

LITHIUMLOGY: MANIA CURE

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"The husband and wife team of Dr. A. Venkoba Rao and Dr. (Mrs.) Parwathi Devi have ushered a new revolution in the treatment of mania and depression. The wonder drug constitutes lithium, a metal... the therapeutic effects of lithium in mental disorders was first discovered by Dr. Cade of Australia, about 20 years ago, but were lost in ignorance, till the Raos revived it, about a decade ago. ... lithmology not only to control the disease but also prevent it in 60 to 70% cases. ... According to them mental disorders occur due to the lowering of the endocrine hormone in the pineal gland."—*Hindustan Times*, March 27, 1984.

Lithium carb. (carbonate of lithia): Introduced and proved by Hering, assisted by Neidhard and Geist. Vide *American Homoeo. Rev.* (1863) Vol. 3, p. 485.

Hering's *Guiding Symptoms*:

Mind: Difficulty in remembering names.

Disposed to weep about his lonesome condition.

Anxiety, hopeless all night.

Kent's Repertory (edition 1911):

Anxiety, night: page 5.

Despair: page 35.

Excitement, excitable: page 40.

Mania: page 63.

Memory, weakness of names, for proper: page 65.

Weeping, tearful mood, etc.: page 92.

The *Merck Manual*, 13th edition (page 1531) 1981:

Manic-depressive illness: Since Lithium (as the carbonate or citrate) usually controls mania after 5 to 10 days. The initial dosage of lithium carbonate is 500mg. t.i.d. orally. Daily adjustments can be made to produce a serum lithium level of 0.8 to 1.5 mEq/L. Once a satisfactory plasma concentration is achieved, the serum lithium level must be checked only every 3 months. Early side-effects of Lithium include fine tremor, polyuria, nausea and diarrhoea; coarse tremor, persistent nausea with vomiting, drowsiness, and ataxia, goitre.