

sulphuris is particularly indicated for people who have a strong liking for vinegar and pickles.

The principle of prescribing on the totality of symptoms is not always reliable. In fairness I must mention that Boericke writes under stomach, with regard to *Hepar*, "Frequent eructations without taste or smell—distention in stomach—burning in stomach, heaviness and pressure in stomach after a light meal."

Vomiting which was particularly distressing in Miss H's. case is not mentioned in Boericke.

I am not particularly proud of having cured Miss H. with a single dose in a high potency after three months of suffering for her and of disappointment. She and I would have been far more pleased if I had cured her with thirty or forty doses of *Nux vomica* 3x or some other remedy in a week or two, or with *Nux vomica* and *Carbo vegetabilis* combined, which I had tried on her in vain.

—Heal Thyself, October, 1946.

A DIARRHOEA CURE

BY G. KINGSLAND HARRIS (Geelong, Victoria, Australia)

As a consequence of another young man cured of chronic diarrhoea, a young man of 27 years wrote to me from Hobart reporting that after a healthy and strong life, he joined the R.A.A.F. in December 1940, and in January 1941 had the first preventive injections and vaccinations, which resulted in very bad mucus

colitis within three weeks. He was put into hospital and treated with retention enemas of starch and opium, which gave some relief which was only temporary, and he reported that his "motions have all been loose for the past five years and in fact I have forgotten what a normal one is like". He was in hospital on July 20th and having three Sulphaguidine a day, one after each meal, which kept the number of evacuations a day somewhat lower than before. He could not name any time of amelioration except when he was very interested in his work as a newspaper reported "provided, of course, my bowel is settled for a few hours".

He was drinking no water, and his diet was a "low residual diet of red meat, white bread, potatoes, cauliflower, occasionally a young cabbage, carrots, pumpkin, milk, eggs twice a day frequently, cream, milk puddings, macaroni, ground rice, sugar—rather more than the average—no fruit, for about five years". He took two cups of tea or coffee, "which did not quench his thirst". He reported that he had lost $1\frac{1}{2}$ stone in weight and was so weak that, if he hurried to catch the tram he was quite knocked up. He also stated, "There is a mental reaction from my complaint and when it gets going it acts in a sort of vicious circle. Because of my lack of control over the bowels I frequently start to worry lest I should be 'taken short', and just as sure as I start to worry I will have to have a motion. If I go anywhere my first thought is, 'where is the lavatory?' This mental aspect is so much to the fore that I refrain from going

out unless I have to. Worry about other matters also has an upsetting effect."

I sent him a diet list and told him to drink about four pints of water daily and to meet the mental condition as well as the physical state sent *Oxalic acid* in the third centesimal dilution, one drop in water an hour before meals, and *Ignatia* 30th dilution, one pilule every two hours, and asked for a report in a week from taking the remedies. I might state that the urine was free from sugar and albumin but was 1.024 specific gravity, this being much too high from health point of view.

A week after he started this treatment he reported that "Next day there was a marked difference. The signs of looseness have practically disappeared. I feel I have more control over my bowels since I have been taking these remedies and have three motions a day, which is certainly better than I have been for a long time. I have been feeling better in myself this week, no doubt due to the fact that my motions are fewer and have lost their looseness."

Dr. Henry Lindlahr, M.D., stated "Orthodox medicine is not an exact science because it bases its findings on the chaotic and contradictory teachings of medical authorities instead of studying and complying with the Laws of Nature governing the processes of health, disease and cure." According to the medical profession, I am a "quack", an "unqualified practitioner", but here am I hundreds of miles away from the patient I have never seen, and succeed in curing him in a week, after failure of the qualified medical practitioners

over a period of five years, with the patient in and out of hospital under their personal supervision. Why? Because they have no Natural Law to guide them in the selection of the right remedy for each individual case, and further they do not know, and cannot show the effect of even one remedy on the human body, it is strange that during all my 60 years' experience in curing "medical derelicts" I had never before used that particular remedy, but I chose it because it exactly corresponded to the patient's symptoms according to the Natural Law that "Likes are cured by likes".

—Heal Thyself, January, 1946.

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