

Case Report

A case of Hyperprolactinaemia

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A forty years aged quadriparous female patient presented herself at Gaurang Clinic and Center for Homoeopathic Research, Lucknow for pain in both breasts especially before menses with dark colored discharge from both nipples for 6 months. Patient also complained of occasional vaginal discharge especially before menses. Patient also had depression in 1997 and was treated with allopathic drugs. Past history revealed pain in both breasts since 16-17 years. She had two normal deliveries and two spontaneous abortions. Menses were regular and adequate. Family history revealed diabetes in Father. Sonomammography of both breasts on September 01, 2002 showed normal study and Histopathological examination of the discharge from breasts on August 15, 2002 was negative for cancer cells. Serum Prolactin level was found to be raised upto 33.7 ng/ml as per blood examination report dated February 14, 2003. The case was repertorised. Symptoms considered for repertorisation were fear of ghost, fear of misfortune, amelioration from consolation, fastidious, sympathetic, weeping tearful mood but weeping ameliorates the complaints, anxiety about health, pain in mammae before menses, fear of robbers, desire for company, disposition to contradict, offended easily, anticipation anxiety and desire for sweet things. Pulsatilla was selected from various drugs of choice.

Date-wise follow up of case

Ist prescription : September 01, 2002: Pulsatilla 1000 single dose was prescribed followed by Placebo for four weeks.

1st follow-up: October 02, 2002: Pain both breasts and dark colored discharge from nipples reduced. Only Placebo was repeated for four weeks.

IInd follow-up: November 06, 2002: No pain in breasts was reported by the patient but the dark coloured discharge from nipples increased slightly after initial reduction. Pulsatilla 1000 single dose was repeated followed by Placebo for six weeks on different visits.

IIIrd follow-up: December 20, 2002: No pain in breasts and almost no discharge from nipples. Blood examination for Serum Prolactin level was repeated on January 26, 2003 and was found to be 10.42 ng/ml that is within normal limits. Placebo was prescribed for two weeks. Patient was advised to return for follow-up time to time.

IVth follow – up: August 27, 2003: After 6 months of cure, blood examination for Serum Prolactin level of the patient was repeated to check for relapse, if any. Blood examination for Serum Prolactin level on August 24, 2003 was found to be 10.30 ng/ml that is within normal limits.

Acknowledgement

The author acknowledges the efforts of Dr. Naveen Gupta, Additional Physician (Research and Publication) for literature survey.

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