

CASES FROM PRACTICE*

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The homoeopathic physician must be an optimist, chiefly because by training and philosophy he has developed a concept of life, health and disease, vastly different to that held by old school medical thought. The homoeopathist works with the processes of proven laws, and with instrumentalities as subtle as the mysterious force of life itself.

Disease in all its ugly aspects and material changes brings to the homoeopath only the message of inharmony and distunement in the play of vital forces. And as if by white magic, the homoeopathic potion is sufficient to re-establish harmony and order in vital function, and to banish suffering and replace it with comfort and well being and radiant health. So it is not strange that the homoeopathic doctor welcomes a type of sickness that the practitioners of the 'old school' seek to avoid by referring all such to various specialists or by sending them away to other climates and environment.

We are told by competent medical authorities that ninety per cent of acute illness will get well without medical aid by the so-called self limiting nature of acute diseases. And it can be stated without fear of contradiction that most acute illnesses recover quicker and better if only left to nature's powers unhampered by empirical medicine.

In the realm of chronic disease we hear another story. Cancer, epilepsy, diabetes, asthma, tuberculosis and many forms of chronic dermatitis are listed as incurable, and the majority of 'old school' doctors prefer not to treat them other than in a palliative way. Homoeopathy alone offers encouragement, hope and comfort to these unfortunate victims of chronic disease without mutilation and without financial embarrassment. To the real physician the response of some of these cases to homoeopathic treatment is amazing and satisfying beyond the power of language to adequately describe.

The first two cases presented are patients who suffered for years with chronic gastric and intestinal ulcers, diagnosed and treated by 'old school' doctors after elaborate x-ray and laboratory tests of blood and stomach contents, rendering the diagnosis accurate and complete.

Mr. F. W. T. Age 29.

Dec. 18, 1939. Since 1935 has suffered with gastric and intestinal distress. X-ray at that time revealed duodenal ulcer; was given milk diet with alkaline powders and relieved for a while.

About two years ago had a protracted dizzy attack resulted in fainting

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accompanied by very low blood pressure. Never had any haemorrhage or vomiting. Has lost some weight because of the restricted diet.

His work confines him to much desk work and intense mental application. He has periodic neuralgic headaches. There is no marked response to heat or cold. Is a good water drinker, wants it fairly cold. Sleeps well if digestive pains are not present. Recent test of urine negative. Mental strain and hurry <. Rarely has any perceptible gas. Bowel elimination regular. Very sensitive to a close hot room. No food desires or aversions. Arg. nit. 10M.

Had facial acnea cured by x-ray treatment before his stomach trouble!

Dec. 29, 1939. First two weeks was better but for the last week there is more pain especially when stomach is empty, Graph. 10M.

Jan. 3, 1940. More pain than he has had in a long time; pain wakened him several hours after he went to sleep. Mez. 10M.

Feb. 21. No relief until the last two days. Continued Mez. 10M.

March 8. More acidity and pain, must drink milk every hour for relief. Pains awaken him too early in the morning. Graph. CM.

March 27. Improved. Continued last remedy.

May 15. Much more pain again lately, some tenderness in appendix region. Pains occur two to three hours after eating. Burning acid pain but no nausea; cold things feel better in his stomach. Phos. 1M.

July 17. Has been much better but some slight return of symptoms. Phos. 10M.

June 1, 1941. A report from him through a friend says he is in perfect health and enjoys all kinds of food with no distress. He feels that he is cured.

This case presented few therapeutic symptoms, hence the application of a number of remedies, some of which were of doubtful value. It is interesting to note that Phos. is one of the best antidotes for the therapeutic abuse of x-ray and radium; but as no recurrence of acnea occurred we can hardly call this one of suppression, although the effects of the x-ray might well be a causative factor in the case.

I would be grateful for any observations relative to the effects of x-ray radiations for treatment purposes from other members of our society.

Case II. O.P., age 45.

Oct. 23, 1940. Ulcer of cardiac end of stomach, recent x-ray diagnosis. 'Old School' treatment, liquid diet and alkaline pills. Has little thirst; has lost considerable weight, now weighs 132 pounds. Bowels, normal, some night frequency. No nausea or vomiting. Not affected by weather changes. Lumbar pains extend from back to stomach. Generally > when resting. Mutton tallow in the stomach gives the most relief. Nit. ac. 10M.

Nov. 13. Bowels better. Weighs 135 pounds with heavier clothes. Continued the remedy.

Dec. 4. Had an accident, lost a finger, at his work. Nit. ac. 50M.

Dec. 27. Improved, gained two pounds. Continued the remedy.

Jan. 17, 1941. Nit. ac. 50M.

Feb. 12. Since a cold in chest has had burning in stomach with much gas. Carbo veg. 50M.

March 14. Better, gained a pound. Continued.

April 2. Better until he had a nervous upset. Carbo veg. 50M.

April 30. Generally better. Continued.

May 23. Improved, weighs 140 pounds; says he is well back on his accustomed diet. Continued.

It would be interesting to have another x-ray examination of both of these cases, but it is difficult to persuade patients to go to the expense and trouble when they are well.

Asthma is generally considered incurable by 'old school' authorities; hence their usual procedure is palliation with drastic medication, with adrenalin injections and antispasmodic drugs which are the chief factors in rendering these unfortunates incurable. Such treatment also is the chief obstacle the homoeopathic doctor must overcome in the restoration of the asthmatic patient to health. Hence many of the chronic drug-soaked individuals take long and tedious prescribing with a series of complementary remedies to produce a cure.

Two cases follow:

Mrs. C. P. Age 47.

April 1, 1940. Has had asthmatic attacks for the past ten years with all kinds of treatment and is steadily getting worse. Has always been subject to catarrhal conditions. Gall-bladder removed years ago. Had kidney trouble while carrying her children. Heart sounds are good, but has much gas gurgling in transverse colon. Bowels always regular and has normal movements daily. Headaches only during asthmatic attacks. No unusual thirst. Generally better in warm weather. Walking < asthma also < the back pain. Not sensitive to cold but sensitive to a hot room, wants the fresh air.

Heat flashes last two or three years. Menses intermittent lately. Sleep is poor, restless and broken. Frequent urination. Irritability increased and more sensitive to noise; not tearful. Upper teeth are out, but lower teeth are infected. Carbo veg. 10M.

April 8. Has an acute attack from a cold. Carbo veg. 10M.

April 16. Has been some better but wakens with attacks about 5 a.m. Kali carb. 10M.

May 2. Has been better but has a light attack. Kali carb. 10M.

June 4. Better but feels a cold coming on. Kali carb. 50M.

June 18. Has an earache (old symptom). Continued.

July 3. One attack of asthma and hot flashes; ears are better. Kali carb. 50M.

Aug. 2. Better every way. Continued.

Sept. 13. Kali carb. 50M.

Oct. 18. Suffocating sensation in throat; asthma has been better. Lost sixteen pounds from 180. There is a slight asthmatic rale in left bronchia; has had a slight cold. Kali carb. CM.

Jan. 15, 1941. Has a slight cold. Kali carb. 10M.

March 22. Kali carb. 10M.

May 1. Patient's daughter reports mother well and free from asthma.

Miss F. F., age 30.

June 13, 1935. Has had asthma and bronchitis and asthma all her life. Had several attacks of pleurisy as a child. Always had a marked tendency to catch cold. Constipated tendency. Generally better in warm weather. No menstrual troubles but delayed at times, three or four months. Had a bad nervous breakdown ten years ago. Mother living, age 55, has diabetes. Father, 64, in general good health but gets attacks of asthma. Patient sleeps well as a rule. Restless type. Very sensitive to noise. Appetite not keen, has no thirst. Uses a very careful diet, mostly vegetables and fruits. Heart and lung sounds are normal. Ant. tart. 10M.

June 13 to July 22. Slightly relieved. Ant. tart. 10M.

Aug. 7. Asthma < damp weather. Nat. sulph. 10M.

Aug. 19 to Sept. 23. Asthma better but has had an intolerable nervous crawling in skin, as if bugs were crawling, which was removed by Cocc. croc. 10M, several doses a month apart.

Oct. 9. Has severe cold with hoarseness and spasmodic cough. Carbo veg. 10M.

Oct. 16. No relief of severe spasmodic cough and asthma is much <. Meph. 10M.

Oct. 23. Slightly better but asthma is still very bad. Meph. 50M.

Nov. 12. Improved. Continued.

Dec. 5. Meph. 50M.

Dec. 26. Relieved until today. Meph. 50M.

Feb. 7, 1936. Asthma better but sore throat and sinus catarrh. Meph. 50M.

March 7. More asthma. Meph. CM.

April 27. Has been better but symptoms are coming back. Meph. CM.

May 11. Has an attack of asthma which was > after an attack of 'flu'.

Continued.

Sept. 1. Improved; remedy has been continued since last dose until today. Meph. CM.

Sept. 23. Catarrh of nose and throat < but asthma better until recently; very constipated, face sallow. Sepia 10M.

Oct. 3. Has been better. Sepia 10M.

Nov. 19. Sepia 50M.

Dec. 3. Shortness of breath and fullness after a little food. Lyc. 10M.
 Jan. 16, 1937. Continued the remedy.
 Feb. 18. Lyc. 10M.
 March 4. Better until she caught cold. Lyc. 50M.
 March 25. Lyc. 50M.
 April 15. Better. Continued the remedy.
 May 1. Doing well. Continued.
 May 24. Better until recently. Lyc. 50M.
 June 30. Lyc. CM.
 Aug. 24. Has been on Sac. lac. and well until now some return of symptoms. Lyc. CM.
 Sept. 27. Has been better in every way. Lyc. CM.
 Oct. 25. Lyc. DM. Better until Dec. 11. Lyc. DM.
 Dec. 24. Coryza and cold, excoriating discharge. Chilly and weak. Ars. 10M.
 Jan. 8, 1938. Improved after cold.
 Jan. 22. Another cold with laboured breathing and hoarseness. Carbo veg. 10M.
 April 3. Improved since last remedy; slight asthma. Carbo veg. 10M.
 April 30. Carbo veg. 10M.
 May 17. Better until today. Carbo veg. 50M.
 June 2. No asthma until recently and attacks much lighter. Carbo veg. 50M.
 July to Aug. 1. Continued the remedy.
 Aug 30. Continued the remedy.
 Sept. 2. Better. Carbo veg. 50M.
 Dec. 17. Has been better. Carbo veg. CM.
 March 18, 1939. Has intervals of months without asthma. No medicine until March 18, 1939. Carbo veg. CM.
 Aug. 15. No more medicine until this date. Carbo veg. CM.
 Jan. 5, 1940. Carbo veg. CM.
 March 15. Asthma has not bothered her for months but the constipation continues to bother and the finger nails are thin, ridged and brittle and the teeth show a deficiency of enamel and some acid eruptions are on face. Calc. fl. 10M.

Calc. fl. at infrequent doses in gradually increasing potencies from the 10M. to the CM. potency has helped the constipation and improved the stamina and appearance of the patient from a lifetime of suffering and weakness, and a future of hope and well-being stretches out before her; but this happy result could only be won by courage and persistent intelligent application of the Hahnemannian law by the patient and the doctor.

The patient was constitutionally weak with a poor inheritance and even good remedies failed to hold sufficient intervals to give nature the chance to build better cellular structure. Perhaps a nosode might have simplified and

shortened the time required to cure, but none stood out in the family history or the symptom complex. The order of the last remedies in sequence, Lyc., Carbo veg. and Calc. fl., is interesting.

Eczema or chronic dermatitis is among the difficult and discouraging conditions met with today. Most cases coming to the homoeopath have been the rounds of allopathic specialists and have had suppressive ointments of metallic poisons, etc., and in more recent times x-ray radiations.

These pernicious and suppressive treatments either < the skin condition or drive it inward to some vital part of the economy, generally resulting in a bronchial asthma or a chronic enteritis. Such a case coming to the homoeopath must be made to understand that the treatment requires time to remove constitutional and inherited causes and that palliative treatment only serves to prevent the cure.

Dec. 29, 1939. Mrs. E. J., age 60. Dermatitis for the last ten years, sticky itching eruptions forming a mass of dark brownish crusts exuding serum, recurring off and on. Always < winter and covering hands and fingers extending up to wrists, scattered spots on arms. Good general health. (This is true of the majority of these patients; vitality is sufficient to keep the disease cause from the centres to the surface of the body.) No trouble with bowel elimination. Mother of three healthy children. Had an ulcer of leg following an upset carriage, now healed. Drinks three or four cups of coffee a day. Eats too much pastry and pork.

Has had x-ray and ultraviolet radiations on hands and many salves without help. No urinary symptoms. Was told at Billings Clinic they could do nothing for her. Graph. 10M. with a corrected diet.

Jan. 20, 1940. Better until recently, has taken cathartics. Graph. 10M.

Feb. 10. Since a nervous shock and a cold has not been so well. Graph. 50M.

March 6. Better continued.

April 4. Graph. 50M.

April 11. Eruptions < again, now scalp is involved with violent itching. Feeling good generally. Continued.

May 7. At a standstill. Graph. CM.

May 23. No change. Mez. 10M.

June 11. Eruption better but right leg is swollen. Continued.

July 11. Better every way. Continued.

Aug. 6. Mez. 10M.

Aug. 27. Continued.

Oct. 3. Better but hands rough and sore. Mez. 50M.

Nov. 7. Not as well again. Mez. 50M.

Dec. 16. Improved. Continued.

Feb. 20, 1941. Bruised right foot severely. Arn. 10M.

March 4. Eruptions gone but there is return of old leg ulcers. Carbo veg. 10M.

March 28. Ulcer healing slowly; this is the spot where eczema began.

May 2. Ulcer at a standstill. Carbo veg. 50M.

May 26. Ulcer healing with burning pain. Eczema gone. Mez. CM.

June 10. Ulcer healed; no more eczema, skin everywhere smooth and normal.

We are told that tuberculosis is one of the chronic diseases that medical science has made some progress in lessening and controlling. However, their chief efforts have been spent in the field of prevention by isolation and control. As for the cures, they are far from definite and uniform. That rest and nourishing diet and abundance of fresh air are strong factors in the combat against the tubercular ravages must be admitted; but the universal operation of pneumothorax is far from satisfactory as far as real cure goes. Under this regime the tubercular patient is either a semi- or complete invalid for life. It is stated that about ten in a hundred persons become immunized against the disease and recover; and the others die in a more or less short period of time.

Homoeopathy, added to rest, diet and fresh air, without pneumothorax, has a much better record in the cure of tubercular sufferers.

It is true that it takes persistent and protracted, unremitting effort in the way of careful prescribing along with the other things mentioned to make the majority of these affected ones well. But when they are cured by homoeopathic prescribing there are no relapses or any of the so-called sequelae such as weakness, anaemia, etc.

Dr. Kent mentions an observation of his, that many of the so-called cures of tuberculosis by natural methods later in life become insane, an indication of suppression rather than cure, the disease progressing from less to more vital centres.

One case is presented to illustrate the certain curative power of the homoeopathic remedy when obtained and administered properly. This case, a nurse, I never saw, but all the data including x-ray and copies of laboratory reports with history and clinical findings were sent me. As nothing but common and diagnostic symptoms were sent the remedy was selected from her blood, specimens of which were obtained at monthly intervals.

On Dec. 18, 1938, when first blood specimen was obtained for remedy finding, the patient, Miss H. M., age 25, had been undergoing a rest cure for eighteen months. The following report from Ontario Department of Health came about a year after the homoeopathic remedy was given.

Name of Pt., Miss H. M.

Physician referring pt., Dr. Higginson, Pembroke, Ont.

Contact with Tuberculous Diseases: Sister died from Tuberculosis 1933
—No contact. Contact as a nurse.

History: Has rested 1½ years; feels well at present, some pain in left chest, easily tired, gained in weight. No cough, no sputum.

Physical Findings: Temp. 4 p.m. 97. Wt. 116 lbs. Development—Fair nutrition.

Lungs: Some diminished resonance over the apices. Other conditions: Thyroid palpable. Tuberculin Reaction Pos. before.

X-ray interpretation: Right lung: slight increase of linear markings. Left lung: There is a cloudy shadowing about the size of a small marble in the 1st interspace and in the 2nd. Compared with film taken, June 6, 1939, there is some improvement within the two interspaces.

Diagnosis: Pulmonary tuberculosis, minimal, quiescent.

Recommendations: The blood sedimentation was 7 in the 1st hour which is quite normal.

D. MC CALLUM
Clinician.

A report on the stereoscopic chest films, for comparison, also follows:

Re: Miss H. M.

Stereoscopic chest films for comparison.

Right lung: Is clear.

Left lung: There are a few nodular clouds scattered through the 1st and 2nd interspaces. The trunk structures in these interspaces are accentuated. There is also some thin mottling within the circle of the 1st rib. The base of the lung is clear. There is no evidence of cavity.

Compared with film taken March 2, 1938:

The right lung was clear at that time also. On the left side, the infiltration in the 1st and 2nd interspaces has contracted considerably and has changed from soft exudative clouding to a nodular productive type which has very little surrounding perifocal reaction. While definite improvement has occurred in the left apical lesion, it cannot be classified as healed and maximum benefit has not yet occurred.

Films taken at this Sanatorium on July 6, 1937, showed no disease on the right side and the disease on the left was a diffuse area of clouding in the centre of the 1st interspace. The films taken at Pembroke in March, 1938, showed a definite spread of this disease down into the periphery of the 2nd interspace while the newest film shows definite improvement.

E. J. LEHMAN

The selected remedy in this case, *Ars. iod.* 10M., given first Dec. 21, 1938, was repeated at intervals of from one month to six weeks and in successively increasing potencies until the DM. was reached and taken Feb. 18, 1941.

March 21, 1941, reports from x-ray taken March 19, 1941, interpreted by D. H. as being as good as it will ever be. Patient feeling very well and back at hospital on full time duty. Regaining weight; still becomes tired after a heavy day, but on the whole says she is finding it easier each day.

Latest report is that she is contemplating marriage.

It is only in cases not too far advanced where tissue changes are not too great that a cure can be consummated with a single remedy given in a succession of potencies. Advanced cases frequently require a succession of remedies not too high in potency over much longer periods to effect cures.

I had hoped to present a case of epilepsy and one or two of diabetes but the paper is already too long for reading before our Bureau, but will present an unusual one on breast cancer briefly even though it may not be read for lack of time.

Cancer of the breast cured by the single remedy is not often met with and when such results are obtained it almost seems to belong in the realm of the miraculous. From very ancient times down, cancer has been the most mysterious and implacable disease to afflict and baffle the race. Whenever its dread presence creeps in on its hapless victim there dwells tragedy and utter despair with suffering, impoverishment and death as the certain seal of doom. Such is the disease picture presented by millions in the world today, and modern medical science stands impotent to help. Yet Homoeopathy is curing many of these unfortunates and prolonging life with comparative comfort in many more. And as time passes on Homoeopathy alone will save the race from the evils of these constitutional and inherited diseases transmitted down the generations.

The obvious lessons taught by the numerous and painstaking experiments on rats by Dr. Maud Sly is illuminating to all who are not willfully blind. Cancer may be bred out of rat families and bred into the cancer free families by selective mating. Men and women, by carefully selecting their mates, especially along homoeopathic lines, would rid the world of cancer, tuberculosis, epilepsy and many types of insanity in three generations, if such selections could be reinforced by careful homoeopathic prescribing. The aforementioned group of diseases are all the product of a common disease soil, as all homocopaths know.

A brief report of a very remarkable response to the indicated remedy follows:

Oct. 21, 1938. Mrs. A. M., age 30. Married, mother of two healthy children, herself in apparent good health but recently developed a lump the size of a small hen's egg in the left breast, fixed but not painful, although showing a deep red colour on the skin covering the growth with a small area of raw surface. This patient lived about a hundred miles from Chicago and had previously consulted her local doctor who, after making a biopsy, advised immediate removal of the breast.

The growth was first noticed about two months before her first visit to my office. No symptoms of pain, no functional disturbance of digestion, no abnormal menstrual symptoms could be found. All vital organs were normal. The only mental symptoms were those of deep concern because of the tumour and its diagnosis with the gloomy prognosis.

The remedy was selected over the patient's blood, which confirmed the

other physician's findings except that it was found to be of tubercular type and origin. Naja was the remedy found and it was given Oct. 23, 1938 in the 50M.

Dec. 16. The lump in breast red and painful the past week; before this time was much improved. Naja 50M.

Jan. 3, 1939. Lump in breast opened and discharged serum and blood. Continued.

Jan. 24. Is stronger and lump smaller. Continued.

Feb. 17. Spot on breast smaller, generally better; weight 116, a gain of four pounds. Naja 50M. Remedy continued until April 14, when Naja CM.

Aug. 8. Naja CM., second dose. This acted with patient improving in weight and strength with growth diminishing in size until Nov. 16, when the third dose of Naja CM. was given.

Feb. 2, 1940. Breast healed, growth gone, weight 120 pounds. Menses delayed two weeks, suspects pregnancy.

Feb. 27. Fourth dose of Naja CM. Is sure of pregnancy.

The following November gave birth to a healthy baby with no recurrence of breast trouble and had no more medicine until Jan. 14, 1941, Naja DM was given. Has reported perfect health and no breast trouble.

March 13, and last report April 17, is perfectly well and happy. No more medicine; patient dismissed cured.

—The Homoeopathic Recorder, October 1941