

## THE VALUE OF MENTAL SYMPTOMS IN HOMOEOPATHIC PRESCRIBING

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Every homocopathic prescriber from—Hahnemann down to the Masters of the present time stresses the importance of mental and emotional symptoms for the selection of the similimum.

Many interesting and instructive cases from Hering's book entitled *The Symptoms of the Mind* afford abundant proof of the use and value of such symptoms. A few illustrations which follow are illuminating and well worth study.

A case given by G. F. Muller and called by Hering a model cure. "Talking nonsense in her sleep at four o'clock in the morning; disturbed looks, stares at people; head hot, carotids throbbing; flushed and bloated face; eyes fixed, pupils dilated; frequent pulse; hair moist, the rest of the body burning hot; great anxiety; singing followed by weeping and loud screaming, with gasping for breath; beating headache, especially in the vertex; tearing stitches in the brain; crawling in hands and feet, as if they were numb; great thirst, white coated tongue." *Hypericum* cured, though many *Belladonna* symptoms were present.

Another case from M. Muller. "Talks almost continually about fanciful things or such as have really occurred; of faithless love, of her teacher and school days; laughs, sings, dances, weeps, makes grimaces and gesticulates with her hands; clings obstinately to her ideas, without, however, growing angry about it. Face distorted, eyes fixed, no desire to eat or drink, things offered her are hastily dispatched." *Platina* was the remedy that cured. Only a master prescriber would select this remedy.

Another case cited by T. H. Ruckert. "After vexation, mental depression, she is in constant dread, with palpitation of the heart, is afraid of everybody, considers everyone her enemy, despairs of everything, cries easily, trusts no one. At the same time pale earthy complexion with dim, desponding look. No appetite, much thirst, limbs feel as if asleep, is weary, weak, can not sleep at night on account of fear and dread." *Pulsatilla* was the curative remedy in spite of the thirst present; *Pulsatilla* is more often thirstless.

Model cure reported by Sonnenburg. "Fear and mistrust of everyone, great anxiety by day and night, no rest in any place, seeks to fly. Her only pleasure is to look into the sun or the fire. She fled into a forest, built a large fire and remained there four or five days without nourishment. Seeks to be alone, flees society; when alone she cuts up queer antics, screws her mouth in all directions, throws money out of the window. *Taciturn*. After repeated questioning she screams her answers loudly and angrily." *Belladonna*

cured. It is the only proven remedy in melancholy and mania with longing to look in the sun and the fire.

Another model cure by Sztarovcszky. "Throbbing pain in the brain, dimness of vision, as if he looked through a sieve, frightful visions appear to him when in the dark, or when closing his eyes; he strikes at them and holds the cross up to them." Pulsatilla cured. Pulsatilla has frightful visions in the dark or on closing the eyes.

Quoting Hahnemann in the fifth edition of the Organon, paragraph 253: "The condition of the mind and general behaviour of the patient are to be counted among the most certain and intelligible signs (not visible to every one) of a slight beginning of improvement or of aggravation in all diseases, especially the acute ones.

"The signs of incipient improvement, however slight, are an increased sensation of comfort, greater tranquility and freedom of mind, and heightened courage. The patient experiences, as it were, a return of naturalness.

"The signs of aggravation, however slight, are the opposite of the foregoing; an embarrassed, helpless state of mind and disposition, where the behaviour, attitude and actions of the patient appeal to our sympathy. A condition readily seen and appreciated by a careful observer, but not to be described in so many words."

Any experienced physician may note in the patient's face, his eyes, and the colouring and expressions which mirror the thoughts, fears and emotions in no uncertain way that present sure indications for the selection of the homocopathic remedy.

Hering classifies a group of bodily symptoms connected with the mind that is helpful to the physician and student alike.

(1) Ailments from emotions and from exertion of the mind, such as: happy surprise; complaints after laughing; fright and fear; shock of injury; ailments, the result of fear; anxiety; home sickness; love pangs; jealousy; grief and sorrow; better in company or better when alone; will not be looked at; dislikes to be spoken to; worse from friendly persuasion; from talking to others; mortification, vexation, anger; emotions in general; worse when thinking about his condition, better when thinking about something else; complaints after speaking; complaints from thinking or meditating; ailing from over exertion of mind and body.

(2) Mental concomitants of bodily symptoms pertaining to head, eyes, ears, etc.

Under happy surprises as excessive joy, a small group of remedies are given: *Acon.*, *Causticum*, *COFFEA*, *Crocus*, *Cyclamen*, *Nat. carb.*, *Opium* and *Puls.* In those remedies not italicized, *Causticum*, *Crocus*, *Cyclamen* and *Nat. carb.* the symptoms were observed only in incompletely proved remedies or infrequently met with. In the italicized remedies with one dark underscoring line the symptoms both occurred in the proving and have been cured in the sick, *Acon.*, *Opium* and *Puls.* The remedy *COFFEA* has frequently and persis-

tently produced the condition in the proving and been verified by many cures in the sick.

Where the joy has started or struck so hard that trembling, crying, weeping, sobbing or fainting away, even apparent death, particularly in children and women *Coffea* is the only remedy.

Stunned by it, laughing and crying: *Hyos.*

Talkative with sudden changing of the subject: *Lach.*

Merry madness, with headache, blindness or pale face: *Crocus.*

Fainting: *Acon., COFFEA.*

Weeping, coughing, trembling: *Acon., Merc.*

Chilly as of chills running over him: *Gels.*

Shivering flitting sensation: *Acon., Kali c.*

Unusually excited by joyous news toward evening: *Aloe.*

If *Amyl. nit.* is inhaled the same conditions obtain that result from sudden emotions, with crimson flushing of the cheeks and quickened pulse. Roth recommends it as homoeopathic to the effect of emotions. Complaints after laughing.

Mind easily depressed: *Formica.*

Sadness following: *Phos.*

As if her body were borne upon wings: *Thuja.*

Headache after laughing: *Ars. met., Crocus., Iris. vers., Phos., Tongo, Zinc., Zing.*

Throbbing: *Lyc.*

Beating in the head mostly after sitting too long: *Phos.*

Deep shooting in right side: *Tongo.*

Head internally hot, confused and heavy: *Theridion.*

Eyes—Obscuration of sight, dilatation of pupils: *Crocus.*

Shedding tears: *Formica.*

Weeping: *Lyc.*

Ear—Drawing stitch from stomach into ear: *Mangan.*

Face—Heat and redness of cheeks: *Verat. alb.*

Paleness: *Crocus.*

Stiff jaws: *Formica.*

Jerking stitches from lower jaw to region above temple: *Mang.*

Toothache in upper molar, afternoons: *Tongo.*

Abdomen—Stitches around ribs in the left side: *Acon.*; in right side of abdomen like a fine jerking: *Kali c.*

Digging and rooting around the navel also when exhaling: *Coloc.*

Pain in the belly: *Con.*

Digging, rooting colic: *Coloc.*

Sore pain also with coughing: *Ars.*

Aching pressure in the region of the hernia: *Sepia.*

Stitches in the mammae: *Laur.*

Chest—Slime in windpipe and cough: *Argent.*

Asthma: *Ars.*, *Aurum*, *Cuprum*, *Lach.*, *Lyc.*, *Plumb.*

Dysphoria: *Ars.*, *Aurum*, *Cuprum*, *Lach.*, *Lyc.*, *Plumb.*

Cough: *Arg.*, *Ars.*, *Bry.*, *Chin.*, *Cuprum*, *Dros.*, *Lach.*, *Kali carb.*, *Mur. ac.*, *Nit. ac.*, *Phos.*, *Stann.*, *Zincum*.

Pressing like a piece of wood, in left side of chest: *Plumb.*

Stitch: *Mezer.*

Pressing: *Plat.*

Pain: *Lauroc.*, *Lyc.*, *Mez.*, *Mur. ac.*, *Plumb.*, *Stann.*

Limbs—Hot hands: *Verat.*

Weakness of muscles of arms and hands: *Carb. v.*

Relaxation: *Calc. ostr.*, *Con.*

Great debility, prostration, collapse: *Crocus.*

Does not sleep: *Verat.*

Worse in open air: *Nux mosch.*

Stitches in the ulcer: *Hepar.*

**Fright and fear** excite many mental and physical states of disease, sometimes long lasting and chronic conditions follow such emotions. Following are some of the symptoms of remedies needed to meet and cure a surprising number of ailments produced by fright and fear as recorded by Hering in the volume *The Symptoms of the Mind*.

Every little surprise frightens, trembling and glowing red cheeks: *Merc.*

Fright with vexation: *Acon.*, *Bell.*, *Calc. ostr.*, *Cocc.*, *Cuprum*, *Gels.*,

*Ign.*, *Nat. carb.*, *Nux vom.*, *Opium*, *Petrol.*, *Phos.*, *Plat.*, *Puls.*, *Samb.*,

*Sepia*, *Sulph.*, *Zinc.*

With terror: *Gels.*, *Nux v.*, *Opium*, *Sil.*, *Verat.*

After sudden noises, as if thunder-struck, unconscious, convulsions, twitching around mouth, hot red face, faeces pass involuntarily: *Opium*.

Incessant screaming after a heavy thunder clap: *Gels.*

Often cries without cause: *Rhus tox.*

After fright, soon: *Opium*; later: *Acon.*

Fear remaining: *Merc.*, *Nat. mur.*, *Bell.*, *Verat.*, *Samb.*

Fear and anger: *Acon.*

Fear and anxiety: *Lyc.*

Sorrow: *Ign.*

Long remaining anxiousness: *Bell.*, *Laches.*, *Merc.*, *Samb.*, *Sil.*

Weakness, cannot sleep from frightful visions, night full of complaints, wants to go out doors far away: *Merc.*

Timidity and nightly complaints: *Merc.*

Loss of reason, frightful visions, wants to run away, rush of blood to head, headache rising from neck up, widened pupils: *Bell.*

*Mind*—Insanity following fear or fright: *Bell.*, *Laches.*, *Merc.*, *Plat.*, *Stram.*

Loss of reason, talks confusedly as if insane, pain going through the neck up into the head, widened pupils, red burning hot face, or pale

- and moist, nose dry, neck and throat sore to the touch, fears things he sees: *Bell.*
- Talking, preaching, telling stories, greatest sensitiveness of throat or other parts to the touch even of light clothing: *Laches.*
- Often cries out without a cause: *Rhus tox.*
- Maniacal notions, starting in sleep, laughing in sleep, convulsions in sleep, spasmodic cough: *Hyos.*
- Insanity with laughable jests: *Bell.*
- Loss of reason, things appear smaller, sadness in the evening or haughtiness, things appear larger: *Plat.*
- Delirium with fearful visions: *Bell., Samb.*
- Delusions of the imagination: *Bell.*
- Imagines people find fault with her: *Rhus tox.*
- Indifference or contempt of others, fear of the near approach of death, very sad, mostly in the evening: *Plat.*
- Melancholy: *Stram.*
- Horror, full of apprehension, lamed: *Nat. mur.*
- Fearful imaginations, particularly at night, cannot bear the warmth of the bed, wants to run away, travel, quarrels with family, complaints about others: *Merc.*
- Despair of eternal salvation of soul: *Stram.*
- Crying, howling and getting beside himself: *Coffea.*
- Children weep and move arms about: *Samb.*
- Very much dejected and lachrymose, particularly in the evening: *Plat.*
- Pride and contempt of others: *Plat.*
- Discontent, complains of everything in the whole world: *Merc.*
- Disposition to quarrel: *Merc.*
- Tries to escape in the night: *Bell., Merc., Hyos.*
- Sensorium*—Over sensitiveness of the organs of the senses: *Coffea.*
- Unconsciousness: *Opium.*
- Stupor: *Bell.*
- Stupor with internal heat: *Opium.*
- Fainting: *Acon., Coffea.*
- Apparent death, neither pulse nor breathing perceptible, after a pain in the heart from fright with grief: *Lach.*
- Head*—Rush of blood to the head: *Opium.*
- Later: *Acon.*
- Still later: *Bell.*
- Beating in temple if head is in a low position: *Rhus tox.*
- Heat in it: *Bell.*
- Heat with stupor: *Opium.*
- Hot with twitching about the mouth: *Opium.*
- Pain in forehead: *Opium.*

Heavy feeling: *Rhus tox.*  
 Eyes—Objects around him appear smaller: *Plat.*  
 Eyes dim, shunning the light: *Rhus tox.*  
 Cannot see, twitches and starts: *Opium, Glonoin.*  
 Loss of sight, relaxed, sinking together, deadly pale: *Glonoin.*  
 Enlarged pupils: *Bell.*  
 Darkening of sight: *Opium.*  
 Squinting and rolling of the eyes: *Hyos.*  
 Face—Red: *Plat.*  
 Burning: *Bell., Opium.*  
 Glowing red cheeks: *Merc.*  
 After trouble a glowing heat rises in the right cheek. It swells and turns  
 bluish red for two hours followed by restlessness and shaking chill:  
*Merc.*  
 Red face turns deadly pale on sitting up: *Acon.*  
 Red in bed getting instantly pale: *Verat.*  
 Bluish bloated with snoring: *Opium.*  
 With wheezing: *Samb.*  
 Changing pale and red rising headache, loses sight, sinking, relaxed,  
 twitching, finger or toes spread out: *Glonoin.*  
 Twitching around the mouth: *Glonoin, Opium.*  
 Foam at the mouth: *Hyos.*  
 Diarrhoea—From fright: *Opium, Gels., Verat.*  
 Returning with every new fear: *Acon.*  
 Returning at twilight: *Puls.*  
 Often at night, painless, much wind: *Ign.*  
 With tenesmus. *Merc.*  
 Outer coldness, inner heat without thirst: *Puls.*  
 Involuntary escape of stool: *Opium.*  
 After it very cold: *Rhus tox.*  
 With icy coldness of the body: *Verat.*  
 Retention of stool: *Bell.*  
 Urine, frequent and great discharge: *Samb.*  
 Involuntary escape of urine and stool: *Hyos.*  
 Retention of urine: *Bell., Opium.*  
 Sexual organs—Metritis: *Opium.*  
 Catamenia too soon and too copious: *Plat.*  
 Too late and too weak: *Puls.*  
 To prevent suppression: *Acon.*  
 Amenorrhoea—*Acon., Lyc.*  
 Displacement of uterus: *Opium.*  
 During pregnancy, diarrhoea: *Opium.*  
 Haemorrhage: *Secale.*  
 Threatened abortion: *Acon., Gels., Opium.*

Suppression of labour pains: *Opium*.  
 Of lochia: *Ign.*  
 Chorea returning in child-bed: *Stram.*  
 Spasms: *Secale*.  
 Suffocation—With anxiety: *Opium*.  
 After vomiting and coughing: *Samb.*  
 With violent pains in stomach and scrobiculum: *Acon.*  
 Convulsive choking spells in the night with crying and grasping about:  
*Samb.*  
 Struggles for breath, points to pit of stomach after: *Opium, Acon.*  
 Suffocation after vomiting or some coughing, bluish puffed up face,  
 anxious trembling and whining, gasping, heat without thirst: *Samb.*  
 Bluish face in the morning: *Opium*.  
 Ice cold chest: *Verat.*  
 Loses breath with even a little cough: *Samb.*  
 Trembling of the heart, palpitation: *Nux mosch.*  
 Violent and anxious: *Bell.*; in the night: *Hyos.*  
 Convulsions after: *Bell., Hyos., Ign., Opium, Stram., Sulph.,* with a loud  
 scream: *Opium*.  
 Trembling: *Coffea, Glonoin, Ign., Merc., Opium,* and difficult breath-  
 ing: *Glonoin, Ign., Opium*.  
 Sleep—Prevented by fearful visions: *Merc.*  
 Goes to sleep late in the evening, and is restless during the night: *Puls.*  
 Stupor-like somnolence with snoring: *Opium*.  
 Coma vigil: *Hyos.*  
 Worse at night, anxiety and other complaints: *Merc.*  
 Worse evening: *Bell., Puls.*  
 Pain—Unbearable as if driving to distraction: *Coffea*.  
 An ulcer on the hand appeared after *Lach.*, was aggravated by fright,  
 and cured by *Sil.*

The foregoing symptoms and conditions produced by fright and fear, and cured by our proven remedies is convincing proof of the need for a full knowledge of the remedies' mental spheres in sickness.

This knowledge also is valuable in the study of disease cause, and is closely related to the phenomena and claims of psychology, and psychiatry.

One more model cure is here presented because of the remedy that cured. Feels the greatest anguish in the head with a whirling before the eyes every day, from 5.00 a.m. until 5.00 p.m. since two years. He walks up and down the room, wringing his hands, and moaning continually, "Oh, such anguish, Oh, such anguish!" Only when he takes his meals he ceases moaning. His appetite is good, *Psor.*—Wm. Gross.

The effects of shock and injury present many problems that is best met by the homoeopathic remedy.

Injury followed by one fixed and anxious idea of impending death or other dire misfortune: *Acon.*

Anguish: *Nux vom.*

With great distress and oppression, despairs of life: *Verat.*

Fear of injury: *Gels.*

Afraid of the surgeon: *Coffea.*

Of being hurt by persons walking toward him: *Arnica.*

Overpowering fear, with fatigue: *Gels.*

Terror: *Verat.*

Intolerance of impressions and of opposition: *Acon.*

Of all manipulations, they cause great agitation, which interferes with treatment: *Coffea.*

Nervous anxiety, mingled with stupefaction of mind: *Camphor.*

Increasing stupor: *Lach.*

Hardly yielding to any stimuli: *Carb. veg.*

Unconsciousness: *Arnica, Chlorof., Opium.*

Stupefied and cold: *Camphor.*

Faintness: Sulphur.

From slight causes: *Nux vom.*

From a little pain, preceded by vertigo: *Hepar.*

Chronic effects of an injury such as a headache relieved by sweating: *Nat. mur.*

Syncope immediately after great haemorrhage: *Acorus calamus.*

Long lasting syncope: *Hydr. acid.*

Paralysis of the brain, with symptoms of collapse: *Cupr.*

Loss of vision and hearing: *Carb. veg.*

Pupils dilated: *Hydr. acid, Ip.*

Pupils inactive: *Dig.*

Eyes fixed unequally: *Opium.*

Eyelids paralyzed: *Hydr. acid.*

Dark areola around: *Lach.*

Eyes sunken with dark margins: *Sulph.*

Face—Distorted features: *Hydr. acid.*

Wretched expression: *Sulph.*

Motionless features: *Chlor.*

Pallor: *Arnica, Opium, Ip.*

Pale and sick and languid: *Gels.*

Bluish paleness: *Dig.*

Vomiting: *Ipec., Verat.*

Copious, easy gushing: *Phos.*

Especially on moving better after moving: *Tab.*

Vomits drink instantly after swallowing: *Ars.*

As soon as it gets warm in stomach: *Phos.*

Deathly feeling behind cartilaginous cartilage: *Cupr.*



- Diarrhoea: *Ip.*, *Nux mosch.*, *Verat.*  
 Very watery, even involuntary: *Sec.*  
 Colliquative, cadaverous odour: *Carb. veg.*  
 Visceral haemorrhage: *Verat.*  
*Urine*—Shuddering all over with desire to urinate: *Hyper.*  
 Retention: *Hyper.*  
 Suppression: *Sec.*  
 In gunshot wounds of chest or lung: *Am. Caust.*  
 Pulse slow and small: *Dig.*, *Sec.* and weak, *Arn.*, *Merc.* and feeble and irregular: *Tab.*  
 Intermittent: *Nat. mur.*  
 Regular intermission every other beat, apparently slow: *Dig.*  
 Pulse feeble: *Camph.*  
 As if dying: *Chlor.*  
 Thready pulse: *Ars.* and frequent, *Cupr.* and tense, *Acon.*  
 Dying away: *Lach.*  
 Almost imperceptible: *Caps.*  
 Weak slow, scarcely perceptible: *Verat.*  
 Failing: *Chin.*  
 Frequent and scarcely perceptible: *Carb. veg.*  
 Nearly extinct: *Hydr. acid.*  
 Injuries to vertebral region: *Hyper.*  
 Wants to lie with head low: *Arnica.*  
 Collapse: Tendency to collapse as in cholera: *Ars.*  
 Threatened collapse, with intermitting pulse and great thirst: *Nat. mur.*  
 Impending death: *Opium.*  
 Haemorrhage: *Arnica.*  
 Bright red: *Ip.*, *Phos.*  
 Dark emaciation: *Stront.*  
 When nervous tissues are mainly concerned: *Hyper.*, *Hyos.*  
 Tissues of organic life: *Am. caust.*  
 Injuries of the tissues of animal life generally of the feet, the hands, etc.:  
*Hyper.*  
 Concussion and bruising: *Arnica.*  
 Incised wounds: *Staph.*  
 Remedies against homesickness, love pangs, jealousy, and grief are often needed by the homoeopathic physician, to cure stubborn mental illness.  
 Home sickness with silent ill humour: *Nit. ac.*, *Phos. ac.*  
 Indifference to everything: *Bell.*  
 Complains of everything: *Merc.*  
 Whimsical and sensitive: *Caps.* Longing: *Merc.*, after his friends, *Igu.*  
 Sighing and moaning: *Hell.*  
 Sorrowful feeling, as if left alone: *Carb. an.*  
 Loneliness: *Mag. mur.*

Anxiousness: *Merc.*  
 Anxious lowness of spirits: *Nit. ac.*  
 Inconsolable: *Carb. an.*  
 Cheerful faces increase his woe: *Hell.*  
 Whining, sorrowful as if alone: *Mag. mur.*  
 Lachrymose: *Phos. ac.*  
 Frequent weeping: *Caps., Mag. mur.*  
 Melancholy: *Aur.*  
 Inward grief: *Ign.*  
 Thoughtless stammering: *Ign.*  
 Quiet grief: *Sepia.*  
 Headache as if bursting when moving: *Caps.*  
 Redness of cheeks: *Caps.*  
 Hunger with weak digestion: *Merc.*  
 Want of appetite: *Phos. ac.*  
 Thirst and chilliness: *Caps.*  
 Insipid watery taste of all food: *Ign.*  
 After eating, burning in stomach: *Caps.*  
 With emaciation: *Phos. ac.*  
 With diarrhoea: *Phos. ac.*  
 With tenesmus: *Caps., Merc.*  
 Short hacking cough: *Caps., Drosera.*  
 Violent cough in the evening: *Caps.*  
 Frequent palpitation of heart: *Nit. ac.*  
 Violent palpitation: *Aur.*  
 Wants to run away, inquietude, wants to travel: *Merc.*  
 Averse to moving: *Caps.*  
 Feels homesick, when at home with her family: *Eup. pur.*  
 Night sweats: *Merc.*

Love sickness or love pangs, so often looked upon lightly and laughed at, may be quite serious and produce severe illness in its hapless victims that may require good homoeopathic prescribing to straighten them out and restore them back to normal living. A few of the leading remedies and their indications follow.

Unhappy love, disposed to weep, desires to take his life, despair, sudden anger, quarrelsome or melancholy, with longing for death, alternately joyful and sorrowful; congestion of blood to head, sparks before the eyes, rushing in the ears, putrid odour from the mouth, excessive hunger and thirst, congestion of blood to the chest, and anxious beating of the heart: *Aur.*

With jealousy, vehemence and confused talking, quarrelsome: *Hyos.*  
 Indignation, about undeserved mortification, pushing things away from him: *Staph.*

With jealous, suspicious despair, weary of life: *Lach.*

With silent grief, one cheek red: *Ign.*

Not inclined to talk, hectic red cheeks, sleepiness, morning sweats, emaciation: *Phos. ac.*

Pain in the heart, fainting, apparent death: *Lach.*

Complaints of girls for grief about faithless lovers: *Ars., Calc., Phos., Hyos., Ign., and Nat. m.*

Effects of jealousy often need the homoeopathic remedy to restore the normal state.

Quarrelsome, eager, vehement, with delirious incoherent speech, rage, mania: *Hyos.*

With anger had desire to kill, torments others, running about, worse in day time, mostly women: *Apis.*

With mistrust, suspicion, worse toward evening: *Lach.*

With excessive nervousness, spasmodic attacks, hectic fever, sleeplessness: *Hyos.*

Jealous thoughts rise in his mind: *Camphor.*

During pregnancy: *Lach.*

Another short model cure presented by E. Staph. A very irritable lady, suffering under the most violent and threatening nervous symptoms, even spasms, had hectic fever, sleepless nights and her mind was nearly deranged, disturbed by unfounded jealousy. After one dose of *Hyosc.* 30 centesimal, she soon was well and remained so.

Grief and sorrow bring on many troubles that can be righted with the correct homoeopathic remedy.

Mental derangement from grief: *Ars. Bell.*

Sad, indifferent, aversion to everything, full of fears: *Ign.*

Grief with fear at night, disposition to quarrel, complaining of his relations and surroundings: *Merc.*

With apprehensions for the future: *Staph.*

Absorbed in his own thoughts, silent ill humour, indifference, aversion to speaking, absent minded and dullness of mind: *Ip.*

Grief and sorrow with shame, suppressed internal vexation, which continues: *Ign.*

Vertigo and headache: *Ign.*

In evening: *Phos. ac.*

Long lasting after-taste, food often thrown up: *Phos. ac.*

Pressing pain in stomach: *Ign.*

Loose stool: *Coloc., Gels., Phos. ac.*

Involuntary stools: *Opium.*

With tenesmus: *Merc.*

Weakening pollutions: *Phos. ac.*

Amenorrhoea: *Ign.*

In pregnancy, chorea: *Ign., Stram.*

Labour pains mostly in back: *Cauts.* Fainting during parturition: *Ign.*

Whooping cough: *Phos.*

Weakness of chest causes inability to speak long: *Phos. ac.*

Attacks like epilepsy: *Opium, Phos. ac., Ign.*

Emaciation from grief: *Phos. ac.*

After suppressed mental trouble seems to be weighted down; broods over imaginary trouble: *Ign.*

Chronic complaints after long lasting grief or sorrow: *Caust., Lach., Lyc., "Nat-mur. the chronic of Ign."*

After weeping, nose bleeds: *Nit. ac.*

Throat contracted; *Lact. vir.*

Cough in children: *Arnica, Asar., Cham.*

Moving arms and hands about: *Samb.*

The foregoing comments on remedies for mental states and symptoms, makes only a beginning of this absorbing and useful subject. Nothing short of a sizeable volume would suffice to do justice to it. If the writer can help promote the interest and attention of homoeopathic physicians to the advantage in prescribing that a wide knowledge of mental and emotional symptoms bring he will be happy, for the cause of Homoeopathy will then advance with many difficult eures to its credit.

Homoeopathically treated, many of the mentally sick, the insane, the victims of bad psychology and environment since childhood, with a bad inheritance to start their ill-starred journey of life, could be made useful and happy citizens instead of inmates of institutions and prisons.

Crime and bad mental hygiene are inevitable associates, unbridled passions, unholy desires, unrestrained appetites are phases of sickness that only the homoeopathic system can cope with.

What a contrast, Homocopathy, with its gentle certain way, presents to modern scientific methods of shock and violence.

The pitiable victims of mental and emotional unbalance and insufficiency are better dead than to be victims of a terrorizing, torturing, endless experimentation that leads but to mental chaos and death.

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