

sense of moisture on the genitals is something I do not readily find in the books. Perhaps I have not looked far enough.

Dr. Macfarlan's efforts are the kind that tend to enlarge the scope of homœopathy's usefulness.

DR. MACFARLAN: Of course I have had good results with the remedy as I have its disease-producing powers well soaked into my cerebral cortex. It works admirably in high potency.

—*The Homœopathic Recorder, February, 1946.*

CASE OF THE MONTH FROM ONE OF OUR HOMŒOPATHIC HOSPITALS.

When reading these notes it must always be remembered that Homœopathy is essentially an individualistic treatment. It therefore never makes use of nor seeks for specifics for disease. So it must not be thought that any remedy mentioned in these notes will necessarily be the remedy for other cases of the same illness.

THE REMEDY DEPENDS UPON THE INDIVIDUAL PATIENT'S REACTIONS AND NOT ON THE NAME OF THE DISEASE.

The DRUG was PSORINUM. The Disease' MIGRAINE.

E. B. æt 35.

Carbuncles. One just healed now another coming up.

Never before. Skin usually heals well.

Felt down and seedy for a long time. Subject to migraines for many years. Getting worse. Not a week free and sometimes several in a week.

Chilly mortal. Feels the heat. Likes fat bacon.

Highly strung, easily depressed, better with people.

Cramp easily in the toes. Nervous alone and in the dark.

Brightly greasy skin. Face shiny. When mentioned she said "but not so shiny as usual I managed to wash it off before I came!"

Psorinum 200 one dose was prescribed.

14 days. Carbuncle healed up nicely. Quicker than she expected. Headaches nothing like so bad nor so frequently.

Month later, fewer heads than for 2 years.

Skin been irritable. Little spots face. Skin not so greasy.

DRUG PICTURE.

Psorinum is a nosode made from the scabies vesicle. It is extremely sensitive to the cold, "wears a fur coat in the summer." Debility, weakness after acute illness, run down for no reason. Depressed, melancholy, chronic headaches, hammering pains, brain feels too large, dull pressive pain.

All secretions foetid, skin symptoms always prominent. Dirty dingy skin. Dry lustreless hair. Oily Skin, indolent ulcers and eruptions, eczema behind the ears. Always hungry. Eats in the middle of the night.

Resembles Graphites in skin symptoms, eruptions behind the ears and in this hungry feeling better for eating. Often gets hungry feeling before a headache like Phosphorus. This is sometimes shown by a feeling of well-being before headache a not uncommon symptom of migraine headaches.

—Health through Homœopathy, July, 1946.

99. Pain in sternum on breathing in cold air—
Eup. per. (B.H.J., iv, Oct. 1939).

100. Nausea not > by vomiting—*Ipecac.* (B.H.J.,
iv, Oct. 1939).

—*The British Homœopathic Journal*, March, 1946.

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• THE REMEDY DEPENDS UPON THE INDIVIDUAL PATIENT'S REACTIONS AND NOT ON THE NAME OF THE DISEASE.

THE REMEDY was SPIGELIA 30. The disease
AURICULAR FIBRILLATION.

• An ex-Mason, age 65.

• Well built. Poor colour with underlying blue tint. Looks tired. For 6 months has had attacks of palpitation with a lot of "fluttering" sensation over the heart. Attacks are increasing in frequency and now come on at any time day or night. Come on suddenly and work off gradually. Attacks have no relation to exertion nor emotion. Often has shooting pain over heart area after the attack stops.

• Sometimes he is wakened by attack. He changes his position for relief by lying on his back or he turns on his right side. He never lies on his left side as this brings on a choking sensation.

During the last 3 days he has suffered also from breathlessness with the attacks.

He was very calm and collected and not unduly worried about his symptoms, but it was obvious that he was heading for a serious cardiac breakdown.

When he was not having an attack the heart sounds were weak and there was a miss-beat about every 12th beat.

The sudden onset, the sharp pain and the aversion to lying on his left side were the pointers to his remedy. From the time of its administration he had no further symptoms. He felt very well. His heart beat was regular and on the 9th day after his medicine he was so well that he went home to report at intervals for observation.

DRUG PICTURE.

Spigelia has this outstanding feature in its symptomatology,—sudden, sharp, severe onset. This refers chiefly to the central nervous system. The pains experienced in the provings of *Spigelia* were so severe that they overshadowed most other features. It is to be expected that on account of this the mental symptoms are those which accompany such experiences and in themselves the mental symptoms are not of such significance in *Spigelia* as they are in other medicines. It has a predilection for the left side of the body though it is not exclusively left-sided.

The violence of the pains is well demonstrated in such acute conditions as trigeminal neuritis and *Spigelia* has been a great boon to many such sufferers. The pains are sharp, like pointed things shooting

mostly from within outwards. They can burn or bore or tear and when they subside they leave a sore bruised sensation with actual tenderness of the part affected.

The heart symptoms are not exempted from the characteristic sudden nature of the symptoms and here too the pains can be exceedingly severe. When they subside the region of the heart has this bruised sore feeling.

—*Health through Homœopathy, November, 1946.*

REMEDIES MOST COMMONLY INDICATED IN THE TREATMENT OF ACUTE CATARRHAL FEVER AND ITS COMPLICATIONS

Guy A. Rowland, M.D.

Acute catarrhal fever is the Navy's terminology to cover the syndrome commonly referred to as la grippe, epidemic catarrh and influenza. A multitude of sins are covered by this broad terminology, but well it may be, as it precludes a multiplicity of diagnoses of conditions involving the respiratory tract, nervous system and gastro-intestinal tract. Some authors object to so broad a use of the term but the clinical criteria of influenza are quite indefinite, particularly in the absence of widespread prevalence of the disease.

The symptoms of this condition are numerous and varied, e.g. chills or chilliness, fever, general malaise, aching of the muscles and bones, discharges