

many tensions in hewing out a new land and fighting nature and savage men and beasts, but their tensions were somewhat different from the modern day; so that although things are different, all those things together must enter in.

I think that there can be no question but that *Aurum*, too, is a remedy, but any remedy in the whole *Materia Medica* may come in. If I selected any, it would be *Aurum mur.* I think it is far more valuable than *Aurum metallicum.* *Aurum mur.* has cured a number of cases of heart disease that were organic in character.

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## FACIAL NEURALGIA\*

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*Aconitum* 10x to 30x. Neuralgia from dry, cold winds. The excruciating pains are accompanied by tingling, numbness with nocturnal aggravation, general restlessness and congestive excitation.

*Allium cepa* 3x. Traumatic neuralgia e.g. after operation on nerve.

*Argentum nitricum* 6x to 30x. Characteristic is the sensation of enlargement, as if the painful side were enlarged, swollen. Pain aggravated by lying down, better from sitting up and walking around, and from pressure. There is relation to the mouth in that stimulation of the gustatory nerve causes sour taste. Also the dental nerves are affected.

*Arsenicum album* 10x to 30x. Severe burning pain as from hot needles, with intense anxious restlessness especially before midnight; increased pain to despair with quick exhaustion and sunken face. Better from warmth.

\* From "Nervenkrankheiten" by A. Zweig, M.D. (Hirschberg, Germany). Published by Johannes, Sonntag, Regensburg, Germany. Transl. by S.W.S. (All potencies mentioned are the lowest).

In cases previously treated with large doses of quinine, *arsenicum* is the antidote.

*Aurum metallicum* 10x. Congestion to head and relation to facial bones, especially in syphilis.

*Belladonna* 6x to 30x. Aside from sensitiveness to touch, light, noise, characteristic are the severe cutting, lightning-like coming and disappearing of pains. Usually there are symptoms on the part of the eyes—flashes, sparks, dilated pupils etc. and on the part of the ears tinnitus aurium. Aggravation before midnight, from motion and touching. The face is red and hot. The affected part may be swollen and patient feels severe throbbing in blood-vessels.

*Bryonia* 4x. Sharp stitching pains, better from pressure, hence also from lying on the affected part; aggravation from every motion of body or facial muscles (eating, laughing, motion of eyes). Peculiar is the sensation: as if teeth were too long. Irritable mood.

*Calcarea carbonica* and *phosphorica* 10x to 30x. Constitutional relation to metabolism (uric and diathesis, anemia, scrofulosis); affected parts feel cold.

*Capsicum annum* 3x. Pains are burning or stitching, especially when dropping off to sleep, located in muscles, nerves or bones, radiating deeply into ears or upper cuspids which then feel blunt. Aggravation from eating, pressure and draft. The flabby, obese constitution must be considered.

*Causticum* 10x to 30x. Obstinate, partly constitutional disease with involvement of motoric fibers especially in muscles of mastication. Hence there is aggravation from talking and eating, even from opening of mouth; toward evening; better from warmth. The pain is burning.

*Cedron* 3x. The stitching, burning drilling pain recurs always at the same time, and is usually located around the eyes. Aggravation from heat; amelioration from motion. Often influenza is causative.

*Chamomilla* 4x to 30x. Aside from the great nervous irritability and general restlessness one must observe the nocturnal pain with sensation of numbness, yet intolerable to pain. Aggravation from mental emotions which also can produce an attack.

*Chelidonium* 4x. Acts on right side with flow of tears. It has liver disturbances with dull headache.

*China* 3x to 30x. Pains aggravated by slightest touch or cold drafts. Periodicity is characteristic. Face is usually pale. All weakening causes, including pregnancy must be considered. Infraorbital neuralgia.

*Chininum arsenicosum* 4x. Has acted well in cases of influenzal neuralgia ; it acts similar to *china*.

*Cimicifuga racemosa* 4x is especially indicated in ciliary neuralgia with outward-pressing pain, sharp stitching, lightning-like, as if the eye were too big. Important are the general nervous rheumatic character and the relation to the female pelvic organs. It acts especially on the left side. Often also ear noises are present.

*Coccus cacti* 4x. Neuralgia on uric acid base.

*Coffea* 4x. Aside from nocturnal aggravation, the nervous and congestive hyper-erethism are prominent. The nervous toothache is relieved by cold water.

*Colchicum* 4x. Aside from the gouty base the prominent nocturnal aggravation of pain is indicative.

*Colocynthis* 6x to 30x. Recent pains, tearing, stretching, lightning-like especially on left side after taking cold, excitement, or on gouty base. Severe aggravation from motion, touching and nights ; better in complete rest and from external warmth. Also indicated in tic douloureux with pain in eyes.

*Comocladia dentata* 3x. Ciliary neuralgia with sensation of enlargement ; flow of tears ; heat aggravates.

*Cuprum* 6x to 30x. Characteristic is severe twitching pain accompanied by muscle spasm.

*Dioscorea villosa* 4x. Spastic, sharp cutting pain better in open air; at times accompanied by nausea or crampy pain in stomach or intestines.

*Dulcamara* 4x. Facial pain with inclination to motoric paralysis from moist cold or sudden change of weather. At times intestines or bladder are affected by the same cause. It also acts on skin.

*Euphrasia* 30x. Influenza neuralgia.

*Ferrum* 3x to 10x. Pains radiate from malar bone. Severe aggravation from cold air, touch, nights; better from warmth. Inclination to perspiration without amelioration. Vasomotoric symptoms (congestion, hot head etc.) are usually present. Walking relieves. Nervous toothache better from cold water.

*Gaultheria* tincture has been recommended empirically.

*Gelsemium* 6x to 30x. Pains are pressing, drawing, gnawing, often also involving the eye; inclination to paralysis. Erethism of nerves and bloodvessel system. Pains appear suddenly.

*Gnaphalium* 3x. Numbness is characteristic.

*Graphites* 10x. Must be considered on account of its constitutional symptoms, especially when gout is causative.

*Heper sulphur* 10x. Important is the great sensitivity to touch and its aggravation in dry cold winds.

*Iris* 4x. The throbbing pain appearing in longer periodic intervals is accompanied by symptoms of acidity in stomach or intestines; epistaxis relieves; walking around aggravates. During attack face is red; after attack pale.

*Kali bichromicum* 6x. It has close relation to the uric acid, scrofulous and luetic constitution. Dry winds often cause the pain. Pain in small circumscribed spots; often accompanied by gastro-intestinal disturbances, or alternating with them.

*Kali carbonicum* 10x. Characteristic are sharp stitches while face is pale and bloated. Aggravation after midnight; better from warmth.

*Kali phosphoricum* 6x to 12x. It is a general, good nerve remedy. Aggravation from physical or mental exertion.

*Kalmia latifolia* 6x to 30x. Pains are burning, tearing with sensation of rigidity; location above eye. Slightest touch unbearable. Relation to uric acid diathesis.

*Kreosotum* 4x. Persistent neuralgias especially if pain is related to carious teeth.

*Lac caninum* 30x. Alternation of sides affected is characteristic.

*Lachesis* 10x to 30x. Acts especially on left side; hypersensitive to slightest touch. Usually with vasomotor disturbances, e.g. hot flushes.

*Lithium carbonicum* 4x. It is closely related to gouty diathesis, characterized by heavy, pungent urine.

*Lycopodium* 10x to 30x. This remedy also has relation to uric acid metabolism; it is chosen on account of its general symptoms.

*Magnesia carbonica* 4x. Characteristic is that tearing pain starts immediately upon lying down; better from rising and walking. Pains cause great restlessness and also jerking. Heat or cold do not influence.

*Magnesia phosphorica* 6x to 12x. The crampy pains are relieved by dry heat. Slight pressure is less pleasing than hard pressure.

*Mercurius solubilis* 4x to 30x. The tearing, drilling pain is increased nights and from warmth of bed, but also by external cold. The not-relieving perspirations are here very indicative. Often carious teeth are causative; then there are swelling of gums, halitosis and salivation. Taking cold often will bring this about. Often the malar bones are painful. Rising and walking relieves.

*Mezereum* 6x to 30x. Pains are acute, tearing, very severe, often disappearing suddenly, from outside in, pressing, increased by warmth of room, but also by walking outside. There is usually local or general sensation of cold. The pains are worst evenings. The affected part is very

sensitive to touch, inclined to jerkings or numbness after pains. Frequent ciliary affection with radiating, shooting pain. This remedy is especially useful in accompanying herpetic eruptions and bone affections. It is often praised where syphilis is causative, or after suppressed diseases of the skin.

*Natrum muriaticum* 10x to 30x. Pains are gradually aggravated from 9 a.m. till 2 p.m., accompanied by red face and lachrymation. Stooping and slightest motion aggravate. The pain is tingling, and accompanied by sensation of paralysis. Important are the general constitutional symptoms. The patients are of spongy, anemic constitution with poor appetite, nausea and constipation; moods depressed. Often there are rhagades in corners of mouth, which, like coated tongue point to gastro-intestinal disturbances. Hence this remedy is especially indicated in chronic conditions.

*Nux vomica* 6x to 30x. This remedy is also primarily indicated by general constitutional symptoms. There are irritable moods with habitual use of stimulants, with abdominal plethora, and irregular action of stomach and intestines. Characteristic are the pressing headache, aggravation mornings, after eating, from cold air, touch and motion; better from warmth and rest. There is sensation of numbness of affected parts and increased secretion from eyes and nose. It is a suitable antidote to morphia, and is a good "in between" remedy before the actually indicated medicine.

*Phosphorus* 10x to 30x. The pain usually caused by taking cold is of a tearing, drilling, radiating nature from the malar bone or superior maxilla toward nose or ear. Aggravation from pressure, mastication, talking; amelioration from warmth and rest. After an attack the face is pale and sunken. Attention is called to the anemic, nervous constitution as well as to the inclination to nerve degeneration.

*Platina* 10x to 30x. The gradually increasing and decreasing pains are spasmodic, drilling, accompanied by prickling and sensation of contraction on head; they are preceded by numbness, followed by sensation of cold. Aggravation evenings, nights and from rest; better from pressure. The sickness picture is less related to weather conditions than to the female pelvis and to neuropathic-hysterical constitutions.

*Plantago major* 4x is indicated in neuralgia from dental pathology with salivation.

*Prunus spinosa* 4x. It is indicated in ciliar neuralgia with sensation as if the eyes were pressed apart.

*Psorinum* 30x and higher, has supraorbital neuralgia, at times with temporary blindness before pain starts. It is especially indicated in psoric skin symptoms, but also during convalescence.

*Pulsatilla* 6x to 30x. Important are the general symptoms, the pale face, the tearful moods, the cold extremities, or general chilliness, the wandering pain—often in fits and starts; aggravation evenings, in rest and warmth of bed, but also in warm room, and when lying with head low; amelioration from motion and pressure. Dyspeptic troubles, especially after attacks; bitter taste.

*Rhus toxicodendron* 6x to 30x. Severe influence of changing weather, especially moisture causing tearing pain, numbness and tingling, all worse nights driving patient out of bed. Better from motion and warmth. Great restlessness.

*Robinia pseudo* 3x. Affected part feels contracted; often there is acid taste or vomiting.

*Sabadilla* 4x. Recommended in grippe neuralgia.

*Sanguinaria* 6x to 30x. It has special relation to the right side of face which burns and is red. The pain is shooting and radiating. Severe circulatory excitation is evidenced by occasional epistaxis and throbbing headache which latter may increase to migraine.

*Sepia* 10x to 30x. It is only indicated by its general symptoms. Due to its relation to the female organs it is here especially indicated in facial neuralgia during pregnancy.

*Silicea* 10x to 30x. It is especially recommended in chronic facial neuralgia better from warm wrapping.

*Spigelia* 4x to 30x. Acute cases with severe stitching pain, radiating into eyes or teeth, especially on left side. There may be photophobia or blepharospasm. The affected side is red. General nervous restlessness and cardiac irritability. Aggravation from motion and touching. At times there is increased secretion from eyes or nose. Ethiolgically especially grippe and rheumatism or gout must be considered.

*Stannum* 6x to 30x. Aside from great weakness one must pay attention to the gradual increase and decrease of the very severe pain, the relief from pressure and motion. Recommended in grippe neuralgia.

*Staphisagria* 4x to 10x. Indicated in general and nervous exhaustion from insomnia due to sickness or worry. Also carious teeth may be causative. The pain is tearing, radiating to cheek; aggravation from slightest touch, relieved by strong pressure. The pains leave sensitiveness from mastication. Cold hands and cold perspiration are also indications.

*Stramonium* 6x to 30x. It is only to be considered in severest, intolerable pains with head congestion, possibly leading to delirious conditions.

*Sulphur* 10x to 30x. Pains are burning, shooting, tearing, aggravated from least touching; head and hands hot, but feet cold. The pains are often the expression of constitutional damage. One must consider present or previously suppressed diseases of the skin, as also disturbances in the portal system.

*Tabacum* 6x to 30x. Attacks come and leave with the sun, and are accompanied by disturbances in the autonomous system (palpitation, vertigo, nausea etc.)



*Thuja* 10x to 30x. Intolerable stitching or burning pain as from fire, drawing, from face backward is characteristic. Relief by lying down with head lowered. Uncovered parts of body perspire easily. Moist cold produces attacks based on constitutional syctic or rheumatic conditions. Rest aggravates the pain, as also evenings and nights.

*Valeriana* 6x. Extreme nervous irritability leads to constant motor unrest; on the other hand—from severe, sudden pain like an electric shock to fainting. Every exertion and excitement aggravates; but resting also is insufferable. Motion and diversion relieve. Often neuro-pathic symptoms are present.

*Veratrum* 4x to 10x. Most severe rightsided compressing pain with tingling, numbness, formication, "gone to sleep" sensation; driving patient out of bed, or cause fainting or cold perspiration. This remedy has also been recommended in the form of a cerate.

*Verbascum* 3x. Severe pain as from needles, or pinching, almost stupefying, located especially in malar bone, aggravated by mastication and from cold air. Colds are often causative, but this remedy is also valuable in neuralgia from catarrh of accessory sinuses.

*Zincum* 6x to 30x. Characteristic is, aside from general nervous irritability a pressure at the root of the nose and restlessness of feet. The pain comes suddenly, is of a stitchnig, jerking character, often accompanied by numbness or tingling. One must pay attention to possibly suppressed skin eruptions and suppressed secretions, which, when re-established, may relieve or cure the neuralgia.

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