

# HOMOEOPATHIC TIPS PRESCRIBER

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by

Dr. R. B. Singh

Principal (CHMC)

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# HOMOEOPATHIC TIPS PRESCRIBER

by

Dr. R. B. Singh

D. M. S. (Hon.); D. H. M. S. (Hons); Naturopath etc.

Ex-Principal : Homoco college, chapra.

Specialist in Leucoderma & chronic diseases.

Copy presented to  
Principal — Calcutta Homoeopathic  
Medical College & Hospital,  
P.O. — Maniktala, Cal — 9.

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15.12.77.

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Accession No. 6822

Date 26.12.2016

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( First Edition )



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★ Sharda Mudranalaya, Salempur-Chapra.

# ERRATA

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Jalala	Jalapa	1
Kalili	Kalibi	1
given 1 dose	given, 1 dose	3
I lumb. m.	Plumb. m	4
Absorbed	Absorbed,	5
S I.	Sil	6
aw ke	awake	6
Zi. c.	Zinc.	6
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Oroaking	croaking	12
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Shri R. H. Das, I. P. S.,  
Suptdt. of Police, Saran, Chapra.

I am glad to learn that Dr. R. B. Singh of Chapra is taking keen interest in research works in field of Homocopathy. His research for treatment of Leucoderma and several other serious diseases are so miraculous, that medical practitioners are astonished to hear such cures. His research for snake bite, scorpion, wasp stings etc. puts everyone in astonishment. I myself have seen miraculous effect of such medicine when a few drops were administered to one young man of my village named Santlal who was unconscious due to poisonous snake bite. The man got up within seconds and the persons standing near by were bewi!dered to see the miraculous effect of the medicine.

Dr. Singh is a man of zeal and is keenly interested in service of the people. During last flood while I was moving along with the district magistrate, Saran, Mr. Singh was seen distributing his medicine to the people in distant flood hit villages.

It gives me pleasure to write a few words when dream of Mr. Singh to write a book on Homocopathy comes into reality. His endeavour in chain of researches written clearly in his book "Homocopathic tips prescriber" is highly appreciated. I have occasion to go through the manuscript of this book.

I trust this book, when published, will not only be profitable to the medical practitioners but also will prove to be boon for the suffering humanity.

May God bless him for his pious work.

R. H. Das.

The specific medicine, the result of valuable research made by Dr. R. B. Singh D. M. S. (Hons) to be used against the venomous effects of snake biting, scorpion and wasp sting has proved successful in its use and has saved several lives. His voluntary distribution of this medicine in the last flood affected area of the district has proved to be a boon for the sufferers. His services rendered in this regard especially in flood hit areas are praise-worthy. He possesses a high moral character and his efforts are dedicated to the cause of sufferings.

He deserves all help which will be in the interest of the masses.

S. Jha, I. A. S.

District Magistrate, Saran, Chapra.

12-5-77

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The "Homoeopathic tips prescriber" of Dr. R. B. Singh (Chapra) is a unique creation in the Homoeopathic field.

It contains several miraculous research works which are practically confirmed by experiments in several established cases.

This concise book has made the difficult subject easy to every prescriber.

The students & the practitioners of the Homoeopathic world will be benefited by this tips prescriber.

Dr. M. M. Kolay.

D. M. S. (Cal); D. F. H. (Lond) etc.

Sinha Homoeo College, Laheriasarai.

Darbhanga (Phone no. 2112).

Dr. R. B. Singh is an eminent and renowned Homoeopathic Physician of Chapra. His clinical knowledge is wide and extensive. I have gone through his book entitled "Homoeopathic Tips Prescriber".

In it, he has compiled clinical tips drawn from both classical and modern homoeopathic therapeutics, which he has verified with scientific objectivity in his own clinical applications. Besides, he has added a large number of tips which are personal attainments of his clinical experience. The style of the book is lucid, clear and analytical. This book is of immense value to both students and busy practitioners.

I wish him success from the depth of my heart.

Dr. R. N. Singh,

M. A. ( English, Bihar ),

D. M. S. (Gal)

Principal : Saran Homoeo College, Chapra.

(Bihar)

---

D. P. Maheshwari

Collector & District Magistrate

I. A. S.

Chapra (Bihar).

Dr. R. B. Singh, Homoeopath, was almost my family physician for about a year of my stay at Chapra. His diagnosis is superb. He has studied his subject well and has specialised in Chronic diseases.

I wish him all success in life.

D. P. Maheshwari.

1-7-1973.



I have gone through the manuscript "Homoeopathic tips Prescriber" written by Dr. R. B. Singh. He has given his personal experiences of last fourteen years and his diagnosis as well as selection of medicine is superb.

I have personally watched a dozen of cases of Leucoderma cured by him. Another research he has done is for the treatment of Scorpion & Snake bite. It gives an instantaneous relief in a few minutes.

Dr. L. P. Verma (M. B; B. S.)  
President—Indian Medical Association,  
Chapra.

---

The book "Homoeopathic Tips Prescriber" is undoubtedly a creation in Homoeopathic literature. The dedicative efforts of Dr. R. B. Singh through years of researches on Leucoderma have opened new dimensions of Homoeopathic miracles.

The systematic and methodical approaches, logical and clinical tips and rhythmic language have made this book a memorable and authentic reference book.

I confidently claim that this book has become a must for all medical students and practitioners.

Dr. Raḥindra Nath Chatterjee,  
DMS (Cal), M.B.S. (Cal) etc.  
D 36/267 Dasaswamedh Road, Varanasi.  
( Phone—52806 )

## Preface

First of all I want to remind my readers regarding the mercy of God which is the real source of eternal peace & real pleasure. It is the mercy of God that I give here my experiences and researches as well as of others too for the benefit of the suffering humanity. I place here the exact words of Dr. Bireswar Chatterjee ( Muzaffarpur ) while teaching us.

(1) "I must have ousted Allopathy from North Bihar if I had studied Anatomy, Physiology, Diagnosis of diseases etc. like you people "

(2) "Mental symptoms supersede all symptoms in such a way that on mental symptom alone, We may rely to cure even when the physical symptoms do not call for that remedy in homoeopathy."

Owing to the vast study in Homoeopathy, a short and clear cut way is the need of the time. Clinical researches or Practical experiences, contrary to the homoeopathic rules, confirm that sometimes there may be a general medicine too for a particular disease ( especially when no particular medicine is clearly indicated ). For example cuprum ars may be said to be the specific medicine for cholera. Many homoeopaths may laugh at this but when they find it correct in practice, they can't laugh. Such new ideas having practical confirmations are very useful for the doctors as well as for the patients. Such collections have been gathered here to be tested by every practitioner. I give here the medicines most of which are practically confirmed.

In my opinion this concise book will be helpful in cases where correct selection is difficult and it must make the homoeopathic prescribing easy which is actually a very very difficult task.

It is based on the main guiding symptom or strange & peculiar

symptom. It is so important in homoeopathy that we may prescribe with sure shot even on a single symptom.

I am highly obliged to my teachers Dr. J. K. Mukherjee (Principal) & Dr. R. P. Gupta DFH (Lond) etc. of muzaffarpur (Bihar) and Dr. M. M. Kolay. DFH (Lond) & Dr. D. N. Singh. DFH (Lond) of Darbhanga (Bihar).

Dr. R. B. Singh.  
Chapra (Bihar), India.  
10-4-77

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# TIPS ON CHILDREN'S TROUBLE

1. Coryza in infants— Dulcamara 6- 1 dose 8 hourly.
2. Jaundice in New born—Lupulus [3 x or 6] or cham 6 [if carrying relieves the crying child]—1 dose 8 hourly.
3. Constipation of infants—Kalimur 3 x—1 Tab. 8 or 12 hourly.
4. Babies with violent wind colic—Illicium Anis
5. „ Nervous — Kalphos.
6. „ with fiery red rash around anus— Medo 200 or 1m/1 dose.
7. „ Sour smelling—Sulphuric acid.
8. „ with urinary difficulties—Petroselen.
9. „ Scalding urination—Medo 200 or 1m / 1 dose only.
10. Children who can't bear to be bathed or washed— Sulphur.
11. „ Sickly, puny, weak but with well developed heads— Lyco.
12. „ Catching cold readily with every change of weather—Sepia.
13. „ Good all day, Scream all night—Jalaja.
14. „ who flush easily — Calc. carb.
15. „ afflicted with worms— Spigelia.
16. „ Chubby [ short & thick, roundfaced ], subject to catarrh especially stringy— Kalibi.
17. „ Chubby, fat, Indolent, easily homesick—caps.
18. „ cross after sleep, push every one away— Lycopod.
19. „ outrageously cross — Hepar sulph.
20. „ delicate, sickly — psor.
21. „ fat, fair, flabby, fearful & sweaty— Calc. c.
22. „ with chalky white face — Calc. c.
23. „ growing too fast — phos. ac.
24. „ Subject to head sweat — Calc. c.
25. „ with hard and enlarged glands — Calc. c.

- 26 Children who refuse milk & get tummy if they take  
it—mag. c.
27. „ nervous, unmanageable when sick— Lycopod.
28. „ having a disagreeable odour — Psor.
29. „ restless, hot, kick off clothes at night—Sulphur.
30. „ Slow in movement — Calc. c.
31. „ Slender, slim [weak, craft] — Phos. ac.
32. „ with irregular or partial sweats—Calc. c
33. „ who can't bear to be touched or looked at, with  
white milky coated tongue—Ant. cr.
- 34 „ cough after flu or pertussis— Sang. can.
35. „ Spiteful, malicious, irritable, sullen— Nux V
- 36 „ Foxy, deceitful, destructive—Tarent. H.
37. „ listless, lack of self confidence, timid, no grit  
moral or physical—Silic.
38. „ affectionate, mild, gentle, weepy, dislike heat,  
Crave fresh air — Puls.
39. „ with changeable mood, introspective, silently  
brooding, sighing sobbing—Ign.
40. „ want to read Bible all day, talk of angels, future  
life, want to die — Calc. c.
41. „ irritable with rapid decay of teeth which become  
dark and crumbly— Kreos.
42. „ craving sweets, suffer gastric troubles — Ox. ac.
43. „ highly excitable — Hyos.
44. „ with hot sweaty hands, hot soles, hot vertex—Sul.
45. „ always cold, tired, breathless, have cold clammy  
feet— Calc. c.
46. „ with offensive sweaty feet — Silicea.
47. „ fear, being alone, dark, thunder, apprehensive—  
Phos.

48. Children—Jealous, suspicious, who dream, their parents are dead, snake, terrifying animals, they sit in a corner and cry at the thought of being left alone in the world — Lach.
49. „ Seized by violent pain, headache, throbbings, delirious, convulsions, starts, twitchings with heat, redness, intense burning — Bell.
50. „ with severe headache, inability to think or fix attention on their lessons — Aeth. cyn.
51. „ thin, spare, emaciated, unable to stand on ankles, slow in learning to walk, sunken feeling in abdomen with dirty white or brown complexion—Calc. phos [C P.]
52. „ Very irritable, do not want to move, want to be left thirsty, want long drinks — Bryon.
53. „ who want something new every minute which they hurl away with constant desire to rub, bore into nose : Cina.
54. „ who want something new every minute which they hurl away with frantic rage—  
Cham.
55. „ who want to be carried, with bad temper—  
Cham.
56. „ or new born with absence of urination for 24 hours — Aconite 200/1 dose only.
57. „ with undescended testicle — Thyroid 200 or 1 m 1 dose
58. „ Awake terrified, know no one, scream, cling to those near — Stram.
59. Infantile eczema—Frax. am. Q. or 6-1 dose twice daily.
60. „ dry eczema— Calc. sulph 6x-1 tab. 8 hourly.
61. „ Wet eczema with emaciation, weak digestion, open sutures and fontanells too long—  
Calc ph. 6x-1 tab 8 or 12 hourly.

Give the remedy indicated in the 6th or 30th potency, where potency not given 1 dose per hourly until better.

BABY = An infant; a new born child; a child upto the time he talks.



- Absorbed, buried in thought — alternating with frivolity [ fickleness, lightness ]— Arg. N.  
 —as to what would become of him — Natr. M.  
 —eating, after — Aloc.  
 —Menses during — Mur. ac.  
 Abstraction of mind — Morning — Guaiac.  
 Abusive — forenoon — Ran. b.  
 — evening — Am. c.  
 — angry; without being — Dulc.  
 — when in Pains — Cor. r.  
 —Scolds ( rebukes, reproves, fault finding noisily )—  
 —until the lips are blue and eyes stare and she falls down fainting— Mosch.  
 Activity, desires — Fruitless — Stann.  
 Admonition Aggr.— Bell, plat.  
 Affectation ( show, pretence )— Stram.  
 Anger — forenoon — Carbo V.  
 — 11 AM — Sulphur.  
 — Caressing ( affection ) from— Chln.  
 — Convulsion, before— Bufo.  
 — Misunder stood, when— Bufo.  
 — thinking of his ailments— Aur. m.  
 — throws things away— Staph.  
 Anguish— 5 AM to 5 PM— Psor.  
 — 4 AM— Alum.  
 — Chill, during— Arn.  
 —Driving from place to place — ARS.  
 —eating, while — Sep.  
 —Heat, during — Arn.  
 —Menses, before — GRAPH.



—Open air amel. — CANN. I.  
 —Perspiration, during — Arn.  
 Answers—aversion to — Morning—Mag. m.  
 Loquacious ( talkative ) at other times — cim'c.  
 Sings, talks, but will not answer question — Agar.  
 Spoken to, when, yet knows no one— cic,

Anxiety— 11 AM — Arg. n.  
 till 3 PM — Aster.  
 3 to 6 PM — con.  
 • 4 PM — Lyco, tab.  
 4 to 5 PM — Thuja.  
 6 PM — carbo V.  
 5 to 6 PM — Am. c.

evening—until 11 PM— Bor.  
 in bed relieves — Mag. m.  
 violent exercise, from — Cx. ac.  
 twilight— ( 6 PM ) — Dlg.  
 7 to 8 PM — Am. c, Dros.  
 8 PM — Mur. ac.

Mid night — On waking, amel,—  
 — on rising — Sil.

11 PM — Ruta  
 1 to 3 AM — Hep.  
 2 AM — Natr. m.

until 2 AM— Carbo An.  
 3 AM— ARS, sil  
 4 A M— Alum.

Alternating with indifference — Natr. m.  
 anger, during — sep.  
 apparition, from horrible,  
 while awake — Zi c.

- Ascending steps, on — Nit. ac.  
 Bathing the feet, after — Natr. c.  
 Chagrin, after — Lyco.  
 Children, about his — Acet. ac.  
 When lifted from the cradle — Calc. phos.  
 Chill, before — CHIN.  
 Church bells, from hearing — Lyss.  
 Coition, after — Sep.  
 coition, thought of ( in a woman ) — Kreos.  
 Cold, becoming, from — Manc.  
 Continence prolonged, from — con.  
 Cough, before attack of whooping cough — Cupr.  
 Cruelties, after hearing of — Calc. c.  
 dinner, during — Mag. m.  
 dinner relieves — Sulph.  
 drinking, after — cimx.  
 eating warm food — Mag. c.  
 exercise relieves — Tarent.  
 exertion of eyes — Sep.  
 expected of him, when anything is — Ars.  
 Flatus, emission of, amel. — calc. c.  
 foot bath, after a — Nat. c.  
 Hot air, as if in — PULS.  
 house relieves, in — Ign.  
 Ineffectual desire for stool, from — AMBRA.  
 looking Steadily — Sep.  
 lying relieves — Mang.  
 right side, from flatulence — Kalic.  
 Manual labour, from — Iod.  
 menses, which prevents sleep — Agar.  
 Motion, down ward — BOR, Gels.  
 Music, from — Dig, Natr. c.

Noise or rushing water — LYSS, STRAM.

Paroxysms — Nit. ac.

Playing piano, while — Natr. c.

Pressure on the chest — SULPH.

Pursued when walking, as if — Anac.

Rail road, when about to Journey by, amel,  
while in train — Ars.

Reading, while — Mag. m, sep.

Rising from a seat relieves — Mill.

Salvation, about — Morning — Psor.

Sedentary employment, from — Ars, Graph.

Sewing — Sep.

shaving while — Calad.

sitting while relieves — Iod.

„ bent — R. T.

Sleep, evening — Berb.

Speaking in company — Plat.

Straining at stool while — caust.

Stooping relieves — Bar. m.

Thoughts, from — Calc. c.

Urination, after — Dlg.

Voice, on raising the — Can. s.

Walking rapidly which makes him walk faster— ARG. N.

Warmbed yet limbs cold if uncovered—MAG. C.

Ardent— Nux V.

Attitudes, assume strange — Plumb.

Aversion.— to friends : during pregnancy— con

— to those around — Ars.

Battles, talks about — Bell, Hyos.

Bed, jumps out of, wants to destroy himself but lacks  
courage — Chin.



- Company, <sup>5</sup>in — Bov  
 Convulsions, after — Sulph.  
 Pain, with all — Spig.  
 Room, in the, Amel — Tarent.  
 Supper, after — cist  
 Thinking of death, while — Aur.  
 Thunders & lightnings, when it — Sep.  
 Waking, on — Tarent.  
 Children, aversion to — Plat. .  
     Desires to beat — Chel.  
     to have, to beget — Ox. ac.  
     Dislikes ( woman ) esp. little girls — Raph.  
     Flies from his own — Lyco.  
 Child awakens terrified, knows no one, Screams,  
     Clings to those near — Stram.  
     Closing eyes relieves — Kalic., Zinc.  
 Colour, aversion to red, Yellow, Green and  
     Black — Tarent.  
 Company, aversion to, morning — Alum.  
     — Forenoon — Alum.  
 —Alternating with bursts of pleasantry & sarcasm.  
     ( bitter or wounding ironic remark ) — R. T.  
 —Aversion to and lies with closed eyes — Sep.  
 —Shuts herself up — Cur.  
 —Country away from people, wants to get into the—  
     — Cale, elaps.  
 —Desires solitude to practise masturbation—  
     Bufo, ust.  
 —to indulge her fancy — Lach.  
 —Lie with closed eyes — Sep.  
 —Meeting of friends, whom he imagines he has  
     offended — Ars.  
 —Desires to be let alone — Cic., Nux V.

- Pregnant, when — Lach.
- People intolerable to her during stool — AMBR.
- During urination — NATR. M.
- Smiling faces — Ambr.
- Walk alone, want to — Caj.
- Desire, friend of a — Plb.
- Menses during — Stram.
- Yet treats them out rageously — Kalie.

Complaining : Offences long past — Calc.

Sleep in — Bell, Ign.

Supposed injury, of — Hycs.

Waking, on — Cina.

Concentration — difficult, alternating with Uterine pains — Gels.

—difficult, Calculating, while — NUX V.

— „ Children, in — Aeth, Bar. c.

— „ Conversation during — Lyco.

— Crazy feeling on top of head, wild feeling in head, with confusion of ideas — Lil. t.

—Interrupted, if — Berb.

—On attempting to, it becomes dark before eyes— Arg. N.

—Talking while — Merc. cor., Natr. m.

—Writing while — Acon., Mag. c.

Confidence : Lack of self and thinks others have none which makes her unhappy — Aur.

Confusion, arouse himself, comes to — CARBO V., Sul.

Ascending aggravates — Ptel., Sul.

Bed, while in, relieves— Natr. c.

Bread aggravates — Croc. t.

Conversation aggravates — Sil.

- Cough, before paroxysm of — cina.
- Emissions — Selen.
- Injury to head, after — NATR. S.
- Laughing aggravates — Ther.
- Mental exertion, relieves -- Carbo V.
- Periodic --- Staph
- Pregnancy, during ... Nux M.
- If he attempts to understand it -- oleand.
- Spoken to, when -- sep.
- stooping relieves -- Verat.
- Urination relieves -- Tereb.
- Vexation, after -- Nux V.
- Weeping relieves -- Sep.
- Will, strong effort of, relieves -- Glon.
- Wrapping up head relieves -- Mag. m.
- Yawning relieves -- Bryon.
- Conscientious : about trifles, 4 to 8 PM -- Lyco.
- Eating, after -- Ign.
- Consolation, relieves -- Pus.
- Contemptuous in open air or when sun shines  
into room -- Plat.
- Paroxysms against her will -- Plat.
- of everything -- PLAT, chin, cina, Ip.
- Contradict, disposition to -- after noon -- Canth.
- counting continually -- physos.
- Crawling on floor -- Lach.
- croaking -- Cina, cupr.
- in sleep -- Bell.
- Cursing all night, and complains of stupid feeling--  
Verat.
- convulsions during -- Ars.
- Cut others, desires to -- Lyss.

- Dancing alternating with sighing — Bell.  
 — Unconscious — Phos. ac.
- Death, desire ; forenoon — Apis.  
 Afternoon — Ruta.  
 Menses during — Berb.  
 walking in open air, while — Bell.
- Presentiment of — believes that she will die soon,  
 and that she can't be helped — Agn.  
 thinks of death calmly — Zinc.
- Sensation of : chill, during — Can. i.  
 Spasm during — Nux V.  
 thoughts of : morning — Con.  
 Afternoon — Tarent.  
 Alone, when — Crot. c.
- Deeds, feels as if he could do great — Hell.
- Delirium—nap, during — Nux V.  
 1 to 2 AM — Lachn,  
 Abandons her relatives — Sec.  
 Absurd things, does — Sec.  
 Alternating with colic — Plb.
- Tetanic convulsions, lies on his back, knees & thighs  
 flexed, hands joined — Stram.  
 Angry—Cocc. (Arms, throws about—Bell.)  
 Attacks people with knife — Hyos.  
 Creeps about in bed, — Stram.  
 Bellows like a calf — Cupr.  
 Blames himself for his folly — Op.  
 Changing subject rapidly — LACH,  
 Coldness with — Verat.  
 Convulsions, before — Op.



Crying for help — Canth.

Depletion, after — Chin.

Eating relieves — Anac., Bell.

Epilepsy, during — Op.

Fatigue, study etc. from — Lach.

Fire, talks of — Calc.

Foreign countries, talks of — Can. i.

Language, talks in a — Stram.

Gay, alternating with laughing, singing, whistling,  
Crying etc. — Stram.

With melancholy — Agar.

Heat aggravates — Stram.

Intermittent — Con. (Mental exertion.— Lach.)

Miscarriage, after — Ruta.

Mouth, moves lips as if talking — Bell.

Puts stones in — Merc.

Murmuring, slowly — Phos. ac.

Muttering slowly — Phos. ac.

Periodic — Samb.

Perspiration relieves — Aeth.

Picking at nose or lips, with — Arum. tr.

Repeats the same sentence — Camph.

Rolls on floor — Op.

Romping ( Sportive ) with children — Agar.

Same subject all the time — Petr.

Trembling, with — Valer.

Urinate on the floor, tries to — Plb.

Urinate outside the pot — Bell.

Violent, is restrained and calmed with great  
difficulty — Zinc.

- Wedding, prepares for — Hyos.  
 Wild at night — Plb.  
 Wraps up in fur during summer — Hyos.  
 Wrongs, of fancied — Hyos.
- Delusions ( imaginations, hallucinations, illusions )—  
 Abdomen is fallen in, his stomach devoured,  
 his scrotum swollen — SABAD.  
 Absurd, ludicrous — Can. i.  
 Air, that he is hovering in, like a spirit— Agar.  
 Animals of — Abdomen, are in — Thuja.  
 Bed, dancing on the — Con.  
 Black, on walls & furniture, sees — Bell.  
 Creeping of — Lac. c.  
 In her — Stram.  
 Cup, in a, moving — Hyos.  
 Dark coloured — Bell.  
 Fire, in the — Bell.  
 Grotesque — Absinth.  
 Jump out of the ground — Stram.  
 Jumping at her — Merc.  
 Passing before her — Thuja.  
 Unclean — Bell.  
 Ants, bed seems full of — Plb.  
 Apoplexy, thought he would have — Arg. m.  
 Argument, making an eloquent — Gan. i.  
 Arms : are bound to her body — Cimic.  
 Do not belong to her — Agar.  
 Reach the clouds when going to sleep—Pier. ac.  
 That she has three — Petr.  
 Assaulted, is going to be — Tarent.  
 Asylum, that she will be sent to — Gench.

Babies, are two in bed — Petr.

Ball, that he is sitting on a — Can. i.

Beaten, that he is being — Elaps.

Beautiful, micturition, after, all things seem — Eug  
rags seem, even — Sulph.

Bed feels as if not lying on, on waking 4 AM—Hype  
Evening, as if some one would get into and no room  
in it, or as if some one had sold it — Nux V.  
drawn from under her — Stram.

as if, two persons in bed with her — Cycl

„ Motion, in — Lac. c.

„ naked man in wrapped in the be  
clothes with her — Puls.

As if, raised, were — Canth.

Some one over it — Calc c.

Drives him out — Rhus tox.

Tries to take away the bed clothes — Bell.

Knocking—Canth. ( Bees, sees—Puls. )

Bells, his funeral — Ether.

Numberless sweet toned — Can i.

door bell — Thea.

Bethrothal must be broken — Fl. ac.

Better than others, that he is — Myrica.

Black objects and people — Stram.

Blood rushed through like roar of many waters — Can  
Delicate — Thuja.

Erroneous Ideas as to the state of his — SABAD.

Shrunken, like the dead — Sabad

spotted brown, as if — Bell.

sweets is made of — Merc ( thin, is—Thuja )

would sink down between the thighs — Bell.

Business, unfit for, that he is — Croc.

Calls for absent persons — Hyos.

Cancer, has a — Verat.

Child, thinks he is again a — Cic.

Clouds, heavy, black enveloped her — Cimic.

Confusion, imagines others will observe her — Calc. c.

Corner, sees something coming out of — Phos.

Cucumbers, sees on the bed — Bell.

Cut through, as if he were — Stram.

All her friends are dead and she must go to  
a convent -- Lac. d.

That all persons are, devils — PLAT.

Devoured, had been by animals — Hyos.

Dogs, attack him — STRAM.

Biting his chest — Stram. ( Black — Bell. )

Encaged in wires — Cimic.

Enlarged, objects are — CAN. I.

Fancy, open air relieves — Plat.

Fire, world is on — Hep.

Horrible, every thing seems — Plat.

Husband, thinks he is not her — Anac.

Insane, that people think her — CALC. C.

Knees, that he walks on — Bar. c.

Laughed at, imagines she is — Bar. c.

Naked man in bed — Puls.

That everyone around him is a murderer — Plb.

Objects, bright from — STRAM.

Old rags are as fine as silk — SULPH.

People beside him does as he does — Ars.

Repulsive fantastic imaginations — Fl. ac.

Sees that the walls will crush him — Arg. n.

Separated from the world, that he is—Anac.  
 Sheep, sees — Cimic.

Soda water, thinks he is a bottle of Arg. n.

Spectress, ghosts, spirits, sees day and night—Ars.

Spiders — Lac. c. ( Superiority—Plat. )

That house & space under bed are full of thieves — Ars.

Vengeance ( revenge ), thinks he is singled out for  
 divine — KALI BR.

Voices hears, night — Cham.

Water, sees flowing — Merc.

Work, is hindered at — China.

Will do him harm — Arg. n.

Despair, itching of the skin, from—PSOR.

Others, about — Aur.

Recovery : Convalescence during—Psor.

Religious, alternating with sexual excitement—Lil. t.

Suppressed menses, during — VERAT.

Social position of — VERATR.

Trifles, over — Graph

Dipsomania — Menses, before — SELEN.

Discontented, before stool — Bor.

Coition, after — Calc. c.

Dullness, after coition — Sep.

Company, in — Plat.

Copious flow of urine relieves — Gels.

Epilepsy, before — Caust.

Mortification, after — Staph.

Old people — AMBR, BAR, C.

Ecstasy, waking, on — Cypr.

Walking in moonlight — ANT. CR.

Excitement, alternates with sadness — Con.

Chill, before — Cedr.

Excitation, after — Calc. c.

Emotional before epilepsy — Art. V.

Nervous, during, pain — Aur.

Religious — Aur.

Water poured out, from hearing—LYSS, STRAM.

Lest he be touched — ARN.

Fear, death, from pain — COFF.

Of thunder—Natr. c., Natr. m., Nit. ac., PHOS,

Rhodo, Sepia.

Pregnancy, during — ACON.

Soon, that she will die — Agn.

Vomiting—Ars. ( walking while—Dlg. )

Failure, of, in business — Psor.

Imaginary things, animals — BELL.

Rushing water — LYSS, STRAM. ( wind, of — Cham. )

Fear ( See Page 4 ).

Frightened, wakens at 3 AM — ARS.

Roused when — Calc. c. Sneezing, at — Bor.

Touch, from — Kalic.

Gestures as if intoxicated — HYOS.

Grief, silent — IGN, NATR. M, Puls.

Hatred, Persons unmoved by apologies — NIT. AC.

Women, of — Puls.

Hurry : Everybody must hurry — TARENT.

Time, for the appointed, to arrive — ARG. N.

Imagination & impudent ( See Page 4 )

Impatience : Sitting, while — Sep.

Inconsolable — Over fancied misfortune — VERAT.

Indifference — Careness, to — CINA.

( Onanism, after — STAPH. )

Personal appearance — SULPH.

Recovery, about his — Calc.

( welfare of others, to — SULPH. )

Insanity — Malignant — Cupr.

Threatens destruction & death — Tarent

Touched, will not be — Thuja.

Irritability—Sends, nurse home— Fl. ac.

Nurse out of the room — CHAM.

Water, hearing or seeing, on — LYSS.

Jealously—as foolish, as it is irresistible— Lach.

Lamenting ; evening—VERAT. ( trifles, over—Coff. )

Loathing, life—must restrain herself to prevent doing herself injury — NATR. S.

Longing ; Good opinion of others, for — Pall.

Love, ailments, from disappointed with silent grief—IGN. then Phos. ac. & then Natr. Mur ( In chain of ) & c. p.

Mania—held, wants to be—ARS.		Mania sexual—PHOS.—
Paroxysmal—Tarent.		—Tarentula.

After suppressed neuralgia — Cim., NATR. M.

Suppressed eruptions after — Zinc.

Menses—PULS. [ Naked ( wants to be ) — HYOS. ]

Naked—wants to be,—HYOS. ( In any disease )

New, all objects seem — Hell.

Nymphomania, during pregnancy — Zinc.

Puerperal — Chin, Plat.

Obstinate, against whatever was proposed, he had the queerst objection — ARG. N.

Appearance of menses, upon — Cham.

Children, inclined to grow fat— Calc. C.

Declares there is nothing the matter with him —

Apis, ARN.

Propensity ( Inclination )—See Page 4.

Prostration, after menses — ALUM.

Talking, from — Calc. ph. ( trifles, from—Phos. )

Writing, after — Sil.

Quiet—Can't be quieted — CINA.

Carried, only by being — CHAM.

Rage, constant — Agar.

Does not know his relatives — Bell.

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Drinking, while — Stram.

Epilepsy after — Arg. m.

Restlessness, 6 PM till 6 AM — KREOSOTE.

8 PM — Calc, MERC.

Epilepsy, during intervals of — Arg. n.

In company — Carbo. V.

From conversation — Ambr.

Drinking aggravates — Croc. c.

Mental labour relieves — Nat. c.

Periodical — Ars.

Perspiration relieves — Sul.

Sitting at work while — GRAPH. ( Storm before — Psor. )

Sadness : alternating with physical energy — Aur.

When thinking of business — Puls.

Errors of diet — NAT. C.

Itching from — PSOR. (from sad stories — CIC.)

Sensitive, — Coffee, after — CHAM.

Cruelties, when hearing of — CALC.

Sentimental — Diarrhoea, during — Ant. cr.

Menses, before — Ant. Cr.

Moonlight, in — ANT. CR.

Shrieking, hold on to something, unless she : SEP.

Menses, before — Sep. ( trifles, at — KALI. C. )

Sits quite stiff, and breaks pins — BELL.

Weeping — Ambr.

“By ‘brahmacharya’ people generally mean control over sexual organs. Actually it means a man who has control over all the organs of his body. For such a ‘brahmachari’ even milk is undesirable and the only food for him is ripe wild fruits.”

— Mahatma Gandhi ( In naturopathy ).



Starting— from sleep, during menses — Zinc.  
 From Slightest touch — Ruta.  
 Sneezing at — BOR.

Strange — Voices Seem — CANN. S.

Stupefaction—Suppressed exanthemata. from— CUPR.

Surprises, Pleasant, Affections, after — COFF.

Throws things away at persons who offend — STAPH.

Unconsciousness : When alone— Phos. ac. (rising on—BRY)

Transient, after noon. In warm room — PULS.

Weeping— 11 AM — SULPH. ( 4 to 8 PM — LYCO. )

— after spasms — Caust ( When thanked — Lyco. )

— disposition with consolation relieves — Puls.

” ” ” aggravates & indifferent  
 to those loved best— Sepia

” ” ” aggravates & craves salt—Nat. m

Feels better while constipated & craves salt & eggs—

Calc carb

Angry & dissatisfied with his complaints or with himself  
 especially while constipated — Aloe

Patient—Both physically & mentally dwarfed—Baryta Carb

— Constantly dwelling on suicide — Aur. met. ( high )

— do do but lacks courage—CHINA., NUX-V

Desires to be magnetised ( mesmerised ) which relieves—  
 Calc, PHOS, M

Sympathetic with fear of thunder — Phosphorus.

” but very sad — caust.

Inability to realise his disease, even if serious—

FLUOR. AC, O

Frustrations ( disappointments )—Ignatia then Phos.

ac & then Natr. Mur ( in a chain ), Calc. Ph.

( with weakness

—acute—Ignatia.

—Subchronic—Ac. Phos.

—Chronic—Natr. mur.

Insanity with an exaggerations of self importance—

Phos, Can. i

” to open own clothes ( esp. to expose genitals )—Hyos

” Religious & sexual — Lil. t.

” with craving for light & company — Stram.

## Nervous System

Brain : Epilepsy— Aura absent— Zinc. V.

— Aura absent, Several fits, close together—Art. v.

Aura begins, as painful spot, between shoulders, or dizziness, flushes of heat, from abdomen to head— Indigo.

Aura begins, in brain, as wavy sensation — Cimic.

Aura begins, in knees, ascends to hypogastrium—Cupr. m.

„ „ left arm -- Sil.

„ „ stomach or genitals -- Bufo.

„ „ upper or lower limbs -- Lyco.

Aura descends—Calc. c.

„ felt in heart region -- Calc. ars.

During full moon; nocturnal -- Calc. c.

Followed by hic cough — Cic.

„ „ nausea, vomiting -- Bell.

„ „ rage, automatic impulse -- Op.

„ „ restlessness -- Cupr. met.

„ „ tremor -- Arg. n., cic.

From Jealousy -- Lach.

„ Pregnancy -- Oenanthe.

„ Sclerosis, Brain tumours -- Plumb. m.

From Syphilis, Tubercular -- Kali br.

„ Taking cold, nocturnal, worse right side -- caust.

„ Valvular disease -- Calc. ars.

„ Vital drains, onanism, -- Lach.

„ Wet exposure -- Cupr. met.

„ Blow on head -- Natr. sul, meli

( flushed face with )

Periodical seizures -- Ars, cupr. met.

Preceded by cold on left side of body -- Sil.

„ „ dilated pupils -- Arg. n.

„ „ irritability, rambling -- Bufo.

Preceded by malaise — Cic.

„ „ memory, confused — Lach

„ „ Palpitation, vertigo — Lach.

„ „ sudden cry — Cupr. m., Hydrec. ac.

„ „ tremblings, twitchings—Absinth, Aster.

„ „ vesicular eruption — Cic.

Recurrent, several times daily — Art. V., Cic.

With consciousness — Ign.

With face red, thumbs clenched, jaws locked  
foam at mouth, eyes turned downwards, pupil fixed  
dilated, pulse small, quick, hard — Aeth. Cyn.

With paralysis following—Caust, plumb, sec.

„ Swelling of stomach, screaming, unconsciousness  
trismus, distorted limbs, frequent during night  
recurrent tendency — Cic.

Paralysis, Bulbar — Guaco, Mang. Ox, Plumb. m.

Gradually appearing — Caust.

Infantile ( Polio ) BUNGARUS KRAIT,

LATHY RUS SAT, Plumb, K. F.

Caust, Gels, Calc. c. Acon, R. T., Plumb. iod. etc.

Localised in ankles, in afternoon — Cham.

Localised in Arms, hands — Cupr. m, Thyrs.

„ „ Bladder — Caust, Nux V.

„ „ Chest — Gels.

„ „ Feet at night — Cham.

„ „ Neck — Cocc.

„ „ Sensory nerves — Coccaïn, Laburn, Plat.

— of single muscle or organ ( Rt. facial esp. )— Caust.

Pseudo hypertrophic — Cur, PHOS, Thyrs.

Drowsiness, in evening, while sitting, reading— Nux V.

Insomnia— Cause—Occurrence—Abdominal disturbances  
—Ant. t., Cupr. m.

- Aching in bones—Daphne.
- " legs, yet can't keep them still—Med.
- " muscles too much exhausted, tired out—Helon.
- Anxiety, driving him out of bed, aggravated  
after mid night — Ars.
- Aortic disease — Craet.
- Banqueting ( feast ), late suppers — Puls.
- Bed feels too hard, can't lie on it—Arn, Bry, Pyr.
- " " " Hot, unable to lie on it—Op.
- Chest oppression—Physal.
- Chronic nicotineism ( tobacco poisoning )—Plant.
- Coffee abuse—Cham, Nux.
- Coldness of knees—Apis, Carbo V.
- General ( unknown cause )—Kali Phos.
- Menopause; women with prolapsus uteri or  
uterine irritation — Senec.
- Mouth and sore throat — Arum, Merc.
- Multiple neuritis—Con. (Nervous— Chin. ars)
- Weaning of child — Bell.

Dreams— Business matters he forgets during day— Selen.

Fantastic, Pleasant—Op.

Flying through air — Apis, Rhus gl, sticta.

Forgotten matters — Selen.

Happy dreams — Sul.

Haemorrhage — Phos.

Images bewildering, figures — Bell, Hyos.

Exhaustion, debility, over exertion of mind or body—

—every second night—Cinchona, Lach.

Fears suffering from mental and physical exhaustion  
on waking — Lach, Syph.

—Formication in calves and feet — Sul.

—Itching scrotum — Urt.

— Picks at bed clothes, during — Op.

Position : Must lie in knee chest position — Medo.

Must lie on back with thighs drawn upon abdomen, hands above head; disposition to uncover lower limbs—Pl.

Must lie on hands and knees — Cina.

” ” with legs apart — Cham, Plat.

” ” with legs crossed — Rhodo.

Must lie with one leg drawn up, other stretched out—Stan

Must move or fidget feet constantly — Zinc. met.

Must stretch violently for hours — Amyl, Plumb.

Singing on awakening — Sul.

Skin dry,—Thea. ( suddenly wide awake — Sul )

Suffocation due to tobacco — Gels.

Adynamia, from diphtheria, stupor, cold limbs, low temperature, pulse rapid, weak — Diph.

Adynamia from inebriety, bilious or remittent fever — Eup. Pe

” ” Menses, talking even fatigues— Alu

” ” Hysterical — Natr. m.

” ” Without erethism — Phos. ac.

” ” Organic lesion or cause — Psor.

” — Worse from descending — Stann.

” — In women wornout from hard men

and physical work, or from indolence & luxury — Hel

Athetoses—Lathyr, Strych.

Berberi— Elat, Lathyr, R. T., Ars and Vit. B.

Chorea— From suppressed eruptions—

Zinc. Met, SUL, Ca

—Rt. side—Ars, Caust, Natr. S, Phys, Tarent

( Left side—Cimic, Cupr, Rho

--Reflex from dentition, pregnancy--Bell.

( day time--Art. V, Tare

--Relief, from music, sight of bright colours--Tar. H.

” ” exercise -- Zinc.

- Worse, at approach of thunder storm--Rhodo, Agar.  
( during--Phos. )
- ,, During sleep -- Tar. h., Zizia.  
( Sleep amel.-AGAR, hell, Ziz. )
- ,, Morning--Mygal; Afternoon-Natr. s; Evening-Zinc;  
Night--Arg. n, Caust.
- ,, From cold, noise, light, emotions -- Ign.  
( Spreads from face--Sec. )
- ,, In children who have grown too fast -- Phos.
- ,, In spasms, partial, changing constantly -- Stram.
- ,, After cold bath--Rh. T.; After dinner -- Zinc;  
dry weather--Caust; After eating--Ign.
- ,, Left arm, right leg-Agar, cim.  
( worse during rest--Zinc. )
- ,, After grief -- Ign; loss of animal fluids--  
China; during menses--Zinc.
- ,, Right arm, left leg--Tar. h.  
( worse when thinking of it--Caust. )
- ,, From worms-- Calc, Cina; After getting wet--  
R. T.; from wine--Zinc.
- ,, Rt. side, tongue affected, staccato speech -- Caust.
- ,, Unilaterally--Calc. c. ( Periodic -- Cupr., Natr. S. )
- ,, After coition--( Women )--Cedr, Agar.  
( during pregnancy - Caust, Cupr. )

Chorea in general--ART. V, AGAR, CAUST, MYGAL,  
TARENT, CALC, CIC, CHINA, CIMIC,  
CINA; CUPR; IGN; STRAM.

Convulsions — Cause and type — Anger affects mother's  
milk— Cham, Nux ( with fever—Bell. )

—Without fever—Mag ph, Ign, Zinc met.

Apoplectic — in inebriates, haemorrhagic or broken  
down systems — Crot.

-Carphopedal—Cupr. ac, Ign. ( Cataleptic—Cic, Mosch )

-Cerebral sclerosis or tumour — Plumb m.

—Crying; approach of strangers — Op.

( Foot sweat, suppressed—Sil.

—Fright, anger or emotional disturbance in nervous  
plethoric persons — Kali br.

—Grief or any emotional excitement — Ign.

( Hypochondriacal—Mosch, Stann.

—Injury—Cic. Hyper. ( Menses suppressed—Gels, Millef.

—Meals followed by vomiting, shrieking, spasms — Hyos.

—Sleep, loss of—Cocc. ( Uterine disease—Cim. )

— Vaccination — Sil, Thuja.

— Whooping cough — Cupr. met, kali br.

— Worms — Cina, Indigo.

Concomitants—Beginning in face, unilateral, Shallow  
breathing — Cina.

Beginning in fingers, toes, radiates all over—Cupr. met.

Bladder, Chest, intestines, striated muscles, Chief  
involved, drowsiness, right limbs, sudden onset, head hot,  
feet cold — Bell.

Calves of legs, clenched thumbs, Cyanosis—Cupr. m.

Chorea like — Sticta.

Cyanosis — Cupr. ac, Hydroc. ac.

Eyes half open, upturned; breathing, deep, stertorous—O

Eyes turned downward — Aeth.

Fever; skin dry, hot; child frets, screams, gnaws its fist  
twitching of single muscle — Acon.

Followed by collapse — Nicot.

" " restlessness — Cupr. m.

No cerebral congestion — Ign.

No fever — Ign, Mag. Phos, Zinc. m.

Pale face, rolling eyes, gnashing ( grinding ) teeth—Zinc. m.

Preceded by Gastrointestinal symptoms— Aeth, Cupr. m.

" " restlessness — Arg. n, Hyos.

Terrible pains — Plumb. Chrom.

Tremor, spasm of Glottis, febrile paroxysm—Ign.

- Twitchings, cramps, gastro-enteric symptoms — Nux V.  
 " of single muscle or groups, especially of upper  
 body — Stram.  
 " over entire body — Cic, Hyos.  
 " worse upper body, continue after delivery—Cic.  
 violent vomiting — Aeth, Upas.  
 Morphinism, — Avena, Macrot, Passifl.  
 Nervous affections — of cigar makers — Gels.  
 — of girls, at puberty — Gaul, cim.  
 — of onanists — Gels, kaliph.  
 — from excessive delicacy and sensitiveness of  
 the senses — Cupr.  
 — from worms — CINCH, Psor, Sabad.  
 „ Suppressed discharges in the Psoric—Asaf, Merc. s.  
 „ tobacco in sedentary persons, dyspepsia,  
 right prosopalgia — Sepia.  
 Neurasthenia, from long concentrated grief —  
 Ign. then Ac. Phos.  
 Neuroses ( disordered psyche ) of children — Passifl.  
 — of professional men — Gels.  
 Neuritis— type—Alcoholic—Nux V, Strychn.  
 Diphtheritic — Gels.  
 of ant. crural — Pareira.  
 of circumflex — Sang.  
 of lesser sciatic — Aesc.  
 of lumbosacral plexus — Berb. V.  
 of upper dorsal roots — Ananth.  
 Retrobulbar, with sudden loss of sight — Chin. s.  
 Traumatic—Arn, calend, CEPA, HYPER.  
 Nervous—dyspepsia with weak memory—Anac.  
 Sciatica—Acon, Am. m., Arn, Ars, Bell, Cham,  
 Indigo, K. I., N. V., Plumb, Ruta, Visc. A  
 ( with Low BP. )  
 Sciatica, in summer, croupy cough in winter— Staph.



—aggravated after any movement, relieved by rest—  
 Bry ( opposite R. T. )

—Syphilitic esp. at night — Phytolacca.  
 ( Movement aggravates )

Sciatica— Only at night relieved in day — Syphil.

— esp. rt. side or rt. to left — Lyco.

— with numbness — Gnaph.

— with numbness esp. left. — Caust.

— with numbness relieved by pressure — Coloc.

— with constipation ( frequent, ineffectual urging  
 to stool ) — Nux V.

—worse by cold & relieved by pressure & heat — M. P.

Neuralgia— Climacteric— Lach.

—Syphilis, after— Kali iod, mez, phyto.

—Influenza debility — Ars.

—Zoster, after ( post herpetic ) — MEZ, Morph., Ran. b.

Flu ( Influenza )— If there is no clear cut indication of  
 a particular medicine, give Influenzin  
 30/2 — 1 dose twice daily.

Neuralgia:— Tearing, shooting, to face, shoulder,  
 pelvis — Arundo.

“ “ “ upwards — Kalmia.

“ “ “ darting like chain lightning  
 ending in sharp vice-like grip— Cact.

—Alternates with pain elsewhere : not deeply rooted  
 cases — Ign.

—With arms feel cold, swollen, paralysed — Veratr. A.

—Plug like — Anac. ( Splinter like — Ign, R. T. )

—Tearing, shooting, along tracts, of large nerves— Gels.

—Beginning, in pneumogastric nerve disorders — Arn.

—With cardiac anxiety — Spig.

—With face pale, restlessness, sweat — Spig.

—With heat of one part, coldness of other — Pimenta.

—Mania following — Cimic.

—With salivation, stiffneck — Mez.

- With skin, feels pinched — Sul. ac.
- With torpor — Plat.
- With worse by bending back — Caps.
- With worse by exertion, mental — Kali phos.
- „ „ morning, 9 AM—4 PM—Verbasc.
- „ „ by stooping or straightening limb after previous exertion — Spig.
- „ „ talking, sneezing, change of temperature — Verbasc.
- „ „ touching or closing teeth — Verbasc.
- „ — Better by, bending backward — Dios.
- Better by, bending forward — Coloc.
- „ — closing eyes — Bry.
- „ — day break — Syphillinum.
- „ — flexing thigh, on abdomen — Gnaph.
- „ — kneeling down, pressing head firmly against floor — Sang.
- „ — Rubbing — Acon.
- Hyperesthesia, sacral — Lob. Infl.
- „ With spasmodic pain chest & cardiac region from touch — Tar. h.
- „ Worse from least jar or noise — Ther.
- Locomotor ataxia with heel ulcer — Silic.

Brain tumour—Merc. aur ( with or without Ozena, Psoriasis ), Plumb. met. ( with or without Cerebral sclerosis ).

## Eye

Agglutinated : Air, in open — Thuja.

— menses, during — Calc. c.

Astigmatism ( blurred vision ) — TUB, Gels, LIL. T.,  
Physost.

Atrophy of optic nerve — Nux V, PHOS, tab

—tobacco, from — Ars.

Aversion to bringing objects near the eyes :

FL. AC, Mang.

Bleeding from eyes : blowing nose, on :— Nit. ac.

—burning, with : Carbo. v.

—Whooping cough, in : Nux v.

Bleeding, conjunctival ( injected red with blood ) due  
to whooping cough severity — Meph.

Cancer, epithelioma cornea, of — Hep.

—Lachrymal glands — Carbo An.

Cataract—right eye—Am. c., Kalie, Nit. ac, Sil.  
left — Sulph.

Can see better on a dark day — Euph.

Capsular — Am. m., Colch.

Contusion, from — Arn, con.

Cortical — SULPH.

Foot sweat suppressed, after — SILIC.

Perpendicular half — Sight, with — Caust.

Senile — Carbo an., sec.

Women, in — Sep

Incipient with weakness — Calc. Phos.

Sees better white shading over eyes with hand — Phos.

In general—Cineraria, Phos, Naphth, Calc fl, Sil. etc.

Chemosis, right — Syph, Vesp. Left — Bell

Evening, while at work — Mez.

Chill, during — Bry.

Cornea — Hep.

- close, desire to : evening while at work—Mez.  
     Chill, during — Bry.  
 involuntary, after noon, Alum.  
 menses, during — Phos.  
 Spasmodic closure — Morning — Nat. m.  
     — headache, with — Nat. m.  
 looking, on — Merc.  
 walking in open air, while — Calad.  
 weak, feeling — Cupr.  
 Choroid, extravasation — Ham.  
 Closed : in melancholia — ARG. N.  
 condylomata—Eyelids : right lower — Nit. ac.  
 bleeding when touched — Nit. ac.  
 iris : Cinnab, MERC, Staph, Thuja.  
     Sclerotics — Arund.  
 Conical cornea — Euphr, Puls.  
 Cornea—ectasia—calc. ph. (Exudation, serous—Apis)  
 contractive, sensation during headache—Carbo V.  
  
 Degenerate—Cornea—Ars.  
 Discharges, acrid water—CLEM.  
     Purulent—Daytime—Phos.  
         Morning—Bapt.  
         thin—Graph.  
 Dryness, lachrymation, after — SULPH.  
     Afternoon — Natr. S.  
     looking at bright light — MANG.  
     Warm room — PULS, Sulph.  
 Dullness, sexual excesses — STAPH.  
 Ecchymosis, right — Con.  
 Enlargement, sensation of : right feels larger than  
     left — COMO.

Enlarged, lens : colch.

Eruptions, around the eyes — Boils — Sil.

Pimples — HEP, Merc.

Eye brows, about : itching — NATR. M.

Psoriasis — Phos.

Lids on, dry, burning, itching tetter—Bry.

eczema—Clem, GRAPH, hep, Mez, tell, THUJA.

herpes, itching — Sarsa.

Margins—Scales—Ars, Psor, SEP.

Eversion of lids : lower—Apis.

after nitrate of silver — Nat. m.

Filmy—Lyco. ( Fistula of the cornea—Sil )

Glaucoma—Phos, Prun, Spig, Sulph.

Granular lids, evening—Nux. v.

( cold applications relieve — Apis, Puls )

— Summer—Nux v. ( water agg.—Sulph )

— outer canthi—Ant. t.

Granular lids ( Trachoma ) in general — Alum, AR  
Euphr, GRAPH, K. Bi, Pu's, Thuja, LYCO, Sepia, Arg.

Hardness—Coloc.

Hypertrophy of conjunctiva—Apis.

Itching, open air relieves—PULS.

Cold application relieves—Puls.

Gaslight aggravates—Phyto.

Loose, Sensation as if : Carbo—an.

Lupus, eye brows—Alumen, Anan.

lower lids — Apis.

Melanosia — Aur.

Moonlight amel. eye symptoms — Aur.

Nodules in lids — Staph, sul, Thuja.

Margins—Calc, con, Sep, sil, STAPH, Thuja.

Numbness around eyes — ASAF.

Ophthalmia, Senile — Alum.

Onyx — Hep, Merc, R. T.

Opening causes sneezing -- GRAPH.

Pain, alternates with pain in abdomen — Euphr.

bathing eye aggravates — Sul.

Blow, from a—ARN, SYMPHYT.

dryness of eye balls, with — SULPH.

fire, glare of — MERC.

during, headache, in occiput — NUX V.

raising lids — Natr. m.

stool, during — Cort. t.

Pain, aching, left — Agar.

lying down after — Carbo v.

Air, open relieves — Senega.

Straining sight up — Chel.

Onanism, after — Cina.

Pressure, after — Bar. ac.

Sleep, before — Con. ( sunlight aggr.—Natr. ars. )

Writing, while — Calc. fl.

Pain—Burning—Writing while—Natr. m.

— night—like balls of fire—RUTA.

— Mid night, after — Sulph.

— Cold winds — SEP.

— Warm bed aggr. — Merc.

Bursting, sudden, left eye, better by lachrymation—

Prunus sp.

P. in, Canthl, night — BRY.

— Drawing in canthi — Aur, SEP.

— Pressing, outward, when pressing throat—LACH.

— " turning eyes aggravates—SPIG., tub.

— " Warm, bed relieves — Nat. c.

- Pressing, Warm room aggr. — Apis.  
 Pain as from sand — right eye — Sep.  
 „ sore, blow, from — SYMPH.  
 Pain Stitching, light, when looking at — LYCO.  
 „ „ Open air amel — ASAF, Puls.  
 bed in — Arn.  
 Burning — Euphr.  
 looking at any thing, white or red or at the sun — LYCO.  
 opening the eyes, on — ARS.  
 radiating from the eyes — SPIG.  
 Sleep, on going to — PHOS.  
 warmth — Arn.  
 Paralysis of lids — Morning—Nit. ac.  
 cold, from—CAUST, R. T.  
 injury after — Led.  
 Photophobia — 6 to 8 PM — CAUST.  
 fire, light of — MERC.  
 warm room aggr. — ARG. N.  
 Protrusion right eye more than left — COMOC.  
 Pterygium of a pink colour — Arg. n.  
 Pterygium—Calc, CAN. S, Guarea, RATANH, Spi  
 Sul, Tellur, ZINC.  
 Pupils, dilated, epilepsy, before — ARG N., Bufo.  
 Redness, sexual excesses, after -- STAPH.  
 „ lids -- Morning -- Bry, SULPH.  
 -- night -- MERC.  
 Rough, cornea -- sil.  
 Squint ( Strabismus ), alternate days -- Chin. s.  
 reading while -- Tab. ( Traumatic--Clc. )  
 Styes -- recurrent— con, Graph, Psor, sil, SUL.  
 Chronic -- Calc. Picrata.

Canthi, outer -- Aur. s.

Upperlid -- Phos. ac, PULS, Staph.

Lowerlid -- Colch, Graph, Hyper, Phos, R. T.

Followed by hard nodules -- Staph, Thuja. ( Where  
staph, failed with anorexia and eye lids  
glued together in morning ), con.

Sunken during menses -- Cedr.

swollen, right -- Lyco. ( Left - Colcc. )

night -- Hep.

Lachrymal sac -- PULS, SIL.

Tears, Acrid, night -- Merc. (Bland-PULS, ALL, C.)

Cold -- Lach. ( Oily - Sulph. )

Tumours, lids : rt. upper -- Zinc. ( Lower-Zinc. )

outer canthus -- Lyco.

Sarcoma -- Iod, Phos.

of conjunctiva -- Iod.

Tarsal tumours -- recurrent--Puls, Staph.

repeated styes, after : SEP.

Wens -- Graph.

Twisted sensation -- Spong.

Ulceration, cornea-- right to left--CON.

one, then the other -- Ars.

Painful -- Merc. Cor., Hep. s.

Canthi - Calc, phos.

External - Bor, Kalic.

malignant - Phyto.

Melbomian gland-Colch.

Warts-- ( See condylomata Page 33 )

Weak, after coition -- KALIC.

looking intently, while -- Lyco.



measles, after — Kalic, puls.  
 menses during — cinnab.

Wine aggravates — Gels, ZINC.

Yellow spot on eye — Agar, Phos. ac.

„ brown rings around -- Nit. ac.

Trachoma -- See granular lids ( Page 34 ) +

Eye cool or Eye bright or Eyelex into eyes.

Conjunctivitis--Arg. n, Ars, Bell, Euphr, Merc, PULS.

--externally-- 'Eye cool' or 'Eye lex' or Eye bright of wheezal: 2 drops into eyes twice or thrice daily ( Adult dose ) or Eye bright ointment.

Blepharitis -- Acon ( acute ), Arg. n, Ars, CLEM,

Euphr, GRAPH, Puls ( acute ), Merc, SANIC.

--Erysipelatous -- APIS, RH. T.

### Blood Pressure (B. P.) Chart

Age	B. P.	Age	B. P.	Age	B. P.
6	$\frac{93}{62}$	23	$\frac{119}{79}$	40	$\frac{127}{86}$
7	$\frac{93}{63}$	24	$\frac{119}{79}$	41	$\frac{127}{86}$
8	$\frac{94}{65}$	25	$\frac{120}{80}$	42	$\frac{128}{87}$
9	$\frac{95}{65}$	26	$\frac{120}{80}$	43	$\frac{128}{87}$
10	$\frac{98}{68}$	27	$\frac{120}{80}$	44	$\frac{128}{87}$
11	$\frac{101}{71}$	28	$\frac{121}{81}$	45	$\frac{130}{88}$
12	$\frac{100}{67}$	29	$\frac{121}{81}$	46	$\frac{130}{88}$
13	$\frac{101}{70}$	30	$\frac{122}{82}$	47	$\frac{131}{89}$
14	$\frac{106}{69}$	31	$\frac{122}{82}$	48	$\frac{132}{89}$
15	$\frac{106}{72}$	32	$\frac{123}{83}$	49	$\frac{132}{89}$
16	$\frac{112}{80}$	33	$\frac{123}{83}$	50	$\frac{133}{90}$
17	$\frac{111}{77}$	34	$\frac{123}{83}$	51	$\frac{134}{90}$
18	$\frac{108}{76}$	35	$\frac{124}{84}$	52	$\frac{134}{90}$
19	$\frac{113}{75}$	36	$\frac{125}{84}$	53	$\frac{136}{91}$
20	$\frac{117}{78}$	37	$\frac{125}{84}$	54	$\frac{136}{91}$
21	$\frac{118}{78}$	38	$\frac{126}{85}$	55	$\frac{138}{92}$
22	$\frac{119}{79}$	39	$\frac{126}{85}$		

Note:— B. P. above  $\frac{150}{100}$  at any age is high B. P.

## Head

- Headache — Altitude high — Coca.  
 Bathing — Ant. cr.  
 Beer — R. T. (candy, sweets — Ant. cr.)  
 Dancing — Arg. n.
- Diarrhoea alternating — Aloe, Podo.
- Effete matter in system — Asclep. s.
- Gastralgia alternating or attending — Bism.
- Hair cut — Bell, Bry.
- Haemorrhoids ( Piles ) — Collin, Nux v.
- Ice water — Dig ( Ironing — Bry, sep. )
- Lemonade, tea, wine — Selen.
- Lumbago, alternating with it — Aloe.
- Mercury — Still.
- Narcotics, abuse — Acet. ac.
- Overlifting — Calc. c. ( Sleep, damp room — Bry. )
- Spinal disease, Chorea — Agar.
- Vaccination — Thuja.
- Weather changes — Calc. Phos., Phyt.
- Type — Sutures, along — Calc. phos.
- Periodical, intermittent, alternate days — Anhal, cinch.
- „ „ every third day — seventh day — Eup. Per.
- „ „ „ 8th day — Iris.
- „ „ „ week or two — Sul.
- „ „ „ 2-3 weeks — Ferr. m.
- „ „ „ 6 weeks — Mag. m.
- „ „ — lasting several days — Tab.
- Concomitants — Burning along spine — Picr. ac.
- Coldness in back and occiput — Berb. v.

Colic — Aloe, cocc.

Ears, burning — Rhus tox.

" deafness — chin, s, verbasc.

" stitching— Caps.

Excitement, emotional. — Cann. l., pall.

" sexual — Apis, plat. mur.

Eyes—Enlarged feeling—Arg. n.

heaviness—Aloe.

" of & lids—Bell, Gels.

Faintness,—Nux v., Ver. a.

Gastralgia, attending or following—Bism.

Heart's action laboured—Lycopus.

Haemorrhoids ( Piles ) — Nux v.

Hypochondrium, right, stitches—Aesc.

Loquacity—Can. ind.

Lumbago alternating—Aloe.

Nodules, gouty of scalp—Sil.

Nose dry, Neuralgia—Dulc.

Numbness, tingling, of lips, tongue, nose—Natr. M.

Occipital soreness—Cim, sil.

Pains in limbs—Sang.

" " lumbar region—Radium.

Palpitation—cactus, Spig.

Ptyalism.—Fagus, Iris.

Respiratory affections—Lact. v.

Scotoma—Aspar.

Spasmodic symptoms—Ign.

Sweat profuse—Lob. Infl, Tab.

- Temporal veins engorged — Carls, Gels.  
 Thirst — Pulex.  
 Toothache — Sang.  
 Yawning — Kalic, staph.  
 Modalities — Aggravation—After drugging—Nux V.  
     After mid night — Ferr. m.  
 Anger — Nux v. ( Attention, close — Ign )  
 Awakening from sleep — Lach.  
 Beating time — Anhal.  
 Bending head backward — Glon.  
     „       „       forward — Bell, cob.  
 Closing teeth — Am. c.  
 Drinking milk — Brom.  
 Hawking — Conv.  
 Lying on back of head — Cocc, col.  
 Lying on painful side — Sep.  
 Muscular strain — Calc. c.  
 Narcotics — coff. ( Nose bleed — Amyl, Ant. cr. )  
 Rising in bed — Bry, cocc.  
 Sitting — cinch, R. T.  
 Stimulants, abuse — Ign, Nux V.  
 Water, sight of — Lyssin.  
 Working in black — Ced.  
 Amelioration — After rising — Kali ph.  
 Conversation — Dulc.  
 Dark room — Sang, sil.  
 Mental exertion — Helon, Picr. ac.  
 Raising head — Sulphon.  
 Semierect posture — Bell.

Smoking — Aran.

Stimulants — Gels. ( Sweating — Natr. M. )

Tea — Carb. ac. ( Turning head forward — Ign. )

Eruptions — Spots, red — Tellur.

Sensations — As if a ball firmly lodged in forehead  
Stap

As if brain were frozen — Indigo.

Cause & type — optical disturbances—

con, Gels, pl.

Pelvic troubles — Aloe, con.

Sunlight — Agar, Nat. c.

Worms — Cina, Spig.

High Blood pressure :— GLONOIN ( If no medicine  
is clearly indicated ),

Bell ( sudden, acute ), Bryon ( movement aggr. ),

Nux V. ( Typical constipation ).

Occurrence — When coughing — Ant. t.

When frightened — Op.

When in high — ceilinged room — cupr. ac.

„ looking at coloured light — Art. v.

„ opening eyes — Lach, Tab.

„ turning eyes — Con

„ „ head to left — Col, con.

„ „ in bed — Bell, con.

„ walking in dark — Stram.

when walking over bridge or water — Ferr, Lyssi

Concomitants — Drowsiness, hot head — Aeth.

Gastralgia, spasms — Cic.

Head feels elongated, urging to urinate — Hyper.

Opisthotonus — etc.

Pressure at root of nose — Bapt.

Relief from closing eyes — Aloe, Lol.

„ „ Food — Alum.

„ „ Holding head perfectly still.—Con.

„ „ nose bleed — Brom.

„ „ vomiting — Tab.

with balancing sensation — Ferr. m.

„ tendency to fall to right — Helod, Kali N.

Violent or obstinate, hypertensive, or renal

( and no medicine is clearly indicated ) — Glon.

If headache or prostration is prolonged after

Natr. mur, — Nux V, will cure. —by H C. Allen.

Hairs immature grey — LYCO, Ac. Phos. and externally  
 Arnica Hair oil may be applied after Margo  
 Soap bath.



Labyrinth — Bloody, serous effusion, in — Chenop.

Membrana tympani — calcareous deposits — calc. fl.

Thin, white, scaly deposit — Graph.

Ulceration — Kali bi.

Sclerosis, also petrous portion of temporal

bone — Calc fl.

Aggravation — Noise — Bell, cham.

Pressure, motion — Menthol.

Washing face and neck with cold water — Mag. ph.

Amelioration — during day — Acon.

From being carried, motion — Cham.

„ cold applications — Puls.

„ motion, covering — Aur.

„ sipping cold water — Bar. mur.

Roaring, relieved by music — Ign.

Discharge ( Otorrhoea ) — Sycosyphil or syphil 1m/1

followed by Hep. s. ( with ear pain ), sil,

calend, c. s. ( when sil. failed ) etc.

Along with these "Ear Bomb" or "Otorine" ( wheezal )

may be dropped into ear followed by cotton plug—

2 drops twice daily.



## Nose

- External nose — Eruptions, scales — Caust.  
 Numbness — Natr. m. ( Varicose veins — Carbo v. )  
 Yellow saddle — Sep.  
 Alae ( wings ) — sooty ( black carbonlike ), dirty  
 nostrils — Helleb.
- Throbbing — Acon, Brom.  
 Tip — Blueness — Carb. an, Dig.  
 Congestion — Am. c.  
 Eruptions — Growths — Acne — Am. c, caust, sep.  
 Knobby — Aur.  
 Pustules — Kali br. ( warts — caust. )  
 Torpor, as from blow — Viola od.
- Epistaxis, from, cough — Arn.  
 — Eating — Am. c.  
 — ( Hemorrhoids, suppressed — Nux v. )  
 — motion, noise, light — Bell.  
 — operations — Thlaspi.  
 ( — Recurrent cases — Ars, FP, Millef, Phos. )  
 — stooping — R. T. ( — Straining — Carbo veg. )  
 Occurrence & concomitants — at night during sleep —  
 Merc. s, nux v
- persistent, with goose flesh — Camph.  
 preceded by heat and pain in head — Nux v.  
 with biliousness — chel.  
 „ chronic vertigo — sul.  
 „ relief of chest symptoms — Bov.  
 „ „ „ headache — Ham, meli.  
 „ — tightness, pressure at root of nose — Ham

Type of blood — Black, stringy—croc, crot, merc. s.  
 Bright red—Acon, F.p, Ip, Millef, Trill, Bell, Bry, C.v.  
 Coagulated — cinch, Natr. chlor, nux v.  
 Dark, fluid — Arn, Ham, Lach, Mur. ac, Sec.

None coagulable, passive, profuse,—

Bry, C. V, Crot, Ham, Phos, Thlaspi, Trill.  
 with congestion, violent — Bell, cupr. m, meli.

Eruptions, growths — furuncles, pimples—

Sil. tub, vinca.

Nodular — swelling — Ars.

Papilloma — caust, Nit. ac, Thuja.

Scabs, crusts, plugs, clinkers, with epistaxis and intensely red and flushed face, throbbing carotids—Meli.

Hardness ( rhino-sclerema ) Aur. m. n, calc. fl, con.  
 coryza—with palpitation especially in aged — Anac.  
 Worse in new born — Dule.

Nasal polyps — Left — sang. n. ( rt. — Kali nit. )  
 with coryza—Cepa. ( with coryza & worms—Teucr. )

Fluent coryza preceded by sneezing — Natr. mur.

“ “ with mild nasal & acrid eye discharge—  
 EUPHR.

“ “ “ “ eye and acrid nasal discharge—  
 Cepa.

“ “ “ — chronic & obstinate, chilly—  
 — Tuberculin 200 or 1m / 1 dose  
 only.

“ “ with sneezing from getting wet — Rhus tox.

“ “ worse in warm room, better in open—

Air — Ars, cepa, Nux V.

Fever, low type — in old people — Bapt.

insomnia — Ars, cham.

- Itching in nose with nervous disturbance — Agar.  
 Pain in — Aching in dorsum, better from pressure—  
 Agn. 3
- Cramplike — Plat, sabad.  
 Sharp to ears — Merc. cor.  
 String like to ear — Lemna m.  
 Violent shooting, from occiput to root of nose, from  
 suppressed discharge — Kali bi
- Posterior— nares ( nasopharynx ) inflammations—  
 clear, acrid, thin mucus — Ars. iod.  
 Lumpy — Osm, Teucr.
- Thick, tenacious, yellow or white mucus—  
 Hydras, K. Bl.
- Tumours — Chrom. ac, osm.  
 Wet, raw feeling — Penthor.
- Sense of smell—  
 Hypersensitive to flowers — Graph.  
 „ to food — Ars, colch sep.  
 „ „ tobacco — Bell.
- Sinuses ( Antrum, frontal, sphenoidal ) — Asaf, Hep.  
 Iod, K. I, merc. i f, Phos, sil, sticta.
- Pain and swelling of antrum — Phos, spig.  
 Syphilitic affections — Aur, Kali iod, Nit. ac.  
 Sneezing, chronic tendency — Sil.  
 „ worse warm room, rising from bed, handling  
 peaches — Cepa  
 „ „ in evening — Glycerine.  
 „ „ immersing hands in water —  
 Lac d, Phos.
- Wet feeling not relieved by blowing — penthor.

## Face

- Bloating about lower eyelids- Apis, XeroPhyl.  
 „ upper „ - Kali c.  
 Brown spots on- caulo, sep.  
 Coppery look - Alum, Nit, ac.  
 Expression stolid ( hard to excite ) masklike-Mang .ac.  
 Parchment like- Ars.  
 Red, become deathly pale on rising- Acon. , ver .a.  
 Red, though cold- Asaf, caps.  
 Sensitive, after neuralgia-Cod.  
 Sweating, in small spots, while eating- Ign.  
 Bones, Exostoses- Fluor, ac, Hekla  
 Inflammations- Aur .m.  
 Cheeks- Bites when chewing, talking- caust, Ign, Ol .an  
 Lumpy- Antipyr.  
 Tingling, numbness- Acon, plat.  
 Ulcers, wart-like-Ars.  
 Yellow saddle in uterine disease- sep.  
 Eruptions— angioma — Abrotanum.  
 Cancer, open, bleeding— Cistus.  
 Chilblains- Agar.  
 Macules- Ars, Euphorbia. ( Spots, yellow-Natr . c, sep. )  
 Syphilidae- Areolae, papules- Kali iod.  
 Copper spots- Carbo an, lyco, nit, ac  
 Crusts areolae- Nit, ac.  
 pustules- Kali iod, nit, ac.  
 Ulcer, eroding- con.  
 Whiskers, eruptions - Hep.  
 Glabella, swelling- sil.  
 Jaw- Lower, - Nodes, painful - Graph.

Jaw - upper, — Tumour- Hekla.

Muscles ( facial ); paralysis ( Bell's palsy ) left- Cadm.,  
— Senega.

—rt. - Bell, caust.

Type of pain- Fine line of pain coursing along the  
nerve- caps, cepa.

Gradual onset and cessation- plat, stann.

Hot needles, penetrating- Ars.

Icy- „ „ - Agar.

concomitants- canine hunger, preceded by coldness- D  
catarrh- Verbasc.

cheek, dark red- spig.

Gastralgia, alternating- Bism.

Photophobia- Nit. sp. dul, plant.

Ptosis- Gels.

Restlessness, palpitation- Spig.

Salivation, stiffneck- Mez.

vision veiled- Tilia

modalities- Aggravation: from acids, motion, emotion-  
— kali carb.

from morning until sunset- spig.

„ pressure- caps.

„ talking, sneezing, change of temperature,  
pressure of teeth- Verbasc.

„ thinking of pain- Aur.

„ tobacco- Sep.

In after noon- cocc.

Amelioration: from chewing- cupr. ac.

„ eating -Rhodo

From kneeling and pressing head firmly against floor-sa

„ motion, open air- Thuja

„ rest- Nux v., col. ( -from rubbing- Acon, plat )

Mouth

- Stammering- BELL, CAUST, Cupr, Lach. Mag. c. M. P,  
MERC, NUX V, Phos, Plat, sel, spig, STRAM, sul.
- Stammering- Coition after- Cedron.
- Dentition during- Stram.
  - Excitement- Caust.
  - exerts himself a long time before he can utter a word-  
- STRAM
  - last words of the sentence- Lyco.
  - quick, and : Merc.
  - Typhoid, in- Arg, Nit, Lyco, ver.
  - Vexation from- Caust.
- Breath offensive, in evening or night- Puls, sulph.
- „ „ „ girls at puberty- Aur, m.
- External mouth- colour yellow about- sep.
- Lips- Licks them frequently- puls.
- Ulcer- cancerous - Ars.
- Lips- Black- Ars, Bry, Merc, cor. , Vipera.
- Chewing motion- Acon, Bell, Bry, Helleb, Stram,
- Exfoliation- Con, sep. (Glued together-can. I, Helon)
- Red, bleeding- Arum, Kreos. (Swelling. lower-puls, sep)
- Inner mouth- Mucous membrane glossy, as if
- Varnished- Apis, nit, ac. , tereb.
- Mucous membrane inflammed from burns- Apis, canth.
- „ „ pallid- Ferr, met, morph.
- Inflammation (stomatitis) - Bor, MERC .S. K. chlor,
- Nit. ac. , sul. ac. ,K. M, Nux V.
- „ aphthous, thrush - BOR, Kali chlor, Merc, sol,
- mur. ac, Sul. ac. , K.M. (constipation)
- Itching - Arundo, Borax, kali bi.

Pain from Plate of teeth, worse on touch,  
- eating- Alumen, Bor.

Painful cracks, corner of mouth - Condur.

" " " " " in cancer - condur.  
Palate- aphthae- Agave.

Blisters--Natr. S.

Coating, creamy-Natr. ph.

constriction. scratching- Acon.

Dryness- Carbo an.

Oedema- Apis. [Necrosis, caries, -Aur, Merc.cy.]  
wrinkled, pain on chewing, nursing- Bor.

ptyalism: after eating- Allium sat.

Milky- Plumb. oxy. [Sleep during- Cham, Merc, SYPHI

Ulcerations- Varicose veins- Ambra, Thuja.

#### Tongue

Coating, colour- Clean anteriorly, coated posteriorly-  
- Nux V.

clean at menstrual nismus, foul after flow seperate ceases-  
-Sep.

Frothy, with bubbles on side- Natr. m.

red, wet, central furrow- Nit. ac.

Yellow patch in center- Bapt, phytø.

Conditions- Anesthesia- Carbon. s.

Aphthae- BOR (With salivation), K. M. (constipation with

Atrophy- Mur. ac. [Stomatitis- MERC (salivation), NUX  
(typical constipation), K M]

Furrows length wise, in upper- part- Merc.

Psoriasis- CASTOR EQ. Graph. kali bi, MUR. AC,SEP.

#### TASTE

Perverted -After sleep- Rheum.

delicate, changeable- coff, puls.

peppery- Hydrast.

Gums

Blue line along margin- Plumb.  
cold feeling- coccin. l.

desire to press teeth together- Phyt, podo.

Painful after tooth extraction- Arn, sep.

Pyorrhoea- Ac. fl. then calc. fl. then Heklalawa (kent)

- to wash mouth with pyorrhine (EHP-Cal) tooth paste or  
Powder. [Scurvy- Agave, Ars, Fer. ph, MERC (salivation  
with), PHOS ]

Teeth

Dentition- with deafness, otorrhoea, stuffiness of nose-  
-Cheiran.

- With cutting wisdom teeth- Cheiran ( Boer. )

- " " " - Calc. c, Fl. ac., Mag. c, sil. (kent)

- " " " - to relieve pain & swelling at once-  
KM & MP. alternately.

- " salivation- ... - Bor.

- " Sour smell of body, pale face, irritability- Kreos.

- " Weakness, diarrhoea, vomiting etc.- CALC. PH,  
Podo, cham, calc, Ip.

- " weakness, pallor, fretfulness, must be carried-  
—rapidly- Ars.

- " Prostration, drowsiness after vomiting- Aeth.  
cyn.

- " Worms: Cina. merc, stann.

- " Where no medicine is indicated—'Babyolex' of  
Dr. Rana, salempur, chapra— or 'Babybliss' of  
wheezal lab, Dehradun

Feel numb- plat.

„ warm- Fluor. ac.

Toothache- Cause, Coffee- Cham. Ign.

Cold bathing- Ant cr.

Dental pulp, inflammed- Bell.

extraction of teeth- Arn, staph.

nursing baby— Cinch.

Tea— Thuja.

washing clothes- Phos.



- Location— Eye teeth— Ther.  
 upper teeth— Bell, Fluor. ac.
- Concomitants— Distraction of mind— Acon, cham.  
 Heat, thirst, fainting— Cham.  
 Neuralgia of lids, reflex— Plant.  
 Rush of blood to head, loose feeling of teeth— Hy
- Toothache during menses— Bar c, cham, sep, staph.
- „ „ in caries teeth— Kreosot 6/1 dose per hourly,  
 till relieved.
- „ „ „ „ where kreosot failed— Plantago—  
 apply— locally.
- „ „ in unnatural loose teeth— Calc' fluor 6x/4tabs. p  
 — hourly till cured.
- „ „ extremes of temperature aggravates, with ptyalism  
 and keeps hand (esp. palm) over affected cheek  
 —Merc.
- „ „ Extremes of temperature aggravates, fatty or ast  
 matic & head sweat— Calc. c.
- „ Extremes of temp. aggravates. Ptyalism, rubs affected  
 side cheek— Merc.
- Pyorrhoea— Ac. Fl, then calc. fluor then hekla lawa (kent  
 — to wash mouth ( teeth ) with pyorrhine (Economi  
 Hom. Pharmacy) Paste or powder.
- Toothache— Aggravation— After mid night— Ars.  
 From blowing nose— Culex, Thuja.  
 „ exertion of mind or body— Chimaphila  
 Nux V.
- In intervals between meals— Ign.
- In morning— Hyos. [— Windy weather, thunderstorm  
 Rhodo. ]
- Amelioration— Cold air— Natr. s, puls.  
 Hot liquids— Mag. Phos.  
 Lying down— Spig.
- mouth open, sucking in air— Mez.
- Rubbing cheek— Merc.

sweat in general- Cham, cherop. gl.

Walking about- Mag. c, Ratanhia.

Wet finger- Cham,

Rigg's disease- Calc. ren, Merc, sil. mar.

### THROAT

Diphtheria- Conditions- Extensions rt. to left- Lyco.

- ,, upwards- Brom

In general- Phyto, K. bi ( granular pharyngitis with ).

with objective symptoms only; painless. deficient

reaction, sopor, stupor, epistaxis- Diphtherinum.

( See generalities for diphtheria, Page 131 )

with spasm of glottis- Mosch, samb.

Diet- The best and refreshing, also cuts off diphtheritic  
membrane -Pineapple juice.

Dumbness without deafness in children- Agraphis N.

Fauces- Anesthesia- Kali br,

Necrosis- Merc. cy.

Pharynx- Anesthesia- Gels, Kali br.

Coldness- Cistus.

Pharyngitis- Granular- Kali bi.

- Tubercular- Merc, I. R.

Aggravation, from cold - Cistus, H. S., Lyco.

From drinks hot- LACH, phyto.

„ menses- Lac. c.

from pressure- Lach, merc. cor.

„ sleep- Lach, Lyco.

„ swallowing sweet things- Spong.

In afternoon- Lach.

Amelioration- From inspiring cold air- Sang.

From swallowing liquids- Cistus.

„ „ solids- Ign, Lach.

Peristalsis, reversed—Ambra, Asaf.

Tonsils- Abscess ( peritonsillar )=calc. s.

- deposits- creamy extends over uvula,  
soft palate- Nat. phos.

- Dark, dry, wrinkled- Ars.

- Dark, gangrenous- Bapt.

Greyish dirty like macerated skin- Phyto.

„ „ thick with fiery red margins- Apis.

„ extending posterior nares, air passages, later  
purplish black- Echin.

„ patch on tonsils- Kali m.

„ thick shredlike boarder- Merc. v.

„ white in crypts- Ign.

„ Yellow, slight: easily detached, worse left side-  
— Merc. I. R.

Patchy on rt, inflammed fauces, easily detached -Merc. I.

Plugs of mucus constantly form in crypts- Calc. fluor.

Tonsillitis- (acute)-Acon and phyto, alternately. [-(Chrom-  
-cist. then phyto.)]

Tonsillitis ( acute ) with high fever, throbbing carotids b  
cold lower legs- Bell, followed b  
calc. c. later on.

shining, glazed white or yellow patch- Lac. c.

Thick, brownish yellow like wash leather or firm, fib-  
—rinous. pearly, extends over tonsils, soft palate-Kali bi

Thick, dark grey or brownish black- Dipth.

Thin, false, on yellowish red tonsils and fauces—  
Merc. sol.

Thin then dark gangrenous — Merc. cy.

Uvula — Constricted feeling — Acon.

— Pain — Trifol, Tussil.

— sore spot behind, better by eating— Am. m.

— whitened, shrivelled — carb. ac.

— white, tenacious, mucus — Am. caust.

## Table of thermometric equivalents Centigrade (C) to Fahrenheit (F) Scales.

$$( F^{\circ} = \frac{9}{5}C^{\circ} + 32. )$$

C <sup>o</sup>	=	F <sup>o</sup>
35	=	95.
36	=	96.8.
37	=	98.6.
38	=	100.4.
39	=	102.2.
40	=	104.
41	=	105.8.
42	=	107.6.

## Stomach

- Appetite—Increased, yet loses flesh—Ablot, ac. ac.  
 Iod, Natr. m, Sanic, Tub, Uran. n. ( Diabeti
- Aversions—Boiled food — Calc. c.  
 Eggs — Ferr. m.  
 Food cooked — Graph, sil.  
 Potatoes — Alum, Thuja.  
 Salt food — Graph, selen.  
 Sweets — Graph.  
 Wine — Sulph.
- Craves — Bread — Ferr. m, stront.  
 Butter — Ferr. m.  
 Buttermilk — Elaps.
- Charcoal, coal, chalk etc — Alum, calc, Psor.  
 Cheese — Arg. n, cistus.  
 effervescent beverages — Colch.  
 eggs — Calc c.
- Farinaceous food — Calc. ph, Sabad.  
 Food, coarse, raw — Abies. c, sil.  
 food, fish — Sul. ac.  
 Hamrind — Calc. ph.  
 Meat, salt, smoked — calc. ph.  
 Milk — Apis, Ars, Ac ph., R. T, Sabal, sul.  
 Oysters — Lach. ( Sugar — ARG. N, cina, china,  
 Lyco, Sul.)
- Salt — ( See below )  
 Tea — Alum, hep. ( Tonics — Puls. )  
 Vegetables — Abiesc, Mag. c.  
 Salt — Calc, CARBO V, caust, con, Med, NAT. M,  
 Phos, VER. A, ARG. N, LAC. C, Thuja, Te  
 Appetite — Things that disagree — Beer — Kall  
 Fer. m.

Cheese — Col.

Coffee — Carboveg, Lyco, Nux V.

eggs — Colch. ( Fish — Carbo v. )

Food, cold — Kali iod.

    "    warm — Puls.

Meat in excess — Allium s.

Melons — Zing.

Mush rooms, poisonous — Camph.

    Potatoes — Alum, sep.

    Salt food — Carbo v.

    Soup — Kali c.

    Straw berries — Ox. ac.

    V-getables — Hydr.

    Water — Ars, chin. ars.

    Water impure — Zing.

    Wine — Ant. cr, zinc. M.

Gastric affections, better in open air — Adon.

    "    "    of cigar makers — Ign.

Hic cough, after stroking — Ign, selen.

    "    followed by spasm. — cupr. m.

    "    with pains in back, after eating, nursing—

    Teucr.

    "    "    spasm of oesophagus — Ver. v.

    "    "    vomiting — Nux v, Mag. ph.

    "    "    Yawning — Amyl, carls, cocc.

Indigestion — Dyspepsia — Cause :

    Abuse of drugs — Nux v.

    Bread — Ant. cr, Bry, Lyco, Nat m.

    Buck wheat cakes — Puls.

cheese or coffee — Nux v.

cold bathing — Ant. cr.

decayed meat or fish — Ars, c. v.

Egg albumin — Nux v

Fatigue, brain fag, in children — Calc. fl.

Fevers, acute, after — Cinch, quassia.

Flatulent food — cinch, Lyco, Puls.

Hypochlorhydria — Alnus, alum, Lyco.

Gout — Colch.

Hasty eating, drinking — Oleand, Anac, coff.

Hot weather — Ant. cr, Bry.

Ice — Ars, puls.

Lactation — Cinch, Sinap. a.

Meats — Caust, puls, Ip.

Melons — Ars Zing.

Night watching — Nux V.

Nervous, dyspepsia, with weak memory — Anac.

Pork sausage — Cinch, Puls.

Pregnancy—sabad, sinap. a, Thea.

Salt, abuse of — Phos.

Sedentary life — Nux v.

Tobacco — Nux v, sep (Urticaria — Cop.)

Water — Ars. ( —with pulsation in rectum — Aloe.

Nausea, — after abdominal operations — Staph.

from beer — kali bi.

from coffee — cham.

from fat — Nit. ac.

- from ices, cold — Ars  
 from Pessaries — Nux M.  
 from immersing hands in warm water — Phos.  
 from nervousness, emotional excitement — Menthol.  
 from sweets — graph.  
 from water, aerated, champagne — Digitox.
- with cramps — Triost  
 with desire for stool — Dulc.  
 with diarrhoea, anxiety — Ant. t.  
 with drowsiness — Apoc.  
 with pale twitching face, no relief from vomiting—  
 Ipec.
- with pressure downwards, in intestines — Agn.  
 with relief from lemonade — Cycl, puls.  
 with relief from smoking — Eug. j.  
 with relief from swallow of cold water — cupr. m.  
 with relief from uncovering abdomen, in open air—  
 Tab.
- with dim vision — Myg  
 with weakness, anxiety, recurs periodically — Ars.  
 from least sound or noise — Ther.
- Gastralgia with anemia — Ferr.
- with backache, anxiety, despondency, sallow face—  
 Nit. ac.
- with chronic ulcer — Arg. n.  
 with extension to sides then to back — Cochlear.  
 with „ to shoulders — Niccol.  
 with Gout — Colch, urt.  
 with pain in throat & spine alternately — Paraf.  
 with Pregnancy — Petrol.



With recurrence — Graph.

” uterine disorder — Bor.

Sickening pain — Ostrya.

Modalities to pain — Aggravation :

From bending forward — kal.

” food warm — Bar. c.

” nursing — Aeth.

” walking, descending stairs — Bry.

” water, cold — Calc. c.

” worms — cina, Granat.

Amelioration — From drinks, cold — Bism.

” Ice cream — Phos.

” Sitting erect — Kal

Sensation: as if stomach were full of dry food — Calad.

” ” were pressed against spine — Arn.

” ” ” swimming in water — Abort.

Empty feeling, relieved by lying down, wine — Sep.

Vomiting — Cause, — Anger in nursing mother,  
affecting milk — Val.

Climacteric — Aquil.

Closing eyes — Ther.

Eruptions reperussed — Cupr. m.

Lying on any side, except right — Ant. t.

” ” back or rt. side — croc.

Phthisis — Kali Br., Kreos

Pressure on spine and cervical region — cimic.

Concomitants — with abdominal rumbling — Podo.

- with Chronic tendency — Lob. lfl.  
 „ clavus, fickle appetite, salivation, copious  
 lemon coloured urine — Ign.  
 „ depression of spirits — Nux v.  
 „ fear, heat, thirst, profuse urine and sweat—  
 Acon.  
 „ intervals of days between attacks — Bism.  
 „ Midnight occurrence; can eat at once after  
 emptying stomach — Ferr. m.  
 „ relief from lying on rt. side — Ant t.

Vomiting and diarrhoea may excite cholera and  
 cuprum ars. 6 is the best remedy here. It is  
 preventive as well as curative. One dose to be  
 continued after each diarrhoea or vomiting.

Vomiting with wheezing chest or constant nausea  
 needs Ipec 6/- 1 dose after each vomiting.

Vomiting followed by drowsiness — Aethusa cyn. 6—  
 ( One dose after each vomiting. )

„ with worms or jaundice — Natr. Phos. 3x  
 4 tab. after each vomiting or 6 hourly.

„ of pregnancy — Nux v. 200.-1 dose  
 ( to use first )

„ „ „ with typical constipation—  
 N. V. 2c/1 ( only remedy ).

„ „ „ where nux v. not indicated or failed  
 •Symphor. 200 1 dose.

„ „ „ ( Pernicious ) — medo 200 / 1 dose  
 only.

„ dentition with gushing diarrhoea, gurgling  
 abd. — Podo.

- Vomiting dentition with or without diarrhoea,  
 screaming, better by carrying up — Cham.  
 „ with gushing diarrhoea where podoc failed—  
 crot. t.  
 „ „ „ diarrhoea, cold lower legs — Calc.  
 „ or nausea while moving in Cars, Motors and  
 Rails — coccul. l.  
 Car or Motor or Rail sickness ( vertigo or  
 nausea vomiting etc. ) — cocculus Ind.  
 Appetite lost ( Anorexia ) — Cause unknown —  
 colch 200 / 1 dose only.  
 „ „ „ with dry teasing cough, thirst and  
 chest pain — Bryonia alb.  
 Anorexia with frequent ineffectual urging to stool—  
 Nux v.  
 'Nira' ( sweet palm juice ) is the best drink—  
 .....Mahatma Gandhi ( Naturopathy ).

## Abdomen

- Colic — Cause and nature — Alternates with vertigo —  
 Colo, spig.
- Chronic tendency — Lyco, Staph.
- From eating cheese — Col.
- From eating cucumber, salad — Cepa.
- From lithotomy, ovariectomy, abdominal  
 operation — STAPH, Nux v.
- From worms — Cina, Indigo, Merc. s, Nat. Ph.
- Intestinal colic — COLO, Mag. phos.
- Location — Ascending colon — R. T.
- Type of pain — concomitants — alternates with  
 coryza — Calc
- Alternates with delirium and pain in atrophied  
 limbs — Plumb. m.
- Agitation, chill, ascending from hypogastrium to  
 cheeks — Colo.
- Abdomen, retracted, tense, scanty urine, desire to  
 stretch — Plumb. m.
- Cheeks red, hot sweat — Cham.
- Chilliness — Nux v., Puls.
- Convulsions — Bell, cic.
- Delirium alternating — Plumb. m.
- Empty feeling, heat, faintness — Cocc, hydr.
- Hands yellow, blue nails — Sil.
- Hiccough, suffocative in chest and stomach — Ver. a.
- Hunger yet refuses food — Bar. c.
- Itching of nose, pale, bluish face —, cina, filix m.
- Pain and aching in thighs — Col.
- Painful contraction in limbs following — Abrot.
- Pulsation in abdominal aorta, epigastric  
 constriction — dig.

Red urine — Bov, Lyco.

Restlessness, twitching and turning for relief — Col.

Rumbling of flatus, nausea, liquid faeces — Polyg.

Scanty stools, flatus without relief — cina.

Sour stools — Rheum.

Tenesmus ( pelvic ) — Staph.

Vomiting, hic cough, belching, screaming — Hyos.

Yawning spasmodic, drowsiness — Spiranth.

Modalities — Aggravation — After midnight—

Ars, cocc.

At night, after supper — Grat.

From pressure — BELL, Bry, Berb. V.

( G. B. region esp. )

From drinking cold water— Cupr. m.

From smoking — Menyanth.

" sweets — Filix m.

" touch, pressure, motion — Bry.

" uncovering arm, leg; standing — Rheum.

" warmth at night — Cham.

Amelioration — From lying with knees drawn up—

Lach.

From rubbing — Plumb. m.

" " warmth — Mag. phos.

" sitting erect — sinap. n.

" sitting, lying down — Nux v.

" straightening body back ward or moving

about — Dios

" Warmth, hard pressure — COL, Mag. ph.

" Warm soup — Acon.

Flatulent trembling in — Lil. t.

Flatulence, Post operative, no relief from

passing it — cinch.

Flatulent colic, better bending double — cinch.

Anus — Rectum — Eruptions — Eminences,  
Studding interior — Polyg.

Fissure — CHAM, GRAPH, Merc, Natr. m, NIT. AC.  
Petrol, RAT, SEP, Sil, THUJA.

Fistula ano — Thuja, silicea, NAT. M.

( Where Thuja or sil, failed )

“ “ alternates with chest disorders —

Berb. V, calc. ph. ( c. p. ), SIL.

Insecurity of rectum — Aloe, oleand, Nit. ac, Mur. ac.

Pockets — Polyg. ( Pulsating — Caust. )

Rash, fieryred in babies — Med.

Operation on, to be given preceding — Collins.

Prolapsus ( ani ) — From debility — Podo.

“ sneezing — Podo.

“ urinating — Mur. ac.

With piles, in alcoholics, leading sedentary life — Aesc. gl.  
with stool, rectal spasm. — Ign.

Cholera — Preventive and curative both—

— ( clinical research ) — CUPR. ARS. 6/1 dose  
after each diarrhoea or vomiting till cure.

Constipation—cause and type—Abuse of enema— Op.

After confinement, hepatic and uterine inertia — Mez.

From cheese — col. ( from Gouty acidity — Grat. )

“ mental shock, nervous strain — Mag c

“ travelling in emigrants — Plat.

In Rheumatic subjects, flatulence, indigestion —

Mag. Phos.

While away from home — Lyco 3 / 1 tid and if it  
fails, 200 / 1 dose weekly or monthly.

In general — Kali mur 3x / 4 tabs tid.

With ineffectual and frequent urging to stool—Nux v.

Obstinate, with dryness of whole alimentary canal,  
dry hard stool, thirsty and irritable — Bryonia.

Obstinate, even soft stool requires great  
straining — Alum.

In general — Staph Q. — 2 drops morning & bed  
time ( in a little or  $\frac{1}{4}$  cup water ).

In pregnancy — Scia 200|1 dose only.

When nux indicated but failed — Aegle folio Q, 5 gits tid  
( same indication in dysentery and piles )

Type of stool—Hard, then pasty liquid—calc c, Lyeo.  
Large, black, carrion like — Pyr.

No desire or urging— Alum, Bry, op, Graph, Hydr.

Constipation in fatty people — Graph.

Feels better while constipated — Calc. c.

Dissatisfied or angry with his complaints or with  
himself especially while constipated—Aloe soc.

Concomitants — Abdominal weakness,

shuddering — Plat.

Colic cramps — Collins, cupr, Glon, op, Plumb. ac, —  
Aegle-f.

Enuresis — Caust

Fainting — Ver. alb.

Fetor oris — Carbo. ac, Psor.

Heart weak — Phyt, spig

Hernia, umbilical—cocc. ( when nux failed ), Nux V.

Nervous from presence of others, even nurse—Ambra.

Passes better leaning far back — Med.

„ „ while standing — caust.

Prolapsus uteri — Stann.

Prostate enlarged — Arn, sil.

Prostatic fluid — Alum, Hep.

Sensation of light headedness — Indol.

Diarrhoea — alternates with headache— Podo, Aloe.

Chronic— „ or dysentery with weakness — Chapparo—  
3x or 6-1 tid.

from catarrh, bronchial, suppressed — Sang.

„ coryza ceasing — Sang.

„ Disorganisation — Ars.

From egg — Chin. ars.

„ food, crude — Cham.

„ high game — crot, pyrog.

„ hydrocephalus acute — Helleb.

„ milk boiled — Nux m.

„ nephritis — Tereb.

„ onions — Thuja.

„ Ulceration of intestines — Kali bi, merc, cor.

„ veal — Kali n.

Sago or tallow particles, like — Phos.

During stool — Pain tearing down post. limbs—R.T.

Stinging pains — caps.

Tenesmus relieved by stool — Nux V, aloe

( insecurity of rectum with )

After stool — Palpitation, trembling in limbs — Ars.

Weakness in abdomen and rectum — Podo.

Aggravation from sundown to sunrise — Colch.

In general with weakness or hienteria — China.

Where china failed ( chronic ) — Phos.

with insecurity of rectum, old people esp. : Aloe.

or constipation— with insecurity of rectum, canine

hunger ( eats dirty food ) — oleander.

—After fat food — Puls.



Dentition, gushing — Podo, crot. t.

„ with screaming better after carrying up—Cham.

„ with weakness ( prostration ) — Calc. ph., Ars

„ ( See Page 53 also ). ( later stage ).

Duodenum — Ulceration ( Hyperacidity ) — Kali bi.

„ where k. bi failed — Ars.

„ with diabetes — Uran. n.

Hyperacidity esp. in children or flatulent colic—Robin.

Diet control—

— most essential here—

(i) Avoid sour things, spices, curd & cold.

(ii) To take satu (Gram), milk & bread (Wheat) esp. during pain and burning abdomen.

Dysentery — Where nux v. failed — Aegle follo.

—Specific with or without worms & diarrhoea

( when Merc. cor failed ) — Atista R.

—Abuse of local treatment, diphtheritic form—Nit. ac.

—Amoebic or diarrhoea, chronic, with weakness—  
chapparo 3x or 6 1 tid.

—In old people — Bapt.

( — Green or bloody or white — Merc s. )

—In plethoric, nervous, climacteric females—Lil. t.

—with nausea from straining pain; little thirst— Ipec.

— „ Periodical recurrence in spring or early  
summer — Kali bi.

— „ Pain abd. aggravation after stool—Nit. ac, Aloe.

— „ „ relieved after stool — NUX V, Aloe.

— „ Profuse stool & insecurity of rectum — Aloe.

— „ Constant tenesmus and nausea — Ipec.

— „ „ „ „ —more blood—

MERC. COR., Tromb.

— „ Frequent ineffectual urging to stool — Nux V.

— „ Rheumatic pains all over — Asclep t.

- with Tearing down thighs — Rhus. t.
- " Blood only, discharged in place of faeces—  
Kali Phos., Atista R.
- Haemorrhoids — ( Piles ) protruding when  
urinating — Bar. c, mur. ac.
- Piles with frequent ineffectual urging to stool, —  
better after stool — Nux v.
- with pains worse after stool — Nit ac.
- with indication of Nux v. but failed —  
Aegle. f. ( see constipation ).
- protruding like grapes, very sore, tender, better  
by cold water application — Aloe.
- white — Carbo v.
- with fissures — Sedum acre.
- „ constipation — Collins.
- „ itching anus — Paenia, Ratanhia.
- Specific (where no medicine is clearly indicated)—Aesc. H.
- Concomitants — with epistaxis — Carbo v.
- With heart disease — Cact, colln, Dlg.
- prolapsus ani or uteri — Podo.
- Sudden development in marantic ( Marasmic )  
children — Mur. ac.
- tenesmus, anal & visceral; diarrhoea — Caps.
- „ constriction, lancinating pains — Nux v.
- „ , dysenteric — stools — Aloe, sul.
- „ in pregnancy — Collin.
- vicarious bleeding — Ham ( dark red ) Millef  
( bright red ).
- Aggravations — As Rheumatic symptoms abate—Abrot.
- From leucorrhoea suppressed — Am. m.
- From talking, thinking of them — Caust.
- Ameliorations — from lying down — Am. c.
- from walking — Ign.

Hernia, femoral — Lyco, Nux v.

Painful — Alum, cic, cocco, sil.

In children — AUR, lyco, Nit. ac, Nux v.

Right side — Aur, Lyco. ( Left — Nux v. )

Sensitive — Bell, LACH, Nux v, sil.

Scrotal — congenital — Mag. M.

Umbilical — Calc, cocco, Nux, Plumab.

Jaundice—Anemia : Brain disease; pregnancy— Phos,

— During pregnancy — Aur ( Kent ).

— Infantile — LUPULUS 3x or 6/1 tid and  
cham ( See children tip ).

— In general — Chel, Card, Kalmegh, Myrica,  
NP, N. S, NV etc.

Note:— Avoid fat, take bed rest and fruit or sugar cane  
juice.

Liver, Cirrhosis — Aur, mur, Calc. ars, CARD. M,  
China, Iod, Lyco, Merc, Phos.

Liver, cancer — CHOLEST, Con, Hydr, Chel, Ars,  
Phos.

Liver Pain, Dragging, on turning on left side —  
Bry, Ptel.

— better lying on painful side — Bry, Ptel, sep.

— „ rubbing and shaking liver region — Podc.

Liver enlarged — china, CHEL, CARD, Natr. s. etc.

Pigmentary degeneration — Arg. m.

Appendicitis — Acon, BELL Bry, Collin, IRIS-T,  
Merc s. etc.

— — Bell & Merc. sol alternately—  
W. s. Mills.

Umbilicus ( Navel ) — Bleeding from, in new born :  
Abort, c. p.

Bubbling sensation — Berb. v.

Burning — Acon, Ars.

Eczema — Merc. pr. rub.

Ulcer, above — Ars.

Urine, oozing from — Hyos.

- Worms— — Hook worms — Here I always failed hence advise allopathic treatment only.
- In general—Natr. Phos 3x, Teucr, [Indigo ( the best ), Quassia ( when all medicines failed ) — Farrington ].
- In children — Cina or Spig. •  
( see children's tips ).
- Tape worms ( H. Nana ):— Embelia R. Q or 1x — 2 gtts Bid or tid.
- Tape worms— Embelia R, CUPR. OXYD. NIGRA IX ( All kinds of worms including trichinosis ).

## Urinary system

Bladder— Cystocele— Staph.

Enuresis—Cause, Catheterization, after—Mag, Phos.  
—Cause unknown (where no medicine is clearly indicated)—Caut.

—During full moon : intractable cases, eczematous history—Psor.

—habit the only ascertainable cause—Equis.

—History of sycosis—Medo.

—Hysteria—Ign, Val.

—If no medicine is clearly indicated—Tub IM with calc. carb lateron (Boericke) [feeling as if chill rising from to back—Sars.]

—Hypertrophy, concentric—Pichl.

Cystitis, from operations, and in pregnancy—Pop.tr.

Modalities—Aggravation,—from drinking water—  
canth.

From lithotomy—Staph.

” walking —coc, prun. sp.

Amelioration : from rest con.

” urination—Hedeoma, coccus.

” walking—Ign, Tereb.

Nephrolithiasis—colic worse left side : Berb, Canth,  
—Medo, Tab.

Colic worse rt. side—Lyco nux v, ocim, sars.

Nephritis—cause; cold or wet exposure—Acon, Ant. t.

Apis, Canth, Dul, R. T, Tereb.

Chronic—Plumb, K. CHLOR, Merc. cor, glon.

From Influenza—Eucal. [Toxemic—crot. h ]

” Malaria—Ars, Eup perf, Tereb.

[With cardiac & hepatic affections—Aur, calc. ars]

[with urine bloody, inklike—GOLCH.]

with hypertension and oliguria without oedema—Eel. Ser.

(See P. 92 +)

" " oliguria, oedema—Digit. (Also see Page 92+)

with worms—Santonine.

Concomitants—Pneumonia—Chel, phos.

—Pain in renal region—

Aggravation at 2:PM—Kalmia.

from lifting, sudden effort—Calc. ph.

" lying down—conv.

" stooping, lying down—Berb. v.

" stretching legs—colch.

" wine—Benz. ac.

Amelioration; from lying on back,—Cahinca.

" " " , legs drawn up—Colch.

" Standing—Berb. v.

" Urinating—Lyco, Med

" walking —Ferr. mur.

Numbness in region of kidney—BERB.

Urethra—Haemorrhage (bleeding)—calc, Lyco.

meatus; Eruptions around.—Caps.

ulcers around—Eucal.

sensibility diminished—kali Br.

urinary flow—Desire—Constant after labor—OP, staph.

constant at night—Dig. sabal.

" from prolapsus uteri—Lil. t.

Dysuria—in pregnancy and after confinement—Equis.

in young married women—Staph.

must lie down—Kreosot.

" sit bent backwards—Zinc

" stand with feet wide apart, body inclined

forward—Chimaph. +, See Page 79+)

with prolapsus ani—Mur. ac.

- with prostatic or uterine diseases — con, staph.  
 Retention ( ischuria ) from atony of fundus — Tereb.  
 From overexertion — Arn.  
 „ Suppressed discharges or eruptions — Camph.  
 „ Surgical operations — Caust.  
 Urination—Preceded by leucorrhoea Yellow— Kreop.  
 Pain drawing radiating to labia — Eupion.  
 Drawing, radiating to chest and shoulders —  
 Glycerine.  
 „ „ to sacrum, coccyx — Graph.  
 Pressive in heart — Lith. c.  
 Stool involuntary — Sul.  
 Sweating — Merc. c.  
 After urination — Piles — Bar. c.  
 Pains spasmodic — Natr m, Nux, puls.  
 Perspiration — Merc. cor.  
 Cold feeling — Nit. ac.  
 Heavy feeling — Thlaspi.  
 Colour — Pink — Sulfon.  
 Odour — fish like — Uran. n.  
 —Garlicky — Cupr. ars.  
 —Musklie — Ocimum.  
 —Valerian like — Murex.  
 Sediment — Rose coloured — Am. phos.  
 Diabetes — Assimilative disorders — Uran. n.  
 —With Gastric and duodenal ulcer, dropsy,  
 nephritis — Uran. N.  
 —Gastro-hepatic origin with hypertension —  
 Uran N, Lyco, Nux.  
 —Insipidus — Ac. phos.  
 —with debility — Ac. Acid, Op.  
 — „ gangrene, boils, carbuncles, diarrhoea—Ars.  
 — „ gouty symptoms — Lact. ac, Natr. s.

- with melancholia, emaciation, thirst,  
restlessness — helon.
- „ motor paralysis — Cur.
- „ Rapid course — Cur, Morph.
- „ ulceration — Syzygium Jamb.
- „ Cardiac dropsy and weakness —  
— a heart tonic — CRAET.
- „ „ „ especially in children — Craet.
- „ Acne Rosacea in young people or with no  
complication — Ars. br.
- „ Nervous origin — Ars, Aur. mur, Calc. c, IGN,  
PHOS. AC, Strych. Ars.
- In general ( Specific ) — Syzygium Jamb.
- „ „ with weakness — Ac. phos.

Diet control is essential here i. e. rice, banana, Sugar, Potato are strictly prohibited.

Imp. note:— High Blood Pressure and Diabetes can't affect those who are engaged in manual labour. Therefore, it is always advisable for those who are engaged in brain work, to start 'yogasans' or exercises regularly in order to prevent obstinate diseases like Hypertension ( High Blood Pressure ) & Diabetes

B. Coli infection ( fever ) — B. Coli 30 or 200

Birth Control — Natr. mur. 200 × —  $\frac{1}{2}$  oz — 4 tabs., daily, at a time, continuously for three days just after cessation of menses.

Note:— If a brain worker can't do physical exercises, he should take only vegetables and curd or fruits and milk otherwise he needs massage of Naturopathy for a good health.



## Male sexual system

Coitus—followed by :—irritability —Selen.

- nausea vomiting—Mosch.
- pain perinium—Alum.
- pain urethra—Canth.
- Pollution, increased desire—Nat. m., ac ph.
- Toothache—Daphne.
- Urging to urinate—Staph.
- Weak vision—Kali c.

Contusions of genitals—Arn, con

Desire increased, power decreased—sul. (Farrington)

„ „ (Satyriasis, but impotent—LYCO, selen.

„ suppressed, ill effects from—CON, puls, ac ph.

Mastitis—In males— Iodium 6j 1 tid is almost specific.

Scrotum—Filaria—sil. (kent)

Hydrocele—Ampelopsis q. 3 (a<sup>r</sup>most specific)

— left—Dig , RHODO (Painful or Filarial).

— „ hard, painless—Brom. (Kent)

— Rt.—clem, Lyco, Graph. [Congenital Rhodo]

— Rt. to left—LYCO.

— Caused by bruise—Arn. (Bellis when Arn failed).

— Hydrocele with varicocele (left mostly)—Thuja.

— „ „ „ „ pain—Rhodo.

— Varicocele with hard swelling—Calc. fluor.

— „ in general (specific—Hamamalis.

— „ with mild, gentle, Yielding disposition, weep  
easily—Puls

— Gonorrhoeal orchitis after —Phos.

— Induration—Canad, R. T.

Retraction—Flumb. m.

Spots, brown—Con.

permatorrhoea—Natural treatment is proved best—  
 — “ Avoid sexual thinking. If it is beyond  
 control, take bath as many times as it  
 (sexual thinking) comes in mind for  
 complete eradication & cure ”—Mahatma  
 Gandhi.

peramatorrhoea—Anac, Arg. n, Avena, Bar. c, Bor, Calc,  
 c, c. Ph, canth, Dig, Dios, Gels, Graph,  
 K. P, Lyco, N.P, N.C, N.V, Phos, Selen,  
 Sep, Staph, Sulph.

with brain fag, mental torpidity—Ac. ph.  
 emissions profuse, frequent : after coi-  
 tus—Phos. Ac. then natr. m.

„ Masturbatic tendency—Ustilago.

„ rheumatic pains—Gins.

„ vision weak—Kalic.

„ wasting of testes—Iod, sabal.

When no medicine is clearly indicated—China then Phos.  
 ac. then Natr. m.

Syphilis—Calotropis merc. sol.

Chancre gangrenous—Ars. Lach.

Stomatitis, mercurial—Nit. ac

Syphitides—Bullae—Kali iod Syph.

Latent, syphilis—Ars m, Syphil.

„ „ & gonorrhoea—Sycosyphillnum.

Where (WR & VDRL) is positive—, Do Merc. s.

Gonorrhoea—Acute—CANPH, Arg. n, Gels, can s.

Chronic—Med, Thuja.

Orchitis (Testicles - Inflammation), metastatic—Puls, Staph.

Testicles undescended in boys—Thyr.

Prostate (enlarged) CON, CHIMAPH, Thuja, Sabal, BAR.

C, Sil, Calc, dig, Puls, Selen.

Dribbling Prostatic fluid—Phos, SEL.

Dribbling urine after stool & urine—SEL.

[ Note—for chimaph + see Page 75 last also ]

## Female sexual system

Amenorrhoea or delayed menstruation at Puberty may give rise to pain in apices and if pulsatilla is not administered here to start menstruation, it may result in pulmonary tuberculosis ( PT ) — E. A. Farrington.

— Will bring on the menses where natr. mur. seems indicated but failed — Kali carb (Hahnemann)

Amenorrhoea — If a particular medicine is not clearly indicated, we can't be silent and may prescribe jinosia asok. Q —

— 10 drops tid, in a little or  $\frac{1}{2}$  cup water.

Coition — Fainting during — Murex, orig, plat.

Desire increased ( Nymphomania ), must keep busy to repress it — Lil. t.

Desire, suppressed, ill effects — con, sabal.

Leucorrhoea — Blackish — cinch, Thlaspi.

— Constant — Am m. ( Gushing — Alum, CALC, GRAPH, SEP, syph. )

— Flesh coloured, like washing of meat, non offensive — nit ac.

— In little girls — MERC. Can. s, Puls, SEP ( Lying while — PULS ).

— In general; I prescribe syco-syphil 1m/1 dose followed by sep. or alum. or graph. or borax with fine results.

— Painless — Am. m, puls.

( Watery, craves salt or after sepia — Natr. m. )

— Occurrence — After coitus — Natr. c. ( Boer ), sep. ( Kent ).

— After stool — Mag. m.

— At climaxis — Psor, sang.

— Menses, before — Alum, BOV, CALC, C.P., GRAPH, KREOS, SEP, Puls.

during — Alum, Graph, cocc, Iod, Mag. m, Puls.

- Menses, after—BOV, CALC, CALC. PH, Graph, Puls.  
 [Instead of - ARS, chin, graph, Sep]
- Like the menses—caust, kreos [Smelling like—caust]
- Milky during menses—Phos [Milky—Bor; CALC, C. P.,  
 PULS, SEP]
- From rest—Fagop. [offensive—Ars, CARBO AC, KALI-  
 ARS, KALIPH, NIT. AC, NUX, PSOR, SEP]
- In day time—Alum. plat. [Scanty menses with—c p. caust]
- In pregnant women—cocc, Sep, KREOS. [Stains linen  
 yellow—chel]
- better from washing with cold water—Alum.
- With diarrhoea— Puls [Thick and yellow—ARS, CALC.  
 HYDRAST, Sep].
- Feeling, as if warm water running—Bor. [Thick as Paste,  
 white—BOR].
- " of fulness, heat, relieved by cold water—Acon.
- Haemorrhage (bleeding) obstinate, intermittent—Kreos.
- Hepatic derangement; costiveness—Hydr.
- Hypertension, weakness, watery with—China then Ac.  
 Ph. then NATR. M. or Natr. m.
- Hysterical spasm in uterus and abdomen—Mag. m.
- Mental symptoms—Murex
- Metrorrhagia following—Mag m
- Spasmodic contraction of vagina—Aur m. n.
- Ostitis (stony hard)—Bryonia, phyto, con.
- " with cracks or ulceration of nipples—castor eq.
- Nipples inflamed, tender to touch—cham, Helon, Phyto
- Nodules, during pregnancy—FL. AC (kent)
- Pain worse from jar, toward evening—Lac c.
- Menopause—Breasts enlarged painful—Sang
- Burning of palms and soles—Sang, sul.
- Cough, burning chest, periodical neuralgia—Sang.
- Earache—Sang
- Falling of hair—Sep
- Fatigue, persistent tiredness, fagged womb—Bellis.
- " without cause, muscular weakness, chilliness—Calc c.
- Inframammary pains—Cim.

- liver disorders—Card m.
- Pruritus—Calad.
- Salivation—Jabor.
- Sexual excitement—Mancin, Murex.
- Ulcers, superficial, sores, on lower limbs—Polyg.
- Menstruation : suppressed from disappointed love  
—Helleb.

Suppressed with asthma—Spong.

- „ „ crampsto chest—Cupr. m
- „ „ delirium, mania—Stram.
- „ „ Gastralgia or spasms—Cocc.
- „ „ Jaundice—Chion.
- „ „ neuralgic pains about head, face—Gels.
- „ „ ophthalmia—Puls.
- „ „ ovaritis—Aeon, cim.
- „ „ pelvic tenesmus—Podo.

Dysmenorrhoea—Apiol. (almost specific)

- with pain relieved by pressure and heat—Mag. Pho.
- „ „ worse by pressure—Bell, Bry.
- menorrhagia—Every alternate period, profuse—Thlaspi
- Climacteric—Sedum tel.

Type of menstrual blood—changeable—Puls.

—Hot—Bell.

complaints preceding and attending flow—Axillae itching  
Sang.

Backache, general bad feelings—Kali c.

Breasts, Icy cold—Med.

Blindness—Cycl, puls.

Breasts, milk in them in place of menses—Merc. v.

Burning in hands and soles—Carbo v.

Catalepsy—Mosch.

Deafness, tinnitus—Kreos.

Eyes, blindness or fiery spots—cycl, sep.

" burning—niccol.

" diplopia—gels.

" ophthalmia—puls.

feet cold damp—calc. c.

" pain in—Am. m.

Frenzy—Acon.

Hoarseness, coryza, sweats—Graph.

Hunger—Spong.

Inflammation of throat, chest, bladder—Senec.

Labia burning—Calc. c.

Lachrymation, catarrhal state of eyes, nose—Euphr.

Mania, chorea—cim.

Mouth sore, swelling of gums, cheeks, bleeding ulcer—  
—phos.

Nipples and breast icy cold—Med.

Old symptoms aggravated—Nux v.

Pain extending to liver—Phos. ac.

Pain in feet—Am. m.

Pain in malar bones—Stann.

Rectal and vesical irritation—Sab.

Salivation—Pulex.

Sexual excitement—Plat.

Complains following menses: Diarrhoea—graph, puls.

Erethism, neuralgic pains, inframammary pains, insomnia—  
—Cim.

Eruption—kreos.

Headache, throbbing, with sore eyes -Natr. m.

Haemorrhoids—Cocc.

Hysterical symptoms -Ferr. m.

Mammæ swollen, milky secretion—Cycl.

Old symptoms aggravated—Nux v.

Ovarian pain -Zinc. m.

Vomiting—crot

Aggravation from sleep : Mag. c.

Amelioration—from cold drink—kreos.

From hot applications—Mag. phos.

Ovaries—Pain, dull, numb, acing—podo.

Dull, wedge like in uterus -Iod.

Pain, with aggravation, from deep breathing—Bry.

“ “ frequent Urination—Vespa.

pain with numbness, shifting gases in

ascending colon—Podo.

“ “ relief from pressure, tight bandage—Col.

Pregnancy and labour :—

Abortion : from fatty degeneration of placenta—Phos.

from mental depression shock, watching, low fever—B

“ “ Ovarian disease—Apis.

with blood dark, fluid; formication—Sec.

“ “ intermittent pains spasmodic, excites suffo-  
tion, fainting; craves fresh air— - Puls.

“ “ light, fluid; painless—Millef.

“ “ bleeding persisting—Nit. ac, thlaspi.

“ “ pains, frequent, labor like; no discharge—sec.

With pains from small of back, around to abdomen, entering in crampy, squeezing, bearing down, tearing down thighs—vib. O,

with pains from small of back to pubes, worse from motion; blood partly clotted—Sab.

with pains from small of back to thighs; weak back; pains worse from motion; also subsequent debility and sweat—Kalic.

with pains flying across abdomen, doubling her up; chills; pricking in breasts; pains in loins—Cim.

with pains irregular, feeble, tormenting; scanty flow or long continued, passive oozing, backache, weakness, internal trembling—Caul.

with retained secundines—Cinch, Pyr.

" septicemia—Pyr.

Complaints during pregnancy—abdomen, 1—

—must lie on, during early months—Acet, ac, Podo.

—Arms hot, sore, painful—Zing.

—Bilious complications—chel.

—Breasts, painful, inflammatory—Bell, Bry.

— " " neuralgic—con, puls.

—Gastralgia—Petrol.

—Goitre—Hydr.

—Herpes—Sep.

—Pain abdomen as if strained, left side—Am. m.

—Plethora—Acon.

—Retinitis—Gels.

—Toxemic conditions—Kali chlor.



—Uterine and abdominal soreness—Ham, Puls.

—weariness in limbs, can't walk—Bellis.

Pains ; Labour delayed—Kali ph, Pituitrin.

” ” Premature—Sab.

Needle-like pricking in cervix—Caul.

Shifting across abdomen, doubling her up;

pricking in mammae, shivers during first stage—cim.

shifting all over, exhaustion; fretful; shivering—Caulo.

” from back to rectum, with urging to stool or  
urination : Nux - v.

” upwards—Cham, gels.

with dyspnoea from constriction of middle of chest

arresting pains—L ob, inf.

After pains, severe, distressing, in calves and Soles—Cupr. m.

Backache, debility, sweat—kalic.

Haemorrhage—with bright red fluid; painless flow—Millef.

with bright red, hot, profuse flow in gushes—Bell.

” ” ” ” ; collapsic symptoms—Ipec.

” colicky, bearing down pains, relieved by gush of  
blood—Cycl.

” dark, thick, paroxysmal flow; debility—Cinch.

” habitual tendency, profuse, dark, clotted—Trill.

” pain from back to pubes : dark, clotted, painless-  
flow—sab.

with passive, dark, fluid blood, worse from motion; thin

females; relaxed uterus; fornication—sec.

Lochia—bloody in gushes, worse from motion—Erig.  
hot, scanty—bell.

Nymphomania—Cinch, plat, ver. a.

Panaritium—cepa.

Puerperal Phlebitis after forceps delivery—Cepa.

" Tympany—Tereb.

Complaints after puerperium—Acne on chin—sep.

Lactation—Discharge from vagina, Bloody—  
—during nursing—sil.

excitement, sexual, during nursing—c. p.

menses during—(calc. c, Pall.)

Milk—Bloody—Bufo, cham, Phyto.

" absent, or scanty, tardy (agalactia)—lac. d, lac. c.

" too profuse (to dry up during weaning)—Lac. c.

" cheesy—Bor, cham, phyto.

" bitter—Rheum.

" disappearing : brain troubles, with—Agar.

cold, after taking—Dulc, puls.

excitement after—caust.

Increased—metastasis—Agar.

— at puberty—Puls.

suppressed; anger, from—Cham.

pain, drawing from nipple through to back, during  
nursing; nipple very sore—crot. t.

pain intolerable between nursings—Phell.

sterility—Agn, Borax, natr. m. + To take germinated  
wheat.

Uterus : Cervix, swelling, scirrhous—like—Ananth.

" " " with urinary symptom—canth.

Uterus-cervix-ulceration, deep—merc. cor.

„ „ „ in aged—sul. ac.

„ „ „ spongy—arg. n, kreos'

„ „ „ with fetid, acrid discharge—Ars, c.v.

„ „ „ with fetid ichorous bloody discharge—Carb. A kreos.

Congestion—disorders with toothache, headache, salivation, neuralgia—sep.

Haemorrhage (Metrorrhagia) from curretage—Nit. ac. from uterine atony, malarial cases—China.

with backache, relieved by pressure, sitting—Kalic.

„ blood clotted or fluid; paroxysmal or continual flow, nausea, vomiting: palpitation, pulse quick, feeble when moved; vital depression; fainting on raising head from pillow—Apoc

with blood bright red—F. P, Fic. I, millef, cinnam.

with blood dark, fluid offensive—crot.

„ „ profuse, painless—Millef, nit. ac.

„ „ „ „ dark, venous—Ham, Mangif. ind

„ „ „ „ —passive, obstinate—Caul, cinnam (bright)

„ „ „ „ „ thin, fetid; in cachectic females—sec

„ „ „ „ „ very dark, thick, tarry; dragging downward; unnatural genital sensibility and irritability—Plat

„ congestive headache—Bell, Glon.

„ fainting—Apis, china, ferr. m, Trill.

„ feeling as if back and hips were falling to pieces,—relieved by bandaging; fainting—trill.

with feeling of enlarged head—Bad.

„ flow in paroxysms, bright red; jt pains—sab.

- with flow in Paroxysms, thin, light blood, firm coagula;  
 Severe labour like pains—Cham.
- “ heavy abdomen, faintness, stinging pains - apis.
- “ painful micturition, irritated rectum, bladder;  
 prolapsus—Erig.
- “ pain extending to navel; dyspnoea—Ipec.
- with pain passing from sacrum to pubes—Sab.
- “ “ “ through pelvis (Antero-posteriorly or  
 laterally)—Bell.
- “ septic fever—Pyr.
- with uterine congestion, inflammation - Sab.
- weak heart—Am m, Dig
- Hydrometra—Natr. hypochlor, sep.
- Moles, foreign bodies promote expulsion—canth, sab.
- pain neuralgic, from navel to uterus—Ipec.
- “ “ rt. side, upward across body, thence to left  
 mammae,—Murex.
- “ splinter like when walking or riding—Aig n
- Vagina—Burning, heat, after coitus - Lyco, Lyssin.
- Cancer-kreos (kent). [Prolapse during pregnancy—calc.  
 ars, fer]
- coldness—Bor. ac. [Pain throbbing—bell.]
- Vulvo-Vagina-Eczema-R. T. [-Apthae itching—HELO,  
 Hydra, KREOS, Merc, SEP. (coition painful or  
 Prolapse with), Thuja].
- Erysipelas, with oedema—Apis.
- Sensation, as if wet - Eup. purp, petrol.
- Varices—Calc. c, carbo v. Lyco.
- waters—Aur. mur, Thuja, med.
- For easy (Painless) delivery - caulo 30. ldr. in pills no. 30.  
 2 pills twice daily at last month gestation.
- Prolapsus : Uterus—crossing legs amel;—Lil. t, Murex, SEP.
- hot weather, in—kali bi \*
- Stool, after—Stram [Straining, from—Aur].
- Urination, during—calc pb. + [Vagina, during pregnancy—  
 —calc. ars, fer].

## Circulatory system

- Aorta—Dilatation (Aneurism) BAR. C, Bar m, c. F, c. P.  
 Cact, Kali iod, LYCO, Natr. iod, ver.v, spig (Angina with).
- Aortitis—Aur. ars.
- Aneurism, capillary—Calc. fl, fl ior. ac. Tub.  
 " pain—Spig. (Angina with), Cact (Angina and feels—chest caged).
- Dyspnoea (cardiac)—Cact, calc. ars, Glon, Grind, Iberia  
 „ chin. ars, stroph, visc. A (with hypotension).
- Neuroses, irritable from tea, coffee—Agaricine.  
 „ „ „ suppressed piles—Collins.  
 „ „ „ tremor from scarlet fever—Lach.
- Pain at apex—Lil. t. pain at base—Lob. infl.
- Neuralgic—Angina pectoris—AMYL N. Q. (to inhale)  
 or 200|1 dose, SPIG, mag. ph.
- from abuse of coffee—coff.
- „ rheumatism,—Cim, lith. c.
- precordial oppression—shooting from apex to base—Meda  
 —shooting from base to apex at night—syph.  
 — „ „ back to clavicle, shoulder—spig.
- Palpitation from eruptions suppressed—Calc c.
- From grief—Ign. then phos. ac. then natr. M.
- from prolonged brain work, sexual excesses—Coca.  
 Tea drinking—china.
- Worms—Spig.
- with burning at heart—Kali c.
- „ dim vision—Puls.
- „ fetor oris—spig.
- with piles or suppressed menses alternating—Collins.



nervous mechanism;) ser. ang. (with albuminuria, oliguria),  
 Arn, uran. nit. (with diabetes, dropsy, nephritis,  
 gastric and duodenal ulcer); —

—Bry, FP, MP, KP, Natr. m, silic visc alb (... ..  
 ... .. Albuminuria with), Eel serum (Serm Ang);—

—Dig (with albuminuria, oliguria & oedema), stront. c.  
 Low—visc alb, Lycopus (with bleeding, valvular Heart  
 disease), Lyco; calc. ph,—

—cact (chest feels as if caged).

+ { Digit—Mostly a cardiac remedy. }  
 + { Serum Ang. (Eel serum)—Mostly a Renal remedy. } +

Heart enlarged—Ars, Bar. c, cact, craet, Dig, Naja,  
 Phaseol, Spig, Stroph etc.

Imp Note :—High Blood pressure & Diabetes can't affect  
 those who are engaged in manual labour.  
 Therefore, it is always advisable for those  
 who are engaged in brain work, to start  
 'yogasans' or exercises regularly in order to  
 prevent obstinate disases like Hypertension  
 & Diabetes. It is also highly recommended to  
 wear 'Rudraksha' (Ekmukhi) in Hypertension  
 (High Blood pressure).



## Locomotor system

Axillae—Abscess—Hep, Irid, Jugl. r.

Acne—Carbo v.

Eczema—Elaps, Natr. m

Herpes—Carbo A.

Pain, in muscles, rt. side—Prim. V.

Pain with or without swelling—Jugl. c.

Back, eruption—Sep

Backache—Digging, cutting—sep.

Lancinating, extends up wards—Aspar, Gels.

Sensitiveness extreme of sacrum—Lob. infl.

Aggravation—after emission—Cob.

—From eating—Kali c.

Amelioration—from bending backward—R. T.

" " forward—lob. inf.

" emission—Zinc. m.

" lying on abdomen—Acet. ac.

" " , sitting—Sep.

" sitting—Bell.

" urination—Lyco, Med.

Body : sore all over—constriction as if caged—cact, med.

Coccyx—Burning on touch—Carbo An.

Itching—Bov, graph.

Neuralgia, worse rising, from sitting posture—Lach.

Numbness—Plat.

Pain bruised from injury—Hyper.

Ulcer—Paenia.



Arm—Gangrenous ulceration—Ran. Flam.

Intolerant of band around—Ovi. g. p.

Itching—Fagop

Nodules—Hippoz.

Numbness, right arm—Phyto

Pain aching, weakness, when singing, using voice—Stann,  
sensitivity diminished—Carbon. s., phos.

Forearm : Soreness of flexor carpi ulnaris—Brachygl.

Unsteadiness of muscles of forearm, hands—caust.

Dryness—Lyco, Zinc. m.

Chorea—AGAR, CAUST, MYGAL, TARENT—

...—.. see Nervous System (Page 26).

Cramps (Writer's)—cycl, caust, Arg. m., Con, cupr, gels,

Mag. Ph, Ruta, sil, STANN, staph, Strych, Zinc. m.

Palms—Blisters—Bufo.

Chapping, fissuring—calc. fl, Ran b.

Desquamation—Elaps.

injury with intolerable pain—Hyper.

stiffness of hands while writing—Kali. m.

Fingers—Blue, numb, shrivelled, spread apart,  
or bent back ward—Sec.

crooked—Kalic, Lyco.

Crushed, mashed tips—Hyper.

Exostoses—Calc. fl, Hekla.

Fidgety, must move constantly—Kali-br.

Hypertrophy—Aur. mur.

Impression deep from scissors—Bov.

Pains, throbbing—Amyl, Bor.

Pains at root of nails—Berb v, Bism, CEPA, myrist seb.  
( see nails in skin ).

- sensitive to cold—Cistus, hep.  
 Thick horny tips—Ant. c, Pop. c.  
 Writer's cramp—See cramps in fore arm.  
 Lower limbs—Buttocks (glutei) cold feeling—Daphne.  
 cold feeling, fall asleep—Calc. ph.  
 Cramp—Graph.  
 Emaciation—Lathyr.  
 Pain to hips, small of back—Staph.  
 Pricking—Guaiac.  
 swelling—Phos ac.  
 Lumbago, alternating with headache, piles—Aloe.  
 —Violent, slightest motion causing collapse or faintness—  
 Ant. t.  
 —With aggravation in open air—Agar.  
 — „ „ on beginning to move, relieved by  
 continued motion—Calc. fl, R. T.  
 — with sycotic history or sleep knee—chest position—Medo.  
 — with piles—Aesc. H.  
 —with aggravation on exertion, during day while sitting—  
 —..... Agar.  
 — „ masturbatic origin; sexual weakness—Nux V.  
 — „ frequent ineffectual urging to stool—Nux v.  
 —with numbness, in lower part of back, weight in pelvis—  
 —Gnaph.  
 — „ relief from lying down—Euonym, sep.  
 — „ „ „ slow walking—Ferr. m.  
 — „ retching, cold, clammy sweat, from least motion—  
 Lathyr.

—with sciatica—R. T.

Thighs—legs—Blue, painful, swollen if hanging down.  
.....Lathyr.

curved limbs, can't be straightened and vice versa—... cic.

Enlargement of femur, in rachitic infants—Calc. fl.  
excoriation, itching over tibia—Bism.

Tibia— spots on, red— Calc. c, sul.

sweat, cold, clammy at PM—Calc. c, merc.

sweat extending below knees in AM—Sul.

sweat on thighs, exhausting on pm.—carbo A.

Trickling, as from drops of water—Acon.

Feet—Affections of ball, and dorsum of toes—can. s.

coldness during day, burning soles at night—sul.

enlarged feeling—a pis.

spasmodic motion of left foot—cina.

Tender feet with shoe girls—Squilla.

ulcer—Bar. c.

Heels—Blisters—squilla

numbness—Alum, Ign.

Os calcis, pain—Aran.

purring sensation, extending to rt. toes—Astrag.

Pains—soreness, as if stepping on pebbles—Hep, Lyco.

sensibility, diminished—... carbon S.

soles—blisters—Bufo, calc, cepa. [ -Ulcer—Ars.]

Chilblains—abrot, Agar, Hep, Mur. ac, Nit. ac, Petrol  
(winter agg.), puls, R. T, Sul

Corns (callosities)—Arn, anac. occ, ANT. C, Lyco, Ran. b.  
sil, Thuja.

- Injury with unbearable pain—Hyper.
- Numbness—coccc, limul, Raph, sep.
- Pains of ulcer—Ars.
- Toes—Ulcer—Bar. c.
- chilblains—Nit. ac, sal. ac.
- coldness—Sul.
- crooked—Graph.
- crushed with unbearable pain—Hyper.
- Festering—Graph.
- Nails, deformed, thick—Ant. c, graph, sil.
- Nails inflamed—Sabad, ( see skin )
- whitlow (felon)—See skin chapter—Nails.
- Big toes—ulcer—sil.
- wheals eroding—sul.
- Gait—Agility—coff.
- Spastic:—Knees knock against each other when walking—Lathyr.
- staggering, unsteady, when unobserved. Arg. n.
- Walking backward—Oxytr.
- " " " on metacarpo-phalangeal joint—Mang. ac.
- when " drags feet—Myg, Nux v, Tab.
- " " , foot shoots out, or turns—acon,
- " " heels do not touch ground—Lathyr.
- " " legs feel as if made of wood or glass—Thuja.
- " " " involuntarily thrown forward—Mere.
- " " legs feel heavy as lead—Med.
- " " lifts feet higher and brings them down hard—helod.

when walking limps involuntarily—Bell.

- „ „ on uneven ground, very difficult—Lil. r,  
 „ „ or standing, suddenly falling to ground—Mag. c.  
 „ „ seems to be walking on air—Dub, Lac. c.  
 „ „ stumbles easily, makes missteps—Agar, ph. ac.  
 „ „ , tendency to fall forward; falls when walking  
 backward—Mang. ac.  
 „ „ trembles all over—Lact. ac.

Gout—debility after attack—Bellis, cyprip.

—of chest—colch.

—worse : Sundown to sun rise, motion, mental exertion;—  
 Better, stooping—colch.

—of eyes—Nux v.

—of hands, feet, little swelling, subacute—led.

—, nerves (neuralgia)—colch, col, sul.

—, throat—colch, merc s.

—metastases to heart—Colch, kal.

— „ to stomach—ant. c, nux v.

—with worse at rest and better while moving about—

—calc. fl, R. T.

—nervous restlessness—Ign.

—subacute—Guaiac, led, puls.

—Uterine disorders—sab

—Itching in bends of jts.—Phos ac.

—Pains with Ulceration of cartilages—Merc. cor.

Ankles—Itching, worse from scratching, warmth of bed—

—Led,

sprains, chronic—Bov, stront. c.

ulcer, itching—Sul.

- Elbows—Numbness—Puls.
- knees—Dislocation of Patella on going upstairs—can. s.  
numbness—carbo v, mell.
- „ extends to scrotum, relieved by sitting—Bar. c.  
pains, boring, relieved by walking—Indigo.
- Popliteal space—Prurigo—Ars.
- Ulceration of cartilage—Merc. d.
- shoulder—scapulae--pains worse singing,—  
—using voice--Stann.
- wrists—gouty deposits—calc c, ruta.
- Neck—Burning—Guaco.  
—emaciation—Natr. m.
- Itching Ant. cr.  
—muscles, cervical, shooting—sul. ac.  
— „ „ twitching—Agar.
- Nape of neck—Tensive numbness—Plat.
- Tumour, fatty (Lipoma) Bar. c.
- Veins, swollen—opium.
- stiff-neck—Acon, Bell, BRY. (Mostly indicated).—  
—climic (females esp.), colch,—  
—Guaiac, LACHNANTH, Lyco, Nux v.
- Rheumatism :—Ascending pains—Arn, LED.  
—descending pains--Cact, KALMIA.  
—Alternates with indigestion—Kalibi,  
— „ „ urticaria—Urtic. ur.  
—Auricular fibrillation following—Dig.  
—or gout without clear indication of a remedy—.....  
—colch (motion aggravates)
- Fever, adynamic--Bry, R. T.  
— „ remittent--Chin. s.

Aggravation; after exertion (movement)—BRY, Gettys—  
—burg water, colch.

—During rest—R. T.

—secretions checked—Abrot.

—skin diseases, acute, after—Dulc.

—urticarial eruption with—Urt.

—crosswise, side to side—lac. c.

—Every other day—Cinch.

—from melting snow—Calc. ph.

Amelioration :—From pressure—Bry, formica.

—from rest—Bry, Gettysburg water.

—from water—cold to feet—led, sec.

—In damp weather—caust.

—In open air—kali m, puls.

—while moving about, exertion—R. T.







- Preceded by coryza—Aral, Naja, Nux v.
- „ „, formication—Cistus, lob. inf.
- „ „, rose cold—sang.
- Recent uncomplicated cases—Hydroc. ac.
- sailors on shore—Brom.
- senile cases—Bar. m. (Boer), ARS, Bar. c, c. v, SENEGA.
- sudden attacks—cupr, Ip.
- warm wet weather—Bell, c. v.
- concomitants—with burning in throat and chest—Aral.
- with cramp, muscular spasm of various parts—cupr. m.
- „ cyanosis—Ars, cupr, samb.
- „ despondency, fear of death—Ars, p̄sor.
- with diarrhoea following—Natr. s.
- „ dysuria, nocturnal—Solid.
- „ every fresh cold—Natr. s.
- „ Gout, rheumatism : Led, sul, Visc. Alb (with-  
-hypotension),
- „ piles—Juncus, nux v.
- „ Hydrothorax—Colch.
- „ Insomnia—Chloral, Telca ar.
- „ cardiac weakness, nausea vertigo, vomiting weak  
stomach, cold knees—Lob inf.
- „ thirst nausea, stitches, burning chest : Kali N.
- „ Palpitation—Ars, cact, Eucal, puls.
- „ urine supersaturated with solids—Nat. nit.
- Aggravation—After sleep—Aral, Grind, LACH, Samb.  
( with baby snuffles )
- mid night—ARS, Aral, SAMB (with snuffles of infant)
- from cold, damp weather—Ars, DUL, NATR. S.

from cold dry, weather—Acon, caust, Hep.

food—K. P., Nux v, Puls (fat esp).

inhaling dust—Ipec, k. c, pothos.

odours—sang.

sitting up—ferr. ac, laur, psor,

talking—Dros, Meph.

In spring—Aral. (In summer—Syph.)

Amelioration—At sea—Brom.

From bending forward, rocking—Kali c.

eructation—Carbo v, Nux v.

lying down, keeping arms spread apart—Psor.

lying on face, protruding tongue—Med.

motion—Ferr. m, Lob. inf.

sitting up, with head bent backward—Hep.

standing up—cann. sat.

stool—Pothos.

talking—Ferr. m.

vomiting—cupr. m.

In damp weather—caust, hep.

In open air—Naphth.

Bronchiectasis—Myos (almost specific), Bac, Tub, Grind,  
K. bi, Natr. ars (Dr. J. K. Mukherjee,  
then Bac).

Bronchitis or pneumonia—with dry teasing cough, thirst  
and chest pain.—Bry.

—with wheezing cough, constant nausea or vomiting—Ipec

—, cough, diarrhoea, vomiting and chest pain—Ant. t.

—with great rattling but nothing comes out—Ant. t.

—In children—when ant. t. failed, although indicated,  
—hep. s. (Allen).

- Bronchitis or pneumonia—with wheezing cough,—  
 —chest pain and diarrhoea—natr. S.  
 --with chest pain esp. rt—Bry.  
 --with chest pain esp. left—Natr. s.  
 —Early stage—F. P, Acon, Bell, Just. Ad.  
 Chest affections; After brain fog—Phos. ac.  
 after operations, for fistulae Berb. v, c. p, sil.  
 „ „ „ Hydrothorax, empyema—Abrot.  
 After Suppressed skin eruptions—Hep.  
 In circumscribed spots, persistent after operation—senega  
 In stone cutters with adynamia—Sil.  
 Inability to lie on left side—Phos, puls.  
 „ „ affected left side.—Phos,  
 „ „ rt. side—merc.  
 Injury followed by P. T. (Pulmonary Tuberculosis)—  
 Millef, ruta.  
 Pains-cutting—BRV, Kalic, Kalin, sul, Zinc, M.  
 —spermatorrhoea or sexual excesses after—Phos. ac.  
 —stitch remaining after pleurisy—Carbo A.  
 Aggravations—from ascending—Ars, sep.  
 —from bending forward sul.  
 — ” cold drinks—Thuja.  
 — ” cold weather—petrol, Phos.  
 — ” damp ” —Ran. b, R. T., spig.  
 —From lying down, at night—Calc, sep.  
 — ” „ on affected side—Nux v, phos, stann.  
 — ” „ „ left „ —Phos.  
 — ” „ „ right „ —Kalic, merc,  
 — From spinal irritation—Agar, Ran. b.

From spermatorrhoea or vital drainage—Phos. ac.

" talking—Alum, hep, stann.

" working—Am m, Lyco, sep.

Amelioration—From bending forward—Asclep. t, Hyos.

From eructation—Bar. c.

" lying down—Psor.

" " on affected side—Bry, puls.

" motion—Ign, puls.

" rapid walking—Lob. infl.

" rest—Bry.

In open air—Anac, puls.

spots on, brown—Sep.

" yellow—Phos.

cough, cause, occurrence, aggravation :—Abd. Irritation—  
—from—sep.

After, anger in children—Anac, ant. t.

" " , vexation, cleaning teeth—Staph.

" diarrhoea—abrot.

" sleep—Brom, lach, spong

after every sleep—Puls.

Air, hot—Kali S.

Arsenical wall paper—Calc c

Ascending—Am. c.

Bathing—Nux M.

chest feeling as if lump in—Abies n.

condiments, vinegar, wine—Alum.

Eczema or itch suppressed—Psor.

constriction in larynx trachea—Ign.

Expiration—Acon, caust, Nux v.

- Injuries—Arn, Millef (bright hemoptysis)  
 Intermittent, suppressed—Eup. perf.  
 liver affection—Am. m.  
 menses or piles suppressed—Millef.  
 mental exertion—Nux v.  
 odors strong : Presence of strangers—Phos  
 Operations for fistulae, after—Berb v. C. P., sil.  
 Periodic recurring in spring, autumn.—cina  
 pertussis after, from least cold—caust, sang.  
 physical exhaustion—squilla, sticta  
 pregnancy—Apoc, Bry, caust, con, K. br, Nux m, vib. op.  
 Reflex—Ambra, apis, phos  
 Recurring, teasing cough of measles—BRY, squilla.  
 Do „ „ „ of Broncho pneumonia—squilla, BRY.  
 Do spasmodic cough after influenza—Sang. c.  
 Do do „ „ whooping cough—sang. c.  
 Do, severe, obstinate cough after measles or Pertussis—  
 —Tub, Ars. iod.  
 sciatica in summer alternating—Staph.  
 standing still during a walk—Astac, Ign.  
 Swallowing, from—Spong  
 sweets—Med, spong, Zinc. m.  
 Tonsils, enlarged—Bar. c, Lach.  
 Touch, pressure—Lach, Rumex (at pit of neck)  
 uvula, relaxed—Bar. c, Hyos, k. ca., merc. I. R,  
 weeping—Arn.  
 Worms—Cina.

Young, p. t. Cases with constant distressing night cough—  
—Dros.

Type—Succussive, in two paroxysms—Merc, puls.

do in three do —cupr. m, stann.

Whooping at night, " minute gun "during day —Coral.

DO later stagas (catarrhal) Ant. t, china, hep, Ip, Puls.

Do coryza—Alum, lyco, natr. c.

Do crying —Arn, Bry, caps, samb.

Do crowing inspiration absent—Ambra.

Do (No medicine clearly indicated) - Spasmocol (wheezal)  
or whoopcomplex (Dr. Rana, chapra).

—Paroxysms follow each other rapidly and violently—Dros.

—Do wake child at 6-7 AM, vomiting of ropy mucus—coccus

—Do with flow of tears—nat. m.

—spasm of glottis—cupr, Meph, mosch.

—sublingual ulcer—Nit. ac.

—Vomiting of solid food after regaining consciousness—  
—cupr. m.

—With rattling chest, Nausea, vomiting etc—Ipec.

—With every cold, severe cough returns —Sang. c.

—do worms or rattling chest—meph.

—do suffocative dry cough —coral.

Whooping (Pertussis, —obstinate—Pertussin 200/1 dose then  
other remedy.

Expectoration :—Type—Acid—carbo. A, nit. ac, puls.

Herby taste—Bor.

soapy—caust.

sweetish—stann

Empty feeling in chest—Phos. ac, stann.

Eruclations—Ambra, caps.

Faintness—sep.

Gaping, alternates with cough—Ant. t.

Grasps genitals—Zinc. m.

Grasps throat—cepa., lod.

Gurgling from throat to stomach—Cina.

Hiccough—Tab.

Left breast, feels cold—Nat. c.

Pain, throat—Bell, Lach, Merc. I. R. sil.

Polyuria - Squilla.

Rubs face with fists—Squilla.

sleepiness, between attacks—Euphorb, lath.

spasm of chest—samb.

Tingling in chest—Acon.

Ameliorations From drinking cold things—caust, cupr. m.,  
phos, Tab.

from drinking warm things—spong.

" eating—Anac, Bism, Ferr, spong.

From expectoration—Zinc. m

Do lying on rt. side—Ant. t.

" " " stomach (abdomen)—Med.

" resolute suppression of cough—Ign.

" resting on hands and feet—Eup perf.

" " with hands on thighs—Niccol.

Do warmth—Bad.

Larynx - Anesthesia—Kali br.

Cancer—Nit. ac, Thuja.

Inflammation, syphilitic, associated with secondary  
symptoms—Merc. cor, Merc. s, Nit. ac.

Motion, up and down, violent—Sul

Polypus - Psor, sang. n, Teucr, Thuja.

Voice—High, piping—Bell.

Hoarseness, capricious—Hep, puls.

- Hoarseness from overheating—Ant. c, Ant. t, Brom.  
 " hysterical—Gels, Ign, plat.  
 " painless—Bell, CALC, C. v.  
 " relieved temporarily by coughing or expectoration—  
 —Stann.  
 " worse at end of cold—Ipec.  
 " " in damp weather—carb. v.  
 " " talking singing, swallowing—Spong,  
 " Menstrual—Gels.  
 Voice, low, monotonous; economical speech—Mang. ac,—  
 — mang. oxy.  
 Lungs—distended feeling—Tereb.  
 Haemorrhage, during menopause—Lach.  
 " haemorrhoidal—Mez, nux v.  
 " in drunkards—Hyos, Led, N. V., op.  
 " " periodical attacks—Kreos.  
 " " puerperal fevers—Ham.  
 " Traumatic—Millef  
 " vicarious—Bry, Ham, Phos.  
 " with valvular disease—cact, lycopus.  
 Inflammation (pneumonia) —Latent—Chel, phos, sul.  
 —Secondary—Ant ars, Ant. t f. p, phos.  
 —senile—Ant. ars, Ant. t., Dig, F. P.  
 —Sycotic—Natr. s.  
 —Tired feeling—Ail, Arum.  
 —Ulcer—Kalicarb (Allen)  
 —Where no medicine is clearly indicated—Just, Ad (early)  
 or Bryon.  
 Tuberculosis; pulmonary (PT)—dyspnoea—C. V, Ip, phos.  
 —Fibroid—Bry, calc. c, sang., sil.  
 —liver disturbance—Chel.  
 —Mechanical injury, after—Millef, Ruta.



- Pain chest—Bry, Kali c, phos, Pixllq (last stage, P.t.—  
—Farrington)
- Pulmonary tuberculosis (PT)—Tub 2c/1 weekly with  
Ars. i. 6—1 tid, and if the case is not improving, I  
always advise here allopathic treatment for the best  
cure.
- Sore mouth—Lach.
- Pleurisy—Chronic—Ars. iod, Hep, Iod, Kali Iod, Squilla,  
— sul.
- Diaphragmatic—Bry, Ran. b, Acon, cact, cupr, Mosch.
- Rheumatic—Arn, Bry, R. T., Rhodo.
- Stitch remaining after pleurisy—Carbo A.
- Tuberculosis—Ars. I, Bry, Hep, Iod, Iodof, Kali c.
- with nephritis—Ars, merc. cor, K. chlor (chronic)
- Dyspnoea, aggravated - during damp, cloudy weather—  
—Nat. s.
- from exposure to cold air - Act. sp, Lob. Infl.
- from foreign bodies—Ant. t., sil.
- from least thing coming near mouth or nose—Lach.
- from lying on left side—Naja, Spig Tab, visc.
- from lying with head low—China, Nitrum (K. N.), spong.
- from Myocardial disease—Sarc. ac.
- from rest—Sil.
- from sinking sensation in abd.—Acet. ac
- from sitting up—C. V., Laur, sep, Psor.
- from sleep—Dig. LACH, Samb, Sep, spong.
- from sitting indoors; relieved by rapid motion—sep.
- from stooping—Calc. c. sil.
- In aged, alcoholics, athletics—Coca.
- In children—Lyco, samb.

In general (Where No medicine is clearly indicated)—*catalpa*

In lower chest—*Lob. Syph., Nux V.*

In warm room—*Am. c., puls, sep.*

Relieved—from bending forward—*Ars, kali c,*

from shoulders backwards—*calc. c.*

from eructation—*Ambra, ant. t.*

from expectoration—*ant. t., Ars, k. bi, zinc. m.*

Do fanning rapidly—*Carbo v.*

— Do—,, slowly and at a distance—*Lach.*

Do Lying down—*Kali bi, Psor.*

Do " on rt side—*Ant. t.*

—do on rt. side, head high—*cact, sig, spong.*

from motion—*Lob. infl, sep.*

do standing up—*cannabis sat.*

do stretching arms apart—*Psor.*

—In open air—*Calc, lach, sul.*

Hoarse, hissing—*Acet. ac.*

Inspiration difficult—*Brom, cact, chel, Iod, Nicot, ox. ac.*

Do free expiration impeded—*Chlorum, med, meph, samb.*

Sawing (respiration)—*Brom, Iod, samb, Spong.*

Wheezing (rattling)—*Ant. t.; Ars, Grind, Hep, Ipec, K. c.,*

*Senega, Spong.*

Great rattling but nothing comes out—*Ant. t., Hep. S.*

( when ant. t. failed )

whistling—*Ars, Ipec, samb.*

## FEVER

Chilliness—with catarrh—Merc. s.

with cough, dry fatiguing—R. T.

with desire to uncover abdomen—Tab.

with evening pains of whatever kind, in warm room—Puls.

with face, head, palms hot—Ferr. m.

with flatulent colic, nausea, vertigo, hot skin, sweat, heat of head—Cocc.

with headache—Conv.

with heat and desire to stretch—Rhust.

with pruritus—Mez.

Worse —after dinner—Mag. Phos.

after drinking—Caps.

after eating A. M.—Puls

from dampness, rain, not better by warmth—Aran.

in morning—Calc. c.

Febile heat—Ascends from pelvic organs—Sep.

In evening; falls asleep during, awakens when it ceases—Calad.

In lower part of back, hip, thighs—Berb. v.

In palms—Cher op. gl.

In soles—canth

In whole body, face red, hot; yet chilly from least motion or uncovering—Nux v.

with chill predominant—Bry.

with colic—ver. s.

with decline towards AM without sweat—Gels.

- With delirium; headache—Agar, bell.  
 „ „ „ & throbbing carotids—Bell.  
 Do dryness, during sleep or on falling asleep; deep, dry,  
 cough—Samb.  
 with dryness, no sweat—Alum, Nux m.  
 with excitement, nervous agitation—Acon, tela ar.  
 with external coldness—Ars, canth.  
 with flatulence, bowel movement—Rad,  
 with headache—Astac.  
 „ „ as from thousand hammers—Natr. m.  
 with hot face, back chilly, feet cold—Puls.  
 „ „ „ cold hands and feet—Stram.  
 „ „ „ cold body as asthenic states—Arn, phyto.  
 „ „ „ unquenchable thirst, taste of bile, nausea,  
 anxiety, restlessness, dry tongue; after anger  
 —Gham.  
 with hunger, for days preceding—Staph.  
 with itching eyes, tearing limbs, numbness of body—  
 —headache—Cedr.  
 with lassitude, in after noon; throbs all over—lil t.  
 with night sweats—Acet. ac, Hep.  
 with palpitation, head sweat precordial anguish—Calc c.  
 with pulsations and distended veins—Puls, Thuja.  
 with red spot on left cheek—Acet. ac.  
 with restlessness, cheeks red, apathy—Iod.  
 Do restless sleep—Calc. c.  
 do suddenness or arterial excitement; anguish, restlessness,  
 tossing about—Acon, or Achyr 6x.  
 (Acon : fears death & Achyr, has wider range even in  
 intermittent & Typhoid fever).  
 with suddenness, arterial excitement, throbbing carotids—  
 —bell.

- with slow, nervous, insidious course; vertigo—Cocc.  
 with smothered feeling, if covered—Arg. n.  
 with spasms—Acetan, bell  
 with stretching of limbs—Rhus. t.  
 with sudden onset; dry, burning skin; rapid, small, wiry—  
 -pulse—Pyr.  
 worse during menses—Calc. c., Thuja.  
 worse covering up—Ign.  
 Do from motion, then chilly—Nux v.  
 Do in morning in head—Kali c.  
 Do on awaking—Laur.  
 Do when sitting, walking in open air—sep.  
 Sweat—Localised, in anterior part of body—selen.  
 do on covered parts—bell.  
 do on extremities, upper right—Formal  
 do on parts in contact with each other—Niccol. S.  
 do on posterior part of body—sep.  
 do on uncovered parts—Thuja.  
 odour, musty, mouldy—Stann.  
 Occurrence—After acute diseases—Psor.  
 at end of fever, or only at beginning of sleep—Ars.  
 During morning, early—Stann.  
 From nervous depression, P. T., convalescence, from acute  
 diseases—Jabor.  
 From nervous shock; sitting quietly—Anac, sep.  
 Type of fever—Cathcter—Acon, camph. ac, petros.  
 Dengue—Eupat. Perf.  
 Dysenteric—Nux v.

- Enteric (Typhoid)—If no remedy is clearly indicated—Bry. (by Mills), Upas (when Bry. failed—Boericke)
- If no remedy is clearly indicated with suddenness & early stage with or without malaria—Achyranth 6 x.
- Concomitants—Carriers, after inoculation with anti-typhoid serum—Bapt.
- Chill and desire to stretch limbs—R. T.
- Constipation—Bry, Hydr, Nux v., op.
- ,, with chill or rigor—Nux V.
- Diarrhoea—Epilob
- ,, involuntary—Arn, ars, Mur. ac, Phos. ac.
- Haemorrhage, bright red with continued high temp—  
    —Millef.
- Laryngeal affections—Apis, Merc. Cor.
- Mixed with malaria—Gels, BRY, Achyr, R. T. Ars  
    ( Prostration, fear of death )
- Myocarditis—Pineal gland ext.
- Putrescent pneumonia—Ars, mur. ac.
- Ulcer, corneal—Apis Ipec.
- Urination, profuse—gels, mur. ac, Phos. ac.
- urination scanty, painful—Apis, ars, canth,
- Where Ars failed or misused—Bapt
- Measles—with adenitis—Kali bi, Merc. I. R,  
    K. M. (No fever)
- with diphtheritic symptoms—Lach, merc. cy.
- Fever—F. P (in beginning), Bry (to clear up cough  
    and eruption, Ant t (great rattling,—  
    Pneumonia).
- Insomnia, cough—Calc. c., coff, K. M.
- Otagia, rheumatism—Puls.
- Cough and chest pain—Squilla (rattling), Bry (dry-cough, helps in eruption).
- Influenza—Influenzin 30/2 —I bid is almost specific.  
    (if no remedy is clearly indicated).

- Any movement aggr, relieved by rest (i. e. lies still—  
—Bryonia.
- debility of—Chin ars, china, Avena, ARS.
- Sudden acute onset, restlessness, feverhigh—Acon, Bell,  
ACHYRANTH.
- Pain remaining—Lycopers.
- With restlessness, chill, Pain whole body etc—RH. T.
- Intermittent fever—Stages, regular, well defined—Chin. s.
- Chill—with cough, dry teasing—Rhus. t. Bry (lies still).
- with heart symptoms, enterrhagia—Cact.
- with jt. Pains—China.
- with sighing—Ign.
- Fever paroxysm :—After noon, glowing heat, in face,  
hands, feet—Azadir.
- Anxiety restlessness, lipothymia, Oppression—Ars.
- Backache—Eup. perf, Natr. m.
- chilliness after heat of face—Calc. c.
- congestion of head, drowsiness, costiveness, rectal and  
vesical tenesmus; chilled from uncovering—Nuxv,
- desire to be covered—Nux v.
- do „ uncovered—Ign, IP.
- face hot, feet cold—China, petrol.
- „ pale, insomnia—Ant. t.
- Hands warm, face cold—Cina.
- Hunger—cina, china.
- Lachrymation—Sabad. [ Loquacity—Podo ]
- Mental confusion—Formal. [pain colicky—cina. ]
- Pain head, back, limbs—Nux v.
- pain vertebrae, dorsal—Chin. S:
- pain, spasms, paralysis—Ars.
- Paroxysms, frequent, transient—carbo v.
- Prostration, fainting, cold sweat—Ver. alb.

—pupils, immobile, pain abd, sopor, tension throughout-  
body—Op.

—Sighing—Ign.

—Tongue clean—Ars, cina.

—Trembling of limbs, slow pulse—China, s, op.

—unconsciousness—Natr. m.

—Sweat, with coldness—Plumb.

—sweat, covering up—china, Hep.

—sweat, with relief of pains—Natr. m.

—with diabetes—Ars, Phloridgin.

Apyrexia—Adynamia, peptic ulcer, sallow face, swellings,  
enlarged liver & spleen, restlessness, insomnia,  
spasms, diarrhoea, albuminuria .. —Ars.

Adynamia, hydremia, chlorosis—China, puls.

Adynamia, Morning headache, depression, costiveness,  
amenorrhoea, enlarged liver, desire for quiet, sallow  
face—Natr. m.

Nervous symptoms—Gels. [ Pains—Led. ]

relapses from dietetic errors—Ipec.

vomiting—Ipec.

vomiting, abdominal griping, pain back and loins—ver. a

Kalazar—Treatment similar to Malaria & Arsenic is  
mostly indicated. [low fevers but very obstinate-  
—Calc. S. 6x|1 tid]

Remittent in children—Ant. c, cina, Gels.

Synochal fever—Acon, Bapt, bell.

Worm fever—Bell, cina, merc. s., sant, sil, spig, stann.

Any type of fever with suddenness, restlessness may be  
covered by—Achyranthes, like F. P., in the beginning.



## SKIN

Acne Rosacea—Ars br, Eug J, Kreos, chrys.

Acne with weakness—Calc. Phos. (C. P.)

Acne where C. P. failed—Calc. s (C. S.)

from abuse of K. I. — Aur. [ from cheese — Nux V ]

from cosmetic—Bov [ Acne or boils—chronic or recurrent—  
—calc Picr. ]

In anemic girls at puberty, Vertex headache, flatulent-dyspepsia, better by eating—Calc. ph.

In fleshy young people, with coarse habits; bluishred, pustules on face, chest, shoulders—Kali br.

In obstinate and tubercular cases—Tub, with symmetrical distribution—Arn.

Dermal (trophic lesion) - Thallium.

Boils repeated —SYPHIL, Merc, Lyco calc. Picrata.

Blisters, small—Ap's, canth. natr. m, R. T, sec

Boils (summer)-ARN, Hep. S. Hypersensitive to cold & touch)

R. T. (itching worse cold), MERC. S. (extremes of temp. aggr.), calc. Picr. (chronic or recurring).

Eczema :—whole body—Crot. t., Rhus t.

—oozing glutinous matter (watery)-GRAPH, K. Bi.

—Pigmentation in circumscribed areas following—Berb v.

— urinary gastric, hepatic disorders—Lyco.

—worse after vaccination—Mez

—Where no medicine is clearly indicated—Hydrocot or Anthrak or chrysar

—worse at menstrual period, menopause—Mang. ac

—worse at seashore, ocean voyage, excess of salt—Natr. m.

—Infantile—Frax. Am [ Dry of children—calc. s ]

wet with weak digestion & constitution—Calc ph.

—like ring—Tellur

—like ring in upper portion of body—Sēpia:

—scaly, dry, black; burning like fire, better after heat—Ars.

—Obstinate with dirty look & fetid secretions of body—Psor.

—obstinate — Bacil, tub.

—to apply locally—Quacabotar ointment ( Hapco ) with above medicines & soap. Rubber, Plastic & Pteriline garments are strictly prohibited here.

Elephantiasis (Filaria)—Hydrocot, R T., Ars, Acon, Rhodo.  
—Scrotal—Sil ( Kent ).

—If no medicine is indicated—Myrist is almost specific.  
Eruptions, better in winter—Kali bi, sars.

—" „ copper coloured—Syphillum.

Erysipelas—Biliary, catarrhal duodenal symptoms—Hydrast.

—Leg, below knee—Sul. [ Repercussion—cupr ac ]

—Swelling marked, burning, itching; stinging—R. T.

—Traumatic : umbilical, of new born—Apis. "

Fibroma—Lyco, calc. ars. [ Neurofibroma—con, calc. c ]

Herpes zoster—Acon (In very early stage), R.H.T. (Itching, burning, amel. by heat ), Apis (amel. by cold), Ars (Burning like fire, amel. by heat).

Herpes —between fingers.—Nit. ac. [Chronic—Alnus].

—circinatus in isolated spots—Sepia. [Syphil. when Sepia-failed]

— " on upper part of body—Sepia

—Do in intersecting rings—Tellur.

—with glandular swelling—Dulc.

—with pimples or pustules surrounding; spread by coalescing—Hep.

Post herpetic neuralgia—MEZ, Morph, Ran-b.

Leprosy—CALO, Hydrocot, comocl, Anac occ. (Anesthetic),

Elaeis (Anesthetic thickskin), Arsenic Alb (irregular anesthetic)—Better to go to leprosy centre.

Leucoderma—If the patch (spot) is small or of recent Origin,

Natr. ars 200'1 dose on alternate days, otherwise Arseni,

csulf flav. or Arsenic A 1m'1 dose, weekly for long period

is most reliable and the best remedy, tested over thousands.

occasionally Cina or SYPHIL, or PSOR or Tub or Nit. ac.

(Syphilitic) may be used as intercurrent remedy.

- Lipoma—BAR. C, calc. ars, calc, Lapisalba, Phyto,  
THUJA, Uric ac.
- Nails—affections of pulp, nails recede, leave raw surface—  
—Sec. c.
- atrophy—Sil.
- hypertrophy ( onychauxis )—Graph.
- inflammation, under toe nails—sabæd.
- injury to matrix—Hyper.
- Irritable feeling under finger nails, better by biting them.—  
—Am. br.
- Itching : about root of—UPas.
- pains : burning under—Sars
- pains, neuralgic, beneath finger nails—berb. v.
- Pain, smarting at roots—sul.
- pain splinter like, beneath toe nails—Fl. ac.
- skin around, pigmented—Naphth.
- Trophic changes—Radium.
- Yellow colour—con.
- whitlow ( felon )—see after urticaria in skin.
- Pruritus, of aged—Bar. ac.
- of chest, upper limbs—Arundo.
- of ears, nose, arms, urethra—sul. iod
- of face, hands, scalp—Clem
- of face, shoulders, chest—K. Br.
- of feet, ankles—led.
- of feet, legs—Bow.
- of jts., abdomen—Pinus syl.
- of orifices—Fluor ac. [ of old age—Fagopyr ] .
- of thighs, bends of knees—zinc. m. ?
- of pregnancy or in general—Ichth' yol.
- without eruption—Dolichos.
- Better from hot water—Rhus v.

Better from rubbing gently—crot. t.

worse from contact—Ran. b.

worse from washing, with cold water—Clem, Tub. -

(Opposite—Fagopyr).

spots—yellow turning green—Con.

Tinea versicolor (chromophytosis) : sepia 200 or 1M/1 dose

is the first remedy to start—

—with and bacil. or tuberc. when sepia failed.

Syphil is indicated where all these medicines failed.

Associated with head boils or abscesses—Mez. 3

In my practice these medicines cure nearly 100%.

Trichophytosis (ring worm) : in isolated spots on upper  
part of body—Sep.

—Intersecting rings over great portion of body, Fever;—  
great constitutional disturbances—Tellur.

—If no medicine is clearly indicated—Chrysarob.

—with itching aggr. by cold damp (wet) weather or Rain  
or pond or river bath—R. T.

—of groins or other parts, oozing glutinous watery-  
fluid—GRAPH.

—Obstinate, always relapsing—Tub.

—Where the best remedies fail—Psor.

Ulcers—Eroding of face—con.

—smooth, pale, shallow on scalp, penis —merc.

—Verrucous, on cheek—Ars.

—from pemphigus, —blisters on toes, ulcerated borders;  
moist, red, flat, surface—Petrol.

—from scarlet fever—cham.

- with base, dry, lardaceous—Phyto,  
with base lardaceous, surrounded with dark halo; dirty,-  
unhealthy look, apt to coalesce - Merc v.  
with edges, eczematous, copper coloured - kali bi.  
with fungous growths—Mur. ac.  
with glazed, shining appearance—Lac. c  
without pain or redness; uneven, jagged base, dirty pus-  
—Phos. ac.  
with pain in small spot, lightning like; worse warmth-  
Fl, ac.  
with stupor, low delirium, prostration—Bapt.  
Urticaria—Nodosa-Bov, urt. ( Tuberosa-anac; Bolet lur ).  
from shellfish roe—Campb.  
from suppressed malaria—Elat,  
from sweat—Apis.  
with catarrh—Cepa, Dulc  
with constipation, fever—Cop.  
with croup, alternating—Ars.  
with oedema—apis, vespa.  
with erosion on toes—sul.  
with itching, burning after scratching; no fever—Dulc,  
with liver disturbance—Astac.  
with petechial disturbance or erysipelatous—Fragar.  
with rheumatic lameness, palpitation, diarrhoea—Bov,  
—Dulc,  
with rheumatism, alternating—Urt.



Scabies :—Aconite : In the very beginning.

Hep. S.—if suppurated & hypersensitive to cold & touch.

Sulphur : Itching intense, pleasant, burning relieved by cold air, dislikes bath, craves sweets, religious melancholia, selfish etc

R. T.—Itching intense, relieved by heat and worse by cold with restlessness etc

Merc. sol.—if worse at bed time & ptyalism.

Echin. or Anthrak—When no medicine is clearly indicated. Along with these I prescribe Lavender oil to apply externally

after Margo soap bath & I get about cent per cent cure.

Warts (Verruca)—Bleed easily—Cinnab.

Bleed easily, Jagged, large—Caust, Nit. ac.

Cracked, ragged with furfuraceous areola—Lyc.

Flat, Smooth, sore—Ruta.

Horny, Broad—R. T [Large, scaly—Thuja]

Large, smooth, fleshy on back of hands—Dulc.

Lupoid—Ferr. Pier

Moist, itching, flat, broad—Thuja.

Moist, oozing—Nit. ac.

Painful, hard, stiff, shining—Sil.

Situated on breast—Castor Equi.

Situated on fore head—Castor Equi.

Situated on neck, arms, hands, soft, smooth—Ant. cr.

Situated on nose, finger tips, eye brows—Caust.

Small all over body—Caust.

Sycotic, syphilitic—Nit. ac.

Warts - On thighs - Medo.

confinement, following, small - Calc. c.

Imagines warts upon the body - Mez.

Internal - caust.

About anus - Aur, Thuja., Nit. ac.

Left forearm - Sulph.

bend of elbow - Calc. c.

hand or wrist (left) - Ferr. Magn.

Back - Nat. c.

Buttocks, small, scattered, flat, grayish-brown -  
- con.

Chin - Lyco, THUJA.

conjunctiva - Thuja.

Cornea, warty in appearance - Sil.

Ears, behind - Calc. c, Thuja.

wartlike growths - Calc. c.

Eye balls, sensation as though was studded with -  
- Euphr.

Eyelids : right - Lower - Nit. ac.

Eyes, under - Sulp. [Upon soles - Sep]

Face - calc, CAUST, DUL, K. ca, Nit. ac, Sep, Thuja

Index finger - Caust (rt.), Lyco (left), Thuja.

Finger, back of - Lach. [Ring finger - Natr. S.]

Joints, around - Sars, Close to the nails - Caust.

Rudimentary - Berb. [Left hand - Psor.]

Forehead - Nit. ac, castor eq. (Boer.)

Hand - right - Ars. [Ball of the hand - Berb.]

Inside of, - Ruta.

Iris - Thuja.

Lips - caust, K. S, NIT. AC, Thuja.

Lips, upper, smart & bleed on washing - Nit. ac.



- Drawing pain in an old wart—Con.  
Neck, right, filled with blood—Thuja.  
Sternum—Nit. ac.  
Toes upon—Splg.  
Bleeding—Breaking open—Calc. c.  
Brittle—Ant cr.  
Cauliflower, like : on outer side of terminal phalanx of rt.  
thumb—Ran. Bulb.  
colour, almost the colour of the skin—Calc. c.  
size of a bean—Calc. c. (Angry looking - Ars.)  
circles around with—Caust. [streaks with—Bell.]  
Hollow become—Calc. c.  
Horny or hard—Upper surface—Calc. c.  
Incipient or recent—Natr. c  
Inflamed as if ulceration would set in—Hep. s.  
Inveterate or old : Grow larger—Con.  
Surrounded by a hepatic areols with bran-like  
desquamation—Lyc.  
Malignant—Ars.  
Moisture, exuding—A fetid humor—Nit. ac.  
Small, all over the body—Caust.  
with Pin-heads; like button mushrooms, on various parts  
of body and thighs—Medo.  
Recent or incipient—Nat. c.  
Rough, upper surface whitish and horny—Calc. c.  
Round—calc. c. [Rudimentary (Stunted) On fingers—Berb.]  
Scrofulous—Aur.  
Soft, at the base, almost colour of skin; upper surface hard,  
rough, whitish & horny—Calc. c.

with thin epidermis, and moist—Nit. ac.

to touch like lipoma and pointed, on neck—Thuja.

Suppurating, then healing—calc c.

A wart developing a red point, suppurated & disappeared

—Bovista.

sensation as if they would suppurate, in evening In bed—

Petrol.

Sycotic; old, dry; after mercury for gouty pains--Sarsa.

Ulcers, having the shape of warts—Ars, [ Originating in-

warts—Thuja.

Turning into warts - Calc. c.

Painful, better on appearance of menses—Thuja.

Preventing rest at night—Ars.

Like a boil—calc. c. [ cutting -Natr m ]

drawing, in an old wart, upper lip—con.

Tearing—Amon c. [ warts-upon or about, clitoris—Thuja ]

Eye brows upon or about—Thuja.

Frenulum (Fracnum), upon or about—Cinnab.

upon or about, oozing, especially during new moon—Thuja.

mouth, upon or about (inner)—Phos. ac.

mouth, around—cond, Psor.

Neck upon or about—Nit. ac.

Penis—Corona : glands, upon, after chancre—kali m.

—around—Aur.

—upon and behind—Staph.

Surrounding—Sep.

—Prepuce, edge of, itching and burning—Psor.

Tongue upon—Aur. mur.

Uterus upon—Lach. [Vulva upon—Merc. d ]  
 warts—Bulbous—Alum. [Charcre after—K. iod.]  
 Filiform—Staph. [Discharging, greenish—Natr. s.]  
 Discharging, smelling like fish brine—Sanic.

Yellow fluid—Medo.

Moon, worse with the increase of the—Thuja.  
 Old, long standing, in cachectic subjects—K. Iod.  
 Strawberry-like—Medo. [Tubular—Thuja ]  
 Ulcers elevated, which have the appearance as if wart,  
 would grow out of them—Cinnab.  
 White—Lyc. [ Itching esp. when walking—Euphr ]  
 about the jts.—cinnab.

Painful even when free from contact—Sabina

Painless—Lyc. (esp. from rt. to left side)

Pain in bones or bone pains, with—Phos. ac.

Stinging—Thuja. [ Stitches in—Euphr. ]

Especially when walking—Euphr.

Warts—When no medicine is clearly indicated—Thuja  
 or calcarea calcinata (Specific).

Promotes expulsion of foreign bodies (fish bones,  
 splinters, needles)—Anag. Hep. s, SILIC.

Alopecia—Ars, Fluor. ac, Alum, NATR. M, Ac. ph, Syphil,  
 Phos, Pix. l, Selen, Sep, Tub (if indicated medicines fail  
 in Tubercular cases), GRAPH.

—If no medicine is clearly indicated—Phos.

Along with these, Arnica Hair oil, to apply after **Margo**  
 or green soap bath.

## Generalities

- Abscess : Muscle deep—Calc. c (Psoas—Sil, Symph.)  
 Abscesses—Bell, Hep. S, Sil, Myrist (where Silicea not indicated & Hep. S. failed).  
 Acromegaly—Pituitry extr; Thy. [ Angioma—Abrot ].  
 Alcoholism—Avena, caps Nux. [ Ankylostomiasis—Card ]  
 Anemia—from suboxidation—Picr. ac. [From syphilis—calotrop.]  
 —From vital drainage, exhausting diseases—China then Ac. ph. then Natr. m.  
 —In general—F P, C. P., Chin, Ars.  
 —Erythistic type, worse in winter—Ferr. met.  
 Asphyxia neonatorum—Ant. t, Laur.  
 Blood purifier—Aq. Marina, ech.  
 Bones—Cold feeling—Zinc. met.  
 —Enlargements (acromegaly)—Pituit ext, Thy.  
 —Fractures, Shock—Acon, Arn.  
 Necrosis—Femur—Stront. c  
 —Mastoid, palatine, cranial, nasal—Aur. m.  
 —Nasal—Aur. m., Kali bi.  
 —Skull—Fl. ac.  
 —Sternum—Con.  
 —Tarsus—Plat. mur.  
 —Tuberculosis—SIL, c. p (weakness with), C. s, C. f. etc.  
 —Vertebrae inferior maxilla—Phos.  
 Pain—Drawing, pressing, sensitiveness—Nit. ac.  
 —in coccyx—Castor eq. [—in face, feet—Aur. m. ]  
 Paralysis :—Gradually appearing—CAUST.  
 Intermittent fever, after—NATR. M.  
 Painlessness of complaints usually painful—Hell, OP.,  
 —STRAM.  
 Pain—vertebrae—Agar. [—Influenza—Eup, Perf.]

- Localised in spots, worse from weather changes—Rhodo.
- Pricking—Arn, symph
- Sore, bruised, worse from cold, wandering—K bi.
- throbbing, jerking, darting, drawing, hypersensitiveness  
—Asaf.

Spinal—wounds—Ruta, symph. .

Cancer—Ast. R, Ars, con, carbo A, SEDUM-R.

Cancer—Bowel, lower—Ruta. [—of liver—Cholest]

—of breast—Ast. R. [—of caecum—Ornithog.]

—of glandular structure—Hoang. nan. (-of omentum—  
—Lob er.)

—of vagina—Kreos (Kent) [Open, bleeding—Cistus]

—to relieve pains—Euphorb, or Aconite Rad lx.

—To relieve pains—Lupulin lx externally.

Cartilages—Ulceration—Merc. cor.

Complaints—Abuse of aconite—sul.

Abuse of bell—Hyos, op.

Abuse of cantharis—Ap's, camph.

Abuse of chloral—Can. I.

Abuse of Chlorate of potash—Hydr.

Abuse of cod liver oil—Hep.

Abuse of (Colchicum)—Led.

Abuse of condiments—Nux v

Abuse of Morphia (Morphinism)—Avena s, Passiflora,

Abuse of silver nitrate—Nat. m.

Abuse of Tar, locally—Bov.

Abuse of Turpentine—Nux m.

Complaints appear—from above downwards—Cact,  
KALMIA,

—from below, upwards—Led.

—From working, in clay, cold water—Calc. c, Mag. phos.

—From right to left—Lyco.

- Improve, then relapse continually - Sul, Psor (chronic )
- with painlessness - Op, stram.
- Cicatrices — Itch - Fl. ac [-Pain during change of weather—Nit. ac.]
- turn green-led. [Turn red or blue - Sul. ac.]
- Diphtheria — Diphtherin, followed by Phytolacca & to drink pine apple juice (it is the best and refreshing diet, it also cuts off the membrane) — See throat (Page 55).
- Dropsy — from abuse of quinine - Apoc.
- from eruption suppressed, sweat, rheumatism. — Dulc.
- from menstrual disorder at Puberty, or menopause - Puls.
- from remittent fever — Helleb.
- With diarrhoea — acet. ac. [-with soreness in uterine region — Conv.]
- with suppressed urine, fever, debility — Helleb.
- without thirst — Apis, Helleb.
- with excessive thirst — Apoc.
- extremity, left — Cact.
- Glands — Atrophy — Iod.
- Tubercular ( Scrofula ) — Tub 200, 1 dose weekly followed by Ars. I. or calc. I. 6/1 — tid.
- Parotitis (Mumps) gangrenous — Anthrac.
- Parotitis, persistent — where no medicine is clearly indicated — Merc, calc. iod (child), cistus.
- Parotitis, persistent — con. or parotidinum, then R T. (left) & Phyto (rt).
- Goitre — Iod 6x (Almost specific). [ -of puberty or—pregnancy — Hydr.]

—with stony hardness—Calc fl

—malignant—con [Left esp.—Thuja; right—Lyc.]

Haemorrhage (bleeding)—Chronic effects—Strout c.

—with face intensely red, preceding—Meli.

—with putrescence; tingling in limbs; debility—sec.

—without fever or pain—Millef.

—non-coagulable; intermittent—Phos.

—with no mental anxiety—Ham.

Injury (traumatism) in general—Arnica M, Bellis (when

Arnica failed)

of chest causing PT—Ruta, millef (with bright hemoptysis

—or bleeding.)

of bones—Ruta, symph, calc. fl. (esp. pains after fracture.)

of nerves—Hypericum.

of eyes—Symphyt.

of eyes, after operation—Calendula.

of head causing mental diseases—Natr. s.

Bruises of breast—Bellis, con.

Bruises of parts, rich in sentient nerves (as finger tips)—

—Hyper, Bellis.

Burns, fail to heal, or ill effects.—Carb. ac, caust.

wounds; involving muscles, tendons, joints—Calend.

wounds with burning, cutting, shooting—Natr. c.

Marasmus—Atrophy of face, hands, legs, feet, single part—

—Selen,

atrophy from above downwards—Lyc, Natr. M. (neck esp)

atrophy from below upwards—Abrot.

(Tubercular—Tub, Ars. I). [ when no medicine is clearly

indicated—Calc, c.]

Mutism of childhood—Agraph.

Polycythemia—Phos.

Prophylaxis (preventive)—Catheter fever—Camph. ac.

—Cholera—Cupr. ars. 6.

—Erysipelas—Graph. 30

—Hydrophobia—Hydropho-  
—binum.

—Measles—Morbillinum.

—Influenza—Influenzin [-Pus infection—arn.]

—Quinsy—Bar. c [-scarlet fever—Bell.]

—Tetanus physos. [Variola—Malandrin 2c or 1m/1]

—whooping cough—Dros. or vaccin.

—Typhoid—Typhoidinum 200/1 dose only

Polio—LATH. (if no medicine is clearly indicated),

Plumb. iod, BUNGARUS KRAIT, Acon, R. T, Calc. c,

K. P, Gels, caust, Plumb. m., Lyco.

Tumours—Erectile—Lyco, puls.

—Naevus on rt. temple, flat, in children—Fl. ac.

—Neuroma—Calend, cepa. [-Nodulated of tongue—Galium  
ap.]

—Renula—Thuja. [-of urinary passages—Analin.]

—Vascular in urethra—Eucal. [-Indurated—arn, sil.]

—of brain—Merc. aurat, plumb. met.

Headache, severe, any remedy not clearly indicated—Glon.

“ or vertigo or both due to high blood pressure—  
—Glon.

Any trouble with sleep knee-chest position—Medo.

Parotitis (mumps) with sudden high fever, cold lower legs  
or throbbing carotids—Bell.

—Diphtheria—Apis 30, Diph-  
th. 30.  
—Hay fever—Ars, Psor.  
—Intermittent fever—Ars,  
chin. s.  
—Mumps—Parotidinum.



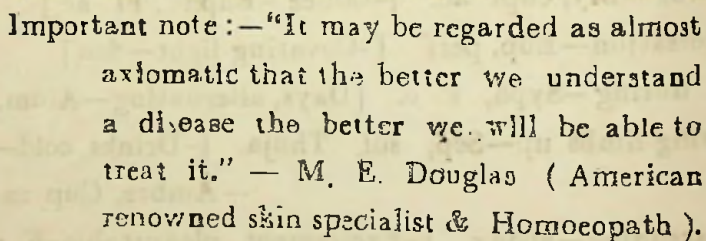
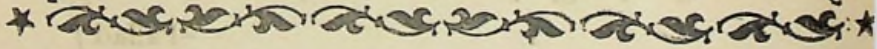
- Mumps : if no medicine is clearly indicated—Merc. s.  
Mumps (parotitis) esp. left—R. T. [esp. rt.—Phyto]  
Mumps malignant—con, cist, Parotidin.  
(see glands—Parotitis or mumps in Generalities)  
Blood purifier—Aqua marina, Echin.  
Tetanus—Cic. v., Mag. Ph, PHYSOS, Passiflora.  
Bites of Snakes, Insects Scorpions, wasp & bees etc 'Ramban'  
(Research of the author)—4 drops in a little water; at 5'-  
minutes interval (Adult dose) till cure.  
Note—It may be rubbed externally too on the spot and to  
stop when relieved.  
Sun Stroke—GLON, Bell, Bry, Natr. mur.  
Fat, fair, flabby, fearful & sweaty constitution—Calc. carb.  
(In any chronic trouble)

## Modalities

- Aggravation—Arms moved backward—Sanic.  
Autumn; warm days, cold, damp nights—Merc. v.  
Bending double—Dios [Breakfast, before—Croc]  
Celibacy—con. [Day light to sunset—Medo.]  
drinking during—Bell. [Eyes, opening of—Tab]  
Fasting—Croc, Iod. [-Feet hanging down—Puls.]  
Fish—Natr. ars, urt. [High altitudes—Coca.]  
Laundry work—Sep. [Left side, then rt. side—Lac. c, Lach].  
Lower half of body—Bac. t. [Lying, with head low—Ars.]  
Medicines patent, aromatics, Bitter vegetable pills—Nux v.



- Ice, holding in mouth—Coff. [Inland, mountains—Syph.]
- Lemonade—Cycl. [-Light—Stram.]
- Limb hanging down—Con. [-Magnetised—Phos]
- Mid night, until noon—Puls. [-Mouth, covered—Rumex]
- Music—Tar. h. [-Night—Cupr. ac]
- [-Position, hands & feet—Eup. perf.]
- sea, at—Brom. [-Seashore, at—Med.]
- Shaving, after—Brom. [-Sipping water—Kali n.]
- stooping—Colch. [-Storm, after—Rhod.]
- Taking hold of anything—Anac.
- Thinking of symptoms—Camph, Helleb.
- Vomiting—Helianth.
- water, hot—Spig.
- Wine—Coca.
- Winter, during—Ilex.

★  ★  
 Important note :—“It may be regarded as almost  
 axiomatic that the better we understand  
 a disease the better we will be able to  
 treat it.” — M. E. Douglas ( American  
 renowned skin specialist & Homoeopath ).  
 ★  ★

## Relationship of drugs with duration

Remedy	Complements	Inimical	Antidotes	Duration
Ac. Ac.	China	Bor, caust, Nux, Ran. b, Sarsa	Acon, Natr. m. Nux, Sepia, Tabac.	days 14—20
Ac. Fl.	Sil, coca	—	Sil.	30
Ac. lact.	—	Coff.	Bryonia	—
Ac. mur.	—	—	Bryonia, Camph.	35
Ac. nit.	Ars, Calad	Lach, after calc.	Acon, calc, Hep, Con, Merc, Mez, Sul.	40—60
Ac. Phos.	—	—	Camph, Coff, Staph.	40
Ac. Sul.	Puls	—	Puls	30—40
Acon.	Arn, Coff, Sulph.	—	Ac. Ac, Bell, Berb, Coff, Nux, Paris, Sul, Vinum.	
Aesc. H.	—	—	Nux	30
Aeth. Cy.	Calc.	—	Vegetable acids	20—30
Agar	—	—	Calc, Puls, Rhus, Vinum.	40
Agnus	—	—	Camph, Nux	8—14
All. cepa.	Phos, Puls, Sarsa, Thuj.	All. s., Aloe, a Squilla.	Arn, Cham, Nux, Thuja, Ver.	1d
All. S.	Ars	Aloe, All. cepa, Squilla.	Lycy	—
Aloe	Sulph	All. S.	Camph, Lycy, Nux, Sulph.	30—40
Alum	Bry, Ferr.	—	Bry, camph, cham, Ip.	40—60
Alumen	—	—	Cham, Nux, Ip, Sulph.	Long acting.
Ambra	—	—	Camph, Coff, Nux, Puls, Staph.	40
Am. c.	—	Lach	Arn, Camph, Hep.	40
Am. m.	—	—	Coff, Hep, Nux	20—30
Anac.	—	—	Clem, Crot. t., Coff, R. T., Ran. b., Juglan.	30—40

Remedy	Complements	Inimical	Antidotes	Duration
Angust.	—	—	Coff.	20—30
Ant. cr.	Squilla	—	Calc, Hep, Merc.	40
Ant. t.	Ipec, Bar. c.	—	Asaf, China, Cocc, ip, Laur, Op, Puls, R. T., Sep.	20—30
Apis M.	Natr. m.	R. T.	Ac. carb, Ac. Lact, Canth, ip, Lach, Led, Natr. m, Plant.	
Arg. m.	—	—	Merc, Puls	30
Arg. n.	—	—	Ars, Calc, Lyco, Natr. m, Merc, Puls, Phos, R. T., Sep, Sil, Sulph.	30
Arnica	Acon, Ip, Ver, Hyper, R. T.	—	Acon, Ars, Camph China, Igo, Ip.	6-10
Arsenic A.	All. S, C. V, Natr S, Phos, Pyrog, Thuja.	—	Chin. S, Camph, Car. ac, China, Euph, Fer., Graph, Hep, Iod, Ip, KBi, Merc, Nux, Nux M, Op, Samb, Sul, Tab, Ver.	60 to 90
Ar. tr.	—	Calad.	Ac. Ac, Ac. lact, Bell, Puls.	1-2
Asaf	—	—	Caust, Camph, China, Merc, Puls, Valer.	20-40
Asar	—	—	Ac. Acet, Camph.	8-14
Asclep-t.	—	—		40 to 60
Aster. R.	—	Coff, Nux.	Plumb, Zinc.	—
Aur. M. N.	—	Coff.	—	—
Aur.	—	—	Bell, China, Cocc, Coff, Cup, Merc, Puls, Sol-n, Spig.	50 to 60
Badiaga	Iod., Merc, Sul.	—	—	—
Baptisia	—	—	—	6 to 8
Barytac.	Dul	after calc.	Ant. t., Bell, Camph, Dul, Zinc.	40
Bell.	Calc.	Ac. Ac, Dul.	Acon, Camph, Coff, Hep, Hyos, Merc, Op, Puls, Sabad, Vinum.	1-7

Remedy	Complements	Toimical	Antidotes	Duration
Berb	—	—	Camph, Bell.	20—30
Bism	—	—	Coff, Calc, Caps, Nux.	20—50
Borax	—	Ac. Ac, Vinum.	Cham, Coff.	30
Bovista	—	Coff.	Camph.	7-14
Brom.	—	—	Am. C, Camph, Mag. c, op.	20-30
Bryonia	Alum, R.T.	—	Ac. m, Acon, Alum, Camph, Cham, Chel, Clem, Coff, Ign, Nux, Puls, R. T, Senega.	7-21
Cactus	—	—	Acon, Camph, China.	7-10
Cadmium	—	—	—	—
Calad.	Ac. ni.	Ar. tr.	Camph, Caps, C. V., Ign, Hyos, Merc.	30-40
Calc. ars	—	—	CV., Glon, Puls.	—
Calc. C.	Bell, R.T.	Ac. nit, Bar.	Ac. nit, Bry, Camph, China, c. and Sulph Ip, N. Sp. D, Nux, Sep do not follow; Sulph. after K. bi.	60d.
Calc. fl.	—	—	—	—
Calc. ph. (c. p.)	Ruta, Sul, Zinc.	—	—	60 d.
Calend	Hep	camph	Arnica	—
Camphor	Canth	After, Kali- Nit.	Canth, Dul, N. S.D, op, Phos. Camph, Merc.	1d. 1-10
Can. s.	—	—	—	—
Canth	Camph.	Coff.	Acon, Apis, camph, K.N, Laur, Puls, Rheum.	30-40
Caps	—	—	Ac. Sul, calad, camph, china, cina.	7
Carbo A.	C. P.	C. V. ?	Ars, camph, Nux, Vinum.	60
Carbo V.	Dros, K.c, Phos.	Carbo A.? Kreos.	Ars, camph, coff, Lach, N.S.D.	60
Caulo	—	coff.	—	—
Caust	Petrosel, colo, c. v.	Ac. Ac., Phos.	Asaf, colo, Dul, Guaia, Nux	50
Cham	Bell, Mag. C.	Zinc.	Alum, Acon, Borax, camph. china, cocc, coff, colo, con, Ign, Nux, Puls, Valer.	20-30

Remedy	Complements	Inimical	Antidotes	Duration
Chelid.	Bry, Lyco (Boer)	—	Acon, cham, coff, Acids, Vinum.	7-14
China	Ferr.	After Dig, Selen.	Aran, Arn, Apis, Ars, Asaf, Bell, Bry, C.V, carbo A, calc, caps, caust, cedron, cina. Eupat, Fer, Ip, Lach, Led, Lyco, Meny, Merc, Nat. c, Nat. m, Nux, Puls, R. T, Sep, Sul, Ver.	14-21
Cicuta	—	—	Arn, coff, op, Tabac.	35-4
Cimic	—	—	Acon, Bapt.	8-12
Cina	—	—	Arn, camph, china, caps, Pip-n.	14-20
Cistus	—	Coff.	Sepia, R. T.	—
Clem	—	—	Bry, camph, cham, Anac, crot. t, R. T, Ran. b.	14-20
Cobalt	—	—	—	—
Coccul	—	coff.	Camph, cham, cupr, Ign, Nux.	30
Coff	Acon.	Ganth, caust, coccul, Ign.	Ac. Ac, Acon, cham, china, Grat, Merc, Nux, Puls, Sul.	1-7
Colch	—	—	Bell, camph, cocc, Led, Nux, Puls, Spig.	14-20
Collins	—	—	Nux.	30
Colo	—	—	Camph, caust, cham, coff,op, Staph.	1-7
Con	Bar. m.	—	Ac. nit, coff, Dul, N. S. D.	30-50
Cor. r.	—	—	Merc, calc.	—
Crocus	—	—	Acon, Bell, Op.	8d.
Crot. H.	—	—	Lach.,	30
Crot. t.	—	—	Anac, Ant. t, clem, R. T, Ran. b.	30
Cupr.	Calc.	—	Bell, camph, cic, china, cocc, con, Dul, Hep, Ip, Merc, Nux, Puls, Verat.	40-50

Remedy	Complements	Inimical	Antidotes	Duration
Cycl	—	—	Camph, coff, Puls.	14-20
Digit	—	Nit. sp. D, china.	Ac. nit, Apis, camph, calc, colch, Nux, op.	40-50
Dios	—	—	—	1-7
Dros	Nux	—	Camph,	20-30
Dulc	Bar. C, Calc, K. S, Sulph.	Ac. Ac, Bell, Lach.	Camph, Cupr, Ip, K. C, Merc.	30
Eup. Perf.	—	—	—	1-7
Euphorb.	—	—	Ac. Ac., Camph,	50
Euphrasia	—	—	Caust, Camph, Puls.	7d.
Ferr. Met.	[Alum, China] Ham.	Acet. ac.	Ars, Arn, Bell, China, Hep, Ip, Puls, Sul, Ver.	50
Gamb	—	—	Camph, Coff, Colo, K.C. Op.	1-7
Gels	—	—	Atrop, china, coff, Dig.	30
Glon	—	—	Acon, camph, coff, Nux.	1d.
Graph	Ars, Cau <sup>s</sup> , Fer,— Hep, Lyco, [Rub, Arg. n. (Boer)].	—	Acon, Ars, Nux	40-50
Guaiac	—	—	Nux	40
Ham	Fer.	—	—	1-7
Helleb	—	—	Camph, China.	20-30
Hyper	—	—	Ars, Cham, Sul.	1-7
H p	Calend	—	Ac. Ac, Ars, Bell, Cham, Sil.	40-50
Hyos	—	—	Ac. Ac, Ac. Citr, Bell China, Camph (Boer), Stram.	6-14
Ign.	Natr. m.	Coff, Nux, Tabac,	Ac. Ac, Arn, Cocc, Cham, Puls.	9d.
Iod	Bad, Lyco	—	Ant.t, Apis, Ars, Acon, Bell, Camph, China, Chin. S, Coff, Fer, Graph, Grat, Hep, Op, Phos, Spong, Sul, Thuja.	30-40



Remedy	Complements	Inimical	Antidotes	Duration
Ipec	Ant. t. Arn, Cupr.	—	Arn, Ars, China, Nux, Tabac.	7-10
K. Bi	Ars	does not follow Calc.	Ars, Lach, Puls.	30
K. Br.	—	—	* CamPh, helon, Nux, Zinc.	—
K. Carb	Carbov, Nux—	—	Camph, Coff, N. S. D. Dulc.	40-50
K. iod	—	—	Am. m, Ars, China Merc, R. T, Sul, Valer.	20-30
K. Nit.	—	Camphor does- not follow.	N. S. D.	30-40
K. Sul.	—	—	—	—
Kalmia	Ac. Benz.	—	Acon, Bell, Spig.	7-14
Kreos	—	After C. V.	Acon, Nux.	15-20
Lach.	Ac. nit, Hep, Lyco.	Ac. Ac, Ac. Nit, Dulc, Am. c, Psor. Ac. Carb,	Ac. nit, Ac. Ph, Alum, Ars, Bell, Calc, Cham, Cocc, C. V, Coff, Hep, Led, Merc, Nux, Op.	30-40
Laur.	—	—	Camph, Coff, ip, op, Nux M.	4-8
Ledum	—	China	Camph.	30
Lil. t.	—	—	Helon, Nux, Puls, Plat.	14-20
Lyco.	Iod, Lach, Puls.	After Sulph. except cycle : Sul-Calc-Lyco- Sul; Coff.	Acon, Camph, Caust, Cham, Graph, Puls.	40-50
Mag. C.	Cham.	—	Ars, Cham, Merc, Nux, Puls, Rheum.	40-50
Mag. m.	—	—	Ars, Camph, Cham, Nux.	40-50
Manc.	—	—	—	30-40
Mangan.	—	—	Coff, Camph.	40

Remedy	Complements	Inimical	Antidotes	Duration
Medo.	—	—	Ipec.	—
Menyanth.	—	—	Camph.	14-20
Meph.	—	—	—	1d.
Merc.	Bad.	Ac. Ac, Sil. disagrees before or after but antidotes the crude, Mercury.	Ac. nit, Ars, Aur, Aran, Asaf, Bell, Bry, calad, cv, calc, china, clem, con, cupr, cor-r, Dphn, Dul, fer, Guaiac, Hep, Iod, K. bi, K. chlor, K. iod, Lach, Mez, NuxM, op, Phyto, Podo, Ruta, Sarsa, Sul, Stram, Staph, Sep, Still, Spig, Valer.	30-60
Mezer.	Merc.	—	Acon, Bry, Calc, K. iod, Merc, Nux, Acids.	30-60
Millef	—	Coff	Arum. m.	1-3
Mosch	—	—	Camp, Coff.	1d.
Nat. C.	—	—	Camph, Nit. S. D.	30
Natr. m.	Apis, Igo, Sep.	—	Ars, Phos, N.S.D., Sep, Nux.	40-50
Natr. S.	Ars, Thuja.	—	—	30-40
Nux M.	—	—	Camph, Gels, Laur, Nux, Op, Valer, Zinc.	60
Nux V.	Sul, K. C, Sep.	Ac. Ac, Ign, Zinc.	Acon, Ars, Bell, Camph, Cham, Cocc, Coff, Euphm, Op, Puls, Thuja.	1-7
Oleand.	—	—	Camph, Sul.	20-30
Opium	—	—	Ac. Ac, Ac. m, Bell, Cham, Cic, Coff, Cupr, Geis, Ip, Merc, Nux, Puls, Ver, Zinc.	7
Paris	—	F. Ph.	Coff.	2-4
Pallad.	Plat.	—	China, Bell, Glon.	—
Petrol	—	—	Cocc, Nux.	40-50

Remedy	Complements	Inimical	Antidotes	Duration
Phos.	Ars, Cepa, c. v.	Caust.	Coff, Calc, Mez, Nux, Sep, Tereb.	40
Plat.	—	—	Bell, Nit. Sp.D, Puls.	35-40
Plumb.	—	—	Ac. S, Alum, Alumen Ant. cr, Ars, Bell, Cocc, Caust, Hep, Hyos, K. br, Kreos, Nux M, Nux, Op, Petrol, Plat, Stram, Zinc.	20-30
Podo	Sul	—	Ac. lact, Colo, Lept, Nux.	30
Psor.	Sul, Tub.	Sep ?, Lach (Farrington)	Coff.	30-40
Puls.	Ac. S, Lyco, All. c, Sil, K.S, Stann, K.M, Tub.	Sep (Boer.)	Asaf, Coff, Cham, Ign, Nux, Stann'	40
Ran. b.	—	Ac.Ac, Staph, Sul, Vinum.	Anac, Clem, Bry Camph, Croc. t., Puls, R. T.	30-40
Ran. sc.	—	—	Camph.	30-40
Rheum	Magn. c.	—	Camph, Cham, Colo, Merc, Nux, Puls.	2-3
Rhodo	—	—	Bry, Camph, Clem, R. T.	35-40
R. T.	Bry, Calc.	Apis disag- rees; Phos follows well.	Anac, Acon, Am. c, Bell, Bry, Camph, Coff, Clem, Croc. t, Graph, Guaiac, Grind, Lach, Ran. b, Sep, Sul.	1-7
Ruta	Calc. ph.	—	Camph.	30
Rumex	—	—	Bell, Camph, Con, Hyos, Lach, Phos.	—
Sabad	Sepia	—	Con, Puls.	20-30
Sabina	Thuja.	—	Puls	20-30
Samb.	—	—	Ars, Camph.	Id.
Sarsa	All. c, Merc, Sep.	Ac. Ac.	Bell, Merc, Sepia.	35
Secale	—	—	Camph, Op.	20-30
Selen	—	China, Vinum.	Ign, Puls	40

Remedy	Complements	Inimical	Antidotes	Duration
Senega	—	—	Arn, Bell, Bry, Camph.	30d
Sepia	Nux, Natr.m, Sabad.	Bry, Lach, Puls (Boer). °	Acon, Ant. cr., Ant. t, Sul, Nit. Sp. D, Vegetable acids.	40-50
Silicea	Ac. fl, Calc, Puls, Thuja, Sanicula.	Merc.	Ac. fl, Camph, Hep.	40-60
Spig.	—	—	Aur, Camph, Cocc, Puls.	20-30
Stroant. c.	—	—	Camph.	40
Spong.	—	—	Camph.	20-30
Squilla.	—	All. s.	Camph.	14-20
Stann.	Puls	—	Puls	35
Staph	Caust, Colo.	Ran. b.	Ambra, Camph.	20-30
Stram.	—	Coff.	Ac. Ac, Bell, Hyos, Nux, Op, Puls, Tabac.	—
Sulph.	Aco, Ars, Aloc, Bad, Nux, Psor.	Ran. b, Lyco precedes but does not follow sulph.	Acon, Camph, Ars, Cham, Calc, China, Con, Caust, Nux, Merc, Puls, R. T, Sepia, Silicea.	40-60
Tabac	—	—	Ac. Ac, Ars, Clem, Cocc, Ign, Ip, Lyco, Phos, Nux, Puls, Sep, Ver, Staph.	—
Tarax	—	—	Camph.	14-21
Tellur	—	—	Nux.	30-40
Thyr.	—	—	Acon, Mosch, Graph.	30
Teucr.	—	—	Camph.	14-21
Thuja.	Ars, Natr. s, Sab, Sil, Medo.	—	Camph, Cham, Cocc, Merc, Puls, Sul, Staph, Sab. (Wart-Boer).	60
Tub.	Psor, Hydrast,— Sul, Bell, calc.	—	—	—
Valer	—	—	Bell, Coff, Camph, Puls, Merc.	8-10

Remedy	Complements	Inimical	Antidotes	Duration
Verbase	—	—	Camph.	8-10
Veratr.	Arn	—	Acon, Ars, Camph,	20-30
A.			China, Coff.	
Viola od.	—	—	Camph.	2-4
Viola. Tr.	—	—	Camph, Merc, Puls, R.T.	8-14
Vespa.	—	Arg. n.	Ac. Ac, Apis.	—
Zinc.	—	Cham, Nux,	Camph, Hep, Ign.	30-40
		Vinum.		



## Therapeutic Index

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—ear	45	Whooping cough	107
—Face	49, 121	Wisdom teeth	53
—lips	51	Writer's cramp	95
—Mouth	52	Worms	73
—Uterus (cervix)	88	Wounds spinal	130
Ulcers	121	Wounds	132

