

NEGLECTED AND LITTLE USED REMEDIES

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The homeopathic materia medica is a treasury of medical knowledge for the cure of the sick and is of inestimable value. For years much of its contents has lain dormant and undeveloped for the benefit of human needs.

A short review of some of these neglected jewels in the homœopathic treasury might stimulate study and proving for more perfect and extended use of these agents of cure.

Some of our good homeopaths have contended that our materia medica is too big and cumbersome to handle because of limited time in the lives of every busy prescriber. But more proficient use of repertories and the application of the new technique and approach of the electromagnetic classification of remedies saves much time and labor and makes for greater accuracy in prescribing.

All remedies, in fact all substances in nature, fall into four definite classes relative to polarity, viz; positive, negative, bi-polar and neutral. The blood of each patient falls into one of these polarity groups. When the patient's polarity is known three fourths of the remedies in the materia medica are removed from study in the case; only the required polarity group that the polarity of the patient's blood requires is needed for further study, repertorial, symptomatic, etc.

By this method we can use many little proved remedies in a specific case with wonderful effect and with increased accuracy with much time saved.

To get back to the materia medica study. *Eryngium aquaticum* is electromagnetically negative, of wide range of action and very little used. It acts extensively on the mucous membranes everywhere, producing thick yellow discharges from eyes, ears, nose, mouth, bowels, urethra and vagina; hemorrhages from stomach and bowels. It

antidotes the effects of blows like arnica. It has cured renal colic with seminal and prostatic weakness. Calculi on left side. Clarke lists among cured symptoms and conditions conjunctivitis, constipation, cough, diarrhea, dropsy, gleet, gonorrhoea, hemorrhoids, influenza, laryngitis, leucorrhoea, renal colic, scleritis, sexual weakness, strabismus, spermatorrhoea, incontinence of the urine and wounds.

The mind is dull and confused without the ability to concentrate and if the effort is persisted in a heavy full pain is brought on. In the head there is vertigo with expanding sensation in the frontal region above the eyes. Stooping causes dimness of sight; sharp shooting pain over left eye, when sitting in a stooped position pain leaves eye, passes into neck and along muscles of shoulder and beneath scapula. Shooting in coronary region and in right side of face from eyes to teeth in the morning, dull dragging pain in occiput, neck and shoulders; when less severe in head, is worse in shoulder, scalp sore, combing hair is painful. Eyes burning and sensitive to light, bad effects from exposure to strong light, squinting, scleritis, watery or purulent discharges, purulent inflammation of left eye, purulent sticking discharges causing gumming of the lids, conjunctiva, granular and rough, muscles of eyes feel stiff, pain on moving them quickly. Ears; bruised, tearing pain, as if ears were being torn off. Inflammation of eustacian tube, left ear swollen in and outside; tender to pressure, constant aching and bleeding readily, thick white, bloody, foul smelling pus. Continued surging and ringing with creaking sound in left ear. Profuse thick yellow discharge from the nose. Thick, tenacious, disagreeable mucous in mouth. Smarting raw pain along left side of throat with dry tongue. Intense redness or slight swelling without pain, profuse secretion of thick white mucous. Anorexia, nausea followed by acid eructations. Hollow empty feeling in stomach with heavy dragging pain. Spitting up bright arterial blood mixed with black clots, with burning in epigastrium after a blow on

stomach. Burning in stomach or esophagus after taking the drug. Severe colicky or cramping pains in small intestines. Severe pain in left groin and testicle. Mucous diarrhea of children, constipation, stools dark leaden color, dry and very hard; tenesmus at stool with a sensation of cutting as they pass through anus. Hemorrhoids and prolapsus, frequent desire to urinate, stinging burning pain in urethra, behind glands, during urination. Must urinate every five minutes. Urine dropping away all the time and burning like fire. Renal colic.

In the male, desire suppressed, then excited with lewd dreams and pollutions, discharge of prostatic fluid from slightest causes. Spermatorrhea from onanism and excessive indulgence. Emissions at night with erections followed by great lassitude and depression. Partial impotence, emissions without erections day and night followed by great lassitude after injury to testicles. Gonorrhoea with painful erections, gleet. In the female leucorrhoea. Respiratory organs, chronic laryngitis, short hacking cough, cough with sensation of constriction in throat, oppression of chest, feeling of fulness, inability to take a long breath.

Erythrinus is electromagnetically negative. It is a kind of red mullet of South America and a tincture of the fish. Dr. Burnett is the authority for the action of this remedy. He based its use from the effects on sailors who ate the fish. They came out with a peculiar red rash which became chronic and which the doctors took for a form of syphilis. Dr. Burnett cured with it a case of pityriasis rubra appearing in a large patch on the chest and benefited other cases. He believes this form of skin affliction to be a manifest of syphilis in the second generation, the father of the patient he cured having had syphilis. Aurum muriaticum is the complimentary. This remedy needs further proving as it well might be a remedy highly valuable in forms of chronic skin disease.

Erythroxyton coca is another magnetically negative remedy that is not used as much as it should be. It could

be used to great advantage in certain types of sickness. It should be a wonderful remedy in states of nervous exhaustion due to both mental and physical strain.

Peculiar sensations and hallucinations are present. Sensations under the skin as if small foreign bodies were present, something like grains of sand; or crawling on skin as if bugs were crawling, or a feeling of a worm or worms under the skin. Imagines that in the skin are worms moving along; these worms are only seen on the prover's own linen or in his skin or crawling along his pen holder; He does not see these things on other peoples clothes, nor on clean linen, only associated with things pertaining to his own person.

The chronic mentals are those of deep depression, melancholy, hypochondriasis, mental depression with drowsiness. Prefers solitude and darkness. Muddled feeling in the brain, loss of energy, great mental excitement in the acute states. Vertigo and fainting with tension across forehead like a rubber band. Headache just over the eyebrows, not constant, worse raising head or turning eyes up. Shocks in head; dull feeling in occiput with vertigo, worse lying down, the only comfortable position is on his face. Occiput painful and tender to touch, aggravated by coughing. Headache with chilliness, with dryness of throat relieved after eating and at sunset. Intolerance of light with dilated pupils, dark cloud before eyes, eyes deeply reddened until bloody tears gushed out. White, dark and fiery spots before the eyes flickering or flashing in the field of vision. Indistinct vision soon followed by headache with nausea. Aching pain behind the eyes causing feeling as if squinting inwardly.

In the ears sounds of buzzing or humming with fever. Epistaxis passing from right to left nostril, sense of smell greatly diminished. Dry mouth on awakening. Uvula feels swollen, swallowing difficult.

This drug retards hunger and thirst and enabled the Indians to perform long periods of exertion, running, climb-

ing mountains, etc., without the sense of fatigue. Loss of appetite for solid foods, craves spirits and tobacco. Ailments from salt food. Flatus rises with such force it seems the esophagus would be rent by it. Emptiness or fullness felt in stomach. Confirmed dyspepsia especially in hypochondriacs. Pressure and tension in the abdomen after meals. Flatulence, violent bellyache with tympanitic distention. Flatus from bowels smell like burnt gunpowder. Dysentery, constipation from inactivity of rectum, stools dry like walnuts, piles painful on walking or sitting. Sphincters relaxed.

Fine stiches in female urethra before urinating. Frequent desire with increased flow, frequency at night. Nocturnal enuresis, film on urine, urine smells like sweat, yellowish red flatulent deposits, oily scum on surface of urine.

In the male, sensation as if the penis was absent. Coldness, gone sensation, relaxation of external parts, emissions, nervous prostration from sexual excesses. Spermatorrhea, partial impotence, satyriasis.

Menstrual flow of the female comes in gushes waking her from sound sleep, nymphomania during menses and after parturition.

In the respiratory organs there is weakness of voice. Phthisis of the larynx when from irritability of the pharynx the stomach will retain no food. Rapid breathing. Painful shortness of the breath at night. Short breath in athletes or those using alcohol or tobacco in excess. Hemoptysis, on coughing there is pain in occiput. Cough from cold air or fast walking. Expectoration of small lumps like boiled starch immediately after rising in the morning. Sudden attacks of cramps in the chest, becomes cold and unable to continue the ascent (mountain climbing). Intense oppression in chest. Rush of blood to chest with slight headache. Palpitation of heart with flushing, violent and audible palpitation, angina pectoris from climb-

ing or over-exertion, pulse greatly accelerated and intermittent, loses one beat in four. Feeling of internal coldness with numbness of hands and feet, weakness of the extremities. Scarletina like rash over body, especially the neck. Inclination to sleep but can find no rest. Great drowsiness. Sense of flushing especially up back with palpitation. Chilliness and headache in the afternoon. At night heat and sleeplessness with throbbing in the arteries. Flushes of heat on the back and burning in abdomen. Extreme weariness accompanies the fever, night sweats.

Ocimum canum. Magnetically bi-polar. A most valuable remedy for afflictions of the kidneys and bladder and especially for the relief and cure of renal calculus and gravel. Renal colic of the most severe type where stones have lodged in the urinary passages and blocked the urinary flow.

We owe this remedy to Mure, who tells us that it is used in Brazil as a specific for diseases of the kidneys, bladder and urethra. Renal colic with violent vomiting every fifteen minutes. Red urine with brick dust sediment after the attack. The urine may be saffron color, or thick purulent with an intolerable smell of musk. In renal colic this remedy has been curative after many of our better proven remedies have failed.

Our proving is very fragmentary. A few clinical observations may serve as indications; swelling of the unguinal glands, diarrhea, several attacks daily. The urine is turbid, depositing a white and albuminous sediment after renal attacks. Burning during micturition, urine saffron or red, bloody with brick dust sediment. Crampy pains in kidneys, renal colic right or left with violent vomiting causing the patient to twist and turn about, wring her hands, screams and groans during an attack. In the male sexual organs there is heat, swelling and excessive sensitivity of the left testicle. In the female sexual organs lacerations in the labia majora, swelling of the whole

vulva, falling of the vagina so as to issue even from the vulva. Itching of the breasts, engorgement of the mammary glands. The tips of the breast are very painful and the least contact extorts a cry. Compressive pain in the breast as in the case of wet nurses. Numbness of the right thigh for two days. It is employed in the bath for rheumatism. Acts on skin as an irritant. Dreams about being poisoned, dreams about her parents, friends, children. Is a sudorific, it is used in bilious remittent fevers. The scope of usefulness for this remedy would be much enhanced with further provings.

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QUO VADIS ?

(*A comment on Central Health Ministry's activities in 1952-53*)

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The high sounding record of the Central Health Ministry of India's achievements in the year 1952-53 as broadcast by the Hon'ble Health Minister of India on the evening of the 12th July 1953 leaves the average common man unmoved and despondent as ever before. It would have met with marked approbation had it come out during the British regime in this country. But the independence and the advent of democracy along with the avowed objective of the formation of a Welfare State have ushered in a great change in our outlook, angles of vision and sense of values. We no longer consider the rich upper class man as the unit for which the State is to cater specially but it is the common man who is to be rightly regarded as the unit.

Some of the measures reported to have been taken are undoubtedly for the benefit of the common man, e.g.,