

HOMOEOPATHIC OR SUKSHAM DOSE

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According to homoeopathic philosophy diseases are dynamic in nature. Therefore, the remedy to cure and to reach the depth of the deep rooted disease must also, as a rule, be dynamic in form and power. The physiological action of drug is, in fact, not its therapeutic and curative action. It is a fundamental principle that quality of action necessary to effect any change in nature is the least possible. Therefore, the dose of infinitesimal quantity that thoroughly permeates the organism and make its essential impress upon the vital force is that which will affect the functional sphere of individual. The potentised homoeopathic remedies at ultra high dilutions fulfil the above criterion. But the main enigma in a prudent mind, in this scientific era, is that quantity of drug in infinitesimal doses is so subtle that it doesn't suggest involvement of chemical reactions or physical engagements in the organism.

The prime scientific problem today is, how homoeopathic drugs when diluted beyond Avogadro's law (i.e. diluted upto 6.023×10^{23}), since there cannot be any molecule left behind, do any good for living system? Therefore, there must be some other hair-splitting mechanism which brings spirit like medicinal properties of crude substances upto the level of spiritual plane. Hence efficacy or micro dose of homoeopathic drugs can be elucidated in terms of bio-energetic science by citing great Einstein's theory of mass and energy $E = mc^2$, according to which mass and energy are interchangeable. Accordingly, process of preparation of micro-doses can be divided into 3 steps. First, the endo-energetic phase, in which dormant energy transformed from medicinal matters during potentisation is absorbed in the vehicle. Second being the conservation of energy within the system and the third is the exo-energetic phase, during which stored energy is radiated from subtle dose on administration of drug.

At this ultra high dilution, though the *suksham* (ultra micro) dose is devoid of any molecule of original drug substance, nevertheless it contains esoteric active energy. These drugs in ultra-micro quantities (not forgetting the energy they possess) when administered by olfaction, rubbing on skin or keeping it on the tongue stimulate the sensory nerves present on the surface. Central nervous system can also be affected through interconnecting neuronal routes by action of these *suksham* drugs on local chemo-receptors or nerve endings. Thus central nervous system after having been influenced by these micro-drugs, affects in turn, the organs which it supplies 'in vivo' and alter the harmony of normal physiological processes of the body. Artificially produced stronger diseases, therefore, annihilate the weaker and natural one provided both are similar in kind (aphorism 26 of the *Organon*).

This is only possible by dynamic and spiritual *suksham* dose of the drug which is homoeopathic to the case.

Beside aforementioned hypotheses, a few practically proved facts will help strengthen the action of infinitesimal or *suksham* dose of homoeopathic drugs, viz. Dr. Teid Hunt showed that cobra venom haemolyses RBC upto 10,000,000 dilution, Dr. Hoskin proclaimed that epinephrine can readily be detected by biological assay in the dilution of 1: 300,000,000 etc., etc.

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LETTERS TO THE EDITOR

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R. K. Kapoor, Allahabad, *Journal of H.M.A.I.*, March-April 1979 issue). Last but not the least, we the homoeopaths should not be like the frogs in the well, but must come out of it and have a holy dip in the vast ocean of homoeopathic as well as allied medical literature so as to become competent in all spheres.

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