

## TERMINALIA CHEBULA

### PROVING CONDUCTED AT

- A. Regional Research Institute (H),  
New Delhi (1991-1992)
- B. Drug Proving Research Unit,  
Calcutta (1991-92)

**POTENCIES USED** : Mother Tincture  
**NO. OF PROVERS** Total 14 Male 09 Female 05

### PROVER'S LIST

#### R.R.I. (H), New Delhi

Name	Age	Sex	
1. Mr. Yogendra Kumar	29	M	Dropped
2. Mr. O.S. Rana	19	M	
3. Miss Aparna Sehgal	19	F	
4. Mr. Rajneesh Narang	20	M	
5. Miss. Reena Gupta	20	F	
6. Mr. M. Grover	25	M	

#### Proving Staff

1. Dr. Hari Singh Research Officer Incharge
2. Dr. Subhash Arora Research Asstt. (till Oct., 92)
3. Dr. (Mrs.) Sangeeta Sr. Research Fellow  
(till Oct., 92)
4. Dr. (Miss) Anita Nanda Jr. Research Fellow

#### Consultants

1. Dr. M.M. Gogiani General Physician
2. Dr. Manjeet Singh Psychiatrist
3. Dr. D.N. Aggarwal ENT specialist
4. Dr. R.J. Gupta Dermatologist
5. Dr. I. Das Gupta Ophthalmologist
6. Dr. Varsha Satvik Pathologist

#### D.P.R.U. Calcutta

Name	Age	Sex
1. Mr. P.K. Pattanayak	36	M
2. Md. A.A. Molla	25	M
3. Mr. P.K. Sambra	28	M
4. Mr. Sonmitra Pramanik	24	M
5. Ms. Seenamla Mukherjee	36	F
6. Mr. Subrata Das	23	M
7. Miss. Shila Manna	18	F
8. Mr. Villaskar Banerjee	25	M
9. Mr. Himachal Banerjee	26	M
10. Miss Soma Debnath	25	F

#### Proving Staff

1. Dr. B.N. Dutta Research Officer Incharge
2. Dr. (Mrs) Sakti Das Research Officer

#### Consultants

1. Dr. S.K. Nayak Psychiatrist
2. Dr. N.K. Mookherjee Cardiologist
3. Dr. P.C. Ghosh Ophthalmologist
4. Dr. Tarun Palit ENT specialist
5. Dr. P.K. Mookherjee Gynaecologist
6. Dr. Satadal Das Pathologist

### PATHOGENESIS

<b>Mind</b>	Restlessness Apathetic* with sadness and aversion to mental or physical work Sadness < morning Alternate feeling of joy & sadness Dullness (Lethargy)
<b>Head</b>	Dull headache < evening > movement, pressure & rest (After some family disturbance) Headache* from evening till midnight, left sided, preceded by loose mucoid stool Heaviness in frontal* and parietal region < light & noise, least motion, getting up from sitting position with blurred vision, sleepiness Head-hot, pain during Dandruff with sensation of congestion in head Scanty-scaly dandruff
<b>Eyes</b>	Burning in eyes
<b>Mouth</b>	Bitter taste with increased salivation* < morning, after sleep Saliva offensive*
<b>Face</b>	Perspiration, over face oily

\*Symptoms found in the Drugs of Hindoosthan.

	Flushing of face in the morning with constipation		Dyspnoea < on exertion, motion, jumping, exercise with general weakness
<b>Stomach</b>	Nausea and vomiting	<b>Chest</b>	Palpitation in morning with tightness in chest
	Thirst decreased	<b>Extremities</b>	Trembling of lower limbs < morning
	Nausea on smelling food		Pain in lower limbs < on walking
<b>Abdomen</b>	Appetite increased		Pain in left leg
	Heaviness in abdomen		Pain in small spots over left little finger, right hand,* right lower jaw, right calf muscles
	Flatulence* worse empty stomach	<b>Fever</b>	Heat with burning in eyes with bodyache < walking > pressure & bitter taste
	Cramping pain in umbilical region with flatulence		Cold sweating of whole body
	Burning sensation in abdomen*		Fever with chill after bathing, while perspiring with malaise, lethargy, muscular weakness & soreness in neck region.
	Pain lower abdomen* crampy, colicky pain after eating		Feeling of heat( fever)
	Pain stitching in the umbilical region with weakness & general lethargy.		Fever with coryza, bitter taste, bodyache, weakness & constipation
	Pain stitching upper abdomen every time after eating meat	<b>Skin</b>	Eruptions fingers, vesicular with itching & burning after scratching, with exudation of watery and sticky fluid
<b>Rectum</b>	Constipation*-no urge for stool, stool-scanty* soft with flatulence*		Small pimpular eruptions over legs and arms with itching* and burning after scratching > cold application
	Stool-loose, watery with pain in lower abdomen	<b>Sleep</b>	Disturbed & full of dreams
	Stool-loose, semi liquid, offensive with loss of appetite with pressing sensation in the abdomen	<b>Generalities</b>	Burning sensation all over body < morning 9-10 a.m.
	Stool-mucoid* with griping, colicky pain in abdomen stool-soft & loose towards morning		
<b>Respiratory System</b>	Cough with difficult expectoration		

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Proving Data Compiled at

CENTRAL DRUG PROVING CUM DATA PROCESSING CELL  
CCRH HQRS.

by

1. Dr. V.M. Nagpaul  
2. Dr. I.M. Dhawan  
3. Dr. Anil Khurana

Deputy Director  
Research Officer  
Research Assistant

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