

MAGNESIUM SULFURICUM

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This salt was proven on 14 persons. The potency employed was mostly the D12, but in one part of the proving the D4 and D2 were used. One prover showed such marked symptoms on the D12 that he produced the entire drug picture. Higher potencies further confirmed this finding as well as showing symptoms similar to the other magnesium salts.

Medical Picture

Nervous System : Irritation of the central and vegetative nervous system with strong spasms.

Mind and Emotions : Anxiety; unhappy mood; fear of dying; angry and argumentative.

Sleep : Wakes at 3 A.M. and cannot go back to sleep. Wakes with palpitations. Exciting dreams. Nightmares. Sleepy in the day.

Head : Headache with vertigo and rushing of blood to the head. Tearing, sticking and boring pains in different parts of the head. Vertigo and an extra consciousness of the head. All nervous symptoms of the head, mind and emotions are worse in the A.M., and better in the fresh, open air and after cold baths.

Face : Grey complexion. Tearing pain in the facial bones.

Respiratory Tract : Coryza and a stuffy nasal pain in inner nose. Cough with a raw throat, mostly of short duration, mostly painless, particularly on waking.

Heart and Circulation : Palpitation and dyspnea from physical exercise. Sticking pains in the heart region without physical pathology. After a half-hour attack of palpitation one must stop working and sit down. This is aggravated in the warmth. Awakes after a nightmare with strong palpitations.

Pharynx : On swallowing there is a pain in the throat and a sticking in the ears, with an increased secretion of mucus in the pharynx.

Appetite : Thirst and a desire for thirst-quenching drinks, fruit, green salads and spices. The mouth felt dry with a bitter taste and a loss of appetite. An aversion to meat, sausage, fat, fried food and spices.

Stomach and Rectum : Nausea, vomiting, heartburn and constipation from over-eating. Diarrhea of a grey color. Constipation with grey stools, with mucus. Diarrhea with train-sickness, so strong that one cannot leave the bathroom. Diarrhea from fried food.

Liver and Gallbladder : Anterior and posterior hepatic pain on breathing. Nightly chills and fever with pressure in the gallbladder region. Temperature of 104°F. Intermittent appearance of pains often with long periods of freedom from pain.

Urinary Organs: Rich and heavy urination with burning in the urethra.

Female Organs: Periods too early or too late, too dark or too strong. Flow thick and black. Periods stop two days and return. Many menstrual complaints—a heavy head; sacro-iliac pain and pain in the small of the back. Aggravation before and during the periods. There is a tendency to cramps and spasms in the uterus, worse in the A.M., ameliorated on motion and in the fresh air, aggravated riding on a train and in closed cars, not so bad in open cars or on a bicycle. Nausea two days before the periods. Constipation and diarrhea. After all this one feels weak.

Menses dark and clotted. A thick, white leukorrhea accompanied by a beating pain in the sacroiliac joint and in the back.

Joints and Muscles: Rheumatic pains in the muscles of different parts of the body. Sciatica worse at night and on resting, better on motion. Strong pain on motion in the pectoral muscles and in the hands, like a cold in the muscles. Pain in the muscles from being stretched at work. Increased strength of the back, accompanied by palpitations and dyspnea while at work.

Skin: Agonizing itching of the whole body, in bed. Itching pimples on the back. Boils on the neck. Wet, perspiring hands.

Temperature Control: Coldness and shivering. Fever with heat and perspiration.

Dose: The most productive potencies (in clinical use) were the 3D and 6D.

Clinical Indications

Gastritis, gastroenteritis, obstipation, cholecystitis, biliary duct spasm, gall-stone colic, and dysmenorrhea.

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