

complications, temporary gall-bladder troubles, pulmonary tuberculosis, and possible heart lesions, the latter probably due mostly to coal tar products used in treatment. To the conscientious practitioner who regards the future welfare of his patients, the treatment of influenza becomes a serious matter.

INFLUENZA: A CLINICAL REPORT FROM KANSAS

By W. J. Gier, M. D., Independence, Kas.

In the terrible epidemic of influenza, Kansas has not escaped her share. I have been from the east end of the state to the west, either on direct calls or in consultation, and have visited cases in company with regulars and certainly have decided opinions on the treatment of this disease.

I have been about as busy as any and lost one case, a woman of 30, pale, slim, thin chested, apparently tubercular. She was dangerously sick from the beginning. The chest rattled, the mucus was tenacious and I gave senega 1m. The patient did not improve, so gave apis 30x as sputum had to be wiped out of mouth when coughed up. Patient improved under apis. Family asked for consultation. One dose of sulphur was decided on, followed by kali bichromium. The doctor was probably thinking of sulph. 30x. I gave the 200x. The patient died in 24 hours. This was the only patient lost of the many I have treated.

Another case that attracted much attention was a woman of 35, seventh pregnancy at eight months. Influenza ran into pneumonia. She had had a regular, an eclectic, a chiropractor in this order. When I first saw her she had a pulse of 165, respiration 38, temperature 96.6; both lungs full. She was able to ask for ice water. I could get no fetal movements nor heart tones. Phos. 30x was given. In 15 minutes labor pains were felt, and in four hours the dead fetus was delivered. The patient began expectorating. Next day the sputum stuck to roof of mouth, had to be wiped out. Consulted Kent's Repertory. Gave apis 30x. In a few more days gave lycopodium 1m. Patient is alive and doing her housework today.

Have had only two cases of pregnancy, one at eight months, the other at five. These were my sickest patients. The one at five months had pain in the back, running around front and down legs, with terrible pressing pain on top of

head. *Actea racemosa* 200x relieved this condition. Patient recovered and babe was saved. These cases have been nearly 100 per cent fatal here in the hands of the regulars.

In fall and early winter gelsemium was almost a specific. If the patient was taken in the "tired, draggy, chilly" stage, temperature subnormal, gelsemium tincture aborted the disease in nine out of ten cases. For the sleeplessness following the disease *cypridium* 3x has done admirably (*Dict. of Materia Med.*, Clark). Aside from these two remedies and aconite, I gave no remedy below the 30x, up to 10m. I convinced myself that aconite did as well in 30x as in tincture and vice versa. Cases overdosed with aspirin have most all required sulph. in high potency.

This general rule has been followed: Absolute quiet and rest in bed, plenty of fresh air, no fire in room, lots of water, liquid diet. Toast in 24 hours after temperature is normal. I insist on use of bedpan or patient wrapped warmly when up to jar and kept in bed three days after temperature is normal. Any deviation from any of these rules always meant a setback. I saw my patients every day while they had temperature, which ranged from 3 to 5 days, as a rule.

Dr. W. B. Kelley, who is 75 years young, has practiced here for thirty-three years and never lost a case of influenza going day and night. He is homeopathic. People are beginning to comment on the record of the homeopaths in this epidemic.

The Homeopathic Principle. Homeopathy is a principle. It is not an opinion. It is not a theory. Opinions and theories vacillate. A principle is unchangeable. It serves all time, all places and practically all conditions. Opinions change with education, environment and the vicissitudes of time. Principles do not.

As a principle homeopathy is vital; it is active, progressive, but not fundamentally changeable. Opinions may die, theories explode, but principles are as vital as the air we breathe. They spring from life, they lead to life. As a vital principle, homeopathy is inspiring, permeating, penetrating, insinuating. As leaven, when unhindered, it vitalizes every element with which it comes in contact. Because of this vitality it is not limited to time or space but is universal, eternal. —DIENST: "Some Peculiar Features in Homeopathy." *Clinique*, February, 1919.