

## LIVER DISEASE AND HOMOEOPATHY

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At times... diseases are all around us... and, like a pack of wolves, may catch us if we are not careful! What I am referring to is the case as expressed frequently by doctors. For example, there may not be any measles cases around for some time. Then one day, although it is August, you see a case very much like measles. Within days you encounter more and, because of their severity, you are certain it is measles. Since no one, near or far, has had measles, you ask yourself the question: Where did they come from? Hahnemann called these "miasmatic diseases caused by planetary changes" ... or, at least, some outside forces.

At the present time, we have just had a wave of liver cases. These were violent liver congestions, acute gall bladder cases bordering on gall stone colic. Acute liver conditions can and will present a large variety of symptoms. Proper recognition and prompt treatment at the very beginning is most effective. There is a homoeopathic remedy which is quite specific for such conditions. Yet, when such cases are first subjected to a battery of tests, x-rays, dye injections and other strong drugs, the patient will become more ill because treatment has been neglected. Meanwhile the interference of other strong medicines adds toxins which the liver is already laboring to discard.

Here are a few cases to illustrate this. Some years ago at our County Medical Society Meeting, a doctor presented a case. We listened most intently while he made much ado about it. It sounded like something big. The patient had been kept in the hospital. Many tests were cited with the possibility of a grand discovery of something new in liver disease! After it was all said and done, I realized that it was a simple case of jaundice which I had frequently treated and cured in short order. Because of such immediate application our homoeopathic remedies are life savers. Take Aconite, if it was caught in the very beginning or Bryonia if at a later or deeper stage and the chance for relief and cure begins at once. Any delay harms and then there must be follow-up remedies such as Chelidonium, China off., Berberis and others.

Recently I contacted a number. Some were at first fuzzy and uncertain but, after careful analysis, it came out as liver disease. Such was the case of Mrs. P. This was from a severe shock following the death of her son in accident. She became very disturbed. Hours later she was found on her bathroom floor cold and pale as a sheet. She was at once hospitalized and many tests were made. The doctor suspected some brain damage or a stroke. Heart failure also was considered. None of these situations would quite fit her condition. Consequently no diagnosis was actually established and, be-

cause of that, no treatment of any kind was given. Such is the situation in medicine today. It is a sad, sad picture. It shows how necessary it is for the public to become involved in demanding better and more careful medical treatment. You might ask why this case was classed as an acute liver condition. By way of illustration, let me state that a doctor must have practical experience; that he must know body function and then he must inquire how the condition started. He must understand the connections and then he will understand the possible cause and will be able to determine the treatment. This case is also cited to indicate that not all liver cases are due to wrong eating alone. In this case it was nervous tension which precipitated the attack. Bad news can hit your solar plexus, tying it in knots, as we say. It grips the liver as in a vice. The secretions stop. This causes congestion of blood in the abdomen which then drains the brain and the legs. One will, as a result, become dizzy or even faint. The legs will become weak, the patient is not able to stand. He will walk very shakily. Aconite 3X given promptly, preferably out of water, so it can be repeated every ten to fifteen minutes (and later to thirty minutes to be given) until a change results. Such immediate treatment, going to the cause by activating the liver and the gall bladder would certainly modify the attack very materially. A cathartic might also be advisable. All food must be avoided. Usually there will be some nausea. Sips of hot water are advised in the beginning of an acute attack.

Now here is another case. The husband came to the door early one morning to report that his wife was desperately ill. She could not lift her head from the pillow without a nauseating dizziness. On an immediate house call, it was found that the abdomen was congested and hard and that the gall bladder was also much involved. In such cases, the build up or the involvement has gone on over a longer period of time. The gall bladder becomes large; the bile thickens and it has difficulty getting through the common duct into the intestines. This situation is indicated in another case of an elderly man who was taken with an acute pain... very severe, but not with spasms as in gall stone colic. He became nauseated and very ill. He was taken to the hospital. After long delayed suffering, he was given a pain killer injection. No curative nor any physiological medicine was given to him to help the actual condition. He was told that tests must first be made to determine the cause of his attack. Consequently, a series of x-ray pictures with dye were made. This indicated a narrow passage through the common duct. That had been most evident in the very beginning of observing this case but, having been dragged out for several days, it became actually worse for the very reason that no curative treatment or remedy had been given. Consequently the case was scheduled for a gall bladder operation. This patient, however, decided otherwise. He had been helped previously by homoeopathic medicines. He was willing to resort to this type of therapy again, even in this acute condition. He signed himself out of this hospital at once. He was given homoeopathic medication and, within several days, was able to drive 100

miles to his home. He has been doing well since. In such cases there should always be some doctor available to advise the patient, even if advice must be obtained by telephone from as far as New York. The immediate question of diet is of great importance. Fasting for three days (this means only water ... no juice) would be a good helping cleanser. All food must be carefully avoided even such as soups. Of course, there will be a protest and a howl, but the patient must be willing to make some sacrifice for a rapid recovery. The alternative is a drag & (eventually) a carry out or a thousand dollar hospital bill! The patient has the choice! After the very acute stage of pain and after fasting for several days, some warm rice water may be used in small amounts. Hot or warm usually agrees with the stomach condition more readily.

A few days ago the telephone rang and an elderly man from some distance said he felt sick all over, very light headed and his legs so weak he could hardly stand. That indicated to me immediately an abdominal congestion as you will note from an explanation in another part of this article. In this case there was some fever. It could possibly be a case of flu. However, in his report of what had happened during the last several days, it was said that he had returned from a convention. Consequently eating was no doubt the cause. It must therefore be an abdominal and a liver condition. There was also somewhat of a distress over the liver and gall bladder area. It seemed that the diagnosis of liver disease was correct. This man had some aconite on hand, so he was advised to mix and take this out of water frequently and to avoid all food. A local doctor insisted on all of the tests to really find out what was wrong. After some three hundred dollars down the drain (which procedure included x-ray, dyes, barium, and more) the patient was actually worse. Many times such interference will set off other reactions beyond the liver trouble and may even create a different appearing disease. However, homoeopathic medicine also cured this case eventually.

This is by no means all there is to liver disease. Books have been written and doctors have been studying diligently to get a better understanding of this very important organ. Hopefully this discussion has alerted you to the various approaches in treatment. Because Homoeopathy has such a large number of medicines, there should always be one available to give prompt relief and a follow-up with a chronic and constitutional remedy. Then the hope for eventual recovery is good. Liver disease is a consequence of bad eating habits. And remember it is not the eating of fats or cholesterol containing foods which damage the liver. There is no evidence that these are the cause of liver damage. Note this however! There is evidence and unlimited research findings, documented by hundreds of publications, to indicate that sugar, all sweets, juices, fruits in excess, are the cause of an enlarged and fatty liver. The next stage is, with such damaged liver, that the fats and cholesterol are not properly digested. The liver cannot deliver the proper bile to digest the fats. Is the picture clear? Therefore, in the reader's

diet, watch the true cause. Always be careful of the sugars and all sweets, including carbonated drinks, ice-cream, cocktails and others. Many Americans have lost their self-control. Why and where does such degeneration of food habits start? Where should we look for the cause?

Watch the schools. The children are not, by present methods of teaching trained in demand behavior. They are not eating as the law of nature requires. The inevitable must happen with diseases and early deaths. It is time that teaching methods should be re-evaluated.

Even more liver conditions will occur in the younger generation than we are experiencing at this time. These will be more serious diseases as even now there are many of the children who are dying of incurable diseases such as cancer.

Homoeopathic treatment for liver conditions is very simple. There are so many remedies available. One should however have some help in choosing the indicated remedy. There is hope . . . seek it in homoeopathic medicine.

—*The Layman Speaks, October 1974*

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#### SOME CASE HISTORIES WITH PASSING COMMENTS ON POINTS OF INTEREST

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accustomed to it. He *compensated* for it. When we look for perfection we quite often end up in disaster: the sickness is cured, the patient dies. It is especially in things like this that the doctor must be intelligent and thoughtful—above all, he must know his psychology!

—*Homeotherapy, February 1975*

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