—"Cancer cases."

7. *Ocimum Canum*—Renal colic with violent vomiting every 15 mts. crying—Red urine with brick dust sediment after the attack.—"Vaginal prolapse, breasts very sensitive—pain on nursing."

8. *Opium*—"All complaints with sopor, painlessness—wanting nothing, complaining of nothing—an ulcer of the leg cured with no sensations. "In the asphyxia of new-born—*Opium* follows *Aconite*. "Complaints with sweat"

9. *Oophorinum*—Complaints following excision of ovaries.

10. *Onosmodium*—Headache < in the dark ; felt as if treading on cotton—consequences of sexual excess.

11. *Oleum Jecoris aseleum*—"Sciatica with atrophy of affected limb". *Fistula* and abscesses round joints" "Fever < evening with burning in palms."

12. *Olive oil*—*Petroleum* and *olive oil* equal parts is as effective for head lice as *sabadilla* vinegar.

13. *Origanum major 0*—For masturbation. (b) For bad effects in males. *Staph* (c) In females *Platina*.

14. *Ozaena*—"Ammon Brom and Nat Mur" ; "Kali Bich and Merc B". "Petrol and Sepia ; "Kali Bich and Kali Carb." Of all remedies *Arg nit* in varying attenuations—has survived as the fittest. Try *Aur Mur* and *Oleum Jec*, *Aur Mur*, *Morn* and *Eve* and *Oleum* 5 drops salted, after meals and if it does not master the case follow with *Lemna* 3x or *Skook* 3x or with *Calc fluor* or perhaps with *Psorin* 200 once a week.

15. *Olive oil* and *Onion*—(a) anoint with *olive oil* hot, several times a day (*Infant's ailments*). (b) *Earache*—

Wrap a little black pepper in raw Cotton, saturate the cotton with sweet oil and insert. Instant relief. (c) Ague :— Bind to the feet and wrists for several days raw onion pulp. (d) Obstruction of Urine—apply raw onion pulp to the region of the bladder or sit 20 mts. upon a chamber vessel containing bruised onions steeping in hot water. (e) Falling of Hair :—apply onion juice to the scalp twice a week. (f) Painful Piles—Raw onion pulp.

16. *Ocimum Sanctum* (tulshi) 3x-6x—The leaf juice poured into the ear is a first rate remedy for earache. (b) An infusion of the leaves acts well in malaria. (c) The plant drives away mosquitoes. (d) It is of great value when lochia is offensive and profuse. (e) It controls wind, diarrhoea, cough, asthma > bending forward and supporting the head with hands. (f) Renal colic with haemorrhage (right), brick red and bloody sediment. (g) Influenza—Hay fever with diarrhoea : stools watery green, yellow, sour or foetid ; fever at 3 P. M. with sneezing, aching and typhoid in rainy season ; Hiccough. (h) Snuff of Tulsi leaves well grounded will cure headache and excitement in insanity.

17. *Onosmodium*—Feeling of tension in eyes when straining to read fine print. Dull heavy pain in balls. Migraine from eye strain and sexual weakness. Sexual desire gone in females. < motion, jar.

18. *Ozaena* and *Polypus Duodenal* ulcer.—(Desire completely destroyed—onosmod c. m. one dose)—Nothing better than Cadmium Sulph.

## P

1. *Phytolacca*—In obstinate chronic constipation it might act like magic.

2. *Ptelea Trifoliata*—enlargement of liver < lying left side. "Cures frontal headache when other medicines fail"

3. Tr Phytolacca + Tr. Gels (20 drops each) (see No. 1.)—Acute diphtheria, for bubo in the forming stage give Tr. Phyto. For fatty tumour and evening chills followed by morning sore throat—give *Phytθ*. ”

Tr. phyto plus Tr. Ech. scarlet fever.

4. Phosph 6x—Deafness to human voice, anaemia due to radium abuse requires Phosph. “Abuse of onions.”

5. Physostigma 3x—Acquired myopia—Amiblyopia from alcohol or tobacco.

6. *P. unus Spinosa* 1x—severe pain in eye ball.

7. Podophyllin 6x—Pain in right ovary, running down the right thigh “Podo 12 —children’s constipation when all else fails.”

8. *Polygonum Punctatum* 1x—Haemorrhoids with itching.

9. Pyrogen—“All cases of fever commencing with pain in the limbs—” “clears up recurring abscesses”.—W. R. Leonard.

10. Puls—(a) Soft stools and a passive diarrhoea without colic which seems to ease the patient rather than weaken him and continues for an indefinite period, e. g. in pthysical patients. (b) Pains in the parts not lain on but on changing position break out in the parts on which one has been just lying.

11. *Ptelea Trifoliata* (see No. 2)—Alternations: (a) Nervous pains alternating from left arm to left temple. (b) Liveliness x sadness. (c) Gastric symptoms x Difficulty of breathing. Headache with hunger on awaking may prove a keynote.

12. *Psorinum*.—Exceedingly chilly but Sulphur predominantly hot. “Despair of recovery.” “Headache pre-



ceded by dimness of vision." "Feels unusually well day before attack."

13. Prunus Virginiana—Persistent coughs in winter <night on lying down.

14. Populus Candicans.—Finger ends insensible to pinching and pricking.

15. Podo (see No 7).—"Can lie comfortably only on stomach—early pregnancy—a peculiar symptom". "Headache in winter alt diarrhoea in summer." "Diarrhoea with other affections." "Loquacity during chill and heat." "Burning tongue". "Biliousness after mercurialisation".

16. Platinum—"Sense of proportion lost in both ocular and mental vision." "Impuse to kill with a knife." "Impulse to Sodomy" "Nymphomania < Purperal state— [Platina is haughty, Lyco is imperious and Ipecac is contemptuous.]

17. Plumb Met—"Women workers with lead often abort; women who do not work with lead but whose husbands do abort even in greater proportion" "Marsh Intermittent:—quotidian or double tertian type esp. when splenic region is sensitive" "Severe pain in abdomen and finally a large hard swelling, developed in ileo-caecal region—very sensitive." Inclination to take strangest positions in bed.

18. Plantago—In neuralgias paint the suffering part with tinct. Ext with signal relief. "Toothache with salivation."

19. Piperazinum—Successful in renal colic clears up glaucoma. 1 grain daily in carbonated water for 3 weeks.

20. Pinus Lambertiana—produces abortion in pregnancy.

21. Picric Acid—"Unable to hold pen or pencil in consequence of strenuous typing." "Breaking down under the strain of studies—loss of appetite—lies awake a long time at night. "To the spinal congestion must be attributed the remarkable disturbance in the sexual sphere; Priapism; penis distended almost to bursting amorous fancies."

22. Phyto (see Nos. 1 and 3)—Regulates any abnormality, in the cow's milk—thick, watery, curdy, containing blood or pus. Headache with increased sense of hearing." "Pain in intestines alt pain in extremities."

23. Physostigma (No. 5)—Muscular prostration with any affection." "Dread of cold water". "A paralytic state of mind and body with grief".

24. Phosphorous—Remedies the effects of excessive salt-eating. In pregnancy vomiting due to sight of water. "Appetite of Phosph is remarkable—must eat often or he faints." Proctalgia at every menstrual period." "Leucorrhoea causes blisters" "Impotence from over-indulgence or celibacy." Stomach or liver cough < eating. "Blindness from a lightning stroke." Do not forget it the night before a major operation.

25. Phosphoric Acid—Sensation as if the feet were rising until he stood on his head(Phosph, sensation as if the chair he was sitting on was rising). "In case of debility, the phosphoric acid patient is rested by a short sleep. The polyuria, dry mouth and throat point it out in diabetics. "White milky urine and white stools."

26. Phellandrium—"Pain in right lung and T. B. of right lung". "Pain in the lactiferous tubes between the acts of nursing. "Cough continuous and suffocating, the sputa horribly offensive. Universal cough remedy". "Desires for acids", "abnormal sleepiness following confinement,"

27. *Petroleum*—"Falling out of the hair". "Skin and mind irritable" An illusion that there is another person in bed.
28. *Pediculus*—"Eagerness and aptitude for study and work" "Very useful in child diseases, colic, diarrhoea, Hair falling, Psora affections of skin and stammering.
29. *Paris Quad*—"vivacity, loquacity and Insanity". Right side cold and left hot. Generally a left sided remedy. "Disorder of the sense of touch—objects seem rough."
30. *Parietaria*—Dream of being buried alive in the midst of ruins".
31. *Paraffin Ex trit*—Constipation with uterine troubles. used as a liniment for swollen joints. "Pain in stomach also pain in throat and spine."
32. *Paeonia off*—A small ulcer on perinium near anus constantly oozing very offensive moisture. Right side more affected than the left.
33. *Potassium Salts*.—Very much needed in old age. *Kali Phos* greatest brain tonic. It antidotes allopathic drugging—*Kali Mur* is a great antipsoric as *Sulphur*.
34. *Placenta retained*—Without symptoms *Sepia* after abortion and *Puls.* after labour.
35. *Pain*—"It is the prayer of a nerve for healthy blood. Pain before urinating—*Borax* Pain during urination—*Canth* Pain after urination—*Sarsa*.
36. *Palladium*—Pain across "top of head from ear to ear ; worse after an evening's entertainment.
37. *Plague*—(a) *Rhus Tox* 1000 and *Bell* 1000 very highly recommended for all sorts of plague 1st every 2 hrs and then every 4 hours the latter for delirium, suffused eyes, burning, photophobia etc and the former for diarrhoea or

constipation backache, pain all over etc. The evening temperature is a degree higher than the morning one. 7th day is the critical day. Locally Tr. Iodine double strength. (b) Potass Iod 180 gns. Potass Iod Chlorate 180 gns.—To be powdered well and put into an empty bottle and well shaken for 5 mts. Hereafter put therein pure Hydrochloric acid 3 oz. and keep the bottle in a cool place for 10 days. Filter off the liquid portion and the ingredients that have settled down at the bottom should be weighed. Now these + 20 times light blue electricity (chromopathy) should be well shaken together.

This would serve as the best plague curative and preventive (5 mms in a teaspoonful of water as a preventive and 15 to 40 mms every 2 or 3 hrs. as the case may be for curative purposes.)

1. Buboninum 200—Multiple abscesses; swollen glands with fever.

2. Ign 30—Fright, tremor and nervous preponderance.

3. Pyro-200 Septic state; lowers high temperature, offensive diarrhoea; sometimes constipated.

4. Anthrax—Terrible burning.

5. Naja 3x In Trit—last stage pulseless, respiration suspended; left side cold first and then right Heart affected.

6. Lachesis—Tongue protruded, trembling; intolerant to touch; foetid bloody stools; talkative; throbbing in the anus; swallowing of liquids difficult.

7. Crotalus: Swelling of the tongue, mostly twice the normal size; loss of speech all the orifices bleeding.

8. Ant Tart: Desire for drinks but they excite vomiting, after which drowsiness; scanty urine < 3 A.M. vomits till, he faints; profuse sweat over the whole body and chest, cramps in calves.

9. Rhus Tox: Distension of abdomen with pain, stools involuntary and offensive.

10. Baptisia: Can only swallow water (all other Bap. symptoms to be noted)

11. Muriatic X—Headache as if brain were torn; sordes on teeth, foetid breath; nose, gums etc. bleeding; involuntary putrid discharges, excessive prostration—

12. Carbolic Acid, Nephritic type—scanty urine, high coloured—blackish or black almost, collapse, rapid destruction.

13. Kali Phos: Left tonsil sore and the left sub-maxillary glands swollen; mouth odour offensive—Bitter vomiting or that of blood.

14. Phosph: Pneumonic variety.

15. Ars alb: as in general when the drug symptoms are present.

16. Stram: Unconscious snoring; Twitching of hands and feet <right side; coagulated blood from the anus; Dribbling of urine or suppressed—breathing difficult.

17. Merc Cyanatus: Bleeding from nose, bowels—collapse (nephritic type with urine diminished or blood or albumen present in urine) Tonsillar and cervical types mostly).

18. Apium virus: Nephritic type—Frequent urination or a few drops, screaming.

Bell—Merc, Merc Bin Iod, Merc P Iodide, Phytolacca, Opium, Carbo animalis, Badiaga, Carbo veg, Hep S and Silicea all to symptoms.

38. Phosphorous-(Potencises—varying) Decay or Necrosis of the lower jaw in workers of the match factories—Caries of the osseous system in general—

39. Plumb Iod 30—Appendical inflammation and pain.

N.B. Psorinum is a great preventive for repeated attacks of appendicitis. "Iris Tenax—3x most specific and as a routine remedy."

In septic appendicitis—Each.  $\theta$  or 3x acts brilliantly.

40. Passiflora (Excellent for sciatica—5 to 10 mms—3hrs) as a local application acts promptly in Erysipelas. For recurrence, give Graph 30 morning and evening. Repeat this every 3 months "until a year has passed since the attack. 60 mms. at bed time. restore sleep. Repeat if necessary.

41. Pothos  $\theta$ —10 drops—3 times a day in obstinate Hysterical affections (Aur. Mur. nat 3 for those with uterine troubles. In globus Hystericus Nux mosch 3x. During attack, a drop of Rubinis' camphor on sugar every 5 or 10 mts. is invaluable).

42. Plumbum alt Opium—For Intestinal obstruction.

43. Polygonum sag 2x—3 doses generally necessary for Renal colic (Boger) Calc Ren 2x acts as Calculus preventive.

Cad sulph acts very well in the backache of nephritis.

44. Plumbum Phos—For locomotor ataxia.

(b) Angustra Ver 6 also recommended (Dr O' Connor.

45. Pilocarpine Mur 3x—A big shot in Mumps.

46. Pain—(Chest)—Dry cupping. (b) In Locomotor, ataxia—Thallium (c) In stomach—Eucalyptus fluid extract—teaspoonful doses in milk—before meals.

47. Palpitation—Put upon the heart or still better upon the abdomen a piece of linen soaked in cold water. Instant relief—

48. Paralysis Agitans (a) Hyos. Hydrobrom 3x and Tarentula.

(b) Infantile—Lathyrus.

(c) Of the Pharynx—Diphtherinum.

(d) Of muscles of deglution—Cocaine 200

(e) Of Optic Nerve—Kali silicum.

49. Peritonitis : Merc Cor better than Bry. Echinace in high potency helps the chronic effects.

(b) Pelvic—Natrum Salicylicum 2x—more specially when the urine is diminished.

50. Pneumonia : When ushered in with vomiting—apomorphia—2x.

(b) Crisis—Cactus Grand drops of  $\theta$

(c) Bry 6x and Phosph 6x alt. save apparently hopeless cases—

51. Pruritus Pudendi—Lapis albus 200 (when intense, give antipyrine 2x).

52. Purgative—sugar of milk—adult 3 teaspoonfuls in half tea cup of hot milk or hot water—one hour before breakfast—move the bowels in 2 hours.

53. Polygonum Sag 2x—Favourite of Dr. Boger in Renalcolic.

54. Phytolacca Tinct + Actea Rac tinct.—Equal parts—5 drop doses every 2 hrs 6 usually cure in 24 hrs. tonsillitis and acute pharyngitis.

(Baryta Iod and Guaicum 3x—highly spoken of in Tonsillitis).

55. Prunus Spinosa  $\theta$  Pain in eyes without any other symptom.

56. Phelland q. 3 Falling asleep when engaged in anything.

57. Pulse : Almost Imperceptible—Ars, Carbo veg, Verat alb Thready—Dig, Hell., Verat alb.

Irregular. ars, Cic, Cimi, Cactus, Dig, Mur Ac, Merc C, Nat M, Nit X, Pass  $\theta$  Phos and Secale.

Intermittent—every 3rd beat—Dig, Mur acid. Every 4th beat. Nit X.

Every 5th or 7th beat—Dig.

Three beats of the pulse to one throb of the heart action—Acon.

Rapid, hard, full, bounding—Acon, Bell, Verat alb. Rapid and weak Iod and Phosph.

Slow and Weak—Adon v, Cann I, Cicuta, Dig, Kalm, Laur, Secale and Zincum.

Slow & Irregular—Dig, Laur, Verat alb. Slow pulse yet rapid heart action—Glon.

Weak pulse—Cactus  $\theta$  5 drops.

Fluttering—Cup ars, laur, stram.

Trembling—Hell, Tart Em.

Vanishing when pressed—Cocaine 2x.

58. Polypus : In the ear, nose or Osuteri—Calc C & Phos—Thuja Int & Ext. Nasal especially. Lemna M 3x or Teucr.

59. Pulsation Iod, Selen, Glonoine, Nat Mur—in arteries.

60. Pus Preventive : Cham  $\theta$  Hep. Iod, Merc & sil.

61. Paralysis—With coldness, numbness tingling—Acon—  
with tingling—Cann I and Staph. with cold—Rhus T, sulph and Caust.

62. Pinus sylvestris—Emaciation of the lower extremities with tardiness in learning to walk.



63. Phlegm on the chest. (a) Children. Ant c & Tart, Cham, Bell, Calc c, Ipecac and Phosph.

(b) Purulent sputum—Lyco, Sulph, Phosph, Balsam of Peru.

(c) Asthma from mucus—Hepar, Scilla & yerba Santa.

(d) Profuse, gray, greenish, offensive Sputa—Copaiva.

(e) Pus with pain at 3rd cartilage—rt. or left. Illium. Pain at left 3rd cartilage—Fix tix.

(f) Copious sputa, emaciation and night sweat—Myosotis.

64. Paralysis (See No 61) Nat Mur.—Arm loses power after a fit of anger.

Stann—Left-sided with sweat of the affected parts.

Staph—One sided from anger.

65. Punarnava (Mother Tincture)  $\theta$  and IX (Indian drug) (a) Acts best when the dropsical condition is associated with healthy kidneys as in Kala-azar or ascites caused by dysentric conditions—(b) Grand medicine for dog-bites and scorpion bites both internally and externally. (c) Acts as a specific in Beri-Beri, and Epidemic Dropsy—urinary troubles especially scanty or suppressed.

66. Prolapsus of the Uterus—Lies with the knees drawn up. Sore feeling at the fundus of uterus > pressure = Abies Can. (1).

(2) Lil-t.—Presses upwards or supports the abdominal walls.

(3) Murex—must sit down and cross thighs to prevent prolapsus with sexual desire.

(4) Sep—as in Murex but without sexual desire.

(5) Nat-M—must sit down—abdominal weakness.

(6) Stann—With weak gone feeling in chest.

67. Palladium—Take away self-conceit and self-esteem from Platina—it looks like Palladium. Ovarian pain, shooting down the right thigh with frequent micturition (apis, Act-r), prolapsus. Induration of the right ovary with pain shooting upto breast—and down to pelvis on the right side. In displacement of uterus—Constant pain in back and hips <standing> lying down neuralgia of the right ovary.

Leucorrhoea—transparent—jellylike <before and after menses (Helon-Lil-t).

68. Pareira Brava—must get down on all fours to urinate—violent pains in glans penis—Urine contains white mucus or red sand. Pain down the thighs on attempting to urinate.

69. Phosphoric Acid—Night sweats towards morning—Hair prematurely gray—fall off. Painless, odourless, copious diarrhoea non-debilitating (Podo—has yellow stool, Gratiola—green) Erection with desire <morning—During coition—sudden relaxation of penis, preventing emission—weakness after coition.

Amenorrhoea—Dysmenorrhoea with pain in liver—Menses too early, too long—

Remember that the characteristics of lungs are found elsewhere in milky urine, profuse white diarrhoea; in mind, indifference.

Burning and weak feeling in chest from coughing, talking (stan), sitting too long, relieved by walking—Loud rattling in chest without cough> when diarrhoea sets in—

Weak feeling in chest from talking (Stann., Phos., Sep., Tub., Nat-s., Kali -c)

Brain fag and weakness are followed by chest weakness, milky urine, diarrhoea continuing and bringing on phthisis.

Limbs.—Wens(sebaceous cysts) on the hand between metacarpal bones. Paralytic feeling in hip-joint > after walking for a while and ulcers on lower legs with watery offensive discharge—Pains in tibia at night. Cold hands and warm feet—Neurosis in stump after amputation (all-C). Itching between fingers or on hands—Typhoid eruptions degenerate into large blisters and leave surface excoriated.

70. Platina—Pains increase and decrease slowly like Stan. Menses too early, too profuse, too long lasting, clotted blood, offensive, burning on the first day of menses—“Stool adheres to the anus like clay.”

Nymphomania due to suppressed menses (Hyos.) or in lying in women—Tigling or tickling from genitals up into abdomen. Excessive sexual desire in virgins—Faints during intercourse (genitals sensitive).

71. Pyrogen—When Bap. though indicated fails to relieve the stool or temperature ( $106^{\circ}$ ) in typhoid. All discharges are horribly offensive. Restlessness > motion—< cold, damp weather. Can not tell whether dreaming while awake or asleep (Calad.) Taste sweetish; terribly fetid. Fever at each menstrual period consequent on latent pelvic inflammation violent burning in abscesses (ars. anthr., Tarent-c.)

72. Puerperal Fever—Sulph : High temperature, steaming, body covered with sweat, mind dazed and sensitive abdomen.

Lyco : Hot sweat, rigor in succession—

Pyro : abnormal temperature in relation to pulse, frequent shaking, chilliness.

Ferr : Purple colour of the body, cold sweat all over, remittent or Intermittent chill with thirst during chill, face red—

**Puls** : One side of the body hot and the other cold, tearful women, trembling with fear, nervous excitement, restlessness.

**N. B.** Douche of permanganate of potash or calendula lotion twice daily is essential.

**Psorin** : Foul odour.

**Bry** : Spare, bilious, rheumatic with diseases of serous membrane—Peritoneum affected.

**Caust** : Burning soreness, not itching like Sulph.

**Bell** : When the disease assumes a typhoid type and cerebral symptoms are present.

**Hyoscy** : For convulsions.

**Rhus T.** : Typhoid symptoms, fetid diarrhoea.

When all these fail—Jahr says that a dose of Sulph followed by a dose of Nux V acts like magic.

**Opium** : Due to fright—over excitement of senses, stupor and fetid discharges.

**Kali C** : Fever attended with too great exhaustion—too weak to answer questions.

**Pencillin**—For skin lesions after pencillin, give Sulph.

**Pulsatilla**—Extreme heat, Burning of feet—so hot and burning that they are thrust out of bed to cool (Medorrhinum, Puls and Sulph.)—Patient depressed and weepy, refuses fat—nausea after rich food. (A discharging ear after measles. right ear perforated—child covers all the time—wants a lot of fuss made of him).

## Q

1. **Quercus**—(a) Varicose veins originating in enlarged spleen, left by typhoid fever. (b) It diminishes the craving for liquor and antidotes the alcoholic state.

(c) Deafness with noises in the head due to alcoholism.

2. **Querbracho**—10 to 15 drops for Emphysema—

## R

1. *Ranunculus Bulb*—(a) Blueness of vesicles and horny scabs—(b) In the lower ribs “Hypochondria” painful as if bruised—(c) “Cold-water” feeling (d) <Touch, Pressure (consequence of falls); change of temperature, motion, evening, morning and cold air—In mother tinct. it arrests “Herpes Zoster.”

2. *Ran Ficaria*—Internally and externally for piles in tinct. When there is a bunch of Haemorrhoids.

3. *Ran Sceleratus* (3rd potency)—Highly useful in acute attacks of gout—also painful corns. Right big toe affected.

4. *Rhus venenata* 3x—Erysipelas—Int. and Ext. in tinct. cures itching, burning and chilblains. “Pain between the shoulders on swallowing food.”

5. *Rhus aromatica*  $\theta$ —Dysentery—bloody stools and flooding of the womb. Kidney and bladder haemorrhages. (b) Cures incontinence of urine and Diabetes Insipidus.

6. *Rhus Glabra*— $\theta$  spongy gums, appetite poor—diarrhoea-bloated abdomen.

7. *Ratanhia lx.*—Pterygium. “Pain in the middle of forehead as if brain would fall out—a similar pain after stool”. “Toothache and tasteless water in mouth during pregnancy”. “Cures nearly every case of pin-worms with great itching in the rectum <morning, evening and night.

8. *Rhododendron*—Testicles feel crushed and swollen with pains extending to thighs and abdomen. “Sensitive to electric changes—storm, wet weather etc. (b) Formication with sweat. (c) Both sides affected (d) Symptoms alternate—left and right nostril; chilliness and heat etc. One pupil dilated and the other contracted. (e) In case of flatulent indigestion flatus is sometimes felt in the back.

9. *Rhamnus Catharticus*—In doses of a few drops in tinct. a useful palliative in cases of constipation.

10. *Rheum*—Shivering with stools.

11. *Rubia Tinctorum*  $\theta$ —10 drop doses for splenic anaemia.

12. *Rumex Crisp*—Pressure in the pit of stomach—pains in the left chest (b) Lump in the throat not > by hawking or swallowing (c) Eructations after meals.

13. *Ruta*—Constipation from impaction of Faeces due to mechanical injuries—“Sensation of nausea located in the rectum—” Peculiar sensation “One of the most frequently indicated remedies for asthenopia.” 30th for tendency to deposits, lumps and nodules—”

14. *Rhus Tox Urticaria* > sweat 3rd potency chiefly for Beri Beri.

15. *Rumex C*—(No 12) After midnight, loud barking cough and hoarseness which continues for an hour or longer with sneezing during and at the end of the Paroxysm. The nose runs water and there are 2 or 3 attacks between 1 to 7 A. M.

16. *Radium Brom 30*—Arthritic Deformans— Bone affection Tubercular.”

17. *Rhus alt Mezereum*.—sufficient to relieve pain, itching, neurasthenic pain. This course shortens the duration of Herpes Zoster.

18. *Ranwolfia Serpentina*  $\theta$ —1 dram dose twice daily for insanity (Indian drug).

19. Rectum—Agonising pain—Ign 30 every  $\frac{1}{2}$  hour until relief’.

(b) Intolerable itching and burning- Sang Nit.

20. Rheumatism—(a) Locally Ichthyol—one part — 4 parts vaseline over the affected parts which have been washed in soap and tepid water—Renew every 24 hr.

(b) Gaultheria oil tablets—2 tablet thrice daily.

(c) Stellaria—2x—2 drops every 3 hrs. with external application in  $\theta$  (chronic)

(d) Deltoid—Urtica Urens—10 drops of  $\theta$  once or twice a day.

(e) Eat absolutely nothing and drink only lemonade and all rheumatism, acute or chronic, will vanish in from 5 to 20 days—

(f) I have the first case yet to see of acute rheumatism not yielding to salicin. Suspend 4 dms of the same in 8 oz of hot water and adult take 1 oz of the solution every three hrs. until all taken; then prepare fresh and take an oz every 3 hrs for 48 hrs. then  $\frac{1}{4}$ th of an oz thrice daily until entirely well.

Salicylic (Acid), a compress saturated with a 10% solution was applied to the joint affected and covered with oil silk, next day the pain and swelling vanish and power of motion restored.

(g) Tinct cimicifuga—1 to 2 dms—Eminently curative in acute rheumatism specially when located in the neck back, chest, hip, ovary or uterus. After free sweat rapid permanent cure ensues.

(h) Ledum  $\theta$  and Rhodo  $\theta$  alternately 3 drops in water every 3 hrs. Cures obstinate case in joints. It may take weeks or even months to effect the cure.

(i) Mag C & Sang—Rheumatism of the right shoulder -pains <long-walk> warmth & <in bed.

Nux mosch-Rheumatism of the left shoulder.

21. Ranwolfia serpentina  $\theta$  (Indian drug) Insanity with violent symptoms—High blood pressure.

22. Ran-Bulb—Bad effects of alcoholic Beverages—Bruised feeling over the body < evening, after eating, change of temperature. Stitching after Bry has failed—Burning in cardiac orifice of stomach.

23. Rhododendron—Hydrocele in boys. Testes drawn up, swollen & painful Cysts in vagina (Syph., Kreosote). Can not sleep unless legs are crossed.

24. Rhus Tox—"Cough during chill—cough before chill". "Wants to drown himself yet there is fear of death".

"Eruptions on the head suppurating, moist, forming thick crusts; offensive, itching at night; Hair is eaten off".

"Nosebleed at night, morning when stooping—at stool or exertion—also in remittent fever."

"Cough on exposing hands out of bed clothes—Hep."

25. Rumex—In advanced stages of Phthisis it is a great palliative like Puls., Seneg., Ars., Nux v, Lyco., Pyrog., Arn., Tarentula C. Arnica relieves the bruised feeling—Failing Arnica, Pyro—Comes in—Tarentula relieves dyspncea due to short space in the lungs. Acetic ac and Ferr. relieve the diarrhoea. (But the diarrhoea and sweat should not be interfered with as their stoppage hastens the End).

26. Rau Bulb 10m—Two or three doses clear up shingles.

27. Ruta—Rheumatism associated with gall-bladder.

## S

1. "Sleeplessness"—A raw onion eaten just before going to bed is a popular remedy.

2. Strychninum 3x—Persistent cough after influenza.



3. Salt in Medicine—(a) A teaspoonful taken dry often arrests sudden hæmoptysis. (b) Shake common salt in a bottle to make a saturated solution. Allow it to settle for a day, decant the solution and a drop put into each eye removes the pain of the scorpion sting instantaneously. (c) for diarrhoea and dysentery, lemon juice with salt every 2 hrs (d) a teaspoonful of salt + a teaspoonful of pulverized castile soap + a teaspoonful of turpentine oil—mix into a poultice and apply to *the felon*. (e) salt placed on the tongue acts admirably in fits, apoplexy and convulsions. (f) Half fill a bottle with common salt ; add good brandy till nearly full. Shake it well and allow to settle. Bathe the affected part in bruises and sprains with a soft linen cloth (g) common salt + alum pulverized both equal quantity. Wet a small piece of cotton and cause the mixture to adhere to it—place in the hollow tooth, a sensation of cold will be first produced, which will gradually subside and with it the tormenting toothache.

4. Sepia—2 Neuralgia—(4x) at Menopause. (6x) Irregularity of circulation (feet cold, hands warm and *vice versa*) ; Fetor from axilla. In whooping cough when it has lasted 8 weeks or longer, proxysms though reduced in number and virulence do appear before midnight. “Her- ing is reported to have said that all prone to abortion should take Sepia and Zincum.” It has cured uterine dyspepsia as well as dyspepsia from injury by overlifting. The upward direction of the Sepia symptoms is a keynote. On the other hand night sweat proceeds from above downward. “Easy sweat on walking about”. “Menstrual pain > running, dancing, jumping etc. i. e. by violent motion” Dr. F. H. Lutze.

5. Sticta 1x—Rheumatic swelling of joints. (θ) cough after measles and influenza.

6. *Scutellaria* 2x—Chorea ; chronic sun-stroke. "Sleeplessness during pregnancy" $\theta$ —60 mms every 2 hrs for severe Hiccough.

7. Salicylic x—2x Prostration after influenza.

8. Salicylate of soda 3x—Deafness with noises in the ear.

9. *Sanguinaria*  $\theta$ —Spasmodic cough after influenza (gastric origin) > Eructations.

10. *Staphysagria* 1x—Costiveness with itching at anus—"Parasites on genitals". H. A. Roberts ( $\theta$  or 6x) frequent urination during pregnancy.

11. *Scrofularia nod*  $\theta$ —Nodes in breasts.

12. *Senecio* 1x—Anaemic dysmenorrhoea or otherwise, a female regulator all round— $\theta$  sickly after delivery.

13. *Sanatonine* 1x—Colour Blindness.

14. Saw Palmetto  $\theta$  Frigidity (absence of sexual desire in women).

15. *Stramonium*—Catalepsy due to religious mania. Various fears, of water, strong light, fear of doing things wrong and of being scolded.

16. *Solanum Cardinense*  $\theta$ —Epilepsy at or near menses.

17. Tinct Sumbul + Tinct Gels. (4 mms each in a teaspoonful of water).—Restores breathing in asthma.

18. *Stannum*—Tongue yellow secretions yellow—constipation on days following rest. "Weakness and aching of deltoid and arms <singing or using the voice".

19. *Spigelia*—Pains out—pressing from within outward and below upwards. "Foetid breath and foetid flatus". "Nausea during pregnancy with fear of pointed things". Silico has this symptom but she hunts for pointed things.

20. *Solidago* 3x—Pains extending from kidneys to abdomen, bladder and down limbs, other affections with these symptoms. "Swelling of the lower limbs with itching and "vesicles"  $\theta$  a few drops thrice daily replaces catheter.

21. *Solanum Tuberosum*.  $\theta$ —Tumours all round the cervix uteri—*Urt Urens* finishes the cure.

22. *Silphium*.— $\theta$  "Cancer of throat and mouth" Goneness is the great keynote.

23. *Silica Marina* 3—Cures gonorrhoea with many previous attacks. Very useful for habitual constipation.

24. *Silica*—Bloody discharges from vagina every time the child takes the breast. "Constipation before and during menses with cold feet." *L. Vomier*.

25. *Scolopendra*—(Centipede). "No sweat of the right arm for 3 months".

26. *Staphysagria*—See No. 10.  $\theta$ -3 drops in 2 oz of water a teaspoon-ful every 2 hours in case of night sweats in consumptives. "Constant urging to urinate in young married women" < Coition. "Bad effects of tobacco—Smoke"

27. *Scilla Maritima*—"Tears with cough." "Black teeth", "one eye large and one small—*Scilla* 1m."

28. *Sarsa*—"Colic and dysuria in infant with passage of sand". "Moist eruption in right groin before menses."

29. *Sarracenia*—It is to small pox what *Gel*—is to bilious fever.

30. *Sanicula*.—"Causes premature closing of sutures and fontanellis prior to birth". "Jumps from one subject to another—no stability of purpose". "Vomiting of children soon after nursing." "Cold sensation in lumbar and sacral region." "It is the chronic of Cham. stools turns green on standing". "Least word upsets her."

31. Sacch off—Corneal opacities cured in 10 m and c.m. potencies. “Craving for sugar.”

32. Sabina—“Bloody discharges between the periods with sexual excitement.” “Music intolerable.” “Heels painful.”

33. Sabal serrulata—Specific in iritis when the prostate gland (the male analogue of the uterus) is involved. Cures enlarged glands when catheter has to be used. “Bloody urine for 6 months cured.” “Restores the size and the secreting power of the mammary glands.”

34. Sulphur  $\theta$ alt Merc c 3x at short intervals.—Prostate glands inflamed. (Heavy pain in the perineum extending down to rectum. Bowels not relieved; unable to sit; Bladder irritated; suppuration not an uncommon symptom). This alternation is useful for stricture as well.

35. Small-pox—After the exanthem is fully out (suppurative stage or otherwise), commence with variolin but if no speedy action follows, give Sulphur. Jahr gives Camphor when swelling suddenly sinks and pustules dry up. “Carb-acid 1x—given immediately after the eruption cuts short the course—Pustules dry up.” “Kali sulph removes scales.” “Malignant throat symptoms variolin and Muriatic Acid.”

36. Sang and Chelid M.—In Hemicrania they are very similar :—(a) Both extend from the occipit to the forehead over the right eye. (b) <Morning (c) Both periodical and irritable. But—Chelid> eating Sang <eating low-spirited cross. Taste Normal. Bitter (Chelid patient longs for acids but both dislike nitrogenous food)

37. Staphysagria (No. 26)—In mortification from unkind words, in grief from the haughtiness of others—it acts promptly. “Injury of sexual organs”.

38. Sarcolactic acid (6 to 30th)—Most violent form of Epidemic Influenza with violent vomiting and retching and great prostration when Ars. has failed.

39. Spongia cough <sweets (Zincum) > external cold and Internal heat (Hot things agreeable) "θ for all skin affections 2 drops a dose".

40. Squinting—Gels any side—Caust left side.

41. Sulph Iod 2x very efficacious for Barber's itch. "For Grocers' itch Bovista 3"

42. Strontia Carb 6x Trit—For collapse after operation.

43. Sugar of Milk—3 teaspoonfuls in  $\frac{1}{2}$  tea cup of hot water moves the bowels in 2 hours.

44. Salvia θ—20 mms in water—action in 2 hrs. acts favourably in consumptives cough. (b) Chronic cough of Tubercular patients. Teuri Scor.

45. Senega—Promotes the absorption of fragments of the lens after cataract operation.

46. Slag 3x—For flatulent distension and oppressive feeling about the heart (5 gns twice or thrice, daily. Dr. Clarke) a magical cure for dreadful itching piles with constipation also for Housemaids' knee.

47. Sepia (No 4)—Controls the falling of hair. Used both locally and internally. It encourages growth over thin or bald patches (Aloes 6 does the same in adults). Sepia 30 water hanging to the end of the nose.

48. Sabadilla—Best for imaginary ailments of various kinds.

49. Sanicula—Nausea from riding in a carriage.

50. Sang Nit 3x—Anchor of salvation in Follicular Pharyngitis.

51. Skin Diseases :—(a) Radium—Brom—chronic cases. (b) Skookum chuck 3x trit. Eczema, Pasoriasis etc. (c) Thyroidine 3x or 30x. (d) Borax. (e) for scabies, think of Croton Tig. (f) Tinea capitis Kali sulph cures wonderfully.

52. Sterility—“Oil of cloves” renders semen assuredly prolific—many by its use have proved fathers. Pregnancy frequently occurs during the use of Bursa Pastoris  $\theta$ -3 drops once a day.

53. Sumbul 2x Tinct—Utter loss of breathing on ascending (Panting persons and dogs Bry 3).

54. Sulphuric x- $\theta$ -Lessens the diphtheritic membrane. (Tarantula cub—6 worst cases of Diphtheria).

55. Snuff—Helps delivery (not in malformations).

56. Solanum Cariolinense  $\theta$ —Drop doses whooping cough specific.

57. Salt—(a) Rub the naked patient all over with fine salt or pack in salt for an hour. (Drowned) (b) To stave off an ague chill, take a teaspoonful of salt at first warning (cure by putting a table spoonful of fine salt in each shoe of the pair).

58. Scar—Itching, Burning—Graph and Sulph. Painful. Hyper, Staph. Reopening—Crot and Lach. Removed—cut it clearly off and dress it daily with perchloride of iron 1 dm and Collodion 2 dms. mixed—a barely, perceptible line will be the result.

59. Shock—(a) From a hurt or surgical operation—Glon 2x—ammonia 10 drops Hypodermic. Ether 10 drops Hypodermic. (b) From a burn of scald—Camph  $\theta$ . drop doses.

60. Skin—(a) To abort a boil give Bry. Scrape the skin over the spot where it is forming with a sharp knife,

so that a drop or two of blood may be pressed out. The boil will not develop. (b) Small-pox pustules kept off the face. Paint the inside of the thighs with Tinct Iod, at the onset of the disease and all the pustules will form on the part painted none on the face.

61. Sub-Involution—Alet ; Secale, Ustil (Ergot-hypodermic).

62. Sunstroke—Camph  $\theta$ , Glon 3x, Hyo, Theridion. Inject water copiously into the bowels (for heat apoplexy. Ch, Hyos and Nux vom).

63. Sarsaparilla—Sycotic Headache beginning in the back of the head, coming forward and settling at the root of the nose with its swelling; moist eruption about the genitals or between the scrotum and the thighs.

64. Sulphuric x—"Belching of wind after the coughs." "It allays the craving for alcohol in tinct. should it produce diarrhoea, Pulse is the proper antidote." "As a traumatic remedy, it is used after Arnica bruises of soft parts, after Conium in bruises of glands, after Ruta in injuries of bones." In the dyspepsia of drunkards, it is sour while Carbo veg is putrid.

65. Strontiana Carb—Nocturnal diarrhoea having an urgent character; the patient is scarcely off the vessel before he has to return. "For chronic sprains of the ankle joints, esp., when Ruta and Arnica have failed, give Strontiana. ulcers discharging more or less broken bones—Profuse exhausting diarrhoea almost like that accompanying Hectic fever."

66. Secale—Sudden catch or kink in the back.

67. Sulphur and Seleneum—In Post partum fever never forget sulph c. m. (i) <tea selen. Not from tea but coffee. sulph. (ii) Headache > Brandy selen. Sulph headache

<all alcohol. (iii) In selen, the patient awakes precisely at the same hour every morning. In Sulph., when once aroused, he is wide awake—He has not this periodical hour of awakening (iv) With loss of appetite in liver diseases, sulph has increase of thirst which is lacking in selen. Besides Selen has a white coating on the tongue. If there is peculiar fine rash over the Hepatic region, selen is the only remedy you can think of to suit your case. (v) Selen is useful in skin diseases when there is itching in the folds of the skin as between the fingers or about the ankle joint.

68. Synovitis—Bry and Apis are both <motion but Bry pains> warmth of the bed whereas apis pains> cold applications.

69. Sore Mouth—(a) Near the fraenum of the tongue—Lyco. (b) At the tip Lach. (c) Inner side of checks. Nit x, Phyto and Nat Hydrochlor.

70. Sabina—Milk tastes bitter, sugar tastes bitter, (Sang.) Plums taste bitter (Iodum). Water tastes bitter (Ars). Bread tastes bitter (Puls).

71. Sterility—Aur-constant dwelling on childlessness. Aur-Mur-Nat—Chronic Leucorrhoea and spasmodic contraction of the vagina. Phos—Nymphomania. Plat. “lord of all I survey”. “Profuse Menses.”

72. Snake-bite—An inch of the earth-worm in ripe plantain every hour. (b) Watery juice from the plantain tree (stem). A glass a dose every 3 hours. (c) Cholai root (amaranthus tinc folia)  $\frac{1}{4}$  of tola every hour.

73. Sabadilla—Influenza without thirst> hot drinks. Mania quiets down by washing head in cold water. Erroneous impression that she is pregnant. Mental Exertion aggravates headache and produces sleep (Nux m and Phosph



acid). The remedy travels from left to right. (Lach. but Lach <heat warm things and sabad> heat).

74. Sabina—Music intolerable. Pain in back from sacrum to pubes. Warts about anus, genitals and vagina, stool hard, blood from anus, (Piles bleeding). Desire for Embrace. Stitches from below upwards, deep in vagina from back to front with haemorrhage (menses too profuse too early, lasting too long—partly fluid—partly clotted and offensive <motion but better walking about).

Comparisons:—Ipec—Face pale, nausea, fainting. Mill—Gushing, then dribbling for days continuous bright red blood. Secale—oozing, dark offensive clotted, bearing down—body cold but feeling hot within. Bell—Sensitive to touch, motion—blood feels hot—discharges a clot and then bright red blood. Ign—Flow—protracted putrid clots, sighing. Sulph—Frequent haemorrhage after Sabina—Phos—Dry tongue, thirst, gushing bright blood, slight wounds bleed much, general bleeding tendency. Helon—Dark clots, bad smelling, profuse, pressive pain back to uterus. Trill—Uterine fibroid with haemorrhage Leucorrhoea from suppressed menses recurs every 2 weeks.

Gouty stiffness and swelling of wrists with pains on hanging down arms—in uterine and ovarian troubles.

75. Sambucus—Profuse perspiration while awake but dry heat on falling asleep (opp-Con). N.B. Phthisis has been cured with this symptom by Samb. Starting at things usual Child can inspire but can not expire (Brom). Stitches in left chest and oppression below the nipple (Kali-c). During heat, dread of uncovering (Nux—Reverse Led.)

Profuse night sweat (Phos., China, Sulph).

76. Sanicula—Child looks old, dirty, greasy and brownish, skin wrinkled. Profuse sweat in occipit and neck during

sleep (Con.). Wets the pillow for around (Calc., Sil). Dread of downward motion (Borax) Prolapsus < walking, misstep.

77. Sarsaparilla—Prematurely old—syphilis, sycosis or mercury constitution. Low forms of chronic diseases. Marsmus with sore mouth in childrer.—Hereditary syphilis—child screams while and before urinating. Severe pain after.

Dry red pimples itching when exposed to heat.—Foggy vision < seminal emission. Blood with urine. passes gravel or small calculi. During urination air passes from the bladder, due to fermentation and decomposition of mucus. Urine flows freely while standing. Before or during menses itching, eruption on forehead.

Dysmenorrhoea with retracted nipple—Pain from small of back to spermatic cords after emission.

After injury, the open sore remains—becomes indolent and spreads (Ars, Lach., and Merc-c).

Fainting with difficult stool—Sarsa and Sepia follow each other well.

78. Secalc cor.—Thin scrawny, cachectic women with lax muscles or with prolapsus and sunken face. Debility, anxiety, emaciation in spite of appetite and thirst. Abortion at 3rd month (Apis). Thinks two are sick one recovers and the other dies. Consciousness till the last breath. Beside himself laughs and claps hands over head. Nose stopped, yet water runs. Feels as if the testicle is drawn up to the inguinal ring. Menses irregular, too profuse, too long lasting; dark fluid; tearing, cutting-colic, labour like pains in abdomen; cold extremities, great weakness, small pulse or violent spasms. Puts her fingers in genitals and scratches till they bleed. Modesty lost, continuous oozing of watery blood from one period to another. Haemorrhage from motion. Cancer with haemorrhage, expulsive pain in uterus.

79. Selenium—Emaciation, weakness after coition with irritability. Takes cold easily. Stools hard, requiring the mechanical aid to dislodge. Prostration.—after typhoid fever in old age or in hot weather. Stammering speech. Nervous headache from tea, lemonade, debauchery, wine <sun. Hair falls on combing. coryza ends in diarrhoea. Ill humoured after an embrace. Penis relaxes on coition. Semen thin without normal odour. Lewd thoughts but physically impotent. Itching about ankles and folds of skin between fingers. Syphilitic, Psoriasis of the palms. Affected part Emaciates (Gnaic).

80. Senega—Between Bry and Rhus Tax stitching like Bry > motion like Rhus T. Old men coughing through winter. Eyes pain as if pressed out. (Can see clearly on bending head backward which relieves the double vision.) Stitches in eye when coughing. Pain always <during rest except cough and asthma which are > motion.

81. Sinapsis Nigra—Hay fever with acute coryza. Left nose stopped in evening and afternoon. Sweat on upper lip and forehead.

82. Solidago Verga—Repeated colds of tuberculosis—Dysuria, Nephritis, Fibroid tumour. Bright's disease. Pain in kidney going to abdomen and bladder. (Berb). Urine scanty and difficult or clear offensive. (Use 0 5 drops at a time).

83. Spigelia—In heart pains with numbness of the left arm, pains radiating through left shoulder to left arm. Compare Tabac., Cimi Spig, Spig. head > cold, the rest > heat. Phos. head and stomach > cold. Ars. head > cold. Lac fel (cat's milk) constant stinging over left eye, can sleep when worn out.

84. Spongia—Sensation of a plug in larynx. Laryngeal Phthisis starts in sleep with constriction of larynx. Croup

without fever (with fever, Acon 200) <inspiration <Ex-  
piration Samb., Ip. Brom. wheezing and rattling (not like  
Heps.) After menses, must sit bent forward (Arn, Caust.  
Lach., Kali bi, nux-m., Staph., Sepia.) Dyspnoea after sleep  
(Phos., and Lach.) cough <sweets, cold drinks, smoking  
tobacco, lying with head low, warm room, heat, sleep, dry  
cold winds, excitement.> by eating and drinking warm  
things. In dyspnoea of Phthisis when the patient is about  
to die, dyspnoea and sweat on going to sleep and on  
awaking. Lach is only palliative.

85. Squilla—Urine passes while coughing (Caust)  
cough loose in morning and dry in evening (Alum., Carb-v.,  
Phosac., Sep., Stram., Puls) cough <from going from  
warm to cold air, cold drinks, taking a deep breath.  
Follows Bry. well. Thuja is similar in spasmodic cough and  
spurting urine Bell. has cough at 11. P. M. red face  
<uncovering.

86. Stann.—Pains gradually increase and gradually  
decrease. (Puls. pains gradually increase and gradually de-  
crease. Bell. Sudden onset, sudden disappearance.) Head-  
ache at 10 A.M. lasts for 10 or 20 mts. and then gradually  
disappears. Headache begins at sun-rise, increases till noon  
and then gradually disappears in the evening. Supraorbital  
neuralgia < 10 A. M. to 3 P. M. (Nat M.)—Burs-  
ting pain from in out (Kalm. <noon Cact. has sun-head-  
ache. Sang. headache comes and goes with the sun).

Smell of cooking causes vomiting, cutting about navel,  
bitter eractation, hunger and diarrhoea > pressure  
(Bry. and Colo.) and > by lying on abdomen. (Bell., Cina  
and Phosph.) cough copious during day, green, thick yellow,  
bloody, salty (Kali-iod and Sepia) or sweet sputa pro-  
fuse in the morning with night sweat (Kali-iod) <singing,  
talking, laughing, lying on the sides and from drinking any-

thing warm always coughing from noon to midnight. Phthisis with weak chest and expectoration of small balls of hard mucus that rolls on the flour (early stage) (when after Stan. Cough becomes too dry, Puls. restores the loose cough.) 1st stage :—Stan : Empty feeling in chest. 2nd stage :—Calad., Cocculus., Ign., Kali-c., Sep. 3rd stage :—Zincum.

Stitches in left chest when breathing or lying on the left side, knife like pain below the axilla, sore throat, pains <inspiration. Jerking in the muscles of arms while at rest, fingers jerk, while holding the pen (writers' cramp. Dros.) In Drosera while holding, the woman can not let go the broom. Swelling of hands and ankles in evening. Paralytic heaviness and restlessness of all limbs. Drops into the chair <going down stairs (Brorax).

Wasting with catarrhal troubles for years. Neuralgia gradually changes to Phthisis. Unconsciousness during dentition with symptoms of worms.

Chill at 10 A.M. (Phthisis). Intermittent (Nat-m).

87. Stropanthus—Functional disturbances of the heart from alcohol, tobacco, tea.

88. Sycosis—It is largely due to this miasm that the pelvic and abdominal cavity have become the great surgical centres of late years. The peculiar sycotic odour of putrefaction—fishy or like fishy brine is quite characteristic.

“Sleeping on face” is a manifestation of the sycotic element.

89. Strontium Carb—A jewel in surgical shock.

## T.

1. Tetanus.—(a) Gels Tr. + Passiflora Tr.-20 mms each. (b) Tinct Angustra and Hypericum 1x (not Idiopathic due to indigestion).

2. Thus americanum 1—For ague.
3. Tarentula Cub 3x and  $\theta$ —Carbuncle.—
4. Thlapsi Bursa Pastoris  $\theta$ —Uterine Haemorrhage, Excellent for Haematuria.
5. Tencrium Mar 1x—Mucous Polypus in nose. For fleshy polypus Kali Bich 1x and Sanguinaria snuff.
6. Teething Babies—(Esp. when diarrhoea is one of the symptoms—Calc c 3x + Ars a 6x + Cham 3x).
7. Trillium Pendulum 1x—Uterine fibroid—“Menses flow every 3 weeks lasting a week or longer after over exertion”.
8. Tuberculinum.—Pain <with the establishment of the menstrual flow— “Brilliant results in chronic cystitis.”
9. Trillium (see No. 7)—Intense desire to take ice.
10. Theridion—Prescribed when indicated remedy does not hold good.
11. Thiosinamine 1x—Noises in the ear.
12. Tabucum—For sea sickness (apomorphia 6x also.)
13. Tellurium—Foetid sweat of feet and axilla.
14. Teucrium Marum v-3 cough with night sweats. Asthmatics unable to raise phlegm at nights. 6th (potency of the remedy cures the peculiar condition of glasses hurting the nose. No matter how carefully fitted.
15. Thuja oil—For corneal opacity. Nothing better, (apply the surrounding skin with Cinicifuga  $\theta$  in severe pain in ears and eyes). Thuja fluid extract is very useful for fungus growths, proud flesh, uterine cancer, gangrene, syphilitic sores, vaginal itching, Piles, Hydrocele and azoena. In tubercular tendency give Thuja before Bacill.

16. Tobacco.—Saturating tobacco with the juice of water-cress deprives it of all deleterious properties, without injuring its aroma.

Tobacco antidotes—Apocy, Ars, Aur mur 2x, Glon and Ign.

17. Tooth extraction without pain—Add together Tinct Cann Ind 1 part water 3 pts and in this solution soak cotton and apply it around the tooth to be drawn and in it if hollow. Also warm the beaks of the forceps and dip them into the solution before applying.

18. Turpentine oil—(a) Flannel cloths wrung out of hot water and saturated with Turpentine, apply and cover with warm compress, in case of internal deep seated pain. (b) Inhale fumes of turpentine 5 mts. at a time several times a day in case of consumption, croup, whooping cough, asthma and Haemorrhage from the lungs. Protect eyes from smarting fumes. (c) Lock jaw from wound prevented. Pour hot oil into the wound and keep it saturated with turpentine on cloth. (d) Fistula : Inject essence of turpentine pure—"grand success."

19. Tabacum (see No. 12.)—In renal colic or strangulated Hernia if the patient persists in uncovering the abdomen for there is burning about it and the rest of the body is cold, give Tabacum.

20. Tinea Capitis—Viola and Vinca have it but viola Tricolor has urine with a pungent odour. Another remedy is Arctium Lappa with adjacent swollen axillary glands. Nux Jug is still another remedy. Staph esp. indicated after the abuse of mercury.

21. Tissue Remedy combinations—1. Neurasthenia—Ferr P 3x, K. P 3x and Mag P 3x. 2. Anaemia and chlorosis—Calc P 3x, Kali P 3x and Ferr P 3x. 3. Acidity,

Flatulence, Indigestion—Nat P 3x, Nat s 3x and Sil 12x.  
 4. Skin and scalp diseases :—Kali M 6x, Kali S 3x, Calc s 3x Sil 12x. 5. Nerve and Brain Tonic. Calc P 3x, Mag P 2x, Ferr P 2x, Nat P 2x, K Phos 2x. 6. Vital Weakness :—Nat Mur 6x, Kali P 3x, Calc P 6x. 7. Constipation.—Nat Mur 3x, Nat sulph 2x, Calc Flour 3x. 8. Rheumatism :—Ferr P 3x, Mag P 3x, Kali sulph 3x. 9. Coughs, colds and catarrh. Ferr P 3x, Kali M 3x and Nat M 3x. 10. Diphtheria, Tonsillitis—Ferr P 3x, Kali M 3x and Kali P 3x. 11. Gonorrhoea—Male or Female—Ferr P 2x, Kali Mur 2x and Mag P 3x. 12. Leucorrhoea :—Kali Mur 3x, Calc P 3x, Mag P 3x and Kali P 3x. 13. Neuralgia :—Mag P 2x, Ferr P 3x and Kali P 2x. 14. Easy Parturition—Mag P 3x Calc P 3x, Kali P 3x, Calc Flour 3x.

22. Thuja—“Music causes weeping and trembling of feet.” “Sweat on uncovered parts all over except the head, during sleep (Con) ; stops when awake (opp. Sambucus)”. Disposition to cheat. Headache < tea. Wart on the centre of tongue. Rana blue surrounded by varicose veins. Sweat stains linen yellow, as if saturated with oil. “Pain in stomach after onions”. “Diarrhoea after fat food and onions Puls 30.”

23. Tribulus Terrestris (10 to 20 drops  $\theta$  thrice daily)—Chronic and acute Gonorrhoea and other urinary diseases such as Incontinence of urine, seminal debility, Bright's diseases with dropsy, phosphaturia, gleet, cystitis, uterine disease after parturition—all these come within the range of this drug.

24. Toothache—(a) < lying down > walking about Raphanus. (b) During pregnancy early months; tooth feels elongated < lying > walking about—Ratanhin (c) Before a storm > warmth warm room during eating or an hour or two after eating. (d) Toothache from tobacco smoking >



lying down and eating (Plant) < cold Spigelia. (e) Toothache during pregnancy or menses. Gums swollen white spongy bleed when touched—(Teeth decay at edge of gum Thuja) Staph.

25. *Tabacum* (see No. 12 and 19)—Neuralgic headache sensation of sudden blows struck by a hammer.—“Profuse salivation—White tenacious mucus”. “Nausea when hungry”. “Vomiting or neither stool nor vomit, collapse, cold sweat, irregular pulse, cholera.” “Twisting pain in heart—stops for a minute and then leaps and then misses every 4th beat.” “Pains from heart to arms.—suffocation (Spig., Kalm., Aur., Ars.)—cold in cholera—Red in angina Pectoris”.

Antidotes :—*Ip* (vomiting), *Ars* (chewing tobacco) ; *Nux-v.* (gastric symptoms) ; *Phos* (Palpitation) ; *Ign* (Hiccough) ; *Clematis* (toothache) *Sep.* (facial neuralgia) ; *Lyc* (Impotence) *Plantago*  $\theta$  causes aversion to tobacco.

26. *Tarentula Cubensis*—Carbuncle with intense burning pain. “Burning and stinging bubo”. “Soothes death agony or struggle of phthisis.” “Can not hold urine on coughing.” *Caust. Squilla.*

27. *Tenacetum vulgare* 3—Half alive and half dead feeling, ears suddenly close up. Ringing in ears.

## U.

1. *Uranium Nit* 3x—Trit Gastric ulcer with burning pain at the pyloric extremity of the stomach and vomiting.

2. *Usnea Barbata*  $\theta$ —Headache every time one goes into the sun.

3. *Ustilago*—Shedding of the hair and nails.

4. *Urtica urens* “acute gout” 10 drop doses twice a day “ $\theta$  Renews old age for several years.”—(a) Inserted into nostrils, stops nose bleed. (b) Good against “Uvula In-

flammation." (c) Gout and enlargement of spleen. (d) sheet anchor in fevers of Burma and Siam. (e) Burns of the 1st degree (f) antidotal to "snake-bites and bee-stings". (θ prevents Renal Calculus in 5 drops twice a day).

5. Urinotherapy—(a) Black heads and crops of boils all cured by drinking urine. (b) For thrush, wipe the baby's tongue in urine of the female the baby belongs to. (c) Urticaria (d) Ophthalmia. Bathe children's eye in their own urine (e) chronic Bronchitis and croup.

6. Uricum Acidum 6—Gouty Eczema (urea—6 also) "Urea" in 20 to 30 gn doses 3 times a day is said to cure Tuberculosis.

7. Upas (Desire increased with loss of power. Backache after coition)—Weakness of eyes with lachrymation, every morning lids so heavy that they close involuntarily—a left sided remedy. Left half of face red and hot and right half—pale and cold Cham.

8. Uva Ursi θ 10 drops 4 times a day for Diabetes Recent investigations.

9. Urine—(a) Vesicaria recommended to favour expulsion of gravel and sand in urine. (b) Santonine for retention in new born—Opium—very useful during parturition. (c) Stram for suppression during Typhoid. In cholera—give Kali Bich 12. (d) Phosphates avena Sat θ 5 drops thrice daily. (e) Best urinary antiseptic Uva Ursi (f) Helonias 3- renders alkaline into Acid.

10. Uterus—(a) Chronic Metritis-aur Mur. nat. (b) Prolapsus vaginitis—ulceration—Nymphoea odor in suppositories—(c) Lyssin cures cases of years standing (d) Secale Cor 6 cures sub involution (e) Fraxinus am θ for uterine hypertrophy. (f) Ferr. Iod. for displacement (g) Helonias uterine tonic,

11. Universal antidote—Sugar in water—solution thick and rice as can be swallowed ; fill the stomach. If the kind of poison taken is not known, give white of egg and strong coffee with the sugar.

12. Ulcer—"Canth 0.—1 drop 6 hours. No bandage Rapid cure. "Cutaneous Esp. Calc P 1x—5 gns for a child; 10 gr. for adult two or 3 times a day. No salve". "The greatest of all remedies for varicose ulcers Card M—5 drops 6 hours." "Internal ulcer esp. Aur Mur 3x—Hydrocotyle." "Chronic Idolent ulcers. Bread soaked in water is the best dressing."

13. Urticaria:—1. Apis as a result of cold or during ague. 2. Rhus T. With rheumatism or ague. 3. Urtica, Terebinth and copaiva—consequent on eating shell fish. 4. Kali Brom—Hives with nervous diseases. 5. Bovista—with diarrhoea. 6. Puls—Gastric or uterine origin. 7. Calc carb Chronic cases. 8. Rumex and Sepia <open air (Rumex especially when undressing.)

14. Urination—(a) Burning and smarting under Cann; tenesmus and cutting under Canth. (b) Cann is not called for so often as Equisetum when there is an excess of mucous in the urine. (c) Cann, Canth, and Merc Sol all have the sudden urging to urinate, but it is strongest under Petroselinum. (d) Clematis is to be selected when there is mucus in urine but not pus. When inflammation develops stricture think of clematis first. There is flow by fits and starts. (e) Urine flows more readily while standing Con and Sarsa. (f) Merc Sol has more burning between, micturition than Canth. (g) Ocmium favours the right side in renal colic with considerable blood in urine (not only brick sediment). (h) Pareira has pain going down the thighs. Berberis only in the hips and loins—(i) Black urine—Colch; Nat Mur, Carb x, Digitalis. (j) Dark turbid urine—Apis, Ammon

Benzoic; Ars, Benzoic Acid, Arnica, Opium, Carbo Veg, Kali Carb, Terebinth.

15. Uranium Nitricam—Complete impotency with night Emissions—organs cold, relaxed, sweaty.

16. Urtica urens—It has persistent oozing of dark blood with dark clots. Sore abdomen pains shoot through the thighs to the knees (Bell hot as it passes; Cham., irregular flow; China with distention of abdomen; Cimicifuga back-ache extending to hips and thighs; Crocus.—< motion; cyclamen—labour like pain from back to pubes Palatina bearing down pain and sensitiveness).

17. Uva Ursi :—Urine involuntary—Frequent urgency spasm of the bladder. Burning after urination. Urine contains blood and tough mucus which can be rolled out of the vessel in large masses.

(V)

1. Varices—Due to a paralysis of the vaso-constrictor nerves and an irritation of the spinal cord. Knotting condition at the seat of the valves in veins is curable by Fluoric x 200 & Puls 200. (Lutze).

2. Verat viride—Congested lungs—the more tendency to opisthotonus, the stronger the indication.

3. Vinca Minor— $\theta$  Uterine Homorrhage—Nose becoming red when even a bit angry.

4. Vib op  $\theta$ alt Gels  $\theta$ —Dysmenorrhoea, false pains, after pains—miscarriage in the first month—ovum expelled at every menstrual period causing sterility.

5. Viscum alb 3x, 6x (gives best results in Placenta Expulsion)—(a) Expels retained placenta (b) Sciatica left-sided (with or without otorrhoea) from centre of left buttock to inner ankle. (c) Metrorrhagia due to working in water (suppression) (d) Rheumatism—acute or chronic with

tearing pains in winter < motion, sharp winds (e) Endometritis. (f) It lowers blood pressure in mother tinct.

6. *Vipera*—(a) Nose-bleed everyday—*Vip c.m.* (b) varicose veins—bursting sensation < letting the limb hang down.

7. *Viola Tricolor*.—Urinary Symptoms with skin affections—milk crusts (b) Face hot and sweating after eating.

8. *Viola Odorata*—Right-sided rheumatism—marked affinity for the wrist (b) choroditis—

9. *Vib. Prunifolium*-  $\theta$  (a) Cancer of the tongue (b) Best remedy for Tetanus (c) abortion—Habitual, accidental or due to criminal drugging (antidotes *Gossypium* often given for miscarriage).

10. *Verbena Hastata*  $\theta$ - For chronic ague (b) cures epilepsy developed during whooping cough—with 12 drop doses.

11. *Verat alb*—‘Feeling of coldness’ over the whole body or different parts of the body. Cures Insanity (at all events a *Homoeo. intermediary*) “Coldness, blueness, collapse, fainting—vomiting or diarrhoea—” Gastric conditions characterised by extreme hunger and thirst for ice-cold water. “Neuralgia” with vomiting, diarrhoea or cold sweat.

12. *Variolinum*—Cures backache that nothing else seems to touch. Aborts small-pox cases.

13. *Valeriana*—Principal times of day when it produces its. Symptoms are noon; early afternoon and the hours before midnight—abdominal symptoms felt in the evening.

14. *Vanadium 6x*—strengthens ‘Hearts’ action in case of anaemia—improves digestion—Increases weight.

15. *Vertigo*—(a) Loss of sight, weakness of knees, lack of muscular steadiness—*Gels 3x.* (b) With biliousness, ter-

dency to pitch forward. Bry 3x. (c) On going upstairs or looking up—Calc c6,

16. Verat Viride 0—Deafness, Earache—Into  $\frac{1}{2}$  an oz bottle—put 7 drops and fill the bottle half full of glycerine and then fill up the bottle with water—apply.

17. Vinegar: Rub the spine thoroughly thrice a day with hot vinegar, esp the point nearest the seat of ailment (Paralysis, Spinal weakness, Involuntary passage of urine or stool—Pains of various kinds).

(b) Nose-bleed—Plug nostrils with cotton saturated with dilute vinegar.

“Inhale the fumes of boiling vinegar—Nothing better.”  
(Bleeding from lungs or nose)

(c) Influenza—Saturate a small pledge of cotton with vinegar and insert it into one nostril loosely, and after an hour remove it; and put one in the other nostril—Thus alternate & cure.

(d) Burn. Apply vinegar full strength.

(e) Corns—Bind on cotton saturated vinegar nightly.

(f) Chronic Gout—enlarged joints—Into a given quantity of hot vinegar put as much salt as it will dissolve with this bathe the part and “dry it in” by the fire several times a day.

18. Violent Erections—Ambra, Agar, Canth, Caps, Mygale., Opium, Phosph, Puls, Platina, Petroselin, Physostigma, Zincum.

N.B.—Sensitive to coition—

(a) Sepia & Bell- from dry vagina.

(b) Kressote followed by bloody flow.

(c) Ferr, Nat Mur, Apis and Thuja— associated with stinging in ovaries.

19. Valeriana (Jatamasi)—Feels light as if legs are floating in the air—sciatica <standing & letting foot rest on floor.

Headache in sunshine (Bry., Glon., Nat C., Nat Mur, Tarentula) <open air & draft.

20. Variolinum—Promotes suppuration and given on the 9th day in small-pox cases prevents scars. Vario-30 every 4 hrs—4 or 5 doses followed by Sulph. 200 controls abnormal states in all stages.

## W

1. Wyethia—30 Persistent dry, hacking cough at night. Useful in pharyngitis-esp. follicular (Influenza), Hay Fever with usual symptoms but there is itching of the soft palate.

2. Wiesbaden 200—Nosebleed ending in weak vision bordering on blindness. Cures soft corn with burning and shooting.

3. Worms (cuprum oxy lx removes all kinds)—Put up 3 powders each of Sanatonine lx Trit, Ipecac lx Trit, Verat alb 3x Trit and Lyco 12x Trit. numbering them in the order they are named.

Sanatonine 1,2,3—Ip 4, 5 & 6—Verat a 7-8-9; and Lyco 10,11 & 12. Give a powder every night and morning in the order numbered.

4. Warts—"Black warts"—Thuja.

"Finger warts"—Kali C—If red Calc Carb—Sepia and Guaicum are famous wart remedies. First try Sepia and then the 2nd. On their failure, give Sulphur followed a month later by Sepia.

5. Mhitlow—Myristica Sebifera 3x.

6. Wine—(aggravation) (a) < Congestive Head-ache. Glonoin. (b) Drawing pains in joints—Ledum. (c) Red wines—Fluor Acid. (d) Sulphurated wines Puls. (e) Easily intoxicated—Bovista and Conium. (f) Bluhes up after a little wine—Carbo-veg.

## X

1. Xanthoxy lum  $\theta$ —Profuse menses with pains—Early Dysmenorrhoea, and amenorrhoea—Leucorrhoea with amenorrhoea is a strong indication—“Uterine fibroid with neuralgia-pain in right ovarian region”. “Like Ruta, it has a vulnerary action—cures pain in the ulnar nerve at the elbow due to injury.”

2. X-Ray or Radium abuse Cad. Iod—For X-Ray burn, give Fluoric Acid.

## Y

1. Yucca Filamentosa 30—Biliousness with pain going through upper part of liver to back.

## Z

1. Zincum Valeriana—3x Head neuralgia. (The patient pulls hair and screams). “Irritation or neuralgia of ovaries”.

2. Zea—(Tinct of the husks of maize after the removal of the grain) chronic malaria, enlarged Prostrates due to gonorrhoea—suppression and retention of urine.

3. Zincum aceticum.—For nurses etc. for insufficient amount of sleep.

4. Zincum oxydatum—Hypochondriasis from masturbation.

5. Zincum Picric—2x Trit seminal emissions with loss of energy and memory—Dyspeptics—Recent facial paralysis from cold (3x).



6. Zinc Sulph. Pain < at times when menses should appear. Titillation all over with an irresistible desire to laugh. (C.M. for cataract and corneal opacities).

7. Zincum Valeriana—Epilepsy without aura—1x highly recommended for insomnia.

8. Zincum Mur—Perversion of the senses. smell, taste etc (Faeces have no odour, quinine has no taste). A dilution of the same  $\theta$  used as an application to fresh wounds to hasten rapid healing.

9. Zincum Brom—3x Brain fag of Business man.

10. Zincum Cyanide—When the extinction of life is threatened at any moment—Dr. Hale.

N. B. Zincum acts better when given at night and Ignatia when given in morning—all women prone to abort should take Zincum or Sepia.

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## PART VI

### SOME SICKROOM RECIPES

1. Albumen Water—Beat up the white of an egg to a stiff froth and add to it half a pint of cold water (previously boiled) and shake vigorously in a bottle. Strain before use—Put some salt or sugar—Flavour it if necessary.

Indications—Diarrhoea, Sprue, Enteritis, Colitis, Gastritis, Pleurisy—abdominal T.B., General debility.

2. Arrow-root Water—Make a paste with one dessert spoonful of arrow-root and a little water. Boil  $\frac{1}{2}$  a pint of water. Pour the paste while boiling. Stir up all the time. Strain before use. Served with sugar and lemon juice to taste.

Indications—Acidosis, Appendicitis, Arthritis, Bronchitis, Colitis, Diarrhoea, Gastritis, Gout, Endocarditis, Fever, Pericarditis, Pleurisy, Rheumatism, Uraemia, etc.

3. Bael Drink—Boil 1 or 2 pieces of green bael or green bael previously dried in  $\frac{1}{2}$  seer of water for half an hour. Strain through a fine cloth.

Indications—Diarrhoea—Dysentery.

4. Barley Water—Take 2oz Barley and 30 oz of water. Boil for half an hour. Strain before use. May be flavoured and sugared according to taste.

Indications—Just as in Arrow-root.

5. Chhana—(Boiled curdled milk) In boiled milk pour slowly lemon juice or tamarind pulp. chhana. (Casein) separates quickly and coagulates. The liquid, i.e., Whey is to be separated by straining through a muslin.

Indications—Diarrhoea—Colitis, Enteritis, general debility—T.B. manifestations—Leukaemia.

6. Egg Flip—Beat egg in a cup and then slowly add 8 oz of hot milk and teaspoonful of brandy. May be sweetened and flavoured.

Indications—General Debility, Anaemia, Chlorosis, Rickets, Osteo malacia, Gastritis, Diphtheria, Pleurisy. Tubercular manifestations.

7. Curd Whey—Diluted curd or Dadhi (1 in 25 parts or less of water) add sugar, salt and lemon to taste.

Indications—Colitis, Enteritis, Diarrhoea, (ordinary, Summer or Hill)—Dysentery (Chronic amoebic) Chronic Gastritis—Not to be given in Rheumatism, Gout, Arthritis, Kidney Disease, Pericarditis, Endocarditis and Myocarditis.

8. Saline or Glucose Soda—2 oz of pure Glucose, 30 gns of Soda Bicarb and a pint of water—to be taken by mouth or to be introduced per rectum.

Indications —Septicaemia, Toxemia, Pyaemia, Uremia. Acidosis.

9. Havishya—One meal a day at about noon. Generally taken by the Hindoo widows. It consists of light rice, pulses, green banana, potato, "Sindhab salt"—milk things like—cow ghee.

Indication—Asthma—Hayfever.

10. Imperial Drink—Take 1 dram of tartar, the juice of a lemon and about a quarter of a pound of loaf sugar, mix in a jug and pour upon it a pint of boiling water. A refreshing drink for feverish patients. Useful in cases of Bright's disease. If sweetened with saccharine, it can be given to diabetic patients.

11. Lime Water—Put 50 parts of washed slaked lime (Calcium Hydroxide) in 5,000 parts of distilled water in a green bottle and shake up vigorously—strength— $\frac{1}{2}$  gn. in 110 minims of water.

Indications—Fever, Colitis, Exteritis, Malnourished child, Rickets, Anaemia, Pleurisy, Tubercular manifestations, Gastritis—Hyperacidity Indigestion.

(12) Lime Whey—Boil  $\frac{1}{2}$  pint of milk in a saucepan. When it is bubbling, add sour lime juice drop by drop till the milk cracks. Strain to separate the curds. The light green transparent fluid is the whey. It should not have a milky appearance and it should not be made too sour.

(13) Linseed Tea—Put over fire a seer of water and 1 oz of pounded linseed and sugar to taste. (Diseases of Bladder and Kidney)

(14) Saline Normal—80 grs. of pure common salt in a pint of distilled water. To be injected at 100°F. (Cholera-Acidosis-Uraemia, Eclampsia, Toxemia, Pyaemia, Septicaemia).

(15) Vegetable Soup—Vegetables like ladie's finger, unripe plantain, potatoes etc. to be washed and sliced and put in a saucepan with sufficient water and boil for about  $\frac{1}{2}$  an hour and add salt and spices. Strain through a fine cloth. (Acidosis, Nephritis-Bright's disease-Septicaemia, Toxemia, Uraemia, General debility—Anaemia)

(Baths)

Cold	40°F to 65°F.
Fetid	75°F to 90°F.
Warm	90°F to 100°F.
Hot	100°F to 110°F.

Vapour	105°F to 120°F.
Hot-air	115°F to 150°F.

### Measures of Volume

1 C.C.	17mms.
1 litre	35.2 fluid oz.
1mm	0.06 C.C.
1 fluid dram	3.6 C.C.
1 fl. oz.	28.4 C.C.

### To Convert

Grammes to grains—Multiply by	15.432
Ounces to grammes	28.349
Metres to Inches	39.3701
Litres to gallons	0.2205
Litres to pints	1.7598
Pints to Litres	0.5683

### Approximate Measures

1 to 2 drops	=0.06 C.C.
A teaspoonful	=1 fluid dram 4 C.C.
A dessert spoonful	=2 fluid drams 8 C.C.
1 tablespoonful	= $\frac{1}{2}$ fluid oz 16 C.C.
A wine glassful	=2 $\frac{1}{2}$ fluid oz 75 C.C.
A teacupful	=5 fluid oz 150 C.C.
A tumblerful	=10 fluid oz 300 C.C.

### Temperature

Normal—98.4° F under the armpit—one degree higher under the tongue and nearly that in the vagina and the rectum.

Continued temperature above 98.4° in the quiescent state or below 97.3° indicates pathological condition.

Rise of Temperature (a)  $104^{\circ}$  in acute Rheumatism  
Generally alarming—may cause Cardiac complications.

(b)  $-104^{\circ}$  in jaundice prognosis unfavourable.

(c)  $-104^{\circ}$  in puerperal state indicates pelvic inflammation.

(d)  $-104^{\circ}$  in tuberculosis-disease advanced or the incidence of complications.

### Knowledge of Food Value.

1. Calcium Milk and milk products, eggs, nuts, orange, carrot, lettuce, wheat, cereals, molases.

Indications—Haemorrhage, Rickets, Tuberculosis, General Debility, convalescence after acute illness, Anaemia, Chlorosis—Neurasthania.

2. Phosphorous—Milk & its products, egg, fish (head specially), salad, wheat, asparagus.

Indications—Same as in Calcium (also sexual weakness).

3. Iron—Eggs, Beef, Crabs, potato, unripe banana, ladies finger, peas, beans, apple, molases.

Indications—Anaemia, Chlorosis, Convalescence after illness—General debility.

4. Iodine—Milk, Eggs, Crabs, Lobster, Cod, Wheat, rice, green corn, barley, pulse, lemon, grapes, prunes, cocoa, almond, maize.

Indications—Exophthalmic goitre—Deficient function of Thyroid gland—Syphilis.

5. Biological Diet—Milk, its products and vegetables. Egg & Tea may be included—animal food totally omitted)

Indications—Diarrhoea, Colitis, Enteritis, Nephritis

of Pregnancy, subacute state of Appendicitis, Kidney diseases—Heart diseases.

6. Animal Food—Meat, fish and their products.  
 Indications—Rickets, Anemia, Chlorosis, Influenza, General Debility, Chronic Bronchitis, Malnutrition, Tuberculosis—Diabetes—Kala azar.

7. Water—Excess of water indicated in constipation, Dysentery—Epilepsy.

8. Unripe Coconut Water—Cholera, Epilepsy, Acidosis, Uraemia-Septicaemia, Fever, Jaundice—Diseases of Stomach, Intestine and Heart.

9. Aerated Water—Constipation, Fever—Diabetes, Flatulence.

10. Sugar—Acidosis, Uremia, Toxaemia, Septicaemia, General Debility.

Contra Indication—Beri Beri, Constipation, Diabetes, Diarrhoea, all sorts of skin diseases, Epilepsy, Obesity, Corpulence, Rheumatism—

11. Molasses—Beri Beri, Chronic Bronchitis, Constipation

Contra Indication—As in Sugar.

12. Salt—Contra Indication—Dropsy, Arteriosclerosis, Epilepsy, Nephritis and Hyperacidity.

13. Highly seasoned Food—Contra Indicated in Arteriosclerosis, High blood pressure, Anaemia, Jaundice, Gall stone, Biliousness, Gonorrhoea, Piles—Diseases of Liver and Stomach, Nervous Debility.

14. Alcoholic Beveages—Constipation, Light wines and new Port in Gout, General Debility, Convalescence after acute illness.

15. Juicy Fruits—Albuminuria, Kidney diseases, Eclampsia, Diseases of liver and stomach and after acute illness, General Debility.

16. Fatty Foods—Constipation, Piles, Rickets and Malnutrition.

17. Vitamenous Foods— The following list shows— under different vitamin heads, the food stuffs that contain the vitamins.

Vitamin A milk and milk products, Cod liver oil, ghee, groundnut oil, Ccoanut kernel, sprouting grain, tomatoes and Banana etc.

B—Beri Beri preventive etc—milk and milk products, tomato, spinach, cocoanut kernel-dhen-kihusked rice etc.

C—Haemorrhage preventive-etc. Lemons, onion, garlic, lettuce, molasses, wheat, oats, potato, whey milk etc.

D—Ricket preventive etc.—Fish, Meat, Cod liver oil, Soya bean, Milk, Butter, Lemons etc.

E—Fertility promoter etc.—cod liver oil, wheat, Barley, green vegetables etc.

A list of Carbo-Hydrates (starch) for Diabetic patients.

5% Carbo-hydrate-Lady's finger, Karella, unripe Banana, spinach, water chestnut, cucumber, water melon, garlic, melon, cabbage, tomato, Radish, Pumpkin, Brinjal ground nut, Bean, Tamarind, Pea etc.



10% Onion, turnpis, oranges, Pineapples, carrot, sago, Beat, Pomegranate, grapes, guava etc.

20% Boiled rice, potato, Plums, Banana, green corn, Flour, mangoes, Barley, arrowroot, almonds etc.

30% Fried rice—Moong.

### HOMOEOPATHY

A thousand years ago, Hippocrates advanced the theory of 'similars' as a parallel to 'opposites'. The similars seem to have been dormant for centuries until Hahnemann, an old school physician in translating into German, Cullen's proving of cinchona, was struck by the similarity of the symptoms of this proving to those it cured in malaria. He began to prove other remedies and made possible the application of similia. This proving of the remedy is the fundamental difference between the two schools.

Hahnemann was born in the town of Messen in Saxony (Germany) on April 10—1755 A. D. He studied Latin, Greek English, Arabic, Hebrew, Italian, Spanish, Syrian and French languages and gained his laurels in medicine and chemistry. He got his M. D. degree in 1779 A. D. In 1782 A. D., he married Henrietta Kuchler an accomplished German lady. He contributed several articles on his valuable researches in the Hufeland's journal—the foremost medical Journal of the day. In 1810—he published his Organon—the great book on Homoeopathy.

Modern researches have brought to light that when a chemical compound is dissolved into a large amount of a solvent or attenuated, dissociation of its molecules takes place and electrical energy develops in the solution and the

inert chemical acquires a force of immense possibilities. More than a century ago, Hahnemann described these changes in his Organon as the theory of Dynamization.

The ancient Indian philosophers believed that the indivisible and indestructible was the source of all the physical phenomenon and the earliest western scientists believed 'Molecules' to be the smallest portion into which a substance could be divided and an 'Atom' was the indivisible particle into which a molecule could be broken up. This Atom was considered as the limit of human conception.

The advanced thinkers of the present day conceive of one substance, out of which a thing is made up and it is called Electron.

Whether electric energy is material or not, matter is made up of electric energy (Electrons) and electric energy only. The formation and destruction of matter is the result of association or dissociation of Electrons.

The conception of Electrons is the infinitesimal division. Hahnemann considered that Homoeopathy as a science bases its claim upon the infinitesimal dose and the potency of such divided doses.

Mathematically a substance will be divisible ad infinitum ; therefore—the question will not be out of place—why shall a substance not be contained materially everywhere in progressive potency and thus not discernible ?

We have today sub-division of the Atom—the Electron ; do we know if not in time this Electron will again be found to be constituted of other parts and other forces ?

The potentized remedy can be potentized according to mathematical consideration, ad infinitum ; the objection

not to find the potentized drug is untenable, as would be against colour, not visible to the eye on account of either too many or too few ethereal vibrations.

Homocopathy treats the physical body through the etheric and by means of higher potencies reaches out to the astral body and even goes as far as the Ego principle—the Higher self.

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### HOW HOMOEOPATHY ACTS IN THE HUMAN SYSTEM.

In healthy living tissues there is a balance in the Electrical force (Physiological—Electric Equilibrium) or more commonly known as vital force. This force is in alert state and whenever necessary it can exert Electrical changes to maintain the normal balance. During disease this equilibrium of the body is in disordered state and the system tries to renovate the particular group of electrical disorders with the charges of Ions from the system if present in sufficient strength. In this way Nature always helps the system from yielding to diseases. But when the Ions are not of sufficient strength, drugs in dilution exert their ions and bring equal and opposite Electric force or waves in the system, provided the particular drug or groups of drugs can produce similar Electric charges (signs and symptoms of the disease in the healthy being during provings) no matter whether administered orally or hypodermically. When the drugs are once in active state existing their full ionic effects in the pathological condition of the body, their effects can not in the least be hindered by drugs in physiological doses. The former will act in form of fine electric force and the latter will kill the causative organism or eliminate emergency i. e., Cardiac failure, agonising pain etc.

Experiments and observations by the physicians of the West have conclusively proved that diseases of Bacterial origin can be successfully dealt with and radically cured by administration of cultured dilution of a drug having similar properties to that of the particular toxin.

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### GLEANINGS.

“What prevents men from accepting Homoco principle is Ignorance—but ignorance is criminal where human lives are at stake. No honest man faced with facts of Homoeopathy can refuse to accept it, he has no chance. Truth always demands adherence and offers no alternative”

Dr. Joan McLachlan,  
M. A., B. C. L. (Oxon), M. D., C. M.,  
B. Sc., (Edin.), F. R. C. S (England).

For Homocopaths, ‘the disease is not a primitive fact, it is but a result.’

“Happiness to him who makes other happy.”

“Homocopathy is the only platform where science and religion meet. It is the only Science which gives experimental verification of the Laws of Karma the existence of soul and many other obstruse facts of nature, hitherto unexplored by science, that lie hidden in the mysteries of religion.

“Time obliterates the fiction of opinion and confirms decisions of Nature”—Dr. Johnson.

“Life is something other than mere chemical or physical action.” The foolish search for material cause of diseases still continues and the latest bogey is an array of germs—bacteria and the like. The bugbear of germ theory has made such a stronghold on them that they are in feverish

haste to discover the surest shot for extermination of the various species of germs, and all sorts of poisons are being introduced into the human body to kill the arch enemy of human health.

Nature has better scavengers of germs than their chemical analogues.

Homocopathy will survive all opposition to which it may be exposed. It is not to be condemned by the stroke of an ordinance or the like—without judge, jury or witness.

Homocopathy cares for truth and power, and leaves pomp and show to other systems.

What is Health? "Health is the balanced condition of the living organism in which the integral, harmonious performance of the vital functions tends to the preservation of the organism and the normal development of the individual."—Dr. Stuart Close.

When vitality is exhausted or is withdrawn this transient material organism dies—yields to the chemical laws and is dissolved into its elements, while the substantial, spiritual organism continues its existence in a higher realm.

Agents from without which affect the living body to produce changes and modifications of its functions or sensations, act upon the protoplasm through the medium of the brain and nervous system.

Food, drink, heat, light, air, electricity and drugs as well as mental stimuli and disease causes all act primarily upon the living substance as materialized in the cells of the central nervous system, calling forth the re-actions which are represented by functions and sensation. Hence, 'Power resides at the centre, and from the centre of power, force flows—all fluids, tissues and organs develop from the cell from

within outwards, from centre to circumference. Thus the organic control is from the centre.

The allopaths deal with ultimates only observing the results of disease and have no knowledge of the real nature of man—what he is, where he came from. They say nothing about the man except in connection with his tissues ; they characterise the pathological changes in the tissues as the disease, and all there is of the disease, its beginning and its end.

Every scientific investigation proves that everything that exists does so because of something prior to it. It is sheer nonsense to say that prior to localization of the disease, the patient was not sick. Nothing exists without a cause—so says logic and so says science. The organs are not the man. The man is prior to organs.

Let the allopaths enquire why is it that the body after death does not perform its function and organs come to stand-still unless there is something else which has gone out of it and was the real master of the frail structure. It is that something whether you are pleased to call it soul, vital principle or the will or understanding or by any other name which constitutes the real man. And it is this real man who gets sick and ought to be cured, and once the cure is so established, the tissues of the body will automatically be set right (as once the man is in full possession of his vital power, he will set his house (body) in perfect order.)

But if the controlling authority gets weakened, the strongest maginot line is of no avail against the invading of the enemy.

Each and everything that is seen by the eye or felt by senses is but the representative of its cause and there is no

cause except in the interior—causes exist in such subtle form that can not be seen by the eye.

As the law of life is that the force flows from the centre to the circumference, disease must also flow in accordance with that order.

Psora is the primitive disorder of the human race—the eating of forbidden fruit by Adam as they say in the Bible or the beginning of evil karma according to the Hindoos. Psora is like a hydra-headed monster. It embraces catarrhs, Bronchities, Pneumonia, Tuberculosis, Epilepsy, Insanity. Malignant diseases, tumours a great proportions of eruptions and even marasmus—alone or even combined with Syphilis or Sycosis.

The selection of remedy according to laws of Homoeopathy is exactly the same process as the covering of similar  $\Delta$ 's in Geometry in which all the constituents of one  $\Delta$  are equal in all respects to those of the other.

The amount of force calculated by the scientists to be contained in an atom of matter is such that if released and utilised, it can carry a railway train 7 times round the world in one second—

As all electricity is mere force all matter when infinitely divided becomes force in free states.

“More is in vain, when less will serve, for, nature is pleased with simplicity”—Newton.

“Something can never be reduced to nothing however finely it may be divided”

“Homoeopathy does not deal with quantity, it deals with quality”

“To a Homoeopath disease and medication are warfare of forces.”

Homœo. medicine acts by superadding similar force to the already, existing disease force acting on the vital principle. The vital principle so effected reacts with added vigour against the added onslaught and thus the original disease along with the superadded medicinal force is overcome in due course. But when the body is not diseased or the medicine administered is not similar—then there is bound to be no visible effect.

“Homœopathy discourages indiscriminate surgery but does not rule out its proper domain”.

“Diamonds do not lose their value by being covered with maunds of earth. The seeker digs deep, unearths it, and its glory becomes self-evident”.

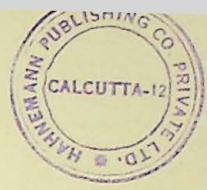
The fact that allopathy is the dominant school of medicine the world over does not go to prove its superior efficacy. All that glitters is not gold. The causes for its predominance are very many—the paraphernalia of its diagnostic methods the glitter of the instruments, growing materialism, big business interests and attending propaganda and advertisement and above all state patronage.

Homœopathy does not advertise its wares, nor can it boast of panaceas and elixirs. Its elixir is the true simillimum which is separate for every separate individual case ; for it seeks to cure the individual sick person and not the unknown entity—so called diseases in general.

Criticism is the force, out of which Homœopathy, if it is true, will ever emerge with added lustre. Homœopathy is not afraid of criticism, though it certainly dislikes ignorant vilification.

The extent of the ravages of the 3 chronic miasms:—  
Psora—Sycosis and Syphilis—can be realized when one





remembers that over 90% of the population have a tubercular taint (a combination of psora and syphilis) and over 80% a sycotic taint and that practically everybody is affected by the psoric miasms.

A miasm is an ethereal force which grips the life force—intent on its ultimate destruction and perverting its energy so that it does things which ordinarily it would not do and produce distorted bodies such as the bulging head of Syphilis, the short limbs of tuberculosis etc. Disease is something subtle and invisible and not a matter of Bacteria.

(1) Psoric patient is recognised by his constant hunger and his desire to lie down and rest. He is of timid disposition, filled with anxious forebodings, mentally quick and active and easily prostrated with mental exhaustion. His thoughts come so thick and fast that they crowd each other out and he can not complete his work. Emotional disturbances upset him. The skin never looks clean.

(2) Sycosis :—This causes anaemia and infiltrates into the tissues causing catarrhs, fibroid growths, tumours and warts. Many sycotic secretions have fish brine odour. The pelvic organs in females are the main organs of attack and many female troubles are due to an inherited or acquired sycosis—appendicitis, gout, rheumatism, Bright's disease—diabetes—these all reflect sycosis. sometimes combined with a syphilitic taint—Dr. Burnett has cured 90% of his rheumatic cases with Medorrhinum. This patient is also absent-minded and when speaking or writing is at a loss to find the right word.

(3) Syphilitic patient—mentally sulky, morose, stubborn, suspicious, depressed dull, heavy, stupid and slow in comprehension.

Combination of miasms—(a) Psora with Syphilis. (b) Psora with sycosis. (c) Psora with sycosis and syphilis.

Combination of all the three is the very worst combination.

“Homocopathy saves babies from the horrors of nursery medicines such as castor oil or Gregory’s powders.”

Sinusitis—An inflammation of the cavities in the bony skull causing agonising pains in the forehead and the bridge of the nose absolutely blinding in character.

“High potencies work rapidly and efficaciously but as they cause acute pain and aggravation they should be used cautiously. They act for longer periods, powerfully stir up the constitution and make a vital difference in the character - temperament and mental make-up of the patients.”

“The study of Homoeopathy is a whole time and life long occupation”

“High potencies though far removed from the material toxic doses can kill just as surely as poisonous doses. They being the vibrations of the life forces of a medicinal agent are liable to act as certain chord which when struck on a musical instrument causes a glass to crack. They act as a silver chord attaching the higher bodies to the coarser grained physical body—in men and which may snap across if the most similar medicine is given in a very high potency.”

Never mind if it be rheumatism, kidney disease, Peritonitis, meningitis etc., you are sure to cure the patient with **Apis**, if he has burning, stinging, lancinating pains, with excessive swelling, coming on rapidly and spreading rapidly. Hot applications make pains worse. There may be constriction and difficulty in breathing, restlessness and general widespread oedema (constitutional symptoms).

“The trituration or succussion breaks up the molecules of a medicine into ions and renders it active enough to work a cure.”

“During pregnancy the hidden constitutional errors show themselves and therefore the best time to give real, worth-while constitutional treatment is during the 9 months in which a mother is bearing her child.”

Tarantula Cubensis—An inflamed pimple surrounded by a scarlet blush—this pimple continues to swell and spread—chill and fever sets in, the pimple becomes a large hard abscess which ends by mortification of the integuments over it and several small openings from which discharge a thick, sanious matter. This condition resembles a carbuncle in which this Tarantula is used.

Trantula Hispania—Restlessness, Chorea,—Hysteria alternately laughing and crying—choreic or hysterical paroxysms are improved by music. No hysteria when unobserved or left alone.

### **Tooth Extraction.**

Phosphorous—Controls bleeding in a dental cavity after extraction of tooth as if by a miracle. Give Arnica before extraction—for pain and swelling (There are many other haemorrhage remedies like Lachesis—Coffea etc. and the wise physician will carefully memorize all the symptoms of each one.)

Coffea—Highly nervous people who find pain unbearable. They don't like any one come near them because they feel the very vibrations of the floor boards from any one walking across it.

“A prescription of Psorimum helps the general health of an expectant mother during pregnancy.”

Confinement Case—During pregnancy pale, pasty—unhealthy—greasy skin and hair—well-developed—too much fat on her body—always tired and done up—very

sleepy—reserved—some what sullen and sulky—Calc carb and later Tuberculin.

Sepia—aversion to husband. Irritable, fits of temper, threatens to do herself an injury—Indifferent.

Plumbum—Colic and abdominal pain, slight constipation, with the sensation of drawing like a string from the navel.

Pulsatilla—Restlessness, delivery pains, slow and ineffective ; she throws herself about, would not lie on her back, throws off her clothes complaining of heat. Wants the windows open, can't endure any more.

“Forget about the bacteria—they are only the scavengers of the disease and not the cause—help to eliminate them by a clean diet of fruit juices and the correct Homoco remedy.”

“Arnica followed by Rhus Tox, Ruta and Calc Carb later on—all in repeated doses along with regular massage make a sound job of the torn ligaments and stretched muscles (as in sprain of the ankle ligaments)”

“Depression and mucous colitis are a common sequel of mumps”. “In the case of a lady suffering from dysmenorrhoea, nausea, vomiting, collapse and exhaustion—Puls., Calc and Lyco produced painless and easy periods.”

Septic condition—“Tonsils inflamed—dark red in colour—entirely painless, tenderness on the outside, fear of being touched <from a jar and from turning the head—Bell.”

Silica Constitution—Tendency to slip and fall to the ground ; feels the cold very much, loaths winters, lacking in confidence, afraid to assert. Apart from being a hot remedy Sulphur has icy cold feeling in the bones and in the inner parts.

Silicea has stong unpleasant perspiration under the arms.

**Sore Throats.**

Phytolacca Throat—comfortable bed felt very hard. body bruised as if it had a fall ; throat aching, pain extending into ears, hot tea could not be swallowed liked cold orange juice. Tonsils enormous—brilliantly red and studded with large yellow pustules. (No septic gargles no nasty throat paints).

Lachesis Throat—Pain on swallowing—dryness of throat, enlarged purple tonsils. Inflammation first on the left side and then on the right warm drinks, unbearable saliva in long strings <during the night—wakes up with clutching of the throat.

Lycy Throat—Inflammation starts on the right side—likes warm drinks.

Merc Proto-iodide Throat 10m—“Does not like warm drinks—cervical and parotid glands tremendously swollen and tender—sticky mucous—throat can't be seen—Tongue thickly coated at the base with yellowish fur—Nausea at the sight of food—offensive odour from the patient—abdomen hard and painful—complete stoppage of bowels.

Merc Bin Iod 10 m—The patient lying like one dead—no reaction can—not swallow anything—only half conscious, left side mainly affected, profuse flow of saliva, fauces dark red—sinking from the acute toxocemia due to the septic condition of the throat.

Apis throat—Redness and swelling of the throat with stinging and burning pains > by cold. Tongue swollen also the uvala resembling a water blister direction of swelling— from right to left. Fever without thirst. Desires a cold room, dislikes heat.

Bell throat—Agonising pains in the head, can't bear the

light, throat intensely red and swollen, face very red and hot, throbbing in the neck (antiseptic paints, Iodine gargles, Hydrogen peroxide mouth washes are unnecessary and in fact delay the cures).

A tea gargle is helpful when fruit juices are not available.

Fluids sometimes return through the nostrils suggesting paralysis of the muscles of deglutition.—Pain in throat extends to ears. Bell is very thirsty, craves for lemon juice. Tenderness & enlargement of glands at the neck.

Arsenic Throat—Prostration marked. Burning throat, thirst for frequently repeated sips of cold water.—restless and anxious; <round about midnight or soon after.

Baptisia—Tonsils, dusky, purplish red, great swelling, painless throat. Tongue swollen offensive, purple, covered with thick brown fur down the centre, can swallow fluids but not solids. Generally low state of patient. Sinks into stupor. Delirious & Confused. Thinks there are two of him.

Crotalus H—Left-sided throats with low forms of blood poisoning—Bleeding from orifices of the body—body yellow and blue, Gangrenous or diphtheritic throat—much swelling of glands.—Impossible to swallow liquids—throat tightly constricted. Low passive delirium—muttering.

Lac Caninum—Throat with alternating sides, throat looks red and glazed with silver-grey deposit pains > by cold or warm drinks.

Merc sol—Spongy throat, neck stiff—throat dry, swallowing difficult, mercurial odour marked—tongue thickly coated takes imprint of teeth—sub-maxillary glands enlarged dark red throat, acute prostration, offensive sweat < at night—trembling of limbs—

Hep. Sulph—Ulcers in throat, sensation of splinters or

fish bone in throat, pain extend to ear on yawning, swallowing & turning the head > warm drinks (Lyco), patient feels very cold. Fever with sweating with a desire to be covered up; profuse perspiration, yet he wants several blankets over him, objects to open doors & windows—

Kali Bich—Deep scooped-out ulcers or tonsils, the saliva is sticky and stringy.

Remember Sulph. in debility after tonsillitis—

Rhus Tox—Pain on swallowing food and on empty swallowing > warmth in general, stiff throat sensation as if throat swollen up and closed—choking sensation on swallowing liquids and a grasping pain as if something was being torn out of the throat.

Note—Acute remedies are only short-acting, we require a constitutional remedy to prevent recurrence of tonsillitis. It may be Sulph, Calc C, Baryta Carb, Silica, Lyco, Phos or any other. When tonsils become fibrosed and refuse to disappear entirely—that is the time to operate; the enlarged tonsils are just foreign bodies.

Earache (Acute middle-ear disease)

It follows after such acute diseases as influenza measles, scarlet fever etc.

Puls—Almost beside himself, fretful and whiny—pain comes in fits and shoots right down to the teeth in the lower jaw.

N. B. Bell, Puls., Merc Bin are common remedies in earache but other drugs may be required.

Cham—Shrieking-spiteful-wants to be carried about one side of his face red & the other pale

Cina—Irritable, fretful, does not want to be touched, screams when the back of the ear is touched, face pale—

rolls his head. Face pallid with a white line round the mouth grits his teeth & picks his nose—drum of the ear bulging red.

### In Homoeopathy

There is no glamour and ritual of the whole surgical procedure the bustling nurse, the cheerful anaesthetist with his bagful of sweet-smelling mystery & the important, Jove-like surgeon who holds death and life in his glistening instruments and dexterous hands.

Some people are difficult to convince & they wriggle out of any argument, if it does not suit them to believe.

Capsicum is an important remedy for threatened mastoid abscess. Earache <at night—Redness over the mastoid process—cheeks are red and cold.

Merc Bin—Left-sided earache caused by cold air—Dullness & numbness of left side of face with a feeling of internal heat in the vertex deafness after getting warm, giddiness which makes it impossible to stoop.

Lac Can—Complaints regardless of kind or quality—change sides.

Spigelia—Left-sided, very acute cutting, stitching pains over ear, shooting down into lower jaw and upto crown of head. <during day> at night—motion unbearable. Can't ever bite or chew the softest food. Warmth relieves Gloomy—depressed.

Gels—Earache during menopause.

Glonoïn—Menopausal cases of congestive headaches and earaches violent pulsations and throbbing in ear and head pain> open air <warmth and lying down> cold applications.

N.B.—Cham & Hep S. are both allied with this diffe-



rence that the Cham. patient is spiteful and the Hep. patient is more likely to faint with pain.

Ferr Phos—Earache < cold air—skin hot and dry; red cheeks, half open eye-lids, nose bleeding with each attack.

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### DIFFICULT CHILDREN

Tuberculinum 30 (weekly dose)—Sullen, bad-tempered. Never a smile. Terrible storms of temper—Kicking and howling—not doing anything. She was told soft words or harshness makes no difference. Such children do all sorts of mischief—pull the table cloth off, mix sugar and soap flakes and so on.

Tuberculous children (a) do not like to be disturbed by people—

- (b) Trembling of hands.
- (c) Positively ugly.
- (d) Trifles produce irritation.
- (e) No hesitancy in throwing anything at any body.
- (f) Unreasoning of terror—can't be quieted. (At a medical Examination or with strangers)
- (g) Extremely excitable, argumentative. Contradicting the whole time. Does always opposite to what she is asked to do.

Silicea is complementary to Tuberculinum. It controls foot sweats, fearfulness and is an antidote to vaccination and recurrent—colds from over-heating.

Tuberculinum loves being out in cold winds—loves battling with storms—Physical likes closely related to mental characteristics—wild temper—rages and storms

We always think of Puls. as timid and retiring but the

patients of Puls. nature can storm and rage and can make the loves of their patients very unpleasant. They are easily frightened—take unaccountable dislikes to people—are fidgety—changeable. They are generally affectionate.

Staphisagria—Teeth turn black as soon as they come through. Toothache, lack of self control. Very touchy, cross and ugly. Takes offence where none is meant. Impulsive, throws things at anybody.

Drosera—A tubercular remedy—tempestuous children, night cough. “Rattling inside” moist sounds in her chest.

Phosphorous—Trembles and shakes with fear; shouts and screams; frightened of people, of the dark, when alone. Indifferent to school and friends. He hides and kicks when dragged out of his hiding place. Undersized—thin and fair; sensitive to noise, very fidgety—can’t sit or stand still feels the cold intensely, likes sympathy—scared out of wits during a thunderstorm.

Silica—Thin, white, almost the colour of chalk, enormous head—esp. the forehead—Rickety large prominent belly. Weak legs esp ankles. Timid retiring shirking everything—obstinate and head strong when spoken to—always hanging on to his mother’s skirts; Tendency to head sweats and moist feet—Hated to be touched. (Multiple perforations of right ear-drum).

Baryta Carb—Big head, big abdomen, thin legs, tendency to enlarged glands—enlargement with each cold—shy sits about in corners. Hide behind his mother, as a baby hides his face in his hands—cowardly—Irrolute—Bashful, does not want to play with other children.—dwarfish in mind, as well as in body—would not answer or speak when spoken to—stammering.

Nat Mur—Late learning to walk, late in learning to talk—a pale child with a greasy, waxy, shiny skin; emaciated, weak, thin, eats well and yet does not put on any weight—such a child turns his face to the wall when talked to, the more he is sympathized with, the more he cries, fearful dumb awkward, clumsy, always lets things drop—always stumbling when walking, frightened of burglars, startled at noise (on suddenly hearing a door open. Craving for salt but does not like fat) scared of thunder, his lips easily cracked and split—esp. the middle lower lip—sometimes develops strabismus (squint). He feels the cold and is never at his best in the morning—does not wake until the day has got warmed up a bit (until after 10 A.M.)

N.B. Squint after all, is unequal pulling and straining of the muscles in different directions, due to weakness; and when nature is stimulated by the correctly indicated remedy, the *vis medicatrix naturae* will do the rest.

Stramonium—A great trial and anxiety to his parents—cruel, spiteful, jealous, suspicious to a degree, torments cats and dogs, pinches and hurts and nearly kills his younger sisters etc—tries to run away from home—occasional nocturnal bed—wetting—defecates into his knickers—but when told he shall have to wear his dirty trousers. It is all his naughtiness. Has fits of temper, shouts and screams, calls people all sorts of names; insolent and rude; laugh inordinately at times about nothing—sometimes very affectionate—Not shy of strangers. Steals everything he can lay hands on. Very fond of sweets and sugar, frightened of cars—fear of being alone, fear of a mirror, fear of thunderstorms; fear of going near water; afraid of feathers and spiders.

Fluoric Acid—Family hatred.

Chamomilla—Ugly, nervy—easily angered and capricious, can't be spoken to, won't be touched—obstinate, self-willed. We get the cham picture if there is pain present. We get all these peculiarities in the teething children with colic, earache, neuralgia, headache—menstrual pain and the labour pains. Nothing pleases him, nothing right—throws things when offered. Cheeks red, sometimes one side—Face hot while the rest of the body is cold. sweating of the head and scalp. Pains and temper always <after 9 O'clock at night (until midnight) and sometimes 9 O'clock in morning. He is not one to suffer any pain in silence. The Cham. storm is short and sharp while it lasts but it is over soon.

Hep Sulph—Scratches windows with flints, lies and steals things—hides the articles and then denies having done so, sets things on fire in the house—naughty behaviour. Syphilitic history.

“Surgery should be the handmaiden of Medicine”.

### Women's Ailments

Lilium Tigrinum (high dose)—Displaced uterus, severe pains in forehead with disturbed vision, pain in the bottom of the back and the sacrum, great suffering during menstrual periods, great heat in head, emptiness of stomach and hot soles of feet (very like Sulphur); Irritable, could not bear sympathy (like Puls) could not stand a warm room, liked to be out in the cold.

Sulphur—Will charm away these symptoms.

Heat on the top of head, flushes in the face—oppressed from congestion, wants windows and doors open, feels weak at 11 a.m.—a gone sensation in stomach. Sulphur is a great friend to the over-taxed, over-tired women in the forties.

Puls—While giving symptoms, outbreaks of perspiration in a warm, closed room, her eyes filled with tears. Irritable and changeable, very touchy.

Cimicifuga—Violent headaches as if the top of head was torn off. Very jumpy, very hysterical!—at nights whichever side she sleeps, begin to twitch thus preventing sleep—muscles at the back of the neck stiffy.

Lachesis—Severe headache every ten days or so. Beginning at the back and passing over to the front of the head, distressing palpitations of heart. Pulsations of body—Given to much talking.

Lachesis—Uterine haemorrhage dark. Almost black all symptoms > Haemorrhage.

Glonoïn—Surging pulsations and hammering of the head, nearly driving her frantic much < warm room and the heat of the sun > opening window—has to sit up in bed to get sleep at all. Palpitation on going up hill.

Sepia—Uterine haemorrhage generally associated with prolapse, down-bearing pains—tall, thin women easily depressed—Cold, frigid spiteful, tired of affection—dislikes sympathy—yellowish brown discolouration of the face—yellow saddle.

Calc Carb—Pale, flabby folk, chalky look, relaxed, cold and reserved, busy people, tired through overwork. Heavy and continuous haemorrhage during the change.

Nux Vom—Bleeding profusely—Continual ooze, very sensitive to her surroundings. Very irritable always quarrelling with her colleagues—easily offended, feels the cold very much, always dislikes a draught of air, dyspeptic always constipated. Taking something or other for constipation severe pain about an hour after food.

Sabina—The blood is bright red—violent pains shooting up from the sacrum to the front or from the fork upwards to the navel. (If the haemorrhage recurs again and again—a chronic drug is required like Sulph. Calc C. etc.)

Crocus—Hysterical-Haemorrhages with dark clots and a feeling of weight in the lower part of her abdomen so strongly marked that she is certain that she is about to become a mother.

### **Tumours.**

Hecla lava—Spongy-bony tumours disappear very rapidly under its use (3x).

Conium-30 Stony hard swelling in breast.

N.B.—Even malignant cysts in breast can disappear under Phytolacca (compresses of Phyto—to be applied externally) Glands in the axilla are also removed by this remedy.

Graphites—Acts on wens and prevents their recurrence.

Thuja—Left sided (1) Cyst (Meibomian on the upper-eye-lid); (2) The patient never at best in the early morning, never woke up until the day was well aired (3) History of repeated vaccinations.

Caladium—Forgetfulness and absentmindedness; nervous excitement—always in a hurry; an inveterate smoker. This drug stops the craving for tobacco. These constitutional symptoms were found in a patient having two small cysts on the upper eye-lid and which disappeared within 6 months. She was also given Tuberculinum for she had a history of tuberculosis in the family.

### **Colitis.**

N.B.—Colitis is sometimes congenital. It is caused by an enormous dilatation of the colon the large intestine.

This is blown up like a balloon and its contents are discharged downwards, as soon as they enter the small intestines.

Mag Carb—The moment the baby starts taking the breast, his bowels start to run. Quite a hydrant of green watery fluid shoots out of his bowel with a great deal of force.

China—Yellow watery stools with flatulence, painless and coming on <after eating—Caused by eating fruits.

Radium Brom—Produces rheumatic pains in the hands.

Cistus Canadensis—Diarrhoea after fruit and Coffee, urging to stool very early in the morning—catarrhal symptoms. thick yellow mucous in the nose and eyes with a burning feeling.

Sulphur—Fruit, eggs, vegetables give pain and diarrhoea aversion to all sorts of food. Loves arguments Philosophical.

Selenium—Terrible weakness with the marked emaciation.

### Some Acute Cases

Ars alb—Diarrhoea after ice cream (gastro-enteritis).

Bry—Acute abdominal colic stitching, burning pains <movement lies still with the knees drawn up to relax the abdominal muscles, Every breath makes worse—asks for cold water in big mouthfuls.

Gall Bladder Colic—Pains every night on the right side region of gall-bladder extending through the right shoulder blade restless with pain—sits bent over—has to hold herself. This suggests chelidonium. She has a craving for fat (Ars, Hep., Nitx, Nux V and Sulph) and a desire for sweets which leaves ars and Nux V. Sulph indicated in the highest degree. Mentally she was intelligent, inquisitive wanted

to know the why and wherefore of everything. argumental, Philosopher. Sulph given.

### **Epilepsy**

Lyco—The fits come on after having a good sleep— one fit a week, the longest interval has been 30 days. Head feels like a ballon and seems to expand; quiver of light in forehead before attacks. A small red swelling noticeable like a blood blister underneath his left eye getting larger and more prominent before an attack. Feels stupid and dazed after fit bites tongue—unconscious for a few mts. slight headache and weakness. Nausea and desire to vomit after an attack as he usually swallows blood. Several attacks during his sleep well-made, fair skinned, greasy, pimply and blotchy face-anaemic gets irritable and annoyed when asked questions which he considers silly > alone, hates sympathy; walks for miles—without speaking to anybody his vertigo < rushing about < after noon.

### **Skin Diseases.**

Sclerema Neo-natorum.—Hardness of part of the skin of babies.

It is fascinating to look down a gastroscope and see the ulcers inside the stomach or through a cystoscope and see the ulcers or stones inside the bladder but it is every difficult for an allopath to cure people of such ailments.

### **Rheumatism (Fibrositis)**

Merc Sol —Very offensive (sour) sweats, swollen joints, acute pains, high temperature. The more the patient sweats, the worse he feels. Only comfortable in bed and yet as soon as he gets warm, throws off his cothes, then he feels cold & pains get < again and he covers himself. Pains < during the night—Tongue thickly furred.



Kali Bich—No perspiration, not very restless as movements make <—> warmth. Pains wandering—shifting, Diarrhoea increased pains.

Rhus Tox—Pain on first beginning to move and easier after continued motion restlessness which compels to move all the time—Cause-Rain and wetting.

Bry—Pain on movement—coughing and sneezing, agonizing, Firm pressure soothing and grateful.

Puls—Keeps on moving to get ease; Tearful.

Sulph—Revels in damp and cold—active in the damp but during a dry, warm-summery spell—his knees are painfully stiff. He hates the nights for the warmth of the bed heats up his muscles so as to search for cool places in bed. He hangs his feet out.

Puls—Gentle, timid soul, easily moved to tears, affected by warm weather, even though likes warmth for her local aches and pains; she dislikes fat food.

Apis—Inflammation of the right knee joint, looking red, feels hot to touch and pits on pressure. Oedema all round, complains of stinging and burning pains <in the warm bed, hot application, sitting near the warm stove.

Dulcamara—Sudden change from hot to a cold temperature, exposure to cold plus suppressed perspiration.

Rhododendron—Stiffness in neck, pains in head—she has to wrap up her head and neck to get relief. Pains <in cold wet weather. She always knew when there was thunder about for the pains became <before the thunderstorm.

Cimicifuga—Head drawn back; can not turn it either to the right or to the left, can not lie on back because of the contraction of muscles. The muscles jerk and jump. Extremely depressed and gloomy. (In case

cimicifuga does no good. Give Macrotin 3x—2 doses in 12 hrs. Trituration)

Selen—Extreme weakness following prolonged fever, Excessive general emaciation, withering of the limbs, falling out of hair; inability to take lemonade and any stimulant which was followed by diarrhoea also diarrhoea after tea, fruit—Weak after first waking up from sleep sensitive to the slightest draught.

Aesculus Hip—Pain in the sacrum—went into the hips —was agonizing <walking. Almost impossible to rise after sitting.

Lyc—Trouble begins in the right knee and then goes to the left much <afternoon ! yielding nature. Rather timid.

### First-Aid

Arnica—It does well in all “injuries” of the soft parts, the muscles; in bruises, contusions, extravasations of blood, sprains, strains of the muscles due to over-exertion, tired limbs when exhausted or after labour. Aching of the body after a sleepless night will disappear under Arnica. (It is better than a sleeping draught). Pain due to mental or physical shock such as pain and swelling after dental extraction.—even in concussions it is used with good results (3 or 5 drops per oz relieve contusions and swellings provided there is no abrasion. In a case with a broken skin, Calendula Tr. diluted 1 in 10 will replace the Arnica and do the work better than any antiseptic such as Iodine etc). It is advisable to take Arnica. (3 doses in 24 hrs) before going to a dentist to prevent shock & pain. Haemorrhage is frequently much lessened by such preventive measures.

Arnica given internally works wonderfully well in cases

of blasts from bombs and earache due to rupture of eardrums from the effects of blasts ; injuries to eyes from whatever causes, knocks, stones, pieces of grit in the eye. Extensive bruising of face after boxing disappears within a few hours.

Even blindness and cataract following on injuries to eyes can be prevented with 3-4 hourly doses of Arnica given for at least a week.

Arnica ointment can well be applied instead of arnica lotion to bruises, contusions etc.

It is useful and should not be forgotten in corns due to pressure of ill-fitting footwear—given internally and applied externally.

Ledum—Remember Ledum in punctured wounds from sharp, pointed instruments such as awls, stabs, bites from animals, dogs—horses, cats and rats, insect stings, septic wounds—Whitlows caused by needle pricks—splinters under nails injuries where the affected part feels cold to touch, yet is relieved by cold applications.

It absorbs serums and blood clots.

Hypericum—(1) It follows Ledum if pain from a punctured wound begins to go up the limb, prevents extension of Sepsis. (2) No anti-tetanic serum required. It cures lock-jaw due to injury. (3) Injury to the Coccyx concussion of spine. (4) Pain in the Coccyx after injury at birth. (5) Compound fracture of the Humerus. (6) Cures crushed fingers or toes where sensitive nerve endings are left exposed. (7) Gun shot wounds. (8) Abrasions of the knee. (9) Alleviates pain in an amputated limb. (10) Falls on the Coccyx and spine however long ago.

Ruta—(1) Inflammation of the knee joints and the

wrist joints will answer well to Ruta. It acts well on torn and wrenched tendons—on split ligaments of joints, on the bruised periosteum or coverings of bones. (2) Bruises and kicks on the shin in footballers and hockey players. It prevents nodules on the shin bone. (3) Housemaid's knee, tennis elbow, ganglion of the wrist respond well to Ruta in potercy. (4) Ruta oint is useful in painful bunion and broken chilblains.

Symphytum—(1) It hastens the formation of callus so necessary for bones. (2) Treatment of a fracture—simple—Give Arnica at once and repeat as required 1 to 2 to 4 hourly until the effects of shock have passed off—then Ledum 3 or 4 times a day to assist the absorption of the extravasation of blood which may take 3 to 4 days, followed by symphytum—thrice a day until the bone has united. (3) Compound fractures accompanied by the bruising of the nerves—give Hypericum immediately. When the nerve pain ceases.—Give Arnica for one or two days for the shock and then Ledum for a few days if there is much bruising and swelling of the softer parts covering the bone until this has become absorbed and then finish off with symphytum—thrice a day to promote the healing of the bone. (4) Also useful in injury to the eye-ball and the surrounding bone due to injury by stone or heavy stick. It will prevent cataract and ensuing blindness.

Rhus Tox—It is the remedy par excellence for ruptured ligaments and tendons round joints—Sprained ankles and wrist should be treated with Arnica in repeated doses for the primary shock, followed by Ledum for the extravasation of blood and then give Rhus Tox for several days until the patient has recovered. An excellent mechanical adjuvant is soap and water massage of the injured part, carried

out as soon after the accident as possible. It is useful in the barometer joint, i. e. the joint which re-acts to changes in the weather. In chronic sprains Calc carb. will rectify the stiffness and weakness of joints in persons easily affected by cold or changes of temperature. It should be give 4 hourly for dislocations of lower jaw.

### Wounds

In the case of wounds when the skin is very oily, dirty and greasy use cotton wool and turpentine to clean off the worst of the grease, remembering to wipe the dirt off in a direction away from the wound. After thus cleaning off, apply Calendula lotion as a dressing.

Calendula is not an antiseptic in the true meaning of the word but germs do not thrive in its presence. (Add one teaspoonful to a pint of boiled water or unboiled even).

In some cases in order to prevent the gauze sticking to ulcer and raw areas, it is left on and moistened with lotion whenever it becomes dry.

Calendula oint is extremely soothing and heals rapidly, when applied to all kinds of cuts, cracks, chapped hands, legs, small septic spots etc.

Never ignore the almost equal virtues of Hypericum as a vulnerary. They have sometimes to be inter-changed.

Hypericum can be safely applied to and is preferably > than Calendula in highly septic wounds, whitlows, septic nails, cellulitis, gangrenous toes, ulcers and so on.

### Haemorrhage

(1) Use pure Calendula tincture in all cases of external bleeding and it would never fail to act.

(2) Calendula acts rapidly in arresting haemorrhage from the gums.

(3) Give Phosphorous in bleeding after tooth extraction (every 4 to 15 mts.)

(4) Nose-Bleeding apply cold over the nose and the spine at the level of the collar and put the feet in hot water. Repeat Vipera 12 every quarter of an hour.

(5) For passive bleeding from varicose veins, hold the leg up at right angles to the body. With the patient lying down apply a bandage on both sides of the bleeding vein but in addition give Ham or Secale every 15 mts as the case may be.

(6) In internal haemorrhage from the lungs or stomach, try Ferr Phos in repeated doses or Ipecac if blood is bright and gushing or Aconite if the patient is restless and shows fear of death. Arnica may help if Ipecac fails.

For the after effects of haemorrhage (Bloodless, pale, shivery-cold etc) give China, when the loss is extreme, give Ferr Protoxalate ix—2 grains T. D. S extended over several weeks.

### Fainting

(1) If a man faints at the sight of blood, make him sit down and put his head gently between his knees.

(2) Fainting due to long standing, fasting is quickly remedied by hot drinks.

(3) Fainting from fear or anxiety is put right by Aconite, from sudden joy by Coffea, from grief and bad news Ignatia.

(4) Fainting from fear and fright with twitching of limbs and hysterical fits, with red face and perspiration :—Opium.

(5) Effects of fear and fright with trembling of the limbs and frequency of micturition and diarrhoea—Gels.

### Sun-stroke.

(1) Glonoine—Intense congestion of head, giddiness and rush of blood to head and chest, violent throbbing pain in the head > uncovering it.

Bell—< lying down, uncovering the head or having the hair cut (1) this is another remedy for throbbing headache.

(2) Do not forget Nat Mur 2x Trit.

(3) Gels—Less acute fever with little delirium and the headache at the nape of the neck, face is dusky, flushed and he looks stupid and besotted with a hot, dry skin.

### Burns and Scalds.

For ordinary minor domestic burns, give *Urtica Urens*, internally, repeating it whenever the pain returns. Apply *U. Urens* locally as well (20 drops to a large cup of water, soak a pad of gauze large enough to cover this area in this lotion, apply to the burn, cover with lint, cotton wool and bandage).

In more severe cases of burning where there is great pain and restlessness, blister formation, use *Caust* internally and *Hypericum* lotion externally. This would form new epithelial cells and allow undisturbed growth under the cover of the dressing. If necessary, apply *Calendula* oint. to the edges of the burn.

For burns of the 3rd degree (severest type), use *Cantharides* ext. and *Cantharis* internally. In such cases sometimes *Pneumonia* supervenes or duodenal ulceration due to the absorption of toxins from the injury and the disturbance of the nitrogen balance.

### Foreign Bodies in the Eyes.

(a) First see to it that the patient does not rub the eye, pull down the lower eye lid and remove the speck; if seen, with a piece of cotton wool or with the slightly wetted

corner of a handkerchief. A foreign body under the upper eyelid, requires more expert handling as the lid has to be everted. Apply after removal of a foreign body a weak (1 in 25 Calend Tr) solution washing the eye in an eye-bath. After this put on Calend ointment and give Aconite internally.

(b) For quick lime in the eye, bathe the eye in vinegar and water, 1 in 4, to antidote the action of the alkali. Then use Calend ointment and give Aconite for shock.

(c) For accidental injury to the eye with corrosive Acid, bathe it with a baking soda solution (a dessert spoonful to a pint of cold water); after which apply Calend oint and give Aconite internally.

(d) If a foreign body is embedded in the eye-ball, before removing it, pull down the lower eye-lid, drop in castor oil on the eye-ball, tell the patient to close the lids; cover the eye with a large pad of cotton wool and bandage it firmly. Give Aconite internally.

### **Foreign Bodies in the Ears and Nose**

Make the child sneeze by making it sniff up some soap powder or snuff mixture. Effort of the sneezing may expel the foreign body, unless it is pushed up too high—In case of bleeding—apply Calendula oint.

In case of an insect in the ear, it may be removed by filling the ear with oil—which will make the insect float up to the surface handy for removal; other foreign bodies should not be interfered with by a lay person as fatal consequences ensue.

### **Some Medical Emergencies.**

(1) **Frost-Bite** : In such cases all feeling is lost and then the exposed parts become white and later congested



and bluish in appearance. The first rule in frost bite is mild friction with snow and later dry gentle-heat until sensation and warmth are restored. After the restoration of the circulation, bring the patient into a warm room, give him hot drinks. Ferr P. may be needed.

(2) **Chilblains** : Locally apply *Tamus Communis* Tinc. should they break, apply *Calendula* lotion and when healing *Calendula* oint. Internally, *Agaricus*, *Puls*, *Sulph* or *Hep S.* may be necessary. Inflamed, intensely itching, purple chilblains <from heat in a warm bed, in front of a fire require *Puls*. Chilblains of the feet, toes and hands <cold> warmth—**Agaricus**—suppurating chilblains tender to touch—**Hep Sulph**.

Burning, intense itching with dark, red inflammation, covered with blisters <in the damp cold—*Rhus Tox.* Itching purple and suppurating *Sulph*.

N. B. Sometimes it has been found that the sufferer's urine is sometimes efficacious.

(3) **Rupture-Hernia**—*Nux vom.* High potency in weekly doses has cured several cases (*Carleton*).

*Calc Carb*—Fat, flabby babies with inguinal *Hernia*.

(4) **Poisons**—They should be treated by elimination, neutralization with the chemical antidote, as well as attention to shock. Give an emetic if there is no sign of burning of the lips and mouth such as a table spoonful of mustard powder in half a pint of lukewarm water or salt in a tumblerful of lukewarm water repeating the emetic, until the patient vomits. If there is burning a neutralizing antidote will be necessary.

**Acid Poisoning**—Give large quantities of an alkali, lime water, or a tablespoonful chalk or magnesia.

Alkali Poisoning—Give vinegar or lemon juice diluted equally with water by the tumblerful.

Carbolic Acid—(and Lysol poisoning.) They need Epsom or Glauber's salt, dissolved in a tumblerful of milk or water.

Corrosive sublimate—(Perchloride of Mercury) give white of eggs mixed in water in large quantities, after which give an emetic.

Iodine Poisoning—Starch and water mixed or large quantities of thin arrowroot which will turn the poison into iodine chemically into a harmless iodide salt.

Phosphorous Poisoning—Give Epsom or Glauber's salt, one tablespoonful in a tumbler of water—no oil or fat to be given in any form.

Alcohol Poisoning—Keep the patient warm so as to prevent Pneumonia as a result from exposure—the stomach may have to be washed out with warm water by a stomach pump.

N. B. Ledum antidotes the effects of whisky ; Coffea in potency helps to sober up. Give Aconite if there is fear, anxiety and restlessness ; Ignatia if hysterical and weepy ; Arnica if bruised, sleepy and comatose.

(5) Boils and Carbuncles—Give *Tarantula cubensis* internally and locally use *Hypericum* tincture (1 in 25) renewed every 4 to 6 hrs.

(6) Whitlows—*Hypericum* dressings locally and *Hypericum* internally. If restlessness and thirst, give *Ars alb*, *Puls* if relief from cold.

(7) Coal Gas Poisoning—Always wear a gas mask while entering a room where there is an unconscious person. Open the windows freely. Remove the patient and per-

form artificial respiration. Give Carbo veg every 10 mts. In slight cases of gas poisoning, Bry will be effectual.

(8) Food Poisoning—Sudden vomiting and diarrhoea, great weakness dry mouth, fearful anxiety, and restlessness, everything burns that enters the stomach. Sips of warm water may be comforting—heat also. Dysentery symptoms may be present with straining and burning at the anus. Ice cold water or ice cream may bring on such symptoms Arsa is the remedy.

Bry—Over-eating violent pain in the abdomen, severe vomiting, can keep nothing down even though he is thirsty cold water returns as soon as it enters the stomach. <Motion, lies with the limbs flexed, knees drawn up, pains in stomach> by hot application. Vomiting <raising head and trying to sit up. These symptoms can be due to rich food, cabbage, new bread, ice cream.

Puls—Acute gastric disturbance after eating pork, pastry or bad fish, bad meat, ice cream (Nausea, Bloating of the stomach, colicky pains, belching up of rancid food, bad taste, dryness of mouth thirstlessness—restlessness> walking about slowly, can not lie still with gastric symptoms likes fresh air and windows).

Carbo veg—(cause as in Puls) accumulation of wind, distension of the stomach always belching, anxiety restlessness distension comes on mainly at night.<lying down> sitting up and loud Eructations.

China—Indigestion and colic after fruit excess, after eating cabbage raw vegetables, drinking too much tea and eating sour things such as pickles, bad fish and flatulent food. Distended, bloated stomach with constant belching without any relief different from Carbo veg light touch makes pain and indigestion worse while firm pressure relieves

—Diarrhoca after eating, rumbling in the abdomen and expelling of quantities of wind from the bowels yellow, painless stools.

Enp Perf—Saccharine poisoning extreme cold, chilly feeling and shivering down the back to the legs, extreme collapse, shivering <violent thirst vomiting of bile at the end of the chilly period, then feelings of heat come on, heat with excessive aching deep in the bones of back and limbs, so intense that there is constant restlessness and movement (Bone breaking) no sweating.

Nux vom. Bilions attack after exposure to a cold dry wind, too rich food, bitters followed by strong coffee ; this is followed by weight and heaviness in the stomach and chest a couple of hours after meal and a general cold feeling, nausea sometimes retching, jaundiced eyes and skin, constipation, piles—all associated with great irritability.

Nat Sulph—Slow digestion with nausea after starchy food, vomiting of bile with colic, pain in the abdomen, fulness and rumbling, gurgling—diarrhoea alt constipation. Morning diarrhoea, great sensitiveness to damp weather, violent headaches, pains in the joints and sciatica. This antidotes the “Kruschen” feeling.

(9) Headache.

Nux v.—due to indigestion, constipation and laxatives.

Puls—Over-eating, a full stomach, too much fat or ice cream.

Ign—Sorrow, emotion, grief or worry.

Arnica—Fall, injury or Concussion,

Bell—Too long exposure to the sun. (Red flushed face, throbbing in the arteris, great rush of blood to the head).

Glonoine—<lying down, pain at the back of the head and neck> sitting up and pressing the back of the head.

Iris—Headache beginning with a blur before the eyes, with a throbbing and shooting in the forehead, with nausea and vomiting of sour food, profuse flow of saliva and severe burning in the anus with straining and bearing down, crampy pains everywhere.

(10) Cold and Chills

Allium Cepa—colds and nasal catarrhs where the discharge is acrid and burning <warm room, evening.

Nux vom—Exposure to cold winds with fluent coryza in the morning and during the day time with stoppage of flow at night—the free flowing discharge of mucous from one nostril which seems obstructed by dry catarrh, chilly feelings <slight movement—patient can not get warm although sitting over the fire, or well covered with warm clothing—also irritability. “Nothing is right” feeling.

Other remedies like Ars, Aconite etc. may be required.

### **Gunpowder.**

It is a combination of sulphur, carbon and nitric or saltpetre. It is used in blood poisoning. It does not exert a direct germ—Killing action, it acts by increasing the normal antiseptic action of the blood and by raising the immunity. In health living blood destroys germs ; and the reason that in epidemics some persons escape the infection is that their blood is equal to destroying the germs which attack them.

The homoeopathic potencies lose their physical properties and become radio-active. These when raised to a higher pitch of vibration pass on these vibration to the individuals who take them.

For local dressings, cleanse with Calendula or Hamamelis tinct. (one teaspoonful to the half pint). Gunpowder 2x or 3x cures herpes of right eye brow and nose. In poisoned gnat bites, given 3 times a day, it rapidly cures the suppuration.

It makes the menstrual blood flow freely and there is no pain or scanty discharge.

A case of septic synovitis and cellulitis of the right thumb in a horse-keeper bitten by a horse.

Hypericum dressings and Hypericum 30 internally. Principal symptoms of Pyrogen—

(1) Disproportion between pulse and temperature. Pulse continually rises.

(2) Parts sore—Restlessness.

(3) >sitting up in bed and in the act of rising, stretching out limbs, Hands and arms are numb> heat and movement.

(4) Offensive, disgusting perspiration, great weakness and lassitude.

### **Narcolepsy (Irresistible Sleepiness.)**

There are two kinds of attacks :—

(i) Spontaneous seizures—patient remaining more or less unconscious.

(ii) Catalepsy :—Caused by violent emotions, anger, joy, laughter etc. (stiff, helpless—knows what happens but can not help himself): This condition often comes on after a period of stress and strain. The patient is mostly anaemic. He has no sleep for a considerable time. Everything goes limp—knees give way, arms drop to the side—eyelids close, patient falls to the ground unable to speak.

Nux moschata case—

An active, intelligent, bright and happy girl—became drowsy. Could not answer, stared stupidly when addressed and saw everything but could not speak.

In addition dry mouth (tongue literally stuck to the roof), yet never thirsty, flatulent, very constipated before and during her periods, felt the cold weather, yet hated a close warm room. Fainted easily when she had to stand—sleepiness, confusion of mind.

### **Bronchopneumonia—**

Lyco and Ant Tart—Both are alike in as much as they have :—Dilated sooty nostrils flapping with each breath ; lungs full up with mucus, impossible to raise the phlegm. Coarse rattling sound in chest, great weakness, lack of reaction. The symptoms being identical, still Lyco makes the right side <—moreover there is wrinkling of forehead.

Phosphorous.—Rusty, blood stained sputum ; a feeling of weight, heaviness and aching in chest; great thirst for cold water, great aversion to tea ; anxious delirium, incoercible when wakes up ; vivid delirious fancies on being aroused from sleep ; thinks there are too many people in the bed ; skin tight—so much so that the patient puts on cream to ease ; lips parched and dry.

### **Chronic Bronchitis.**

Sulph—Procidentia Uteri (Uterine prolapse) ; thin, miserable, dirty, greyish skin ; ill-kept untidy clothes, chesty during foggy weather, periods stayed, pain on top of head. Giddy at night ; feels faint with heats.

Lyco—On first getting up, foetid, nasty, thick matter from lungs—dry cough all day long—signs of old Pneumonia at the base of the right lung—thin, lean, tendency

to distension after food, constant irritating cough < between 3 and 5 A. M.

Kali carb—Most distressing dry cough from 2 o'clock until 5 or 6 A. M. ; Irritation behind sternum ; palpitations when walking < during cough and going upstairs, gets a cold every time when out ; periods irregular—very scanty, no clots—coughs and coughs without stopping for an hour or two.

Rumex—Loose cough keeping awake at night, tickling behind sternum ; feels the dry cold very much (see for further symptoms any good *Materia Medica*).

#### Animal Cures.

Camphor—sudden attack, great coldness, skin dry harsh, nose cold—no pulse felt—aversion to being covered, great weakness, pallor.

Rhus Tox—A Persian cat developed a chill, vomiting and diarrhoea, very fond of sitting on a cold stone and damp grass. Further when it was noticed that it preferred to lie about on cold tiles, unheated room did not like hot clothes—constant straining to pass water—urine extremely concentrated and offensive it was given Apis.

Nux vom—A dog, at first jolly and hearty—suddenly became unlike himself threatened to bite, growled and showed his teeth, breathing very rapid, signs of bronchitis, soon became his old friendly self again.

Sulphur—Refusal to stir, absolute dc—nothing attitude, refusal to be kept warm.

Thuja 30—A nasty growth from ear in the shape of a black curved horn.



## Common Cold.

(a) Chill or coryza after exposure to a draught—Aconite, Calcareca, Ferr, Hep., Merc.

(b) Exposure to a draught when heated—Acon, Carbo veg. and Silicea.

(c) Exposure to a draught when perspiring—Bry.

(d) Exposure to rain—Ars., Bell, Calc, Dulc., Ferr., Nat sulph, Rhus Tox.

(e) Sleeping in damp room or beds—Ars., Calc., Carbo veg, Nat sulph, Rhus Tox.

(f) Staying at sea-side—Nat Mur., Nat Sulph.

(g) Standing in water—Rhus Tox.

(h) From becoming wet—Acon, Bell, Bry, Calc, Nat Sulph and Rhus Tox.

(i) From wet feet—Merc., Nat Carb, Nat Mur, Phos., Puls, Rhus Tox, Sep, Sil.

(j) Becoming wet when overheated—Acon, Calc and Rhus Tox.

(k) Sudden chill from bathing in cold water when hot or having a cold shower when getting hot at games—Bellis Perenis.

(l) Working in clay or in water—Calc., Rhus Tox.

(m) Cold damp wind—Allium Cepa.

(n) Hot weather of summer—Bap, Bell., Bry.

(o) Chill in spring—Ars., Carbo veg., Gels., Lach., Psorinum, Sepia, Sulphur.

(p) Autumnal colds—Ars., Bap., Bry, Nat Mur, Nux vom, Rhus Tox, Sepia.

(q) Autumn and spring—Ars., Lach, Psor., Sepia.

(r) Caused by anxiety—Acute stage—Aconite (developing suddenly on the same day) ; Ars., Gels., (in mild relaxing weather)—Tuberc. for recurring colds.

(s) After excitement—Calc., Gels and Ign.

(t) From fright—Acon., Ars, Bry, Gels., Ign, Lyco, Merc, Nux v., Op. Puls, Sil.

(u) From grief—Gels., Ign.

(v) After vexation—Acon, Ars, Bry, Gels., Merc, Nux V, Rhus Tox.

(w) After exposure to cold dry weather and cold winds—Acon (the same day) ; Asarum (in thin, neurotic persons) ; Caust., Hep., Kali C., Nux vom. (2 to 3 days after exposure).

(x) Snowy weather—Puls., Rhus Tox.

(y) Cloudy weather—Bry, Cham., Chin, Dulc., Puls., Rhus Tox and Sulph.

(2) Cold damp weather—Ars., Calc, Dulc., Rhus T and Sulph.

Aconite chill—Comes on after cold, dry winds. It shows itself first in the evening—restless, anxious, fearful, very red flushed face, tossing about with agony skin dry and hot without sweat, fear of dying without delirium.

Ars Alb—Always taking cold, suffers from draughts < cold, damp weather sneezing from every change, cold begins in the nose and goes down into the throat and then to the chest ; a hard dry tickling cough, thirst for sips of warm water which relieves ; restless, weak and prostrated.

Baptisia—Attacked suddenly, prostrated, stupid, tosses about, confused as if intoxicated, wakes up anxious and startled from sleep ; in his delirium thinks there are two

or more of him ; it is a toxic case. Restlessness here is different from the Ars. restlessness, there is less fear and more delirium in Baptisia.

Bell—After a hair cut or hair being washed, exposure to cold winds, vigorous, plethoric adults—chill comes on suddenly, runs a rapid course and subsides as suddenly ; associated with violent heat, Red brilliant face, Intense burning and throbbing—no fear as in Aconite, delirium instead, fear of imaginary things.

Bry Cold—Starts with sneezing, nose running, aching through eyes and head, gradually it goes down into the throat, bronchitis and even pneumonia may follow ; great thirst in feverish condition for cold water—large quantities of water at longer intervals. The patient looks stupid, sleeps a lot, is confused, the face is congested, mottled and purple < movement coughing painful has to press his hands against his chest and abdomen when he coughs (i. e. > for pressure).

Gels—Colds and chills come on slowly and gradually take several days to develop, after getting over-heated in a warm room, chills in summer, often caused by emotional upsets, fear, grief, nerves, anticipation of trouble, face congested and purple, cold shivers run up the spine to the back of the head, sneezing with hot face and red eyes, lies still, does not want to stir or move because of the heaviness and the weight of the limbs and body, wants to be left alone ; does not want to talk, no thirst, hot face with cold extremities.

Hepar Sulph—Likely to get a nasal cold or croup every time he goes out in a cold north-east wind. Loss of voice and a dry barking cough with hoarseness—cough < when putting hands and feet out of bed or there may be much sneezing with a running of a clear watery discharge which ends

up by becoming thick yellow and offensive ; the cold develops slowly within 24 to 48 hrs. after exposure. Acon-first and if it does not hold, Spong comes next and then Hepar.

Allium Cepa Cold—People standing in queues waiting for buses, may often develop all Cep Cold. Nose raw, esp. on the left-side the Watery discharge is copious and produces sores on nose and lips, profuse flow of water from the left eye which is painless and bland, later the throat and larynx get inflamed and raw—there is a tearing pain in the larynx with each cough—Patient hot and thirsty—cold <evenings and indoors.

Merc sol—Repeated catarrhs during winter in people who are constantly taking cold, which it cures at once, but but if Merc. is taken too often, it makes the patient more sensitive to colds, it should not, therefore, be taken more than twice during the winter. A deeper Constitutional remedy be taken instead.

It has burning in the face, a running cold, profuse watery discharge, peculiar creeping chilliness—followed by profuse sweating which does not relieve the catarrh, <the warmth of bed. The Merc cold starts in the head and travels down the throat and larynx to the bronchial tubes.

Nux vom—Gets a cold when bilious or with impaired digestion, a chill after exposure to the dry east & north-east winds, slightest current causes a catarrh <in a heated room, nose stuffed up at night—but runs freely out-of-doors, splitting headache, great soreness of chest, feels extremely chilly. Has to pile on extra bed clothes, shivers on the slightest movement in bed. Extremely snappy & irritable.

Puls—subject to frequent colds with sneezing and stuffing up of the nose in the morning, with thick yellow-green discharge; in the evening there is much watery discharge

with sneezing pains in the face and through the nose < in doors and > out of doors, clear thick mucus collects in the throat, often loss of smell & taste; no thirst even if the temperature is high.

Rhus Tox—Chills come on after getting soaked or wet, living in a damp house or sleeping in a damp bed, pains in the eyes, the nose is stopped up, the tongue is sore, raw and red, thirst violent, glands of the neck swollen & neck stiff. The cold may extend into the larynx with hoarseness, a dry teasing cough, great restlessness—all symptoms < on first moving about.

Camphor—Early stages of cold—great coldness of the external surface of the body and sensation of cold wind blowing on it

Nat Mur—Colds where there is a tendency to cold sores, herpes on the upper lip < at the seaside < from change of cold to warm, discharge like the white of an egg.

Kali Bich—Exposure to damp cold < from the melting of snow—nasal discharge copious, thick, yellow—too sticky to blow out—much pain at the root of the nose to the outer angle of the eye.

Constitutional Remedies—Sulph, Psorin, Calc. C., Tuberculin.

### ASTHMA REMEDIES

1. Agaricus—Slender, nervous, restless full of twitchings, tingling of nerves, clumsy, awkward, dropping things continually and breaking them, feeling the cold intensely, tendency to consumption. Catarrhal conditions of the chest with night sweats. Violent coughing ends in sneezes. Bad nights, full of breathlessness, weariness in the morning—full of cold in the Evening.

2. Thuja—Asthma following shortly after vaccination—waxy, warts off & on. Hands horny—feels cold intensely, suffers from indigestion after tea. Antidotes anti-toxin inoculation for diphtheria.

3. Puls—Dry, teasing cough <lying down, great desire for fresh air, weepy, tearful—Wants a lot of sympathy. Bronchial chill develops after getting feet wet.

4. Ars & Ipec.—Psoric manifestation—Dr. Jahr advises the doctor to start all acute cases of asthma on either Ars or Ip. In ars the patient is restless, full of agitating fear, very weak, craving for warm drinks—Aggravation between 12 & 2 A.M.

5. Nat Sulph—Asthma comes on later than in Ars—Does not start until 4 A.M. or 5 A.M. & lasts through the forenoon. Loose humid cough with viscid greenish, yellow phlegm. Chest feels sore. Cough > by holding chest with the hand. Nat S. often follows Ars a & Thuja—Sometimes another sycotic remedy. Medorrhinum takes up the case & finishes it.

6. Medorrhinum—Improvement at the sea-side < cold wind < daytime. Sycotic—Give it where Nat sulph does not hold a case

7. Lyco—Always chilly, catching cold very easily tired & exhausted esp. between 4 & 8 P.M. Timid, whenever he developed a cold, it would fly at once to his chest and always attack the right lung—after a week it would extend to the left side.

8. Tuberculin 30—Attacks during night 2 or 3 o'clock. screams in sleep, fights with other lads—lungs (whistling breath sounds heard in bronchitis).

9. Lachesis—Face blue—asthma < lying down < during night—wakes him up—Very warm during attack.

10. Kali Carb—Sensitive to all atmospheric changes colds & draughts—irritable & full of fears & imaginations <between 2 & 5 A.M, gets a cough with vomiting. Right side more affected—Kali carb is anti-Sycotic (Kali salts—Medorr. Nat Sulph., Staph, Sulph, Thuja & so on).

11. Bromine—Asthma of sailors as soon as they go ashore> at seaside. It constricts the larynx, the glottis closes spasmodically—Air passages seem full of smoke.

N.B. The Medorr-patient lies in the Knee—Chest position with his face buried in the pillows during an attack. (He lies on his face with the buttocks uppermost)

12. Silica—Sycotic. Inveterate catarrh of the chest with asthmatic wheezing—unable to move—brought on by over-heating and over-exertion. Complexion pale, waxy anaemic with great prostration and thirst. Attack after he gets hot and becomes exposed to a draught. Suppressed sweat and gonorrhoea causes asthma. Head sweats—

13. Kali Ars—Feels cold terribly; lack of vital heat; feels draughts—wears layers after layers of thick flannel; Pants on ascending stairs and during exertion; lungs full of moist catarrhal sounds; Bronchitis> warmth and warm drinks < between 2 & 3 A. M.

14. Aralia R—Patient awakened at 11 P. M. or just before midnight immediately on lying down or more commonly after a short sleep by a violent cough caused by a tickling in the throat with constriction of chest, has to sit up and cough violently or he would choke. Sputum warm and Saltish.

15. Sambucus—The child awakens suddenly at 3 A. M., it sleeps into the attack like Lach. and Aralia—only it comes on later than aralia—nearly suffocated, face livid and blue, it has to sit up in bed gasping for breath.

Finally it gets its breath, then goes to sleep again:—to be awakened with another attack—Profuse sweat when awake and dry heat during sleep. Snuffles in the nose.

16. Lachesis—The attack may, come on during sleep and never waken the person (like sulph); they may also come on when falling asleep and on first waking up in the morning—suffers from heat—constriction round the throat < moving her arms and a long gossip—must have doors and windows open (Puls) or (Apis) or (Sulph); Purplish or Bluish complexion—more frequently indicated in cardiac asthma.

17. Tuberculinum—There may be no evidence of a pathological character, no bacillus tub. formed in the sputum, yet there are definite Homoe. indications for Tuberculinum—Always tired—born tired, debilitated, anaemic with fair, silken often curly hair, transparent skin, long eye-lashes, blue eyes, blue sclerotics with fine hair growing along the spine. Always taking cold with each breath of fresh air though there is a craving for fresh air—a love for being out in the cold wind and storm.

18. Drosera—Slow acting but deep-acting med (not to be repeated rashly). If it is indicated—give one dose and wait—The patient puts on weight by leaps and bounds and the cough disappears like magic. If no change, give one of the Kali salts < early morning < 3 A.M.

19. Syphilinum—asthma < warm, damp weather—during night asthma < during a thunderstorm at night < 1 to 4 A.M. perfectly placid during the day but the moment the night comes on, cough and suffocation and breathlessness with pain behind sternum begins. There is a feeling as if the chest were gradually drawn towards the dorsal vertebrae.



20. Rumex—Cough always begins with tickling behind the top of the sternum (throat pit). Can't bear the pressure of collar round throat. Any change of temperature from warm room to the cold air outside or vice versa brings on violent attacks of coughing—A feeling of rawness under the clavicles and even though the cough is violent, shaking the chest and head—the expectoration is scanty and difficult to raise.

21. Senega—specially valuable in old people. The cough is like a Rumexcough <on going into the cold air—dry violent cough with difficult expectoration.

22 Sulphuric Acid—Short, dry hacking cough, frequently finishing off with a belch or even sickness—chest weak full of burning and stitching pains, oppression of the chest & suffocation; the only relief by having the legs down.

23. Colocynth—Asthma with flatulence <at the seaside. Milk gives indigestion. Can't take vegetables, very fond of sweets. Very thin, excitable—loves music.

24. Nat Carb—Milk causes indigestion, white motions. liver troublesome, fat diarrhoea, very nervous of noise—(milk disagrees Nat carb—Colo and Nat Sulph.)

<b>Want of reaction—</b>	(By Nash, M.D.)
Laurocerasus—	Chest and Heart affections.
Capsicum—	In persons of lax fibre.
Opium—	Absence of pain; Stupidity, Drowsiness.
Valeriana & Ambra—	In nervous affections.
Sulphur & Psor—	Psora complaints.

### Teucrium

1. One of the best remedies for ascarides (worms)—a great deal of rubbing of the nose.

2. Excellent remedy for polypus of the nose (High potency)

### **Ptelea Trifoliata**

A liver remedy—Aching and heaviness in the region of the liver < by lying on the left side for it causes a dragging sensation ( which is present in Bryonia also. Note Bry. is generally > lying on painful side)

Compare—Magnesia Mur, Merc & Nux Vom.

Mag has bilious symptoms but like Merc is worse lying on the right side. Merc has loose stools while Mag is greatly constipated.

Ptelea like Nux may have constipation and diarrhoea alternately or Either constipation or diarrhoea.

### **Carduus Marianus**

A liver remedy—Habitual colic from gall stones. Prevents formation.

### **Myrtus Communis**

Obstinate cough, mostly dry, with pain in upper portion of left chest, right through to left shoulder-blade.

Sulphur., Pix liquida, Anisum, Arum tri & Theridion have a similar symptom, but Myrtus leads unless there is a decided Psoric taint, when Pix liquida or Sulphur would lead

### **Sweat :—**

“Dry heat” while asleep and “profuse sweat when awake—” Sambucus.

Sweats as soon as eyes are closed—Conium.

Sweats on uncovered parts—Thuja.

Sweats on covered parts—Bell.

One-sided sweats—Pulsatilla.

### **Lithium Carbonicum**

Symptoms: Rheumatic soreness in the cardiac region

(b) Violent pains in the heart when bending over.

(c) Pains in heart when urinating or at menstrual period.

(d) Fluttering of the heart with mental agitation.

Leading indication—"Rheumatism with valvular heart troubles."

There are often heavy deposits in urine—uric acid or pus.

### **Kali Bromatum**

The only valuable guiding symptom is "Fidgety hands".

The patient must be playing or working with them continually; even sleeplessness is somewhat relieved by moving the fingers over the bed-clothes. In short the patient tries to work off his excess of nervousness.

Zincum—Fidgety feet.

Phos—General fidgetiness or uneasiness; can't sit still.

### **Glonoine**

Throbbing Headache, seeming to arise from the neck, is very characteristic. Throbbing is not a mere sensation but is visible in the carotid arteries. Least jar or shaking is troublesome.

To those who sneer at Homoeopathy, give one drop of the 1st dil & you would convince them of its effects (throbbing headache) within 5 or 10 mts. (Nash)

#### **Bell**

(1) Still an appropriate remedy even after the inflammatory stage is initiated.

#### **Glonoine**

(1) Adapted to the congestive stage of the brain diseases.

- |  |   |
|--|---|
| (2) >by bending head<br>backward.        | (2) Glonoine <.....                                       |
| (3) <by uncovering the<br>head.          | (3) Must have head<br>uncovered.                          |
| (4) <lying down even<br>if keeping still | (4) Sometimes > when<br>lying still.                      |
| (5) Least disturbance of<br>Heart        | (5) More disturbance of<br>Heart action with<br>Glonoine. |

Another symptom—"Sense of Expansion of the head."  
"Congestion from menses suppressed".

"Burning between the shoulders"—Glonoine, Lyco,  
Phos (Amm Mur: and Lachnanthes just the opposite).

### **Phytolacca**

In public speakers when voice gives out from overwork  
and there is much burning in the throat as of a hot sub-  
stance there, this remedy in the high potency is of great  
value.

"Irresistable inclination to bite the teeth or gums to-  
gether". Very useful during dentition.

"Every time the child nurses, pains spread all over the  
body—"

N.B. When the breasts fill for the first time after con-  
finement—Bry & Phytolacca (complement to each other)  
are of great service.

### **Comparisons**

Croton—Pain runs through the back when the child  
nurses (Silica-Puls)

Phellandrium : Pain runs all along the milk ducts  
between the acts of nursing.

Lac Caninum : Breasts greatly filled and so sore that their own weight hurts the patient.

Phytolacca, if given during the wane of the moon, c.m. once a month removes many suspicious lumps in the breasts. (Nash).

Sciatica : Pain runs down the outer sider (Phytolac.)

N.B. This remedy seems to resemble in its action,

Kali hydroiodicum on periosteum glands and bones-

H.C. Allen Says—"Phy. occupies a place midway between Bryonia & Rhus Tox and will often help when these seem indicated but fail".

It is curious to note that almost every chemical remedy has a closely resembling relative from the vegetable kingdom—

Kali Hyd & Phy; Aloes & Sulph; Cepa & Phos; Cham & Mag Carb; China & Ferrum; Bell & Calc carb; Ipecac & Cuprum; Bry & Alumina; Mezereum & Mercury; Puls & Kali sulph.

### **Clinical case in connection with Phytolacca conducted by myself—**

Throat sore ; tonsils swollen ; appearance of white spots in patches of a diphtheritic appearance ; sharp pains often running up into ears ; intense headache ; sore bruised feeling all over——

Phytolacca—1 given (Hiral Lal peon to Traffic Inspector, Lucknow.) (Land Records Office)

### **Petroselinum**

"Great and sudden desire to urinate"—Children stand and jump right up and down from pain and urging—Try to hold on until clothes are unbuttoned. Itching in

urethra is another important symptom, feels as if he must run a stick or something in there and scratch it.

### **Cubeba**

Useful (after the inflammatory stage) when urethra burns after urination and discharge remains thick, yellow or pus like.

**Compare** with Puls, discharge is bland even if it may be yellow, thick or green.

With Merc—all the symptoms are worse at night.

### **Copaiva**

An excellent remedy for chronic bronchial catarrh with profuse expectoration of greenish or gray purulent matter. (Stram; Lyco; Sulph. & Phos.)

Among remedies not yet well understood we have—

1. *Illicium Anisatum*—pus with pain at 3rd cartilage, right or left.
2. *Pix Liquida*—purulent sputa—pain at left 3rd costal cartilage.
3. *Myosotis*—copious sputa, emaciation, night sweats.
4. *Balsam Peru*—Catarrhal pthisis.
5. *Verba Santa*—accumulation of mucons causing asthmatic breathing.

### **Clematis**

Orchitis due to suppressed gonorrhoea (Puls). It has one symptom like *Coffea* (Toothache relieved by holding cold water in the mouth.)

### **Corallium Rubrum**

Dr. Nash recommends coral as one of the best remedies for post nasal catarrh with much dropping of mucous into the throat (Nat Carb.)

**Collinsonia**

It is comparable with aesculus

A—Prominent sense of fulness C—Not so prominent.

A—Piles as a rule, non-bleeding C—Bleeding often

A—Aching in the back C— ×

A—Sometimes constipated C—Greatly constipated with colic on its account.

Case—A patient averaged a movement of the bowels once in 2 weeks & then only under cathartics.

Collinsonia cured him.

**Ammonium Mur**

“Sensation of coldness in the back, between the shoulders”—a valuable keynote. (Burning between shoulders—Lycos & Phos.)

**Ammon Mur.**

I. Constipation—Stool hard, dry, crumbling, difficult to expel (Covered with mucus often)

II. Pain with a sensation as if muscles were too short.

**Causticum.**

I. Stool covered with mucus, shining as if greased.

II. Actual contraction of muscles producing what is known as Arthritis Deformans (Cimex & Nat m.)

(a) Menses or flow of blood from the uterus at night—Bovista & Ammon mur.

(b) Menses on lying down—Cease when sitting or walking about—Kreosote.

(c) when moving about—ceases to flow when she ceases to walk. Lilium Tig.

(d) Only at night or when lying, cease when walking—Mag carb.

Pain in heels as if ulcerated—Phytolacca, Cyclamen, Manganum, Ledum, Caust, Aurum mur & Valeriana.

### **Ammon Carb**

Dry Stuffed Coryza—Acute or chronic & patient <at night, has to breathe with the mouth open (Sambucus, Lyco, Nux, Sticta Pulmonaria)

Epistax's while washing the face—Ammon Carb & Kali Carb.

### **Chenopodium Anthelminticum**

“Pain under the left shoulder blade” is a keynote.

“Pain under the left shoulder blade” Chelidonium.

N.B. Such single symptoms are small guides to follow, but are sometimes the only ones we have, other Important single symptoms may be quoted here—

Inframammary pains at climacteric—Cimicifuga.

Pain through from nipple to back while nursing—Croton (Silica)

Pain through lower left chest— Nat sulph.

Pain in upper left chest through to Scapula—Myrtus com, Pixliquidia, Theridion & Sulph.

Pain through lower right chest—Chelidonium, Merc viv—and Kali Garl.

Pain through upper right chest—Calc carb & Ars alb.

### **Pyrogen**

Recommended highly by Allen for Septicaemia-puerperal and surgical & for diseases originating in sewer gas infection.

“Bed feels hard—Arnica; parts laid on feel sore and bruised—Baptisia, great restlessness, must move constantly to > the soreness—Arnica, Eup perf)”.



Diarrhoea—horribly offensive, brown or black (Lep-  
tand.); painless, involuntary when passing flatus (Aloc,  
Oleander).

N.B. In all cases simulating septic fever or poisoning,  
think of Ars, Anthracinum & Pyrogen.

### Constipation

Ammon Mur; Causticum; Aesculus, Collinsonia; Bry;  
Nux; Alumina; Plumbum; Hydrastis; Platinum.

### Tuberculinum.

Cosmopolitan—Never satisfied to remain in one place  
long ; wants to travel.

Wandering pains in limbs and joints ; stiff when begin-  
ning to move ; <standing,> continued motion.

Longs for open air. Takes fresh cold on least exposure,  
can't get rid of one before another comes.

Emaciation, even while being well and so hungry must  
get up nights to eat.

Pain through upper lung to back. Persons with the  
history of tuberculosis in the family.

Symptoms ever changing affecting one organ and then  
another beginning suddenly and ceasing suddenly.

### Medorrhinum.

"Some remarkable results have followed the use of this  
remedy in chronic rheumatism."

With this remedy the pains are <during the day  
while with syphilinum during the night.

### Lapis Albus.

In practice it has been found remarkably successful  
in scrofulous affections but it proved harmful in cases

previously suffering from malaria. Useful in uterine carcinoma.

### **Equisetum Hyemale.**

Sometimes successful in cases not relieved by Canth. N. B. There are larger quantities of urine discharged with this remedy than with Canth. This remedy has sometimes severe pains at the close of urination.

### **Chimaphila Umbellata.**

"It has made some fine cures where there were great quantities of ropy mucous in the urine." "Sensation of swelling in the perineum or near the anus, as if sitting on a ball."

### **Spongia.**

In chronic affections of the respiratory organs, which may finally lead to consumption, Spongia vies with Phos, Sanguinaria and Sulph.

"Awakens out of sleep from a sense of suffocation, with violent, loud cough, great alarm, agitation, anxiety and difficult respiration."

### **Capsicum.**

The characteristic "burning" of this remedy is not like that of Ars. but feels as if red pepper had been applied to the parts, nor is it relieved by heat applied, as is that of Arsenic.

"Cough with pain in distant parts such as knee, legs". "chilliness or shuddering after every drink"—Begins between shoulders and spreads.

N. B. With Capsicum chill begins exactly between the shoulders while "Eupatorium Purp" in the small of the back (Dorsal and lumbar region) Capsicum has violent chill with general coldness of the body but Enp. Purp.

violent shaking with little coldness of the body. These 2 remedies and Enp Perf have bones pains before the chill but Enp. Perf—the strongest.

### **Enp. Perf.**

Hoarseness in the morning like Causticum but with Causticum there is more burning and rawness and with Enp. more soreness in the chest.

Ranunculus Bulb. has pain in the chest when walking, turning, from touch or weather changing. Bry is a near analogue having free sweat but pains keep patient quiet but Enp. has scanty sweat but pains make the patient restless. Chill—7 to 9 A. M. Intense bone-aching. Bile vomiting between chill and heat.

### **Lycopodium.**

(Anti-syphilitic, sycotic and psoric. Action broad and deep.)

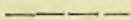
Predominance of the symptoms on the right side of the body. Pain > by warmth except of the head and spine. <from cold air, cold food etc. <from 4 till 8 P. M. on exertion.

The Lyco. patient is flatulent, distended like a drum, so that he can hardly breathe. The diaphragm is pushed upwards infringing upon the lungs and heart space so that he has palpitation, faintness and dyspnoea. He says—“Everything I eat turns into wind”. The noise of the crackling of paper, ringing of bells or slamming of doors goes through him and causes fainting like Ant Crud, Borax and Nat Mur. He can't eat oysters just as onions are a poison to the Thuja patient and strawberries to Oxalic Acid. (Remember that cheese can digest things if you have no Homoco. remedies at hand).

The Lyco. patient does not want to talk but he wants to have somebody else in the house. He often weeps in the act of receiving a gift—sensitive, emotional cries even when thanked. “A child whose left foot is cold and the other warm with capricious appetite, unusual hunger at times and great thirst, eating much and yet losing steadily will often be cured by Lyco. It will throw out a greater amount of Eruption at first but this will finally subside and the child will return to health.

In Ant Tart, rattling is heard across the room but in Lyco there is flapping of the nose, forehead wrinkled, rattling in chest no expectoration.

Lyco. produces and cures dryness in the vagina when coition becomes very painful. Burning in the vagina during or after coition.



Dr. Clarke of London finds Baptisia the nearest specific to influenza. Veratrum viride and Arg. nitricum are very useful in relapsing fever.

Diarrhoea from milk— Nat sulph.

Constipation from milk—Carbo veg.

Fistula after the styes have been operated upon. Calc carb.

Disorders after the use of Causticum in eyes—Nat Mur.

Hydrophobia Hydrophobinum (to be followed by Lachesis)

Itching in the vagina—Nit Acid, Agaricus and Caladium.

In cancer cases do not forget Secale Cornutum and Corotalus Horridus,

**Exaggerated Sexual Craving.**

Aster—Not removed by coitus.

Apis—In widows—(Phosph).

Coffea—Voluptuous itching.

Gratiola like Platina—In lying in women.

Hyoscy—Lascivious.

Kali Phos—Premature growth of virgin girls(after the period is over).

Lilium Tig—In women with ovarian complaints.

Murex—Drives her crazy. Slightest touch renews craving.

Raphanus—Excitement in morning—continues till 11 P. M. (Dislike to her own sex).

**By Dr. E. Farrington.**

Symptoms are indications of alterations in the functions or the nutrition of a part or parts of the body. If any drug produces photophobia, it is increase of functions, if it causes blindness so great that the patient can gaze at the sun, that is decrease of function; whereas if it produces cloudiness of vision, there is an alteration of function.

“Drugs impinge in their resemblances and separate in their differences.”

“If in typhoid cases in females after the fever has spent its force and they remain irritable with weakness and exhausting sweat, Castoreum helps them at once.”

“Mephitis if taken in low potency in exhaustion, tones up the nervous system and relieves exhaustion.”

“In the asthma of consumptives when Drosera fails, think of Rumex and Sticta the former where there is aggravation at 2 A. M. and the latter when associated with splitting Headache.”

“Lac defloratum (skimmed milk)—‘anemic women, throbbing frontal headache, nausea, vomiting and obstinate constipation.’”

“Oleum animale is the secretion of the mare tending to excite the opposite sex.”

“Pulmo vulpis—(ix Trit mostly used) (foxes’ lung) used in asthma with or without expectoration, patient sits bent, unable to lie down, bubbling respiration or wheezing and whistling sound, shortness of breath”—

Fel Tauri—accumulation of flatus in intestines”. “Tendency to sleep after eating”. Patches of skin loose and sensitive.

“Bufo—The native women when tired of the importunities of their husbands mix the oily secretion from the surface of its body into their husbands’ milk to produce impotency. It also cures blisters on the skin which leave a raw surface, from which oozes an ichorous fluid”. Pain runs up arm-whitlow.

“Indigo is useful for epilepsy from worms only when the patient is sad but if he is vehement, recourse must be had to remedies like Nux or Bufo.”

“Corallium Rub for syphilis and Psora combined—smooth spots on the surface of the body esp. on palms of hands assuming coral red hue but finally becoming darker”. (Ars Brom).

### **Cistus Canadensis.**

Very useful in Scrofula—Swelling of glandular structure in different parts of the body. Patient very sensitive to cold. Every draft of cold air seems to run right through them. Every exposure ushers in new complaints. Cold feeling in various parts of the body. A spongy feeling in throat is characteristic—Dr. Clarke.

**Euphorbium.**

Burning pains in the bones. Acts as an anodyne in pains of cancer. Used with success in Cataract (Patient sees better in dim light). In erysipelatous inflammation of the cheek when the affected area becomes covered with vesicles of yellow liquid, it is very useful.

**Eugenia Jambos.**

"Everything seems clothed in beauty after micturition but gloom comes back again".

**Daphne Indica.**

"A part of the body is separated from the rest of the limbs is a characteristic point"

**Aurum M. Nat.**

"Very useful in chronic sub-acute womb indurations and chronic suppurations of glands and bones."

**Tellurium.**

Dr. Kent succeeded with this remedy in bringing back to consciousness a boy who fell from a great height.

Tell. patient sweats profusely and the odour of the sweat is offensive and garlic-like.

**Tarantula.**

Amelioration from music is a great characteristic— <in choreic movement when watched—Stool following immediately the washing of the head ; pain in the ear associated with hiccough.

**Medhorrinum.**

Must lean backward to be able to pass stool. Must stand to be able to pass a stool. Alumina patients prefers standing postures to other usual attitudes during defecation.

**Pyrogen.**

“A long standing case of ulcerated leg has been cured with this remedy when Hepar sulph, Silica etc. failed”—Bellairs.

**Remedies prominent for fainting.**

Sulphur—At 11 A. M. and during stool.

Sepia—During chill and on exertion.

Puls—In a closed room.

Magnesia—At dinner.

Asafoetida—After emission.

Agaricus—After coition.

Nux vom—From odour and during palpitation.

Alumina—While standing.

Carbo veg—On walking.

Arsenic—Before stool and on moving.

Conium and Podophyllum—After stool.

Murex, Lyco and Thuja—Before menses.

Phosphorous—From hunger.

Aconite and opium from fright.

**Strontiana.**

“Persistent nocturnal diarrhoea with a peculiar urging that makes the patient stick to the closet for hours. It leaves him punctually after 3 A. M.”—Dr. H. C. Allen. Useful in chronic sprains when Arnica, Ruta, Rhus etc. fail. There is almost always oedema associated with this pain of the ankle joint.

**Antidotes.**

Acetic Acid—Acon, Nat Mur, Sepia, Tabacum.

Acon Nap—Acetic Acid, Cham, Coffea, Nux and Sulph.

Agaricus—Camph., Coffea and Puls.

Agn Castus—Camph.



- Ailanthus—Nux and Rhus T.  
 Allium Cepa—Arnica, Cham, Verat alb.  
 Aloe—Sulph.  
 Alumina—Bry., Cham. and Ipecac.  
 Ambra Gr'sea—Camph., Coffea., Nux, Puls., Staph.  
 Ammon Carb—Arnica., Camph., Hep Sulph.  
 Amon Mur—Camph., Coffea., Hep Sulph., Nux.  
 Amyl Nit—Cactus.  
 Anacardium—Coffea.  
 Ant Crud—Hep Sulph, Merc.  
 Ant T.—Asafoetida, China, Cocculus, Ipecac, Opium,  
 Puls., Sepia.  
 Apis Mell—Lachesis, Lactic Acid.  
 Arg Met—Merc, Puls.  
 Arg nit—Ars, Nat Mur.  
 Arnica Mont—Camph., China Ignatia, Ipecac.  
 Ars alb—Camph., Carbo veg., China, Ferrum, Hep  
 Sulph,  
 Iodium, Ipecac, Lach, Nux, Sambucus, Verat alb.  
 Arum Triph—Acetic Acid, Puls.  
 Asafoetida—Caust., Camph., China, Merc, Puls.  
 Asarum—Camph.  
 Aur Mct—Bell., Camph., China, Cocculus, Coffea,  
 Cuprum, Merc., Puls, Spigelia.  
 Baryta Carb—Ant T., Bell, Camph., Dulc., Zincum.  
 Bell—Camph, Coffea, Hep sulph, Hyoscyamus, Opium,  
 Puls.  
 Berberis—Camphor.  
 Bismuth—Calc Carb, Capsicum, Nux.  
 Borax—Cham., Coffea.  
 Bovista—Camph.  
 Bromium—Ammon Carb.



- Bry—Acon, Alumina, Camph, Cham., Coffea, Ign.,  
 Muriatic Acid., Nux Puls., Rhus T and Senega.
- Cactus Grand—Acon., Camph and China.
- Caladium—Capsicum.
- Calc Carb—Camph., Nit Acid, Nux and Sulph.
- Camphor—Opium.
- Camabis Sat—Camphor.
- Cantharis—Acon., Camph., Laurocerasus., Puls.
- Capsicum—Calad., Camph, Cina, China.
- Carbolic Acid—Iodium.
- Carbo Animalis—Ars., Camph, Nux vom.
- Carbo veg—Ars., Camph., Coffea, Lach.
- Caust—Asafoetida, Coffea., Colocynth., Nux vom.
- Cedron—Lach.
- Chamomilla—Acon., Alumina, Borax, Camph.,  
 Cocculus., Colo., Ignatia., Nux v and Puls.
- Chelidonium,—Acon, Camp., Coffea.
- China—Arnica., Arsenic, Bell., Calc carb., Carbo  
 veg., Eup Perf., Ferr., Ipecac., Lach Merc., Nat  
 Mur., Nux vom., Puls., Sepia., Sulph., Verat alb.
- Chininum Sulph—Arnica., Lach., Nat Mur., Puls.
- Cicuta—Arnica., Opium.
- Cimicifuga—Acon., Bap, Caulophyllum., Gels., Puls.
- Cina—Allium Cepa., Camph., China.
- Cinnamonum—Acon.
- Cinnabaris—Hep Sulph and Sulph.
- Cistus Can—Rhus Tox and Sepia.
- Clematis—Bry., Camphor.
- Cocculus—Camph., Cham., Cuprum, Ignatia, Nux  
 vom.
- Coffea—Acon., Cham., Ignatia, Nux and Puls.
- Colchicum—Bell., Camph., Coculus., Nux and Puls.
- Collinsonia—Nux vom.

- Colocynth—Camph., Cham., Coffea., Staph.  
 Conium—Coffea., Nit Acid.  
 Copaiva—Bell., Merc.  
 Crocus Sativus—Acon., Bell., Opium.  
 Crotalus—Ammonium., Camph.  
 Croton Tig—Ant Tart.  
 Cuprum Met—Aurum, Bell., Camph., China., Cocculu  
   Dulc., Hep sulph., Ipecac., Merc., Nux vom.  
 Cyclamen—Camph., Coffea., Puls.  
 Digitalis—Camph., Nux vom., Opium.  
 Dios Corea—Camph., Cham.  
 Drosera—Camphor.  
 Dulcamara—Camph., Cuprun., Ipecac., Merc.  
 Euphrasia—Camph., Puls.  
 Ferr Met—Ars., China., Hep Sulph., Ipecac., Puls.  
   Verat alb.  
 Gels—China, Coffea.  
 Glonoin—Acon., Camph., Coffea., Nux vom.  
 Graphites—Acon., Ars., Nux vom.  
 Hamamelis—Puls.  
 Helleborus—Camph., China.  
 Hep Sulph—Bell., Cham., Silicea.  
 Hydrastis—Sulph.  
 Hyoscyamus—Bell., Camph., China., Stram.  
 Hypericum—Ars., Cham.  
 Ignatia—Arnica., Camph., Cham., Cocculus, Coffea.,  
   Nux vom., Puls.  
 Iodium—Ant T., Ars., Bell., Camph., China, China  
 Sulph., Coffea., Hep Sulph., Opium, Phosph., Spongia-  
   Sulph.  
 Ipecac—Arnica, Ars., China, Nux., Tabacum.  
 Iris Vers—Nux.  
 Jalapa—Can sat., Elaterium,

- Kali Bich—Ars., Lach. and Puls.  
 Kali Carb—Camph., Coffea.  
 Kali Iod—Hep Sulph.  
 Kali Nitricum—Opium.  
 Kalmia—Bell.  
 Kreosote—Acon., Nux.  
 Lach—Ars., Bell., Merc., Nux vom., Phosph Acid.  
 Laurocerasus—Camph., Coffea., Ipecac., Opium.  
 Ledum—Camphor.  
 Lilium Tig—Helon, Nux.  
 Lycopodium—Acon., Camph., Caust, Cham., Graph,  
 Puls.  
 Lobelia—Ipecac.  
 Mag Carb—Cham., Merc., Rheum.  
 Mag Mur.—Camph., Cham.  
 Mag Phos—Bell., Gels., Lach.  
 Manganum—Coffea.  
 Menyanthes—Camphor.  
 Mercurius—Asaf., Aurum., Bell., Carbo veg., China.  
 Hep Sulph., Iodium, Kali Iod., Lachesis, Mezereum,  
 Nitric Acid., Staph ; Sulph.  
 Merc Cor—Silicia.  
 Mezereum—Acetic Acid, Bry., Calc carb., Camphor,  
 Merc., Nux vom. Rhus Tox.  
 Moschus—Camphor., Coffea.  
 Muriatic Acid—Bry., Camphor.  
 Nat Carb—Camphor.  
 Nat Mur—Ars., Camphor., Phosph.  
 Nitric Acid—Calc carb., Camphor., Hep Sulph., Merc.,  
 Mez., Sulph.  
 Nux Moschata—Camph, Gels., Nux vom.  
 Nux vom—Acon., Camphor, Cham., Cocculus., Coffea.,  
 Ign., Puls.,

Opium—Bell., Camph., Coffea., Con., Ipecac., Merc., Plumb.

Oleander—Camph., Sulph.

Petrol—Cocculus., Nux.

Phosph Acid—Camph., Coffea.

Phosph—Camph., Coffea, Nux., Terebinth.

Phytolacca—Ign., Sulph.

Platinum—Puls.

Plumb—Alumen., Alumina., Bell., Cocculus, Hyoscyamus., Nux v., Opium., Petrol., Platina, Stram., Zincum.

Podo—Lactic Acid, Nux.

Psorin—Coffea.

Puls—Cham., Coffea., Ign., Nux vom.

Ran Bulb—Bry—Camph., Puls., Rhus T.

Rheum—Camph., Cham., Colo., Merc., Nux, Puls.

Rhododendron—Bry, Camphor, Clematis, Rhus. Tox.

Rhus Tox—Bell, Bry., Camph., Coffea, Croton Tig., Sulph.

Ruta—Camph.

Sabad—Puls.

Sabina—Camph, Puls.

Sambucus—Ars., Camphor.

Sarsa—Bell., Merc

Secale Cor—Camph., Opium.

Selenium Puls.—Ign.

Senega—Arnica, Bell, Bry, Camph.

Sepia—Acon., Ant Crud, Ant Tart.

Silicea—Camphor; Fluoric Acid., Hlep Sufh.

Spigelia—Aurum, Camph, Cocculus, Puls.

Spong—Camphor.

Stannum—Puls.

- Staphisagria—Camph.  
 Stram—Bell; Hyoscy, Nux., Tabacum.  
 Sulph—Acon., Camph., Cham., China, Merc., Puls,  
 Rhus T., Sepia.  
 Sulphuric Acid—Puls.  
 Tabacum—Ars., Ign., Ipecac., Lyco., Nux, Phosph,  
 Puls, Sepia.  
 Taraxacum—Camphor.  
 Terebinthina—Phosph.  
 Teucrium—Camphor.  
 Theridion—Acon, Graph, Moschus.  
 Thuja—Camph., Cham., Merc, Puls, Sulph.  
 Valeriana—Camph, Coffea, Puls.  
 Veratrum alb—Acon., Camph., China, Coffea.  
 Verbascum—Camph.  
 Zinc Met—Camph, Hep S., Ign.

### Complementary Remedies

- Acon—Coffea, Sulph.  
 Aethusa—Calc C.  
 All cepa—Phosph., Puls, Thuja.  
 Aloes—Sulph.  
 Alumina—Bry.  
 Antim Crud—Sulph.  
 Apis Mel—Baryta c, Nat M.  
 Arnica—Acon., Ipecac, Verat all.  
 Ars—All Sat, Carbo veg, Phosph.  
 Baryta C.—Dulc., Psorin, Silicea.  
 Bell—Calc Carb.  
 Bry—Alumina—Rhus Tox.  
 Caladium—Nit Acid.  
 Calc Carb—Bell, Lyco, Rhus T, Sil.  
 Calc Phos—Hep Sulph, Ruta,

- Calendula—Hep Sulph.  
 Camphor—Cantharis.  
 Carbo An—Calc Phos.  
 Carbo veg—Dros, Kali Carb.  
 Caust—Carbo veg, Petroselinum.  
 Chamomilla—Bell, Mag carb.  
 Chelidon—Bry., Lyco.  
 China—Calc Phos, Ferrum.  
 Coffea—Acon.  
 Colocynth—Merc.  
 Cup Met—Calc C, Ipecac.  
 Drosera—Nux.  
 Dulc—Baryta C.  
 Ferr Met—Alum, China, Ham.  
 Fluoric Acid—Silicea.  
 Graphites—Arg nitricum, Ars., Caust., Ferr., Hep  
   Sulph., Lyco, Tuberculinum.  
 Ham—Ferr.  
 Ign—Nat Mur.  
 Iodium—Lyco.  
 Ipecac—Arnica, Cuprum.  
 Kalmia—Benzoic Acid.  
 Kali Carb—Carbo Veg, Nat Mur.  
 Kreosote—Ars, Phosph, Sulph.  
 Lach—Hep Sulph, Lyco.  
 Lyco—Iodium.  
 Mag Carb—Cham.  
 Merc—Badiaga.  
 Nat Mur—Apis, Ign, Sepia.  
 Nat sulph—Thuja,  
 Nitric Acid—Ars., Calad, Lac Can.  
 Nux vom—Sep., Sulph.

Petro!—Sepia.

Phosph.—All Cepa, Ars.

Puls—Kali Mur, Lyco, Sil, Sulph.

Psorin—Sulph.

Rheum—Mag Carb.

Rhus Tox—Bry., Calc fluor.

Ruta —Calc Phos.

Sabadilla—Sepia.

Sabina—Thuja.

Sanguinaria—Ant Tart.

Sarsa—Merc, Sepia.

Sepia—Nat Mur.

Stam—Puls.

Silicea—Calc C, Fluoric Acid, Puls, Sanicula, Thuja.

Staph—Caust, Colo.

Sulph—Acon, Aloe, Psorin.

Sulph. Acid—Puls.

Thuja—Medorrhinum; Nat Sulph, Sabina, Silicea.

Tuberculinum—Calc C, Psorin, Sulph.

### Inimicals.

1. Acetic Acid and Bell-Lach & Merc. It disagrees when given after Bor, Caust, Nux, Ran B & Sarsa.
2. Ammon C & Lach.
3. Apis Mell & Rhus T.
4. Asterias Rubens & Coff, Nux.
5. Baryta Carb & Calc C.
6. Bell and Acetic Acid—Dulc.
7. Borox & Acetic Acid.
8. Bry & Calc Carb.
9. Calad & Arum Triph.
10. Calc C & Baryta C—Bry (Calc C. must not be used before nit Acid & Sulph.)



11. Camph. & Kali nitricum.
  12. Canth & Coffee.
  13. Carbo veg & Kreosote.
  14. Carb Acid & Lach.
  15. Caulophyllum & Coffea.
  16. Caust and Acids, Coffea & Phosph.
  17. Cham & Zincum.
  18. China & Digitais, Led. & Selen.
  19. Coculus & Coffea.
  20. Coffea & Cantharis, Caust., Cocculus, Ign., Asterias,  
Rubens & Caulophyllum.
  21. Digitalis & China.
  22. Dulc and Bell-Lach.
  23. Ferr Phos & Paris Quad.
  24. Ign. & Coffea, Nux & Tabacum.
  25. Kali nit & Camphor.
  26. Kreosote & Carbo veg.
  27. Lach and Acetic Acid, Carb Acid, Nitric Acid & Sepia
  28. Merc & Silicea.
  29. Nitric Acid & Lach.
  30. Nux vom and Acetic Acid, Zincum, Asterias Rubens.
  31. Phosph & Caust.
  32. Puls & Sepia.
  33. Ran Bulb & Staph- sulph. .
  34. Rhus Tox & Apis.
  35. Selen & China.
  36. Sepia & Lach Puls.
  37. Silicea & Merc.
  38. Staph & Ran Bulb.
  39. Zincum & Cham, Nux Vom.
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**Presidential Address delivered at the Annual  
District Homoeo. Conference—Hardoi on  
March 22nd 1953.**

Brothers,

I thank you very much for the honour you have done me by inviting me to preside over your to-day's proceedings in connection with the Annual Conference of the Members of the District Homoeo. Association, Hardoi:—

In spite of everything said and done, I must tell you that Homoeo. is a wonderful thing. It very rarely leaves you in the lurch, even though you be far removed from all the amenities of civilization such as hospitals and doctors. It has distinct advantage over the opposite school, which generally presupposes a large surgical staff, antiseptics, sterilizing apparatus, hypodermics and what not.

Homoeopathy is the only platform where science and religion meet. In Homoeopathy hundreds of drugs have been proved, worked out and a scheme drawn up by experiments on healthy men and women, the differences and similarities between the drugs have been compared and contrasted, so that they are individualised drugs, suitable for sick persons who, when seized with an illness, which is a departure from the normal, present certain definite symptoms and reactions varying according to the individual attacked. In other words, Homoeo. treats not the Bronchitis of Mr. or Mrs. Pandey but Mr. or Mrs. who has Bronchitis—a vast difference.

The orthodox school of physicians does not recognise vital reactions of different drugs—they make use of the chemical, mechanical and physiological actions of each and every drug. If too much Hydrochloric Acid is present in the stomach, the chemical antidote in the shape of an

alkaline is prescribed. If bowels do not act, liquid paraffin is prescribed for its mechanical action in softening the faeces. If uterus is bleeding, ergot is prescribed in physiological doses to produce a constriction of the dilated blood vessels.

Brothers, remember a vital and most important truth the lesser becomes the greater. In certain philosophical school of Medicine which flourished in Pre-Hitlerite Germany, many investigated the power of the minute. They made hundreds of experiments with small, smaller and smallest doses of metals on growing plants and proved the truth of all I have said.

My forty years' experience has led me to conclude that if we start with a High Potency, we would set up violent reactions for the vibrations would be too numerous and so powerful as to cause such a violent dynamic shock as to almost annihilate the patient while if we begin low and go up step by step, we get no violent shocks—just an agreeable cure.

High doses though far removed from the toxic material doses can kill just as surely as poisonous doses of opium etc. High potencies are vibrations of the life forces of a medicinal agent and just as a glass has been known to crack when a certain chord is struck on a musical instrument, so the silver cord attaching the higher bodies to the coarser physical body may snap across if the most similar medicine is given in a very high potency.

Gentlemen, it delights me to see in our midst so many zealous adherents of the system of medicine propounded by Hahnemann of loving memory, whose methods enabled even lay men without a proper medical training to relieve pain and suffering and establish the saying that the great-

est triumph of a science is when it becomes the common property of the people.

Among the technicalities of Homoe is the phrase, "Totality of the symptoms". There is nothing mysterious about it. Hahnemann rightly said that this totality the sum total of the sensations and observable changes in the Organism-constitutes the concrete problem in every case, with which we have to deal, no matter what name the academics may give to it.

Disease, we must never forget, is, in Hahnemann's conception, an invisible thing. It is a derangement of the invisible vital force. To use a modern simile, the symptoms constitute a moving picture like the figures on the screen of a Cinema. The visible part of the human body is the screen; the appearances and sensations of the diseased vital force are the "Symptoms" and are just like the moving figures; but the operators producing the appearances are hidden from the audience. All the same, it is by looking on the screen that you read the story of the changes in the invisible life-force in a way you could not do by going behind the screen.

Hence the totality of the symptoms constitutes the disease as our senses apprehend it. The academic name of the disease is a secondary matter. Hahnemann once said to a patient who asked him what his disease was and what he was going to give him. "The name of your disease is no concern of mine and the name of the medicine I give is no concern of yours".

Hahnemann's theory rests on eternal laws of nature. It will be as immortal as nature herself and with it, its creator, Samuel Hahnemann will remain for ever immortal.

The main points of Homoeopathy are :

1. The Law of Similars.

2. The Proving of drugs on the healthy human body.
3. Administration of very small doses of medicines and that even not to repeat often.
4. To give a single medicine at a time.
5. Treatment of the person as a whole.

One should attempt to enter deeper into the spirit of the Law of Similars. It rests on scientific basis. There is much in it. We can learn a great deal from it. It is impossible for the old school now to ignore it or to treat it with contempt.

Homœ. is, at the present moment, undergoing a reconstructing process. It is occupying its own place in science. The leading scientific minds of the age are beginning to take it up for investigation and demonstration. Research is going on in many laboratories and great progress is being made.

The public demand for the Homœ. method of treatment is so great that the Corporation of Calcutta has started Charitable dispensaries in each ward of that metropolis.

Our Congress Govt. too in U.P. has very kindly accorded recognition to this science and for this we owe a great deal to Shri Sultan Alam Khan Saheb, M.L.A., whose indefatigable efforts and love for truth have won us the esteem Homœopathy deserves. We are highly grateful to him for what he has done and is doing for its uplift.

In conclusion I should like to impress that there is only one road by which success in Homœ practice may be attained and that is *work*. It is only hard application—intelligent and unremitting that can ensure success in this direction but I would seriously warn off at the outset all who think they will find in Homœ. an easy road to the cure of the sick.

Piarey Lal Srivastava

## Appendix No. 1.

### Homoeo. Medicines according as they are Hot or Chilly.

- (1) Actea—Racemosa Chilly (casily affected—by cold and damp weather).
- (2) Aconite—Exposure to cold wind (affected by.)
- (3) Aesculus Hip.—> cold application—
- (4) Agnus Castus—Sensitive to cold.—
- (5) Allium Cepa—< drawing in cold air—Hot—(< warmth and warm room).
- (6) Aloe—> Cold things and cool place—Hot.
- (7) Alumen—< at full moon—Hot.
- (8) Alumina—Chilly < winter and cold air but wants bath and cool air.
- (9) Ambra Grisea—Hot—<warm room, warm drinks > cold in general.
- (10) Ammon Carb—Chilly—(though for heart symptoms he might desire open air).
- (11) Ammon Mur—Chilly (but—feels a sort of boiling in blood vessels).
- (12) Antim Crud—Hot weather remedy but cold bathing also aggravates troubles.
- (13) Apis Mel—Extremely hot medicine.
- (14) Apocynum—Chilly—
- (15) Arania Diadema—Extremely Chilly—
- (16) Argent met—To some extent chilly.
- (17) Arg nit—In eyes and throat with ulceration—relief from cold water—Cold sensation when uncovered yet can't tolerate warm covers and wants cool open air.
- (18) Ars alb—Chilly with low vital force—
- (19) Ars Iod—Some want heat as in Ars and some cold as in Iodine and some can tolerate neither heat nor cold.
- (20) Aurum Met—Chilly <winter—yet wants cool open air—
- (21) Auvum Mur—Hot <warmth, warm room, warm clothing, Exertion.
- (22) Baryta Carb—Chilly and sensitive to cold but Headaches <heat just opposite of its character.
- (23) Baryta Mur—Hot blooded.
- (24) Bry—Feels chilly yet likes cold air <warmth, warm drinks, after taking cold.
- (25) Bufo—Hot < warm room, near fire > Bathing and cold air—
- (26) Calc Carb—Chilly—sensitive to cold—
- (27) Calc Sulph—Hot (not half so sensitive as Hep Sulph) sensitive to both heat and cold—takes cold easily—

- (28) Capsicum—Extremely chilly.
- (29) Carbo Animalis—Chilly.
- (30) Carbo Veg—Hot.
- (31) Chamomilla—The patient as a whole > from heat and < cold but his teeth are < heat.
- (32) Chelidonium—Patients crave hot drinks> Hot food.
- (33) Colchicum—Chilly.
- (34) Dulcamara—Hot days with cold nights favour the development of Dulcamara symptoms—Relief from hot application—
- (35) Euphorbium off—Hot > heat > cold and motion.
- (36) Euphrasia—Chilly> cold windy weather.
- (37) Fluoric Acid—Hot < Heat > cold but gets definitely worse from hot drinks.
- (38) Graphites—Chilly though desiring open air.
- (39) Guaicum—Hot < heat.
- (40) Hepar Sulph—Chilly < cold—
- (41) Iodine—Warm-blooded > cool places—
- (42) Kali Bich—> warm application and warm drink—
- (43) Lachesis—Hot <heat in any form.
- (44) Ledum—Hot (wants to have feet dipped in water).
- (45) Lilium Tig—warm-blooded always desiring cool air and cold things with a feeling of suffocation in a heated atmosphere like Apis, Iodine, Kali Iod, Lyco and Puls—
- (46) Lyco—most symptoms> warmth and warm drinks but the headache and skin symptoms are < and > by cold application.
- (47) Mag Carb—Chilly and cold. wants covered in all stages yet wants open air—Hot food and drinks cause perspiration—
- (48) Merc Sol—Can tolerate neither heat nor cold <Extremes of temperature, warmth of bed.
- (49) Nat Carb—Body troubles < winter —Brain troubles < summer—
- (50) Natrum Mur—Patient warm blooded—< in the house > open air—
- (51) Nux moschata—<cold—damp weather—.
- (52) Phosph—Patient externally chilly and wants to remain covered but he has strong craving for very cold drinks and cold things.
- (53) Phosph X—Can not tolerate cold but < in a warm room.
- (54) Picric X—> cold air and cold bath.
- (55) Psorinum is chilly and Sulphur is hot.
- (56) Pulsatilla—Hot blooded and rather soft hearted—(not thirsty though at times desires cold water and cold things).  
Though hot-blooded by nature, pains of Puls. are always accompanied with chilliness of a nervous type—

- (57) Pyrogen—Violent heat mingled with intense chill--aching in the bones, restlessness > motion and heat.
- (58) Rhododendron— < before and during storm and in cold and wet weather > warm covering.
- (59) Rhus Tox—All complaints originate from cold, damp weather or cold bath or exposure to cold, damp air during exertion or perspiration > warmth and motion—
- (60) Sabadilla—An extremely chilly patient always wanting covers and hot drinks—
- (61) Sabina—A hot blooded and anti-sycotic medicine—
- (62) Sanguinaria—Susceptible to attacks of cold and Bronchitis or chest troubles with burning in chest, palms and feet.
- (63) Secale—Burning with relief from cold application—Patient cold yet can not tolerate covers—wants windows open, wants his ulcers to be uncovered.
- (64) Selenium—The patient is generally hot-blooded.
- (65) Sepia—generally cold, both physically and mentally, Severe headache, gentle motion relieves, warmth aggravates. Sepia pains—menstrual or labour are attended with shudder as in Puls—although it is a hot medicine—
- (66) Silicea—Want of vital heat so that the person becomes chilly--Chronic sick headache attended with nausea and vomiting—sweat on head and face ; wants to have the head wrapped up in warm clothes.
- (67) Thuja—The patient as a whole gets relief from cool, open air, though pains in head and eyes are > from heat—
- (68) Tuberculinum—The patient desires something which does not suit his system particularly cool open air.
- (69) Verat album—Cold and dry is Camphor; Cold and copious discharge is Verat alb—Chill and heat sometimes alternate. Violent rush of blood to the head with cold extremities—Violent rheumatic and neuralgic pains in the extremities < from warmth of bed.



## Appendix No. II.

## Further Clinical Cases.

- (1) A boy aged 20 months—eyes running yellow discharges less profuse and thinner—kicks off covers at night, always hungry—crying all the time while having his bath—Sulph.
- (2) A baby in convulsions—face flushed—eyes wide open, pupils contracted to a pin-point. Temp. 104° per rectum—Opium.
- (3) *Sciatica*—lying on damp floor—no relief in any position—Nat Sulph.
- (4) A lady awake one night—suffered most of the following day with pain and swelling in the right knee could not extend it—could not stand on it—Sepia 200.
- (5) Complete ringworm infection—Sepia 1m (Nat Mur, Sil, Tell and Tuberculosis)
- (6) *Insanity*—Wept in torrents of tears—Wanted to have himself dipped in water—Apis M.
- (7) A young boy a bit dull looking—used to shout & make a peculiar sound at V. frequent intervals which he could not check in spite of best efforts—Agaricus—
- (8) A boy with high fever, dry skin, obstinate constipation lower limbs tender. legs stiff and found developing symptoms of paralysis Alumina. 200.
- (9) A girl 18 years old passed urine at night while asleep. But if any stranger happened to stay in her house for a day or two the presence of the stranger gave a shock to the child and there was no urination—Ambra Grisea 200 and 1 m.
- (10) Chronic backache with occasional attacks of Influenza—Ammon Carb 200.
- (11) Excessive uterine haemorrhage with distress at the heart Amm-Carb.
- (12) *Insanity*—The patient feels he is followed by some evil spirit or police men > eating—Anacardium.
- (13) Deafness—with the sensation of a plug in the ear—Anacard—
- (14) Chronic rheumatism with tender soles and white tongue Antim Crud.
- (15) In fever skin dry and perspiring alternately with tender liver and spleen—Apis M.
- (16) A gentleman had his fistula operated upon and ever since losing flesh and having fever and pain in liver region and cough. Berberis 200 with a few doses of Calc P 30—one dose daily (a case of impending phthisis averted (N. B. sometimes Sil 30 is used in such cases).

- (17) Glands in armpits of a Mercurio Syphilitic woman suffering from debilitating leucorrhoea—Carbo animalis.
- (18) Mind inactive, patient looked and stared and seemed as if trying to understand and trying to answer, but the fact is that he was unable to concentrate and think—Helleborous—1 m. & 10 m.
- (19) Patient had his eyes congested with a feeling of pressing pain and eye sight almost gone—Plumbum—1m.
- (20) At about 9 P.M. a boy every day looked like one dazed & possessed and seemed to be in a fit of trance & bewilderment lasting for about an hour Belladonna given but to no effect However the boy said to one of his companions that at that time all things looked very small as if he could squeeze them inside his fingers—Platinum 200 cured him.
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*Review by the Editor of the 'Pioneer' dated 7th Nov. 1954.*

ON

## **FLOWERS OF HOMOEOPATHY:**

*By*

**Dr. P. L. Srivastava,**

**Homoeopath, Hardoi, Pages 618.**

**Price Rs. 10**

In a country where poverty and disease are widespread it is not surprising that an inexpensive system of medicine like homoeopathy has become immensely popular. It seems to have finally overcome—after some struggle—the prejudice created by physicians of the opposite school. Recognition by the State Government recently has further stabilised its position and efforts are being made to place the teaching and practice of homoeopathy on a scientific footing. This comprehensive book, written by a veteran homoeopath with 40 years' experience, will greatly help in this task.

Besides the materia medica and practical therapeutic hints, the book contains articles by eminent physicians and reproductions from journals, magazines and periodicals etc. It will prove invaluable to practising homoeopaths and all others interested in this science.

