

symptoms of our remedies. There are volumes of them to be had. It is only a matter of digging into them and studying them. There is a book from Hering on symptoms of the mind that is very rich in these things and has a number of model cures that are culled from a great many of the prescribers. Those things will help anybody if they go into a study of it.

I think Dr. Moore showed a lot of resources in tracing the various sources of our remedies.

—*The Homœopathic Recorder*, April, 1947.

DIS-EASE

BY EILEEN HOMER

Deviations from healthful normality are called diseases. The word disease is a very appropriate one. It describes a condition in which the patient is not at his ease. Hence diseases range from trifling complaints to the most serious maladies. Logically the word disease, lack of ease, should be applied only to relatively slight ailments. At the same time I wish to point out that ailments which may appear trifling to the doctor are often not at all trifling to the patient. Therefore complaints about slight anomalies and disorders should not be disregarded or be treated as a joke. There are men and women who would rather bear a serious illness than be afflicted with a pimple on the chin, a wart on the nose, malodorous perspiration, etc. Let us look at some of the complaints which are scarcely mentioned in the textbooks and which often produce deep distress and suffering among the sensitive.

BODY ODOUR

Strong body odours can make life a misery to all, but especially to sensitive women. Women have often far more pungent malodorous emanations than men, occasionally due to inadequate cleanliness. Then there is pungent footsweat which is chiefly found in men. Orthodox medicine treats these troubles with baths, footbaths, disinfectants, boracic acid, etc., and occasionally very offensive footsweat is suppressed by cold footbaths, an extremely dangerous procedure, as dangerous as suppressing, not curing, skin diseases with strong ointments. Offensive body odour is frequently due to autointoxication and calls for bowel regulation and a vegetarian diet. Homœopathy is very resourceful for these complaints. Women should use *Sepia*, *Kreosotum*, *Psorinum*, *Hepar*, *Carbo animalis*, etc., the periods should be carefully regulated with the indicated remedies. In the case of men *Sepia*, *Psorinum*, *Hepar*, etc., should be used and footsweat, if ever so offensive can, as a rule, be cured in six weeks with *Silica*, *Thuja*, *Graphites*, etc.

PIMPLES AND WARTS

Here again the cause should be found and treated. Frequently these growths are due to vaccination, and then *Thuja*, *Variolinum*, *Malandrinum* will do wonders. Occasionally they are due to some children's disease or to some inherited taint and they may call for *Morbillinum*, *Scarlatinum*, *Carcinosinum*, *Syphilinum*. Cutting out these outgrowths may produce internal growths, especially fibroid tumours in women.

SKIN DISORDERS

They range from trifling rashes to the most horrible inflictions which cause sufferers to immerse themselves in despair. Here again we must look for the cause. Irregular bowel action and unsatisfactory menstruation frequently cause deterioration of the skin which can, of course, not be improved by disregarding the cause and using ointments, washes and skin foods recommended by chemists and beauty specialists. She who wants to have a milkmaid's complexion should lead a milkmaid's life. *Sulphur*, *Hepar*, and *Arsenic* are among the greatest skin beautifiers. Vegetarians have a better complexion than meat eaters. Often a poor skin is due to a children's disease, such as measles and scarlatina. When the beauty parlour has failed a few doses of *Morbillinum* or *Scarlatinum* will produce a brilliant cure.

FLAT FEET, BUNIONS, CORNS

Flat feet should be cured permanently by simple exercises to re-establish the arch combined with lime for bone strengthening. According to circumstances *Calcarea phosphorica*, *Calcarea carbonica* or *Calcarea fluorata*, or all three, should be given. Bunions can be cured with hot footbaths with salt or soda, or both, and corns are due to the joint effect of an unsuitable diet and unsuitable shoes. The desire to have an elegant small foot by means of constricting shoes has crippled the feet of countless women.

STYES

have frequently an obvious cause which should be

treated. *Sulphur*, *Pulsatilla*, *Sepia*, *Graphites*, have cured innumerable cases.

OFFENSIVE BREATH

is a terrible infliction. Some sufferers have in desperation gone to the dentist and have had all their teeth taken out and their breath has not been improved by this drastic procedure. Others use vegetable charcoal and strong smelling lozenges with inadequate results. Besides vegetable charcoal, if taken in excess, is apt to produce stones in the bowel. Regulation of bowel and digestion and a vegetarian diet will work wonders and, in addition, *Carbo vegetabilis*, *Carbo animalis*, *Mercury*, *Nux vomica*, *Pyrogen*, can be used in accordance with indications.

SUPERFLUOUS HAIR AND LOSS OF HAIR

are frequently due to chronic constipation or to unsatisfactory menstruation and they call attention to the need to deal with the obvious cause. Complete loss of hair, especially in round patches, called Alopecia, seems to be due to latent tuberculosis or to a factor associated with tuberculosis. A few doses of *Bacillinum* or of *Tuberculinum bovim* in high potency are likely to produce a triumph.

CHRONIC HEADACHES

cannot be cured with aspirin or any of the other pain killers. Here again the cause is all-important. Constipation, chronic indigestion, eyestrain, anæmia, pressure of a tight hat, delayed menstruation, infection of antrum and sinuses, etc., has to be considered and

to be treated. If the trouble is due to inflammation of the bony cavities, the specialist will recommend draining or an operation. Operations are often disappointing and they should not be undertaken unless medical treatment has failed. *Kali bichromicum*, *Cinnabaris* and other remedies have cured innumerable antrums and sinuses.

—Heal Thyself, February, 1946.

OBSERVATIONS ON THE END RESULTS OF MAJOR SURGERY

C. P. BRYANT, M.D. SEATTLE, WASHINGTON

Dr. T. K. Moore, my good friend, has asked me to prepare a paper on surgery. While I have done during my career mostly pelvic surgery, yet I have had a somewhat limited experience in gastrointestinal and GU surgery.

I would like to confine my remarks not to the technique of surgery, which can be procured in any good standard textbook, but rather to the conclusions I have drawn after twenty years of this type of work.

First, let me make it plain that I have never resorted to surgery except in those instances where after months, or sometimes even years, of management of patients I have found their troubles failed to yield. I have no faith whatever in surgery as a curative measure—surgery is palliative only. This, of course, does not refer to lacerations or mechanical malpositions of organs.