

REPERTORY—EAR, NOSE, THROAT AND RESPIRATORY TRACT

DR. K. S. SRINIVASAN, Madras

Among the most frequent conditions which we come across in our daily practice are ailments of the respiratory passages. Most children brought to a clinic are for these ailments. With extreme temperatures, humidity, serious environmental pollutions, unhygienic living, over-crowding, dust and above all poverty all round, these diseases are common. Frequent and repeated colds, tonsillitis, bronchitis of children which later forms chronic, bronchitis of old people, from the majority of cases that come to a general practitioner. Homoeopathic treatment aborts these diseases if given early, and if later, it cures quickly and builds up resistance to repeated attacks even under adverse conditions. With a view to select medicines quickly and in accordance with paragraph 153 of the *Organon* as far as possible, I have compiled a list of such rubrics which in my opinion would be helpful.

The works referred to in the list are:

Repertory by Dr. J. T. Kent (K)

Repertory by Oscar Boericke (B)

Boger's *Boenninghaussen's Repertory* (BB)

Kner's Repertory to Hering's Guiding Symptoms (KN)

Special Pathology and Therapeutics by C. G. Raue (R)

Farrington's *Materia Medica* (FM); *Comparisons* (F)

Clinical Repertory by Dr. J. H. Clarke (C)

Synthetic Repertory by Dr. Barthel & Dr. Klunker (SR)

Symptomen Verzeichnis by Dr. Mathias Dorcsi (D)

Sammlung Seltener Symptome by Dr. Hans Leers (L)

I have indicated only the page numbers of the respective repertories, except with regard to the last three which are not, to the best of my knowledge, available with the homoeopathic practitioners here and the last two being in the German language. The additional rubrics and remedies have therefore been mentioned in the list. Instances are not wanting where a particular rubric/remedy not found in one repertory has been found in another, leading to cure. The wisdom of none of the great authors should be ignored and attempts should be made to compile the collective experience and wisdom. I have compiled the list with this view, and to draw the attention of the practitioners to the works available for quick reference. Certainly this list is not claimed to be complete or perfect in all respects; it cannot be. Additions, deletions, and corrections as a result of experience is a continuous process. Many more works may be consulted like *Gentry's Concordance*, *Lesser Writings* of Kent, Boenninghaussen, Farrington, the *Comparative Materia Medica* of Gross, *Consumption* by Gregg, *Sensations*

as if by Roberts and James Ward, Boger's *Repertory*, Lilienthal's *Therapeutics* and many later writings in the journals. Many further rare, peculiar, strange symptoms may further be added as may be observed in the daily practice. I hope to add on these lines later, but still more hope that colleagues would also simultaneously do so. I am also certain that if the homoeopathic practitioners take up in right earnest the quick and safe cure of these common ailments and record the scores, our therapy will be more sought after. If the list helps to some extent towards such a step, I will feel much rewarded.

Cold, becoming, a part of body, agg.—p. 1349 K.

Uncovering a single part agg.—p. 1410 K.

Chill, after exposure—p. 1267 K.

Chill, uncovering amel.—p. 1275 K; add p. 68 L: Mur. ac., carb. v., tab.

Uncovered, wants to be, with cold, dry skin, but desires to be covered with heat and sweat—p. 1275 K.

Chilliness, slightest movement of bed clothes—p. 1265 K.

putting the hands out of bed, from—p. 1284 K and p. 1349 K.

Fever, catarrhal—p. 1282 K; p. 46 C; p. 812 BB; add p. 488 D: Apis, Bell.

Camph., canth., Cham., eupat., Gels., ip., iod., kali c., nux v., puls., sang.

Spong., Sulph., Verat.

Face, Discoloration, during fever, pale—p. 360 K; and red—p. 362 K.

Thirstless, during fever—p. 530 K; p. 879 BB; add p. 492 D: Coff., dulc., tarax., verat.

Coldness of hands during fever—p. 959 K; p. 882 BB.

of foot during fever—p. 963 K; p. 883 BB.

Otitis media—p. 291 K; p. 58 & 97 C; p. 163 BB; add p. 284 D: Acon.

(cold, drafts), apis (oedema, scarlet fever), bapt. (typhus), Bell. (hyperaemia, throbbing), bry., (exudation), Caps., (mastoiditis), Cham. (infants, teething, pain), cinnb. (sinusitis), gels. (grippe), Hep. (suppuration), hydr. (coryza), kali bi. (sinusitis), kali m. (catarrh of eustachian tube), kali permang. (offensive), Lach. (septic), Merc. (abscess), Puls. (measles, pains), rhus. (rheumatism), Sil. (septic, fistula).

Otitis media (chronic)—add p. 284 D: Ac. fl. (fistula), ac. nit. (luetie, fistula), aur. (syphilitic), bar. c. (scrofulous), calc. (lymphatic), calc. i. (scrofulous), iod. (hyperplastic exudate), mater perl. (otorrhoea), sil. (fistula), sulph. (psora), tell. (otorrhoea), zinc. (nerves, reaction medicinae).

Earache from taking cold—p. 304 K; p. 172 BB.

from taking cold in the head—p. 304 K.

cold applications am.—p. 304 K.

damp weather—p. 304 K; p. 174 BB.

warmth and wrapping up am.—306 K.

Sinusitis: SINUSES—p. 113 C.

Pain, forehead, frontal sinuses, from chronic coryza—p. 161 K.

nasal catarrh extends to frontal sinuses—p. 325 K. antrum—325 K.

Sinusitis—(Contd.)

coryza extends to frontal sinuses—p. 329 K.

fullness of nose; sense of, from inflammation of frontal sinuses—p. 338 K.

scraping, posterior nares—p. 349 K.

hawk, disposition to—p. 452 K.

mucous in throat drawn from posterior nares—p. 456 K.

acute—add p. 290 D: Ac. nit. (ozaena, condylomata, ulcers, luetic), ars. i.

(tuberculiatic), asaf. (luetic, coryza, caries), aur. (luetic, hypertonia),

Bell. (acute cold), calc. (psora), cedr. (pains at same hour), Cimb. (pressure

while bending forward), Hep. (mature catarrh), Hydr. (mature, stringy

catarrh), Iod. (hyperplasia), Kali bi. (stringy mucous), kali i. (luetic),

Luffa (obstructed, asthma), lyc. (obstruction), Merc. (recurring), nat.m.

(headache), Phos. (haemorrhages, polypus), puls. (mature catarrh), sabad.

(hay cold), Sil. (chronic), stann. (one-sided obstruction), Sulph. (psora,

resorption), teucr. (polypus), Thuj. (chronic), verb.

chronic (from Dr. Horst Barthel, in the *Zeitschrift für Klassische Homöopathie*

und Arzneipotenzierung, vol. 25, No. 1/1981): Ant.c., ars.i., aur., calc.,

calc.s., cinnb., eucal., fl.ac., hep., hydr., kali bi., kali c., kali i., kali s., lyc.,

mag.c., mag.f., mag.m., med., merc., nat.m., nit.ae., phos., puls., pyrog.,

spig., Sil., stann., stict., sulph., teucr., thuj.

Coryza an. general symptoms—add SR. II: Thuj.

aborting remedies—p. 192 BB.

headache, with—p. 138 K.

with dry coryza—p. 138 K.

suppressed coryza—p. 138 K.

catarrh, chronic—p. 325 K; p. 192 BB.

chronic—p. 326 K; p. 192 BB; and p. 295 D:

ac.nit., aesc., am.mr., ars., Arum., aur., bov., calc.i., caps., Carb.v., cor.r.,

croc., dulc., hep., Iod., kali bi., kali c., kali i., kali m., Lach., Luffa., merc.,

Nux v., petr., ran.b., samb., Sep., sticta., thuj., verb., zinc.

extending to chest—p. 329 K; p. 192 BB; add p. 103 L: Ceba., stict.

constant inclination to blow the nose—p. 324 K.

dry, compelled to blow nose, but no discharge—p. 335 K.

annual, hay fever—p. 326 K; p. 72 C; and p. 295 and p. 488 D: Ac. form.,

ail., Alum., ambr., am.c., Aral., Ars., Ars.i., arum., arund., Ceba., chin.a.,

Cumarinum, eup.ar., Cycl., echi., Euph., Euphr., form., ferr.p., gels., Ipec.,

Iod., Jast., Kali i., kali.p., Lach., lob., lyc., Naph., Nat.m., Phos., Psor.,

ran.b., rosa damasc., Sabad., Sang., Sil., sin., stict., soli., sulph., tub., zinc.

Asthmatic breathing—p. 326 K and 764 and 765 K.

Aged people—p. 326 K.

from a draft of air—p. 326 K.

agg. in cold air—p. 326 K.

commencement, with nose obstructed, respiratory passages as if cold: add

p. 103 L: Camph.

Coryza—(Contd.)

- from cutting the hair—p. 327 K.
- fluent discharge with cough and expectoration—p. 327 K.
- fluent discharge in open air—p. 327 K; am. p. 327 K.
 - in warm room—p. 327 and 329 K.
 - windy weather—p. 327 K.
 - alternating sides—p. 327 K.
 - alternating without discharge—p. 328 K.
 - fluent during day, dry during night—p. 328 K.
 - fluent in sleep—328 K.
- with Fever—p. 328 K.
 - inflammation of larynx—p. 328 K.
- without loss of smell—add p. 103 L: Lyc.
- before menses—p. 328 K.
- during menses—p. 328 K.
- suddenly flowing and suddenly stopping—add p. 103 L: Sel.
- stinks, own—add p. 103 L: Sulph., sul.i.
- with sore throat—328 K.
- in spring—p. 326 K and 328 K.
 - summer—p. 328 K.
- weather—p. 329 K.
- winds—p. 329 K.
- suppressed, agg.—p. 328 K; add SR. II: *Am.m.*, ambr., calad., caust., cham., *chin.*, cina, con., *dulc.*, *fl.ac.*, hep., ip., kreos., kali c., laur., mag.c., nat.m., *nit.ac.*, nux m., petr., phos., rhod., sabad., samb., sars., spig., spong., stann., stram., sul.ac., sulph., teucr., thuj., verat., zinc.
- Sneezing, paroxysmal—p. 351 K; p. 114 C.
 - amel. in the open air—p. 350 K.
 - but nose obstructed—add p. 89 L: Stict.
 - without coryza—p. 350 K.
 - uncovering, from—p. 351 K.
 - uncovering hands, from—p. 351 K.
 - coughing, after—351 K.
 - cough ends in sneezing—p. 804 K; and D: Cina.
 - with cough—p. 804 K.
 - ineffectual efforts—p. 351 K.
 - irritation in larynx, from—p. 351 K.
 - awakes from sleep—351 K.
 - tingling in nose—p. 351 K.
 - thinking of smell of flowers, on—add p. 89 L: Sabad.
 - violent—p. 351 K.
 - in warm room—p. 351 K.
 - with yawning—p. 351 K.
- Snuffles of new-born infants—p. 351 K; p. 114 C.

Snuffles—(Contd.)

constantly but no discharge—p. 351 K.

in warm damp weather—p. 351 K.

Nose obstructed: Alternating sides—p. 341 K.

in children—p. 341 K; p. 351 K.

in nursing infants—p. 341 K.

amel. in open air—p. 341 K.

one sided—p. 341 K.

with pus—p. 341 K.

sensation of obstruction with watery discharge—p. 341 K.

during sleep—p. 341 K.

warm damp weather—p. 341 K.

before menses—341 K.

warm room—p. 341 K.

Tonsillitis—p. 454 K.

Enlargement—p. 451 K.

Swelling—p. 469 K; p. 124, p. 106 C.

painless—p. 454 K.

recurrent—p. 454 K; add p. 323 D: Bar. i.,

Calc., Calc. i., Kali. i., Mez.,

Syph., Thuj., Tuh.

chronic tendency—p. 767 B and p. 589 KN.

add p. 323 D: Bar. iod., brom., (hard), Calc., Calc. i. (sensitive lymphatic),

con. (old people), Kali i. (old sclerotic, luctic), manc. (swallowing impos-

sible), Mez. (old people), Nat. mur. (emaciation, anaemia), phos. (asthenia),

Sul. iod., syph., teucr., (autumn cough), Thuj. (sensitivity to damp, cold),

Tub.; add Dr. Barthel in the *Klassische Homöopathie*, vol. 25, I/1981:

alum., *alumn.*, *bar. m.*, calc. p., guaj., ign., iod., kali bi., mag. p., sang., sep.,

sulph.

throat pain, on becoming cold—p. 458 K.

cold drinks amel.—p. 458 K.

damp weather—p. 458 K.

warmth in general amel.—p. 459 K.

warm drinks agg.; amel.—p. 459 K.

pain extending to ear—p. 460 K.

on swallowing—p. 460 K.

extending to sub-maxillary glands—p. 460 K. add p. 322 K: Left: Acid nit.;

Lach., Merc. b. iod., sabad., sep.

right: Amm. carb., Apis, Bell., Lyc., phyt. (also left).

alternating: Lac. c., lach., (left to right), lyc. (right to left), sabad. (left to

right).

tonsils coated, dark: Carb. ac., bapt., diph., Lach., Merc. cy.

yellow-green: Merc. i. r.

grey-white: Diph., Kali m., Merc. cy., Phyt., sang.

Tonsillitis—(Contd.)

stinking: Acid carb., ac. mur., ac. nit., ail., ars., ars.i., arum., bapt., diph.,

kali, permang., lach., lyc., merc., naja.; add p. 53 L: guaj.

white-slimy: Kali m.

green coated: add L.p. 85: Merc.cy.

enlarged with crypts: add p. 85 L: Calc.i., merc.i.f., sul.i.

Croup, recurrent—p. 747 K.

sequelae—p. 747 K.

agg. after sleep—p. 747 K.

during whooping cough—p. 747 K.

Larynx, inflammation of, damp weather—p. 749 K.

recurrent—p. 749 K.

Bronchitis: Acute/chronic/capillary—p. 44 B; p. 565 BB; p. 4 F; pp. 912-913

FM; pp. 336-340 RAUE.

aged people—p. 835 K; catarrh of old people p. 824 K; rattling cough, old

people p. 801 K, p. 798 K; add—p. 369 D: Stann.i.

children—p. 835 K; during dentition—p. 785 K.

Cough, must sit up—p. 803 K; add p. 367 D: Hyos., mang., phel., zing.

Barking—p. 782 K; p. 890 B; add p. 361 D: gels., Kali br., verb.

evening, must sit up—p. 796 K.

must sit up, and cough it out, after which had rest—p. 803 K.

during fever—p. 791 K.

dry, during fever—p. 788 K.

loose, during fever—p. 796 K.

must hold chest with both hands—p. 792 K.

stomach with hands—p. 792 K.

head with hands while coughing—p. 120 K.

holding pit of stomach, amel.—p. 792 K.

abdomen amel.—p. 792 K.

from irritation of bronchia—p. 794 K.

in lungs—p. 795 K.

of bifurcation of bronchia—p. 794 & 808 K.

mucous in chest—798 K.

rattling with hoarseness—p. 801 K.

without hoarseness—p. 801 K.

brushing teeth; rinsing mouth, agg.—p. 783 K and p. 802 K.

during dentition—p. 785 K.

children with bronchial catarrh fear to cough and seem to avoid it as long as possible—p. 790 K.

sensation as though he cannot cough deep enough to start mucous—p. 785 K.

cold drinks amel.—p. 784 K; add p. 368 D: Tab.

warm fluids/food amel.—p. 810 K.

change of temperature, going from warm to cold—p. 784 K.

cold air or vice versa p. 810 K.

Cough—(Contd.)

- going to warm room—add p. 368 D: Acon., Bry., carb. v., kali. n., Nat. c.
 change of weather—p. 810 K; add p. 368 D: Acon., bell., bar. c., calc., calc. p.,
 hep., nat. s., Nux v., rhod., rhus t., thuj., tub.
 damp weather/damp cold air—p. 782 K and 810 K; add p. 368 D: Tub.
 sleep modalities—p. 804 K.
 suffocative cough—p. 806 K.
 from tickling in bronchia—p. 808 K.
 chest—p. 808 K.
 epigastrium—p. 808 K.
 on touching the canal of the ear—p. 809 K.
 larynx lightly—p. 809 K.
 deep-sounding—p. 785 K; like a trumpet—p. 809 K.
 as if he coughed in tube—p. 809 K.
 uncovering agg.—p. 809 K.
 whistling—p. 810 K.
 winter—p. 811 K; 529 BB; 890 B.
 winter cough of old people—p. 811 K.
 autumn—p. 782 K.
 spring—p. 805 K.

AS THEY MIGHT HAVE BEEN*(Continued from page 433)*

with neither sweats, loss of weight or any apparent disability. It was interesting to me to see how the three strands, Stannum, Iodium and Alumina weave in and out in this case.

One could go on indefinitely adding to these cases in which permanent disability, operations, prolonged confinement and prolonged illness have been avoided through the beautiful exposition of our homoeopathic remedies.

—*The Homoeopathic Recorder*, March 1942