

THE EXCITING CAUSE OF THE DISEASE AND HOMOEOPATHY

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Mr. Sarker, aged about 26 years, came to me on 27.2.33 and reported that his life was being spoiled and he was gradually dwindling away due to a bad habit of masturbation. He knew well about the bad effects of this secret vice but he could not avoid it though he had every desire to control it.

I took down the history of the case and present the same as under:

- (1) Irritable, irritability induces tendency to masturbate.
- (2) Absent-mindedness. Isolation from the surrounding. Lacking in concentration.
- (3) Element of sexual pleasure in the thoughts, indulging in voluptuous thoughts. Excessive indulgence of voluptuous thoughts causes involuntary seminal emissions without any excitement.
- (4) Night pollution when masturbation is discontinued for several days or indulged in excessively.
- (5) Memory very weak, which was very keen before.
- (6) Male organ small, feeble and curved.
- (7) Palpitation of heart, pain in the chest, back and sides, shifting in character.
- (8) No relish of food, no appetite, bowels not clear.
- (9) Piles aggravated after masturbation. No bleeding, needle like pricking sensation.
- (10) Easily susceptible to cold and history of skin disease frequently.
- (11) Likings: Sweet and soury things. Likes to bath, fond of open air, wants warm things.
- (12) General weakness, vertigo while getting out of bed. Eye sight diminished.

"What is that thing", asked the patient, "which induces me to masturbate and why I always think of sexual pleasure though being a bachelor I try my best to avoid them, which I cannot but help"? This was the main problem with him for which he had tried medicines of other schools without any success. His life had been made a miserable one as he was gradually losing his weight and he was becoming weaker day by day.

Now to solve the problem once for all, I had to tell him that his mental equilibrium had been set at naught due to the internal psora, which is the root of all these evil thoughts and doings.

As the exciting cause of these untold miseries with this young man was due entirely to the bad effects of masturbation, I tried to untold the secret key of prescription through this main head. On studying and repertorising the case, I got out Staphysagria to be the most similimum in this case which was

prescribed in its 200th potency single dose on the 28th February 1933. This very first prescription took away the tendency to masturbation right away within a very short time and he had been improving mentally and physically by and by.

About 3 weeks later he was again falling a prey to this bad habit and the number of night pollution was increased when I had to give him another dose of the same medicine after succussion. This kept him out of the thought for another month or so and another dose in the 1M potency was required to complete the cure. The tendency to masturbation has entirely gone and the sexual matters do not disturb him much. He is gradually gaining weight and strength.

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