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**MENTALS**

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For the past few years we have made it a habit, encountering significant homœopathic ideas, to cut them down to a line or two, numbering them as they come, recording the source, the author, and indexing them. They are prefaced by the following quotation given to Samuel Hahnemann as a boy by his father: "Never take anything for granted nor receive anything in any science as a truth until you have investigated it for yourself." You will notice much overlapping and repetition which is intentional and we believe useful. Here are some mentals taken from this accumulation which now numbers 3393.

6. In differentiating two fairly similar remedies let the latest manifestations plus the mental state be the deciding factor. (Boger.)

94. Never give *Aconite* where the sickness is borne with calmness and patience. (Hahnemann.)

95. *Chamomilla* is unsuited for patients who bear pain with calmness and patiently. (Hahnemann.)

97. *Nux* is useful in anxious zealous, fiery

people with hot disposition, or malicious, wicked and irascible. (Hahnemann.)

323. Whenever under homoeopathic treatment the mental grows worse, the patient will never be cured. If the mental does not improve the patient is growing worse. There is no better evidence of good action of a remedy than mental improvement. (Kent.)

322. Marked mental symptoms associated with the present acute state are the most important for prescribing. (Tyler, *Homoeopathy*, Dec.'32.)

405. In prescribing for acutes look first to any *change* in disposition brought on acutely. The usual mental state is less important and may be considered later in selecting a remedy.

453. *Changed* mentality due to disease is the most important pointer we can get, to the remedy. (*Homoeopathy*, '38, p. 97.)

454. Harmonize the mentality of our patient and his body will invariably take care of itself.

518. Dullness and Sleepines :

*Op.* : Dark red or purple face of blood congestion.

*Ant. t.* : Always pale or cyanotic, never red and no stertor as in *Op.*

*Nux m.* : Is benumbing of the senses, cannot think and usually has excessive dryness of the mouth with no thirst.

683. *Pulsatilla* is supposed to be fat, slow, phlegmatic, fair, blue-eyed and to hate fat, but mental symptoms, even in atypical patients, determine the remedy. (*Homoeopathy*, '32, p. 353.)

706. Aconite is a turmoil in circulation, *Belladonna* in brain and *Chamomilla* in temper. (I.H.A. Transactions, '27, p. 83.)

727. Provings with crude drugs or low potencies produce more physical, body symptoms. With high potencies we get mental and physical response. Low may be useful in purely physical ultimates and high in strongly mental. (Wier, *Homoeopathy*, '33, p. 199.)

800. Get a strong and marked mental symptom, right in drug and patient, and the magic begins to work. (*Homoeopathy*, '35, p. 270.)

842. The patient is greater than his parts and marked mental symptoms, especially if peculiar to the patient during this sickness, i.e., part of his acute picture, should determine the remedy. (*Homoeopathy*, '33, p. 184.)

1145. Sensations and mental symptoms, all important to us, cannot of course be had from provings on animals, i.e., away from home while at home, the determining symptom for cure of many a pneumonia as well as bruised soreness sensation which lifted *Arnica* from domestic use to its high position in scientific healing. (Hahnemann, *Homoeopathy*, '32, p. 141.)

1178. The mental state of *Bryonia* is usually helped by cool air. *Apis*, *Puls.* and others. (*Homoeopathy*, '35, p. 57.)

1197. Every physical or mental derangement is first a disordered vitality. Every cure is restored vitality. Medicine must go further than the mechanism. (*Homoeopathy*, '36, p. 59.)

1328. Physicians have known heretofore that *Veratrum* facilitates the cure of at least one-third of the cases of insanity generally occurring in lunatic asylums. (Hahnemann, *Materia Medica Pura*, pp. 235, 236.) I have frequently cured patients by the smallest part of a drop of the 12th potency mixed with the usual beverage in order to avoid all violence.

1329. This observation (1328) corresponds with my observation with *Melilotus*. (*I.H.A. Transactions*, '89, p. 180.)

1447. Mental depravity—*Bufo*.

1614. Mental disease and diabetes are usually sycotic. (*I.H.A. Transactions*, '12, p. 225. J. H. Allen.)

1647. In failure to recover from acute disease or mental trauma, *Psor.* often blankets the whole case. (J. B. Campbell, *I.H.A. Transactions*, '14, p. 124.)

1652. The equilibrium of the body is upset by fright, fear, timidity, anger, grief and worry and mended by joy, cheerfulness, contentment, enthusiasm, hope, kindness, rest, recreation and love. These latter are surely restoratives. (*I.H.A. Transactions*, '15, p. 79. D. C. McLaren.)

1808. Failing brain power—*Lyc.*, *Phos.*, *Bar. c.*

1001. Catatonia with epistaxis, bright red, induced by crying, cleared speedily under *Nit. ac.* 10M. (Carr, *I.H.A. Transactions*, '29, p. 502.)

2128. *Hyos.* is a mean acting remedy when it is not perfectly suitable. (Hayes, *I.H.A. Transactions*, '37, p. 554.)

2248. Insanity is frequently a manifestation of

the consumptive state. *Tub.* has helped. (Clarke, *Materia Medica*, p. 1462.)

1793. *Melilotus*: Fear of almshouse, not at home; at home suspicious, wakes at 3 a.m., capacity for business gone, insomnia, panic. *Verat.* cold sweaty face, *Meli.* head hot, red face.

2329. *Op.* especially in the aged where inactivity of bowels is due to cerebral complications. (Dewey, *I.H.A. Transactions*, '32, p. 607.) Torpidity, inactivity of mind and body.

2452. *Staph.* cured two cases of loss of memory from masturbation in students. (Clarke, *Materia Medica*, p. 1254.)

2557. The most usual concomitants of hay fever are finger or toe eruptions, unusual mental or emotional symptoms, circulatory disturbances and menstrual dysfunctions. (Roberts, *I.H.A. Transactions*, '36, p. 118.)

2594. Not the usual mental state but rather the change in mentals due to disease, are important in selecting a remedy. And the failure to make this distinction leads to failure in prescribing. (Case, *I.H.A. Transactions*, '27.)

2615. *Ammonium carb.* is not for the strong-minded, but for those easily impressed, hypersensitive to contacts with other minds. (E. Wright, *I.H.A. Transactions*, '29, p. 258.)

2830. With particularly striking mentals often most else may be disregarded. (Bond, *I.H.A. Transactions*, Nov. '40, p. 35.)

3012. A case of insanity with pityriasis yielded rapidly to *Bacil.* (Clarke, *Materia Medica*, p. 237.)

2992. Sensation as if past were absent : *Cocain*.  
(Roberts, I.H.A. *Transactions*, '31, p. 225.)

2282. Deleterious psychic influences must be removed if we are to cure chronic cases. (Underhill, Jr., *Case Management*, I.H.A. *Transactions*, '32, p. 138.)

2521. Here are grouped a lot of mentals, Bach's remedies and others :

*Agrimony* : Tortured restless spirit. Must get back to work.

*Cichorum* : Self-centered, dominating, selfish.

*Cistus* : Desperation.

*Clematis* : Indifference, don't care, do-nothing state.

*Hotonia* : Brave calm spirit, always tries to save others trouble.

*Mimulus l.* : Calm, fear underneath, do anything to avoid controversy.

*Scleranthus* : Indecision, nothing satisfies.

*Sonchus arvensis* : Deep gloom always.

*Verbena hastata* : Self-willed, unconquerable, walk-right-throughitiveness, little terror, unmanageable.

*Verbena officinalis* : Self-sacrificing, gentle, devoted.

*Med.* : Mean, cruel.

*Kali i.* : Mean, cruel, especially to own family.

*Acon.* : Fear of facing death.

*Kali br.* : Profound melancholy, night terrors, anguish, religious depression, fidgety.

*Phosphoric acid* : Stupefaction, debilitated, apathetic, quiet.

*Calc.* : Fears he will go crazy.

*Impatiens* : Fretting, sleepless from thoughts, weeps, continual complaining of pain.

*Psor.* : Despair, hopeless, full of fear, evil forebodings, anxiety, despondency.

*Lecithin* : Emotional trauma, marked nervous exhaustion in acute illness, internal quivering, confused head. (Hayes, I.H.A. *Transactions*, '30, p. 212.)

*Nit. ac.* : So angry he trembles.

*Staph.* : Ailments from indignation, vexation, sleepless.

*Ign.* : Sighing and sobbing, hides grief, ever changing mood.

*Puls.* : Makes grief known, invites sympathy, lachrymose.

*Nat. m.* : Grief, consolation aggravates.

*Graph.* : Timid like *Puls.*, but also impudent, teasing, laughs at reprimands.

*Ars.* : Fastidious, orderly.

*Bry.*, *Cham.*, *Nux v.* : Irritable.

*Plat.* : Hauteur, superiority.

*Sil.* : Lack of self-confidence, inferiority complex.

*Apis* : Presentiment of death.

*Aur.* : Talks of suicide, brooding melancholy.

*Sep.*, *Phos.* : Lack of natural affection.

*Merc.*, *Nux v.* : Impulse to kill those dearest.

*Chin.* : Suicidal promptings not open and obvious as in *Nat. s.*

*Hyoſ.* : Confusion of the aged added to its well known *mania* manifestations.

Do you realize that homœopathy may play a part in our present seeking after *peace on earth, good will toward men* ?

#### DISCUSSION

DR. GRIMMER : It is an excellent paper and it really shows the necessity for close study of the mental and emotional

symptoms of our remedies. There are volumes of them to be had. It is only a matter of digging into them and studying them. There is a book from Hering on symptoms of the mind that is very rich in these things and has a number of model cures that are culled from a great many of the prescribers. Those things will help anybody if they go into a study of it.

I think Dr. Moore showed a lot of resources in tracing the various sources of our remedies.

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### DIS-EASE

BY EILEEN HOMER

Deviations from healthful normality are called diseases. The word disease is a very appropriate one. It describes a condition in which the patient is not at his ease. Hence diseases range from trifling complaints to the most serious maladies. Logically the word disease, lack of ease, should be applied only to relatively slight ailments. At the same time I wish to point out that ailments which may appear trifling to the doctor are often not at all trifling to the patient. Therefore complaints about slight anomalies and disorders should not be disregarded or be treated as a joke. There are men and women who would rather bear a serious illness than be afflicted with a pimple on the chin, a wart on the nose, malodorous perspiration, etc. Let us look at some of the complaints which are scarcely mentioned in the textbooks and which often produce deep distress and suffering among the sensitive.