

## POINTERS FOR SPOT DIAGNOSIS AND THERAPEUTICS

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The following have been gathered from the writings of eminent Doctors, which will be utmost help in diagnosing cases and to arrive at the correct remedy quickly without waste of time. The name in brackets refers to the authority.

### DIAGNOSIS.

1. In the first week of life in the newborn, vomiting is main feature of intestinal obstruction. It generally begins on the first or 2nd day and is persistent. If the vomit is golden yellow or green in colour, the presence of duodenal atresia is almost certain. (Dr. Denis Hindmarsh, M.S., F.R.C.S.).

2. *Diagnosis of Tuberculosis of Joints*: The clinical dictum that the mono-articular affection of a large joint which is persistently warm is a very helpful finding to go by and radiology helps. (Dr. N. S. Narasimhan, F.R.C.S.).

3. Abdominal pain with urinary difficulties in a girl who has failed to menstruate, should be presumed to be caused by an imperforate hymen with haematocolpos until it is disproved. (Dr. V. Sharma, M.D., D.G.O.).

4. Some put their arms up above the head while sleeping. When they sleep like that, they always have liver disease, always have congestion of liver. There is some trouble with the liver. But in children, it is normal. In adults, it is not so....(Dr. Pierre Schmidt, M.D.).

5. Any person, particularly a woman, who presents with hypertension or anaemia without any obvious cause must be thoroughly investigated for chronic urinary infection, whether with or without a history of such a possibility (Dr. Kesava Pai, M.R.C.P., F.R.F.P.S. etc).

6. Respiratory exercises, when inhalation is done

through the nose and exhalation through the mouth, decreases the spasm of bronchi and bronchioles in a reflex way. This is useful in preventing an attack of bronchial asthma. (Dr. V. A. Bojenova).

7. Fissures in the nipple of female breast may be evident to the naked eye or they may be so small that they can only be seen under a lens. They should always be looked for when a mother complains of pain when feeding her baby and whenever a breast-fed baby vomits blood. Not every mother complains, but if her face is observed, as the baby goes to the breast, she will often be seen to wince with pain. (Dr. Craig, M.D., F.R.C.P.).

8. At all ages, any abdominal pain that has continued without intermission for several hours especially if associated with vomiting, should be regarded as acute Appendicitis and expert assessment should be made at home or in the hospital as soon as possible. (Dr. Denis Hindmarsh, M.S., F.R.C.S.).

9. In acute epididymo-orchitis or torsion of the testicle, the pain may be referred to the corresponding iliac fossa. (Dr. Milnes Walker, M.S., F.R.C.S.).

10. Cardiac enlargement is an irrefutable evidence of heart disease. (Dr. Loyal L. Conrad, M.D.).

#### THERAPEUTICS

1. In cases of children, when well selected remedy fails, it is very useful to study the parents and the family. (Dr. S. M. Kapadia, B.Sc., D.M.S.).

2. Coronary thrombosis has become one of the biggest killers of civilised men and it is a pity that men do not think of *Spigelia anthelmintica* in their distress. To be given in 1M potency. (Dr. J. Kishore, B.Sc., D.M.S.).

3. Loss of a function of a part of the body due to emotional elements requires *Ignatia*. (Dr. Diwan Harishchand, L.R.C.P., F.F. Hom. (Lond.).

4. *Nux Vomica* should be given in a higher potency the more exact the simili and must be given in the evening; one may add that if one is not so sure, one will achieve more of

an organic action with lower potencies and more of a psychic one with higher ones. (Dr. Med. Hilmar Deichmann).

5. Biliary duct spasm with its severe pain increased by movement and pressure, but somewhat relieved by heat calls for *Nux Vomica*. (Dr. D. M. Gibson, F.R.C.S., M.F. Hom. (Lond.).

6. High fever, great pain, great fear, strong fits of anger, or emotional excitement shorten the action of a remedy and indicate repetition. (Dr. Pierre Schmidt, M.D.).

7. In various advanced septic cases with persistent vomiting (and possibly diarrhoea) *Arsenic Alb.* possesses considerable virtue. I have known it to work almost miraculously in several desperate cases of this kind. (Dr. H. L. Northrop, M.D., F.A.C.S.).

8. None of us think of *Arnica Montana* and *Ranunc. Bulb* as often as we should in cases of intercostal muscular or nerve pain. They are both very valuable in intercostal neuralgia. (Dr. Carl A. Williams, M.D.).

9. In primary Syphilis, *Syphilinum* has little or no effect at all and then *Mercury* should be given in high potencies. *Syphilinum* will be useful as a remedy to bring about a reaction in the system. This remedy will be of great value in old syphilitics, where convalescence is particularly long after an acute disease. It is in the way that when a patient is slowly re-establishing himself after Typhoid, a single dose of *Syphilinum* will bring him his appetite, strength, sleep and a rapid gain of his former weight. (Dr. Kent, M.D.).

10. In obstinate cases of sterility, think of *Natrum Carb.* (Dr. Moore).

11. Duodenal ulcer: With bleeding, evidenced by tarry stools, more than by bloody vomiting: *Hamamelis*, *Eligeron*; *Trillium* is valuable when haemorrhage is so severe that collapse and heart weakness threatens. *Secale*: Bleeding which does not cease. (Dr. Schwarzspt).

12. *Barium* has a reputation for lipomata, the carbonate is used and also the Iodide and the Muriate. (Dr. C. Burnett, M.D.).

13. *Merc. Iod. Rubr* has intense headache above eyes, in

the turbinates and facial bones, holds face in hands and groans, with catarrhal trouble or sinusitis acute. (Dr. Moore).

14. In epithelial cancer—as of the lips, face and tongue—Arsenic has unquestionably proved curative and that not seldom. (Dr. Hughes, M.D.).

15. Phosphorus is useful in clearing up vision after an Iridectomy. (Dr. Charles C. Boericke, M.D.).

16. Injury followed by one fixed and anxious idea of impending death calls for Aconite. (Dr. Wallace Mc. George, M.D.).

17. Asthmatic attack induced by anger: Chamomilla (Dr. Krichbaum, M.D.).

18. In Typhoid, if you give high potencies, the disease will not drag on. In 48 hours, the fever will come down. (Dr. Menon).

19. Alternation of skin manifestations and Asthma: Graphites. (Dr. Roger Schmidt, M.D.).

20. Two drugs may be indicated in preference to Aconite in pulmonary congestion passing into pneumonic inflammation: these are Gelsemium especially if the fever has a very decided remittent character and I have seen Verat. Viride subdue Broncho-Pneumonia after Aconite and Phos had only produced partial amelioration. (Dr. R. D. Hale, M.D.).