

TARAXACUM OFFICINALE—A New Proving

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The following is a brief account of a recently published proving of *Taraxacum*. Since this proving brought out more detailed mental symptoms than the old proving of the drug, it should be brought to our attention. In addition, it should serve us as a reminder of this remedy, since we are apt to forget at times the lesser remedies, which can be very helpful, by thinking too much in terms of the polychrests.

The proving was done by eight persons, six men and two women, all in their thirties, for a period of three to four weeks, starting with the 2x, then 1x, and two weeks using the tincture, 20 drops three times daily. During the fourth week the proving was stopped, because of diminished ability to work due to the mental symptoms.

Mental symptoms: Increased ability to work (first week), followed by mental tiredness, aversion to work, no desire to read, sits around unable to do anything (second week). Morose, impatient, difficult to concentrate. "No go." Desire to rest. Depressed. No interest. Forgetful. Desire to be alone (one prover). These symptoms were common to all provers.

Head: Right-sided headache extending from the right temple to the occiput, stabbing, boring, better from pressure. Dull general headache.

Tongue: Gray coating. Inflammation of gums (one prover).

Appetite: Decreased. Increase of appetite, must eat often, otherwise not satisfied. Worse from fat.

Abdomen: Tenderness of the right hypochondrium. Liver "as if enlarged." Hiccough. Colicky pains. Meteorism. Flatulence. Passing gas of bad smell relieves pain. Fullness. Rumbling. Stabbing, cramplike pain in liver region. Frequent soft bowel movements with much urging,

followed by constipation. Hemorrhoids with soreness and burning, worse sitting, coughing, sneezing.

Extremities: Dull, drawing pains in l. trochanter, l. elbow. Drawing in limbs.

Back: Drawing pains in nape of neck. Drawing pains in the back, particularly in the area of the shoulder blades.

General: Feeling of malaise.

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THE TREATMENT OF WARTS

DOROTHY SANDERS

The first is the case of a boy of seven years who was brought by his mother, "Just look at his hands, aren't they awful?" They were literally covered with warts. Her answers to my questions were not very helpful but he did not seem to need *Thuja*, so according to Dr. Clarke's Prescriber and knowing a few things about the boy I gave *Dulcamara* 6 three times daily. In just a fortnight that boy had not one wart left on his hands. Needless to say that family think the wee white pills are wonderful.

Another boy had a large fig wart on his thumb, his mother asked if I could help until she was able to take him to the doctor. I asked her not to take him for ten days or a fortnight although the wart was so painful it made him cry out if it was bumped. It was huge, and ugly. I had *Thuja* ointment made up in a lard base according to Dr. Shepherd's recipe for *Calendula*. I applied a dressing of *Thuja* ointment and told him to repeat it in two days. I gave him *Thuja* 6 to take three times daily and in just over 12 days that wart had completely gone.

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