

I think this is how Homœopathy should be taught to doctors trained up in their most impressionable years by the orthodox school. Present the philosophy of Homœopathy to them with imagination, and let them discover the logic and sweet reasonableness of it for themselves. As they become interested, then is the time to stress the practicability, efficiency and convenience of homœopathic prescribing.

If the homœopathic teacher can help them to get the above four mental images clear in their minds, then is the time to explain that Hahnemann merely developed a theory of medicine first advanced by Hippocrates in 400 B.C. and that orthodox medicine took the wrong turning some 500 years later when it elected to follow Galen and his doctrine of fighting disease by antidotes. It is no doubt comforting to the Homœopath to regard Galen as the father of the flood of medicaments which daily go down the throats and the sinks of the Great British Public, but it is unwise to tell the young enquirer after truth, that his teachers in the orthodox school have been wrong since 150 A.D.!—Leave that to his imagination and concentrate on making the tyro think out the philosophy of disease for himself.

—*Homœopathy, June, 1953*

HOMŒOPATHY AND THE LITTLE ONES

DR. R. S. RASTOGI, B.A., M.D.H., DEHRA DUN

The call of civilisation demands a minimising of pain and suffering incidental to human illness and making its treatment short, safe, sure, painless, and simple to understand and apply. This is all the more imperative in the case of the helpless little ones who cannot even properly express their suffering or choose the avenue of treatment and have to be entirely at the mercy of parents and physi-

cians. If their suffering cannot be effectively mitigated, it should not, at least, be multiplied by the toxic and harmful effects of drastic drugs. The writer has seen pitiful end of a number of children by the total stoppage of urine as a result of the administration of sulpha drugs. A case is recalled where Chloromycetin was administered to a girl of 6 years for Typhoid. The fever magically departed but with it departed the patient too. On the 4th day of starting the drug the child developed persistent vomiting which the physician could not control. He asked the writer if the vomiting could be stopped by "your homœopathy". A few doses of *Ars. alb. 30* stopped the vomiting and the child was able to retain glucose water and fruit juice. But she continued sinking, the coma deepened and death closed the scene. One looks back upon numerous cases where children with a tendency to frequent attacks of Bronchitis or Pneumonia are given Penicillin which controls the individual attacks but the tendency to recurrence remains untouched and each subsequent attack is severer than the previous one, with steady deterioration of the children's appetite and health. Numerous cases of faulty mental and physical development are given tonics and vitamins over long periods with results which are practically next to nil. It is a regular tug of war to administer medicines and injections to these little ones who begin to yell and cry while they are yet on the way to the doctor's clinic.

As against this picture, let us examine the effects of a homœopathic management of these little ones. They feel pleasure in visiting their friend who gives them the sweet little globules. From the most ordinary ailments on to the most serious ones, homœopathy will never betray the physicians and the parents, provided, of course, the case does not come in at too advanced a stage when it may have become incurable.

Dentition which often presents most difficult problems in unaided cases, becomes so easy in homœopathically managed children that the parents marvel and offer unsoli-

cited praises. Two cases are recalled where after the falling out of milk teeth several months had elapsed and the new teeth were not even visible in spite of the administration of ounces of Calcium. In the one case a dose of *Calc. C. 200*, and in the other dose of *Calc. Phos. 200*, according to constitutional indications played the trick to the marvel of the parents and the allopath family physicians.

Mental & Physical Development. Homœopathy has remedies to correct aberrations, abnormalities and backwardness in physical and mental growth. Fear, anger, irritability, impulsiveness etc., can be considerably modified. A case may be cited as an illustration. Bunny aged about one and a quarter year, showed marked lack of intelligence and lack of interest in toys or anything else around him. He would just keep sitting with his back bent, and not move or crawl even. Two doses of *Baryta Carb. 200*, once a month, brought about a marvellous change. The effects were visible within a week and he started playing, crawling, smiling and exhibiting all manner of signs of mental development. Now about 3 years old, he is a well grown and intelligent chap, normal in every way.

Tubercular Conditions. The writer has found Homœopathy very effective in caries of bones of children. A number of case of hip-joint disease have been successfully treated. A case is recalled in which a girl of about 6 years had caries of the lower end of the right femur. The abscess was operated upon twice by a famous surgeon but the thing did not heal up properly and two sinuses were left each time. The girl's general health was much dilapidated. She used to get lot of offensive perspiration on the forehead, lacked grit and stamina, and was generally constipated. In the beginning she was put upon *Silicea 200* and later *1000* with considerable all round improvement. When further progress stopped, she was given *Phosphorus 30* and later *200*. Once while she was almost cured, she had a fall

and the whole trouble flared up again. But the condition was promptly controlled. The whole treatment took about an year and a half. The girl is now a picture of health.

Surgical Conditions. Homœopathy is well renowned for rescuing many a patient from the surgeon's knife. The writer has been able to save a number of children from being operated upon for mastoid with the help of *Belladonna* and *Merc. Sol.*, and to save many a tonsil from being operated out with the aid of *Bell.*, *Mercurius*, *Hepar*, *Calcarea Carb.*, *Calc. Phos.*, *Baryta Carb.*, *Silicea*, etc. These are only two conditions mentioned for illustrative purposes, and Homœopathy may be relied upon in so many other conditions where the orthodox medicine has nothing to offer except the needle and the knife.

Convulsions. Special mention must be made of the efficacy of Homœopathy in convulsions whether due to high fever, worms, epilepsy or other nondescript causes. The writer can look back upon numerous cases helped with *Bell.*, *Cicuta*, *Cuprum*, *Gels.*, etc., to the marvel of bewildered and dismayed parents. Several cases of Epilepsy in the little ones have been cured with *Calc. Carb.*, and *Silicea*. The writer is able to recall a case where the best indicated remedies like *Bell.*, *Cicuta*, *Cuprum*, *Hyosc.*, etc., failed, and in utter frustration and as a last resort *Sulphur 30* was tried to clear up the psoric obstruction, and the child has never had convulsions since then. He used to get convulsions during the least fever.

Serious Cases. Homœopathy will not let the physician down even in the most desperate cases. In the writer's experience little patients on the verge of death despite the best orthodox treatment have been saved by Homœopathy. One of these, a Dysentery case about 8 months old, was actually tossing in the bed on account of restlessness and wanted a little water every few minutes. The other one, a girl of two years suffering from Dysentery, was cyanosed and gasping for her last breaths; in addition

to the typical thirst expressed by her opening the mouth every few minutes for water, she expressed her restlessness by moving the head from side to side, being too weak to move the body. Earlier history showed marked restlessness. Both the cases were saved by *Ars. Alb. 30*. Another desperate case of Dysentery, a boy of about 1 year and 4 months, was saved with *Helleborus*. He had been suffering for more than a fortnight, passing twenty to thirty stools daily. The extraordinary feature of the illness was that even after a few days of its commencement he appeared to be stunned by its violence and became comatose. He could not be aroused and showed no response if pinched or pricked. There he lay, staring with eyes wide open, with vacant looks, rolling the head from side to side, sometimes throwing his arms about, head retracted, pupils insensible to light, swallowing water greedily when offered. He was gaping the mouth widely off and on, and gasping for his last breaths. A number of Typhoid cases in similar and even worse condition have been rescued by homœopathy from the grave.

Before closing, it would be worthwhile to emphasise that the foundation of many chronic diseases is laid in infancy and early life, and that by correcting the dynamic disorders in the functioning of Vital Energy at the earliest stages, Homœopathy is capable of nipping lot of future mischief in the bud, giving the child an opportunity to develop into healthy youth, unhampered by many an obstacle capable of marring his future. We homœopaths can legitimately take pride in having been endowed by Almighty Providence with such potent yet sweet and pleasant remedial means of banishing sickness and suffering and restoring health; especially in the cases of these little ones who are the hopes of the future world. *

* Read at the Bureau of Pediatrics, International Hahnemannian Association (U.S.A.) in July 3, 1953.

PLACE OF SURGERY IN HOMŒOPATHY

DR. N. SARKAR, CALCUTTA

The Allopathic physicians and even the common people sneer at the efficacy of Homœopathy in surgical diseases. The Allopaths claim the surgery as their own domain, as if they have the monopoly of it. But surgery was known to the medical professions from the very ancient time. It was known to the Ayurvedic system of medicine. Hahnemann also accepted it and devoted himself to 'diseases that do not come within the province of manual surgery'. He admitted the importance of the manual surgery which, however, according to him, was no better than carpenter's job. It can not be denied that in the cases of external injury to the body, e.g., fractures of the bones, gaping wounds etc. simple administration of medicine is of little help. The fractured bones should be set in the proper places; gaping wounds should be stitched and foreign bodies in the eye, ear, nose, throat etc. should be removed. After such external treatment to the body administration of Homœopathic medicine renders effective help for the cure. It has been observed that many cases of external injury from the simple laceration of the skin to the fracture and sprain of the bones have been cured by Homœopathic medicines. Sinuses, Abscesses, Carbuncles etc. of the worst type, Tubercular hip, Spinal tuberculosis etc, responded to Homœopathic remedies. In midwifery and Gynecological cases also, the Homœopaths have great success. But in contracted pelvis medicines like Pulsatilla, Caulophyllum, etc. will be of no avail. It requires surgical operation.

But Allopathic surgeons of to day practice surgery on the Physical body in any and every case without caring for the 'man'—individuality. Their treatment centres round the physical body and the organs. Accordingly they remove the organs, inflamed glands, tonsils etc., which are easily removable. They overlook that this inflammation of the glands, enlargement of tonsils etc., are the effects of a

prominent cause, which is nothing but change in the tissue. So removal of the affected part does not remove the cause. Now what is the cause? Where does it remain? The cause lies not in the Physical body nor in the tissue change but it is to be found in the very 'man' himself. Whenever a patient goes to a surgeon with an inflammation of the glands or tonsil, he says—that my glands are inflamed and my tonsils are enlarged. So it is the individual who is to be treated and not his physical body nor the change in the tissue. But the surgeon removing the glands and tonsils from the body is sure that he has eradicated the whole disease. The fact is, however, altogether different. The removal of the organs renders the vital force more susceptible to diseases, which now affects other organs more vital than the previously affected ones beyond the reach of the surgeon's knife. The controversy is in the difference of conception of diseases. As the conception of diseases differs in the respective system of medicine the mode of treatment for them is apt to vary. Now the question arises how and why does the mode of treatment or the conception of diseases vary? In Allopathy there is no such thing as 'Ego' or 'Self'. It does not admit that there is any thing as vital force on the back ground of all mental phenomena. It boldly asserts that the human thoughts and action are determined by physical organisation. On the other hand Homœopathy says—

"In the healthy condition of man, the spiritual vital force (autocracy), the dynamis that animates the material body (organism) rules with unbounded sway, and retains all the parts of the organism in admirable, harmonious, vital operation, as regards both sensations and functions so that our indwelling reason-gifted mind can freely employ this living healthy instrument for the higher purpose of our existence."

That means the man is there prior to his organs, there is vital force, reason-gifted mind and the higher purposes of existence. To a crass materialist it may sound very ludi-

crous but can the physical organization give us conscience? Can it love its assail and say, 'Father, forgive them as they do not know what they are doing?' No surely not; because in the struggle for existence there is no room for such noble sentiments if our existence lacks any higher purpose. Even if it is admitted that the physical organisation can supply us all thoughts and actions for self preservation or self maintenance, it can not act for a martyrdom and can not rise above the general level of animal life. So the cause and effect can not be taken as one and the same. The 'man' is there prior to his organs and his organs can not be affected without his knowledge.

It is not the aim of this article to underestimate surgery which is one of the greatest achievement of the modern science. It will be a sheer folly to deprecate it. We see that numerous lives are saved with the marvels of surgery. The last great war gave ample opportunities for researches in the field of surgery and new methods discovered for surgical cases. But time has come for the surgeons to have keen Homœopathic eye for cases where the vital force is affected. The surgeons should not operate on indiscriminately in any and every case. They should ponder over the consequences.

A LABOUR IN A MOUNTAIN NOT YIELDING EVEN A MOUSE

DR. SHARAD I. PARIKH, MORVI

The orthodox medical profession knows very little about the difference between cure and suppression. It treads in the realm of darkness, without the torch of a guiding law of cure and more often stumbles. It believes in drugging with massive doses of medicines; Individualisation it has still not learnt. One thing it is most proficient in, is the art of suppression and it is always very generous

in awarding its patients with drug-diseases and chronic ailments. Despite its all these "achievements" the paradox is that it is dubbed 'the scientific system of medicine'.

How scientific it is can very well be judged from the following single case-history, selected out of many, of a patient who came under my observation. The history of the case is as follows:—

Mr. D., aged about 42, thick set, of dark complexion, a bank clerk and a part time insurance agent, had an attack of rheumatic fever about four years back, his whole body had become stiff, joints swollen accompanied with high fever. As usual he was treated by acid salicylate in large doses 120 grs. per day—40 grs. per dose three times daily, injections of vitamins K and C and also vitamin B. Besides this various other intramuscular and intravenous injections were given repeatedly, the details of which I could not gather. After the prolonged treatment by these gigantic measures he was able to tide over the acute symptoms. He did not recover fully and as the hangover of his acute attack his right hand had become almost lifeless and paralyzed. He was having constant pain in his right shoulder-joint, was no longer able to raise his hand, the fingers had become stiff and painful, there was a sensation of numbness and formication in the tips of his right hand fingers, a radiating spasmodic pain along the course of the ulner nerve. Sometimes he used to get electric-like shocks and spasmodic contractions and sparks in his fingers, was not able to write at all with his right hand was unable to carry even a light-weight article in his hand. There was a sensation of lameness and while walking the right hand was quite static and motionless. He was suffering from this condition for more than two years. Salycilate mixture he was regularly taking three times daily as well as Vit. B. He informed me that in all he has taken more than 40 lbs. of Vit. B and all these without the slightest change in his condition.

Then one day during the monsoon season, in the late afternoon while returning home he was drenched in rain as

he had forgotten his umbrella at his home. Sometime after he reached his home he was attacked by acute pain in his right hand and fingers. He was getting such acute exacerbations periodically every few months and particularly invariably in damp cold weather. His doctor told him 'You will have to take Salicylate mixture and Vit. B in increasing doses and few injections intravenously'. But the patient was rather disgusted of continually taking these medicines without any benefit whatsoever with the result that he had lost all confidence in these medicines. The Doctor—who is my friend and who has some faith in Homœopathy—then suggested him by name and asked him to just try what Homœopathy can do to alleviate the condition. The scientific system of Allopathy was given a very long trial but was found wanting and the patient had become very much anxious and had almost abandoned all hopes of recovery. The next morning he consulted me, he told me that he had come to me as a last resort and if Homœopathy was also a failure in his case he was not going to try any further treatment and would resign himself to the grace of God. I patiently heard his tale of woe and suffering. Before he had finished, the remedy had already suggested itself to me. I gave him one powder of *Rhus Tox*, 200 and asked him to report after a week. He came back to me in the evening with a smile on his face and informed me that the pain had all vanished as if by magic after only two hours of taking the powder. This was the first time that he experienced such a speedy relief of pain. I waited for full one week to see whether there was any more change for the better. After a week I was informed by the patient that except the speedy removal of pain there was no further change. So on the eighth day I gave him *Rhus Tox* 10M one powder. This had an immediate effect. The very next day he noticed some movement in his hand, in two more days he was able to raise and bend it; was also able to write with it and immediately started attending to his business correspondence; there were now