

## WHAT IS SYCOSIS?

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### I

So long as the disease, Sycosis, is suppressed in the catarrhal or in the inflammatory stage and has not been interfered with by operative measures, or crude medicines, but has been allowed to remain latent, there should be very little difficulty in reproducing the catarrhal condition, and in this procedure we will have to study such remedies as medorrhinum, nux vomica, psorinum, mercury, sepia, sulphur, calcarea carbonica and others.

Now! some of the remedies stated will be thought of as psoric or tubercular remedies, but we have to remember two or three things in seeking for a cycle of remedies that will bring about a complete cure. We have to remember that sycosis requires the assistance of tubercule to become active and vice-versa, and also that we may commence treatment with a good sycotic remedy and after a time this sycotic remedy may cease to act. Why is this? Because the tubercular taint by means of the attempt to separate these two miasms has ceased to be latent and is now active and is putting a barrier in front of the sycotic procedure and preventing its further action. On the administration of sulphur, psorinum and other tubercular remedies the barrier is destroyed and the former sycotic remedy can now re-commence its outward action.

Malignancies coming after suppressions are easily managed if the original trouble, which was a discharge from the genital organs, can be reproduced. If we are unable to do this, the chances of a complete cure become very remote. It is essential to reproduce a discharge that was suppressed if we are to treat successfully the numerous cases of indigestion, stomach troubles, constipation, neuralgias, rheumatism and chronic headaches.

Verrucal eruptions removed by operative measures may at times reappear at the same point of removal, or they may appear in other parts. Headaches, stomach troubles, rheumatism, neuralgia and gouty conditions of the joints or organs may follow. These

are all tertiary manifestations of sycosis; that is the third stage and including as we know; the warty eruptions, with the result of deep and profound action upon the organism. The secondary manifestations, that is the inflammatory stages, are more acute and at the time seem to be more destructive, but that is not so. The tertiary manifestations of all the miasms, psora, syphilis or sycosis, are slow in action yet they involve the deeper structures and the important organs of the body.

The malignancies arising from warty growths are now well-known, especially the variety known as the pearly papule and which is found most frequently about the face and neck of those patients who have also a tubercular or latent syphilitic taint. We see this also in the ulcerative or degenerative wart, from which arises cancerous conditions, such as epithelioma. These are the conditions in which all the miasms are beginning to be active. That is what makes them so virulent.

Almost always with those warty conditions we have as an accompaniment, whether hereditary or acquired, the *Red Mole*, another tertiary symptom which appears most frequently on the anterior part of the body, especially the chest. It is unmistakable for there is no other eruption quite like it. It is smooth, round and shiny, often as red as blood and has the appearance of a polka dot on the skin. Although they generally appear on the chest they can also appear on the back, or anywhere else, and their size varies from that of a pin head to that of a pea. It is a positive sign of sycosis hereditary or otherwise. It seldom appears on uncovered parts, but occasionally can be found upon the neck, generally the partly covered parts of the neck.

There is another specific sycotic lesion, called the spider spot, which is generally found on the face, mostly over the malar bone, about half-way between the ear and the eye. It may not look exactly like a spiders web, but is never-the-less a little network of dilated capillaries, light brown in colour, or light red. The colour varies throughout life, sometimes dark, sometimes light and it may gradually disappear in later life; the flag of distress is hauled down, the organism having succumbed more or less to the ravages within. It is a little flag of distress which the tainted vital forces hang out, so that those who understand can read and come to the

rescue. Children are often born with this mark and personally I have seen it more often on boys than girls, although girls can also have it, but whichever sex, it is most likely to appear about the time of the second dentition; increasing in size up to the age of puberty. Whether appearing on boys or girls, I think from investigations and studies, its acquisition can be traced to the third or fourth generation back. It requires two or three years to cure this condition and only the very high potencies can do so, so deep are their "roots."

In all these skin conditions, warts, moles, spots, networks of veins, etc., there is very deep and profound internal action. They are not birth marks, as is so commonly thought, but sycosis in all its profundity.

## II

The suppression of ringworm, which as we know is a suppression of sycosis in its most virulent form, brings about that disastrous combination syco-pseudo-psora, for it is usually those people with a latent tubercular base who produce those skin diseases, and of course the result of suppressions is ill-health, or the development of chronic headaches, stomach troubles, chronic bronchitis, chronic coughs, melancholia, mania, hysteria in women, etc., etc. Enquire of those patients who come to you with chronic headaches, or chest or stomach troubles and you will invariably find that in their early life they had some form of sycotic manifestation treated with ointments and lotions. How my mind goes back to my own childhood days and visualises the masses of zinc ointment that were to be seen plastered over children; zinc ointment and many other metallic preparations including mercury in some form or other. That is why Hepar Sulphur and Psorinum, to mention only two of the deep acting anti-miasmatic remedies, are so beneficial in later life in those who have some dyscrasia which is almost indefinable. Hepar Sulphur and Psorinum are two of the finest constitutional remedies we have and so often bring relief to the sufferer by merely antidoting the effects of the earlier use of zinc ointment and other similar preparations. Hepar Sulphur as we know is one of the best antidotes to Mercurial and other

metallic poisonings. I merely mention those two in passing; there are many others, but at present I leave that department for others to discuss. My purpose is to endeavour to expose that which has brought about our present state of uncertain health.

Variola and varicella in their different forms have marked characteristics of the sycotic element present, or a combination of sycosis and syphilis (constitutional of course). These ailments and the substances that are supposed to prevent them all have a combination of the venereal miasms present and that is what is injected into us to prevent them. The elements that are capable of producing similar phenomenon. Now science is being used to produce agencies of a more devastating nature, with which to inoculate the poor innocent victims.

The readers, no doubt, will have noticed that we do not now have the epidemics of small-pox and similar troubles that we used to have. No! thanks to immunisation and inoculation, we have got rid of those ailments, but what has taken their place? Whence came polio and all the other modern troubles? We did not have them before the advent of mass immunisation. Something put them there, they did not happen of themselves. What about the inoculations in which calves' lymph or chemical preparations are used. Nothing else went into those little bodies, therefore immunisation must be the cause! The results of these concoctions are also seen in the various malignancies and can be recognised in erythematous eczema, erysipelas, especially the phlegmonous variety; herpes zoster, which is just shingles, and in impetigo contagiosa. Psoriasis has the gouty element, so characteristic of sycosis and we have already recognised this element. Psoriasis however, as its name would imply, depends largely on Psora. Vaccination is generally the exciting cause of these eruptions and indulgence in meat aggravates the condition. Meat, alcohol, wines and nitrogenous foods of all kinds aggravate both the gouty diathesis and the diseases based upon it.

The gouty diathesis is positively of sycotic origin. Gout is, or has usually been associated with the rich, with the drinking of wines and the eating of rich and spicy foods and other kinds of stimulants, but the poor can suffer from gout as well as the rich, and the rich who do not indulge themselves can also suffer from

gout. Sycosis can develop the gouty diathesis, but there is no doubt that the partaking of rich foods and wines and other stimulants greatly aggravates the condition. Yet I have known patients who ate very, very sparingly of meat, and who did not indulge in wines or alcohol, to have gouty concretions in the joints. When the joints are not affected or the gouty concretions are absent we have another form of it, known as gouty liver, gout of the different organs of the body, gout of the stomach. Gout of the heart and stomach seem to be the most prevalent and provide quite a number of those cases whose lives come to a sudden end. On examining those patients we find all sorts of pathological changes; changes in the form and size of the organs, changes in the valves, hypertrophies and dilations, with slow, soft and intermittent pulses. The intermittent and irregular pulse is a very dangerous sign. In cardiac diseases they have no pain to speak of, in fact they often deny having heart trouble and become angry if you suggest they have. Serious and dangerous conditions develop and the patient is utterly unaware of it.

The kidneys, too, must be taken into consideration, in fact, very much so. Most of us having had scarlatina and similar troubles in our younger days, and had them suppressed, they attacked the kidneys; most feverish conditions when treated with crude medicaments attack the kidneys and ultimately result in cardiac diseases. It is a very critical situation for more than half of the structures of the kidneys can be out of order and yet the patient may seem to be, earlier in life, in perfect health, but gradually the heart begins to feel the effect. Those people are very fond of aromatics, mustard, pepper, condiments of all kinds, and rich and stimulating foods. Narcotics are the great excitements of a gouty diathesis. Sudden death comes often from valvular diseases of the heart, pneumonia, peritonitis, gastritis or liver troubles. Many of them have dropsies, diabetes, Bright's disease, cirrhosis of the liver, congestion of the base of the brain, and even insanity. They are subject to vertigo, dyspnoea, apoplexy and hemiplegia. The slightest over-exertion, walking up a hill, climbing heights, completely takes their breath away and they start puffing and panting. They can drink moderately of whisky all their lives, but put them on wines and rich food and they develop the gouty

diathesis. On the other hand, many patients suffer from prostatic and bladder troubles. Very often the only symptom in the urinary sphere is the excessive acidity of the urine, showing that sycosis is there but in a latent form, ready at any moment to be aroused into activity.

Sycotic patients are for ever having bronchitis, with hard, tight, dry racking coughs, mostly met with in winter and in the autumn. Often it begins with a severe cold, with much sneezing and a profuse watery flow from the nose, then the mucous membranes of the chest become involved and they say, "I keep getting a cold!" Nothing of the kind! They are suffering from inflammation of the respiratory mucous membranes. Should they escape the catarrhs, they will most probably have rheumatic troubles on the least exposure to cold and damp, and they are very sensitive to barometric changes.

### III

To continue with our discussion on Sycosis and the complications brought about by suppressing the disease either by operative measures or by the use of medicated lotions, etc., it will have been observed that most of the troubles that are prevalent today are of a Sycotic nature. Certainly before they could express themselves properly they had to be bonded with one of the other miasms and especially with that combination known as tuberculosis, indeed it is the addition of sycosis that brings tubercule to its destructive stages. This must be so, for in tuberculosis we have a combination of Psora and Syphilis, therefore the addition of Sycosis completes the "unholy trinity".

In a sense Sycosis could be called the baby of this trinity, for in its modes and actions it is more lively than the other two. Please do not misunderstand this statement. We speak of Psora as being the most brilliant mentally, and the most lively physically, of the three Chronic Diseases, but this is when the individual is in a comparatively healthy state. In Sycosis the activity is in the diseased condition, in the first and secondary stages. Perhaps the reader may get a glimpse of what I mean when I say that ailments such as influenza, severe colds, measles, smallpox, pneumonia and other

epidemic diseases of that nature are Sycotic; but they are also nature's "healing crises". It is nature endeavour to throw out of the body that which is tainting it. So it can be seen that the "superficial" activities of Sycosis, such as catarrh, inflammatory processes and so forth, when properly controlled by the correct homœopathic dose, are nature's weapons of elimination and that is why it is so disastrous to interfere with them when treating a chronic case. When all operation or medicinal douching takes place it is as if a lid is clamped down on the more chronic part of the trouble. This "lid" is the sycotic representation and of course the lifting of the lid is really the re-appearance on the surface of those colds, catarrhs and inflammatory processes. When the lid is completely removed the deeper and more destructive elements—tubercule or syphilis, or a combination of those and Psora, are able to come out of their hiding places. This is what is really taking place when after the completion of a sycotic ailment such as influenza, measles, scarlatina and so forth, we have some form of brain disease, paralysis, or ear trouble, to mention but one or two, appearing. They should not have been allowed to appear. They generally do so in orthodox medical treatment, but not in real homœopathy. The careful homœopathic observer would notice the change of the miasmatic presentations and would accordingly have given a remedy to correspond with the approaching new state, a remedy that although Psoric, or Tubercular, or Syphilitic, would yet have had a definite relationship with the sycotic remedy that had just completed its task by driving out the sycotic "lid." In this manner many a poor child would have been saved the loss of his hearing in later life. Incorrect orthodox medical treatment is responsible for most of these blights.

To return to the sycotic eruptions in their manifold varieties, we find a form of acne that appears as large red angry-looking papules at about the menstrual period; they are sore and sensitive to touch and are of the non-suppurating variety. The Psoric form is the small pointed itching papule, or we have the pustular or suppurating tubercular form. The chief feature of the sycotic acne is the large reddish, blunt-pointed, angry-looking lesion that is sore and sensitive to touch, non-suppurating and appears quite isolated and separated from each other and not in groups, as is

found in psora and tubercle; they are often found in girls at the menstrual period. Lupus really belongs to all the miasms, but whether of the common or erythematous form it belongs more especially to the tubercular form of skin diseases, with the sycotic element present. Later in life from about the age of forty, the malignancies due to syphilis and psora are prone to develop. Mankind travels, all things being equal, towards the peak of vitality until the age of forty has been reached, then we travel along a level plane until approximately the sixtieth year, then we start to dip in vital power and resistance, so that before forty we have the vitality to keep the malignancies at bay, or in a latent condition; after that the latent miasms become aroused and we begin to see their destructive powers more superficially. So it will be observed how important it is to get the patients as early in their lifetime as possible. After sixty if the troubles are very deep and the combinations of the miasms very perfect, it becomes almost impossible to bring about a complete cure. Should all three miasms be of equal power within the system, and we see this in most congenital cases, it is impossible to separate them and thus a cure is not possible.

Many other forms of skin diseases might be enumerated as being of Sycotic origin, such as tinea sycosis and tinea barbae. In fact practically all forms of facial skin diseases that are contracted in barbers' shops, with perhaps the exception of tinea favosa, are due to sycosis in some form or other. But all those skin diseases have all the miasms present, some have a greater percentage of tubercle, others a greater percentage of sycosis, and so forth. That is why they are so difficult to heal, and why they must not be interfered with by ointments or lotions; every application of those obnoxious agents increases the virility of the sycotic poison. In fact in all forms of ringworm we see this specific element running through the manifestations of those mysterious skin diseases of which so little is known. A suppression of ringworm in any form means a suppression of sycosis of a specific nature. (Vide Hahn. Gleanings, July & Sept., '61 Vol. XXVIII, pp. 310 & 426).

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