

## ANTI-ANTI THOUGHTS

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After reading Lt. Col. Negi's brilliant article (H.G., vol. LII No. 3, March 1985), an image of a tall, broad-shouldered, moustache-turned-up superhuman being gnashing his teeth, with sleeves up to shoot down all and sundry who talk glibly of all sorts of abstract things (worse than witchcraft!) like H'pathy, *moksha*, *nirvana*, soul, God, vital dynamis, the innerman, the simple substance, susceptibility, idiosyncrasy, etc., hovers before my mind's eye. He breathes hot and cold in the same breath. For example, take the sentence: "... It was their devotion to Homocopathy, steadfastness, and sincerity of purpose that kept the trail blazing and made India a foster home for Homoeopathy."

Thus, it appears that he is all muddled up. He just cannot believe anything which is not proved after a series of smeltings in the blast-furnace called 'scientific scrutiny'! Alas! H'pathy is purely a metaphysical holistic healing art dealing not only with this ephemeral heavy gross body made up of the five elements, but also the several invisible astral bodies, the individual soul and the cosmic soul or the Creator Himself! Our bodies are verily moving temples and some great force or several life forces are working from the womb to the crematorium! Without these forces (*pranashakti* in Sanskrit) the gross body is nothing but a cadaver. The Russians have even photographed the so-called bio-plasmic body within this gross body. While the modern medicine pundits have been dissecting the cadavers for the last 2500 years, they have not been able to cure even common colds in the proper way. They want x-ray photographs even for a simple headache! World authorities on the heart have died of heart failures! A top diabetic specialist died of heart failure during his morning constitutional! The top-most authority in a cancer hospital died only of cancer! Merely suppressing the external symptoms like fever, headache, dysentery, etc. somehow or anyhow and woefully neglecting the cause cannot be called science. It is pure quackery.

Hahnemann, as some believe, never invented H'pathy. By His Grace, he discovered the law of similars. In fact, such great grand laws of the cosmos regarding birth, growth, decay, death, and even rebirth came to our ancestors as oracles from the Supreme Creator in the form of our hallowed *Vedas*, *Upanishads* etc. It is simply mind-boggling to go through some of the ancient books on *Ayurveda* (a medicine must not only cure but also increase the span of life. *Ayu* means life-span). How the divine healers like Dhanvantari and others obtained such vast knowledge is beyond our imagination! For want of time and space I quote just one or two oracles, the great grand laws which H'paths should also keep in mind all the time:

- (1) *Bahuna yena yatkarya sadhyathe thabhya chauguna,  
Sadhyathe vipareethan hi sarvatreva vinishchayaha:*

(By reducing any substance into finer and finer particles, some spirit-like dynamis is produced, which is as powerful as lightning.)

(2) "A small amount of matter is equivalent to a large amount of energy. A gram of matter is equivalent to an energy of 931,000,000,000,000,000 ergs."—*Science Today*, September 1975.

It will be very interesting to note that the analysis of the human system by the medical authorities of ancient India is rather psycho-physiological than anatomical! This may be one of the reasons why their physiological or anatomical terms do not always correspond with those of the so-called modern medical science. I really wonder how Hahnemann, Kent and others, being Westerners who had never studied our Vedas or Upanishads, could understand that there is, in us, the astral body, the soul and so on! They even knew that the Supreme Being is inside! Hats off to these great thinkers! *Not to recognise some vital dynamis or vital force as the supreme electro-motive force governing our bodies is the most idiotic thing in the world.* Wasting crores of rupees on experiments on stupid Rhcsus monkeys, idiotic guinea-pigs, dirty rats and bandicoots to find out medicines for the intelligent human beings must be put an end to forthwith. The side-effects of the so-called modern drugs, life-saving drugs, etc., are most dangerous in the long run.

The author is at the moment writing a book on the great grand philosophies of life and death, health, long life etc. There is nothing called disease and no germ, bacteria, or virus can 'attack' us unless there is the susceptibility within. One can be quite healthy by living in tune with mother Nature, eat to live (not live to eat), by simple living and high thinking, practice of *yogasanas, pranayams*, healthy exercises and so on. That is why our wise ancestors could live long healthy lives and could create such beautiful literature, highly devotional songs, highly philosophical books, etc.

I find today that in spite of the so-called great trends in modern medicine, including surgery, every other house has patients of diabetes, high or low B.P., asthma (having reached the incurable stage), cancer, all sorts of psychosomatic 'diseases' unheard of in human history. Many spend their whole life in frequent medical check-ups, spending their whole life's savings! I see all sorts of drug-induced diseases having reached the incurable stage when we can do nothing but palliate to some extent! *The women today are so worn out that many cannot deliver their baby naturally, requiring the blessed cesarean operation.* Everyday someone wants a lakh of rupees because of renal failure. Once upon a time people were begging for just a few paise but today, all glory to the modern medical science, people are begging for lakhs. May God Almighty help us!

*Who is a Homoeopath? A homoeopath is one, who, with his knowledge of medicine, practises homoeopathic therapeutics and observes in his daily*

practice, the law of similars for the *cure* of the sick. All that pertains to the great field of medical knowledge for the cure of the sick is his by tradition, by inheritance, and right. He must not deceive the suffering man by merely removing some symptoms or by suppressing, but must try to annihilate the totality of the disease in its *whole* extent and re-establish *health*. He should not deceive himself and the guinea-pig of a patient with some sort of palliation while a real cure is possible. To cure must mean to restore *health*.

The naming of a disease and its removal does not mean restoration of health. Naming of a disease is most misleading. The human body is so mysterious that one can never know what is going on inside, for, the individual's *ego*, mind, loves, hates and umpteen other factors create disharmony which we glibly call 'disease'. The sacred duty of the physician is to restore the harmony. As Dr. Kent has nicely put it: "A piano tuner has restored harmony to a piano, has added nothing, has taken nothing from it, yet he has restored the harmony." Again "The microbe is *not* the *cause* of the disease. We should not be carried away by these idle allopathic dreams and vain imaginations but should correct the vital force." How beautiful!

With due apologies to Dr. Kent who must be practising better H'pathy after acquiring a new gross body somewhere, I would like to alter the latter part of the sentence to "... but remove the obstacles which the mighty vital forces are ever and anon striving hard to overcome in order to restore health as quickly as possible."

Unwittingly I have stepped into the question of rebirth, which I wanted to avoid for want of space. However, a few words about this mysterious phenomenon would not be out of place. Our *atma* or the indwelling individual soul has changed its habitat 84 lakhs of times. Once upon a time we were trees, plants, insects, birds, animals and so on, and somehow, by the immense grace of God we have got this human birth. Just as the *Paramatma* is immortal, the *jeevatma* also is immortal! This *jeevatma* continues to be born again and again till it attains *moksha* or final liberation from the endless cycle of births and deaths. The individual soul is once for all liberated from the great bondage. This must be the object of every human being consciously or otherwise. The great question is, why are we reborn at all? The simple answer is, to wear out our past *karmas* or deeds, good, bad or indifferent. The following shloka from *Viveka Choodamani* describes our astral (invisible) body:

*Vagadipancha shravanadipancha*  
*Pranadipancha, brhmakanipancha*  
*Buddhadyavidyapicha kamakarmani*  
*Puryashtakam sookshmashareeram.*

(Our external gross eyes cannot see unless they are connected to their counterparts in our astral body. Our external ears cannot hear unless they

are connected with their counterparts in our astral body. Similarly our nose, our tongue, our skin etc.)

When our astral body leaves this lifeless gross body, the latter begins to emit the ghastliest cadaveric smell, and no one would like to retain it beyond a few hours.

The faculties of seeing, hearing, smelling, tasting, and sense of touch are called the *jnanendriyas*. There are five *pranas* or life-forces in the astral body. They are *prana vayu*, *apana vayu*, *vyana vayu*, *udana vayu*, and lastly *samana vayu*. I skip over their mysterious functions, for want of space. The *pancha-bhootas* or the elements of earth, water, fire, air, and ether (everything under the sun have these in them), *antahkarana* (seat of emotions), ignorance, all kinds of unfulfilled desires, the indelible impressions we carry over birth after birth, all these constitute the astral body!

To crown all, our most foolish attachments to fleeting, perishable mundane things like wife, children, grand-children, wealth, popularity, power *ad infinitum* drag our immortal soul into this miserable world of birth, growth, decay, death, all sorts of sicknesses (not only the natural ones but also the most horrible miracle-drug diseases), disappointments, sorrows, humiliation, poverty, and what have you! Strangely enough, in spite of these, no one is willing to die! Man foolishly wants to continue to live, if possible, for thousands of years and witness the death of his own grand-children and their grand-children! Even a bedbug just avoids death. Try to catch it! The answer is too simple for thinking minds. Everything is *immortal*. Even the most brilliant suns, moons, stars in the galaxies (millions and millions of them!) are born again and again. Lord Krishna's *upadesha* to Arjuna in the *Shreemadbhagavadgeeta* throws more light on these aspects.

The biggest rascal who cannot be caught red-handed (in H'pathy, of course) is the tiny, sweet, sugar pill containing *nothing* at all. So, it is nothing but a sort of witchcraft practised by some congenital idiots, according to the modern medical supermen. I have no time nor the inclination to convince them that they are all 'nuclear bombs'. Gross matter is converted into spiritual energy by repeated potentisations. These benevolent (not destructive) energies of the mighty Creator Himself act on the astral bodies and try their level best to help the already busy vital forces to restore harmony, that is, health and long life.

When I talk to people, some of the so-called educated raise their eyebrows and say that the modern medical science can do wonders through surgery. Anything which reduces the natural span of life of an individual and never restores health deserves all contempt. Transplantations of the heart, the kidneys etc., truncate the life-span of the transplantee. Of course, he may just drag on somehow with failing health and a moribund face just for a few years! Unnecessary surgery, the D.N.C. etc. shorten the life. Let us see what our great Dr. Kent says about these: "Now-a-days we hear so much about the meddling midwifery, this curretting, and doing this

and that and the other thing, that makes a homoeopathic physician disgusted. Just as if those parts were not made by nature, and could not take care of themselves; as if they must be swabbed out and syringed out. These injections and bichlorides etc., to keep the germs out of a woman, are all nonsense. If a state of order is maintained there will be no germs. A homoeopathic physician can manage hundreds of these cases, and have no trouble. If he sees clearly beforehand what remedy the woman needs there will be no bad cases; they will all take care of themselves. Irregular contractions that bring on abnormal conditions are all avoided if the woman is turned into order before she goes into confinement. Carbo veg. is one of the remedies that prepares a woman well for confinement, that is, the symptoms calling for Carbo veg. are often present in such conditions. She is often run down, relaxed and tired. Pregnancy brings about a great many unusual conditions. There is the nausea in pregnancy, the flatulence, the offensiveness, the weakness, the enlarged veins. They will tell you that the enlargement of the veins of the lower limbs is from pressure, but it is generally not from pressure, but from the weakness of the veins themselves."

Thus it will be clear to anyone that H'pathy is the finest art in the field of medicine. Anyone who is under the keen observation of an intelligent h'path need never go in for surgery (except in case of accidents, of course). But, after the so-called 'operation' one must take h'pathic remedies to avoid undue suffering. Once it so happened that the author had to witness a so-called major 'operation' on an old crony. The surgeon was an F.R.C.S. (London). After the operation he was putting back the intestines. He nonchalantly cut away the healthy appendix, just because the scissors were in his hand. When questioned as to why he did so he said, "Oh! it is something unwanted!". Then I asked him what medicines he will give to avoid post-operative complaints like vomiting, flatulence etc.; he just shrugged his shoulders and said, "You know, I am only a surgeon. I do not know about the medicines. My assistants are there to do whatever may be necessary."

I wish to close this article with some universal prayers, taken from the *Upanishad* and the *Veda*:

*Asato maa sadgamaya.*

*Tamaso maa jyotirgamaya.*

*Mrityor-maa amritam gamaya.*

(Lead me from falsehood to the truth.

Lead me from the darkness to light.

Lead me from mortality to immortality.)

*Aa no bhadra kratabo yantu vishwatodabdhaso*

*Aparitasa Udbhidah.*

(Let peaceful well-being come to us from all sides unobstructed.)