

## BERYLLIUM

Composite Picture from Proving and Toxic Effects

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### PROVING SYMPTOMS

HEAD	Frontal headache, throbbing. Pains radiating from the left to the right mastoid. Worse heat, motion, getting up, jar, cough, light, excitement, better lying on painful side, outdoors. Vertigo.
NOSE	Acrid discharge, better outdoors, worse warm room.
MOUTH	Dry cracked lips. Small ulcers on lips and tip of tongue.
THROAT	Painful, burning, must swallow. Glazed appearance.
STOMACH	Loss of appetite. Soon satisfied, but soon hungry again, or aversion against eating. Drowsy after meals. Tight sensation in epigastrium, worse inspiration. Nausea, worse looking at food and smell of it. Worse from riding in a carriage, worse lying down.
RESPIRATORY TRACT	Cough from irritation behind the sternum. Cannot cough enough, but little expectoration. Sputum has sweet taste. Knife-like sharp pain behind sternum. Dyspnoea from exertion. Constriction of chest from exertion.
SKIN	Itching papules, worse scratching. worse warmth of bed.
GENERAL	Weakness, exhaustion. Soon tired. Chilly, worse from exertion, worse from warmth, worse in bed at night.
MODALITIES	Worse heat, slight exertion. Better outdoors. Shortness of breath out of proportion. Particular symptoms: glazed throat. Pain from l. to r. mastoid. Soon satisfied, soon hungry again.

### TOXICOLOGICAL SYMPTOMS

Dyspnoea on smallest exertion, out of proportion compared with the physical signs. Rattling cough. Pallor and cyanosis of face. Little temperature, no rusty sputum. Pain behind sternum. Very acute or very delayed onset. Frequent relapses, very long outdrawn recovery. X-ray shows "snowstorm" picture as in miliary t.b., or intense infiltration. Very slow resolution. Similar to influenza pneumonia or pneumonia after measles or pertussis. Also picture of chronic interstitial pneumonia and of sarcoid. In this case axillary glands, granulomas in liver, spleen and skin with skin fistulas.

Loss of appetite, vomiting, loss of weight, emaciation.

Has produced in animal experiments osteogenic sarcoma with metastasis.

## SUGGESTIVE INDICATIONS

Bronchitis, bronchiolitis, capillary bronchitis. Atypical and virus pneumonia. Tuberculosis (miliary and other forms). Pharyngitis, gastritis. Papulo-vesicular dermatitis, cutaneous and subcutaneous granulomas with formation of fistulas, sarcoid. Sarcoma of bones.

## SOME CLINICAL CONFIRMATIONS

Girl, 7 years old, acute tracheobronchitis. Suffocating cough, with more shortness of breath than to be expected from physical signs. After much cough little sputum, thick, viscid. *Kali bic.* has no effect. Cough sounds like croup. *Hepar* without effect. Now *Beryllium* 6th centes., hourly one dose for 8 hours. Now expectoration easier, but still great shortness of breath. *Beryllium* 30th every half hour. After six doses expectoration much thinner and dyspnoea greatly diminished. Complete recovery. "One of the worst cases I have ever seen. I have never seen in 60 years of practice such dyspnoea and such tough expectoration in a child, but the cure was complete." (Wm. B. Griggs).

Sarcoid of the lungs, clinically confirmed, cured with *Beryllium* (same author).

—*The Brit. Homæo. Jounl.*, Nov., '61

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