

THE CALCAREAS

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We have several of them, but I think the Calcarea Carb. and Calcarea Phos. are the only ones we use very often. I know they are the only ones I have used in over fifty years. They are both very useful in treating children; the smaller children I mean, but they are also useful, where indicated, for adults.

While I might say they are sister remedies there is a difference in their indications. I will give the differences between these useful remedies as I know them. There may be others, but these are all I think of right now.

CALCAREA CARB.

Light complexioned.
Blue Eyes.
White skin.
When well, good natured
Likes company.
Imaginary fears, timid.
Tendency to sweat on
head, wets pillow.
Big tense belly. Abdominal
walls tense.
Craves eggs.
Stools whitish, watery,
frequent and contain curds
and undigested matter.
White, fair and flabby.

CALCAREA PHOS.

Dark complexioned.
Dark Eyes.
Dark skin.
Not good natured, crabbed.
Wants to be left alone.
No fear.
Little sweat, but looks
greasy.
Belly caved in. Abdominal
walls flabby.
Craves ham, bacon, and
any salt or smoked meat.
Stools green, slimy, hot and
considerable wind expelled
with stool.
Dirty white, anæmic, poorly
nourished.

Considering these characteristics we will be able to differentiate between these remedies, and prescribe whichever is thereby indicated.

In my early practice in a very unsanitary mill town I cured many cases of cholera infantum with Calcarea Carb. when indicated by stools as described above; the infants under allopathic treatment went to the cemetery.

One case which I recall was when I had practised only a few months. The mother brought a poor little bundle of skin and bones to me. She was eleven months old. No teeth; weighed nine pounds. Had weighed eight pounds at birth. The diarrhoea was characteristic. I gave the mother little encouragement and prescribed Calcarea Carb. every three hours. With fear and trembling I went to see the child the next day. As the undertaker evidently had not beaten me to it, I dared to timidly go around the side of the house. On the side porch the mother was sitting sewing, with the baby buggy beside her. I inquired how the child was. The mother replied; "Much better." I continued the treatment. At one year of age (a month later) she weighed twelve pounds and had four teeth. Being my first case of that sort I have not forgotten it. I have had similar cases which I have treated just as successfully since then.

When we go to treat a child presenting a picture of big head, open fontanelles and the symptoms I have already mentioned indicating Calcarea Carb., we are safe in prescribing that remedy. Where indicated it does wonderful work for us and has not only saved many lives, especially of young children, but was a great help in their development.

Calcarea Phos. has been just as great a help to me where indicated; it is useful in aiding fractured bones to unite. In fact it is my custom to give a dose of Calcarea Phos. three times daily to a person suffering with a fractured bone. Both these calcareas are great tissue remedies, and probably the most useful of the twelve.

Calcarea Phos. is a great builder, especially useful for patients who are run down from a long tedious illness, or long overwork. It is a jewel when treating the anæmic school girl who is developing too fast. Especially if she is subject to headaches which are characterized by the sensation of a cake of ice on the top of the head which is melting and the water running down.

Useful also to the mother who is run down from the drain on her system of nursing a large healthy baby. Which reminds me that if the pregnant woman will take this remedy during her pregnancy she will have a strong healthy baby, but it will probably be dark complexioned, a brunette. While I am as a rule opposed to the use of combination tablets there is a tablet which I think is worth a trial; it is known as the "Easy Parturition Tablet" and contains: Calcareo Phos., Magnesia Phos., Kali Phos. and Calcareo Fluorica. All 3x. If this tablet is taken faithfully for three or four months before delivery it will greatly relieve her sufferings during labour, shorten the ordeal and will help her to produce a strong healthy child.

A woman here has four children. The mother took these Easy Parturition tablets for several months before the birth of the second and fourth children, and both were born before I reached their home although I was called promptly and they live near me. Of course both were easy labours. With the first and third she did not have these tablets and I was with her four or five hours before either was born.

A niece of mine will be fifty-five years of age next Fall. She was a poor little mortal, very unsuccessfully treated by one of the best allopathic child specialists in Pittsburgh, where he taught in the college in that city. At nine months there were no signs of teeth and little hope of her surviving many more days. A change of climate was advised and she was taken to Chautauqua where she fell into the hands of our Dr. Melvin Adams of Mayville, N. Y. a graduate of the Homœopathic College of Cleveland, Ohio, 1888, which turned out so many really good Homœopathic prescribers. His Calcareo Phos. very promptly made a happy, healthy baby of her and the teeth came promptly. Had she not had this wonderful remedy, she would not be living today but she lived and is still living a very useful life.